

#### REVIEW ARTICLE OPEN



# Decoding dental images: a comprehensive review of fractal analysis

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**OBJECTIVES:** New tools aid in the diagnosis of diseases and thus help in advancing patient care. "Fractal Analysis" is a versatile method of applying nontraditional mathematics to patterns that are beyond understanding with traditional Euclidean concepts. This analysis can be used on radiographic and non-radiographic images in dentistry. In this review we aim to identify the usefulness of fractal analysis in dentistry in radiographic images, its applications and future scope.

**MATERIALS AND METHODS:** Articles published between 1992 and 2024 were retrieved through an electronic search of Medline via PubMed, Scopus, and Google Scholar databases. The search, which was limited to articles published in English, aimed to identify relevant studies by employing the following keywords: "fractal analysis," "dental radiographs," "mandibular," "panoramic radiographs," and "radiography." Ultimately, 76 articles that addressed the application of fractal analysis in dental radiographs were selected.

**RESULTS:** Fractal analysis can reveal alterations in bone and in images of morphologically altered tissue, however no set values exist which could be used as a standard for diagnosing various conditions.

**CONCLUSION:** Fractal Analysis can potentially be used as an adjunct to diagnostic tests as it is shown to identify alterations in bony and trabeculae patterns.

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#### INTRODUCTION

The world is rapidly progressing towards a period of almost complete digitalization, marked by significant transformations across various domains. Technological advancements persist at an accelerated rate, signifying a transformative phase in healthcare developments. Robotics, artificial intelligence, and progress in machinery have significantly enhanced the quality of care available to patients. One such advancement is "Fractal Analysis," a concept that has existed for over 30 years but is being gradually and steadily implemented in the domains of medicine and dentistry [1]. Fractal analysis (FA) represents an innovative and adaptable approach to employing non-traditional mathematical concepts to patterns that are challenging to comprehend using conventional Euclidean frameworks. This domain was established to characterize computer-generated fractals; however, fractals are not exclusively limited to computer-generated imagery. Instead, Euclidean geometry is evident in commonplace objects such as oranges and watermelons, while fractal geometry is discernible in familiar forms including undulating coastlines, expanding crystals, and spiral galaxies [2, 3]. Within the human body, the most prominent fractal structures are observed in coronary vessels, Purkinje fibers in the heart, the lungs, neurons, trabeculae in bone, and blood vessels in the eye [3]. Benoit Mandelbrot is regarded as the father of contemporary fractal analysis; he disseminated the notion of fractals in his publication, "How Long Is the Coast of Britain? Statistical Self-Similarity and Fractional Dimension" [4], which appeared in 1967. This analysis has been utilized in various applications, including heart rate assessment, diagnostic imaging, cancer research [5], fractal analysis of complex networks, categorization of histopathology slides in medical contexts, evaluation of fractal landscapes or coastline complexity [1], electrical engineering, enzyme/enzymology (particularly in relation to Michaelis-Menten kinetics), the creation of novel music, the production of diverse art forms, signal and image compression, urban development, neuroscience, pathology, geology, geography, archaeology, seismology, soil studies [6], as well as the design of computer and video games, especially in the context of computer graphics for organic environments and as an element of procedural generation [7, 8].

In dental diagnosis, radiographs are an essential adjuvant. To help with precise clinical evaluation, a variety of imaging techniques are frequently used, including intraoral periapical radiographs (IOPA), orthopantomograms (OPG), and cone-beam computed tomography (CBCT). Tools that can objectively identify changes in bone density and trabecular patterns are becoming more and more important as a result of the quick development of dental technology. Particularly in situations involving bone pathology, periodontal disease and systemic diseases affecting the bone. These tools provide invaluable assistance in early diagnosis and treatment planning thereby reducing the load on

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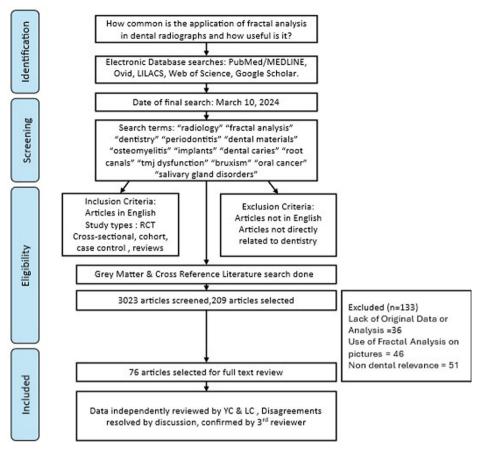


Fig. 1 Flowchart for selection process of studies.

the radiologist. In this review, we seek to examine the diverse applications of fractal analysis in dentistry using radiographic images and the results of these applications.

#### **MATERIALS AND METHODS**

This review was based on the question: How common is the application of fractal analysis in dental radiographs and how useful is it? A literature search was performed in PubMed/MEDLINE, Ovid, LILACS, Web of Science and Google Scholar for all the published articles related to fractal analysis and its applications in dentistry. The last search was performed on March 10th, 2024.

The following search terms were used: "radiology" "fractal analysis" "dentistry" "periodontitis" "dental materials" "osteo-myelitis" "implants" "dental caries" "root canals" "tmj dysfunction" "bruxism" "oral cancer" "salivary gland disorders". Publications in English were included. Publications in other languages were excluded. Randomized and nonrandomized trials, cross-sectional studies, cohort, case-control studies, and systematic and literature reviews were included for data collection. The Grey Matters & Google scholar was also searched for relevant articles. The cross-reference of all studies was searched to include anything relevant to the topic. All studies that did not refer to the application of fractal analysis in dentistry were excluded. The total of all the results (3023 articles) was compiled in the Mendeley reference manager (v 2.85.0), and duplicates were removed. After removing the duplicates, 209 articles were included, and 76 articles were included for full-text screening. The data collected were reviewed by all the authors. Any disagreements were mutually discussed between the two reviewers (YC & LC), and a consensus was reached. A 3rd reviewer further reviewed the articles selected for analysis -Fig. 1. All the data related to the applications of fractal analysis in dental radiology were analyzed and reported

#### **RESULTS AND DISCUSSION**

The capacity of fractal geometry to quantify and analyze the irregular, fragmented forms of natural objects that are not amenable to measurement by conventional mathematical methods has resulted in the widespread adoption of fractal analysis across various disciplines, particularly in the medical domain, where fractal structures are prevalent [2, 3, 9]. The mandibular bone, characterized by its branching trabeculae, demonstrates statistical self-similarity. Consequently, the utilization of fractal geometry and the quantification of fractal dimensions (FD) can facilitate the assessment of the complexity inherent in the trabecular pattern and bone architecture [10]. Several prevalent applications where FA has demonstrated its utility include quantifying trabecular alterations following surgical and orthodontic interventions, assessing the surface roughness of implants, and evaluating the healing of periapical lesions subsequent to root canal therapy. Pictorial fractal analysis is likewise employed to assess histopathological specimens of premalignant and malignant tissue [9, 11]. Nevertheless, a more prevalent utilization of FA in dentistry involves the assessment of radiographic images to track alterations in the morphological configurations of the jawbones. Numerous investigations have been conducted primarily to examine the trabecular architecture of the mandible through the utilization of intraoral periapical radiographs, panoramic radiographs, and CBCT images. The most prevalent technique in fractal analysis is the box counting method developed by White and Rudolph for the processing of dental images [12]. Figure 2

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### **Applications of Fractal Analysis in Dentistry**

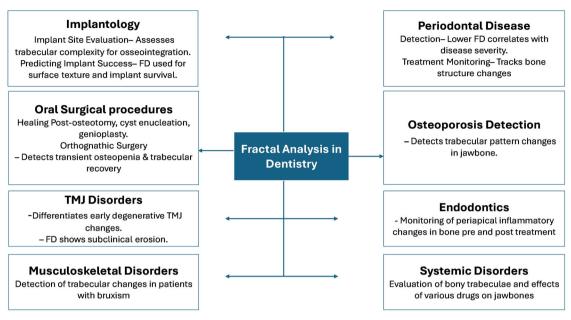


Fig. 2 Applications of Fractal Analysis in various dental fields.

depicts the applications of fractal analysis in various areas of dentistry.

#### Osteoporosis detection

Osteoporosis is a global health issue marked by low bone mass and weakened bone structure, leading to a higher risk of fractures. Dental radiographs, commonly used in dental checkups, help in assessing bone conditions due to their accessibility, affordability, and low radiation exposure, making them an effective screening tool for osteoporosis risk. Research by Southard et al., focused on fractal analysis in osteoporotic subjects [13-16]. They first examined the link between fractal dimensions (FD) in the jawbone and bone density in rabbits with induced osteoporosis, findings showed reduced FD with higher steroid doses but no correlation with spine and mandible density [16]. In healthy women, FD in the jawbone was positively linked to local bone density but not to other areas like the spine [14]. Other studies, including those by Bollen et al. [17], and Park et al. [18], found higher FD values in panoramic and periapical radiographs of osteoporotic patients. Yasar & Akgunlu [19–21] carried out a series of studies, first on digital periapical images and then on panoramic images, they meticulously evaluated if fractal dimensions could be considered to detect osteoporosis and could differentiate the lacunarity and trabecular pattern of the mandible. They found a mean value of FD in osteoporotic subjects as 1.40 and 1.39 in non-osteoporotic subjects. Thereby confirming the usefulness of FD in detection of osteoporotic bone. Sindeaux et al. [22], evaluated 133 panoramic radiographs of 84 females and 49 males and they considered bone mineral density (BMD) values determined by dual-energy X-ray absorptiometry (DXA) as the gold standard. They found lower FD values in mandibular bone among postmenopausal women (normal =  $1.420 \pm 0.079$ , osteoporotic=  $1.354 \pm 0.090$ ) and older men with osteoporosis (normal= $1.373 \pm 0.069$ , osteoporotic= $1.371 \pm 0.059$ ). Their results suggested that cortical bone measurements could help identify patients need for further testing for bone density, however the results showed that FD values were not consistent over various regions. Table 1 summarizes all the studies done using fractal analysis to detect osteoporosis.

#### **Periodontitis detection**

Periodontitis is a chronic inflammatory disease that damages the tissues supporting teeth such as gingiva and bone. Detecting periodontitis involves clinical examination, gingival recession, through probing and radiographic assessment. Traditional radiographs often fail to depict radiographic changes until 30 to 50 percent of the bone is lost [23]. To effectively identify chronic periodontitis in its early stages, thorough examinations and evaluations are necessary. Many studies evaluating fractal dimensions of bone in periodontitis patients show lower FD values compared to healthy subjects or those with gingivitis [23-31]. Although various methodologies were used, these studies suggest that FD might help in diagnosing periodontitis, yet it is not applicable for clinical use and requires further validation. Efforts have also been made to model periodontal disease using various quantitative parameters like plaque levels or hormonal factors, but predicting bone loss remains challenging due to multiple influencing factors [23, 27, 32]. One study by Shrout et al., found that FD values were significantly lower in patients with periodontitis(mean fractal value = 2.049) compared to healthy individuals(mean fractal value = 2.061), confirming its potential as an objective detection method [33]. Other research indicated that FD effectively discriminates between healthy gingiva  $(1.74 \pm 0.083)$ , moderate periodontitis(1.66 ± 0.104) and severe periodontitis(1.64  $\pm$  0.095), supporting its use for monitoring changes in bone structure [24]. Moreover, another study illustrated that FD values decrease as periodontitis stages increase, showing a strong negative correlation between FD and bone loss [30]. These studies showed that FD can serve as a quantitative tool for assessing changes in cancellous bone associated with periodontitis. Table 2 summarizes all the studies done using fractal analysis to detect periodontitis.

#### Root Canal Treatment (RCT) -healing and monitoring

Fractal analysis, particularly fractal dimension (FD), is important in root canal treatment to assess bone healing and treatment success. It provides a numerical value that describes the complexity of trabecular bone architecture, allowing for the quantification of bone

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**Table 1.** Studies using fractal analysis to detect osteoporosis.

| Author(s)                     | Year | Aim/Objective  | Key Findings   |
|-------------------------------|------|--|--|
| Doyle et al. [9]              | 1992 | Detect osteoporosis using FD in dental radiographs         | Higher FD in postmenopausal women compared to premenopausal                      |
| Ruttimann et al. [69]         | 1992 | Measure FD in mandibular radiographs                       | Higher FD in postmenopausal women  |
| Law et al. [70]               | 1996 | Compare methods for osteoporosis detection                 | FD increased in osteoporotic cases   |
| Southard et al. [15]          | 2000 | Study FD in rabbits with induced osteoporosis              | Mandibular FD decreased with steroid dose  |
| Southard et al. [14]          | 2001 | Study FD and bone density in healthy women                 | FD positively correlated with mandibular bone density, not with spine/hip/radius |
| Bollen et al. [17]            | 2001 | Discriminate osteoporosis using FD in panoramic radiograph | FD distinguished osteoporotic cases; periapical radiographs not useful           |
| Park et al. [18]              | 2005 | Predict osteoporosis using FD in periapical radiograph     | FD increased in osteoporotic postmenopausal women                                |
| Yasar and Akgunlu et al. [21] | 2005 | Detect changes in edentulous vs dentate mandibles          | FD and lacunarity detected changes   |
| Yasar and Akgunlu et al. [19] | 2006 | Compare FD in osteoporotic vs normal patients              | No significant difference  |
| Kim and Nah et al. [71]       | 2007 | Use FD on panoramic radiographs                            | FD increased in osteoporotic postmenopausal women                                |
| Yasar and Akgunlu et al. [20] | 2008 | Discern MCI categories with FD and lacunarity              | Differentiated type 1 from 2 and 3, not between 2 and 3                          |
| Sindeaux et al. [22]          | 2014 | Compare FD and MCW in osteoporosis vs normal               | Lower FD and MCW in osteoporotic cortical bone                                   |
| Franciotti et al. [67]        | 2021 | Meta-analysis of FD for osteoporosis detection             | FD not reliable; studies too heterogeneous                                       |

regeneration and inflammation. Yu YY et al. [34], studied FD changes in periapical lesions after root canal treatment using digitized images from intraoral radiographs before and after treatment at different time points. They found a significant increase in FD after three months of successful treatment ranging from 1.720 to 1.580. Aydin et al. [35], compared FD changes in healthy individuals and type 2 diabetes mellitus patients after root canal treatment. They found increased FD values one-year post-treatment in both groups, with a more significant increase in the healthy group  $(0.274 \pm 0.082)$  than in the group with diabetes mellitus  $(0.180 \pm 0.114)$ . Both these studies evaluated periapical radiographs. However, Yen YY et al carried out mathematical morphology analysis that increased the specificity of the fractal values. Tosun et al. [36], examined the changes in FD in patients undergoing nonsurgical endodontic retreatment. Increased FD was noted in healed cases (baseline=1.191  $\pm$  0.022; postop=1.308  $\pm$  0.094), while it decreased in unhealed cases (baseline= $1.201 \pm 0.023$ ; postop= $1.148 \pm 0.078$ ). These studies showed that changes in the FD values can depict pre and post treatment bony changes. Table 3 summarizes various studies done using fractal analysis for healing and treatment monitoring of bone after a root canal.

#### Implant evaluation

Bone quality is crucial for achieving osseointegration, which determines the stability and success of a dental implant. Proper bone regeneration around the implant ensures long-term load-bearing capacity and functional integration. Wilding et al. [37], studied fractal analysis to track bone healing after dental implants in 18 patients. They found that the bone structure changed significantly around the implant. Traini et al. [38], used fractal analysis to examine how the distance between implants affected blood vessel organization in bone, concluding that a 3 mm distance was better for vascular density than a 2 mm distance. Grizon et al. [39], utilized FD to assess the surface characteristics of titanium implants, suggesting that fractal analysis can evaluate

mechanical compatibility. Yi et al. [40], introduced a method to assess bone mechanical properties using FD values from radiographs taken at different angles to create a map of the trabecular structure's anisotropy. Mundim et al. [41], used periapical radiographs to analyze the bone texture in dental implant planning. They stated that fractal analysis could reliably predict implant stability. Lang et al. [42], researched whether fractal analysis could differentiate between healthy and diseased peri-implant bone and found contrasting results where he stated FD was not a valid distinguishing method. Cansu Kis et al. [43], evaluated microstructural changes around short implants using fractal analysis, concluding it could help predict implant survival based on the trabecular bone's structure. Mishra et al. [44], also conducted a scoping review on FD in dental radiographs, they noted that most of the studies were done using periapical radiographs, followed by panoramic radiographs. They mentioned that while cone beam computed tomography (CBCT) provides a more accurate 3D view of the bone structure, fewer studies have utilized it compared to traditional methods. Table 4 summarizes all the studies done using fractal analysis to evaluate implants and implant stability.

#### Treatment and healing monitoring after surgery

Monitoring trabecular pattern of the jawbones after any surgery is crucial to assess bone healing, detect early signs of infection or complications, and ensure proper integration of grafts, miniplates or implants. Heo et al. [45], and Park et al. [46], studied the fractal dimension (FD) of binary images from panoramic radiographs taken before and after orthognathic surgery for mandibular prognathism. They found their method of FD analysis to be more effective than visual inspection in assessing bone healing. Trabecular changes in the bone post cyst enucleation surgeries in the jaw, transient osteopenia from rapid orthodontic movement, genioplasty surgeries and post osteotomy surgery, could also be evaluated using FD analysis [47–50]. Akbulut et al. [51], evaluated the effectiveness of fractal analysis from hand-wrist

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Table 2. Studies using fractal analysis for periodontitis detection.

| Author(s)                        | Year | Aim/Objective   | Key Findings   |
|----------------------------------|------|---|--|
| Shrout et al. [33]               | 1998 | Compare FD in periodontitis vs healthy patients       | Lower FD in periodontitis patients   |
| Sang-Yun et al. [25]             | 2001 | Compare FD ratios in furcation vs interdental areas   | Significant FD ratio difference in patients with furcation involvement               |
| Wagle et al. [72]                | 2005 | Analyze FD in periodontal ligament in rats under load | Increased FD with mechanical loading   |
| Madan et al. [32]                | 2007 | Evaluate fiber organization with relaxin effect       | FD useful in studying orthodontic tooth movement                                     |
| Updike and Nowzari et al. [24]   | 2008 | Detect trabecular changes in periodontitis            | FD distinguished periodontitis from healthy, not mild vs severe                      |
| Sener et al. [30]                | 2015 | Detect trabecular changes via FD                      | FD significantly different between healthy and periodontitis groups                  |
| Belgin and Serindere et al. [73] | 2020 | Compare FD in healthy vs periodontitis patients       | Significantly lower FD in periodontitis  |
| Korkmaz et al. [26]              | 2023 | Compare FD in aggressive periodontitis                | FA detected significant trabecular differences; useful for predicting susceptibility |
| Mishra et al. [44]               | 2023 | Stage periodontitis using FD                          | FD decreased with higher stages; strong negative correlation with % bone loss        |

<sup>\*</sup>Fractal Dimension = FD.

Table 3. Studies using fractal analysis for evaluating healing and monitoring bone after a root canal.

| Author(s)         | Year | Aim/Objective                                  | Key Findings   |
|-------------------|------|--|--|
| Lee et al. [74]   | 2005 | Evaluate bony changes in apical lesions        | FD difference decreased over time post-treatment                                       |
| Chen et al. [34]  | 2009 | Monitor periapical lesion healing post-<br>RCT | FD increased after successful RCT  |
| Yu et al. [34]    | 2009 | Assess FD pre- and post-RCT                    | FD lower after 6 months post-RCT   |
| Aydin et al. [35] | 2021 | Compare FD in diabetic vs. healthy post-RCT    | FD increased; lower increase in diabetic patients                                      |
| Tosun et al. [36] | 2022 | Compare FD and PAI in retreatment              | FD increased in healed cases; FD decreased in unhealed; no strong correlation with PAI |

radiographs in deciding between conventional or surgery-assisted rapid palatal expansion, suggesting it could be a useful predictor. Table 4 summarizes all the studies done using fractal analysis for healing and treatment monitoring of bone after surgery.

#### Fractal analysis of bone pattern in thyroid disorders

S Ergun et al. [52], discussed a 65-year-old patient diagnosed with primary hyperparathyroidism (HPT) due to dental issues. The study reviewed the patient's medical records and panoramic films from 1997 to 2008, using fractal analysis to assess bone metabolism. The patient showed osteoporotic bone characteristics until a parathyroidectomy, after which biochemical levels normalized, and bone quality improved. The study suggests that fractal dimension (FD) analysis can effectively examine alveolar bone quality in HPT. Ozturk et al. [53], investigated bone changes in the mandible caused by hyperthyroidism and hypothyroidism using fractal analysis on panoramic radiographs. Their findings indicated that hyperthyroid patients had lower FD values than hypothyroid patients, confirming that fractal analysis is useful for early detection of bone density changes related to thyroid disorders, although trabecular regions were affected despite intact mandibular cortical bone.

#### Fractal analysis of bone in Rheumatoid arthritis and bruxism

Turkmenoglu et al. [54], compared the FD of mandibular condyles in rheumatoid arthritis (RA) patients to those without RA. They found no significant correlations between FD and bone density in the femoral neck or lumbar spine. However, the fractal analysis

was effective in distinguishing RA patients from healthy individuals, even with normal bone density readings. Balkan et al. [55], examined the impact of bruxism on the mandibular bone structure after botulinum toxin-A (BTX-A) injections in patients' masseter muscles, using fractal analysis. They found that hyperactivity in the masseter muscle increased bone density, whereas BTX-A injections reduced muscle activity and changed bone structure, reflected in decreased FD values.

## Fractal analysis in diagnosing temporomandibular joint disorders

Early identification of degenerative changes in the temporomandibular joint is a challenging task. Role of FA in this aspect has been evaluated by various researchers [50, 56-58]. Canger et al. [56], retrospectively analyzed mandibular condyle in patients with ankylosing spondylitis on panoramic radiographs, they found FD values to be lower in the case group compared to healthy controls ranging from  $1.31 \pm 0.08$  vs.  $1.35 \pm 0.06$  in the first region of interest (ROI1) and ROI2 = 1.37 vs. 1.41. Hence they concluded that lower FD values in patients could indicate sub clinical erosive changes in the condyle, demonstrating the diagnostic value of fractal analysis. Further this was supported by Ozturk et al. [59], who through their CBCT based retrospective study proposed that fractal analysis might serve as a guide in identifying early pathological changes related to TMJ and by Cosgunarslan et al. [60], with their study on edentulous patients on CBCT. Similarly Gulec et al. [60], retrospectively analyzed panoramic radiographs of ankylosing spondylitis patients and reported lower FD values in

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**Table 4.** Studies using fractal analysis to evaluate implants and implant stability.

| Author(s)              | Year | Aim/Objective  | Key Findings   |
|------------------------|------|--|--|
| Wilding et al. [37]    | 1995 | Monitor alveolar bone regeneration post-<br>implant  | FD increased near implant neck over time                           |
| Grizon et al. [39]     | 2002 | Study implant surface texture                        | FD useful to measure surface roughness                             |
| Jung et al. [75]       | 2005 | Study bone structure change after implants           | FD changed post-implantation                                       |
| Veltri et al. [76]     | 2007 | Relate FD to damping factor                          | No correlation found   |
| Yi et al. [77]         | 2007 | Analyze anisotropy in bone                           | Directional FD indicated anisotropy and bone mechanical properties |
| Lee et al. [78]        | 2010 | Correlating FD with Implant Stability Quotient (ISQ) | Positive correlation with ISQ                                      |
| Traini et al. [38]     | 2010 | Evaluate vascularization via FA                      | 3 mm inter-implant distance better for vascular density            |
| Zeytinoglu et al. [79] | 2015 | Monitor peri-implant bone over time                  | FD decreased 6 months post-loading                                 |
| Mundim et al. [41]     | 2016 | Use texture analysis for implant planning            | FD useful for non-invasive implant planning                        |
| Jodha et al. [80]      | 2020 | Study FD on failed zirconia implants                 | FD consistent across fracture sites; useful for fracture toughness |
| Lang et al. [42]       | 2020 | Compare FD in healthy vs diseased implants           | FD not valid to distinguish peri-implant health                    |
| Kis et al. [43]        | 2020 | Assess FD in short implant survival                  | FD predicted implant survival                                      |
| Mishra et al. [44]     | 2022 | Review FD in implant stability                       | Most studies used IOPAR, CBCT, which yielded different results     |

affected individuals  $(1.38 \pm 0.06)$  compared to controls  $(1.41 \pm 0.07)$ . Arsan et al. [60], conducted a prospective study comparing FD values between 100 TMD patients and 100 healthy controls using panoramic radiographs. Although the mean FD values were slightly lower in the TMD group  $(1.22 \pm 0.06)$ compared to the control group (1.25  $\pm$  0.06), the difference was not statistically significant (P > 0.05, ANOVA). However, the authors observed a general trend of decreasing FD with increased joint degeneration and suggested that fractal analysis may still be useful in improving diagnostic efficiency when combined with clinical examination parameters, such as mouth-opening measurements and joint sounds. Koprucu et al. [61], carried out a prospective MRI-based study assessed FD values in patients with unilateral disc perforation of the TMJ Table 5. The mean FD value in the affected joints was  $1.07 \pm 0.12$ , significantly lower than the healthy contralateral joints used as controls (1.20  $\pm$  0.11; P = 0.001, independent t-test). The authors concluded that fractal analysis could serve as a predictive tool for TMJ disease by identifying internal disc derangement, effusion, and early degenerative changes, even in the absence of MRI findings.

#### Fractal analysis of bone in MRONJ

Sahin et al. [62], compared panoramic radiographs of patients with early and advanced stages of medication-related osteonecrosis of the jaw (MRONJ). They found more significant bone structure alterations at advanced stages, though FD values did not vary significantly among the groups. Table 6 summarizes all the studies done using fractal analysis detection in bony changes in patients having systemic diseases.

Limitations of fractal analysis. Fractal analysis, although extensively researched, is not yet clinically applicable due to the following drawbacks,

- Limited Reproducibility: The box-counting method remains the most widely applied FD algorithm, but inconsistencies across ROI selection, imaging modalities, and FD computation software tools and fractal algorithms (e.g., boxcounting, power spectrum) may produce inconsistent results, thereby complicating comparisons.
- 2. Image Quality Dependence: Fractal analysis exhibits a significant sensitivity to image resolution, noise, and

- contrast. Variations in the quality of radiographs can markedly impact the precision of the findings [63, 64].
- 3. Standardization Challenges: The absence of uniform imaging protocols (e.g., exposure parameters, positioning) among various dental radiographs may result in variable fractal dimension measurements [10, 65].
- Two-Dimensional Constraint: The majority of dental radiographs are two-dimensional, thereby restricting the evaluation of intricate three-dimensional bone structures, which may result in incomplete or deceptive interpretations [66].
- 5. ROI Selection Bias: The deliberate selection of the Region of Interest (ROI) introduces subjectivity and variability, which may compromise reproducibility and reliability [65].
- Restricted Clinical Correlation & Applicability: Fractal dimensions may not consistently exhibit a direct relationship with clinical variables including bone density, disease severity, or therapeutic outcomes. Although FD is significantly able to describe diseased bone, the biological significance of alterations in fractal dimension is often ambiguous, which complicates clinical interpretation [67].
- 7. Impact of Anatomical Overlap: The presence of overlapping anatomical structures, such as trabeculae, roots, and sinus walls, may confound the accurate interpretation of trabecular patterns, thereby diminishing the precision of analyses [10, 65].

Clinical Applications and Integration of Fractal Analysis with Artificial Intelligence & Future Scope.

Artificial intelligence (AI)—particularly deep learning—has excelled in segmentation, detection, and classification of dental radiographic features which can be combined with the numerical bone texture metrics determined by fractal analysis. A recent overview of systematic reviews of studies by Turosz N et al. [68], using Al on panoramic radiographs found that there was a human-level (or better) performance in detecting periapical radiolucencies, missing teeth, caries, and other findings—processing thousands of images swiftly and accurately. Meanwhile, these reviews also highlighted the growing use of convolutional neural networks for tasks like segmentation and pathology detection in dental imaging, laying the groundwork for combining FD metrics with AI feature

Table 5. Studies using fractal analysis to monitor treatment and bone healing after surgery.

| Author(s)           | Year | Aim/Objective  | Key Findings  |
|---------------------|------|--|---|
| Heo et al. [45]     | 2002 | Evaluate FD for bone healing assessment post-<br>orthognathic surgery                        | FD analysis provided better evaluation of healing than visual assessment          |
| Park et al. [46]    | 2006 | Assess FD changes in healing after orthognathic surgery                                      | FD changes correlated with bone healing process                                   |
| Koca et al. [47]    | 2010 | Measure FD changes 18 months post-cyst surgery   | Significant FD increase postoperatively, indicating bone regeneration             |
| Kang et al. [48]    | 2012 | Evaluate transient osteopenia after orthognathic surgery using FA                            | Found bone density reduction post-surgery due to regional acceleratory phenomenon |
| Akbulut et al. [51] | 2020 | Use FD on hand-wrist radiographs to guide rapid palatal expansion decisions                  | FD proved useful in predicting treatment success                                  |
| Colak et al. [49]   | 2022 | Observe FD changes in osteotomy lines and mandibular condyles after sagittal split osteotomy | FA revealed trabecular changes and supported its use for bone healing evaluation  |
| Coban et al. [50]   | 2023 | Compare FD changes post-genioplasty with or without mandibular advancement                   | No significant FD difference between groups; middle genial segment healed slower  |

Table 6. Studies using fractal analysis for detection in bony changes in patients having systemic diseases.

| Author(s)               | Year | Aim/Objective                       | Key Findings   |
|-------------------------|------|-------------------------------------|--|
| Ergun et al. [52]       | 2008 | Case report on HPT                  | FD improved post-parathyroidectomy                               |
| Arsan et al. [81]       | 2017 | FD in TMJ disorders                 | Lower FD in more severe degeneration                             |
| Sahin et al. [62]       | 2019 | FD in MRONJ stages                  | No significant FD difference overall; only certain ROIs differed |
| Gulec et al. [58]       | 2021 | Evaluated FD in bruxism             | Significant lower FD in condyles of bruxers                      |
| Kocak et al. [59]       | 2021 | Condylar FD in malocclusion         | FD lower in controls; FA useful in structural assessment         |
| Turkmenoglu et al. [54] | 2022 | FD in Rheumatoid Arthritis patients | FD lower in condyles of RA patients; useful diagnostic tool      |
| Gunacar et al. [82]     | 2022 | Mandibular changes in psoriasis     | FD and morphometric indices useful                               |
| Canger et al. [56]      | 2023 | FD in ankylosing spondylitis        | Lower FD in AS patients; risk of secondary osteoporosis          |
| Koprucu et al. [61]     | 2023 | MRI vs FD in TMJ perforation        | FD varied with MRI subclassifications                            |
| Ozturk et al. [53]      | 2024 | Bone changes in thyroid disorders   | Lower FD in hyperthyroid; FA detects bone mass changes early     |
| Balkan et al. [55]      | 2024 | FD change post-BTX in bruxism       | FD decreased in masseter muscle attachment area                  |
| Temur et al. [83]       | 2024 | Jaw changes in children with RHD    | FD showed unilateral and bilateral bone metabolism differences   |

extraction to enhance diagnostic precision. Future research directions could be carried out:

- Hybrid Intraoral Scanning Systems: Al algorithms could automatically extract FD values from precisely identified regions of interest (ROIs), enabling real-time assessment of bone health, periodontal risk, and implant integration.
- Multimodal Imaging: Integration of FD analysis with CBCT or higher-resolution modalities could yield more robust bonequality biomarkers across diverse patient populations.
- Predictive Analytics: Longitudinal and large-scale Al models incorporating FD trends could potentially forecast progression of early degenerative changes in TMJ, post extraction healing, post-surgical healing, and bone-related diseases, response to treatment, or implant outcomes.

#### CONCLUSION

The integration of radiographic imaging with mathematic based pattern recognition in Fractal Analysis (FA) presents a new avenue for analyzing dental images. By measuring intricate bone patterns with dental X-rays, it provides an objective means of studying bone structure that traditional methods cannot capture. FA is non-invasive and cost-effective, helping diagnose conditions like osteoporosis and periodontitis by detecting early changes in bone structure that are not visible with standard imaging. It has shown sensitivity to changes after dental treatments. FA can also assess dental implants and monitor bony changes in various systemic diseases. Its applications are highly promising but require

more standardized studies before it can be validated for use in everyday dental practice.

#### **DATA AVAILABILITY**

Not applicable.

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The authors declare no competing interests. This review analyses only existing, publicly available data and does not include new data collection or the processing of identifiable personal information. Therefore, ethical approval and consent is not required according to Indian research ethics guidelines.

#### ADDITIONAL INFORMATION

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