

Papillary carcinoma of the breast lacks evidence of *RET* rearrangements despite morphological similarities to papillary thyroid carcinoma

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Rare breast neoplasms resembling the tall-cell variant of papillary thyroid carcinoma have been reported. In addition, papillary carcinoma of the breast occasionally displays nuclear features reminiscent of papillary thyroid carcinoma. In this study, we evaluated 33 intraductal/intracystic papillary carcinomas of the breast for the presence and extent of nuclear overlap, grooves, clearing, and inclusions, as well as features of the tall-cell or columnar-cell variants of papillary thyroid carcinoma. *RET* rearrangements were assessed in a subset of these cases. Paired probes localizing to the centromeric and telomeric ends of the *RET* gene on chromosome 10 were used for FISH using a break-apart approach. Single round and nested PCR was performed to detect *RET/PTC1*, *RET/PTC2*, *RET/PTC3* and *ELKS-RET* fusion transcripts. Nuclear overlap, grooves, stratification, and clearing were identified in 24 (73%), 14 (42%), 11 (33%), and 9 (27%) cases respectively, whereas nuclear inclusions and 'tall-cell' features were each seen in only one (3%) and two (6%) cases, respectively. Four of 19 tested cases displayed split FISH signals in a low percentage of cells and were considered borderline for *RET* rearrangement. All 19 tested cases with amplifiable RNA were negative for the four *RET* fusion transcripts evaluated by RT-PCR. Although papillary carcinomas of breast often display one or more cytoarchitectural features of papillary thyroid carcinoma, there is no evidence that *RET* rearrangements are involved.

Modern Pathology (2009) 22, 1236–1242; doi:10.1038/modpathol.2009.91; published online 19 June 2009

Keywords: papillary carcinoma; breast; *RET*

Excluding lesions partly involving benign papillomas, malignant papillary lesions of the breast include papillary ductal carcinoma *in situ*, intracystic (encapsulated) papillary carcinoma, and solid papillary carcinoma, all of which may or may not be associated with unequivocal invasive carcinoma.^{1,2} All of these lesions are characterized by an expansive epithelial proliferation composed of fibrovascular cores covered by rows of epithelial cells with no or minimal myoepithelial cell participation. Although the epithelial component can have a solid, cribriform or micropapillary growth pattern, it more

frequently consists of one or more layers of columnar cells with a variable degree of nuclear stratification.^{1–3} This latter appearance is not unique to these neoplasms but is also shared with other papillary carcinomas including, among others, papillary thyroid carcinoma, which characteristically displays nuclear overlap and stratification.

In 2003, Eusebi *et al*⁴ described five breast neoplasms composed of columnar to cuboidal eosinophilic cells with grooved nuclei, variable nuclear clearing and occasional intranuclear inclusions. Given their resemblance to one of the variants of papillary thyroid carcinoma (which was excluded by both clinical and immunohistochemical means), such cases were referred to as 'breast tumor resembling the tall-cell variant of papillary thyroid carcinoma.' Since then, five additional cases have been reported with similar clinical, morphological, and immunohistochemical findings.^{5,6} In addition to displaying nuclear features characteristic of papillary thyroid carcinoma, all 10 reported cases

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Presented in part at the 98th Annual Meeting of the United States and Canadian Academy of Pathology, Boston, MA, March, 2009
Received 01 April 2009; revised 20 April 2009; accepted 27 April 2009; published online 19 June 2009

had unequivocal papillary areas, and most displayed evidence of an *in situ* component and/or had foci surrounded at the periphery by a myoepithelial cell layer as determined morphologically or by immunohistochemistry.^{4–6} These findings are similar to papillary carcinomas of the breast (with or without invasion), which can also have residual myoepithelial cells at the periphery,^{1,2} suggesting that some of these cases may represent papillary carcinoma of the breast, albeit with prominent cytoarchitectural features of papillary thyroid carcinoma. If this were the case, one might expect that such features need not be limited to cases of 'breast tumor resembling the tall-cell variant of papillary thyroid carcinoma', but may be common to papillary carcinomas of the breast in general.

Accordingly, the goal of this study was first to document the prevalence of papillary thyroid carcinoma-like cytoarchitectural features⁷ (including the tall-cell and columnar-cell variants) in breast papillary carcinomas and second, to determine the prevalence of papillary thyroid carcinoma-like *RET* tyrosine kinase proto-oncogene chromosomal rearrangements in these tumors.^{8,9}

Materials and methods

Case Selection and Histological Review

Thirty-three consecutive papillary carcinomas of the breast with or without associated invasive carcinoma, diagnosed over a 2-year period at the Lauren V Ackerman Laboratory of Surgical Pathology, Washington University Medical Center were histologically reviewed to confirm the diagnosis and evaluate for the presence or absence of papillary thyroid carcinoma-like morphological features, including nuclear overlap, grooves, clearing, and inclusions,^{7,10} tall eosinophilic cells with a height at least two times their width, as seen in the tall-cell variant,^{10,11} and/or prominent stratification of elongated nuclei within the cores (with or without cytoplasmic clearing or vacuolization) as seen in the columnar cell variant.¹⁰ Each of these features was scored as 0 (absent), 1+ (present in <5% of examined high power fields of the lesion), 2+ (5–25% of examined high power fields of the lesion) and 3+ (>25% of examined high power fields of the lesion).

Molecular Techniques

Fluorescent *in situ* hybridization (FISH)

Dual color FISH experiments utilizing a break-apart approach to identify rearrangements of the *RET* locus were performed as previously described.¹² Briefly, thin sections (5–6 microns) from a previously selected formalin-fixed paraffin-embedded block for each tumor were mounted onto poly L-lysine coated slides. Following deparaffinization, the sections were subjected to target retrieval

utilizing 'steam cooking' in citrate buffer for 20 min, followed by a 20 min cool down period and a 5 min wash with distilled water. After pepsin digestion at 37°C for 30 min and a subsequent wash in 2× SSC, the slides were air dried. Two fluorochrome-labeled bacterial artificial chromosome-derived probes were utilized, one centromeric to *RET* (RP11-379D20) and another telomeric to it (RP11-348I23) (detailed information available at <http://www.genome.ucsc.edu/cgi-bin/hgGateway>). Dual target hybridizations were performed in DenHyB buffer (Insitus Biotechnologies, Albuquerque, NM, USA). The hybridization mix (10 µl) was applied to the sections, followed by simultaneous denaturing of probe and target at 90°C for 13 min. Hybridization was performed overnight at 37° in a humidified chamber. Post-hybridization washes in 50% formamide/1× SSC (5 min) and 2× SSC (5 min) were performed at room temperature, and the slides were again air-dried. Nuclei were then counter-stained with DAPI (0.5 µl/ml) and the sections were examined using an Olympus BX60 Fluorescent Microscope with appropriate filters (Olympus, Melville, NY, USA).

A minimum of 100 non-overlapping intact nuclei were assessed for the presence of splitting of a normally fused yellow or red-green signal; the interphase FISH scoring was performed blinded to the tissue diagnosis. Splitting was defined as green and red signals further than one signal diameter apart. Both a papillary thyroid carcinoma cell line previously identified as harboring a *RET/PTC1* rearrangement¹³ and two cases of papillary thyroid carcinoma previously found to show *RET* rearrangement by FISH were used as positive controls, whereas adjacent non-neoplastic breast and thyroid tissues were used as internal negative controls. A split FISH signal was seen in 1–3% of the nuclei in the negative control tissues suggesting a cutoff of 5% split signals for positive results (median + 3 s.d.).

RNA extraction

Four 10 µm sections of tumor were deparaffinized using xylene and ethanol washes, and digested in buffer (Tris pH 7.5, 20 mM EDTA, 1% SDS) containing 25 mg proteinase K. Total RNA was then extracted from tumor tissue using a modified guanidine isothiocyanate method employing Trizol (Gibco/BRL, Gaithersburg, MD, USA) as previously described,¹⁴ and treated with DNase I before reverse transcription.

RT-PCR

RNA samples were reverse transcribed using MuLV reverse transcriptase and the Gene Amp RNA-PCR kit (Perkin-Elmer, Foster City, CA, USA). Single round PCR was performed for *RET/PTC* and *ELK3-RET* fusion transcripts using previously published primers^{15,16} (Table 1) in 50 µl final volume as follows: after initial denaturation at 95°C for 5 min, 35 cycles of amplification were performed with

Table 1 PCR primers used in the study for the evaluation of the RET oncogene

Primer pair	Primer name (gene)	Primer sequence	Amplicon size
RET/PTC1 outer pair	1 (H4) 10 (RET exon 14)	5'-AGATAGAGCTGGAGACCTAC-3' 5'-GAGCGTATTGGCGTACTC-3'	379 bp
RET/PTC1 inner pair	2 (H4) 12 (RET exon 12)	5'-GCTGGAGACCTACAAACTGA-3' 5'-CGTTGCCCTGACCACTTTTC-3'	165 bp
RET/PTC2 outer pair	4 (RLx) 10 (RET exon 14)	5'-AGGAGCTTGAGAACCTTG-3' 5'-GAGCGTATTGGCGTACTC-3'	414 bp
RET/PTC2 inner pair	5 (RLx) 12 (RET exon 12)	5'-GCTTGGAGAACCTGCTTGATT-3' 5'-CGTTGCCCTGACCACTTTTC-3'	202 bp
RET/PTC3 outer pair	7 (ELE1) 10 (RET exon 14)	5'-CATGCCAGAGCAGAAGTCA-3' 5'-GAGCGTATTGGCGTACTC-3'	453 bp
RET/PTC3 inner pair	8 (ELE1) 11 (RET exon 12)	5'-AAGCAAACCTGCCAGTGG-3' 5'-CTTTCAGCATCTTCACGG-3'	242 bp
ELKS-RET outer pair	14 (ELKS) 11 (RET exon 12)	5'-CACTGACACTGCCTTGACA-3' 5'-CTTTCAGCATCTTCACGG-3'	476 bp
ELKS-RET inner pair	15 (ELKS) 11 (RET exon 12)	5'-TCTTCTCTGGCATCCTCAGG-3' 5'-CTTTCAGCATCTTCACGG-3'	259 bp
β 2-microglobulin	Sense Antisense	5'-ACCCCCACTGAAAAAGATGA-3' 5'-ATCTCAAACCTCCATGATG-3'	114 bp

denaturation at 94°C for 1 min, annealing at 55°C for 30 s, and extension at 72°C for 1 min. For nested PCR, an initial round of amplification (using the 'outer pair' primer sets from Table 1 and the same cycle parameters as for single round PCR) was followed by the nested round of amplification (using the 'inner pair' primer sets and the same cycle parameters) in which 5 μ l of the initial PCR product was added as the template. PCR products were visualized by ethidium bromide staining after separation by 2% agarose gel electrophoresis. In each experiment, RNA from the papillary thyroid carcinoma cell line previously identified as harboring a RET/PTC1 rearrangement was assayed in parallel as the positive control. A no input DNA (reagent only) sample and a sham reverse transcriptase-treated sample were assayed in parallel as negative controls. To verify the presence of intact RNA and amplifiable cDNA, each reverse transcriptase reaction product was also assayed with primers for the housekeeping gene encoding β 2-microglobulin (Table 1).

Photography

FISH slides were digitally photographed using a high-resolution black and white COHU CCD camera, with a Z-stack motor programmed to capture images at sequential DAPI (one level), FITC (five levels), and rhodamine (five levels) filter settings. Reconstruction into a single superimposed image with blue, green, and red pseudocolors was accomplished using a CytoVisionTM basic workstation (Applied Imaging, Santa Clara, CA, USA).

Regulatory Approval

The Human Studies Committee at Washington University Medical Center approved testing of existing pathological specimens for this study.

Results

Clinical Features and Pathological Diagnosis

The 33 cases included material obtained from 6-needle core and 27 excisional biopsies performed on 28 women and one man. The age of the patients ranged from 41 to 87 years, with mean and median ages of 67.2 and 71 years, respectively. Nineteen specimens were from the left breast and 14 were from the right. The cases included two cases of papillary ductal carcinoma *in situ* (including one associated with invasive ductal carcinoma, not otherwise specified), 25 intracystic/encapsulated papillary carcinomas (including seven associated with invasive ductal carcinoma, not otherwise specified), and six solid papillary carcinomas (including two associated with invasive mucinous carcinoma).

Cytoarchitectural Features of Papillary Thyroid Carcinoma

Nuclear overlap, nuclear grooves, stratification, and nuclear clearing were at least focally identified in 24 (73%), 14 (42%), 11 (33%), and 9 (27%) cases respectively, whereas nuclear inclusions and 'tall-cell' features were each seen in only one (3%) and two (6%) cases, respectively (Table 2). Representative cases are displayed in Figure 1. Seven (21%) cases did not show any cytoarchitectural features of papillary thyroid carcinoma, whereas 11 (33%), 4 (12%), 5 (15%) and 6 (18%) cases simultaneously showed one, two, three, or four of these features, respectively. Moreover, these cytoarchitectural features were identified in 23 (92%) of the 25 intracystic/encapsulated papillary carcinomas but in only one (17%) of the six solid papillary carcinomas ($P=0.0007$; Fisher's exact test). This

latter single case only focally displayed nuclear grooves.

FISH and RT-PCR Findings

Four of 19 tested cases displayed split FISH signals in a low percentage of cells (range: 9–11%)

Table 2 The prevalence of cytoarchitectural features commonly seen in papillary thyroid carcinoma in 33 papillary carcinomas of the breast

Histological feature	Number of cases			
	1+	2+	3+	Total (%)
Nuclear overlap	13	8	3	24 (73)
Nuclear grooves	12	1	1	14 (42)
Stratification	1	2	8	11 (33)
Nuclear clearing	6	2	1	9 (27)
Nuclear inclusions	0	1	0	1 (3)
'Tall-cell' features	0	1	1	2 (6)

(Figure 2). Given that this percentage was much lower than that seen in the positive controls cases (>80% in the papillary thyroid carcinoma cell line; 40 and 50% in the papillary thyroid carcinoma patient specimens), these cases were considered borderline for *RET* rearrangement. These four cases, as well as another 15 cases with amplifiable RNA (out of 22 tested cases) were all negative for the four *RET* fusion transcripts evaluated by RT-PCR (Figure 3).

Discussion

In this study, we have shown that the presence of cytoarchitectural features characteristic of papillary thyroid carcinoma are not just limited to the reported cases of so-called 'breast tumor resembling the tall-cell variant of papillary thyroid carcinoma,' as papillary carcinomas of the breast also display such features to a variable extent. Despite this morphologic resemblance, however, the *RET* gene

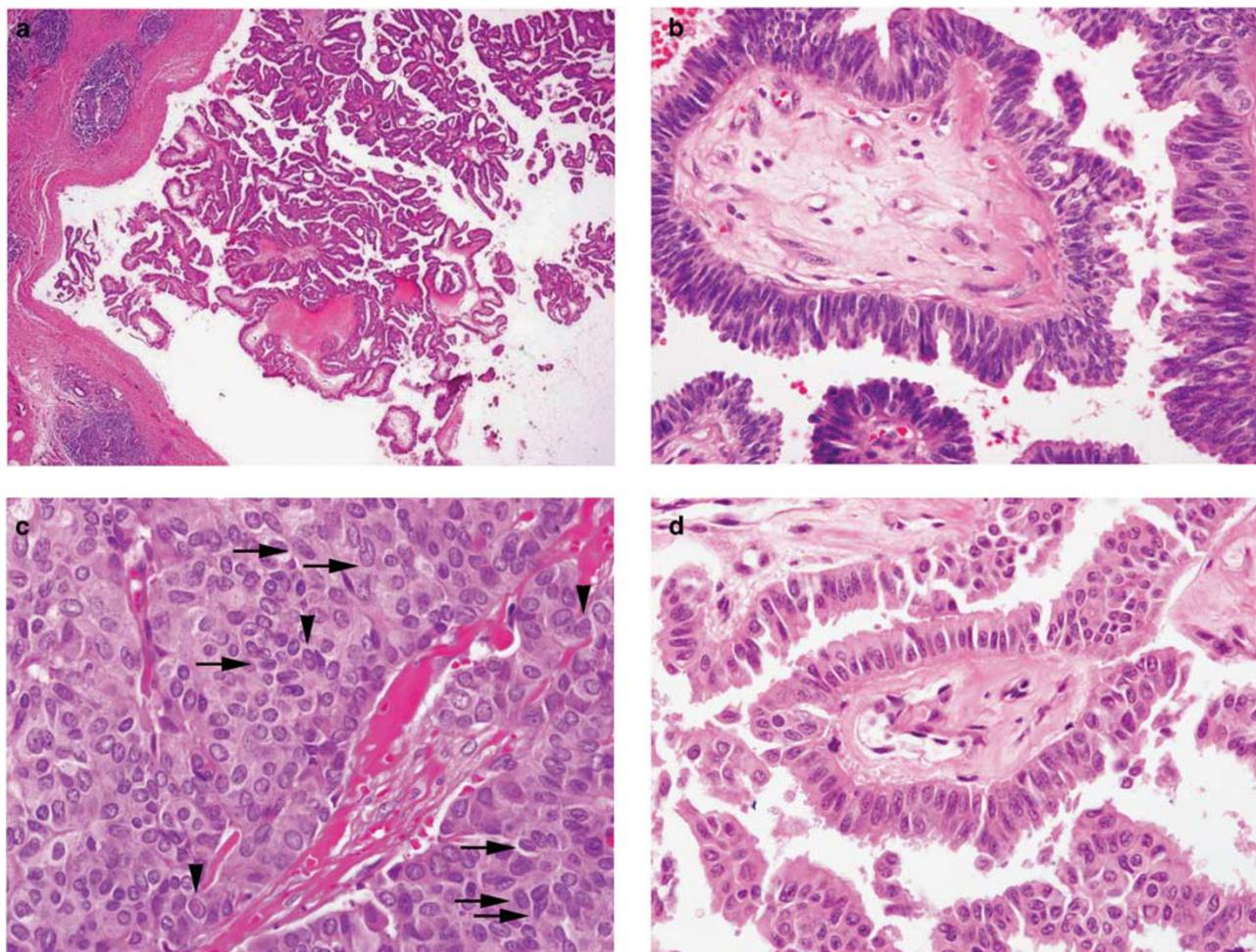


Figure 1 Examples of papillary carcinoma of the breast displaying cytoarchitectural features of papillary thyroid carcinoma. These include a papillary architecture (a), as well as nuclear overlap and stratification (b), nuclear clearing, grooves (arrows) and inclusions (arrowheads) (c), and occasionally, eosinophilic cells with a length at least two times their width (d), resembling the tall-cell variant of papillary thyroid carcinoma.

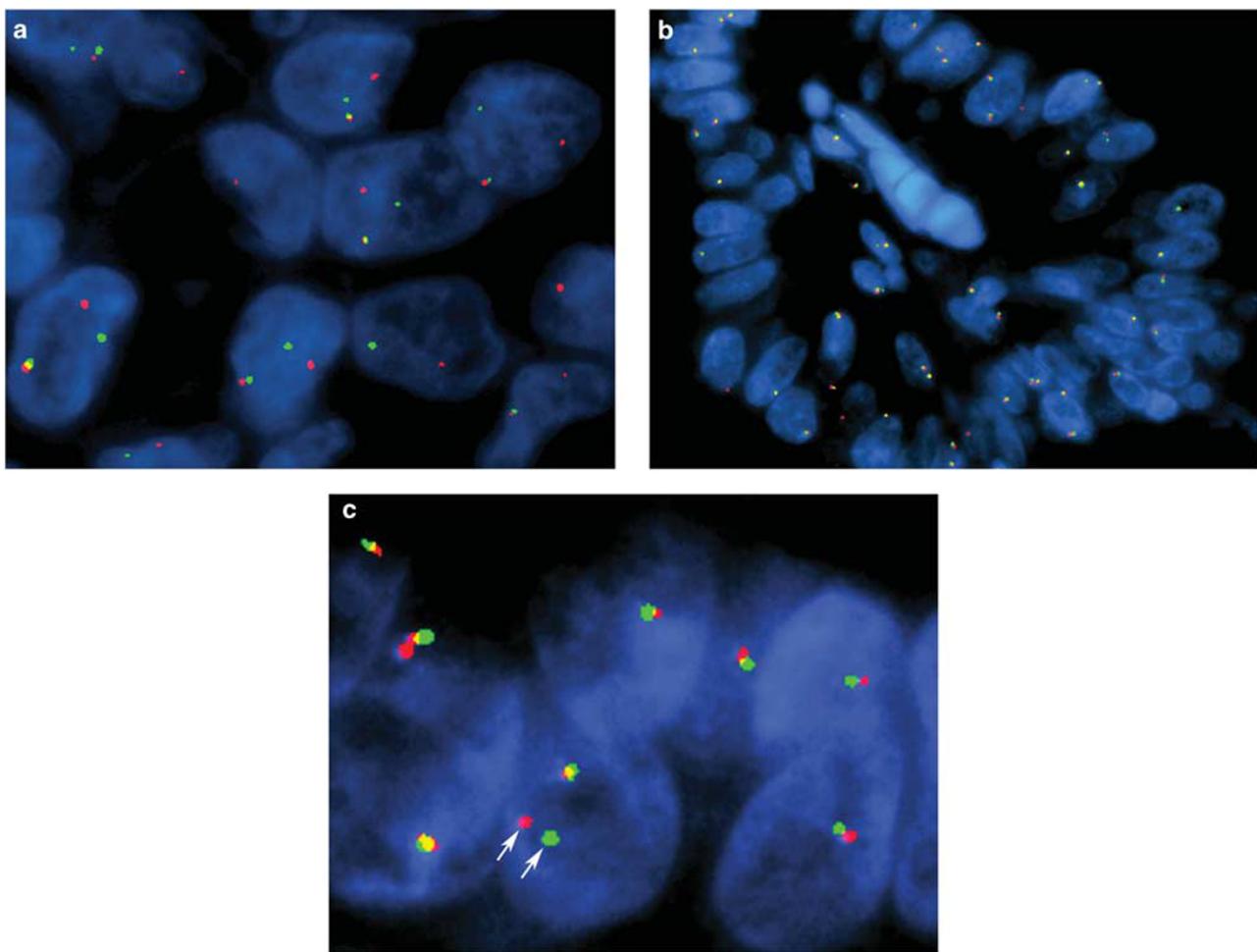


Figure 2 FISH findings in papillary carcinoma of the breast. In the cell line control specimen, the majority of cells showed at least one normally fused yellow or red–green signal and at least one split pair of red and green signals (a). Polyploid cells were also seen with multiple fused and split signals (not shown). In contrast to papillary thyroid carcinoma, most papillary carcinomas of the breast were FISH-negative (b), whereas a few displayed split FISH signals in a small percentage of cells (c, arrows display a pair of split red and green signals) and were considered borderline.

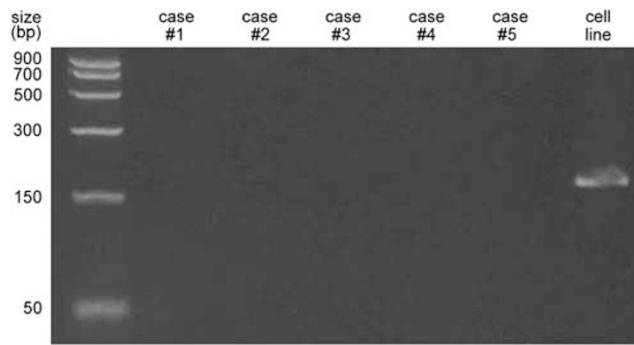


Figure 3 RT-PCR findings in papillary carcinoma of the breast. All tested cases were negative for the *RET* transcripts evaluated in the study.

was not rearranged and therefore, these breast tumors appear genetically distinct from papillary thyroid carcinoma, suggesting that other genetic or epigenetic changes may account for the appearances seen in papillary carcinomas of the breast.

Papillary thyroid carcinoma is the most common primary thyroid malignancy, accounting for greater than 80% of thyroid malignancies.¹⁰ Despite its name, a papillary architecture is not required for diagnosis and instead, this tumor is now defined by the presence of its 'distinctive nuclear features'.¹⁰ These nuclear features include overlap, grooves, clearing, and inclusions.^{7,10} In recent years it has also become apparent that conventional papillary thyroid carcinoma is characterized by one of two types of genetic abnormalities, chromosomal rearrangements involving either the *RET* or the *NTRK* tyrosine kinase proto-oncogenes, or point mutations in the serine-threonine kinase *BRAF* or in *RAS*.^{8,9}

In contrast to papillary thyroid carcinoma, papillary carcinoma of the breast is relatively rare and accounts for less than 2% of breast carcinomas.^{17–19} Nevertheless, it often displays stratified columnar epithelial cells covering fibrovascular cores^{1–3} and, as such, resembles other papillary tumors, including papillary thyroid carcinoma. In addition, there are

10 well-documented cases in the literature of breast tumors that at least partially resemble the tall-cell variant of papillary thyroid carcinoma.^{4–6} Eusebi *et al*⁴ first described a series of five breast neoplasms all of which displayed solid and papillary areas composed of columnar to cuboidal eosinophilic cells with grooved nuclei; there was variable nuclear clearing and two cases also displayed intranuclear inclusions. Myoepithelial cells were evident in three cases suggesting at least a focal *in situ* component. In 2006, Cameselle-Teijeiro *et al*⁵ reported a very similar breast neoplasm that also displayed *in situ* and invasive components. Most recently, Tosi *et al*⁶ reported four additional cases with identical clinical, morphological, and immunohistochemical findings. The fact that all 10 of these primary breast neoplasms had at least focal papillary areas raises a very interesting question: can the classic cytoarchitectural features of papillary thyroid carcinoma be identified not only in this unique breast neoplasm, but in other papillary carcinomas of the breast as well? One of the goals of our study was to specifically address this question.

Indeed, we found that 79% of papillary carcinomas of the breast harbored at least one of the cytoarchitectural features of papillary thyroid carcinoma. However, compared with intracystic/encapsulated papillary carcinoma, these features were significantly less prevalent in solid papillary carcinoma, as only one case focally displayed nuclear grooves. Such differences between these two forms of papillary carcinoma of the breast are not surprising given the unique nature of solid papillary carcinoma.^{20,21} It is also interesting that our frequencies of nuclear clearing (27%) and nuclear inclusions (3%) in papillary carcinoma of the breast, both cytological features that some consider more specific for papillary thyroid carcinoma,^{7,22,23} were considerably less common than nuclear overlap (73%) and nuclear grooves (42%). This suggests that these latter two features alone are probably not very useful for the diagnosis of papillary thyroid carcinoma outside the confines of the thyroid gland, where one may encounter a large variety of cell types harboring nuclear grooves.²⁴ It should be noted at this point that intranuclear inclusions have been previously described in intraductal epithelial proliferations of the breast,²⁵ as well as in a case of invasive ductal carcinoma of apocrine type.²⁶

The other question we wanted to answer in this study is whether papillary carcinoma of the breast harbors any of the genetic abnormalities characteristic of papillary thyroid carcinoma. To address this issue, we decided to evaluate our cases using a 'two-step' approach. We first used FISH to 'screen' for major structural changes in the *RET* gene and then followed up with single round and nested RT-PCR to evaluate for the presence or absence of four common *RET* gene rearrangements.

Fifteen of the 19 cases tested by FISH were negative, whereas four cases showed split FISH signals. However, the percentage of cells with split signals (9–11%) was much lower than that seen in the papillary thyroid carcinoma cell line (>80%) and the two papillary carcinoma patient specimens (40 and 50%, respectively). The significance of finding a small percentage of cells in four of our breast cases with split FISH signals is not clear. Although it could be argued that the subset of neoplastic cells with split signals could have acquired *RET* rearrangements as a secondary genetic alteration, RT-PCR finding (despite its limitations—see next paragraph below) did not support this, as no fusion transcripts were found. Accordingly, we considered the four breast cases to be equivocal or borderline for *RET* rearrangements. It is also important to consider that the FISH methodology can only detect major structural changes in the *RET* gene and cannot exclude the presence of smaller rearrangements such as small inversions within or around the gene.

On the other hand, the RT-PCR results were clear-cut; as all 19 cases with amplifiable RNA tested were negative for the four different *RET* fusion transcripts evaluated in the study. This finding is similar to that seen in the originally described cases of breast tumor resembling the tall-cell variant of papillary thyroid carcinoma, as Eusebi *et al*²⁷ subsequently evaluated three of these cases for the presence of *RET/PTC* and *RET/PTC3* transcripts and found that all three were negative. Nonetheless, it is noteworthy that our study cannot exclude the presence of the other rare *RET* fusions, either previously described in the literature or novel.

Another genetic abnormality that we did not test for in our cases is point mutations in the *BRAF* gene; by some accounts,⁸ this is the most common alteration in papillary thyroid carcinoma. Interestingly, the single breast tumor resembling the tall-cell variant of papillary thyroid carcinoma that has been previously tested failed to show any mutation after sequencing of exon 15 of *BRAF*.⁵ Similarly, a recent study of various papillary lesions of the breast published only in abstract form,²⁸ showed that all papillary lesions tested, including six papillomas, one atypical papilloma, three cases of papillary ductal carcinoma *in situ*, and three intracystic papillary carcinomas, lacked *BRAF*, as well as *NRAS* and *KRAS* mutations. A novel finding however, was the identification of an identical point mutation in codon 61 of the *HRAS* gene in two of the intracystic papillary carcinomas and not in any of the other lesions. Clearly, more work is needed to determine the prevalence of *HRAS* mutations and whether they are associated with any particular morphological features.

In summary, we have shown that papillary carcinomas of the breast, not infrequently, display one or more of the cytoarchitectural features

characteristic of papillary thyroid carcinoma. Our findings also suggest that the presence of these features in such carcinomas are not secondary to common *RET* rearrangements. Additional studies are needed to identify the genetic or epigenetic changes, if any, that may be pathogenetically related to these morphological appearances.

Disclosure/conflict of interest

None declared.

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