

REVIEW ARTICLE

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Material and design strategies for chronically-implantable neural probes

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Abstract

Implantable neural probes capable of monitoring deep brain activities with single-neuron resolution have contributed substantially to our understanding of brain function, treatment of neurological diseases, and application in brain-machine interface. However, conventional probes comprised primarily of rigid inorganic materials with large feature sizes face several limitations when being chronically implanted, including chronic recording instability, elevated immune responses within the brain, and deleterious neuron death. Driven by the strong desire for long-term stable brain interfaces and innovations in biomaterials and probe designs, novel neural probes are emerging and being rapidly adopted in academic and clinical settings. Here, we first review the historical progression of conventional implantable neural probes. We then discuss their limitations in long-term brain interfaces and the underlying biological mechanisms. Next, we summarize recent progress in next-generation chronically stable probe technologies enabled by materials innovations and structural engineering. Last, we highlight several outstanding challenges and future opportunities of the field. We argue that advancements in biomaterial engineering integrated with innovations in probe design and manufacturing will not only play an increasingly critical role in neuroscience and therapeutics but also offer a general approach to achieve long-term stable tissue monitoring by blurring the distinction between man-made devices and natural-born organisms.

Introduction

The brain's extraordinary computational capabilities arise from the intricate networks of massive numbers of interconnected neurons¹. Neurons—the functional units of the nervous system—integrate, process, and transmit information via changes in electrical potentials, including low frequency (<250 Hz) local field potential (LFP) oscillations originated from ensemble neuron dynamics and high frequency (~1 kHz) action potentials (APs) of individual neurons^{1–3}. Stable long-term extracellular monitoring of large neuronal populations across multiple brain regions, from both superficial and deep structures, with single-neuron resolution holds the promise to significantly advance fundamental neuroscience research (e.g., deciphering the neural representations behind specific behaviors), treatment of neurological diseases (e.g.,

Parkinson's and Alzheimer's), and brain-machine interface (BMI)^{2,4–7}.

The intricate, dynamic, and delicate nature of the brain poses the following requirements for an ideal neural probe (Fig. 1). First, it should be capable of mapping the dynamics from a massive number of neurons at single-neuron resolution as growing evidence suggests that spatially distributed neuronal ensembles represent the functional motifs of the mammalian brain⁷. Second, it should be capable of tracking individual neurons' APs at millisecond temporal resolution and stably over chronic timescales because many crucial brain processes, including learning, memory, and aging, occur over months to years. Finally, it should introduce minimal disturbance to the brain's neural and glial networks to enable true physiological monitoring of the brain in its native state.

Current surface neural recording technologies, including electroencephalography (EEG)^{8,9} and electrocorticography (ECoG)¹⁰, offer minimally-invasive solutions to capture neural activity across large areas. However, they fall short in achieving high spatial

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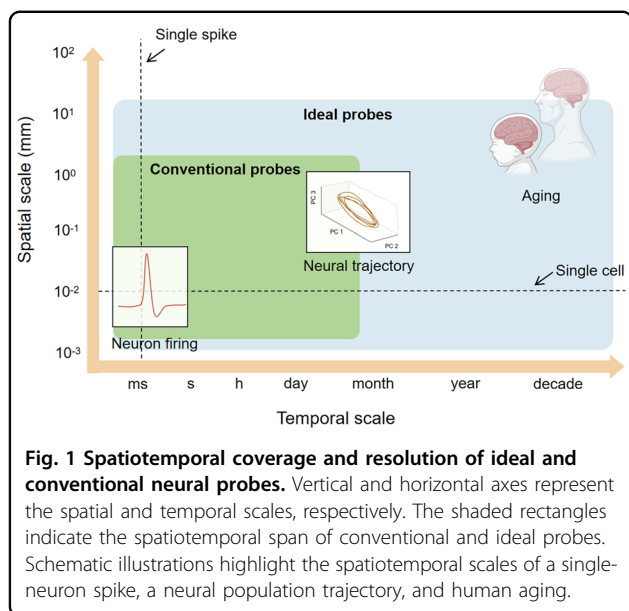
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resolution due to the low-pass filter properties of the scalp, skull, and brain tissue. Recent progress in ECoG technologies has achieved single-neuron resolution, but they are still restricted to probing the surface brain regions, unable to study activities in deeper regions that contribute to a broad range of brain functions^{10,11}. This limitation calls for implantable neural probes that can penetrate into the brain and record from intracortical and subcortical areas.

Over the past century, various types of implantable neural probes were invented and have achieved highly multiplexed recordings from both superficial and deep brain regions at single-neuron resolution¹². These technological advances have led to a significant leap in our understanding of the brain, including several Nobel-winning discoveries^{13–15}. However, their capability to sustain stable chronic recording is severely limited.

In this review, we focus on discussing recent innovations in materials engineering and structural designs that led to substantial improvement in the long-term recording stability of implantable neural probes. We begin with reviewing the historical development of implantable neural probes and their achievements. Then, we introduce the challenges associated with their long-term recording performance and examine the underlying biological mechanisms. Next, we summarize recent developments in materials engineering and structural designs that enabled long-term stable recordings at the single-neuron level. On the other hand, these developments also brought new challenges regarding probe implantation. We will compare different strategies to overcome these challenges. We end the review with a discussion on remaining challenges

and future directions. As it is impossible to cover all the exciting progress in this rapidly evolving field, we refer interested readers to other comprehensive reviews for additional information^{16–23}.

Brief overview of implantable neural probes

To capture the APs from individual neurons in the extracellular space, an electrically conducting device, such as a metal wire or electrode, needs to be placed in the vicinity, typically within 100 μm , of the target neuron²⁴. Microwire probes are conventional recording probes that typically consist of a conductive metal wire encapsulated by an insulation layer while leaving the tip of the wire exposed (Fig. 2a, b). A milestone in the development of microwire probes is the invention of tungsten probes in 1957²⁵. Prior to this, neural probes such as glass-insulated electrodes were often too brittle to access deep brain regions and were difficult to miniaturize. Tungsten probes, with tips diameter sharpened to the sub-micron scale, enabled high-precision extracellular recordings from individual neurons in mammalian brains^{25,26}. This technological breakthrough has laid the foundation of a series of seminal discoveries made by David Hubel and Torsten Wiesel that greatly expanded our knowledge of sensory information processing mechanism of the brain¹⁴. Besides tungsten, other metallic materials, including insulated steel, gold (Au), and platinum (Pt), have also been adopted. A key issue of microwires is their limited scalability for spatial multiplexing, which undermines both their capability to sort out APs generated by different neurons and the total number of neurons that can be recorded simultaneously²⁴. To sort out APs from different neurons, stereotrodes²⁷ and tetrodes²⁸, which consist of two and four closely bundled microwires, respectively, were invented: each microwire in the bundle records slightly different signals from nearby neurons. By comparing recorded traces across different wires, the identity of individual APs can be assigned. Nevertheless, the total number of neurons that can be recorded remained low.

By the 1980s, advancements in semiconductor micro-fabrication had led to the invention of silicon-based multielectrode arrays (Fig. 2a, c), where densely packed and spatially distributed electrode arrays were lithographically defined. Among them, the most widely adopted ones are the Utah array and the Michigan probe. Utah array is a three-dimensional (3D) silicon-based array consisting of ~ 100 intracortical electrodes²⁹. Each electrode is composed of a 1.5 mm long polyimide insulated silicon needle with its tip coated with Pt. The electrode arrays with a typical spacing of 0.4 mm are held together by a thin silicon substrate. During recording, the electrodes penetrate into the cortex while the silicon substrate sits on the cortical surface. Thanks to their surface area and high electrode count, Utah arrays have become the

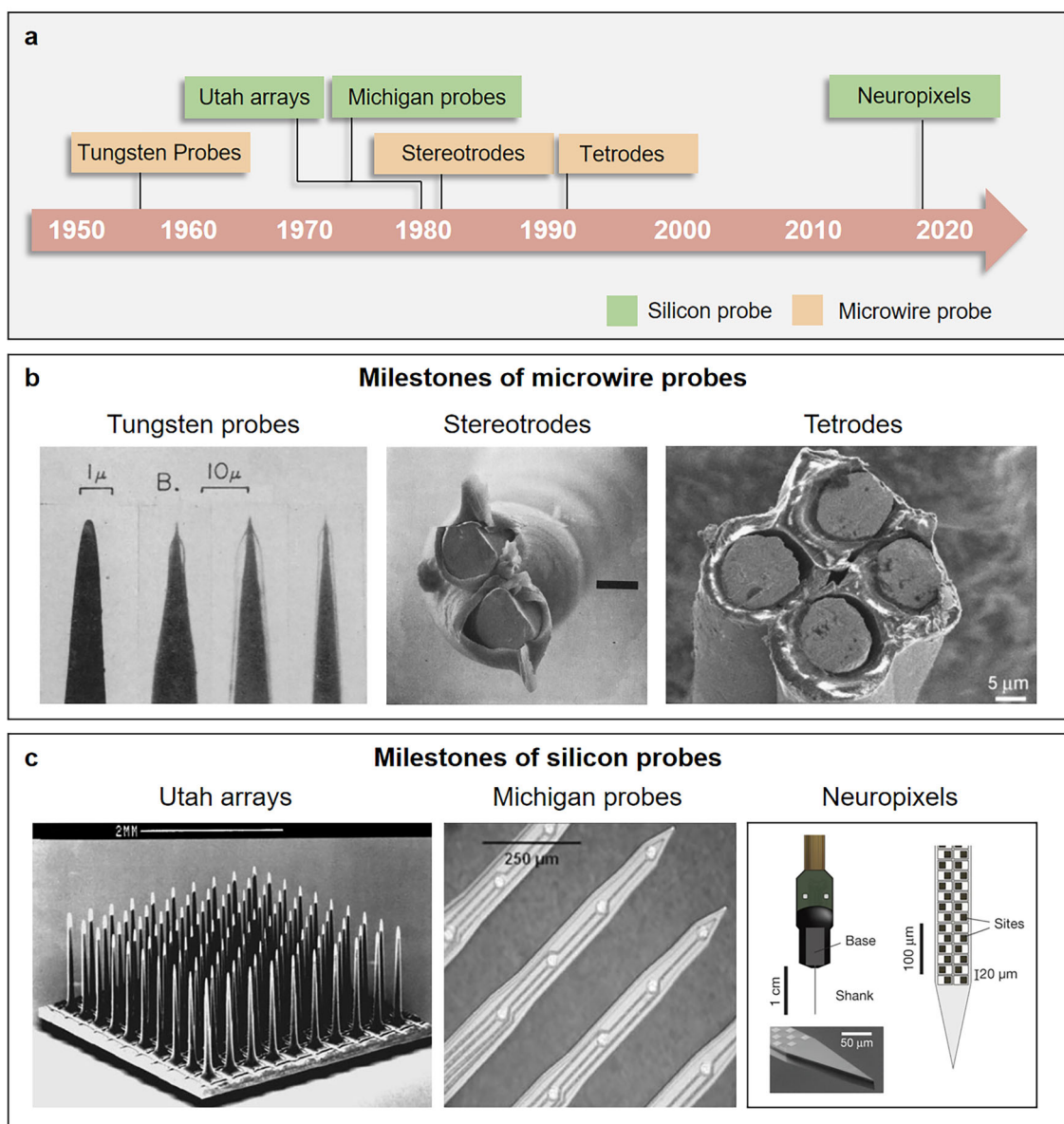


Fig. 2 Milestones of conventional implantable neural probes. **a** Milestones of conventional implantable probes for in vivo neural recordings. **b** Milestones of microwire type probes, including tungsten probes (left), stereotrodes (middle), and tetrodes (right) (Reproduced with permission from refs. [25,27,122](#)). **c** Milestones of silicon probes, including Utah arrays (left), Michigan probe (middle), and Neuropixels (right) (Reproduced with permission from refs. [30,123,124](#)).

go-to technology for studying cortical circuits, particularly in non-human primate models, and BMI applications in the motor and visual cortex. The major limitations of Utah arrays are their restricted penetration depths, inaccessibility to subcortical areas, and low multiplexing along the dorsal-ventral axis.

To overcome these limitations, an alternative architecture was developed in the 1980s named Michigan probe: a 2D array of microelectrodes is lithographically defined on a silicon substrate that is often referred to as a

shank. Michigan probe offers precise multi-site recordings at targeted subcortical regions. To further scale up the total number of neurons that can be recorded, several strategies have been implemented, including improving the interfacial impedance of the microelectrodes to shrink the electrodes' size for higher packing density, as well as integrating and packaging multiple shanks to a single probe. A recent breakthrough, named Neuropixel (Fig. [2c](#)), utilizes complementary metal-oxide-semiconductor (CMOS) technology to integrate signal amplifiers into the

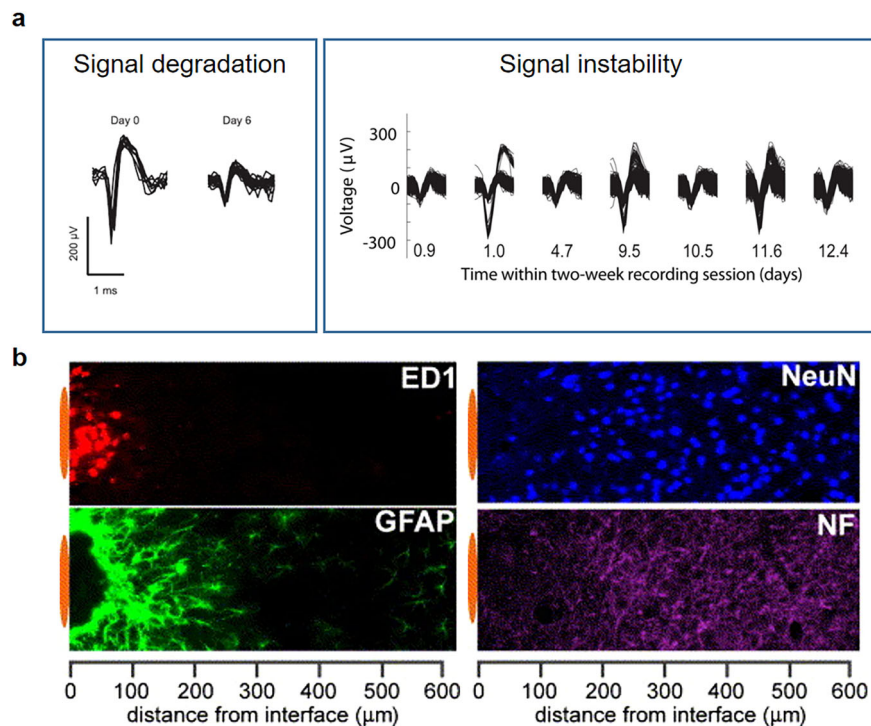


Fig. 3 Challenges for long-term stable recording. **a** Neural signals recorded from conventional implantable neural probes degraded typically over a few days after implantation (left, reproduced with permission from ref. ³⁷) with signal instability across days (right, reproduced with permission from ref. ³⁸). **b** ED1 (microglia), GFAP (active astrocytes), NeuN (neurons), and NF (neurofilament) signals around chronically implanted silicon probe (Reproduced with permission from ref. ¹²⁵).

shank and achieves high-density, high-resolution recordings over 1000 recording sites on a single shank^{12,30}. By further improving the probe insertion process, reducing electrical noise, and minimizing motion-induced artifacts, Neuropixels have enabled large-scale intraoperative recordings from humans⁵.

Despite the successes of conventional implantable neural probes in facilitating discoveries in neuroscience and applications in BMI, they face a key challenge—being incapable of tracking the same neuron over long term—that limits their use in chronic studies. Although approaches such as microdrive have been attempted to reposition the probes to compensate for the issue, these approaches often lead to further brain damage and preclude monitoring of the initially targeted neurons¹⁸. Addressing this challenge asks for an understanding of the fundamental mechanisms behind this long-term instability and the development of next-generation implantable neural probes based on new materials and probe designs.

Contributing factors to the long-term recording instability

The long-term instability of neural probe recording, manifested as a gradual degradation of signal quality over time following implantation (Fig. 3a), is primarily caused

by gliosis and neuronal death (Fig. 3b)²⁰. Gliosis refers to the formation of a dense encapsulation layer—glial scar—around the neural probe induced by chronic foreign body reaction (FBR)³¹. Glial scar is mainly composed of reactive astrocytes, which are the activated phenotype of astrocytes that are characterized by an upregulation of the intermediate filaments of polymerized glial fibrillary acid protein (GFAP) signal in immunohistochemical staining (Fig. 3b)³¹. The formation of the glial scar enlarges the distance between the recording electrodes and the targeted neurons, increases the interfacial impedance of the electrodes, and, as a result, leads to a decay in signal-to-noise-ratio (SNR) of recorded neuronal activities³¹. In addition to gliosis, neuronal death near the probe is suggested to be another major cause of signal decline³¹. Since the probe typically records from neurons within 100 μm , the death of neurons in the vicinity of the probe can result in the loss of recorded signals³¹.

One common cause of gliosis and neuronal death is chronic inflammation, which is characterized by the upregulation of pro-inflammatory cytokines and an increase in oxidative stress from free radicals, surrounding the neural probes^{32,33}. These pro-inflammatory cytokines and free radicals can activate astrocytes and transform them into the reactive phenotype that forms glial scars³⁴.

In addition, the neurotoxicity caused by pro-inflammatory cytokines and free radicals also leads to neuronal death^{32,35}.

Activated microglia and chronic blood-brain barrier (BBB) disruption are considered among the key contributors to chronic inflammation surrounding the probes^{31,33}. Microglia are the primary immune cells in the central nervous system. When activated, they release pro-inflammatory cytokines, including IL-1, TNF- α , and IL-6, and trigger an inflammatory response³¹. Additionally, BBB disruption leads to the leakage of neurotoxic serum proteins, red blood cells, and pro-inflammatory factors, further increasing the levels of free radicals and pro-inflammatory cytokines, which exacerbates the inflammation around the probes³⁶.

Mechanical mismatch between the probes and the brain tissue, along with the brain tissue's micromotion, are found to contribute to the activation of microglia and chronic BBB disruption^{37–39}. The elastic modulus of metal and silicon neural probes typically exceeds 100 GPa. In contrast, brain tissue's elastic modulus is only a few kPa. This significant difference in elastic moduli, together with the brain tissue's micromotion that is driven by respiration, vascular pulses, and rotational acceleration, induces mechanical strain in the brain tissues surrounding the probes⁴⁰. In vitro experiments reveal that even low-magnitude strain can induce the upregulation of gliosis markers and anti-inflammatory cytokine responses⁴⁰. In addition to the induced mechanical strain, differences in elastic moduli alone can also trigger chronic immune responses. For example, studies have shown that glial cells are more likely to be activated on stiffer surfaces⁴¹. Furthermore, probe-tissue mechanical mismatch and brain tissue's micromotion have also been hypothesized to be associated with long-term BBB damage³⁶.

It should be noted that despite significant efforts to unravel the mechanisms behind recording failure, a full understanding is still beyond reach due to the large variability of diverse neural probes and insufficient knowledge of the brain's immune system.

Strategies to improve long-term recording capability

Various strategies have been proposed to extend the longevity of implantable neural probes, targeting different potential biological causes mentioned above. These strategies include functional coatings to directly mitigate neuroinflammation and improve brain-probe integration, replacing conventional rigid probe substrates with soft polymer substrates, and engineering novel probe structures with reduced dimensions to minimize the mechanical mismatch between the probe and the brain tissues.

Functional coatings to improve long-term stability

Anti-inflammatory coatings

Dexamethasone (DEX) is a widely used anti-inflammatory agent that mitigates inflammation associated with chronic implants^{42–45}. To circumvent the side effects brought by systemic DEX injection, including myopathy and diabetes, surface coatings of DEX have been explored⁴². For example, evaporating a mixture of DEX and nitrocellulose solution on a silicon probe has been shown to reduce neuronal death at both 1 week and 4 weeks post-implantation⁴². For sustained drug release, DEX was stored in polypyrrole/carbon nanotube composite film or poly(3,4-ethylenedioxythiophene) (PEDOT) coating^{43,44}, allowing for controlled release upon electrical stimulation. Besides DEX, minocycline hydrochloride and α -melanocyte stimulating hormone have also been used as anti-inflammatory coatings^{46–48}.

In addition to anti-inflammatory drugs, nanozymes with antioxidative and biocatalytic properties are reported to reduce activated molecules at the electrode-brain interface and effectively alleviate neuroinflammation⁴⁹. Histological analysis 2 months post-implantation showed that nanozyme-coated probes exhibited a significant reduction in glial scar volume, microglia activities, and neuronal death. Besides, signals recorded from nanozyme-coated probes remained stable, in contrast to a 58% amplitude reduction in uncoated ones⁴⁹.

Biomimetic coatings

Biomechanical analysis predicts that improved tissue-probe integration via surface coating can reduce micromotion-induced strains to the surrounding brain tissue, thereby improving the probes' chronic stability³⁹. Experimental studies have been attempted.

Laminin, a key component of the extracellular matrix (ECM), serves as an effective biomimetic coating material that promotes tissue-probe integration⁵⁰. Silicon probes coated with laminin-1 showed reduced gliosis and lower pro-inflammatory cytokine production 4 weeks post-implantation in rat brains, indicating mitigated long-term immune reactions⁵¹. Similarly, researchers demonstrated that ECM coatings derived from primary rat astrocytes on a planar silicon microelectrode array can effectively reduce astrocyte activation 8 weeks after implantation in adult rat cortex⁵². In another study, researchers covalently linked neuron-adhesive protein L1 to the surfaces of Michigan probes and showed improvement in recording quality, enhancement of neuronal and axonal density, as well as reduction in microglial activation 16 weeks after implantation in mouse brains⁵³.

Although functional coatings have been proven to mitigate FBR, they do not address the fundamental issue of mechanical mismatch between the implantable neural

probes and the brain tissues. Strategies that overcome the mechanical mismatch (Fig. 4a) hold the promise to fundamentally solve the long-term recording instability of implantable neural probes.

Soft materials to improve long-term stability

Both in vitro and in vivo studies indicate that matching the mechanical properties of the neural probe to those of the surrounding tissues can significantly mitigate FBR⁴¹. Therefore, a straightforward strategy to enhance the long-term recording stability of implantable neural probes is to construct their components with soft materials, including the substrate that offers mechanical support and electrodes that provide electrical sensing capability.

Soft substrate materials

Plastic polymers have been used as substrate materials for microfabricated flexible probes, serving as alternative options to the rigid silicon substrate (Fig. 4b). The elastic moduli of polymers are typically on the order of a few GPa, which is two orders of magnitude lower than silicon⁵⁴. Among the diverse groups of plastic polymers, polyimide, Parylene C, and SU-8 are the most commonly used ones^{55–63}. Polyimide is a commercially available polymer that has been used for microelectronics and biomedical applications for over 40 years⁶⁴. It features excellent electrical insulation as well as robust chemical and thermal properties^{64,65}. Polyimide's application as the substrate material for implantable neural probes can be traced back to the early 2000s⁵⁶. Parylene C, another polymer material known for its outstanding biocompatibility, has been broadly applied in biomedical devices⁶⁶. Parylene C can be deposited by chemical vapor deposition at low temperatures, allowing it to conform to most surfaces⁶⁷. SU-8, an epoxy-based photoresist, can be directly patterned into high aspect ratio structures via photolithography, making it a versatile option in various applications. The use of plastic polymer substrates has been proven to successfully reduce FBR⁶⁸.

While the fabrication methods of these plastic polymer materials are well-established, their elastic moduli are still around 1 million times greater than that of the brain. Therefore, researchers have also been exploring softer and stretchable elastomers as the substrate materials (Fig. 4c). Poly(dimethylsiloxane) (PDMS), a transparent silicone-based material, usually consists of a prepolymer and a cross-linker with tunable mechanical properties by adjusting their ratio. It has an elastic modulus on the order of hundreds of kPa⁶⁹, and has been used as substrate material for surface neural probes, including ECoG and devices interfacing with peripheral nerves and spinal cord^{70–73}. However, PDMS is only occasionally adopted in penetrating neural probes^{74–77}. Ecoflex is another type of biocompatible silicone elastomer that can serve as the

substrate material. It has been used to fabricate mechanically matched brain implants⁷⁸. Compared to silicon probes of the same dimensions, mechanically matched brain implants elicited a lower FBR with reduced levels of activated microglia, reactive astrocytes, and neuronal death at 3 and 9 weeks post-implantation⁷⁸. The fabrication of Ecoflex substrate usually requires casting the material into a separate master mold, which limits the achievable resolution and structural complexity. Recently, researchers have employed a photo-patternable fluorinated elastomer as the substrate of neural probes. The perfluoropolyether (PFPE)-based material can be fabricated with micrometer resolution^{79,80}.

Hydrogels represent another group of soft materials, with mechanical and chemical properties closely resembling those of the brain tissues (Fig. 4d)⁸¹. They typically have elastic modulus on the order of a few kPa. To test their ability to reduce mechanical mismatch and associated FBR, researchers coated 25–100 μm polyethylene glycol dimethacrylate (PEG-DMA) hydrogel layers on implantable neural probes and compared their performance with uncoated ones⁸². In vitro micromotion simulations in a 0.6% agarose brain phantom showed a significant reduction in the local strain field surrounding the hydrogel-coated probes under both axial and perpendicular displacements⁸². In vivo studies showed that hydrogel-coated probes exhibited significantly reduced GFAP reactivity within 50 μm of the probes at 1, 4, and 8 weeks post-implantation⁸².

However, applying hydrogel as a coating material does not fundamentally address the mechanical mismatch issue because the overall mechanical property of the coated probes remains dominated by the stiffness of the probe itself⁸³. To address this limitation, researchers directly utilized hydrogel as a substrate material⁸³. Individual functional fibers were aligned into an assembly that is dip-coated with a hydrogel pre-gel solution. The assembly is then cured by ultraviolet light to form a 25 μm thick hydrogel substrate⁸³. A key issue of hydrogel-based probes is that hydrogels are generally fragile and prone to damage during implantation. One approach that partly solves this issue is to dehydrate hydrogels before implantation. Once inside the brains, hydrogels absorb water and return to a hydrated state^{82–84}.

Soft electrode materials

As probes transition from rigid to soft substrates, the stiffness of the recording electrodes, once insignificant, begins to dominate. To maintain flexibility, the electrodes must also be 'softened'.

Conductive polymers are a class of soft conductive materials that have been widely explored, particularly as electrode coatings to reduce interfacial impedance⁸⁵. For example, coating recording electrodes with PEDOT can

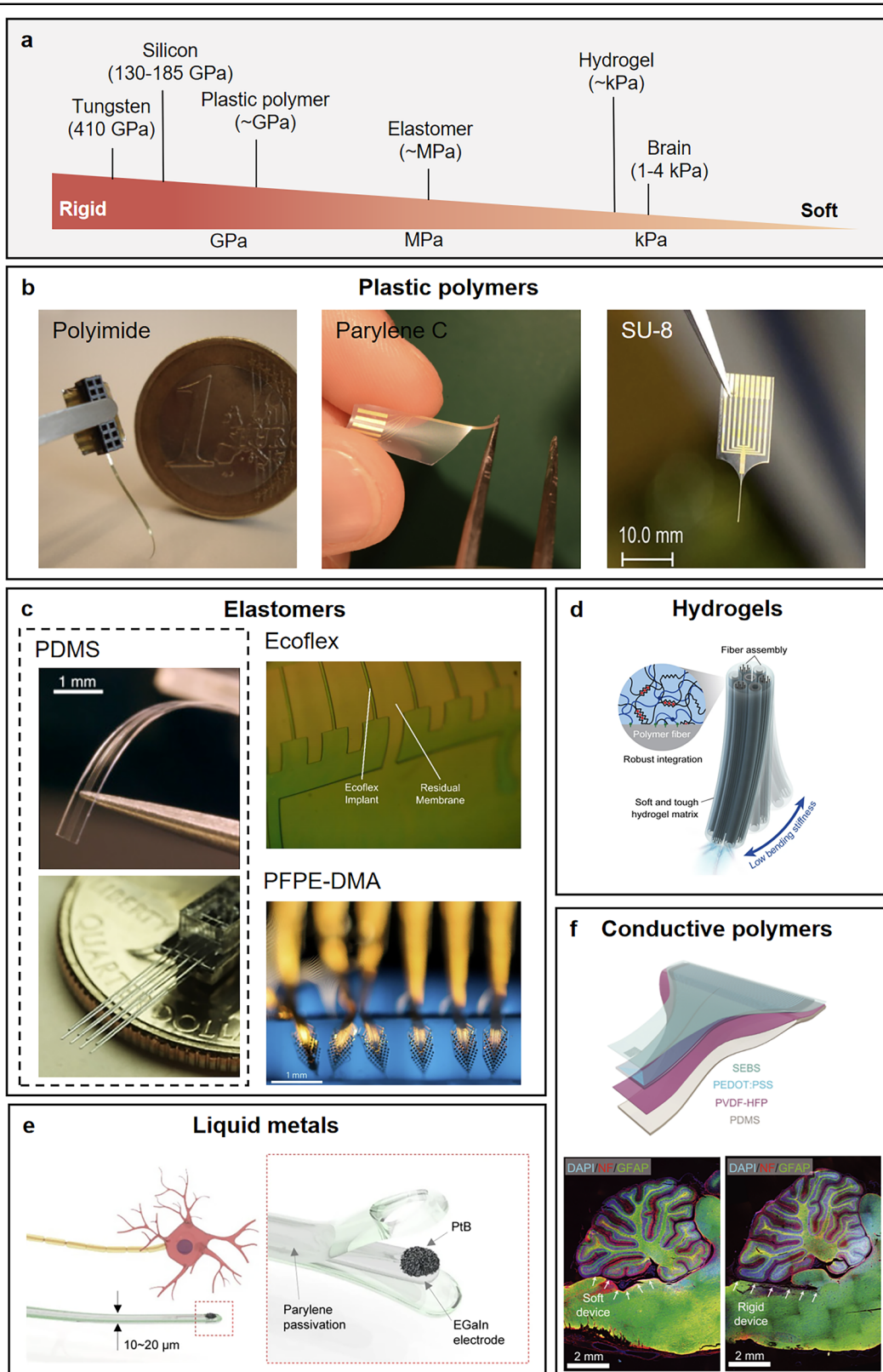


Fig. 4 Soft materials to improve long-term stability. **a** Elastic modulus of brain tissues and commonly used materials for implantable neural probes. **b** Neural probes with commonly used plastic polymer substrates, including polyimide, Parylene C, and SU-8 (Reproduced with permission from refs. [68,126,127](#)). **c** Neural probes with elastomer-based substrates, including PDMS, Ecoflex, and PFPE-DMA (Reproduced with permission from refs. [74,75,78,79](#)). **d** Neural probes with hydrogel-based substrates (Reproduced with permission from ref. [83](#)). **e** Neural probes with liquid metal electrodes (Reproduced with permission from ref. [94](#)). **f** Neural probes with conductive polymer electrodes (Reproduced with permission from ref. [85](#)).

greatly decrease recording electrodes' impedance, which leads to increased SNR of recorded neural signals^{86,87}. Although conductive polymers are not typically used as primary electrode materials, there have been efforts investigating their potential in this capacity with promising outcomes. For example, studies reported 3D printing of PEDOT: polystyrene sulfonate (PEDOT: PSS) to construct soft electrodes^{77,88}. In another study, researchers designed a neural electrode array based on a biocompatible supramolecular network with both high electrical conductivity and mechanical robustness (Fig. 4f)⁸⁵. When placed between cerebellum and brainstem, this neural electrode array leads to reduced tissue damage and inflammatory responses⁸⁵. Recently, in contrast to the regular approach of fabricating the neural probes first followed by implantation, an innovative approach uses *in vivo* polymerization and directly creates electrodes within brain tissues⁸⁹. In this experiment, a precursor solution containing conductive polymer monomers and enzymes was injected into biological tissue. Endogenous metabolites, such as glucose or lactate, reacted with the enzymes to generate oxidizing species, which subsequently triggered polymerization of the monomers⁸⁹.

In addition to intrinsic conductive polymers, soft electrodes can also be constructed using conductive polymer composites, which are blends of non-conductive polymer and conductive materials. For example, a conductive polyethylene (CPE) polymer composite was used as the recording electrode material for fabricating an all-polymer multifunctional neural probe⁹⁰. To enhance the conductivity of CPE, researchers blended it with 5% graphite⁹¹. Similarly, impregnating 2 vol% carbon nanofiber into CPE also effectively enhances the conductivity⁹².

Although conductive polymers and conductive polymer composites showed great potential, they are limited due to their low conductivity. Liquid metals whose electrical conductivity is approximately 30 times higher than that of intrinsic conductive polymers make it possible to form soft electrodes with high electrical conductivity (Fig. 4e)⁹³. Liquid metals have been used in fabricating devices to interface with peripheral nerve, brain surface, and retina. Researchers utilized the near-body melting point properties of liquid metals to both conduct electrical interconnection and probe stiffening for implantation aid⁷⁵. For example, pressurized liquid gallium (Ga) was introduced into PDMS microfluidic channels and then frozen to a stiff state before implantation. After implantation, the solidified Ga was melted by body temperature and removed to reduce the stiffness of the implantable probe⁷⁵. In another study, researchers used high-resolution printing to fabricate eutectic gallium-indium alloy (EGaIn) liquid metal wires⁹⁴. The EGaIn wire, which is structurally and mechanically similar to neurons, can recover after physical disconnections⁹⁴. Tissue slices from

mice 8 weeks post-implantation showed no significant neuronal death or glial activities⁹⁴.

Structural engineering to improve long-term stability

Improving the long-term stability of implantable neural probes solely with soft materials faces challenges in several aspects, including poor mechanical durability, insufficient conductivity, and limited compatibility with microfabrication techniques. A quick examination of the bending stiffness of a neural probe shows that it not only depends on the elastic modulus, but also on the area moment of inertia that is determined by the size and geometry of the probe⁹⁵. For an implantable neural probe with a beam-like geometry and a rectangular cross-section, its bending stiffness, K , can be approximated as:

$$K = EI$$

where E is the elastic modulus of the substrate materials, I is the area moment of inertia that is proportional to the probe's width and the cubic power of its thickness. By rationally designing the structures and minimizing the dimensions of the probe, its bending stiffness can be substantially decreased.

The influence of probe dimension on brain FBR has been experimentally studied by systematically examining tissue responses to neural implants with different sizes⁸². Researchers implanted glass microcapillaries with diameters ranging from 150 μm to 400 μm into rodent brains. Immunohistochemical analysis at 8 weeks post-implantation revealed a clear size-dependent effect on chronic gliosis, with the 400 μm capillary showing the most severe gliosis. Larger capillaries were also found to be associated with increased BBB permeability and elevated macrophage activation⁸².

Different types of implantable neural probes with reduced dimensions and carefully engineered structures have been developed to reduce bending stiffness. For example, fiber-like probes were developed as miniaturized analogs to conventional microwire probes (Fig. 5a). Researchers fabricated ultrasmall Parylene-N coated carbon-fiber probes with diameters of approximately 8.5 μm , which are comparable to the size of a neuron⁹⁶. This ultrasmall carbon-fiber probe achieved stable recording capabilities in rat brains for up to 5 weeks post-implantation⁹⁶. To further integrate fibers with multifunctionalities, a thermal drawing process was applied to fabricate multifunctional neural probes⁹⁰.

Similarly, researchers have developed thin-film planar neural probes as analogs to the Michigan-style probes (Fig. 5c)^{97,98}. Researchers have designed a Michigan-style probe with a linear array of microelectrodes on a 50 μm wide and 1 μm thick SU-8 substrate⁹⁷. With significantly reduced dimensions, the probe exhibited a dramatically

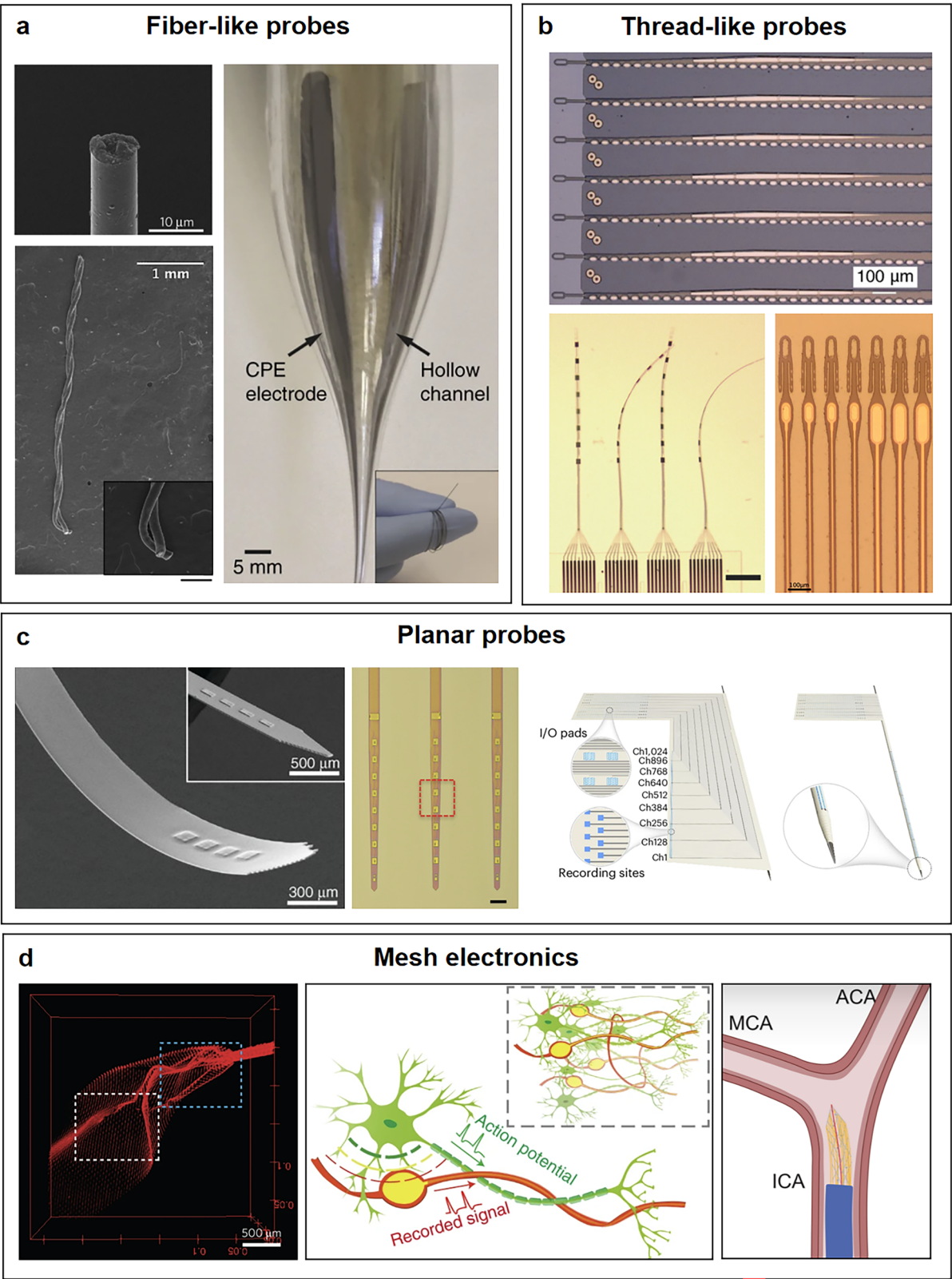


Fig. 5 Structural engineering to improve long-term stability. **a** Fiber-like neural probes (Reproduced with permission from refs. [90,96,128](#)). **b** Thread-like neural probes (Reproduced with permission from refs. [99–101](#)). **c** Planar flexible neural probes (Reproduced with permission from refs. [97,98,102](#)). **d** Mesh electronics (Reproduced with permission from refs. [61,105,108](#)).

decreased bending stiffness and greatly enhanced biocompatibility compared to conventional Michigan probes. Further reductions in probe width led to the development of thread-like neural probes (Fig. 5b), which can be ‘sewn’ into the brain tissue with stiff ‘needles’^{97,99–101}. Recently, researchers developed an innovative way to roll a flexible polyimide film probe into a cylindrical probe (Fig. 5c). This rolled cylindrical probe, named ‘Neuroscroll’ probe, houses a large number of densely packed recording electrodes on the cylinder surface with the interconnects embedded inside the scroll. The probe has been proven to be capable of recording from large neural populations up to 105 weeks in rats¹⁰².

A unique design distinct from conventional probe structures is the mesh electronics (Fig. 5d)^{103,104}. Mesh electronics eliminate substrate areas that are not covered by either recording electrodes or interconnects and create a 3D macroporous structure that resembles the neural network for enhanced chemical diffusion and tissue integration. The recording electrodes and interconnects of mesh electronics can be fabricated with dimensions similar to those of neuronal soma and axons, respectively¹⁰⁵. Mesh electronics have been demonstrated to achieve stable long-term monitoring and modulation of the same neuron and neural circuit activities over 8 months¹⁰³. In addition, the unique structure of mesh electronics also enables interface with tissues that are inaccessible to conventional neural probes, including retina¹⁰⁶, spinal cord¹⁰⁷, and vasculatures inside the brain¹⁰⁸. Mesh electronics can also act as tissue scaffolds to promote cell migration within the brain^{105,109}.

Delivery methods for flexible implantable neural probes

While a combination of materials and structural engineering significantly enhances the neural probes’ long-term recording stability, their flexibility—the very characteristic that leads to the probes’ long-term advantages—also brings a new implantation challenge: probe buckling⁹⁵. The critical force beyond which buckling happens can be described by the following equation:

$$F_{buckling} = \frac{\pi^2 IE}{(\kappa L)^2}$$

where I is the area moment of inertia, E is the elastic modulus of the probe, L is the length of the probe, and κ is the effective length factor⁹⁵. As can be seen from the equation, probes with small bending stiffness (a small product of I and E) also have a small critical buckling force and are, therefore, easily deformed during implantation. Alternative delivery strategies are necessary to ensure successful stereotaxic implantation while maintaining the structural and functional integrity of the probes.

Shuttle-facilitated delivery

Monolithically bonding a flexible probe to a stiff shuttle is a commonly used method to facilitate probe delivery (Fig. 6a). Prior to implantation, the flexible probe is attached to a stiff shuttle using an adhesive but dissolvable material. This shuttle provides the necessary mechanical support for tissue penetration. Once the probe reaches the desired depth, the adhesive material dissolves, allowing the probe and the shuttle to separate. The shuttle is then extracted, leaving the flexible probe in place.

Silicon is a commonly used shuttle material. For example, researchers used a silicon shuttle with a carboxyl terminal self-assembled monolayer (SAM) modified surface to deliver a polymer probe¹¹⁰. SAM modified surface allows the temporary attachment of the probe to the shuttle. When the assembly was inside the brain, a drop of artificial cerebrospinal fluid (CSF) was applied to separate the probe from the shuttle¹¹⁰. Besides silicon, tungsten was also used for shuttles¹¹¹. Tungsten’s high mechanical stiffness and strength allow for minimizing the size of the shuttle to reduce tissue damage during insertion.

In addition to rigid-materials-based shuttles, people also fabricated shuttles out of plastic polymers. For example, a 250 μm SU-8 shuttle was designed to deliver a soft polyimide probe by attaching them together with bio-dissolvable silk⁹⁸. After the probe was inserted into the brain, artificial CSF was added to dissolve the silk followed by shuttle extraction⁹⁸. Besides the shuttles that require removal after implantation, researchers have developed shuttles that dissolve within the brain following probe delivery^{112,113}. One limitation of using an adhesive layer to bond the probe and shuttle together is that it increases the footprint of acute implantation damage. Moreover, this method suffers from the risk of unintentional probe-shuttle separation because the adhesive layer gets continuously dissolved during the implantation process¹¹⁴.

An alternative delivery method is to use mechanically tethered shuttles⁵⁷. In this method, the shuttle is designed to hook onto an insertion loop located on the tip of the probe. For example, a tungsten-rhenium wire is used to hook onto a thread-like polyimide probe and is used to ‘stitch’ individual threads into brain tissues. The rapid retraction acceleration (up to 30,000 mm/s^2) causes the separation of the probe from the shuttle⁹⁹. Another similar example used a carbon fiber as a shuttle. The tip of the carbon fiber was micromilled down to a 2 μm diameter and 5 μm length micropost to engage the fiber to the microholes at the end of the probe⁹⁷. During insertion, the shuttle dragged the probe to the desired depth, after which the shuttle was disengaged with the probe and retracted. The small footprint of the shuttle allows high-density probe implantation¹⁰¹. In a recent study, a tungsten shuttle was used to insert fiber bundles¹¹⁴. The probe fibers were self-assembled into bundles and bonded with

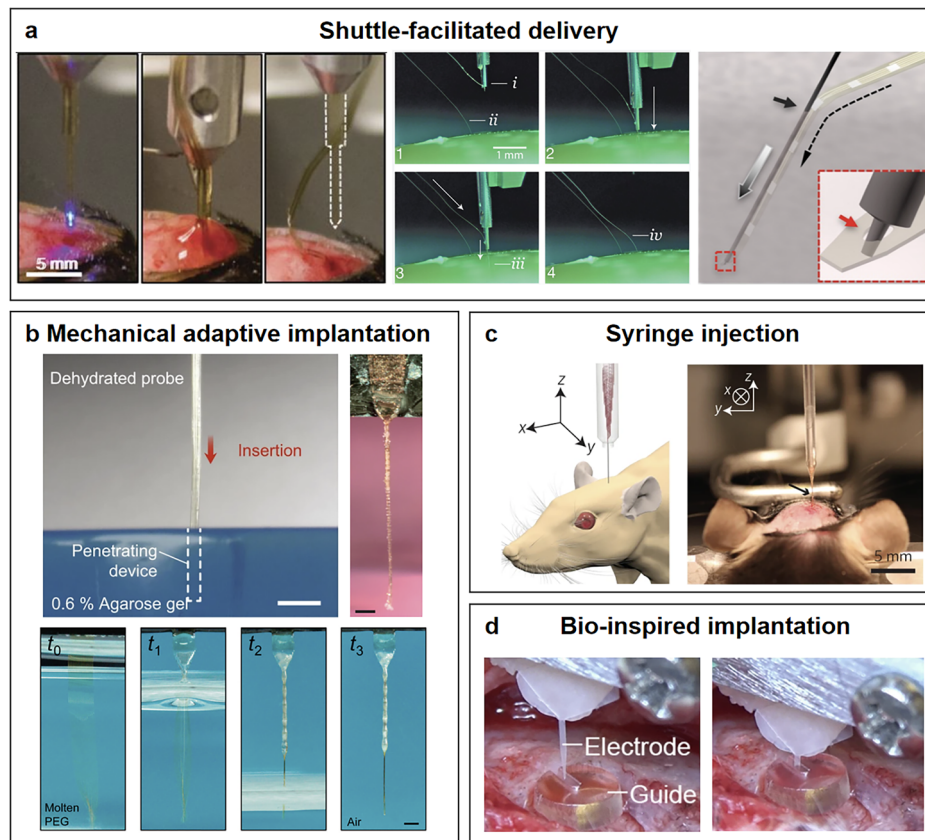


Fig. 6 Delivery methods for flexible implantable neural probes. **a** Shuttle-facilitated delivery (Reproduced with permission from ref. ^{97–99}). **b** Mechanically adaptive implantation (Reproduced with permission from ref. ^{83,116,117}). **c** Syringe injection of mesh electronics (Reproduced with permission from ref. ⁶¹). **d** Bio-inspired implantation (Reproduced with permission from ref. ¹²¹).

biodegradable glue. The shuttle was mechanically coupled to the bundle by looping it through the tip of just one fiber in each bundle¹¹⁴.

Mechanically adaptive methods

Mechanically adaptive materials have been employed to temporarily enhance the performance of neural probes during implantation (Fig. 6b)¹¹⁵. For example, researchers enhanced the stiffness of hydrogel hybrid probes by drying them prior to implantation. After implantation, the probes rehydrated by absorbing water from surrounding tissues to restore their softness and low bending stiffness⁸³.

In addition to changing the mechanical properties of the probe itself, mechanically adaptive coatings have been utilized to increase the overall stiffness of the probe momentarily. For example, by freezing a mesh electronics probe taken out from an aqueous solution with liquid nitrogen, the frozen probe gains sufficient rigidity to penetrate the brain¹¹⁶. After 150 freeze/thaw cycles, 86% of the sensors on the probe remained connected, demonstrating the reliability of this approach¹¹⁶. In another study, an elastocapillary self-assembled neural

probe was withdrawn from molten PEG at 120 °C, causing PEG to quickly solidify in ambient air¹¹⁷. The surface tension and capillary forces bound the high-aspect ratio filaments together, forming a straight, thin, and stiff fiber assembly rigid enough to penetrate the mouse brain¹¹⁷.

Syringe injection

Syringe injection represents a distinct class of delivery method (Fig. 6c)^{61,118}. This method involves loading the flexible mesh electronics into a glass needle using a syringe, stereotactically inserting the needle into targeted positions of the tissues, and injecting the mesh electronics while simultaneously retracting the needle^{61,119}. This approach allows for the implantation of devices with needle diameters as small as 100 μm ¹²⁰. The flexibility of syringe injection allows precise delivery of mesh electronics into other tissues, including retina, spinal cord, and vasculatures of the brain^{106–108}. For example, a recent study demonstrated the delivery of mesh electronics into the rat's brain through the neck blood vessels¹⁰⁸. A micro-catheter loaded with the mesh electronics probe was connected to a syringe and inserted through the rat's neck

blood vessels to reach the bifurcation of the middle cerebral artery and anterior cerebral artery¹⁰⁸.

Bio-inspired implantation

Inspired by mosquitoes, researchers used laser cutting to fabricate a 1 mm thick transparent polymethyl methacrylate (PMMA) insertion guide with a 250 μm slit to guide the flexible probe implantation (Fig. 6d). This bio-inspired method successfully reduced the probe's tendency to buckle during implantation by providing additional lateral support¹²¹.

Conclusion and outlook

By combining soft materials engineering and structure innovations, researchers over the past decade have developed a new generation of implantable neural probes that resemble the mechanical, chemical, and topological properties of the brain. Importantly, these new generation probes overcome the long-term recording instability of conventional rigid probes, offering new opportunities to neuroscience, therapeutics, and BMI.

Looking forward, further conceptual innovations and technological advances are urgently needed. First, with chronic recording stability now surpassing the scale of years¹⁰³, accelerated life testing that faithfully reflects the physiological microenvironments of the brain but uncovers potential modes of failure of the probes in a short amount of time needs to be developed for fast iteration and development of novel substrate materials and probe architectures. Second, while human brains contain 86 billion neurons, current flexible neural probes can only record from ~ 1000 channels due to the flexible probes' incompatibility with CMOS technology. The development of CMOS-compatible manufacturing process for these next-generation neural probes is in high demand. Third, the density of recording electrodes hit a bottleneck as further reduction of the electrode's size will lead to an interfacial electrical impedance that is too high to detect single-neuron APs with sufficient SNR. Innovations in electrode materials, surface morphology, surface coating, fundamentally new sensing mechanisms (e.g., field-effect transistor based device), and 3D device integration are urgently needed to further increase the recording density. Last but not least, new paradigms to allow for cell-type-specific recordings and stimulations will bring the much-needed capability that is missing from existing electrophysiology technologies.

In addition to further developments of the neural probes, innovations in delivery methods are also indispensable and urgent. First, besides chronic recording challenges, acute damage caused by probe implantation is a critical but often overlooked issue. Acute damage from probe implantation leads to tissue removal, BBB

breaching, and local mechanical stress, which can result in disruption of the brain physiology over both short and long term³³. Delivery methods that minimize this acute damage are crucial for preserving tissue integrity and ensuring sensing that faithfully reflects the brain's dynamics in its native state. Second, current delivery methods only allow for a straight insertion trajectory into the brain, which can cause unnecessary tissue injury outside the targeted regions. Besides, the lack of controllability of the insertion path can result in breaches of major blood vessels and, therefore, hemorrhage. Minimally invasive delivery of these next-generation neural probes with controlled 3D trajectories that conform to the target brain regions' complex 3D structures while avoiding major blood vessels can lead to high throughput monitoring inside the brain with minimum disruption to the brain's functions, and bring a fundamentally new mapping capability of neural probes.

In summary, progress in materials engineering and probe designs over the past decades has led to a revolution in implantable neural probes that fundamentally overcome the chronic instability limitation of conventional probes and achieved stable long-term monitoring of the brain at single-neuron level. With further innovations in both device engineering and delivery methods, these next-generation flexible implantable neural probes will unlock the possibilities for exploring and controlling long-term changes of neural circuits with unprecedented resolution and stability, offering insights that were previously beyond reach.

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Author contributions

F.L. conceived the study, collected the literature, and wrote the manuscript; T.-M.F. conceived the study, reviewed and edited the manuscript, and supervised the work.

Conflict of interest

The authors declare no competing interests.

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