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Phase Diagram and Spectroscopic Signatures of a Supersolid in the Quantum Ising Magnet $K_2Co(SeO_3)_2$

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ABSTRACT

Supersolid phases are quantum-entangled states of matter exhibiting the dual characteristics of superfluidity and solidity. Theory predicts that hard-core bosons on a triangular lattice can form such phases at half filling and near complete filling. Leveraging an exact mapping between bosons and spin- $\frac{1}{2}$ degrees of freedom, [here we show that these phases are realized in the triangular-lattice antiferromagnet \$K_2Co\(SeO_3\)_2\$](#) . At zero field, neutron diffraction reveals the development of quasi-two-dimensional $\sqrt{3} \times \sqrt{3}$ magnetic order with Z_3 translational symmetry breaking (solidity), though with reduced amplitude indicating strong quantum fluctuations. These fluctuations manifest as equidistant bands of continuum neutron scattering, where the lowest-energy mode is gapless at K ($\frac{1}{3}, \frac{1}{3}$), consistent with broken $U(1)$ spin rotational symmetry (superfluidity). For c -axis-oriented magnetic fields near saturation, we find a second phase consistent with a high-field supersolid. These two supersolids are separated by a pronounced $1/3$ magnetization plateau phase that supports coherent spin waves, from which we determine the underlying spin Hamiltonian.

Introduction

Frustrated magnets can host exotic states of matter as the macroscopic degeneracies resulting from competing interactions are lifted by quantum fluctuations. In three dimensions, for example, Ising spins with ferromagnetic nearest-neighbor interactions on the pyrochlore lattice of corner-sharing tetrahedra form a degenerate “spin ice” manifold with a residual Pauling entropy $S(T=0) \approx \frac{1}{2} \log(\frac{3}{2})R \approx 0.203R$.^{1,2} Theory indicates that from this manifold, quantum fluctuations can generate a quantum spin ice phase with quasi-particles sourcing the fields of emergent electromagnetism.³⁻⁵

In two dimensions, Ising spins with antiferromagnetic interactions on a triangular lattice form a degenerate manifold with an entropy of $S(0) = 0.323R$ determined by Wannier.⁶ Recent theoretical work indicates that adding quantum fluctuations to this manifold can produce a supersolid⁷⁻¹⁰ where superfluidity and solidity coexist.¹¹⁻¹⁴ Originally studied in the context of solid ^4He ,^{15,16} the concept of supersolidity has been extended to ultracold gases^{17,18} and triangular lattices of hard-core bosons,¹⁹⁻²³ which map to the spin- $\frac{1}{2}$ Ising model with $|\pm \frac{1}{2}\rangle$ spin states representing the presence and absence of a boson, respectively (see Methods).

The experimental realization of emergent quantum many-body phases like these in frustrated magnets must contend with subleading interactions²⁴ and chemical disorder,²⁵ which inevitably rival thermal^{26,27} and quantum fluctuations in lifting degeneracies. Suitable model systems are further constrained by the availability of spectroscopic tools with sufficient resolution and sensitivity²⁸ to characterize the emergent phases.²⁹ To date, candidate materials for quantum spin ice are based on tri-valent

38 magnetic rare-earth elements³⁰ where dominant interactions are on the order of 1 K, leading to emergent energy scales in
 39 the mK range. This approaches the limits of instrumental resolution and precludes detailed experimental exploration of the
 40 emergent properties, though evidence for a π -flux quantum spin ice phase in $\text{Ce}_2\text{Zr}_2\text{O}_7$ is mounting.^{31,32}

41 In contrast, hexagonal di-valent transition metal oxides can form quasi-two-dimensional magnets with an order of magnitude
 42 stronger interactions. Just as emergent properties of one-dimensional quantum magnets – including the gapless spinon continuum
 43 of the spin- $\frac{1}{2}$ chain^{33–35} and the Haldane valence bond solid^{36,37} – were characterized in transition-metal-based magnets using
 44 inelastic neutron scattering, hexagonal oxides with well-separated layers of transition metal ions that carry a spin-orbital
 45 magnetic moment,³⁸ provide a promising platform to explore the effects of quantum fluctuations on Wannier’s manifold and to
 46 search for the predicted supersolids.

47 Recent work on $\text{Na}_2\text{BaCo}(\text{PO}_4)_2$ has drawn attention to this area. However, while beneficial for cryogenic applications,³⁹
 48 the weak superexchange interactions mediated by the tetrahedral polyanion PO_4 ⁴⁰ preclude detailed neutron spectroscopy. In
 49 addition, the interlayer interactions are strong enough to induce conventional magnetic order before the emergent phase is fully
 50 developed.⁴¹ Indeed, it now appears that the continuum scattering in $\text{Na}_2\text{BaCo}(\text{PO}_4)_2$ is actually heterogeneous spin wave
 51 scattering resulting from the incommensurate inter-plane order.⁴² The situation is more favorable in $\text{K}_2\text{Co}(\text{SeO}_3)_2$ (KCSO),
 52 where the triangular lattice of spin- $\frac{1}{2}$ Co^{2+} is built around the SeO_3 polyanion that mediates an order of magnitude stronger and
 53 more anisotropic interactions within the triangular lattice planes.⁴³ The absence of a sharp thermal anomaly in the zero-field
 54 specific heat capacity $C_p(T)$ down to the mK regime indicates a highly two-dimensional spin system.

In this work, we explore the emergent properties of KCSO through heat capacity, magnetization, and neutron scattering
 experiments. We show that it is accurately described by the following spin Hamiltonian

$$\mathcal{H} = \sum_{\langle i,j \rangle} [J_z S_i^x S_j^x + J_\perp (S_i^x S_j^x + S_i^y S_j^y)] - g_z \mu_B \mu_0 H_z \sum_i S_i^z. \quad (1)$$

55 The first sum is over nearest neighbors on a triangular lattice, $J_z = 2.96(2)$ meV and $J_\perp = 0.21(3)$ meV, S_k^α is a spin- $\frac{1}{2}$
 56 operator, and the second sum is the Zeeman term with $g_z = 7.8$. In zero field we observe quasi-2D $\sqrt{3} \times \sqrt{3}$ antiferromagnetic
 57 correlations below 15 K. For $T = 0.1$ K, the 44(5)% reduced root mean squared (RMS) ordered moment and the lack of
 58 ferromagnetic correlations over a similar length scale indicate quantum fluctuations. These take the form of four separate,
 59 bounded continua with roton-like minima in the lowest energy band signaling competing instabilities. At $T = 0.29$ K, the
 60 coexistence of a Goldstone mode and a pseudo-Goldstone mode at 0.060(4) meV signals the breaking of $U(1)$ rotational
 61 symmetry and Z_3 translational symmetry – the defining characteristics of a supersolid. By mapping the field-temperature phase
 62 diagram, we identify a phase transition into a $1/3$ magnetization plateau belonging to the two-dimensional (2D) 3-state Potts
 63 universality class. We also present experimental evidence for a distinct high-field phase immediately below full saturation,
 64 consistent with a second theoretically predicted supersolid phase.

65 Results

66 Magnetic Order

67 We start by investigating static magnetism in KCSO through elastic magnetic neutron scattering. Fig. 1a-c show background-
 68 subtracted data acquired at $T = 0.1$ K in the $(hk0)$, (hhl) , and $(k\bar{k}l)$ reciprocal lattice planes under 0 T and 7 T magnetic fields
 69 applied along the \mathbf{c} -axis ($\mathbf{H} \parallel \mathbf{c}$). In zero field, despite the absence of sharp peaks in $C_p(T)$ data,⁴³ elastic scattering is sharply
 70 concentrated at the K points $(\frac{1}{3}\frac{1}{3})$ of the 2D Brillouin zone (Fig. 1a) and exhibits a rod-like character in the (hhl) plane (Fig. 1b).
 71 This indicates quasi-2D $\sqrt{3} \times \sqrt{3}$ magnetic order. The absence of scattering at the Γ points reveals that the dipole moment of
 72 each layer vanishes within the correlation volume defined by the $(\frac{1}{3}\frac{1}{3})$ rod. In a 7 T field, the intensity of the $(\frac{1}{3}\frac{1}{3})$ rod scattering
 73 is enhanced, and 3D Bragg peaks develop at the Γ points (Fig. 1a,c). This indicates Up-Up-Down (UUD) type ferrimagnetic
 74 order, in which the triangular lattice planes share a uniform magnetization but otherwise remain uncorrelated with each other.

75 We probe the anisotropy of the magnetic order at zero field by measuring the intensity distribution of magnetic neutron
 76 scattering versus wave vector transfer $Q_z = \mathbf{Q} \cdot \hat{\mathbf{c}} = \ell c^*$ along the rod. Fig. 1d shows the intensity decreases monotonically
 77 with ℓ for $\mathbf{Q} = (\frac{1}{3}\frac{1}{3}\ell)$ and $(\frac{2}{3}\frac{2}{3}\ell)$, with a gentle superimposed modulation that signals weak inter-layer correlations. Since
 78 the polarization factor in the magnetic neutron scattering cross section extinguishes magnetic scattering for moment $\mathbf{m} \parallel \mathbf{Q}$,
 79 the observed intensity distribution indicates the quasi-2D spin order is predominantly polarized along \mathbf{c} . For comparison, an
 80 in-plane spin configuration would produce the intensity distribution shown as a dashed line in Fig. 1d.

81 Simultaneous fits of the $(\frac{1}{3}\frac{1}{3}l)$ and $(\frac{2}{3}\frac{2}{3}l)$ data at 0.3 K yield the solid lines in Fig. 1d with weak inter-plane correlations
 82 given by $\alpha = 0.049(7)$ and $m_\perp/m_z = 0.0(1)$ (Eq. 5). For comparison, a theoretical calculation for $J_z/J_\perp = 8$ at $T = 0$ using
 83 DMRG⁷ yields $m_\perp/m_z = 0.27(g_\perp/g_z) = 0.24$, where g -factor anisotropy was obtained from high- T susceptibility data.⁴³ For
 84 KCSO where $J_z/J_\perp = 14$, a smaller value of m_\perp is anticipated, which may explain the lack of experimental evidence for a
 85 transverse staggered magnetization. Alternatively, it could be that m_\perp only develops for $T < 0.3$ K.

86 Since m_{\perp} is indistinguishable from zero at 0.3 K, we can describe the spin structure in terms of Fig. 1g or Fig. 1h, which
 87 are indistinguishable based on the data in Fig. 1d. The inferred z -oriented moments on the three sites of the $\sqrt{3} \times \sqrt{3}$ unit
 88 cell are $m_z^{(g)}(1, -\frac{1}{2}, -\frac{1}{2})$ with $m_z^{(g)} = 3.1(3) \mu_B$ or $m_z^{(h)}(1, -1, 0)$ with $m_z^{(h)} = 2.7(3) \mu_B$, respectively. For both structures we
 89 obtain the root mean squared (RMS) ordered moment in the cell, $\sqrt{\langle m^2 \rangle} = \frac{1}{\sqrt{2}} m_z^{(g)} = \sqrt{\frac{2}{3}} m_z^{(h)} = 2.2 \mu_B$. Compared to the
 90 saturation magnetization for Co^{2+} of $3.90 \mu_B$, this corresponds to a 44(5)% reduction in the RMS ordered moment and a
 91 strongly quantum fluctuating state. Beyond these quantitative measures, having sharp rods of scattering at $\mathbf{Q}_{2D} = (\frac{1}{3}\frac{1}{3})$ but not
 92 at the Γ points (Fig. 1a,b) and no diffuse elastic scattering for $k_B T \ll J_z$ indicates a quantum fluctuating state.

93 Let us now examine how this state develops from the paramagnetic phase upon cooling. The \mathbf{Q} -integrated intensity along
 94 $(\frac{1}{3}\frac{1}{3}\ell)$ for $|\ell| \leq 0.4$ – a measure of the quasi-static staggered magnetization squared $m_z(T)^2$ – and the in-plane magnetic
 95 correlation length, $\xi(T)$, are shown as functions of temperature in zero field in Fig. 1e (see also Supplementary Information
 96 (SI)). Upon cooling from 15 K to 5 K, both quantities increase. However, as $\xi(T)$ increases precipitously for $T < 5$ K,
 97 the integrated intensity decreases slightly. This may indicate enhanced quantum fluctuations or enhanced inter-plane spin
 98 correlations that shift intensity from $l = 0$ to larger $|\ell|$ that fall outside the $|\ell| \leq 0.4$ integration range that the experiment probes.

99 Phase Diagram

100 We now explore the $H - T$ phase diagram for magnetic field applied along the c -axis. Fig. 2a shows the heat capacity, $C_p(T)$,
 101 for $\mu_0 H = 14$ T. While the zero-field data exhibit a broad peak centered around 1.0 K, at higher fields, sharp peaks indicating a
 102 second-order phase transition emerge. These become more pronounced and shift to higher temperatures with increasing field,
 103 eventually reaching a maximum transition temperature of 11.4 K for $\mu_0 H = 10$ T. Neutron diffraction (Fig. 1a,c) indicates
 104 that for fields above 2 T, this phase boundary separates the $\sqrt{3} \times \sqrt{3}$ periodic UUD and paramagnetic phases. The phase
 105 boundary is, thus, associated with breaking Z_3 sublattice symmetry as a D sublattice is spontaneously selected from three. For
 106 both classical⁴⁴ and quantum Ising models on a triangular lattice,^{9,10} this transition is predicted to be in the 2D three-state
 107 Potts universality class. Fitting the critical regime to $C_p(T) \propto 1/(T - T_c(H))^\alpha$ yields $\alpha = 0.318(3)$ (details in SI), which is
 108 consistent with the exact theoretical value of $\alpha = \frac{1}{3}$.⁴⁵

109 Fig. 2b and 2c show the uniform magnetization, $M(T)$, and differential susceptibility, dM/dT , for DC fields up to 30 T.
 110 Upon cooling in fields between 2 T and 17 T, the magnetization approaches 1/3 of the $3.90 \mu_B/\text{Co}$ saturation value, which
 111 also indicates the UUD state. For fields beyond 22 T, the magnetization approaches saturation. The resulting $H - T$ phase
 112 diagram derived from dM/dT (Fig. 2c) reveals a pronounced UUD phase, consistent with the classical Ising model ($J_{\perp} = 0$)
 113 on a triangular lattice.^{46,47} In the boson representation, this corresponds to a honeycomb lattice of bosons filling 2/3 of the
 114 triangular lattice sites. Direct comparison between the measured and calculated phase diagrams yields $J_z \approx 3.0$ meV.

115 Using a Maxwell relation (see Methods), we obtain the field and temperature dependence of the magnetic entropy
 116 $\Delta S_m(T, H)/R \ln 2$ from the magnetization data as shown in Fig. 2d. The blue regions, where $\Delta S_m \approx 0$, distinguish gapped
 117 long-range ordered phases. Conversely, the regions where ΔS_m remains large to low temperatures indicate emergent gapless
 118 phases. For fields between 17 T and 21 T, an additional phase emerges, evidenced by a double-peak structure in the dM/dT data
 119 versus temperature (Fig. 2c inset). This observation aligns with theoretical predictions of a high-field supersolid phase from
 120 cluster mean-field and DMRG studies of Eq. 1 with $J_{\perp} < J_z$.^{9,10} Comparing the $T \rightarrow 0$ phase boundaries ($\mu_0 H_{c1}$ and $\mu_0 H_{c2}$
 121 in Fig. 2c,d) with these numerical studies^{9,10} indicates $J_{\perp} \approx 0.23$ meV. Occurring near full magnetization, which is near full
 122 occupancy in the boson language, this high-field supersolid phase is also predicted to break both Z_3 and $U(1)$ symmetries. The
 123 lower boundary of the high-field supersolid phase is predicted to be first-order for spin- $\frac{1}{2}$ quantum Ising magnets ($J_{\perp} < 0.4J_z$)
 124 in numerical work.^{9,10} This is consistent with the steep jump observed in the $M(T)$ (Fig. 2b), and is one of the key features that
 125 distinguish KCSO from $\text{Na}_2\text{BaCo}(\text{PO}_4)_2$.^{48,49} From Fig. 2d, we estimate the change in entropy across the phase transition
 126 from the UUD phase to the putative supersolid $\Delta S_m = 0.4(1)R \ln 2$ from which the Clausius-Clapeyron relation yields the slope
 127 of the phase boundary $\mu_0 dH_c/dT_c = -\Delta S_m/\Delta M = -0.5(1)$ T/K, which is consistent with the slope of $-0.51(1)$ T/K inferred
 128 from Fig. 2c.

129 To explore the low-field and low-temperature region of the phase diagram, we examine the magnetic field dependence
 130 of M , dM/dH , and C_p in Fig. 3. The $H \rightarrow 0$ differential susceptibility dM/dH continuously increases upon cooling to the
 131 lowest temperatures accessed (0.3 K), indicating gapless magnetic excitations at low fields (Fig. 3a,b). In fact, at the lowest
 132 H and T , dM/dH increases with field, leading to a peak at an apparent crossover field that approaches $0.51(3)$ T at low T .
 133 Considering that Z_3 symmetry is broken in the UUD phase, the fact that this phase can be accessed through a crossover at the
 134 lowest temperature indicates that Z_3 symmetry is effectively broken in zero field at these temperatures. This is consistent with
 135 the long correlation length ξ of the UUD phase (Fig. 1e). Fig. 3c,d show the apparent termination of the Potts transition at
 136 $(T, \mu_0 H) = (4.5 \text{ K}, 1.1 \text{ T})$, which may represent the vanishing of entropy associated with the transition rather than a critical
 137 endpoint. This would be consistent with the theoretical predictions of successive Berezinskii–Kosterlitz–Thouless (BKT)
 138 transitions associated with Z_3 symmetry breaking^{50–53} extending from this point to zero field (Fig. 3e).

For temperatures above 5 K, where the crossover peak in dM/dH is absent, M increases linearly with H (Fig. 3a) at low fields, and the transition to the UUD phase is marked by a sharp peak (Fig. 3b), consistent with the Potts transition. With increasing temperature, this Potts transition peak gains strength and shifts to higher fields (Fig. 3c). At 10 K, the re-entrant nature of the UUD phase is apparent, with a second sharp peak marking the upper boundary of the UUD phase within the accessible 14 T field range. Note that the putative high-field supersolid phase, identified from dM/dT (Fig. 2c), is not yet apparent in this field regime.

Coherent Spin-Waves in the UUD Phase

A direct comparison between experiments and theory requires accurate knowledge of the underlying spin Hamiltonian. We obtain this through measurements of inelastic magnetic neutron scattering in the UUD phase at 7 T, where the magnetic scattering cross section can be calculated from the spin Hamiltonian using linear spin-wave theory. Displayed in Fig. 4, the scattering data reveal three coherent spin-wave modes, consistent with the long-range ordered $\sqrt{3} \times \sqrt{3}$ UUD state. The absence of measurable dispersion along the c -axis ($M_1 \rightarrow L_1$ in Fig. 4a), along with the rod-like nature of the magnetic diffraction in Fig. 1c, provides clear evidence of a quasi-2D spin system.

We attribute the highest energy excitation in Fig. 4a to the flipping of a D spin, which is surrounded by $z = 6$ U spins in the UUD phase. While spin-wave propagation is driven by J_\perp (Eq. 1) through the reversal of an anti-parallel spin pair, no such spin-flip process is possible after flipping an isolated D spin, which explains the dispersionless nature of the minority spin-flip excitation. The energy cost of this spin flip is approximately $2zJ_zS^2 - 2g_zS\mu_B\mu_0H \approx 5.84$ meV, in good agreement with the experiment (Fig. 4a). Here, $J_z \approx 3.0$ meV and $g_z = 7.8$ were inferred from the $H - T$ phase diagram and the saturation magnetization, respectively. The two lower-energy dispersive modes in the 7 T data are each associated with flipping one of the two U spins in the unit cell. Since U spins are surrounded by an equal number of U and D spins, the \mathbf{Q} -averaged energy for these modes is simply $2g_zS\mu_B\mu_0H = 3.16$ meV. Dispersion arises because the newly created D spin can move to adjacent U sites via the transverse exchange term, and the bandwidth of these lower branches in Fig. 4a provides an estimate of $3J_\perp \approx 0.69$ meV.

The assignment of the upper mode to $\Delta S_z = +1$ (D \rightarrow U) and the lower modes to $\Delta S_z = -1$ (U \rightarrow D) is consistent with the observation that the bands move towards each other with increasing field (see Fig. S14 and S15). As the applied field increases, the energy of the spin-flip excitation (D \rightarrow U) decreases and eventually softens to zero, leading to the condensation of the upper, nearly dispersionless spin-wave mode at $\mu_0H_{c1}^{\text{calc}} = 6J_zS/g_z\mu_B \approx 19.9$ T. At still higher fields, the ferromagnetic spin wave in the fully polarized phase condenses at $\mu_0H_{c2}^{\text{calc}} = 3(2J_z + J_\perp)S/g_z\mu_B \approx 20.7$ T.⁴⁹ The separation between the two critical fields $\mu_0H_{c1}^{\text{calc}}$ and $\mu_0H_{c2}^{\text{calc}}$ accounts for the experimentally observed intermediate phase between the UUD and field-polarized regimes (Fig. 2c,d). Numerical studies of the spin- $\frac{1}{2}$ XXZ model on the triangular lattice^{9,10} identify this intermediate region as a high-field supersolid phase. While the upper critical field $\mu_0H_{c2}^{\text{calc}}$ is exact at $T = 0$, the lower boundary $\mu_0H_{c1}^{\text{calc}}$ is predicted to become a first-order transition in quantum Ising magnets with $J_\perp < 0.4J_z$.

To extract the most accurate values for the exchange constants, we performed a pixel-to-pixel least squares fit of linear spin-wave theory, as implemented in SpinW,⁵⁴ to the data in Fig. 4a. The calculated spin-wave cross section was convoluted with a Gaussian energy resolution with a full width at half maximum (FWHM) of 0.2 meV. Given the weak dispersion, effects of the finite instrumental \mathbf{Q} -resolution are negligible. As shown in Fig. 4b, an excellent account of the data is achieved with $J_z = 2.96(2)$ meV and $J_\perp = 0.21(3)$ meV. By including the next-nearest-neighbor interactions in the spin-wave calculation and comparing the resulting scattering cross section to the data, we obtained a stringent constraint on such interactions: $J_z^{(2)} = 0.02(4)$ meV and $J_\perp^{(2)} = 0.00(5)$ meV. The dominance of nearest-neighbor interactions is essential for exploring supersolid phases, as longer-range interactions can stabilize alternative ground states.⁵⁵ The sharp spin-wave modes in Fig. 4 also highlight the high quality of our multi-crystal sample and allow us to focus on intrinsic, as opposed to disorder-based, interpretations of the low-field continuum scattering.

Magnetic Excitations in Zero Field

Let us now examine the magnetic excitation spectrum in the low- T , low- H limit. Though the correlation length for $\sqrt{3} \times \sqrt{3}$ quasi-static spin correlations exceeds $\xi > 200 a$, where a is the in-plane lattice constant, the fact that the RMS ordered moment is reduced by as much as 44(5)% compared to the 7 T UUD phase indicates strong quantum fluctuations are present. Fig. 5a shows the energy and momentum dependence of these fluctuations at 0.1 K. The data reveal three distinct bands of magnetic scattering near 0 meV, 3 meV, and 6 meV. These bands exhibit some \mathbf{Q} -dependent structure (Fig. 5b,c) and are broader than the instrumental energy resolution. A fourth band at 8.9(1) meV is inferred from THz spectroscopy (see Fig. S15 and S16 in SI).

To understand these bands, we first consider the classical Ising model without transverse exchange ($J_\perp = 0$). In this limit, magnetic excitations are individual spin-flips within the exchange field generated by the six nearest neighbors. The cost of a spin-flip is $\hbar\omega_n = J_z\Delta S^z \langle \sum_i S_i^z \rangle = J_z \langle S_{\text{tot}}^z \rangle = n \times J_z$, where $n = 0, 1, 2, 3$ correspond to the four quantized values of the Ising exchange field.^{56,57} Since a long-range ordered UUD state would only exhibit excitations corresponding to $n = 0$ (for U sites) and $n = 3$ (for D sites), our observation of four bands of excitations in the low- T and low- H limit indicates that in KCSO

192 quantum fluctuations driven by J_{\perp} ensure that all four possible values of the exchange-field occur (Fig. 5a). The broadening of
 193 the bands and the near-neighbor antiferromagnetic correlations indicated by the suppression of intensity at Γ -points (Fig. 5b,c)
 194 are also a result of J_{\perp} .

Focusing on the lowest energy band of scattering at $T = 0.29$ K, the higher-resolution data in Fig. 5d-f show that it consists
 of a diffusive continuum with quasi-particle-like accumulation of intensity along its lower edge, which is consistent with a
 very recent study⁵⁸. The strongest intensity and the lowest energy modes are found at the ordering wave vector, K. Consistent
 with the magnetization (Fig. 3a) and specific heat capacity data (Fig. 3e), the spectrum is gapless at K but also includes a
 finite-energy peak (Fig. 6). The gapless and gapped excitations can be modeled as over- and under-damped harmonic oscillators,
 respectively, with the following dynamic correlation function

$$S(\mathbf{Q}, \omega) = (1 + n(\omega)) \frac{1}{\hbar} \left[\frac{\chi_0 \Gamma_{QE} \omega}{\Gamma_{QE}^2 + \omega^2} + \frac{A}{\pi} \left(\frac{\Gamma_{DHO}}{(\omega - \omega_0)^2 + \Gamma_{DHO}^2} - \frac{\Gamma_{DHO}}{(\omega + \omega_0)^2 + \Gamma_{DHO}^2} \right) \right]. \quad (2)$$

195 Here $n(\omega) = (\exp(\hbar\omega/k_B T) - 1)^{-1}$ is the Bose-Einstein population factor. The optimal fit to the constant- \mathbf{Q} cut (Fig. 6b,c)
 196 yields a relaxation rate of $\hbar\Gamma_{QE} = 7(2)$ μeV for the quasi-elastic component, and a damping rate of $\Gamma_{DHO} = 29(8)$ μeV with
 197 a gap $\hbar\omega_0 = 60(4)$ μeV for the finite energy mode. The plot of χ^2 versus the parameters of the quasi-elastic component in
 198 the inset to Fig. 6c shows that both components are needed to describe the measured spectrum. In particular the instrumental
 199 energy resolution measured through nuclear incoherent elastic scattering scaled to the intensity of the truly elastic magnetic
 200 component (open circles in Fig. 6c) is sharper than the quasi-elastic component in the data for positive and negative $\hbar\omega$. The
 201 ratio of spectral weights in the three components over the accessible energy range is $I_E : I_{QE} : I_{DHO} = 1 : 0.023(6) : 0.071(5)$.
 202 The gap of the finite energy mode is found to collapse as the translational periodicity of the triangular lattice is restored by
 203 warming (see Fig. S13 in SI for details). These data are consistent with a supersolid phase wherein the truly elastic component
 204 I_E represents the frozen $\sqrt{3} \times \sqrt{3}$ Y-order, I_{QE} would be the gapless Goldstone mode associated with $U(1)$ rotational symmetry
 205 breaking,^{59,60} and I_{DHO} would be a pseudo Goldstone mode resulting from the order-by-disorder mechanism⁶¹ in the presence
 206 of quasi-long-range $\sqrt{3} \times \sqrt{3}$ order.⁶² However, other viable interpretations exist including that I_{QE} could be gapless critical
 207 scattering associated with a thermal or quantum phase transition to a gapped phase.

208 At progressively higher energies, Fig. 5d shows local spectral minima at M and at $\frac{1}{2}$ K. Beyond the maximum in the
 209 dispersive lower-edge mode, there is clear evidence for continuum scattering extending to approximately 0.6 meV. All of these
 210 features can be appreciated in the \mathbf{Q} -dependence of constant-energy slices through the same data in Fig. 5e,f. Note that this
 211 entire spectrum is generated by quantum fluctuations and is wholly inaccessible to conventional spin wave theory. This includes
 212 the finite energy minima at M and $\frac{1}{2}$ K, which, recalling the roton minimum in superfluid ^4He , indicate proximate phases that
 213 might be stabilized with suitable additional interactions. We note that the spin wave data in (Fig. 4a) place strict limits on
 214 further neighbor interactions. The higher-energy continuum of excitations recalls the two-spinon scattering cross section for
 215 spin- $\frac{1}{2}$ chain materials,³³⁻³⁵ suggesting that the supersolid phase might be viewed as a precursory quantum spin liquid.⁶³

216 Discussion

217 $\text{K}_2\text{Co}(\text{SeO}_3)_2$ has proven to be an excellent platform for exploring the emergent properties of a foundational model in frustrated
 218 magnetism. In contrast to quantum spin ice, for which only rare-earth model systems are available, this $\text{Co}^{2+}(3d^7)$ based
 219 triangular-lattice system provides unprecedented experimental access to the rich emergent properties that can arise when
 220 quantum fluctuations lift the degeneracy of a frustrated spin manifold. Furthermore, a simple state – the field-induced
 221 long-range UUD three-sublattice ordered phase – is accessible to inelastic neutron scattering, allowing the parameters in the
 222 spin-Hamiltonian (Eq. 1) to be accurately determined. In particular, the lack of dispersion of the minority spin-flip excitation
 223 provides direct experimental evidence that nearest neighbor interactions dominate. The ratio $J_z/J_{\perp} = 14(2)$ places KCSO
 224 deeply in the Ising limit while the magnitude of J_z ensures the emergent quantum dynamics is readily accessible to modern
 225 neutron scattering instrumentation.

226 Elastic neutron scattering in zero field reveals the gradual onset of solidity below 15 K, indicated by the quasi-2D $\sqrt{3} \times \sqrt{3}$
 227 magnetic order associated with Z_3 translational symmetry breaking. The lack of scattering at the Γ points (Fig. 1a,b) and the
 228 44(5)% reduced RMS ordered moment at 0.3 K reflect strong quantum fluctuations. The quantum fluctuations are also apparent
 229 in bands of magnetic excitations at quantized energies $\hbar\omega = n \times J_z$. At the critical K-point the coexistence of a gapless and a
 230 gapped mode at 0.29 K (Fig. 6) may be associated with the breaking of $U(1)$ spin rotational symmetry (superfluidity) and the
 231 lifting of an accidental XY degeneracy (solidity), respectively, as anticipated for a supersolid. In mapping the full $H - T$ phase
 232 diagram of KCSO, which includes a prominent UUD phase, we have also documented an additional low- T phase near full
 233 magnetization that is consistent with theoretical predictions for a second supersolid phase.

234 Consistent results focusing on the low- H limit and low-energy spectra have been published very recently.^{58,64} While these
 235 studies provide valuable insights into the low-field regime, our work offers a significantly more comprehensive $H - T$ phase

236 diagram. In particular, our results reveal a second supersolid phase near magnetic saturation, a regime that has remained largely
 237 unexplored. Furthermore, our measurements push the energy resolution at the elastic line down to a FWHM of $10.3 \mu\text{eV}$ in
 238 zero field, providing the precision necessary to identify subtle spectral features of the low-field supersolid phase. Following the
 239 posting of our manuscript on arXiv, theorists have begun using advanced numerical methods to simulate these experimental
 240 results^{65–69}, further highlighting the role of $\text{K}_2\text{Co}(\text{SeO}_3)_2$ as a benchmark model system.

241 Methods

242 Hard-Core Boson Representation

The quantum magnetic order emerging in spin- $\frac{1}{2}$ systems on a triangular lattice, as described by the spin-Hamiltonian in Equation(1), can be conveniently understood by representing the spin operators with hard-core bosons

$$S_i^z = n_i - \frac{1}{2}, \quad S_i^+ = b_i^\dagger, \quad S_i^- = b_i, \quad (3)$$

where $n_i = b_i^\dagger b_i$ is restricted to 0 or 1. Rewriting the Hamiltonian (Eq.(1)) in terms of the hard-core bosons yields:

$$\mathcal{H} = \sum_{\langle i,j \rangle} \left[V \left(n_i - \frac{1}{2} \right) \left(n_j - \frac{1}{2} \right) - t (b_i^\dagger b_j + b_j^\dagger b_i) \right] - \mu \sum_i \left(n_i - \frac{1}{2} \right), \quad (4)$$

243 where the model parameters are $V = J_z$, $-t = \frac{1}{2}J_\perp$ and $\mu = g_z \mu_B \mu_0 H_z$. In this bosonic representation, $V > 0$ signifies a repulsive
 244 interaction between nearest-neighbor bosons, $-t$ represents the hopping amplitude, and μ corresponds to the chemical potential.
 245 The rotational symmetry of the x - and y -components of the spins becomes $U(1)$ symmetry of the bosons.

246 We focus on two distinct types of orders: diagonal density order and off-diagonal phase order. Diagonal order corresponds
 247 to charge density waves (or equivalently, spatial modulations in $\langle S^z \rangle$) and is often referred to as solidity. Off-diagonal order
 248 involves the spontaneous breaking of the $U(1)$ symmetry and is characteristic of superfluidity. According to the Mermin-Wagner
 249 theorem, true long-range order associated with a continuous symmetry cannot develop at finite temperatures in a 2D system.
 250 In the superfluid phase that exhibits a quasi-long-range order, the correlation length is limited by thermally generated bound
 251 vortex–antivortex pairs.

252 The antiferromagnetic Heisenberg model on triangular lattices with easy-axis anisotropy has been suggested to host phases
 253 exhibiting both diagonal and off-diagonal long-range order, referred to as supersolids. Since $m_\perp = g_\perp \langle S_\perp \rangle$ is linked to the
 254 creation and annihilation of bosons (b^\dagger and b), a nonzero m_\perp reflects a macroscopic quantum coherence of the bosons, which is
 255 indicative of superfluidity. Similarly, a nonzero $m_z = g_z \langle S_z \rangle$ reflects the spatial modulation of boson density, which is analogous
 256 to a classical charge density wave in a solid.

257 Materials Synthesis

258 $\text{K}_2\text{Co}(\text{SeO}_3)_2$ single crystals were synthesized using a previously reported solid-state reaction method at Johns Hopkins
 259 University and Princeton University⁴³. Dried K_2CO_3 (99%), CoO (99%), and SeO_2 (99%) were mixed in a 1.2:1:2.2 molar
 260 ratio. The mixture was loaded into an alumina crucible and subsequently sealed in a quartz tube under vacuum. The assembly
 261 was heated at 600°C for 8 hours and then slowly cooled down to room temperature in 8 hours. Neither stacking faults nor
 262 secondary phases were detected in X-ray diffraction analysis of polycrystalline samples. The crystals were found to crystallize
 263 in the space group $R\bar{3}m$ (No. 166) with lattice constants $a = b = 5.5049(7) \text{ \AA}$, and $c = 18.411(3) \text{ \AA}$ at 100 K.

264 Specific Heat

265 The specific heat capacity of KCSO was measured using a thermal-relaxation method in a Quantum Design Physical Properties
 266 Measurement System (PPMS) at Johns Hopkins University. A 2.1 mg plate-like sample was mounted with its primary face
 267 horizontal to align the \mathbf{c} -axis with the vertical field direction of the 14 T magnet.

268 Magnetization

269 High-field DC magnetization data up to 30 T, $M(T)$, were obtained at the National High Magnetic Field Laboratory (NHMFL)
 270 in Tallahassee, Florida. The measurements used a conventional vibrating sample magnetometer (VSM) in a water-cooled
 271 resistive magnet located in Cell 8 of the DC Field Facility. The VSM was calibrated using a standard Ni sphere, and the
 272 sample was glued to a polycarbonate sample holder with GE7031 varnish. The magnetization data were normalized against DC
 273 magnetization measurements performed with a VSM in a 14 T PPMS (Quantum Design) at Johns Hopkins University.

274 From the Maxwell relation $(\partial S / \partial H)_T = \mu_0 (\partial M / \partial T)_H$, we can derive the isothermal change in entropy $\Delta S_m(H) =$
 275 $\mu_0 \int_0^H (\partial M / \partial T)_H dH'$.⁷⁰ By combining this with the change in entropy $\Delta S_m(T, H = 0)$ inferred from zero-field specific heat
 276 capacity data, we obtain the full field and temperature dependence of the entropy $\Delta S_m(T, H) / R \ln 2$.

277 The magnetization, $M(H)$, in millisecond pulsed magnets reaching up to 60 T were measured at the NHMFL pulsed
 278 field facility at Los Alamos National Laboratory. The experiments were conducted in three configurations with magnetic
 279 fields along the \mathbf{c} -axis direction. To reduce the background from the spatially uniform pulsed magnetic field, the samples
 280 were placed in a radially counter-wound copper coil. An additional one turn of the coil further compensated for any residual
 281 signals. For each temperature, two measurements were taken: one with the sample inside the coil and one with it outside. The
 282 final magnetization curve was obtained by subtracting the “sample-out” background signal from the “sample-in” data. The
 283 temperature was stabilized using a ^3He system, and a Lakeshore Cernox thermometer recorded the temperature before each
 284 field pulse. The pulsed-field data in Fig. S5 clearly display two high field maxima in dM/dH indicating an additional phase
 285 near magnetization saturation. The rapid magnetization and demagnetization processes resulted in considerable sample heating
 286 and cooling, respectively, consistent with suggestions to use such materials for cryogenic refrigeration.³⁹ For this reason, we
 287 chose to base the phase diagram in Fig. 2 on DC magnetization data only.

288 Elastic Neutron Scattering

289 Neutron diffraction experiments were conducted using the HB-3A DEMAND diffractometer⁷¹ at the High Flux Isotope Reactor
 290 at Oak Ridge National Laboratory. An 8.22 mg single crystal was mounted on an oxygen-free high-thermal-conductivity
 291 (OFHC) copper holder and cooled using a ^3He insert with a base temperature of 0.3 K. The experiment used a four-circle mode
 292 and a beam of neutrons with a wavelength $\lambda = 1.542 \text{ \AA}$ from a bent Si-220 monochromator.

Fig. 1d shows the magnetic elastic scattering versus $\mathbf{Q} = (\frac{1}{3}l)$ and $(\frac{2}{3}\frac{2}{3}l)$, measured in zero field without final energy
 analysis. The broad peaks versus l indicate quasi-2D magnetic order with moments predominantly oriented along the \mathbf{c} -axis.
 The dashed and solid lines in Fig. 1d represent calculations based on the following expression for neutron diffraction from an
 anisotropic quasi-2D magnetic structure with ($\alpha \neq 0$) and without ($\alpha = 0$) inter-plane correlations:

$$I(\mathbf{Q}) = N_M \frac{(2\pi)^2}{A_M} \left(\frac{\gamma r_0}{2}\right)^2 |F(\mathbf{Q})|^2 \times (1 + 2\alpha \cos(\frac{2\pi l}{3})) \times \left(\underbrace{(1 - \hat{Q}_z^2)}_{\text{solidity}} |\mathcal{F}_z(\mathbf{Q})|^2 + \frac{1}{2} \underbrace{(1 + \hat{Q}_z^2)}_{\text{superfluidity}} |\mathcal{F}_\perp(\mathbf{Q})|^2 \right). \quad (5)$$

293 This expression is based on the following approximation $\langle S_i^\alpha(t) S_j^\beta(0) \rangle \approx \langle S_i^\alpha \rangle \langle S_j^\beta \rangle$ and averaging over all domains. N_M and
 294 A_M are the number and in-plane area of magnetic unit cells; $\gamma r_0 = -0.54 \cdot 10^{-12} \text{ cm}$ is the magnetic scattering length; \mathbf{Q} is the
 295 momentum transfer; $(1 + 2\alpha \cos(\frac{2\pi l}{3}))$ accounts for inter-plane correlations; and $(1 - \hat{Q}_z^2)$ and $\frac{1}{2}(1 + \hat{Q}_z^2)$ are domain averaged
 296 polarization factors for the two components of the magnetic structure. $F(\mathbf{Q})$ is the magnetic form factor, which we approximate
 297 as the atomic form factor for Co^{2+} .⁷²

298 $\mathcal{F}_{z,\perp}(\mathbf{Q}) = \sum_j m_{z,\perp}^{(j)} \exp(i\mathbf{Q} \cdot \mathbf{d}_j)$ are the scalar magnetic structure factor for the in- and out-of-plane components of the
 299 dipole moments $m_{z,\perp}^{(j)}$ at locations \mathbf{d}_j within the $\sqrt{3} \times \sqrt{3}$ magnetic unit cell. For all allowed magnetic Bragg peaks of the
 300 structures in Fig. 1f-h we have $|\mathcal{F}_z^{(f,g)}|^2 = \frac{9}{4}m_z^2$, $|\mathcal{F}_\perp^{(f)}|^2 = 3m_\perp^2$, and $|\mathcal{F}_z^{(h)}|^2 = 3m_z^2$. Here $m_{z,\perp}$ denote the largest parallel and
 301 perpendicular component of the ordered dipole moment, respectively.

302 Inelastic Neutron Scattering

303 The neutron scattering data were collected on the HYSPEC and CNCS **direct geometry** spectrometers at Oak Ridge National
 304 Laboratory. For the HYSPEC experiment, single crystals with a total mass of 0.9 g were co-aligned on an aluminum mount for
 305 scattering in the $(hk0)$ reciprocal lattice plane. The sample was cooled in a dilution refrigerator with an 8 T vertical field magnet
 306 to a base temperature of 70 mK. Measurements used incident energies $E_i = 3.8 \text{ meV}$ and 9.0 meV with a 240 Hz chopper
 307 frequency. The sample was rotated through 60° or 120° in 1° steps. In the 0.1 K “zero-field” measurement, a 0.02 T field was
 308 applied to maintain the aluminum sample mount in its thermally conductive normal state. Data were normalized against the
 309 magnetic Bragg diffraction intensity in the plateau phase, where the sublattice magnetization is known to be $m_z = 3.90 \mu_B$.
 310 Measurements on CNCS employed a ^3He insert in a cryostat with a base temperature of 0.29 K. $E_i = 0.72 \text{ meV}$ and 1.0 meV
 311 were used with a 300 Hz chopper frequency in high-flux mode. The sample was rotated through 30° or 60° in 1° steps. The
 312 CNCS data were normalized to the HYSPEC measurements using the incoherent elastic scattering cross section.

313 THz Spectroscopy

314 Time-domain terahertz spectroscopy measurements were performed in a home-built system equipped with a commercial
 315 fiber-coupled Toptica spectrometer and a 6.5 T superconducting magnet.⁷³ The magnetic field was applied along the \mathbf{c} -axis.
 316 The complex THz transmission matrix was measured in a frequency range from 0.2 THz to 2 THz.

Data Availability

The numerical data underlying the magnetization, specific heat, and elastic neutron scattering figures have been deposited in the Figshare database and can be accessed at <https://figshare.com/s/9771e9a4e5a2cac62fb8>. Due to the large file sizes, the raw inelastic neutron scattering datasets are hosted in the ORNL database <https://analysis.sns.gov> under the experiment identifier IPTS-29655. Processed inelastic neutron scattering data and all other data that support the findings of this study are available from the corresponding authors upon request.

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487 Author Contributions

488 T.C., R.Z., and C.B. initiated this work. A.G., X.X., and R.C. prepared the samples. T.C., Y.C., Y.H., H.C., B.L.W., A.A.P., and
489 D.M.P. carried out neutron scattering experiments. A.G., E.C., M.J., and M.L. measured high-field magnetization. L.S., Z.T.,
490 and N.P.A. performed THz measurements. T.C., A.G., J.Z., L.C., and C.B. wrote the manuscript with input from all coauthors.
491

492 Competing Interests

493 The authors declare no competing interests.
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495 Figures

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Figure 1. Elastic neutron scattering from $\text{K}_2\text{Co}(\text{SeO}_3)_2$ and the inferred magnetic orders. (a-c) Elastic magnetic scattering as a function of momentum, measured at $T = 0.1$ K and shown after subtracting the nuclear background scattering acquired at 12 K. (a) shows scattering at 0 T (top right) and 7 T (bottom left). (b) shows 0 T data, while (c) shows 7 T data with the magnetic field applied along the easy c-axis. (d) Calculated and measured l dependence of magnetic neutron scattering for $\mathbf{Q} = (\frac{1}{3}\frac{1}{3}l)$ and $(\frac{2}{3}\frac{2}{3}l)$. Solid lines are fits of the “Y” order with $m_{\perp}/m_z = 0.0(1)$ and $\alpha = 0.049(7)$ (Eq. 5). The dashed line shows the expected intensity from a purely transverse component $m_{\perp} \neq 0$ ($m_z = 0$ and $\alpha = 0$), calculated using Eq. 5. (e) In-plane correlation length, ξ (in units of the lattice constant a), and squared staggered magnetization (intensity) as functions of temperature. The data were obtained from fits to elastic neutron scattering data acquired on HYSPEC covering an area of the $(hk0)$ plane surrounding $(\frac{1}{3}\frac{1}{3}l)$ with $|l| < 0.4$. Open and closed cycles indicate data taken with $E_i = 9.0$ and 3.8 meV, respectively with $|\hbar\omega| < 0.5$ meV. Dashed lines are guides to the eye. See SI for details. Error bars in (d, e) indicate the standard deviation. (f-h) Schematic diagrams and temperature regimes of the candidate symmetry-breaking supersolid “Y”, $\frac{U}{2}\frac{U}{2}D$, and UD0 orders discussed in the text, created by VESTA.⁷⁴

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Figure 2. Temperature dependence of magnetization and specific heat capacity, and phase diagram for $K_2Co(SeO_3)_2$. (a) Specific heat capacity as a function of temperature, with curves systematically shifted in proportion to the applied field. The zero-field specific heat capacity is reproduced with permission.⁴³ (b) Magnetization versus temperature for **c**-axis-oriented DC fields up to 30 T. (c) Interpolated color contour plot of differential susceptibility, dM/dT , versus magnetic field and temperature for **H** \parallel **c** inferred from the data in (b). The labels UUU, UUD, SS, and PM represent the Up-Up-Up (field-polarized), Up-Up-Down, supersolid, and paramagnetic phases, respectively. The inset shows dM/dT as a function of temperature in a 17.5 T field. The data point on the UUD phase boundary at the lowest temperature was determined from a peak in an isothermal measurement of $C_p(H)$. (d) Contour plot of the magnetic entropy change, $\Delta S_m(T, H)$, normalized by the total entropy $R \ln 2$. The map was constructed by first calculating the isothermal change in entropy, $\Delta S_m(T, H)$, from $dM(H)/dT$ using a Maxwell relation.⁷⁰ The data were combined with $\Delta S_m(T, H = 0)$ inferred from zero field specific heat capacity data to obtain $\Delta S_m(T, H)/R \ln 2$ (see SI).



Figure 3. Magnetic field dependence of magnetization and specific heat capacity, and phase diagram for $\text{K}_2\text{Co}(\text{SeO}_3)_2$. (a) Magnetization versus *c*-axis-oriented field at various temperatures down to $T = 0.5$ K. (b) Differential susceptibility dM/dH versus field. (c) Specific heat capacity versus field up to $\mu_0H = 14$ T at various temperatures. (d) Low-field specific heat capacity as a function of field for temperatures near $T = 4.5$ K. Data are systematically shifted in proportion to temperature to show the onset of a sharp transition. (e) Contour plot of magnetic specific heat capacity C_m versus field and temperature. The field-independent lattice contribution to the specific heat capacity was fitted by the Debye model and subtracted from C_p . The second-order phase transition defined by peak positions in C_p versus temperatures (Fig. 2a) and field (Fig. 3c, d) appears to terminate at $(T, \mu_0H) = (4.5 \text{ K}, 1.1 \text{ T})$. The labels UUD, SS, and PM represent the Up-Up-Down, supersolid, and paramagnetic phases, respectively. Data in the temperature window from 0.3 K to 1.9 K are reproduced with permission.⁴³



Figure 4. Magnetic neutron scattering from coherent spin waves in the UUD phase of $\text{K}_2\text{Co}(\text{SeO}_3)_2$. (a) The (\mathbf{Q}, ω) -dependence of the magnetic neutron scattering cross section along high-symmetry directions in a 7 T magnetic field applied along the \mathbf{c} -axis at $T = 0.1$ K. The path through the Brillouin zone is illustrated in the inset. Data are averaged along the l direction, except for the M_1-L_1 cut along l . The in-plane \mathbf{Q} integration window is $\pm 0.15 \text{ \AA}^{-1}$ perpendicular to the trajectory. (b) The neutron scattering cross section for $\text{K}_2\text{Co}(\text{SeO}_3)_2$ in a 7 T field calculated using linear spin-wave theory, as implemented in SpinW.⁵⁴ The parameters $J_z = 2.96(2)$ meV and $J_\perp = 0.21(3)$ meV in Eqn. 1 were determined by performing a pixel-to-pixel fit of this model to the measured spectrum in panel (a).

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Figure 5. Zero field magnetic excitations in $K_2Co(SeO_3)_2$ probed by magnetic neutron scattering. (a) The (\mathbf{Q}, ω) -dependence of the magnetic neutron scattering cross section along high-symmetry directions in zero field at $T = 0.1$ K acquired with $E_i = 9.0$ meV neutrons. To obtain the zero-field magnetic scattering, two different backgrounds (BKGs) were subtracted: data from 7 T measurement for $\hbar\omega \leq 2.5$ meV, and a constant value for $\hbar\omega > 2.5$ meV, respectively. The in-plane \mathbf{Q} integration window is $\pm 0.15 \text{ \AA}^{-1}$ perpendicular to the trajectory. (b, c) Magnetic neutron scattering as a function of momentum in the $(hk0)$ plane for energy transfers $\hbar\omega = 3$ meV and 6 meV, respectively. A constant background was subtracted from the data. The energy integration window is ± 0.5 meV. (d) The (\mathbf{Q}, ω) -dependence of the magnetic neutron scattering cross section along high-symmetry directions at $T = 0.29$ K obtained with $E_i = 1.0$ meV neutrons. The in-plane \mathbf{Q} integration window is $\pm 0.05 \text{ \AA}^{-1}$ perpendicular to the trajectory. (e, f) Low energy magnetic neutron scattering as a function of momentum in the $(hk0)$ plane for six values of $\hbar\omega$. The energy integration window is ± 0.03 meV. All data shown in (a-f) have been integrated along the l direction, which is justified by the quasi-2D character of the magnetic correlations.

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Figure 6. Zero field magnetic excitations around the K point in $K_2Co(SeO_3)_2$. (a) The (\mathbf{Q}, ω) -dependence of the magnetic neutron scattering cross section along (hh) at $T = 0.29$ K measured with $E_i = 0.72$ meV. The in-plane \mathbf{Q} integration window is $\pm 0.05 \text{ \AA}^{-1}$ perpendicular to the trajectory. Incoherent elastic scattering has been subtracted. (b, c) Linear and logarithmic plots of constant- \mathbf{Q} cut at the K point. The red data points were obtained by averaging the data in (a) over the (hh) range indicated by the white dashed lines. The solid black curves represent the optimal fit including a gapless and a gapped mode based on convoluting Eq. 2 with the experimental energy resolution. The black data points and dashed lines indicate background subtracted incoherent elastic scattering scaled to match the integrated intensity of the magnetic Bragg peak. Therefore, the scattering beyond the dashed lines is predominantly magnetic. The inset of (c) shows χ^2 , quantifying the fit quality, as a function of Γ_{QE} and $\Gamma_{QE} \cdot \chi_0$, which is a measure of the integrated intensity of the quasi-elastic component. The red dot indicates the minimal value for χ^2 . All data shown have been integrated along the l direction. **The labels E, QE, and DHO represent the elastic, quasi-elastic, and damped harmonic oscillator contributions, respectively. Error bars indicate the standard deviation.**











