

# High-resolution snapshots of the talin auto-inhibitory states suggest roles in cell adhesion and signaling

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Talin regulates crucial cellular functions, including cell adhesion and motility, and affects human diseases. Triggered by mechanical forces, talin plays crucial roles in facilitating the formation of focal adhesions and recruiting essential focal adhesion regulatory elements such as vinculin. The structural flexibility allows talin to fine-tune its signaling responses. This study presents our 2.7 Å cryoEM structures of talin, which surprisingly uncovers several auto-inhibitory states. Contrary to previous suggestions, our structures reveal that (1) the first and last three domains are not involved in maintaining talin in its closed state and are mobile, (2) the talin F-actin and membrane binding domain are loosely attached and thus available for binding, and (3) the main force-sensing domain is oriented with its vinculin binding sites ready for release. These structural snapshots offer insights and advancements in understanding the dynamic talin activation mechanism, which is crucial for mediating cell adhesion.

Talin plays an indispensable role in cell motility and migration by modulating the dynamics of focal adhesions<sup>1</sup>. Talin facilitates cellular attachment to the extracellular matrix by activating the transmembrane integrin receptors. This binding induces a structural transformation in both integrin polypeptide chains, enhancing integrin in engaging with extracellular matrix ligands<sup>2</sup>. This activation is critical for cell adhesion and downstream signaling processes that regulate cell growth, survival, and differentiation. Consequently, it is unsurprising that talin is essential for tissue morphogenesis and organogenesis.

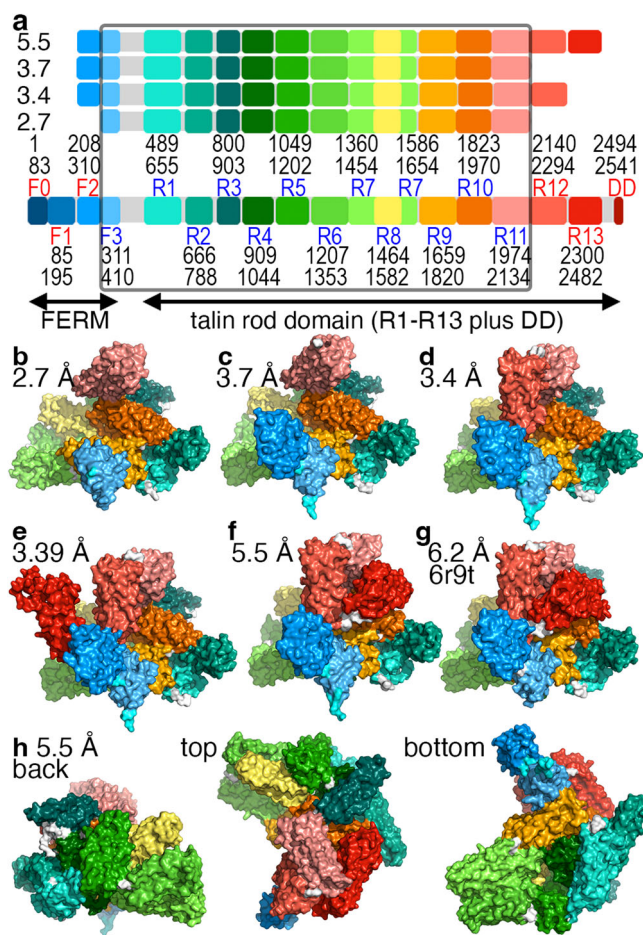
Moreover, talin contributes to immune responses by promoting the adhesion of immune cells, such as T cells and neutrophils, to blood vessel walls, thereby enabling their migration to sites of infection or inflammation<sup>3</sup>. Dysregulation of talin function has been implicated in a spectrum of diseases<sup>4,5</sup>, including cancer<sup>4–8</sup>, cardiovascular disorders<sup>5,9,10</sup>, and autoimmune conditions. A deeper understanding of the involvement of talin in these diseases offers promising avenues for potential therapeutic interventions.

The talin polypeptide chain, consisting of 2541 amino acids, is organized into an amino-terminal head and a carboxy-terminal tail domain connected by approximately eighty residues, which act as a

flexible linker<sup>11–13</sup> (Fig. 1a). The head domain features a distinctive FERM (4.1 protein, ezrin, radixin, moesin) configuration that exhibits the classical FERM subdomains (F1–F3) arranged linearly instead of resembling a cloverleaf, with an additional insertion in F1 and a unique subdomain at the outset, F0<sup>14</sup> (PDB entries 3ivf<sup>15</sup>, 6mfs<sup>16</sup>). SAXS analyses supported the extended conformation of the FERM domain. However, SAXS also indicated additional inter-domain flexibility between the F1 and F2 subdomains. The lack of interdomain contacts between F0–F1 and F2–F3 leads to a slightly twisted arrangement of the F0–F1 and F2–F3 di-domains, suggesting possible alternate conformations in solution (PDB entries 6vgu<sup>17</sup>, 8fse, 8ftb, and 8t0d). The F3 talin FERM domain interacts with the cytoplasmic tail of  $\beta$ -integrins, thereby enhancing the affinity of integrin for its ligands through an ‘inside-out’ signaling process<sup>2,18</sup>. The binding of talin to  $\beta$ -integrins depends on favorable membrane electrostatic interactions facilitated by the membrane lipid, phosphatidylinositol 4,5-bisphosphate, which disrupts the talin head-tail interaction and activates talin<sup>16,19–21</sup>.

The carboxy-terminal segment of talin, spanning amino acids 487 to 2541, referred to as the talin rod<sup>11</sup>, is characterized by sixty-three amphipathic  $\alpha$ -helices organized into thirteen bundles (designated as R1 to R13)<sup>22</sup>, each consisting of four or five  $\alpha$ -helices. An extra carboxy-

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**Fig. 1 | Talin cryoEM structures.** **a** The talin polypeptide chain, spanning 2541 amino acids, comprises an amino-terminal head with a FERM domain consisting of the F0-F3 subdomains and a carboxy-terminal ‘rod’ domain containing helix bundles R1-R13 and the carboxy-terminal dimerization  $\alpha$ -helix (DD). R8 is inserted between the second and third  $\alpha$ -helices of the R7 four-helix bundle. The gray outline highlights the rigid core of talin (encompassing domains F3, R1-R11; labeled in blue font). The decimals (5.5, 3.7, 3.4, and 2.7) refer to the talin<sub>5.5</sub>, talin<sub>3.7</sub>, talin<sub>3.4</sub>, and talin<sub>2.7</sub> structures with their ordered domains colored spectrally. Domain boundaries are indicated with residue numbers above or below the domain name. **b–g** Cartoon drawing of our (b) 2.7 Å, (c) 3.7 Å, (d) 3.4 Å, (e) 3.39 Å, and (f) 5.5 Å talin cryoEM structures, color-coded spectrally and oriented as (g) the previously reported 6.2 Å resolution structure (PDB entry 6r9t). **h** Orthogonal views of our talin<sub>5.5</sub> structure.

terminal  $\alpha$ -helix also serves as the dimerization domain<sup>23,24</sup>. The talin rod harbors multiple binding sites that influence its activity<sup>25,26</sup>. The primary interaction between talin and F-actin occurs via the carboxy-terminal dimerization domain and the preceding five-helix bundle (R13). By binding its tail to the actin cytoskeleton and its head to integrins, talin establishes a mechanical link connecting the cytoskeleton to the extracellular matrix (ECM)<sup>27–29</sup> and orchestrates the organization of the cytoskeleton, which is pivotal for cell shape and movement<sup>30</sup>.

Detecting mechanical forces by talin enables cells to sense and respond to their mechanical environment, a crucial aspect of tissue development and immune response. Studies employing atomic force microscopy and magnetic tweezer have revealed that applying force to talin enhances its binding affinity for vinculin<sup>31</sup>. This force-induced mechanism sequentially unfolds numerous helix bundles along the talin rod domain, exposing its vinculin binding sites. R3 demonstrates the lowest stability among the talin domains, exhibiting reversible folding and unfolding on a sub-second timescale when subjected to

five pico-newtons of applied force<sup>31–33</sup>. This force magnitude corresponds to a single actomyosin contraction<sup>32–34</sup> and falls within the range of forces observed on single molecules within focal adhesions. Consequently, the talin R3 domain is poised to initiate focal adhesions by efficiently recruiting vinculin.

Insights from studies in *Drosophila* suggest that talin may adopt alternative configurations depending on the cell type and developmental stage<sup>35,36</sup>. This conformational diversity led us to determine the cryoEM structure of murine talin as expressed in mammalian cells (Fig. 1b; Supplementary Fig. 1a), considering that the known 6.2 Å resolution structure was obtained from talin expression in *E. coli*<sup>11</sup>. Our collection of high-resolution cryoEM structures has delineated the regions governing the auto-inhibitory states of talin, providing insights into the terminal domains and, notably, the F-actin binding domain R13. This highlights the dynamic nature of sensing mechanical forces, which is more dynamic than previously thought. Given the pivotal roles of the talin domains in coordinating cellular dynamics, our structures contribute significantly to deciphering the complex machinery underlying cell adhesion, motility, and signaling, elucidating the molecular mechanisms of talin as a mechanical bridge between integrins and the actin cytoskeleton.

## Results

### Talin is a conformationally dynamic protein

The thirteen helical bundle domains (R1–R13; Fig. 1a) provide talin with high flexibility and pose a significant challenge for high-resolution structure determination. A recent attempt resulted in a 6.2 Å resolution cryoEM structure lacking the terminal domains, including residues 1–207 corresponding to the F0–F1 FERM subdomains, and residues 2480–2154 of the dimerization  $\alpha$ -helix (PDB entry 6r9t)<sup>11</sup>. This medium-resolution structure was determined using human talin solubilized in 10% glycerol. We speculated whether murine talin, without glycerol, might offer more stability for high-resolution structure determination. Perhaps unsurprising, given the over 98% sequence identity between murine and human talin, we encountered similar challenges despite extensive optimization efforts, including glutaraldehyde cross-linking and subsequent size exclusion chromatography to remove cross-linked aggregates. Subsequently, we expressed full-length murine talin in mammalian Expi293 cells. We achieved a single chromatography talin peak that exhibited substantial improvement in resolution from the previously published 6.2 Å to eventually our 2.7 Å resolution structure (Fig. 1b; Supplementary Fig. 1a, 2a–d).

Four of our five structures reveal that talin is a compact globular molecule, roughly 15 nm in diameter. It features extensive ion pair interactions between its amino-terminal FERM domain (F2–F3) and its thirteen carboxy-terminal helix-bundle rod sub-domains (R1–R13). The amino-terminal F0–F1 and carboxy-terminal dimerization domain (DD) are disordered. Notably, the integrin-binding site on the talin F3 FERM domain is masked by its interaction with the talin R9 rod domain. These interactions are crucial for maintaining talin in an inhibited state within cells<sup>37–39</sup>.

Additionally, the R4 domain interacts with R1, R5, R9, and R10, which positions R3 to interact with R10 and R11, resulting in an auto-inhibited configuration of R3. Beyond the F3–R9 interaction, the R7–R8–R9 tri-domain conformation associates with R4, R5, R6, and R10 to form the compact quaternary structure of talin. These interactions are consistent with a previously reported 6.2 Å resolution structure (PDB 6r9t)<sup>11</sup>.

We acquired four structures from two cryoEM samples (Supplementary Figs. 1a–e, 2, 3; Table 1). The initial model was derived after multiple rounds of 2D classifications and segregation through ab initio models and heterogeneous refinements. The core domains (F3 and R1–R11) could be confidently modeled, with side chains clearly resolved. Although residual volume for the F2 and R12

**Table 1 | Data collection and model refinement statistics for our murine talin structures**

	talin <sub>2,7</sub>	talin <sub>3,4</sub>	talin <sub>3,7</sub>	talin <sub>5,5</sub>
<b>data collection</b>				
magnification	60,000	60,000	60,000	60,000
total dose (e <sup>-</sup> per Å <sup>2</sup> )	48	48	48	48
fractions/frames	40	40	40	40
pixel size (Å per pixel)	0.36	0.36	0.36	0.36
defocus range [μm]	−0.8 to −2.4	−0.8 to −2.4	−1.0 to −2.4	−1.0 to −2.4
<b>data processing</b>				
number of micrographs	10,349	10,349	2867	2867
number of particles	439,156	68,494	91,849	8,318
resolution	2.7 Å	3.4 Å	3.7 Å	5.5 Å
FSC threshold	0.143	0.143	0.143	0.143
<b>model refinement</b>				
polypeptide chains	1	1	1	1
number of non-H atoms	12,691	14,703	13,547	16,046
protein residues	1740	2005	1852	2192
<b>bonds (root mean square deviation)</b>				
length (# over 4σ)	0.005 Å (0)	0.005 Å (0)	0.005 Å (0)	0.004 Å (0)
angles (# over 4σ)	0.692° (2)	0.702° (5)	0.725° (2)	0.845° (9)
MolProbity score	1.50	1.27	1.87	2.27
clash score	9.44	12.11	15.43	32.14
<b>Ramachandran plot</b>				
outliers	0.00	0.00	0.00	0.00
allowed	0.0092	0.0265	0.0303	0.0407
favoured	0.9908	0.9735	0.9697	0.9593
rotamer outliers	4	1	0	2
Cβ outliers	0	0	0	0
CaBLAM outliers	0.0133	0.018	0.0182	0.0142
EMDB identifier	EMD-43152	EMD-43154	EMD-43156	EMD-43155
PDB identifier	8vdo	8vdp	8vdr	8vdq

All data were collected on a JEOL cryoARM300 at 300 kV with a GATAN K3 detector.

domains persisted in the final 2.7 Å resolution three-dimensional reconstruction, now referred to as talin<sub>2,7</sub>, the corresponding half maps exhibited features consistent with these two domains. However, the quality of the refined Coulomb potential maps was insufficient to model these F2 and R12 domains, indicating significant particle flexibility in the generated 2.7 Å resolution volume. Our talin<sub>2,7</sub> structure delineates an electron potential map well-defined for residues 310–401 (corresponding to the F3 domain) and for residues 485–2131 (corresponding to the R1–R11 domains) (Fig. 1b; Supplementary Figs. 1a, 2d).

To further facilitate accurate modeling of the F2 and R12 domains, the particle stack of one of the ab initio models encompassing these domains underwent heterogeneous refinement to isolate a single class enriched in intact particles containing these domains. Subsequently, the particle stack was subjected to homogeneous refinement followed by non-uniform refinement (Supplementary Fig. 2e). This resulted in the convergence of a talin structure to 3.4 Å resolution, referred to as talin<sub>3,4</sub> henceforth, corresponding to an electron potential map that clearly defines residues 208–401 (corresponding to the F2–F3 domains) and residues 485–2291 (corresponding to the R1–R12 domains). Unlike talin<sub>2,7</sub>, this structure, talin<sub>3,4</sub>, includes the R12 domain (Fig. 1a, Supplementary Figs. 2e, f). Apart from adding R12, talin<sub>3,4</sub> shares essential similarities with talin<sub>2,7</sub> and can be superimposed with an *r.m.s.d.* of 0.468 Å for 9373 atoms. Additionally, talin<sub>3,4</sub> accounts for approximately 15% of the initial talin<sub>2,7</sub> structure.

During heterogeneous refinement, we observed another class of particles exhibiting additional features near the R12 and F2 domains. Upon further processing (Supplementary Fig. 2f), a third partial model, talin<sub>3,39</sub>, converged at 3.39 Å resolution with significant additional Coulomb potential adjacent to the R12 domain. The electron potential map in this region allowed for the docking of the R13 domain. However, it did not surpass the noise level sufficiently (with correlation coefficients dropping from an average of 0.9 to about 0.2 for R13) to enable unambiguous modeling of R13 at the residue level.

Through processing our images from a second sample, we identified two more conformations: one at 5.5 Å resolution, referred to as talin<sub>5,5</sub>, and another at 3.7 Å, referred to as talin<sub>3,7</sub> (Supplementary Fig. 3). Unlike talin<sub>2,7</sub> and talin<sub>3,4</sub>, the talin<sub>5,5</sub> structure displays the F-actin binding domain (FABD) R13 (Supplementary Figs. 1a, b, d) as previously published (PDB entry 6r9t)<sup>11</sup> with a relative R13 tilt (by approximately 6°) towards R12. Further processing of the remaining particles from the heterogeneous refinement yielded a 3.7 Å resolution structure (Supplementary Figs. 1c, 3e), referred to as talin<sub>3,7</sub>, featuring an intact F2 domain (which is disordered in talin<sub>2,7</sub>). In contrast to the known 6.2 Å resolution structure, where the Coulomb potential map is mainly missing for R3, our talin structures all exhibit well-defined R3 maps, showcasing the differently oriented force sensing R3 domain, as described below.

Approximately 3% of the total particles selected after 2D classification contributed to the talin<sub>5,5</sub> structure. This is two-fold higher than the contribution for the known 6.2 Å resolution structure. Clearly, our amino-terminal GFP tag did not substantially alter the overall conformation of the particles in solution.

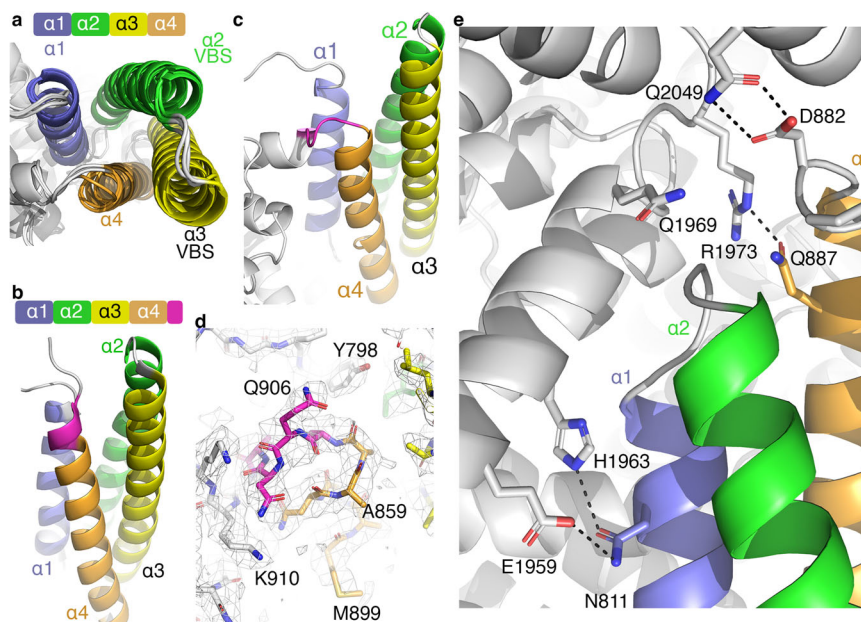
All final refined volumes from our 3D reconstructions were analyzed using the 3DFSC server to assess the extent of overfitting or inflated resolution estimates. The resolution estimates were as follows: talin<sub>2,7</sub> at 2.79 Å resolution, talin<sub>3,4</sub> at 3.54 Å, talin<sub>3,39</sub> at 3.58 Å, talin<sub>5,5</sub> at 6.05 Å, and talin<sub>3,7</sub> at 3.92 Å. These results suggest no significant overfitting from tight masks during the final round of refinement. Additionally, the overall sphericity values for all the 3D reconstructions were greater than 0.84, indicating relatively isotropic views for all samples.

Due to differences in the samples used for grid preparation, the particle stacks from the two datasets were not merged for specific analyses like 3D variability analysis or heterogeneous analysis in CryoDRGN. Moreover, the conformations observed in the 3D reconstructions were not similar enough to justify merging for further studies. Comparing the percentage of particles contributing to the final refined structure for talin confirms these observations.

### Talin R3 is the critical regulator of vinculin binding

Despite the crucial role of the F3–R9 domain interaction in maintaining the talin auto-inhibitory conformation, the R3 domain has gained attention due to its potential role as a force sensor<sup>40</sup>. Atomic force microscopy studies have shown that R3 and R8 are the most unstable among the talin rod domains, and each contains a threonine belt that acts as a tension sensor<sup>34,41,42</sup>. While the R8 domain is inaccessible due to its unique position within the compact auto-inhibitory conformation, R3 is situated on the exterior, making it accessible and more prominent in sensing and participating in vinculin recruitment upon activation.

However, our structures indicate that R3 is inaccessible to vinculin due to its bent conformation. This observation is supported by biochemical evidence showing that vinculin does not bind talin under low ionic strength conditions<sup>11</sup>. The three-helix bundle intermediate acts as a tension regulator, a second stable conformation next to the five-helix bundles<sup>43</sup>. This suggests that upon release of the F3–R9 interactions, R3 could interact with vinculin, revealing an activated state of talin. Within the array of thirteen talin rod domains, R3 is unique due to its ability to unfold under minimal force. It exhibits low mechanical stability and stochastic resonance with folded and unfolded states in rapid



**Fig. 2 | Close-up view of the talin R3 domain.** **a** Superposition of the four  $\alpha$ -helices of R3 from our talin<sub>2.7</sub>, talin<sub>3.4</sub>, talin<sub>3.7</sub>, and talin<sub>5.5</sub> structures. The R3 four-helix bundle is highlighted and color-coded in orange, yellow, green, and blue, representing  $\alpha$ -helices 1 through 4, respectively. VBS, vinculin binding site. **b** The NMR structure of the isolated R3 domain (PDB entry 2l7a)<sup>22</sup> shows the amino terminus (magenta) extending its first  $\alpha$ -helix. **c** In the context of the full-length polypeptide

chain, the R3 amino terminus (magenta) is bent to position R3 roughly perpendicular to R2. **d** Coulomb potential map displaying the connection between R2 and R3 (magenta). **e** Close-up view of the interactions of R3 (Asn-881, Asp-882, and Gln-887) with R10 (Glu-1959, His-1963, Gln-1969, and Arg-1973) and R11 (Gln-2049). R3 appears responsible for maintaining R11 in its firm state, contrasting with the R12 conformation changes, a notion that is well supported by the local resolution maps.

equilibrium<sup>22,32,42,44</sup>. These distinctive characteristics enable R3 to respond to variations in force promptly<sup>40</sup>. Moreover, the two vinculin-binding sites located in R3 serve as the initial points of engagement with vinculin, thereby initiating adhesion reinforcement<sup>45–47</sup>. Consequently, understanding the function of talin is incomplete without considering the role of R3.

R3 exhibits similarity across all our structures (Fig. 2a; Supplementary Figs. 1a–e). The NMR structure of the isolated R3 domain has been reported (Fig. 2b) (PDB entry 2l7a)<sup>22</sup>, showing some differences compared to its conformer in the context of the full-length polypeptide chain. Precisely, residues 799–904 of our talin<sub>2.7</sub> structure can be superimposed onto the isolated R3 NMR structure with an *r.m.s.d.* of 1.603 Å for 696 atoms. Apart from minor helical tilt differences, the fourth  $\alpha$ -helix of the R3 four-helix bundle extends by an additional turn (residues 905–908) in the NMR structure. These residues form a 90° bent connection to the first  $\alpha$ -helix of R4 in our cryoEM talin structures (Fig. 2c, d).

Regrettably, the published 6.2 Å resolution talin structure (PDB entry 6r9t)<sup>11</sup> includes coordinates for the R3 domain, although the Coulomb potential map is mainly absent for R3 (Fig. 1c; Supplementary Fig. 1f). Given that our five talin structures consistently depict R3 rotated to engage in multiple interactions with R10 and R11 (Fig. 2d, e), the orientation and position of R3 in PDB entry 6r9t might warrant reconsideration, as its location is pertinent to its function.

### The FERM domain is conformationally dynamic

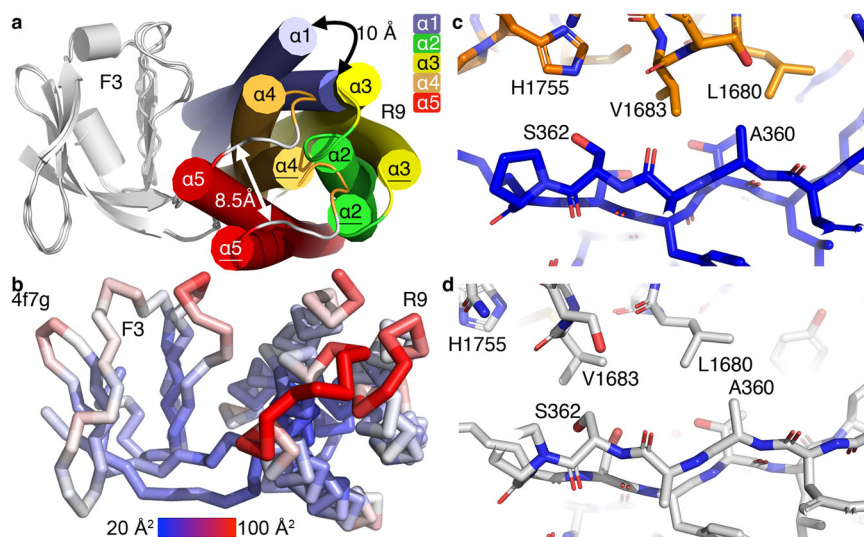
The talin head domain exhibits a distinctive FERM configuration, featuring an additional insertion in F1 and a unique added subdomain, FO<sup>14</sup>. Several structures of the talin isoform 1 (PDB entries 6r9t<sup>11</sup>, 3ivf<sup>45</sup>, and 6vgu<sup>17</sup>) or isoform 2 (PDB entry 6u4k)<sup>48</sup> have suggested that the talin FERM domain consists of one rigid di-domain, FO–F1. At the same time, the F1–F2 and F2–F3 linkers allow for flexibility in the F2 and F3 subdomains. It's worth noting that crystal contacts could contribute to the observed variations in orientations of F2 and F3 relative to the FO–F1 di-domain.

In our described structures, the F3–R9 inter-domain interaction, which maintains talin in its closed conformation, bears similarity to the crystal structure of F2–F3 in complex with R9 complex (PDB entry 4f7g)<sup>49</sup> (Fig. 3a). In this crystal structure (Fig. 3b), temperature factors are notably higher (up to 115 Å<sup>2</sup>) for the loops connecting  $\alpha$ -helices 2 with 3 (residues 1721–1725) and 4 with 5 (residues 1783–1790). These loops are stabilized by their interactions with R7 in the full-length structure that are absent in the crystal structure of the isolated domains. Superposition of the F3 domains of the crystal structure onto our structures reveals a considerable (~10 Å) relative shift of R9 (Fig. 3a, c, d).

The F2–R12 contact has been suggested to be a potential secondary head-tail interaction. Notably, the Coulomb potential map of our 2.7 Å resolution cryoEM structure, talin<sub>2.7</sub>, indicates high disorder for F2 and R12, implying mobile F2–F3 and R11–R12 connections. The R12 domains of our talin<sub>3.4</sub> and talin<sub>5.5</sub> structures exhibit similarity, with an *r.m.s.d.* of 0.943 Å for 902 atoms. Moreover, R12 in the earlier 6.2 Å resolution structure (PDB entry 6r9t) also bears resemblance to our talin<sub>3.4</sub> (*r.m.s.d.* of 1.284 Å for 984 atoms) and talin<sub>5.5</sub> (*r.m.s.d.* of 1.238 Å for 987 atoms) structures. Such R12 superpositions position the F2 domains of our talin<sub>3.4</sub> and talin<sub>5.5</sub> structures similarly. In the 6.2 Å resolution structure (Fig. 4a) and our talin<sub>3.4</sub> (Fig. 4b) and talin<sub>3.39</sub> (Fig. 4c) structures, F2 residue Lys-272 interacts with R12 residue Glu-2288. However, in our talin<sub>5.5</sub> structure, Lys-274 (instead of Lys-272) interacts with Glu-2288 (Fig. 4d). This alternate interaction supports the notion that the F2–R12 interaction is highly dynamic.

When comparing the three structures that exhibit the FABD R13, namely talin<sub>3.4</sub>, talin<sub>5.5</sub>, and PDB entry 6r9t, the F2 domain is much closer to the R12 domain (by ~4 Å; Fig. 4e) in the 6.2 Å resolution structure compared to our structures. However, caution is required not to overinterpret such differences at this modest resolution.

The previously reported 6.2 Å resolution structure<sup>11</sup> showed only one talin conformer that had the phosphatidylinositol 4,5 bisphosphate (PIP<sub>2</sub>) binding site on the FERM domain covered by the talin R12



**Fig. 3 | The head-tail interaction, F3-R9, keeps talin in its closed conformer.**

**a** The superposition of the F3 domains of the F2-F3 in complex with R9 crystal structure (PDB entry 4f7g)<sup>49</sup> onto our talin<sub>2.7</sub> structure reveals the relative domain movement of R9. The individual  $\alpha$ -helices of the R9 five-helix bundle are color-coded spectrally, labeled for the crystal structure (PDB entry 4f7g), and underlined

for talin<sub>2.7</sub>. **b** In the crystal structure (PDB entry 4f7g), temperature factors are below 90 Å<sup>2</sup> for F3 and higher (up to ~120 Å<sup>2</sup>) for R9. **c, d** Superposition of F3 in our talin<sub>2.7</sub> structure (**c**) and the crystal structure (**d**) aligns Ser-362 and Ala-360 of F3 but shows a significant relative shift in Leu-1680, Val-1683, and His-1755 of R9.

rod domain, thereby inhibiting the well-established binding of talin to the plasma membrane<sup>16,49–53</sup>. However, our structures have shown that R12 is flexible and can transition into disorder, which exposes the PIP<sub>2</sub> binding sites (Supplementary Fig. 4).

In addition to affecting the conformation of a protein, lipids can affect the location of a protein and its response to mechanical force<sup>54,55</sup>. To determine the interaction of talin with lipids and their potential contribution to talin's mechanosensitivity in an intact membrane, we labeled PIP<sub>2</sub> and monosialotetrahexosylganglioside (GM1) lipids with fluorescent anti-PIP<sub>2</sub> antibody (PIP<sub>2</sub>-647) and fluorescent cholera toxin B (CTxB-cy3b), respectively, and determined their single molecule localizations (SML) along with eGFP using three-color direct stochastic reconstruction microscopy (dSTORM)<sup>54,55</sup>. Cross-pair correlation analysis of the SML was used to determine the association of the protein with a particular lipid before and after 3 dynes/cm<sup>2</sup> fluid shear. The high resolution is necessary to visualize the short change in distance associated with mechanical force.

Prior to shear, and in agreement with the established talin attachment to the membrane data, eGFP showed a clear association with PIP<sub>2</sub> clusters in the membrane of HEK293T cells (Fig. 5a). This can be seen in the high cross-pair correlation at very short distances (of less than 10 nm) and suggests talin localizes to PIP<sub>2</sub> containing lipids. Talin also showed a strong pair correlation with GM1 lipids (Fig. 5b), indicating the protein can partition into both lipids.

Previously, we showed that lipid rafts are mechanosensitive and fluid shear releases palmitoylated proteins<sup>55,56</sup>. Talin is not palmitoylated but does bind to palmitoylated proteins and integrin, which can be associated with lipid rafts (GM1 containing lipid clusters). Consistent with this binding and mechanosensitivity, applying three dynes/cm<sup>2</sup> fluid decreased the talin/GM1 cross-pair correlation (Fig. 5c, d), suggesting the talin is released from GM1 lipids. Interestingly, the pair correlation with PIP<sub>2</sub> remained strong during 3 dynes/cm<sup>2</sup> shear (Fig. 5e), suggesting PIP<sub>2</sub> binding increases relative to GM1 binding during mechanical shear.

### The F-actin binding domain, R13, is conformationally dynamic

The carboxy-terminal FABD, R13, plays a crucial role in sensing actomyosin-generated forces, thus forming the mechanosensitive talin-vinculin complex necessary for focal adhesion maturation<sup>41,57</sup>.

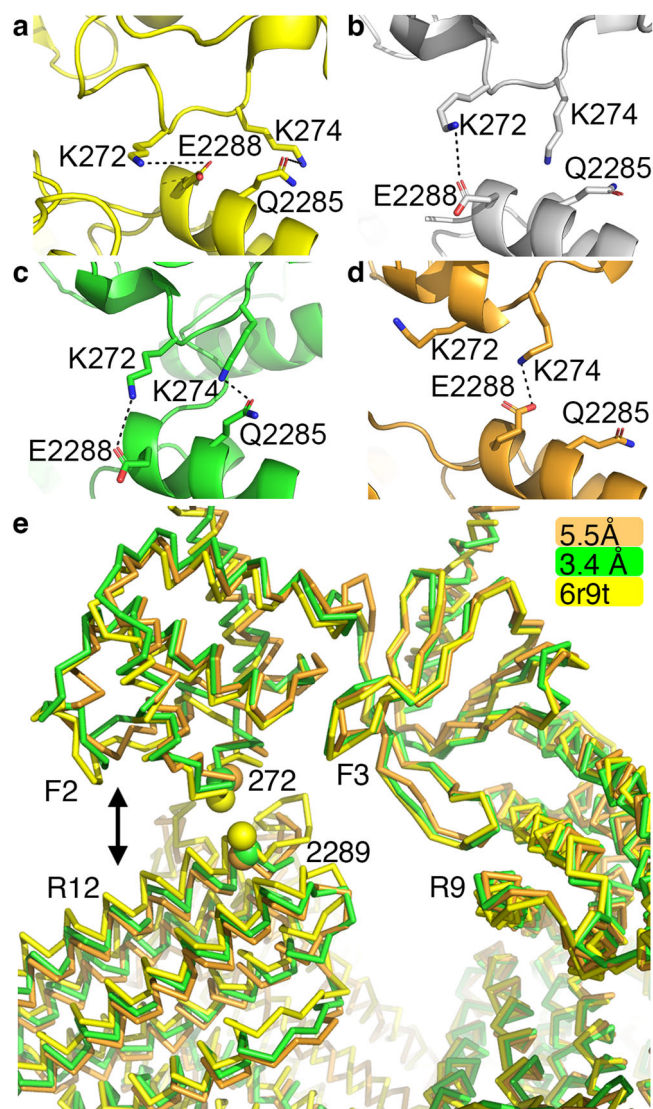
Our structural analyses reveal not only the flexibility of this FABD but also of its neighboring domains, namely R12 and DD. Notably, the F-actin binding site on R13 remains accessible. Remarkably, both FO-F1 and DD are absent in all structures, while R12 and R13 exhibit two states, either engaged in inter-domain interactions or devoid of such intra-molecular interactions. In its ordered state, R13 is stabilized by R10-R12, while R12 maintains its position through interactions with R11, R13, and F2. Functionally, the FABD R13 is readily released by minor inter-domain movements without force, emphasizing its significance.

Interestingly, upon segregating talin<sub>3.4</sub> from talin<sub>2.7</sub>, we identified a distinct class of particles (Supplementary Fig. 2e) with a feature resembling the R13 domain in a different position. While the residual volume of this talin<sub>3.39</sub> structure was adequate to identify the R13 domain at a low (~0.9) contour level, modeling its polypeptide chain without ambiguity proved challenging due to its high mobility. Consequently, further refinement of talin<sub>3.39</sub> was not pursued. However, the Coulomb potential map clearly delineates its location (Fig. 6a, b). This alternate suggested position of the R13 domain underscores its significant flexibility, as it appears to dissociate rapidly from the rest of the molecule, possibly facilitated by the sample blotting during grid preparation.

Collectively, our structural findings and the previously reported 6.2 Å resolution structure<sup>11</sup> demonstrate the flexibility of the three amino-terminal (F0-F2) and carboxy-terminal (R12-R13-DD) domains. Our data suggest that R13 predominantly interacts with R10, R11, and R12, although a minor population of R13 engages in inter-domain interactions with F2 and R12. This contrasts the amino-terminal domains F0 and F1, which remain solvent-exposed and lack a fixed position relative to the rest of the molecule. Thus, while domains F3 and R1-R11 provide rigidity, the flexibility of R12 and R13 underscores their dynamic role in the talin function (Figs. 6d, e; Supplementary Fig. 5).

### Discussion

Talin plays a fundamental role in forming multicellular tissues and regulating critical cellular processes such as cell adhesion and motility, which have implications for various human diseases. By recruiting essential focal adhesion regulatory elements, talin is



**Fig. 4 | The F2-R12 interaction does not substantially contribute to the closed conformation of talin.** **a** In the previously reported 6.2 Å resolution structure (PDB entry 6r9t)<sup>11</sup>, the F2-R12 interdomain interactions occur between Lys-272 with Glu-2288 and Lys-274 with Gln-2285. **b, c**, Our (b) talin<sub>3.4</sub> structure and (c) talin<sub>2.7</sub> structure display similar interactions as previously reported (see panel a). **d** In our talin<sub>5.5</sub> structure, Lys-274 interacts with Glu-2288 instead of Gln-2285. **e** Superposition of the F3 and R9 domains that keep talin in its closed conformation shows flexibility in their corresponding F2 and R12 domains. The spheres represent the Cα positions of residues 272 and 2289, respectively.

indispensable in facilitating the formation of focal adhesions. Its role in cytoskeletal dynamics that modulate cell adhesion cannot be overstated.

Despite significant progress in understanding talin since its discovery four decades ago<sup>58</sup>, its activation mechanism at the atomic level remains incompletely understood. Contrary to previous suggestions, the wealth of our structural data reveals several key insights: (1) the first and last three domains are not involved in maintaining talin in its closed state and exhibit mobility akin to beads on a string; (2) among these six domains, only three may or may not engage in inter-domain interactions; (3) the talin F-actin binding domain, R13, displays flexibility, rendering it available for binding; (4) R12 is flexible and can transition into disorder, which exposes the PIP<sub>2</sub> binding sites on the talin FERM domain; and (5) the primary force-sensing R3 domain is positioned with its α-helical vinculin binding sites primed for release from the R3 four-helix bundle.

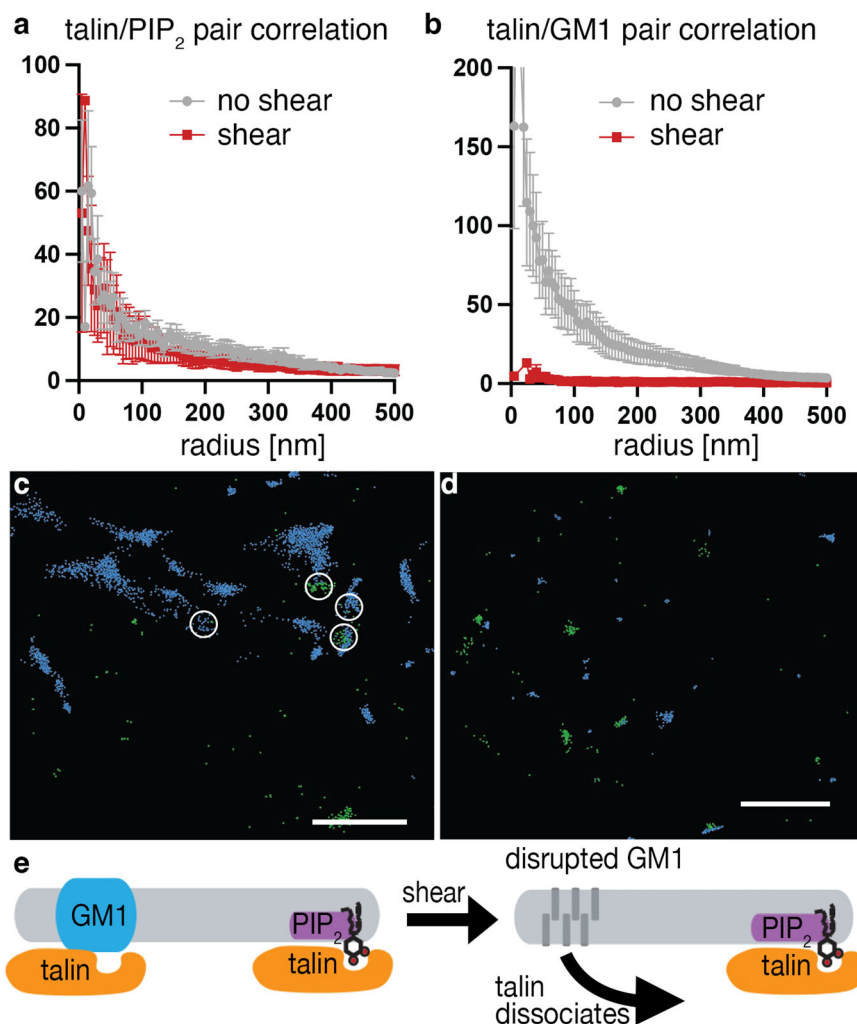
The eagerly awaited human talin structure, recently resolved to 6.2 Å resolution, shed light on correlating its auto-inhibition to its tension sensing and regulating cell adhesion<sup>11</sup>. While this structure depicted a compact architecture for one talin polypeptide chain, an earlier 25 Å structure of talin obtained from turkey gizzards appeared dimeric<sup>59</sup>. Since the 6.2 Å resolution structure was derived from human talin expressed in *E. coli*, we questioned whether talin from mammalian cells exhibits dimerization. Surprisingly, this was not the case as our 2.7 Å talin structure resulting from expressing murine talin in human embryonic kidney cells remains monomeric. Nonetheless, the leap in resolution to near-atomic resolution and the rich structural information gathered from our five structures unveil remarkable mechanistic insights into talin function.

Foremost, our data advance comprehension of the interaction of R3, the sole talin domain that reversibly unfolds within the physiological force range, with vinculin or RIAM<sup>32,60</sup>. Regrettably, the Coulomb potential map is mainly absent for R3 in the previously published 6.2 Å resolution structure. However, R3 is distinctly resolved in our five structures. Furthermore, whereas the four-helix R3 bundle domain in the 6.2 Å resolution structure is predominantly solvent-exposed, forming a continuous long α-helix with the first α-helix from the subsequent R4 domain, our high-resolution structures reveal a different arrangement. R3 is positioned roughly perpendicular to R4, facilitated by a hinge between the fourth R3 α-helix and the first R4 α-helix. This conformation, stabilized by the tip of the R3 four-helix bundle engaging in hydrogen bonding interactions with residues from R10 and R11, suggests a predisposition for RIAM binding to R3, in line with biochemical and biophysical data<sup>22,44</sup>, elucidating how R3 promptly responds to force variations<sup>40</sup>. In contrast, the previously proposed continuation of the fourth R3 α-helix into the first R4 α-helix appears less conducive to such a function.

Furthermore, our five structures consistently delineate the rigid and mobile regions that constitute the auto-inhibited state of talin. While the amino-terminal domains (F0 and F1) and the carboxy-terminal α-helix (DD) were previously recognized as dynamically changing orientations, our high-resolution structures unveil the mobility of additional regions. Specifically, the mobile areas of talin now encompass an additional FERM subdomain, F2, at the amino terminus and two five-helix bundle domains, R12 and R13, at the carboxy terminus. This flexibility endows F0–F2, R12–R13, and DD with the conformational freedom akin to beads on a string. Notably, only three out of these six beads on a string domain may or may not engage in inter-domain interactions, with such interactions exhibiting a low population and suggesting rapid release. These findings carry significant functional implications.

One now recognized loosely attached five-helix bundle domain is particularly significant as the functionally crucial F-actin binding domain, R13. In our talin<sub>5.5</sub> structure, the observed interdomain interactions largely resemble those described previously. However, in our talin<sub>2.7</sub> structure, the R13 and R12 domains lack inter-domain interactions. Intriguingly, while the known interactions of R13 with R10–R12 are evident in our talin<sub>5.5</sub> structure, our talin<sub>3.39</sub> structure reveals R13 engaged in entirely different inter-domain interactions involving the amino-terminal F2–F3 FERM subdomains. Consistent with our finding of the flexibility of R13, this domain is absent in our talin<sub>2.7</sub> and talin<sub>3.4</sub> structures. These discoveries are significant as they offer structural insights into the availability of R13 for binding to F-actin and talin recruitment to nascent focal adhesion sites for stabilizing the adhesion complex.

On the amino terminus, the flexibility of the F2 FERM subdomain is much greater than previously thought, as evidenced by its absence in our talin<sub>2.7</sub> structure. Indeed, the flexibility of F2 is corroborated by our local resolution maps and previous crystal structures of the isolated amino-terminal domains<sup>15,17,48</sup>. A comparison of our three structures with ordered F2 suggests that the flexibility of the F2 domain seems to



**Fig. 5 | Talin interaction with lipids in the cell membrane. a, b** Three-color dSTORM of talin with **a**, PIP<sub>2</sub>, and **b**, GM1. Single-molecule localizations (SML) were determined using an eGFP label for talin, fluorescent anti-PIP<sub>2</sub> antibody, and fluorescent cholera toxin B (GM1 label). Prior to shear, talin pair correlation was high (gray lines) for both lipids, but after 3 dynes/cm<sup>2</sup> fluid shear (red lines), pair correlation decreased for GM1 and stayed the same for PIP<sub>2</sub>. The plot represents the average recordings of independent experiments on cells with  $n = 7$  and  $n = 10$  with shear and no shear, respectively for (a) PIP<sub>2</sub>, and  $n = 5$  and  $n = 10$  with shear

and no shear, respectively for (b) GM1. The error bars represent  $\pm$  standard error of mean. Source data are provided as Source Data files. **c, d**, Representative SML imaging for GM1 (blue) and talin (green), (c) with and (d) without 3 dynes/cm<sup>2</sup> fluid shear. The white circles show where GM1 and talin are in proximity. The scale bar is shown in white and represents 2  $\mu$ m. **e** Cartoon summarizing the effect of fluid shear on the association of talin with ordered GM1 lipids (blue shading) and PIP<sub>2</sub> clusters (purple shading). After shear, GM1 lipids are intact but disrupted (gray bars), causing talin to leave the lipid rafts (black arrow).

be independent of the presence (talin<sub>3.4</sub> and talin<sub>5.5</sub>) or absence (talin<sub>3.7</sub>) of R12. Thus, contrary to previous assumptions, the R12 domain does not significantly influence the release of the F2 FERM subdomain.

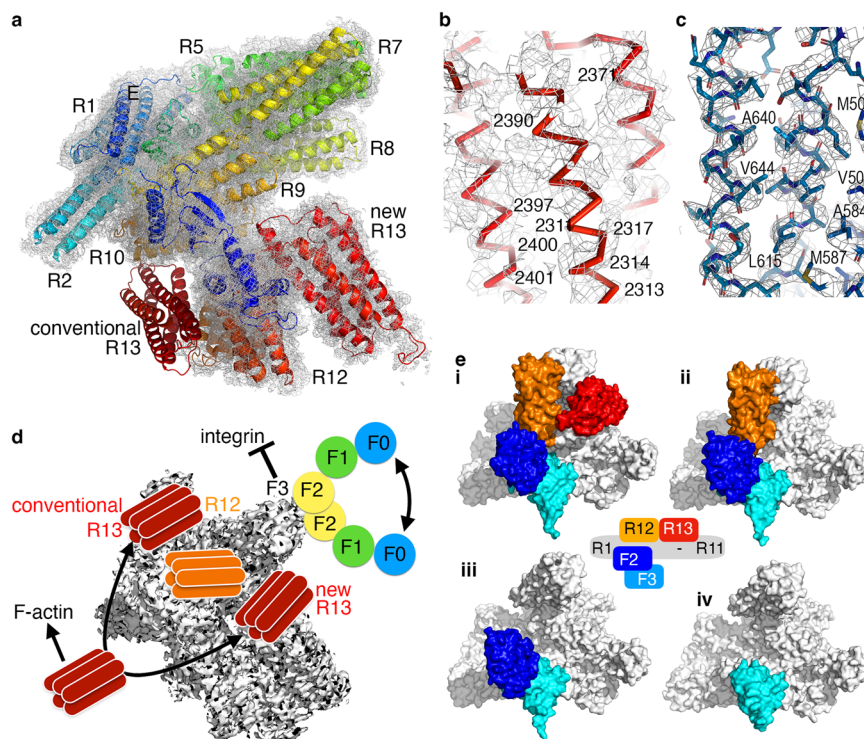
Our high-resolution structures collectively reveal that the talin core spans residues 311 through 2134, encompassing domains F3 and R1-R11. Notably, this arrangement renders the integrin binding site on F3 inaccessible while leaving R13 readily available for its binding to F-actin that is not cryptic. Our structures confirm that the known F3-R9 clasps must be severed before the talin F3 domain can bind to the integrin  $\beta$  cytoplasmic tail to activate integrin. However, the F2-R12 closure appears secondary, and its release uncovers the membrane binding site.

The association of talin with both PIP<sub>2</sub>- and GM1-containing lipid clusters adds a dimension to the binding of talin to the membrane. PIP<sub>2</sub> in the cellular membrane is primarily polyunsaturated and resides in the disordered region of the membrane, often separate from saturated lipids like GM1. When talin binds to PIP<sub>2</sub>, the lipid regulates the proximity or access of talin to potential binding partners and specific lipid environments. This regulation by substrate

presentation is distinct from allosteric changes due to binding affinity. The level of PIP<sub>2</sub> does not need to change in the membrane. Instead, talin moves to a location with a potentially decreased concentration of PIP<sub>2</sub>.

The mechanical disruption of ordered lipids affected talin's location to GM1 lipids but not PIP<sub>2</sub>. The selective disruption of talin-GM1 interaction suggests that during acute mechanical force, the PIP<sub>2</sub> regulation is likely to dominate over the regulation by GM1 lipids. The exact mechanism of forced induce release from GM1 lipids is still poorly understood, but it is thought to involve disruption of ordered lipids. Hence, the flexible regions of talin could have mechanical influence through their binding to the membrane and their effect on location, independent of tension.

Finally, when F2 and R12 are disordered as seen in our talin<sub>2.7</sub> structure, no significant differences are observed for the F3-R11 core of talin. This suggests that the release of the minor F2-R12 contacts is insufficient to expose the integrin binding site. Instead, our structures reveal a stepwise domain dissociation at both ends of the polypeptide chain with a core that remains unaffected and that defines the closed state of talin and allows membrane binding.



**Fig. 6 | Flexibility and multiple auto-inhibitory states of talin.** **a** Coulomb potential map of our partial 3.39 Å resolution talin structure, talin<sub>3,39</sub>, with its distinct R13 position showing the conventional R13 location with no map coverage. **b** Although the map in the R13 region is of insufficient quality to assign amino acids unambiguously, the five  $\alpha$ -helices can be placed with reasonable certainty. **c** In contrast, the Coulomb potential map is unambiguous for the remainder of talin<sub>3,39</sub> (F2, R1–12). **d** Our structures show that the talin core (F3, R1–R12; gray) is

rigid while the amino- (F0, blue; F1, green; F2, yellow) and carboxy-terminal domains (R12, orange; R13, red) are dynamic. Notably, while the integrin binding site on F3 is inaccessible, the F-actin binding domain, R13, can bind to F-actin. **e** Multiple states of inactive talin (**i**, talin<sub>5,5</sub>; **ii**, talin<sub>3,4</sub>; **iii**, talin<sub>3,7</sub>; and **iv**, talin<sub>2,7</sub>) suggest a loose attachment of the amino- (F0–F2) and carboxy-terminal (R12–R13) domains without affecting the core (F3, R1–R11) that defines the closed state of talin.

## Methods

### Cloning and protein production

Mammalian expression of full-length murine talin was carried out using the plasmid<sup>16,48</sup> available from addgene (ID #164838). The full-length murine talin (mtalin1FL) sequence was inserted into a mammalian expression vector (pCMV) containing an amino-terminal (His)<sub>10</sub>-tag followed by green fluorescence protein (GFP) as an expression marker and a precision protease cleavage site.

Protein production was conducted in suspension cell culture using Expi293 cells (ThermoFisher Scientific Catalog Number A14527) routinely maintained in defined Expi293 media (ThermoFisher Scientific Catalog Number A1435101) without additional supplements. For protein production, the GFP-mtalin1FL plasmid was transfected into 400 ml of Expi293 cells at a concentration of 1  $\mu$ g/ $\mu$ l using 1 mg/ml polyethyleneimine at a ratio of 1:3. The cells were then incubated at 37 °C with 8% CO<sub>2</sub> and shaken at 125 *r.p.m.* for 72 hours. After incubation, the cells were pelleted at 500  $\times g$  for 5 minutes, washed with phosphate-buffered saline, divided into four parts, and stored at –80 °C until purification.

For protein purification, the cell pellet was treated with a hypotonic solution (20 mM Tris-HCl at pH 7.5 containing Pierce protease inhibitor cocktail) and incubated on ice for 30 minutes. Equal volumes of buffer containing 20 mM Tris-HCl at pH 7.5, 50 mM KCl, and 0.2 mM tris(2-carboxyethyl)phosphine (TCEP) were added, followed by sonication for 3 minutes (5 seconds on and 10 seconds off) and centrifugation at 35,000 *r.p.m.* (100,000  $\times g$ ) for 30 minutes to recover the supernatant for purification using an AKTA™ fast protein liquid chromatography. The clarified lysate was passed through a 1 ml pre-packed Ni-sepharose column pre-equilibrated with 20 mM Tris-HCl at pH 7.5, 20 mM KCl, and 0.2 mM TCEP. After extensive washing, the

bound protein was eluted using a combination of stepped (5-column volumes of 25 mM imidazole) and linear gradients of imidazole (25 mM to 100 mM for 20-column volumes and 100 mM to 500 mM for 20-column volumes) to eliminate as many impurities as possible. The peak fractions containing talin, confirmed by SDS-PAGE and GFP fluorescence, were pooled, concentrated to 500  $\mu$ l, and further subjected to final size exclusion chromatography on a superose 6 10/300 column pre-equilibrated with 20 mM Tris at pH 8, 50 mM KCl, and 0.2 mM TCEP.

### Grid preparation

Freshly glow discharged 300 mesh Au-Flat 1.2/1.3 (Protochips) gold grids were employed for automatic plunge freezing using a Leica GP2. A volume of 3.5  $\mu$ l of freshly purified talin was added to the side of the holey gold alloy film and allowed to incubate for 30 seconds at 4 °C and 95% humidity. One grid was blotted for 4 seconds on the front side, resulting in the talin<sub>2,7</sub>, talin<sub>3,4</sub>, and talin<sub>3,39</sub> structures. A second grid with talin from a separate elution fraction was blotted for 9 seconds from the back side and utilized in the structures of talin<sub>5,5</sub> and talin<sub>3,7</sub>. Both grids were promptly frozen by plunging in liquid ethane maintained at –183 °C with liquid nitrogen. The frozen grids were stored in liquid nitrogen until screening or data collection.

### Data collection and analyses

All data collection was conducted using an in-house Japan Electron Optics Laboratory (JEOL) cryoARM300 transmission electron microscope operating at 300 kV, equipped with an in-column Omega energy filter that is set to a slit width of 20 eV. Electron micrographs were acquired as movies on a Gatan K3 detector using SerialEM<sup>61</sup>, with an exposure time of two seconds for talin<sub>2,7</sub> or three seconds for talin<sub>3,5</sub>,

totaling a dose of  $48\text{ e}^-$  per  $\text{\AA}^2$  over 40 frames and an equivalent dose per frame of  $1.2\text{ e}^-$  per  $\text{\AA}^2$ . Data were collected in super-resolution and correlated double sampling modes, with a calibrated physical pixel size of  $0.72\text{ \AA}$ . Multiple data collection sessions were conducted for monomer and dimer samples.

All steps of the data processing workflow were performed using cryoSPARC<sup>62</sup> versions 3.4 and 4.2. Patch motion correction with a binning of 2 and patch contrast transfer function (CTF) estimation was performed as implemented in cryoSPARC<sup>62</sup>. Images with a  $5\text{ \AA}$  or less CTF fit resolution and a relative ice thickness between a relative value of 1.0 and 1.2, calculated as the beam intensity ratio on the detector in vacuum and the presence of the specimen, were selected via curation for subsequent processing.

Particle picking for talin<sub>2,7</sub>, talin<sub>3,4</sub>, and talin<sub>3,39</sub> utilized a blob-picker or blob-picker tuner, as implemented in cryoSPARC<sup>62</sup>, with a particle radius of  $200\text{ \AA}$ . The particles ( $\sim 3$  million) were extracted in a binned box size of 320 pixels ( $1.152\text{ \AA}$  per pixel) for further classifications. After a few rounds of 2D classifications, 646,839 particles were subjected to the generation of initial ab initio models. The ab initio models closely representing the whole protein molecule were further grouped and refined to obtain the final structure or picked individually for conformation heterogeneous refinement to sort out specific conformation and refined further to get the final models. The above processing led to the generation of talin<sub>2,7</sub>, talin<sub>3,4</sub>, and talin<sub>3,39</sub>.

For talin<sub>5,5</sub> and talin<sub>3,7</sub>, an alternate approach to particle picking was carried out to capture additional views potentially and allow low-contrast particles to be picked using Topaz<sup>63</sup>, a neural network-based particle picker. After extraction, 281,910 particles were obtained with a final binned box size of 256 pixels ( $\sim 1.44\text{ \AA}$  per pixel). Particles were used to generate three ab initio models. As determined by features representing the whole protein molecule, the best model was further classified through heterogeneous refinement to segregate particles of different conformations. One model, containing 51,263 particles with a feature corresponding to RI3, was further subjected to one round of additional heterogeneous refinement to extract 8318 particles for final refinements to produce the talin<sub>5,5</sub> structure. Due to their similarity, the remaining two models were combined (91,849 particles) and subjected to final homogeneous and non-uniform refinements after applying per particle CTF estimates to produce the talin<sub>3,7</sub> structure. We also determined the final resolution based on the Gold Standard Fourier Shell Correlation (GSFSC) from the final refinement by cross-verification for overfitting through independent 3DFSC server<sup>64</sup> using the respective half maps and refinement masks.

### Structure determination

The  $6.2\text{ \AA}$  resolution talin structure (PDB entry 6r9t)<sup>11</sup> was used as the initial coordinates for fitting in Chimera<sup>65,66</sup> into our final Coulomb potential maps. Subsequently, flexible fitting and model correction corresponding to the electron potential map were carried out in Coot<sup>67</sup>. Iterative real-space refinements with simulated annealing were then conducted with Phenix<sup>68</sup>. Additionally, manual fitting of the atomic coordinates into the Coulomb potential map was performed in Coot<sup>67</sup>.

**Direct stochastic optical reconstruction microscopy (dSTORM)** Human embryonic kidney 293 T (HEK293T, American Type Culture Collection catalog number CRL-32016) cells were cultured in Dulbecco's Modified Eagle Medium (DMEM, Corning<sup>TM</sup>, #10-013-CV) with 10% fetal bovine serum (FBS, Sigma-Aldrich, #F0926) and 1% penicillin and streptomycin (Corning<sup>TM</sup>, #30-002-CI) at  $37^\circ\text{C}$  with 5%  $\text{CO}_2$  in eight well imaging chambers and transfected with eGFP-talin using Turbofectamine transfection reagent according to the manufacturer's recommended instructions ( $40\text{ }\mu\text{l}$  optimum,  $2\text{ }\mu\text{l}$  transfection reagent, with DNA added to a well containing  $150\text{ }\mu\text{M}$  DMEM).

HEK293T cells expressing eGFP-talin were initially treated and fixed with 4% paraformaldehyde and 0.1% glutaraldehyde for 15 minutes and reduced with 0.1% sodium borohydride for 7 minutes. For sheared experiments, the cells were fixed with  $3\text{ dynes/cm}^2$  rotary shear at  $37^\circ\text{C}$  for 20 minutes. For co-labeling the receptors and PIP<sub>2</sub> lipids, cells were permeabilized with 0.2% Triton X-100 for 15 minutes. Cells were blocked with 10% bovine serum albumin (BSA) and 0.05% Triton X-100 in PBS for 90 minutes. PIP<sub>2</sub> on the membrane was labeled with a PIP<sub>2</sub> antibody (Echelon Biosciences, Z-P045). Cells were conjugated with Atto 647 N NHS ester (Sigma-Aldrich, 18373-1MG-F) and CTxB Alexa-555 (Invitrogen, C34776). Following the labeling, cells were washed five times with 1% BSA and 0.05% Triton X-100 in PBS with 15 minutes of shaking in between. The cells were washed with PBS once for 5 minutes and post-fixed with the fixative solution for 15 minutes. Vutara VXL was used for imaging, and Vutara SRX software was used to analyze the imaging data. One thousand frames were collected for each laser channel. Cells were imaged in 10% glucose, 50 mM Tris, and 10 mM NaCl with 1%  $\beta$ -mercaptoethanol,  $56\text{ }\mu\text{g/ml}$  glucose oxidase, and  $34\text{ }\mu\text{g/ml}$  bovine catalase.

All statistical analyses were performed in GraphPad Prism 10. For the Student's t-test and nested t-test, significance was calculated using a two-tailed, unpaired parametric test with significance defined as  $*P < 0.05$ ,  $**P < 0.01$ ,  $***P < 0.001$ , and  $****P < 0.0001$ . All data are expressed as mean  $\pm$  s.e.m., and each n is a biological replicate. Every experiment is repeated at least twice.

### Reporting summary

Further information on research design is available in the Nature Portfolio Reporting Summary linked to this article.

### Data availability

The final coordinates and the Coulomb potential maps generated in this study for the talin<sub>2,7</sub> (PDB entry 8vdo; EMD-43152), talin<sub>3,4</sub> (8vdp; EMD-43154), talin<sub>5,5</sub> (8vdq; EMD-43155), and talin<sub>3,7</sub> (8vdr; EMD-43156) structures have been deposited with the Protein Data Bank and Electron Microscopy Data Bank, respectively. The Coulomb potential map for talin<sub>3,39</sub> was deposited with EMDB (accession code EMD-44931). The raw movies for both datasets are accessible through accession codes EMPIAR-11881 (talin<sub>5,5</sub> and talin<sub>3,7</sub> [<https://www.ebi.ac.uk/emp/EMPIAR-11881>]) and EMPIAR-11882 (talin<sub>2,7</sub>, talin<sub>3,4</sub>, and talin<sub>3,39</sub> [<https://www.ebi.ac.uk/emp/EMPIAR-11882>]). The expression plasmid is available with Addgene (ID #164838 [<https://www.addgene.org/164838/>]). Source data are provided with this paper.

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## Author contributions

E.S.R. and T.I. contributed to all stages of the manuscript. S.B.H. designed the dSTORM experiments with mechanical force, analyzed the data, and helped write the manuscript. J.B. performed the talin-GFP expression, fluorescent labeling, and acquisition of the dSTORM data.

## Competing interests

The authors declare no competing interests.

## Additional information

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