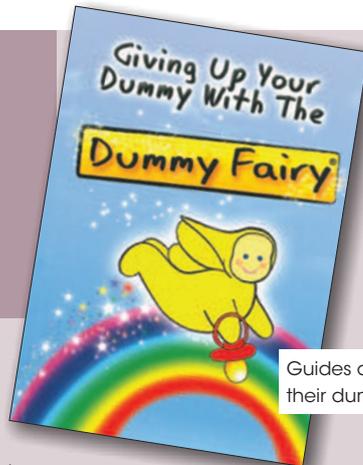


Books *beautiful* books

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TITLE: Giving up your dummy with the dummy fairy
AUTHOR: L. Griffiths
PUBLISHER: Silo Publishing
PRICE: £14.99 (+p&p)
www.thedummyfairy.co.uk
ISBN: 9780323064019



Guides children through their dummy rehab.

If, like me, you are a parent who has succumbed to giving your child a dummy, you may have reached a time when you know that the dummy really has got to go but you can see no way of conning your clever little one out of it. Help is at hand with the ‘Dummy Fairy’.

This is a popular concept at the moment with various similar products out there. The book comes with a Dummy Fairy doll which is wonderfully soft and velvety with a pocket like a kangaroo’s pouch to hold your child’s dummy.

‘I loved the “Dummy Garden” page where lots of different coloured Dummy Fairies work to wash various dummies in a giant dummy-shaped washing machine, and then peg them out to dry on a washing line; the clean dummies are then given to new babies.’

The book itself has a page of tips on using the Dummy Fairy pack successfully, then a short story with large, bold print ideal for early readers. It explains to the child in simple, colourful illustration what will happen to their dummy once the Dummy Fairy has taken it. I loved the ‘Dummy Garden’ page where lots of different coloured Dummy Fairies work to wash various dummies in a giant dummy-shaped washing machine, and then peg them out to dry on a washing line; the clean dummies are then given to new babies. The story

gives a magical touch to the process of giving up the dummy.

A nice idea included on the last page of the book is a cut-out certificate for the little one from the Dummy Fairy.

I really like the idea of encouraging the child to leave the dummy with the Dummy Fairy during the day - we tried a similar strategy with our little one: his dummy stayed on the bed with his comforter ‘Miss Ellie’ and apart from days when he was poorly or feeling a little clingy, we generally had no problem with this.

Our present for my son giving up his dummy was a sandpit, which one would struggle to fit in the Dummy Fairy’s pocket - but perhaps she could have been perched on top of the gift. I do think care should be taken to ensure the child realises they can’t keep (and in turn get attached to) the Dummy Fairy afterwards - she should be an elusive character much the same as Father Christmas and the Tooth Fairy - there to do a job but then off to guide other little boys and girls through their dummy rehab.

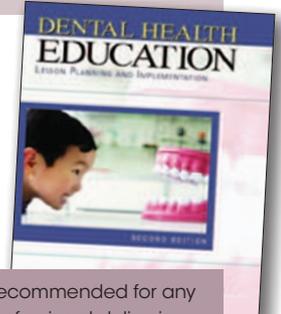
Nicola Sherlock
 Dental Nurse



Nicola Sherlock and Noah

TITLE: Dental health education: lesson planning and implementation, 2nd edition
AUTHOR: L. Gagliardi
PUBLISHER: Prentice Hall
PRICE: £26.99
ISBN: 9780131717381

I bought this textbook to assist the delivery of an oral health session I was presenting at my children’s school. Each of the four sections focuses on a different area of learning. Some of the American terminology is different to what



Recommended for any professional delivering oral health education.

we are used to and may need some adaptation when implementing the contents in the UK.

Section 1 addresses the role of the dental health educator and issues that you should be aware of before planning and delivering a session. Section 2 focuses on teaching methods and provides a helpful chart describing emotional and physical development of a child at different ages. I found this useful when planning my lesson, helping to make sure it was pitched at the right level. A blank lesson plan and an evaluation questionnaire are also provided.

The third section provides the bulk of the book and includes information and ideas enabling you to present a session effectively and confidently. It is broken down into topics including plaque control, nutrition and children with special needs. I particularly liked the ‘Three Friends’ story on page 40 explaining how to look after your teeth properly and the consequences that occur if the advice and care isn’t adhered to. The children in the reception class received this story, along with the great visual aids (also provided in the book) wonderfully and gave me great feedback.

The final chapter concentrates on the adult learner, taking into consideration people who may have low literacy skills and the more elderly person. I particularly liked the idea of a ‘dental health fair’. The idea was to set up work stations for people to visit demonstrating different aspects of dental health. The final pages provide advice sheets which can be handed out to reinforce advice given.

I would recommend this book for any dental health professional delivering oral health education and it is especially useful for students studying for the certificate in oral health education and student dental hygienists/therapists.

Sarah Wilson EDH FETC OHE