



REVIEW ARTICLE

The interplay between innate lymphoid cells and T cells

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ILCs and T cells are closely related functionally but they significantly differ in their ability to circulate, expand, and renew. Cooperation and reciprocal functional regulation suggest that these cell types are more complementary than simply redundant during immune responses. How ILCs shape T-cell responses is strongly dependent on the tissue and inflammatory context. Likewise, indirect regulation of ILCs by adaptive immunity is induced by environmental cues such as the gut microbiota. Here, we review shared requirements for the development and function of both cell types and divergences in the orchestration of prototypic immune functions. We discuss the diversity of functional interactions between T cells and ILCs during homeostasis and immune responses. Identifying the location and the nature of the tissue microenvironment in which these interactions are taking place may uncover the remaining mysteries of their close encounters.

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INTRODUCTION

Innate lymphoid cells have been classified in multiple subsets based on functional and developmental similarities with T cells.¹ Natural killer cells (NK) cells express eomesodermin, perforin, and granzymes, which are the hallmarks of cytotoxic CD8⁺ T cells. ILC1s are similar to Th1 cells, expressing T-bet and producing IFN γ in response to IL-12 and IL-18 at early stages of infections with intracellular microorganisms such as viruses² or parasites.³ However, there is neither specific phenotype nor unique function that universally define ILC1s, as both transcription factor expression and functions vary depending on tissue location. For instance, in the liver, ILC1s might be more related to resident NK cell subsets than to helper ILCs, as they develop cytotoxicity.⁴ Similar to Th2 cells, ILC2s express high levels of GATA-3 and produce IL-5, IL-13, IL-9, and IL-4. ILC2s are activated in response to type-2 inducer cytokines such as IL-25, TSLP, and IL-33 in the context of parasitic infections and airway inflammation induced by respiratory viruses. ILC3s express ROR γ t and produce IL-22, IL-17, TNF α , and GM-CSF in response to IL-1 β and IL-23. In humans and adult mice a significant proportion of ILC3s express the natural cytotoxic receptor 1 (NCR1). Similar to Th17 cells, both NCR1[−] and ⁺ ILC3s are enriched in the *lamina propria* (LP) of the small intestine where they participate in tissue homeostasis at the steady state and in protective immune responses against extracellular bacteria and fungi.⁵ ILC1, 2 and 3 are therefore considered the innate counterparts of Th1, Th2, and Th17, respectively, and designated as “helper” ILCs. Standing apart from the classical parallel between ILCs and T cells, lymphoid tissue inducer cells (LTis) are fetal ILC3s, they also develop in a ROR γ t dependent manner and produce IL-22 and IL-17. In contrast to Th17 cells, LTis are generated in the absence of microbiota as soon as the embryonic day 12.5 in mice and initiate the development of secondary lymphoid structures that are instrumental in the orchestration of adaptive immune responses.⁶

ILC subsets in mice and humans show striking similarities suggesting conservation throughout evolution.⁷ Despite their potent immune functions, ILCs are apparently redundant in humans when adaptive immunity is preserved.⁸ Accumulation of ILCs is however common in inflamed tissues of patients suffering from IBD (ILC1s and ILC3s),⁹ asthma (ILC2s)¹⁰ or psoriasis (ILC3s).¹¹ ILCs are also deregulated in the context of tissue inflammation as evidenced in numerous mouse models mimicking these pathologies. Indeed, their active participation in such immunological disorders is considered as a potential therapeutic target in various inflammatory diseases.¹²

In this review, we will discuss T/ILC similarities and divergences to frame their relative contribution to immunological processes. We will underscore most recent advances focusing on their specificities and collaborative complementarities.

T CELLS AND ILCs ARE CLOSELY RELATED DEVELOPMENTALLY AND FUNCTIONALLY

Cell fate decision

Early in their ontogeny, T and ILC progenitors share similarities in their transcriptional programs. As lymphoid subsets, both T cells and ILCs are derived from the common lymphoid progenitor in mice and in humans. While T cells are strictly dependent on the successful recombination and expression of TCR genes, ILCs remain mostly unaffected in the absence of V(D)J recombination and do not undergo massive proliferation nor selection during differentiation.

During the past few years, the roles of transcription factors involved in ILC commitment have been identified and the sequence of events dictating their fate has been partially uncovered in mice.¹³ In mice, early Lin[−] CD127⁺ Flt3[−] lymphoid progenitors expressing the integrin α 4 β 7 generate all ILC subsets and T cells but not B cells.^{14,15} The first stage deprived of T

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potential has been isolated as the early innate lymphoid progenitor (EILP) stage, where $\text{Lin}^- \alpha\beta\gamma^+ \text{CD127}^- \text{Flt3}^-$ progenitors have the capacity to generate all ILC subsets.¹⁶ At these early stages, the induction of the inhibitor of DNA binding Id2 titrates the activity of E-box proteins and inhibits the progression of B- and T-cell developmental programs.^{17,18} This EILP stage is surprisingly transiently down regulating the IL-7 receptor. This downregulation is also observed during early thymocyte development, just at the transition of double negative stages DN2 to DN3. The reason for the IL-7R α decrease is unknown for both lineages. Human ILCs were generated from two distinct subsets of early lymphoid progenitors (ELPs) in a humanized mouse model. Both CD127^+ and CD127^- ELPs could generate NK cells and ILCs, while T-cell potential was lost in CD127^+ ELPs.¹⁹ In human secondary lymphoid organs, a population of early tonsillar progenitors expressing the receptor for IL-1 and identified as $\text{Lin}^- \text{CD34}^+ \text{CD10}^- \text{c-Kit}^+ \text{IL-1R}^+$ may be considered as the earliest committed common ILC progenitor.^{20,21} Nonetheless, human ILC progenitors have also been identified in the blood and tissues. The developmental relationships between human ILC progenitors have been reviewed elsewhere.²² We will further discuss their migratory behavior later in this review.

Notch signaling in the differentiation of ILCs and T cells
It has been largely documented that T-cell development requires signals emanating from the thymus microenvironment such as Notch ligands and MHCII expressed by thymic DCs and AIRE expressing epithelial cells. In contrast, most ILC subsets develop normally in athymic mice suggesting that ILCs do not require an intra-thymic stage in order to fully accomplish their developmental program. In addition, deletion of RBPJ (the main transcription factor downstream of the canonical Notch pathway) in IL-7R α expressing cells showed that Notch signaling is not required for ILC lineage specification.²³ Nonetheless, in vivo and in vitro studies showed that the strength and duration of Notch signals control cell fate decision at different stages of ILC differentiation.^{15,23–25} Intermediate strength of Notch signaling or transient activation by Notch ligands can favor ILC fate decision in common lymphoid progenitors with LTis and ILC3s being more frequently produced with stronger or longer activation of Notch than ILC2s and NK/ILC1s.²⁴ In vitro. Overall, Notch signaling can modulate ILC identity in many possible ways without being as critically and constantly required as it is for T-cell development.^{14,26–29}

Shared requirements of ILCs and T cells for transcriptional regulators

Numerous transcription factors have been identified as instrumental for both ILC and T-cell development. Loss of all ILC subsets in adult *tcf7* deficient mice indicates that TCF1 expression, instrumental in T-cell development, is also one of the earliest critical events in ILC fate decision.^{30,31} Moreover, both T cells and “helper” ILCs rely on GATA-3 expression at early stages of their development,^{32,33} and PLZF expression marks the earliest ILCP stages restricted to all helper ILCs fate and is also absolutely needed for MAIT³⁴ and NKT cell development.³⁵ Of note, NK cells can be obtained from committed PLZF⁺ ILCP¹⁸ suggesting that ILC1s cannot be completely distinguished from NK cells based on their history of PLZF expression.³⁶ Finally, Bcl11b first considered as the ultimate marker of T-cell committed progenitors was shown to be highly expressed in ILC2 precursors³⁶ and required for ILC2 specification.^{37–39} Indeed, ILC2 potential is enriched in Bcl11b⁺ bone marrow (BM) progenitors, while the generation of alternate ILC lineages is significantly reduced compared to ILCPs.¹⁸

Despite the significant overlap in developmental requirements for ILCs and T cells, BM chimeras and genetically engineered mouse models helped to clarify the contribution of ILCs in

immune responses of lympho-replete hosts. These findings are reviewed and discussed in the next sections of this review.

Identical functions by the use of redundant immune modules
Prototypic immune responses are orchestrated by transcription factors and effector molecules defined as “Immune modules”.⁴⁰ Antiviral type 1 immune responses rely on T-bet, IL-12, and IFN γ , while type-2 antiparasitic responses rely on GATA-3, IL-25, IL-4, and IL-13. Type-17 antibacterial responses rely on ROR γ t, AhR, T-bet, and cytokines such as IL-1 β , IL-23, IL-22, IL-17, and GM-CSF. Regulatory immune responses are characterized by TGF β and IL-10 but the ontogeny of regulatory lymphocytes widely diverges from one lineage to the other. T cells and ILCs share these immune modules, overall raising the question of their complementarity and redundancy during immune responses.⁴⁰

Essential for the differentiation of Th1⁴¹ and ILC1s,³ T-bet promotes Th1 cytokine production through interactions with the promoters and regulatory elements of genes encoding IL-12RB2 and IFN γ .^{42,43} T-bet also induces the expression of *Runx3* a transcription factor that is instrumental for the development of ILC1s and ILC3s.⁴⁴ In T cells, T-bet supports the differentiation of Th1 cells through the induction of IFN γ and suppression of Th2 cell fate.⁴⁰ Interestingly, a DNase I hypersensitivity (HS) site (HS IV) located in the *Il4* gene was detected in both Th1 and Th2 cells⁴⁵ and RUNX3 binding to HS IV was found to suppress IL-4 production in Th1 cells.^{46,42}

IL-5 and IL-13 are type-2 immunity signature cytokines produced by ILC2s,^{47,48} Th2 and Th9.⁴⁹ IL-4 is mainly produced by Th2, follicular helper T(Tfh) cells and basophils while ILC2s and Th9 are more significant producers of IL-9. During helminthes infection, Tfh produced IL-4 while Th2 cells secreted both IL-13 and IL-4. Likewise, on the innate side of antiparasitic immune responses, basophils produced IL-4 while type-2 ILCs secreted IL-13. Distinct expression patterns for IL-14 and IL-13 may explain their unique role in protective immunity and allergic immune responses.⁵⁰ IL-4 and IL-9 sustain type-2 immunity programs with an impact on IgE class switching for IL-4 and the expansion of mastocytes for IL-9. TSLP, IL-25, and IL-33 participate in the maintenance and expansion of tissue-resident ILC2 subsets. GATA-3 was demonstrated to be instrumental for the development of Th2 and ILC2s and in the transcriptional activation of genes encoding IL-5, IL-13, and amphiregulin.³² In Th2 cells, Notch signaling and phosphorylated STAT6 reinforce polarization through the induction of GATA-3 expression.^{32,40}

Immune responses directed against extracellular pathogens and fungi rely on effector cytokines such as IL-17A, IL-22, and GM-CSF. IL-17A promotes the recruitment of neutrophils⁵¹ and IL-22 induces the production of antimicrobial peptides by epithelial cells.⁵² GM-CSF sustains myeloid cell populations that secrete polarizing cytokines such as IL-1 β and IL-23,⁵³ which in turn favor the differentiation and survival of Th17 and Th22 cells as well as the production of IL-22 by ILC3s.⁵⁴ In both ILC3s and T cells, ROR γ t induces the expression of IL-23R. The aryl hydrocarbon receptor (AhR) plays a role in Th22 differentiation, in postnatal maturation of gut associated tertiary lymphoid structures and in intestinal NCR1⁺ ILC3s differentiation.²⁶ Such developmental and functional similarities raise the question of the complementarity and/or redundancy between ILC3s and Th22 cells. In line with the role played by Th22 in responses against enteropathogens, T-cell competent mice lacking NCR1⁺ ILC3s have been shown to be protected against *Citrobacter rodentium*^{55,56} suggesting that the latter are largely redundant in immunocompetent hosts. However, in early immune responses against *C. rodentium*, LTI-like ILC3s played a significant role before the onset of adaptive immunity.^{55,57} In addition, Id2 is required for colonization resistance against *C. rodentium* through IL-22 dependent regulation of the microbiota.⁵⁸

Table 1. Main features distinguishing ILCs from resident and conventional T cells.

	ILC	Nonconventional T cells	Conventional T cells
Residency	Nonlymphoid tissues	Nonlymphoid tissues	Lymphoid tissue and nonlymphoid tissues (TRM)
Hemolymphatic circulation	Rare except for ILC2 upon infection	Rare	Frequent except for TRM
Turnover	Slow	Slow	Fast
Renewal/maintenance	Expansion in situ of tissue-resident populations and low input from bone marrow	Expansion in situ of tissue-resident populations	Recent thymic emigrants and expansion in situ for TRM
Developmental waves	Fetal and perinatal	Perinatal	Throughout life
Acquisition of Immune modules	Programmed	Programmed	Acquired through TCR dependent activation
Activation	Fast, cytokine dependent	Fast, both TCR and cytokine dependent	Slow and TCR dependent
Memory	Cytokine dependent trained immunity	Cytokine dependent trained immunity	Ag specific immune memory

Besides their protective role against enteropathogens, LTI-like cells retain the ability to interact with stromal cells after birth and the functional consequences of such interactions will be discussed later.

Although most T cells have an ILC counterpart, the existence of a separate regulatory ILC subset is controversial. Regulatory ILCs were described based on their ability to produce IL-10 in the context of tissue inflammation in the gut⁵⁹ and in the lung.⁶⁰ However, a recent study provided evidence that ILC2s are the main source of IL-10 in the mouse gastrointestinal tract.⁶¹ Despite functional similarities with regulatory T cells (Tregs), IL-10 secreting ILC subsets do not rely on Foxp3 for their generation and maintenance and do not seem to exert regulatory functions towards adaptive immune responses.

In summary, ILCs and T cells share immune modules that are associated with prototypic responses against viruses, intracellular and extracellular pathogens. The importance and the contribution of these populations are not equivalent and ILCs have been shown to be redundant in immunocompetent hosts. Several reasons might explain why ILCs have been conserved despite the onset of adaptive immunity. LTIs are instrumental in the organogenesis of secondary and tertiary lymphoid tissues. LTIs are not only required for proper adaptive immune responses but also to establish tolerance and maintain homeostasis in the gut. Second, the adaptive immune system remains largely immature during the first weeks after birth leaving neonates at risk of infection. ILCs populate lymphoid organs and nonlymphoid barrier tissues before and early after birth and may compensate the immaturity of adaptive immunity during the perinatal period (Table 1). In addition to these putative advantages during evolution, quiescent tissue-resident populations such as ILCs may partially escape chemically-induced cell death, compensate aplasia, and immunodeficiency resulting from aggressive cancer treatments and participate in tissue repair and remodeling in graft versus host disease.^{62–64}

T CELLS AND ILCs COMPETE FOR SPACE AND SIGNALS

The expression of the common cytokine receptor γ_c , which is shared by IL-2, IL-4, IL-7, IL-9, IL-15, and IL-21 is instrumental for both T and ILC development. Both cell types rely on identical survival factors, notably IL-7, IL-15, and IL-2. As IL-7 is produced in limiting amounts by a small number of specialized stromal cells and epithelial cells,⁶⁵ its availability regulates the abundance and distribution of each cell type in lymph nodes.⁶⁶ All helper ILCs express the IL-7R α chain but only ILC2s and ILC3s require IL-7 for

their development and/or maintenance.^{67–69} In contrast, NK cells and ILC1s are only significantly reduced in IL-15 deficient mice.^{3,70}

IL-7 reporter mice revealed *il-7* gene expression by epithelial cells in the small intestine and in the lung suggesting that niches may sustain both T and ILC survival in these tissues.⁶⁵ Indeed, IL-7 may participate in the maintenance of resident memory T cells in hair follicles⁷¹ as well as in the lung and airways.⁷² However, it has been recently shown that IL-15 can largely compensate IL-7R α deficiency for ILC2 and ILC3 survival in the small intestine but not in other tissues.⁷³

Activated T cells produce IL-2 as well as ILCs at the steady state. Tregs and ILC2s express the high affinity receptor for IL-2, CD25. Of note, IL-2 derived from ILC3s was recently shown to be instrumental in the generation and maintenance of induced Tregs in the small intestine (Fig. 1a).⁷⁴ Reciprocally, IL-2 derived from activated CD4⁺ T cells was shown to promote the survival of type-2 ILCs in a mouse model of helminthes infection (Fig. 2c).⁷⁵ Interestingly, Tregs were reported to restrain the availability of IL-2 derived from CD4⁺ T for the expansion and differentiation of immature CD25⁺ CD127⁺ NK cell precursors⁷⁶ and this may also be the case for ILC2s.⁷⁷ The role of autocrine IL-2 in ILC homeostasis remains unclear. Loss of IL-2 expression by ILC3s did not affect their numbers in the small intestine⁷⁴ and the role played by autocrine IL-2 in the survival and activation of CD25⁺ ILC2s remains to be established.

DIVERGENCE BETWEEN ILCs AND T CELLS AS A SOURCE OF COMPLEMENTARITY

T cells and ILCs share master transcriptional regulators and effector cytokines. However, the timing of their maturation and activation as well as their ability to enter the bloodstream and tissues of residence are strikingly different and support complementarity and cooperation.

Tissue residency and trafficking

Given the large diversity of the naïve T-cell repertoire, the frequency of clones that are specific for one given antigen is extremely low. The ability to patrol and recirculate through the body is therefore necessary to increase the probability for antigen-specific naïve T cells to get activated by professional APCs in secondary lymphoid tissues.⁷⁸ In contrast, and alike unconventional T cells lymphocytes with a restricted TCR repertoire, ILCs are mostly tissue-resident cells, and in both cell types, tissue residency appears to be associated with cytokine-induced activation (Table 1). Parabiosis experiments, in which the circulatory systems

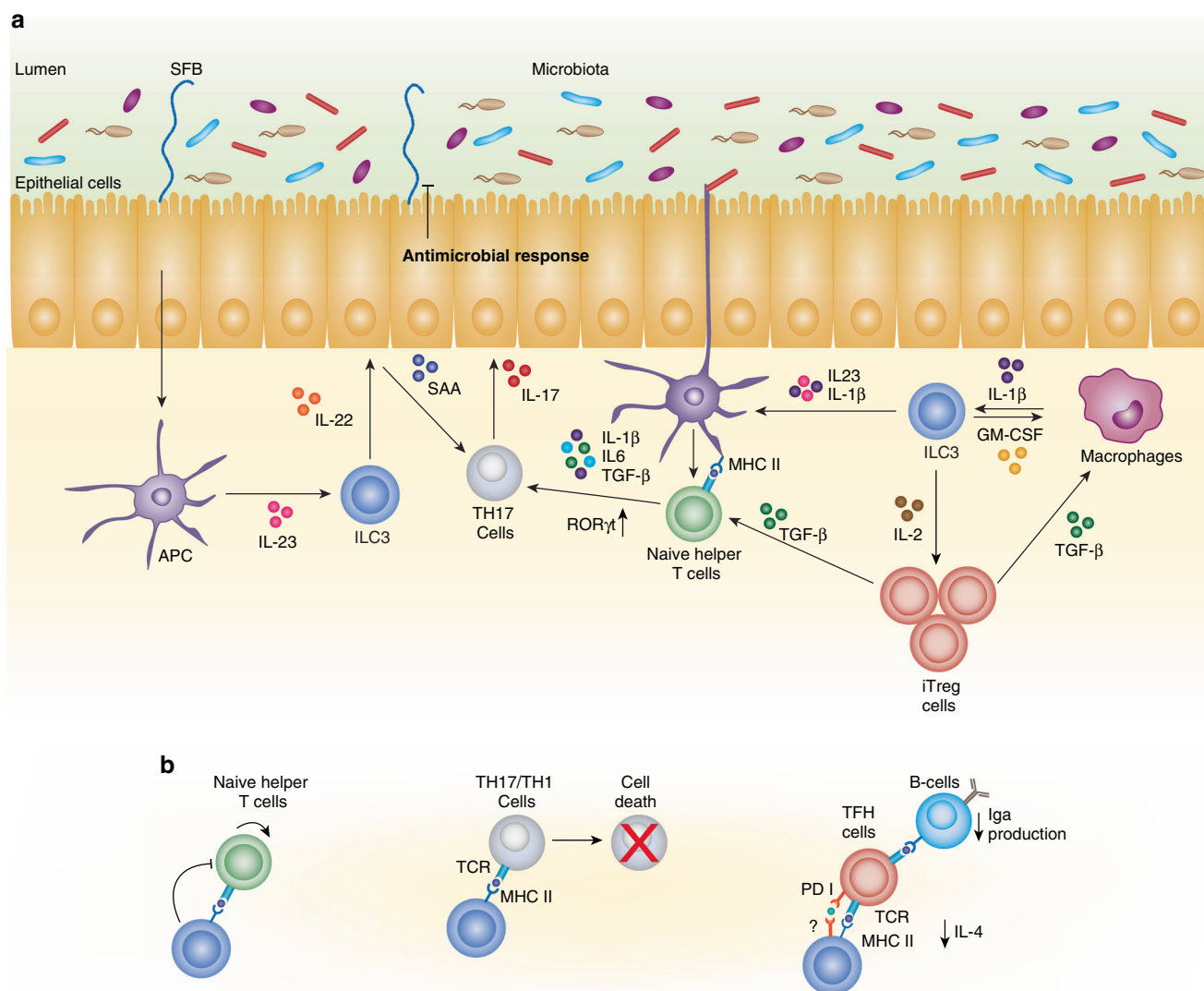


Fig. 1 Coordinated innate and adaptive immune responses to commensal bacteria in the small intestine. **a** In the small intestine, the commensal *Segmented filamentous bacteria* induce IL-22 production by ILC3s, which in turn promotes the local maturation of Th17 cells through the induction of SAA1/2 production by intestinal epithelial cells.¹³² GM-CSF derived from ILC3s sustains the function and survival of myeloid cells, which release IL-1 β in response to microbiota.⁵³ IL-1 β increases the production of IL-2 by gut ILC3s that are in turn instrumental in the maintenance of induced regulatory T cells.⁷⁴ **b** In mucosal draining lymph nodes, MHCII-expressing LTI-like cells suppress the activation or promote the cell death of microbiota-specific T cells through antigen presentation in the absence of co-stimulatory molecules. Highly reactive clones are depleted from the repertoire, thereby promoting peripheral tolerance toward gut microbiota-derived antigens.¹¹³ MHCII-expressing ILC3s also control IgA responses against commensal bacteria through interactions with follicular helper T cells (Tfh). Antigen presentation by ILC3s inhibits the production of IL-4 by Tfh and of IgA by B cells. PD1-PDL1 interactions may synergize with antigen presentation to suppress Tfh functions¹¹⁴.

of two animals have been surgically joined, showed that very few ILCs are exchanged between partners even on the long term at the steady state, in stark contrast with T and B cells that equilibrated within a few weeks. Nonetheless, inflammation and infection promoted ILC2 migration but in lower numbers than their adaptive counterparts.⁷⁷ Interestingly, a study from Huang et al. showed that, during the intestinal stage of helminthes infection, inflammatory ILC2s migrated from one parabiont to the other: these ILC2s originated from the small intestine and migrated to the lungs in a S1PR dependent manner (Fig. 2c).⁷⁹ Moreover, in mice infected by *Nippostrongylus brasiliensis*, ILC2s circulating in the blood were shown to originate from diverse tissues (lung, intestine, and BM) depending on the stage of

infection. Environmental constraints such as carrying capacity were proposed to explain extrusion after the local expansion of activated ILC2.⁸⁰ Indeed, cells probably migrate from the tissue when their numbers have reached the maximum population size that can be sustained in this environment.

In naïve mice, helper ILCs are barely detected in the blood, except for ILC2s, although the possibility that circulating ILCs are phenotypically different from their tissue-resident counterparts (thereby preventing their detection) cannot be excluded. In humans, there is evidence that committed ILC precursors expressing *Id2*, *Tox*, *Tcf7*, and *Runx3* but no transcription factors specific of mature helper ILCs are circulating.⁸¹ They may circulate through the blood and lymph nodes as CD62L expressing cells⁸²

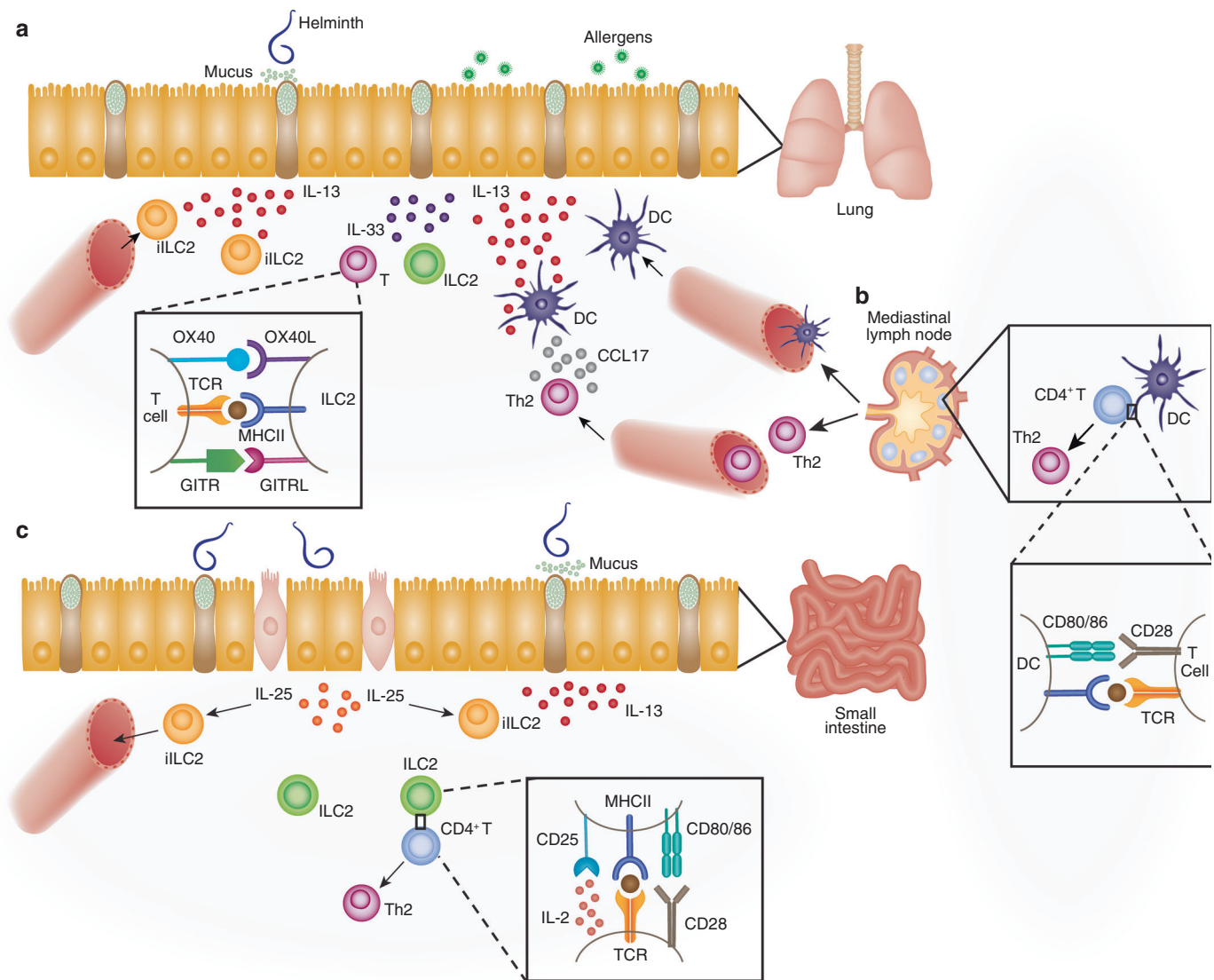


Fig. 2 T-ILC2 interactions in response to parasite infection and allergen exposure. **a** Allergen exposure induces the release of IL-33 by lung epithelial cells, which in turn stimulates IL-13 production by tissue-resident ILC2s. ILC2-derived IL-13 promotes the activation of dendritic cells (DC) as well as their migration towards the draining lymph nodes where naïve T cells are activated and converted into Th2 cells. Th2 cells eventually migrate back to the tissue in response to DC-derived CCL17¹²⁸. **b** T-ILC2 interactions also take place in the lungs and promote adaptive immune responses: antigen presentation through MHCII and OX40-OX40L interactions favors Th2 differentiation and the maintenance of memory T cells.¹⁴⁸ **c** Upon helminthes infection, a specialized subset of intestinal epithelial cells named Tuft cells release IL-25. IL-25 induces the activation of inflammatory ILC2s and their exit into the blood. Circulating inflammatory ILC2s reach the lung where they can promote parasite clearance through the release of IL-13 and the activation and mucus production by goblet cells.⁷⁹ T-ILC interactions such as antigen presentation, OX40-OX40L¹²⁵ binding and IL-2 production^{75,119} coordinate innate and adaptive immunity in the small intestine to promote parasite expulsion.

and seed the periphery to give rise to diverse tissue-resident ILC subsets. In mice, migratory mature ILCs have also been identified in peripheral lymph nodes. ILC1s were found to be the most abundant migratory subset in the blood and lymph nodes. Their entry was dependent on CD62L and CCR7 while their egress relied on S1PR as previously described for T cells.⁸³

A few studies suggest that chemokine receptors such as CCR7 and CCR9 are involved in the trafficking of LT α i-like cells and in the migration of ILC1s and ILC3s from the mesenteric lymph nodes to the small intestine.^{84,85} CCR9 and $\alpha 4\beta 7$ expression by ILC2 precursors control homing to the small intestine while CXCR4 promotes retention in the BM. The downregulation of CXCR4 by IL-33 was shown to promote ILC2 egress from the BM.⁸⁶ Migratory ILCs have been identified in cryptopatches at the steady state and shown to exit these structures in a mouse model of innate colitis.⁸⁷

Yet, key chemokines involved in this process have not been clearly identified.

Overall, it appears that ILCs can adopt a migratory behavior using similar homing receptors and molecular interactions as T cells. Reciprocally, T cells can establish residency in lymphoid and nonlymphoid tissues. These resident T cells include unconventional T-cell subsets such as $\gamma\delta$ T, CD8 α IEL, MAIT cells and iNKT cells or conventional T cells called tissue-resident memory (T_{RM}). Resident memory T cells (T_{RM}) cells and ILCs thus share the common feature of long-term residency associated with a slow turnover. By secreting cytokines and chemokines that recruit T cells independently of their antigen specificity T_{RM} cells can also provide an innate type of immune response.⁸⁸ Interactions between these different tissue-resident lymphocytes and their hematopoietic and non-hematopoietic partners likely participate

in the maintenance of tissue homeostasis at the steady state and promote tissue repair during infection or injury. Conversely, memory T cells and ILCs can act in concert to foster immune pathologies such as allergy, inflammation, and autoimmunity.

Renewal and functional diversification

Whether ILCs colonize peripheral tissues as immature precursors or mature populations remains unclear. In mice, several studies indicated that, during embryogenesis, immature ILC precursors migrated from the fetal liver to the periphery where they promptly acquired specific lineage markers.^{24,89} To date, whether ILC development follows the same rules in newborn and adult mice is not known. What triggers the early priming of immune modules shared with T cells is unclear as well as the contribution of extrinsic cues in the adult or fetus. Genes defining each helper ILC lineage were shown to be transcriptionally active in fetal liver common ILC progenitors suggesting that the underlying epigenetic modifications are largely independent of microbial stimuli.⁹⁰ Accordingly, all ILC subsets are detected in adult germ-free mice suggesting that they could be produced independently from the microbiota.^{91,92} However, analyses of their transcriptome at the single cell level suggested potential functional modifications, especially for intestinal ILC2 subsets.⁹² The differentiation of mouse ILCs thus differs from that of conventional helper T cells, for which a combination of antigen and cytokine-mediated activation is a prerequisite for polarization in secondary lymphoid organs.

Most studies on ILC ontogeny have been performed in mice. In humans, a population of multipotent ILC progenitors has been characterized in the blood, suggesting that immature ILCs may be recruited to tissues and differentiate locally in response to Notch ligands and/or the cytokine milieu.⁸¹ A recent study showed however that circulating human ILC progenitors contain a mix of specified ILC precursors with restricted potential as well as multipotent progenitors.⁹³ Thus, circulating ILC precursors may not have the same potential for polarization as naïve T cells in humans. Progenitors with ILC potential have also been detected in the human fetal liver, small intestine, tonsils,⁹⁴ BM, and cord blood¹⁹ while bi-potent NK-ILC precursors have been observed in the human fetal intestine.⁹⁵ The respective contribution of these human ILC precursors to the generation and renewal of tissue-resident ILCs remains to be evaluated.

Successive waves of development lead to the colonization of peripheral tissues by $\gamma\delta$ T cells before and shortly after birth. Likewise, ILCs are more abundant in lymphoid and nonlymphoid tissues before and during the first days after birth⁹⁶ where they compete with T cells for stroma-derived IL-7.⁹⁷ Accordingly, $\gamma\delta$ T cells and ILCs are progressively outcompeted after birth by $\alpha\beta$ T cells in peripheral lymph nodes as well as in tissues. In contrast to $\alpha\beta$ T cells that are renewed and constantly replaced by new thymic emigrants, the maintenance of the peripheral pool of ILCs relies on local renewal of tissue-resident cells rather than distal input from the BM.^{77,98} These processes are however heterogeneous among ILCs. ILC2s are renewed at a higher rate than ILC1s and ILC3s at the steady state.⁷⁹ Genetic fate mapping approaches were used in order to describe the dynamics of ILC2 renewal at the steady state and during infection.^{80,98} At the steady state, de novo generation of ILC2s was shown to take place mostly during the perinatal period and the contribution of BM derived-precursors was found to be moderate in the adult.⁹⁸ In the context of *N. brasiliensis* infection, the expansion of peripheral ILC2s relies on the migration of activated ILC2s from infected tissues rather than newly generated cells.^{80,98}

Type 2 ILCs and alveolar macrophages are derived from fetal/neonatal progenitors and were both shown to be long-lived tissue-resident subsets. Such features may promote the establishment of lung perinatal type-2 immunity, in combination with environmental cytokines such as IL-33. Indeed, during postnatal

alveologenesis, IL-33 promotes Th2 cell mediated immunity through the activation of pulmonary DCs and ILC2s.⁹⁹ In turn, ILC2s support the maintenance of alveolar macrophage type-2 polarization through IL-13 secretion.¹⁰⁰

Memory and trained immunity

In T cells, adaptive immunological memory relies on the selection of highly specific clones among naïve lymphocytes expressing a vast diversity of antigen-specific receptors. T-cell activation in the context of antigen presentation and polarizing cytokines induces chromatin remodeling at loci encoding immune effectors.¹⁰¹ Epigenetic marks such as DNA methylation patterns and posttranslational modifications of histone proteins remain partially imprinted in memory T cells allowing higher accessibility for transcriptional regulators and faster induction of gene expression upon rechallenge.¹⁰¹

Innate lymphoid cells might also remember immunological challenges and thereby acquire adaptive features. The development of memory responses by conventional NK cells was first described during murine cytomegalovirus (MCMV) infection.¹⁰² NK memory generation was dependent on Ly49H interaction with its virally-induced ligand m157 and a memory pool of Ly6C^{hi} DNAM1^{lo} CD27[−] CD11b^{hi} KLRG1^{hi} MCMV-induced NK cells was shown to arise from KLRG1^{lo} Ly49H⁺ effector NK cells.^{103,104} Development of memory NK cell was shown to be positively regulated by IL-12, DNAX accessory molecule 1 (DNAM1), Eomes, T-bet and STAT4 and antagonized by Bim¹⁰⁵ and was linked to epigenetics alterations allowing enhanced chromatin accessibility at the *Prf1* (encoding perforin-1) locus.¹⁰⁶ In humans, memory-like NK cells have also been observed after cytomegalovirus (HCMV) infection. Their memory phenotype and their increased IFN γ secretion was also linked to epigenetic modifications.¹⁰⁵ Memory acquisition has also been observed in liver-resident NK cells and ILC1s which can protect upon secondary challenge by viruses.^{107,108} Likewise, lung ILC2s stimulated by IL-33 were suggested to develop into “memory-like cells” that produced high amounts of IL-5 and IL-13, showed long-term residency in the lungs and high responsiveness to IL-25.¹⁰⁹ Whether these IL-33-experienced ILC2 cells are true memory cells remain however uncertain. Future studies will be necessary to determine the molecular and epigenetic features that characterize these various memory-like populations of ILCs.

Overall, it appears that both T cells and ILCs can participate in protective immune responses and in the maintenance of tissue homeostasis with the capacity to colonize and establish long-term residency within mucosal tissues and barrier sites. However, T cells are more numerous and subdivided into resident and circulating subsets with a much higher capacity to renew, expand and mount specific memory responses. Therefore, the cooperation between these two cell types is expected to be essential to coordinate appropriate immune responses while maintaining tissue integrity, function, and homeostasis.

RECIPROCAL REGULATION OF EFFECTOR FUNCTIONS BETWEEN ILCs AND T CELLS

Functional interactions between T cells and ILCs include direct cell–cell contacts or rely on secreted molecules. Indirect interactions involving a third partner such as dendritic cells, macrophages, epithelial cells, or stromal cells have also been reported.¹¹⁰ They are shaped by environmental cues such as alarmins and commensal bacteria, which play a critical role in the regulation of ILCs and T cells.¹¹¹

Regulation of T-cell responses by ILCs

Antigen presentation by ILCs to T cells. In the mesenteric lymph nodes and large intestine, CCR6⁺ ILC3s express high levels of MHCI, while they lack the expression of co-stimulatory molecules.



Ablation of MHCII molecules in ILC3s was shown to result in microbiota-dependent spontaneous colitis.¹¹² Indeed, antigen presentation by ILC3s to their cognate T cells induced the cell death of highly reactive T-cell clones and resulted in peripheral tolerance towards microbiota antigens.¹¹³ In colon-draining lymph nodes, MHCII⁺ ILC3s could also limit Tfh-mediated Ig class switch and mucosal IgA responses.¹¹⁴ These observations indicate that MHCII⁺ ILC3s participate in the regulation of adaptive immune responses against commensal bacteria antigens (Fig. 1a, b). Whether these mechanisms are redundant with the action of induced Tregs remains unclear. Of note, ablation of MHCII expression by ILC3s did not induce spontaneous colitis in other studies,^{115,116} perhaps due to differences in the microbiota between mouse colonies. Interestingly, expression of co-stimulatory molecules by ILC3s and antigen presentation to T cells were differentially regulated in the spleen and small intestine. Thus, IL-1 β induced the expression of CD40 and CD86 in splenic but not intestinal ILC3s¹¹⁶ and activated splenic NCR⁺ ILC3s efficiently induced T-cell activation and proliferation in vitro. Reciprocally, adaptive immune responses were significantly impaired in mice lacking MHCII expression in ILC3s.¹¹⁶ Collectively, these observations indicate that the tissue microenvironment profoundly affects the outcome of antigen presentation by type 3 ILCs through the regulation of the expression of co-stimulatory molecules. This conclusion is also supported by a recent study showing that IFN γ promotes MHCII expression in spleen ILC3s and stimulates their APC function, while microbiota-induced IL-23 suppresses MHCII expression in small intestinal ILC3s through pSTAT3.¹¹⁷

Splenic ILC3s were also shown to express CD1d and to internalize and present lipid antigens to iNKT cells. As a result, NKT cells produced IL-4 and INF γ while activation by α Gal-Cer was able to increase IL-22 expression by ILC3s through CD1d signaling both in vitro and in vivo.¹¹⁸ ILC3s are rare in the spleen compared with dendritic cells and B cells that express CD1d, therefore the frequency at which NKT-ILC interactions occurs in this compartment and their physiological relevance remain to be fully evaluated.

Antigen presentation by ILC2s to CD4⁺ T cells has also been described. ILC2s express MHCII at lower levels than ILC3s or B cells but a fraction also expresses co-stimulatory molecules. MHCII⁺ ILC2s promoted worm expulsion and instructed adaptive immune response in a mouse model of helminthes infection (Fig. 2c). Although murine ILC2s were shown to process and present antigens to T cells, they were unable to induce T-cell proliferation in vitro. It has been suggested that low MHCII expression by ILC2s may skew T-cell differentiation towards type-2 immunity but investigations are needed to clarify how MHCII expression by ILC2s potentiates adaptive immune responses in vivo.^{75,119}

In human, ILC2s express CD1a and group 4 phospholipase A2 (PLA2G4) in the epidermis at the steady state. Both CD1a and PLA2G4 expression were potentiated by TSLP in vitro thereby enhancing lipid presentation by ILC2s since PLA2G4 activity participates in the processing of lipid ligands presented by CD1a. Accordingly, CD1a⁺ ILC2s were shown to efficiently present lipids derived from house dust mite and *Staphylococcus aureus* and to induce the production of cytokines such as IFN γ , IL-22, and IL-13 by T cells. Thus, lipid presentation by ILC2s may participate in skin inflammation in patients suffering from atopic dermatitis.¹²⁰

Role of ILCs in the survival of memory CD4⁺ T cells and in T-cell activation. In addition to MHCII and co-stimulatory molecules, ILCs express surface molecules that can impact adaptive immune responses depending on the context in which cellular interactions take place. LTI-like cells were shown to express OX40L and CD30L in adult mice¹²¹ and ROR γ t deficiency was associated with reduced survival of CD4⁺ memory T cells. It was thus proposed that LTI-like cells provide OX40L and CD30L signals that are

instrumental for memory CD4⁺ T cells survival.^{122,123} However, models in which OX40L is selectively inactivated in ILCs still remain to be generated in order to clarify whether ILCs are a relevant source of this ligand to support CD4⁺ memory T-cell survival in vivo. Inducible expression of OX40L by MHCII⁺ ILC3s might also support the activation of pathogenic T cells during colitis. Thus, it was shown that microbiota-induced TNF-like Ligand 1A (TL1A) promoted OX40 ligand (OX40L) expression on MHCII⁺ ILC3s which, in turn, supported antigen-specific T-cell proliferation in vitro and in vivo expansion of pathogenic Th1 in a mouse model of chronic colitis.¹²⁴ Finally, OX40L may also play a role in the interaction between ILC2s and Th2 cells in mice. Intranasal administration of IL-33 induced OX40L expression in lung ILC2s, while ILC2s targeted deletion of OX40L, alike ILC2 depletion, impaired Th2 and Treg responses to IL-33. These observations were reproduced in mouse models of allergy and helminthes infection, demonstrating the physiological relevance of IL-33 dependent OX40L expression by ILC2s¹²⁵ (Fig. 2a).

Role of ILC-derived cytokines in the recruitment and activation of T cells. ILCs and helper T cells activate immune and non-hematopoietic cells through the production of effector cytokines. Cytokines produced by each ILC subset can also regulate adaptive immune responses.

ILC1s and T cells: studies on the cross talk between ILC1s and T cells are rare and the specific contribution of ILC1s was not investigated in depth. ILC1s have been associated with increased intestinal inflammation through a positive feedback loop leading to the secretion of IFN γ by ILCs and T cells in Crohn's disease patients and in a colitis mouse model.^{9,126} It was also proposed that IFN γ released by ILC1s and NCR1⁺ ILC3s promotes the migration of T cells across the parenchyma via chemokines and matrix metalloproteases in a Th17-induced neuro-inflammation model.¹²⁷

ILC2s and T cells: during IL-33-mediated lung inflammation induced by repeated intranasal administration of papain, ILC2s-derived IL-13 was shown to be essential for initiating lung Th2 responses. Thus, the early production of IL-13 induced the migration of dendritic cells (DCs) from the lungs to the draining lymph nodes, an instrumental step for Th2 cell priming.¹²⁸ Of note however, ILC2s-derived IL-13 was sufficient to initiate allergic airway hyper reactivity in the absence of T cells.¹²⁹ ILC2-derived IL-13 could also promote memory Th2 responses through the induction of CCL17 expression by pulmonary DCs. Thus, transient depletion of ILC2s before rechallenge with allergens (papain or *Alternaria alternata*) resulted in drastic reduction of lung memory Th2 cells 130 days after priming (Fig. 2b). Altogether these observations point at a critical role for ILC2-derived IL-13 in the priming and recall of adaptive Th2 response during allergic inflammation through its action on lung DCs.¹³⁰ In a model of chronic arthritis, ILC2s dampened inflammation via their production of IL-9. Autocrine production of IL-9 induced the expression of ICOSL and of glucocorticoid-induced TNFR-related protein ligand (GITRL) on ILC2s allowing their interactions with adjacent Tregs. IL-9 also activated Tregs and promoted their proliferation. Conversely, in a model of allergic lung inflammation, upregulation of GITRL in ILC2s played a pro-inflammatory role. GITRL signals through GILTR, also expressed by lung ILC2s, induced ILC2 expansion and Th2 cytokine production in a T-cell-independent manner.¹³¹

ILC3s and T cells: cooperation between commensal bacteria, phagocytes and ILC3s might also promote the differentiation and the maintenance of intestinal Tregs. Thus, microbiota-induced production of IL-1 β by macrophages was shown to boost IL-2 production by ILC3s, while disruption of the *il2* gene in NCR1-expressing ILCs reduced the numbers of induced Tregs, overall suggesting that ILC3-derived IL-2 is instrumental for Tregs maintenance in the small intestine.⁷⁴ A role of ILC3-derived

GM-CSF in the maintenance of intestinal Tregs was also suggested.⁵³ Production of cytokines by ILC3s might also promote Th17 cells differentiation. Thus, colonization of the small intestine by commensal *segmented filamentous bacteria* (SFB) was shown to induce strong innate and adaptive immune responses with ILC3s being an early source of IL-22, which promoted containment of the gut microbiota by stimulating the production of antimicrobial peptides by intestinal epithelial cells. IL-22-dependent activation of epithelial cells upon colonization by SFB induced the release of serum amyloid A (SAA1 and 2) which, in turn, favored the local differentiation of Th17 cells, thus revealing an indirect positive regulation of microbiota-specific adaptive immune responses by ILCs¹³² (Fig. 1a).

Postnatal regulation of lymph node architecture and function by adult LT α i-like cells. LT α i cells are instrumental in the orchestration of adaptive immune responses through their role in the development of secondary and tertiary lymphoid structures. Interactions between LT α 1 β 2 expressed by LT α i cells and LT β R expressed by stromal and lymphatic endothelial cells initiate the organogenesis of lymph nodes¹³³ but also the maturation of isolated lymphoid follicles subsequently to colonization by commensal bacteria.¹³⁴ Whether LT α i cells retain a lymphoid tissue organizing function throughout life remains unclear. A few observations suggest that functional interactions between LT α i cells and lymphoid tissue stromal cells take place long after birth. Adoptive transfer of fetal or adult LT α i-like cells into LT α deficient hosts partially restored the B/T-cell zone segregation in the spleen of adult recipients while adoptively transferred splenocytes or DCs failed to do so. Restoration of the B/T-cell zone segregation correlated with the production of CCL21 and VCAM1 by stromal cells, both indicative of lymphoid tissue reorganization.¹³⁵ Similarly, LT α β ⁺ LT α i cells may contribute to restore the architecture of lymph nodes following their destruction by cytotoxic T cells during acute infection by LCMV. Thus, restoration of fibroblastic reticular cells in the T-cell zone was significantly delayed in BM chimeras lacking ROR γ ⁺ cells and upon LT β R blockade.^{136,137}

Regulation of ILCs by T cells

At the steady state and in adult immunocompetent hosts, ILCs are rare tissue-resident populations with slow renewal. During the neonatal and perinatal periods when the adaptive immune system is still immature, ILCs are more abundant: they proliferate and display a high renewal capacity and an activated phenotype. Similar characteristics were observed in immunodeficient hosts, especially those lacking T cells.^{91,138,139} It is therefore reasonable to assume that once adaptive immune responses have reached maturity and achieved containment of potential infectious threats and tolerance towards innocuous antigens, ILC populations exert redundant functions, shrink and rest.¹³⁹ However, the mechanisms through which adaptive immune responses complete this transition are still poorly understood.

Regulation of gut resident ILC3s by T cells. Korn et al. were the first to report the role of conventional CD4⁺ T cells in the control of IL-22 production by intestinal ILC3s.¹³⁸ They observed increased expression of antimicrobial peptides and IL-22-producing ILC3 in the intestine of RAG-deficient mice compared to control mice and observed that these changes were corrected by adoptive transfer of CD4⁺ T cells.¹³⁸ A few years later, Mao et al. confirmed these observations and reported that STAT3 phosphorylation was transiently induced in intestinal epithelial cells upon weaning in immune-competent hosts.¹³⁹ While STAT3 phosphorylation remained high in adult RAG-deficient mice, it was lost upon treatment with broad-spectrum antibiotics or in a germ-free context. The authors further showed that STAT3 phosphorylation was the consequence of IL-22 production by ILC3s in response to microbiota-induced production of IL-23 by CCR2⁺ myeloid cells and that adoptive transfers of Th17 or Tregs could significantly

reduce ILC3 activation. Th17 differentiation decreased microbial colonization in reconstituted immunodeficient hosts, while Tregs reduced the production of IL-23 by myeloid populations.¹³⁹

Overall, these observations show that adaptive immune responses are crucial in regulating the activity of intestinal ILC3s through the containment of commensal bacteria and the suppression of pro-inflammatory signals emanating from myeloid cells.

Regulation of ILC2s by T cells. ILC2s express both ICOS and ICOSL in mice and humans.^{140,141} Interestingly, Tregs have been reported to suppress the activity of mouse ILC2s in response to intranasal administration of IL-33 in a TGF β - and ICOS-dependent manner.¹³⁷ Conversely, ICOS expression was shown to be necessary for lung ILC2 survival and function at steady state and upon induction of airway hyper reactivity by IL-33 intranasal administration.¹⁴⁰ Therefore, ICOS-ICOSL interactions might either support ILC2 survival and function or suppress inflammatory cytokine production depending on the context. IL-2 derived from activated CD4⁺ T cells was also shown to support ILC2 survival and activation in vivo during parasitic infection⁷⁵ and lung inflammation.¹¹⁹ In contrast, IFN γ could inhibit the survival of hepatic ILC2s activated by IL-33.¹⁴² These observations indicate that T-cell-derived cytokines participate in the regulation of ILC2 function and survival during immune challenges or tissue inflammation. Whether conventional T cells also participate in the control of ILC2 homeostasis at steady state has not been reported yet.

CONCLUDING REMARKS

Many functional interactions between T cells and ILCs are taking place, but how and when remains difficult to determine. Major advances on ILC-T interactions will result from the determination of the highly coordinated sequence of cellular processes. Time-lapse movies achieved by intravital imaging should clarify where T cells and ILCs interact. ILCs are rare populations lacking lineage markers and their unambiguous identification using classical immunostaining and histology remains challenging. Few studies managed to track them in their local environment using Kaede mice¹⁴³ but these approaches cannot be generalized to all tissues or experimental conditions as photo-conversion is transient and only a limited number of cells can be followed. Migratory subsets of ILCs were identified for each ILC subgroup with ILC1s being the most abundant subset to traffic continuously within the blood and lymph. Hence, circulating ILC subsets may support the priming of CD4⁺ T cells during immune responses.⁸³ Interactions within the tissues in which ILCs reside remain poorly understood. Only rare studies explored the ILC microenvironment by imaging. Lung intravital microscopy studies were pioneers in patterning ILC2 migration and showing their highly dynamic properties during lung inflammation.¹⁴⁴ 3D microscopy was also used to identify adventitial stromal cells as a tissue niche for lung ILC2s.¹⁴⁵ Development of long-term tracking Cre induced models as well as “rainbow” reporter mouse models should soon be available and may help uncovering the encounters between ILCs and adaptive immune cells. High-throughput RNA sequencing on human ILCs across different tissues revealed that contrary to mice, tissue environment does not determine transcriptional heterogeneity in human ILCs¹⁴⁶ as strongly as it does in mice. Human ILC biology remains to be linked to its transcriptional signature. Spatial transcriptomics already used in diagnosis, especially in the cancer area, should be a precious technology for the analysis of human ILCs and their role in disease.¹⁴⁷

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ADDITIONAL INFORMATION

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