

CLINICAL UTILITY GENE CARD

Clinical utility gene card for: poikiloderma with neutropenia

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1. DISEASE CHARACTERISTICS

1.1 Name of the disease (synonyms)

Poikiloderma with Neutropenia (PN, Clericuzio-type Poikiloderma with Neutropenia).

1.2 OMIM# of the disease

#604173.

1.3 Name of the analysed genes or DNA/chromosome segments

C16orf57 (Chromosome 16 open reading frame 57).

1.4 OMIM# of the gene(s)

*613276.

1.5 Mutational spectrum

Poikiloderma with Neutropenia (PN), a very rare autosomal recessive inherited genodermatosis first described in the Navajo tribe of Native Americans,¹ has recently been associated with biallelic mutations in the *C16orf57* gene.²

So far, 19 different *C16orf57* mutations have been detected in 37 PN patients subjected to molecular-genetic testing. Of these 37 patients, 31 (84%) carry homozygous mutations, whereas the other six are compound heterozygous.³ All identified mutations lead to the generation of truncated and most likely non-functional *C16orf57* protein. *C16orf57* is a 3'-5' exonuclease essential for the biogenesis of the splicing apparatus.^{4,5} Several classes of mutations have been identified, listed here in order of decreasing prevalence: nonsense mutations (c.232C>T, c.243G>A, c.258T>A, c.267T>A, c.415C>T, c.541C>T, c.673C>T); small out-of-frame deletions (c.176_177delG, c.179delC, c.489_492del4, c.496delA, c.531delA, c.683_893+1del12); and splicing alterations, including substitutions at canonical splice junctions or at splice-site consensus sequences (c.265+2T>G, c.266-1G>A, c.450-2A>G, c.502A>G, c.504-2A>C, c.693+1G>T).^{2,3,6-10} No missense mutations have yet been found; c.502A>G can be categorised as a splicing alteration because it leads to the excision of the fourth exon from the mature *C16orf57-001* transcript.²

The most frequent recurrent mutations, c.531delA, c.496delA and c.179delC, reflect three geographical clusters. c.531delA has been

recorded in seven patients from the Caucasus region, two of whom are members of unrelated Turkish families; the second most frequent mutation, c.496delA, has been detected in five patients from the Athabaskan ethnic group; and the third most frequent, c.179delC, was identified in four patients of North African origin. Considering the very low frequency of PN syndrome and the prevalence of patients with homozygous mutations, common ancestry is the hypothesis most likely to explain the recurrence of these mutations in specific ethnic groups.³

1.6 Analytical methods

To detect point mutations, PCR amplification is applied to genomic DNA fragments corresponding to all seven exons of the *C16orf57-001* isoform and to the alternative exon 4 of the *C16orf57-004* isoform, followed by bidirectional Sanger sequencing of amplicons including exon-intron boundaries.

To confirm the effects of splicing mutations, or to clarify the role of apparent missense mutations, RT-PCR is performed on RNA extracted from patients' blood, followed by specific PCR on cDNA. *In silico* prediction methods can also be applied.

1.7 Analytical validation

Mutations are confirmed by testing an independent biological sample from the proband and his/her unaffected relatives who are potential carriers, especially parents and siblings, using bidirectional sequencing with different sets of primers. If applicable, RFLP (restriction-fragment length polymorphism) can also be applied.

1.8 Estimated frequency of the disease

(incidence at birth ("birth prevalence") or population prevalence. If known to be variable between ethnic groups, please report):

The prevalence is unknown. PN is a very rare disorder, and only 37 patients subjected to molecular-genetic testing have been reported in the literature; however, PN is likely to have been under-diagnosed due to the lack of awareness of the disorder and its clinical overlap with better-known diseases such as Rothmund-Thomson syndrome (RTS; #268400) and autosomal recessive Dyskeratosis Congenita (DC; #224230).

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1.9 Diagnostic setting

	Yes	No
A. (Differential) diagnostics	☒	☐
B. Predictive testing	☐	☒
C. Risk assessment in relatives	☒	☐
D. Prenatal	☒	☐

Comment: The main diagnostic signs of PN are poikiloderma and non-cycling neutropenia, which develop during the first year of life.

Skin alterations initially involve the extremities (acral presentation), and then extend to the trunk and face, appearing as acute erythematous rash. These alterations subsequently evolve into poikiloderma, a chronic lesion characterised by reticulated areas of depigmentation and hyperpigmentation associated with telangiectatic lesions and cutaneous atrophy.

Given that many genodermatoses present with poikiloderma,¹¹ the pattern of presentation should be carefully considered, as should the concomitance of other common PN typical signs such as early-onset recurrent infections, driven by non-cyclic neutropenia, pachyonychia, palmo-plantar hyperkeratosis and elevated lactate dehydrogenase (LDH) serum levels. Less common features not displayed by all patients include craniofacial dysmorphisms such as saddle nose, midfacial hypoplasia and retrognathia, defects in teeth, short stature, and bone alterations such as osteoporosis/osteopetrosis and bone fragility. Since the second decade of life, evolution of the disease may be marked by bone marrow failure, myelodysplastic syndrome (MDS) and acute myeloid leukaemia (AML), signs often shared by the related cancer predisposing syndrome DC.

Ambiguity related to the partial clinical overlap with RTS and DC can be resolved by *C16orf57* molecular testing. PN does not seem to be a heterogeneous genetic disease. *C16orf57* molecular testing can also aid in re-classification of misdiagnosed RTS or DC patients.

2. TEST CHARACTERISTICS

Genotype or disease		A: True positives	C: False negative
		B: False positives	D: True negative
Present Absent			
Test			
Positive	A B	Sensitivity:	A/(A + C)
		Specificity:	D/(D + B)
Negative	C D	Positive predictive value:	A/(A + B)
		Negative predictive value:	D/(C + D)

2.1 Analytical sensitivity

(proportion of positive tests if the genotype is present)

Depends on the method(s) used. The analytical sensitivity could be close to 100%, provided that DNA testing is targeted on all *C16orf57* coding exons and exon–intron boundaries.

2.2 Analytical specificity

(proportion of negative tests if the genotype is not present)

Close to 100%.

2.3 Clinical sensitivity

(proportion of positive tests if the disease is present)

The clinical sensitivity can be dependent on variable factors such as age or family history. In such cases a general statement

should be given, even if a quantification can only be made case by case.

The age of onset and range of clinical features may be variable. Nevertheless, the first presentation of skin involvement is recorded during the first months of life, typically with acral occurrence and progression of lesions to the trunk and face. Based on cutaneous poikiloderma, screening for non-cyclic neutropenia leads to a diagnostic work-up. During childhood, the main clinical signs should be present.

Genome sequencing of all *C16orf57* coding exons and exon–intron boundaries enables identification of biallelic disease-causing mutations in nearly 100% of individuals diagnosed with PN. Incomplete clinical sensitivity could be explained by mutations located in *C16orf57* regulatory regions that have not yet been reported.

2.4 Clinical specificity

(proportion of negative tests if the disease is not present)

100%.

2.5 Positive clinical predictive value

(lifetime risk to develop the disease if the test is positive)

100% for pathogenic mutations. Based on the literature, all patients reported so far develop the hallmark features of PN during the first year of life. In particular, the skin features may be apparent from the first months of life,^{3,8} whereas other signs, such as pachyonychia, may develop later. Non-cyclic neutropenia, the hallmark haematologic sign, may be suspected due to susceptibility to recurrent infections (mainly pulmonary) during infancy, and should be confirmed by neutrophil count. Penetrance is complete at early childhood, with variable expressivity. For patients positive for *C16orf57* mutations, genetic counselling and surveillance should be provided due to the increased risk of developing MDS/AML before the second decade of life (12 cases); PN is therefore classified as a bone marrow failure syndrome.^{2,3,7,10,12–14} To date, solid cancers have only been reported in two PN patients, both of whom developed squamous cell carcinoma of the skin.^{10,15} Prevalences of bone marrow failure (including pre-dysplastic anomalies evolving in MDS/AML) and skin cancer in PN are 48% and 5%, respectively.^{2,3,7,10,12–16}

2.6 Negative clinical predictive value

(probability of not developing the disease if the test is negative)

Assume an increased risk based on family history for a non-affected person. Allelic and locus heterogeneity may need to be considered.

Index case in that family had been tested:

If the index case in that family has been tested and found positive, a negative test in a non-affected family member would exclude the increased risk of disease (negative clinical predictive value close to 100%).

Index case in that family had not been tested:

Under this condition, it would be inappropriate to test potentially at-risk family members at early infancy, when the full spectrum of features may not be manifest. A preliminary step would be to test both parents of the index patient to assess their carrier status for mutations in *C16orf57*, the only gene associated with PN to date.

3. CLINICAL UTILITY

3.1 (Differential) diagnostics: The tested person is clinically affected (To be answered if in 1.9 'A' was marked)

In classic PN patients, the correct diagnosis is based on clinical presentation with early-onset poikiloderma and non-cyclic neutropenia unveiled by recurrent infections. Rarely, the neutrophil defect is absent. Haematologic screening must be performed, specifically in patients with additional dermatologic and bone signs typical of PN. In borderline patients (poikiloderma syndromes), differential diagnosis with RTS and DC should be considered in order to orient genetic testing. Absence of severe short stature and cataracts, together with the specific presence of neutropenia, should help to orient the molecular strategy to PN and to *C16orf57* gene testing.

3.1.1 Can a diagnosis be made other than through a genetic test?

No ☐ (continue with 3.1.4)

Yes ☒

Clinically	☒
Imaging	☒
Endoscopy	☐
Biochemistry	☒
Electrophysiology	☐
Other (please describe):	Highly experienced dermatologists/haematologists may be able to diagnose the condition clinically.

3.1.2 Describe the burden of alternative diagnostic methods to the patient

No single alternative diagnostic method can be envisaged. A potential panel of clinical-instrumental exams to formulate a correct diagnosis would include: (1) skin inspection by a dermatologist experienced in genodermatoses, to detect the onset and the pattern of poikiloderma during the first year of life (progressive truncal and facial presentation over time), palmo-plantar keratoderma and nail dystrophy/pachyonychia; (2) laboratory investigations: neutrophil count to detect moderate (500–1000 cells/ μ l) to severe (200–500 cells/ μ l) non-cyclic neutropenia, and LDH to detect increasing serum levels (> 500 U/l); (3) detailed clinical evaluation by an expert dysmorphologist; and (4) skeletal radiographs to detect bone alterations and fragility.

A list of major and minor criteria has been proposed for PN patients,⁶ but their specificity, sensitivity, and positive and negative predictive values have not been determined and validated.

Pathological analysis of bone marrow smears is mandatory in order to monitor accumulation of dysplastic features: abnormal maturation of the neutrophil lineage, increased numbers of immature cells or increased numbers of myeloid precursors.

3.1.3 How is the cost effectiveness of alternative diagnostic methods to be judged?

A genetic diagnosis is a more satisfactory tool for the patient and his/her family, and more cost-effective than all aforementioned alternative diagnostic methods. Such a diagnosis is conclusive and allows the patient to be referred to those specialists best suited to manage his/her care and guarantee appropriate follow-up.

3.1.4 Will disease management be influenced by the result of a genetic test?

No ☐

Yes ☒

Therapy
(please describe)

Confirmation of diagnosis by *C16orf57* analysis orients work-up and treatment over time, based on the knowledge of the disease's natural history and the systems involved. Therapy differs according to clinical manifestations. PN signs such as infections (especially pulmonary) require standard therapies including antibiotics, although a few resistant cases may require G-CSF support to increase neutrophil count, or even hospitalisation of the patient.^{16,17} With regard to G-CSF, the possible implications with respect to cell proliferation and cancer risk need to be evaluated. There are currently no accepted cancer-screening protocols recommended for PN. Due to the haematological defects leading to MDS/AML before the second decade of life, a bone marrow smear analysis can be part of the work-up. Dermatological surveillance for skin malignancies, in particular squamous cell carcinoma (SCC), can be also recommended. International oncologic therapeutic treatments can be applied to PN patients who develop either MDS/AML or SCC. Because photosensitivity has been reported in a few PN cases, skin should be protected from sun exposure by conventional topical treatment and sunscreens. There have been no reports of treatment of short stature or growth delay in PN patients with growth hormone (GH) therapy.

Prognosis
(please describe)

There are no data available about the mean lifespan of PN patients: currently, all molecularly confirmed PN patients are alive, but the untested sister of one confirmed PN patient has died from AML.^{10,14}

A positive *C16orf57* genetic test should alert the doctor in charge about haematological and non-haematological oncological risk. Pre-dysplastic alterations of bone marrow, such as hypocellularity, defects in myeloid-cell maturation and delay of neutrophil maturation, recorded to date in 16 patients^{2,7,10,12,14,16} may impact the prognosis. The risk of non-haematological cancer, in particular SCC, which has been reported in two PN patients,^{7,10,15,18} should be taken into account in the course of dermatologic follow-up. Collectively, the available evidence points to PN as a cancer-predisposing syndrome with an estimated risk of 54% to develop MDS/AML or SCC. Lifespan in the absence of malignancy is probably normal, although follow-up data in the literature are limited.

Management
(please describe)

Because PN is a multi-system disease, patient care requires a multidisciplinary team able to offer appropriate long-term follow-up and treatment. Precise guidelines on timing and interval do not exist; nevertheless, regular screening should be offered by a dermatologist, a dentist and (if bone alterations are reported) an orthopaedist, starting from early infancy; furthermore, regular screening should also be provided over time by a haematologist and an oncologist. Skin examination is recommended in order to follow the evolution of poikiloderma and skin lesions and provide advice regarding skin care (eg, topical treatments and moisturising creams). Skin lesions, such as infectious ulcers, must be treated with antibiotics or sometimes surgery. Neutropenia, leading to severe infections such as pneumonia, meningitis, otitis, dental abscesses or ulcers, starting from the first year of life, must be managed with systemic antibiotics and antifungal treatments. G-CSF can be used to improve neutrophil maturation and count. No validated guidelines exist: therefore, management should be evaluated on a case-by-case basis. Refer to a clinical haematologist for

G-CSF therapy and to a pneumologist and/or otorhinolaryngologist and/or dermatologist for recurrent infections to be treated with antibiotic prophylaxis and antifungal therapy. Skeletal radiographs to measure bone density can be useful for detection and monitoring of bone defects, such as osteopetrosis/osteoporosis, bone fragility, and delay in bone maturation. Oral examination can also be helpful, because some PN patients exhibit increased incidence of caries and delay of dental eruption.

3.2 Predictive setting: The tested person is clinically unaffected but carries an increased risk based on family history
(To be answered if in 1.9 'B' was marked)

3.2.1 Will the result of a genetic test influence lifestyle and prevention?

If the test result is **positive** (please describe)

If the test result is **negative** (please describe)

3.2.2 Which options in view of lifestyle and prevention does a person at risk have if no genetic test has been done (please describe)?

3.3 Genetic risk assessment in family members of a diseased person
(To be answered if in 1.9 'C' was marked)

3.3.1 Does the result of a genetic test resolve the genetic situation in that family?

Yes, if biallelic loss-of-function causative mutations have been identified in the *C16orf57* gene. It is possible to assess the carrier status of all unaffected family members and to offer genetic counselling to the family.

3.3.2 Can a genetic test in the index patient save genetic or other tests in family members?

Yes. However, if the result is negative, testing of family members is not recommended.

3.3.3 Does a positive genetic test result in the index patient enable a predictive test in a family member?

Infrequently, given that the disease has an early onset, ie, during infancy or even soon after birth.

3.4 Prenatal diagnosis

(To be answered if in 1.9 'D' was marked)

3.4.1 Does a positive genetic test result in the index patient enable a prenatal diagnosis?

Yes, provided that both disease-causing alleles have been identified in an affected family member and their segregation from obligate carrier parents has been traced.

4. IF APPLICABLE, FURTHER CONSEQUENCES OF TESTING

Please assume that the result of a genetic test has no immediate medical consequences. Is there any evidence that a genetic test is nevertheless useful for the patient or his/her relatives? (Please describe)

For clinically affected individuals, identification of both mutations (positive genetic test) allows confirmation of the diagnosis and significantly increases the likelihood of long term follow-up, which in turn helps to prevent medical complications; this is especially true in the context of oncological surveillance. Genetic testing has no immediate medical consequences for healthy carriers; however, carriers' awareness of their genetic status is important for family planning.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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