

# Single-molecule characterization of opioid receptor heterodimers reveals soluble $\mu$ - $\delta$ dimer blocker peptide alleviates morphine tolerance

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Heterodimerization of opioid receptors (ORs), MOR, KOR, and DOR, is implied in their functional regulation and diversification, and thus its understanding is crucial for developing better analgesic treatments. However, our knowledge on OR heterodimerization/heterodimers remains limited. Here, using single-molecule imaging and functional analysis, we find that MOR, the main morphine receptor, repeatedly forms *transient* ( $\approx 250$  ms) *heterodimers* with DOR every 1-10 seconds, but not with KOR, whereas DOR and KOR also form *transient* heterodimers. We obtain all the heterodimer-monomer equilibrium constants and rate constants with/without agonists. We identify the critical heterodimer binding sites in the extracellular domains, in addition to the less-specific transmembrane domains, and develop soluble peptide blockers for MOR-DOR and DOR-KOR heterodimerization, using amino-acid sequences mimicking the extracellular binding sites. With these peptide blockers, we dissect the monomer/dimer roles in OR internalization and signaling. The soluble MOR-DOR heterodimer blocker reduces the development of long-term morphine tolerance in mice.

As elucidated in our companion paper<sup>1</sup>, the transient homodimerization of  $\mu$ -,  $\kappa$ -, and  $\delta$ -opioid receptors (MOR, KOR, and DOR, respectively) provides a critical layer of regulation within the opioid signaling paradigm. Theories and methods for quantitative analyses of single-

molecule imaging data developed there revealed that all ORs undergo transient homodimerizations for brief periods of 120–180 ms ( $k_{\text{off}} = 6.7\text{--}8.5\text{ s}^{-1}$ ), and they repeat dissociation and rebinding to another molecule every few seconds or less, directly detectable at

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expression levels over 0.3 copies/ $\mu\text{m}^2$ , with homodimer-dissociation equilibrium constants of 6.0–16.6 copies/ $\mu\text{m}^2$ . The homodimerization is predominantly driven by unique 9–26 amino-acid stretches within the C-terminal cytoplasmic domain of each receptor, with less specific contributions from the transmembrane (TM) domains. Soluble but membrane-permeable peptides mimicking these C-terminal regions reduced homodimerization, enabling us to dissect the functions of homodimers. Compared to their monomeric counterparts, KOR-KOR and DOR-DOR homodimers (KK and DD homodimers)—unlike MOR-MOR homodimers (MM homodimers)—activate downstream signals differently in response to agonist binding, without affecting receptor internalization.

In this paper, we extend these advanced single-molecule imaging studies described in the companion paper to investigate OR heterodimerization. Given its crucial role in morphine response and the significant medical and social implications thereof, MOR has been the focus of extensive OR research<sup>2–7</sup>, including its heterodimerization with DOR and KOR (DM and MK heterodimers, respectively)<sup>2,5,8,9</sup>. Extensive studies have reported DM heterodimerization<sup>10–13</sup> and downstream signals suggesting DM interactions<sup>14–17</sup>, although DM co-expression might be limited to small populations of neurons, such as excitatory interneurons, projection neurons in the spinal cord dorsal horn, and nociceptive neurons in dorsal root ganglia<sup>1,16,18–23</sup>. In contrast, evidence for MK heterodimerization remains sparse, which suggests a dependence on the physiological context<sup>9,24,25</sup>.

The DK coupling exhibits unique signaling and functional regulation, making the DK heterodimer as another promising therapeutic target for pain treatment<sup>3,26,27</sup>. Indeed, DK heterodimerization and observations suggesting DK interactions have also been reported<sup>3,25,26,28,29</sup>, further highlighting its significance.

Despite these studies, the fundamental properties of heterodimers, including heterodimer-monomer dissociation equilibrium constants and rate constants ( $K_D$ ,  $k_{\text{off}}$ , which is inverse lifetime, and  $k_{\text{on}}$ ), heterodimer interaction sites, and cellular- and tissue-level functions, remain enigmatic. This research addresses these fundamental issues by leveraging the advanced single-molecule image analysis described in the companion paper<sup>1</sup>. Such understanding would form the basis for developing opioid analgesics with heightened efficacy and minimized tolerance.

The heterodimer-monomer equilibrium constant,  $K_D$  (hetero- $K_D$ ), can only be obtained after the homodimer-monomer equilibrium constants  $K_{D,S}$  (homo- $K_{D,S}$ ) for the two constituent ORs are evaluated, as detailed in the companion paper<sup>1</sup>. We also compare the properties and dimerization sites between homo- and hetero-dimers of ORs.

This study lays the groundwork for future explorations of dimerization phenomena across the broader GPCR family<sup>30,31</sup>. Heterodimerization among class-A GPCRs has been increasingly observed, offering insights into novel signaling pathways and pharmacological profiles<sup>8,32–36</sup>. Examples include heterodimers between MOR and V1b vasopressin receptor<sup>37</sup>, MOR and somatostatin receptor 2, CCR5 and CXCR4<sup>36</sup>, dopamine D2 receptor and neurotensin NTS1 receptor<sup>38</sup>, angiotensin II AT1 receptor and norepinephrine  $\alpha_2$ -adrenergic receptor<sup>33</sup>, cannabinoid receptors CB1 and CB2<sup>39</sup>, dopamine receptors D1 and D2<sup>40</sup>, and others. Class-C GPCRs, such as the  $\gamma$ -aminobutyric acid type B (GABA<sub>B</sub>) receptor, exhibit prominent dimerization properties<sup>41–43</sup>, marking an emergent frontier in GPCR research with profound implications for drug discovery.

Here, we unequivocally demonstrate that, even under expression conditions as low as 1 copy/ $\mu\text{m}^2$  for each OR species, DOR-MOR and DOR-KOR form metastable heterodimers, whereas MOR-KOR heterodimers are not detectable. These findings have been substantiated through examinations conducted with a level of quantification unparalleled in the existing biomedical literature, with the exception of the OR homodimer research described in our companion paper. Furthermore, we discovered that the extracellular N-terminal domain interactions and extracellular loop 3 (EL3) interactions are specifically

responsible for DM and DK heterodimerizations, respectively. In contrast, the TM domain interactions contribute less specifically, challenging the common belief that GPCR dimerizations are primarily mediated by TM domain interactions<sup>8,13,27,44–46</sup>. In addition, allosteric conformational changes involving both extracellular domains and TM domains might be involved. Building on these findings, we demonstrated that soluble peptides mimicking the extracellular amino-acid sequences implicated in DM and DK heterodimerizations effectively inhibit heterodimer formation. In murine models, the administration of a soluble peptide blocker targeting the DM heterodimers into the cerebral ventricles diminishes the development of long-term morphine tolerance. These results strongly suggest that DM heterodimerization based on the N-terminal domain sequence occurs in neuronal tissues. These findings underscore potential avenues for improving opioid drug administration strategies aimed at mitigating tolerance and dependence.

## Results

### Metastable DM and DK, but not MK, heterodimers are detected in the PM

To investigate heterodimer formation among ORs, SNAPf- and Halo-tagged ORs were co-expressed in CHO-K1 cells, which lack endogenous ORs (Supplementary Fig. 1a)<sup>47</sup>. These tagged ORs are functional (Supplementary Fig. 1a, b) and labeled with SNAP-Surface 549 and Halo-SaraFluor650T dyes (Supplementary Fig. 1c–d)<sup>1</sup>. The labeled OR molecules were simultaneously observed in two colors at the single molecule level at video rate (30 Hz) at 37 °C, using a home-built total internal reflection fluorescence (TIRF) microscope. The cells expressing each OR species at fluorescence spot densities between 0.5–1 spot/ $\mu\text{m}^2$  (total number densities between 1–2 spots/ $\mu\text{m}^2$ ) after fluorescence labeling were selected for microscope observations. Virtually all of the OR fluorescent spots exhibited diffusion in the PM.

When DOR and MOR were expressed in the same cell, they exhibited frequent brief colocalization and co-diffusion, suggesting metastable DM heterodimer formation (Supplementary Movies 1 and 2; Fig. 1a). For quantifying colocalization, we employed a pair cross-correlation function (PCCF; Supplementary Fig. 1e; also see companion paper)<sup>1</sup>, which provides both a simple measure for heterodimer formation, the colocalization index, and a fundamental constant, the heterodimer-monomer dissociation equilibrium constant  $K_D$ <sup>1</sup>. As a control for incidental fluorescent spot colocalizations, the video frames in the green channel were rotated 180° before overlaying<sup>1</sup>.

The colocalization index clearly indicated that DOR and MOR form DM heterodimers and DOR and KOR form DK heterodimers in the PM. However, at the expression levels employed in this study, MK heterodimers were not detected (Fig. 1b and Supplementary Fig. 1e), consistent with the previous result<sup>25</sup>. The heterodimer-monomer dissociation equilibrium constants  $K_{D,S}$  were obtained from the PCCFs (Fig. 1c).

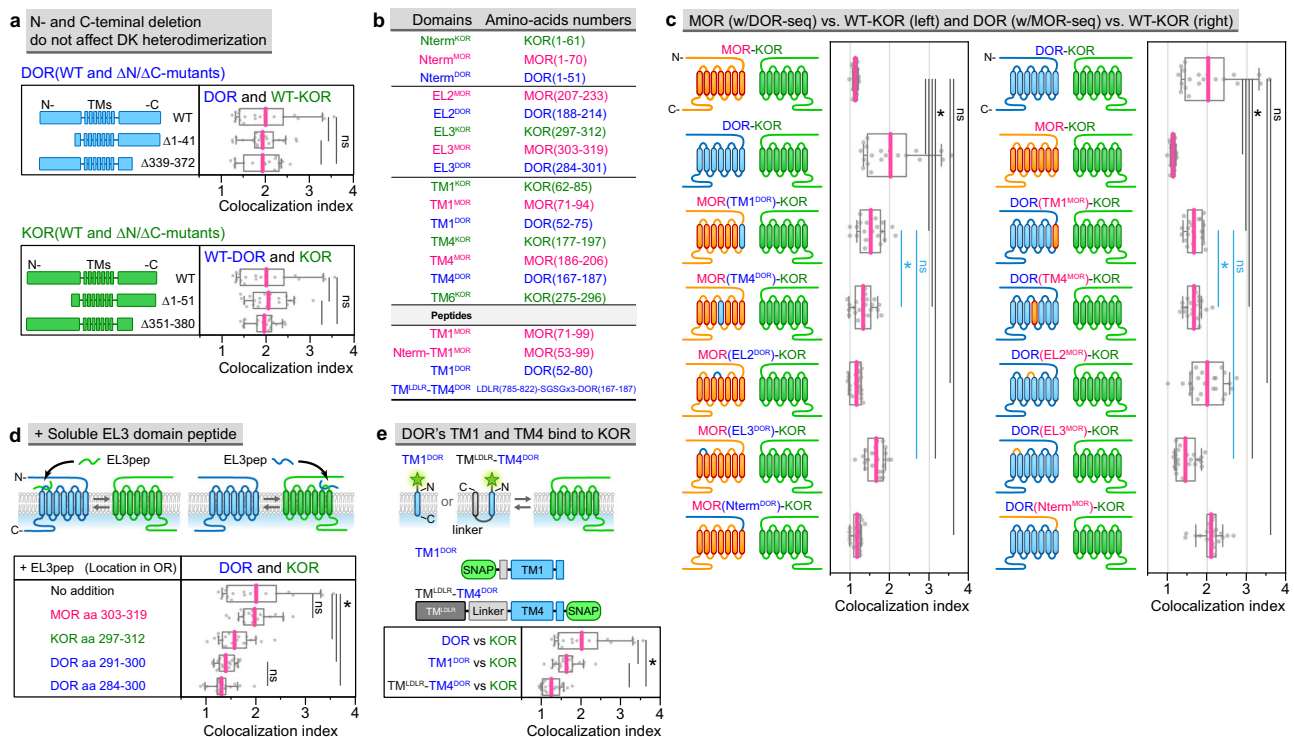
As we explained in the companion paper<sup>1</sup>, the dissociation rate constant,  $k_{\text{off}}$  ( $=1/\tau_2$ ; Fig. 1c), was determined from the heterodimer lifetime ( $\tau_2$ ) which was obtained by fitting the distribution of colocalization durations with the sum of two exponential functions and corrected with the trackable duration lifetimes (Supplementary Fig. 1f). The  $\tau_2$  values are  $260 \pm 12$  ms for DM heterodimers and  $241 \pm 10$  ms for DK heterodimers, after corrections for trackable duration lifetimes (Fig. 1d and Supplementary Fig. 1f). The histogram for the MK colocalization durations did not exhibit any  $\tau_2$  component (the decay component representing the heterodimer loss), consistent with the lack of detectable heterodimers for this pair (only incidental colocalization with a lifetime of  $\tau$ ; Fig. 1d).

To identify the amino-acid sequences responsible for specific heterodimerization, we initially examined the OR domains with lower



**Fig. 1 | Transient DM and DK heterodimers, but not MK heterodimers, form in the PM.** **a** Typical (among 20 replicates) image sequence of simultaneous two-color single fluorescent molecule observations and trajectories of the molecules shown in the images. These molecules undergo transient hetero-colocalization and co-diffusion (SNAP-Surface 549-labeled SNAPF-DOR, green; SaraFluor650T-labeled MOR-Halo, magenta). **b** DM and DK heterodimers form, but MK heterodimers do not, as detected by colocalization indexes for correct and rotated overlay<sup>1</sup>. In the box plots, horizontal bars, crosses, boxes, and whiskers indicate median values, mean values, interquartile ranges (25–75%), and 10–90% ranges, respectively. \* and ns represent significant ( $p < 0.05$ ) and non-significant ( $p \geq 0.05$ ) differences, respectively (two-sided Welch's T test). All of the statistical parameters and analysis results including sample size  $n$  and  $p$  values are provided in Supplementary Data 2. **d** Histograms showing the distributions of hetero-colocalization durations for

correct and rotated overlays. The control histograms for rotated overlays (gray) were fitted by single exponential functions (black), providing the lifetimes of the incidental overlap events between the magenta and green spots ( $\tau_{\text{inci}}$ ). The histograms for correct overlays (colors) were fitted by the sum of two exponential functions: The faster decay time ( $\tau_1$ ) was close to the lifetime of incidental overlaps ( $\tau_{\text{inci}}$ ), and the slower decay time provided the heterodimer lifetime ( $\tau_2$ ). The heterodimer lifetime after correction for the trackable duration lifetime is shown in each box. The  $k_{\text{off}}$  values ( $1/\tau_2$ ) calculated from  $\tau_2$  are shown in **c**. **c** Summary of  $K_D$  and  $k_{\text{off}}$  values for OR heterodimers. **e** Comparison of the amino acid sequences among the three classical ORs (rat) in the domains where the amino acid homologies are lower. Asterisks mark the identical amino acids. Source data are provided as a Source Data file.



**Fig. 2 | Interaction between EL3 domains of DOR and KOR is involved in DK heterodimerization, and DOR's TM1 and TM4 are also involved.** **a** The N- and C-terminal domains of DOR and KOR are not involved in DK heterodimerization. DK colocalization indexes of N/C-terminal deletion mutants of DOR and full-length KOR (top) and N/C-terminal deletion mutants of KOR and full-length DOR (bottom). **b** Summary of the names and exact amino-acid ranges of the OR domains and TMI-based peptides employed in this work. **c** DOR's EL3, TMI, and TM4, but not EL2 and N-term, are involved in DK heterodimerization. **d** Both EL3 domains of DOR and KOR are involved in DK heterodimerization. Soluble peptides (1  $\mu\text{M}$ ) with the aa sequences of the EL3 domains (EL3-domain peptides) of DOR and KOR, but not that of MOR, block DK heterodimerization. **e** DOR's TM1 and TM4 bind to KOR. Colocalization indexes show that the affinities to WT-KOR are greater in the order of WT-

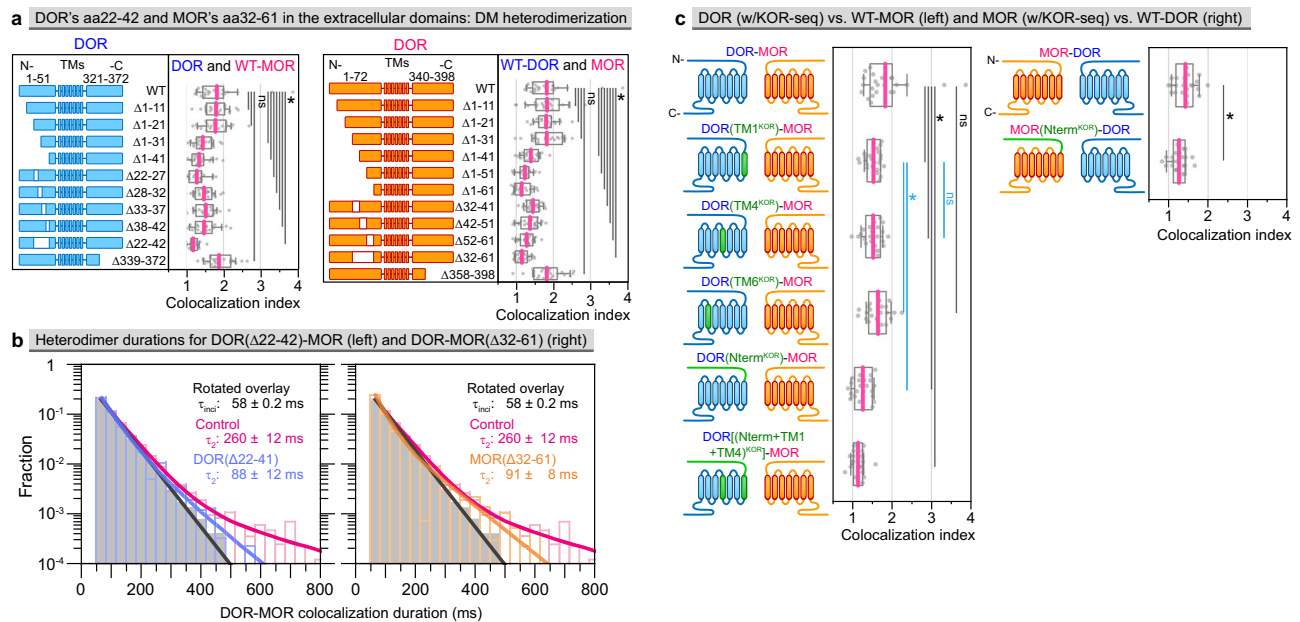
DOR > DOR's TM1 > DOR's TM4. Because the TM4 orientation in the PM is from the PM cytoplasmic surface toward outer surface, to maintain this orientation, the N-terminus of TM4 was linked to the C-terminus of TM<sup>DLR</sup>, which is oriented in the opposite way and does not interact with ORs. In the box plots (**a**, **c–e**), horizontal bars, boxes, and whiskers indicate mean values, interquartile ranges (25–75%), and 10–90% ranges, respectively. \* and ns represent significant ( $p < 0.05$ ) and non-significant ( $p \geq 0.05$ ) differences, respectively (Tukey's multiple comparison test). The data set used for multiple comparison is indicated by the group of lines in each figure, and different sets are indicated by different colors. All of the statistical parameters and analysis results including sample size  $n$  and  $p$  values are provided in Supplementary Data 2. Source data are provided as a Source Data file.

nor C-terminal domains of DOR and KOR were involved in the DK heterodimerization.

Given the scarce occurrence of MK heterodimers (colocalization index =  $1.15 \pm 0.03$ ), we tested whether MOR mutants with some domains substituted with DOR counterparts could heterodimerize with WT-KOR (Fig. 1e; see Fig. 2b for domain names and amino-acid numbers; results shown in Fig. 2c left). Substitution with DOR's TM1 or TM4 domain in MOR (MOR[TM1<sup>DOR</sup>] or MOR[TM4<sup>DOR</sup>]) facilitated heterodimer formation with WT-KOR, qualitatively consistent with a previous result<sup>27</sup>. Similarly, introducing DOR's EL3 into MOR (MOR[EL3<sup>DOR</sup>]) also promoted heterodimerization with WT-KOR. In

contrast, the substitution of MOR's EL2 or N-terminal domain (MOR[EL2<sup>DOR</sup>] or MOR[Nterm<sup>DOR</sup>]) failed to induce heterodimerization with WT-KOR. These results indicate the involvement of DOR's EL3 domain, alongside its TM1 and TM4 domains, in DK heterodimer formation.

The lifetime distributions for the MOR(EL3<sup>DOR</sup>)-KOR and MOR(TM1<sup>DOR</sup>)-KOR heterodimers revealed the appearance of the  $\tau_2$  component, which was absent in the distribution for the WT-MK pairs (Supplementary Fig. 2a). Although the  $\tau_2$  values are smaller than that for WT-DK heterodimers ( $164 \pm 25$  ms or  $131 \pm 15$  ms vs.  $241 \pm 9.7$  ms),



**Fig. 3 | N-terminal domains of DOR's aa22-42 and MOR's aa32-61, as well as DOR's TM1 and TM4 domains, are involved in DM heterodimerization.**

**a** Involvement of the extracellular N-terminal domains of DOR and MOR in DM heterodimerization, particularly that of DOR's aa22-42 and MOR's aa32-61. The figures show that mutants with various deletions in the N-terminal domains of DOR and MOR exhibit lower colocalization indexes with full-length (WT) MOR and DOR, respectively, compared to the colocalization index between full-length DOR and MOR. At the bottoms of both panels are the results for the C-terminal deletion mutants, indicating the lack of cytoplasmic C-terminal domain involvement in DM heterodimerization. **b** Histograms showing the colocalization duration distributions for the pair of WT-MOR and DOR( $\Delta$ 22-42) (left, blue) and the pair of WT-DOR and MOR( $\Delta$ 32-61) (right, orange). Histograms for the control and rotated overlays

of WT DOR-MOR images are the same as those shown in Fig. 1d. **c** The extracellular N-terminal domains of DOR and MOR are involved in DM heterodimerization (left and right panels, respectively), as are DOR's TM1 and TM4 domains, but not the TM6 domain (left panel). (Left panel) In the box plots (a, c), horizontal bars, boxes, and whiskers indicate mean values, interquartile ranges (25–75%), and 10–90% ranges, respectively. \* and ns represent significant ( $p < 0.05$ ) and non-significant ( $p \geq 0.05$ ) differences, respectively (Tukey's multiple comparison test). The data set used for multiple comparison is indicated by the group of lines in each figure, and different sets are indicated by different colors. All of the statistical parameters and analysis results including sample size  $n$  and  $p$  values are provided in Supplementary Data 2. Source data are provided as a Source Data file.

the presence of this longer-lived component implicates DOR's EL3 and TM1 domains in DK heterodimerization.

Experiments replacing various DOR domains with the MOR counterparts and examining heterodimerization with WT-KOR (based on the lack of MK heterodimerization) showed reduced heterodimerization for TM1, TM4, and EL3 domain replacements, but not for EL2 or N-terminal domain substitutions (Fig. 2c right). This further indicates that DOR's EL3, TM1, and TM4 domains are integral to DK heterodimer formation.

### Soluble EL3-domain peptides of DOR and KOR both block DK dimerization

To address the possibility that a variety of domain deletions (Fig. 2a) and substitutions (Fig. 2c) in WT-DOR could alter its conformation and thereby indirectly affect heterodimerization, we synthesized soluble peptides derived from EL3 sequences of DOR and KOR (Fig. 1e). Addition of either peptide (1  $\mu$ M, final concentration) to cells co-expressing DOR and KOR significantly reduced DK heterodimerization, unlike the peptide with the MOR EL3 sequence (Fig. 2d). This highlights the critical roles of the DOR and KOR EL3 domains in DK heterodimerization. Given that DOR's EL2 domain and the N-terminal domains of both DOR and KOR are not involved in DK heterodimerization (Fig. 2a, c), these results indicate that the interaction between the DOR and KOR EL3 domains is crucial for DK heterodimerization, although that with KOR's EL2 domain has not been ruled out. In addition, DOR's EL3 domain or MOR's EL3 domain failed to block DM heterodimers (Supplementary Fig. 2b), indicating the specificities of DOR's and KOR's EL3 domains for DK heterodimerization.

Furthermore, we found that DOR's TM1 and TM4 peptides expressed in the PM became colocalized with KOR, supporting their

involvement in DK heterodimerization (Fig. 2b, e). These results are consistent with those shown in Fig. 2c and a previous observation<sup>28</sup>, and indicate that the interactions between the DOR and KOR EL3s, and those of DOR's TM1 and TM4 with KOR's TM domains are involved in DK heterodimerization.

### DM dimerization is predominantly mediated by N-terminal domain interactions

To identify the amino-acid sequences responsible for DM heterodimerization, first, we systematically deleted partial sequences from the N- and C-terminal domains of DOR and MOR (Fig. 3a). We found that DOR's N-terminal amino acids 22-42 (with the critical amino acids 22-27) and MOR's N-terminal amino acids 32-61 play key roles in DM heterodimerization, likely by binding to each other (Fig. 3a). The key DOR sequence was further confirmed by replacing DOR's amino acids 21-27 with an arbitrarily selected amino-acid sequence, rather than deleting the original sequence (Supplementary Fig. 3). Therefore, these sequences are likely to be the binding interfaces for DM heterodimerization.

The histograms of the colocalization durations for DOR $\Delta$ 22-42 with WT-MOR and MOR $\Delta$ 32-61 with WT-DOR both revealed only small fractions of the  $\tau_2$  components, with significantly reduced heterodimer lifetimes of  $88 \pm 12$  ms and  $91 \pm 8$  ms, respectively (Fig. 3b).

We further explored the specific regions mediating DM heterodimerization by taking advantage of that MK heterodimerization hardly occurs at the expression levels we employed. Thus, we examined WT-MOR interactions with DOR mutants with various DOR domains substituted with their KOR counterparts (Fig. 3c left). The colocalization index upon replacement of the N-terminal domain substantially decreased, consistent with the previous demonstration

that the N-terminal domains of DOR and MOR are instrumental in DM heterodimer formation (Fig. 3a, b).

Conversely, the replacement of MOR's N-terminal domain with that from KOR (Nterm<sup>KOR</sup>) greatly reduced the colocalization with DOR (Fig. 3c right). This result further supports (1) that MOR's N-terminal domain is important for the DM interaction and (2) that KOR's N-terminal domain is not responsible for the DK interaction. Importantly, this result (Fig. 3c right), combined with the DOR(Nterm<sup>KOR</sup>) data (Fig. 3c left), further demonstrates that the predominant interactions for DM heterodimerization occur between the N-terminal domains of both DOR and MOR, consistent with the N-terminal deletion results (Fig. 3a, b). For DM heterodimerization, the N-terminal domain of DOR or MOR might interact with the EL2 and EL3 domains of the partner molecules, but this would be far less important compared with the interaction between the two N-terminal domains, because the lack of either DOR residues 22-42 or MOR residues 32-61 is sufficient to significantly lower the colocalization index (Fig. 3a) and eliminate the second colocalization lifetime component (Fig. 3b).

### Interactions of some ORs' TM domains enhance both homo- and hetero-dimerizations of ORs with less specificities

DM heterodimerization might be aided by TM domain interactions, as suggested previously<sup>13,46,48</sup>. N-terminal domain deletions and specific modifications decreased the colocalization index to 1.15, but not to  $\approx 1.0$  (Fig. 3a, c), and reduced the heterodimer lifetimes to  $\approx 90$  ms compared to the 260-ms lifetime of the WT DM heterodimers, but failed to totally eliminate the longer  $\tau_2$  component (Fig. 3b), suggesting the presence of other weaker binding sites.

Substitution of DOR's TM1 or TM4 with its KOR counterpart, but not TM6 (Fig. 1e), yielded moderate reductions in colocalization with WT-MOR, but not as much as the N-terminal domain substitution (with Nterm<sup>KOR</sup>) (Fig. 3c left). This result suggests that DOR's TM1 and TM4 play ancillary roles in DM heterodimer stability. These results, but not those of TM6, are consistent with previous computational modeling predictions<sup>48,49</sup>. The DOR mutant bearing the three replacements of KOR's N-terminal domain, TM1, and TM4 exhibited a lower colocalization index with WT-MOR, almost to the level of MK interaction (1.15).

Importantly, DK heterodimerization also involves the same TM domains of DOR; i.e., DOR's TM1 and TM4 (Fig. 2c, left and right, and e). Furthermore, MOR's TM1 was proposed to participate in MM homodimerization<sup>1</sup>. These results suggest that some OR TM domains support various OR homo- and hetero-dimerizations; namely, interactions between some of the ORs' TM domains occur but with lower specificities, thus generally enhancing OR dimerizations. This finding is aligned with previous controversial reports: The conclusion we obtained from the reported results in the literature is that the same TM domains contribute to both homo- and hetero-dimerizations of ORs and other GPCRs to various extents<sup>44,46,48,50,51</sup>.

### Soluble N-terminal-domain peptides block DM heterodimerization

We then utilized the soluble peptides corresponding to the N-terminal sequences of both DOR and MOR implicated in DM heterodimerization, as we did for confirming the DK heterodimer binding sites. These soluble peptides from DOR and MOR are called Dpep(m-n)DM and Mpep(m-n)MD, respectively, where m and n indicate the amino acid numbers in the original OR sequences (see "Location in DOR" and "Location in MOR" in Fig. 4a, respectively). Among the various DpepDMs and MpepMDs, Dpep(20-42)DM and Mpep(32-61)MD most potently lowered the colocalization indexes to 1.2–1.3 (Fig. 4a), mirroring the effects observed with the deletion and replacement mutants (Fig. 3a, c).

The colocalization index for DM heterodimers decreased with an increase in the Dpep(20-42)DM concentration to 1  $\mu$ M (where the peptide effect is almost saturated), indicating that the affinity of the DM heterodimers (three-dimensional  $K_D$  because the peptide is very

soluble) would be on the order of 0.1  $\mu$ M in three-dimensional space (Fig. 4b and its caption). This 3D concentration could not readily be converted to a two-dimensional molecular density, as discussed in the companion paper<sup>1</sup>. Briefly, in two-dimensional space, the dimerization efficiency is far greater, by a factor of 10<sup>6</sup>, than that in three-dimensional space<sup>52</sup>. Therefore, the efficacy of the peptides in blocking OR dimerization, even at the 0.1  $\mu$ M-order concentrations required for blocking DM heterodimerization, is deemed plausible given the nanomolar affinity range of OR ligands (1–10 nM).

Dpep(20-42)DM's introduction substantially shortened the DM heterodimer lifetime from 260 ms to 124 ms (Fig. 4c), supporting that the amino acid sequence 20-42 in DOR is critical for DM heterodimer formation. Dpep(20-42)DM exhibited excellent stability in the cell culture medium (virtually no degradation) and in 50% mouse plasma ( $\leq 10\%$  degradation) at 37 °C for 80 min (Supplementary Fig. 4).

### The membrane-integral peptide TM1<sup>MOR</sup> suppresses both DM heterodimerization and MM homodimerization

Next, we examined whether MOR's TM1 (TM1<sup>MOR</sup>) is involved in DM heterodimerization, as previously described<sup>13,46,48</sup>. In addition to TM1<sup>MOR</sup> (amino acids 71-99), a second construct containing amino acids 53-70 before the TM1 domain (Nterm-TM1<sup>MOR</sup>) was used (see Fig. 2b for construct names and exact amino-acid ranges), following a previous report<sup>13</sup>. When these peptides were co-expressed with DOR, both TM1<sup>MOR</sup> and Nterm-TM1<sup>MOR</sup> colocalized with DOR, like the full-length MOR (all molecules expressed at densities of 0.5–1.0 fluorescent spots/ $\mu$ m<sup>2</sup>; Fig. 5a, b).

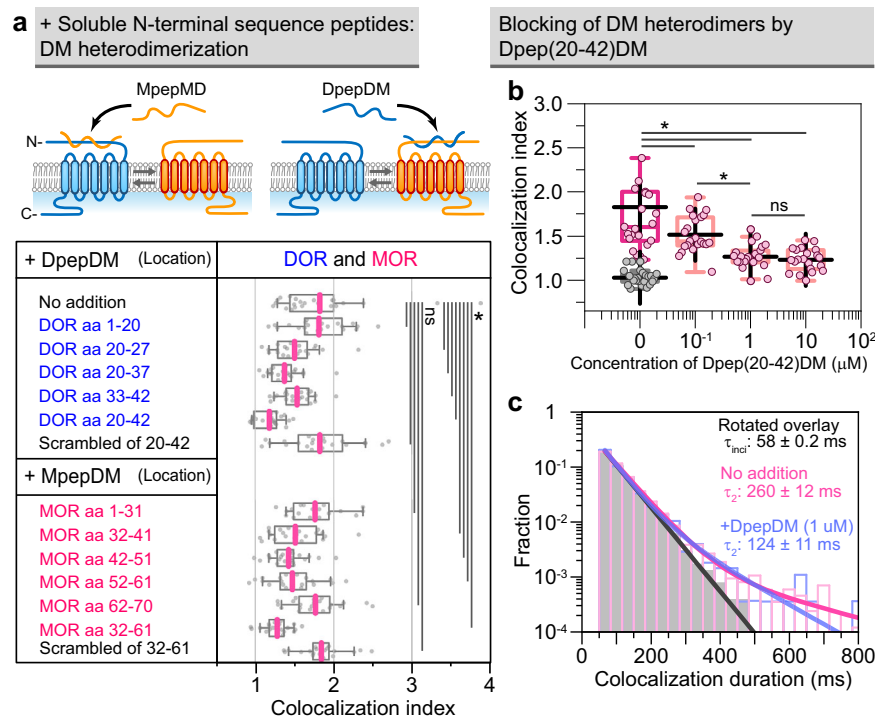
To identify which DOR's TMs interact with MOR, we examined the colocalization of WT-MOR with TM1<sup>DOR</sup> and TM4<sup>DOR</sup>, which were previously suggested to interact with TM1<sup>MOR46,48</sup>. TM1<sup>DOR</sup> and TM4<sup>DOR</sup> moderately colocalized with MOR when expressed at similar levels (both at densities of 0.5–1.0 fluorescent spots/ $\mu$ m<sup>2</sup>; Fig. 5b).

In the peptide-disrupting heterodimer experiment, we found that all TM1<sup>MOR</sup>, Nterm-TM1<sup>MOR</sup>, and TM4<sup>DOR</sup> suppressed DM heterodimerization in an expression level-dependent manner, and TM1<sup>MOR</sup> exhibited a greater efficacy than TM4<sup>DOR</sup> (Fig. 5c). These results indicated TM1<sup>MOR</sup> and TM4<sup>DOR</sup>'s significant contribution to the DM interaction but also suggesting the presence of other significant binding sites, including TM1<sup>DOR</sup> and other TM domains as well as the N-terminal domain.

Notably, the addition of either Dpep(20-42)DM (also Mpep(32-61)MD) or TM1<sup>MOR</sup> alone reduced the colocalization index to near-baseline levels (1.2–1.3) (Figs. 4a, b and 5c). These results suggest that DM heterodimerization might not be induced by simple bindings at two sites, but instead mediated by cooperative allosteric conformational changes of the extracellular N-terminal domains and TM domains in both OR molecules. In this case, our description of the dynamic dimer-monomer equilibrium should be considered as a simplified representation of the actual molecular events.

Despite the TM contributions to heterodimerization, the DM homodimerization mediated by TM1<sup>MOR</sup> interaction with TM1<sup>DOR</sup> and TM4<sup>DOR</sup> appears to be weaker and less specific compared to the N-terminal interactions between DOR and MOR: both TM1<sup>DOR</sup> and TM4<sup>DOR</sup> are involved in both DM (Fig. 3c left) and DK (Fig. 2c, e) heterodimerizations, and TM1<sup>MOR</sup> is involved in both DM heterodimerization (Fig. 3c right; Fig. 5d as it blocks DD homodimerization) and MM homodimerization<sup>1</sup>. In striking contrast, Dpep(20-42)DM had no influence on either MM or DD homodimerization (Fig. 5d). A control TM-peptide, TM<sup>LDL</sup>, with the sequence of the LDL receptor's TM domain, exhibited no effect on homodimer blocking (Fig. 5d).

In conclusion, the N-terminal domains of DOR and MOR are specifically involved in DM heterodimerization, whereas the TM domains contribute but interact less specifically: TM1<sup>MOR</sup> in MOR enhances both DM heterodimerization and MM homodimerization, and TM1<sup>DOR</sup> and TM4<sup>DOR</sup> in DOR participate in both DM and DK heterodimerization. Meanwhile, DM heterodimerization might involve allosteric interactions between the N-terminal and TM domains.



**Fig. 4 | Soluble Dpep(20-42)DM and Mpep(32-61)DM peptides suppress DM heterodimerization.** **a** Effect of the addition of 1  $\mu$ M soluble peptides with the same amino-acid sequences as various parts of the N-terminal domains of DOR and MOR (DpepDM and MpepDM, respectively) on the DM colocalization index. In the box plots, horizontal bars, boxes, and whiskers indicate median values, mean values, interquartile ranges (25–75%), and 10–90% ranges, respectively. **b** With an increase of the Dpep(20-42)DM concentration, the DM colocalization index decreased. The gray keys at 0  $\mu$ M Dpep(20-42)DM represent the data points obtained by using rotated overlays. The colocalization index reduces to about the middle value between no addition and the addition of 1 or 10  $\mu$ M of the Dpep(20-42)DM (saturating conditions) at a Dpep(20-42)DM concentration of 0.1  $\mu$ M (these are normal 3D concentrations because the peptide is very soluble). Therefore, we conclude that  $K_D$  for

Dpep(20-42)DM binding to MOR is on the order of 0.1  $\mu$ M. In the box plots, horizontal bars, crosses, boxes, and whiskers indicate median values, mean values, interquartile ranges (25–75%), and 10–90% ranges, respectively. **c** Dpep(20-42)DM reduces the  $\tau_2$  of DM colocalization (blue). Histograms for the control (no addition) and rotated overlays of WT DOR-MOR images are the same as those shown in Fig. 1d. In the box plots (**a**, **b**), \* and ns represent significant ( $p < 0.05$ ) and non-significant ( $p \geq 0.05$ ) differences, respectively (Tukey's multiple comparison test). The data set used for multiple comparison is indicated by the group of lines in each figure. All of the statistical parameters and analysis results including sample size  $n$  and  $p$  values are provided in Supplementary Data 2. Source data are provided as a Source Data file.

Under the conditions where only DOR and MOR are expressed, the addition of Dpep(20-42)DM or Mpep(32-61)MD will decrease DM heterodimers. This will increase the numbers of monomeric DOR and MOR molecules available for DD and MM homodimerization, leading to increased numbers of DD and MM homodimers.

### M-agonists' effect on DM heterodimerization

We examined the effects of MOR agonists (M-agonists), morphine and [D-Ala<sup>2</sup>, N-MePhe<sup>4</sup>, Gly-ol]-enkephalin (DAMGO), on DM heterodimerization (Fig. 6a–d). At an M-agonist concentration of 0.5  $\mu$ M in the cell culture medium, MOR would be rapidly bound by morphine and DAMGO (denoted as  $M^{*mor}$  and  $M^{*DAMGO}$ , respectively)<sup>53</sup>, and therefore we examined the M-agonist effect on DM heterodimerization within 5 min after the agonist addition, prior to any detectable internalization. As detailed in the companion paper, DAMGO enhanced MM homodimerization and slightly elongated the MM dimer lifetime<sup>1</sup>.

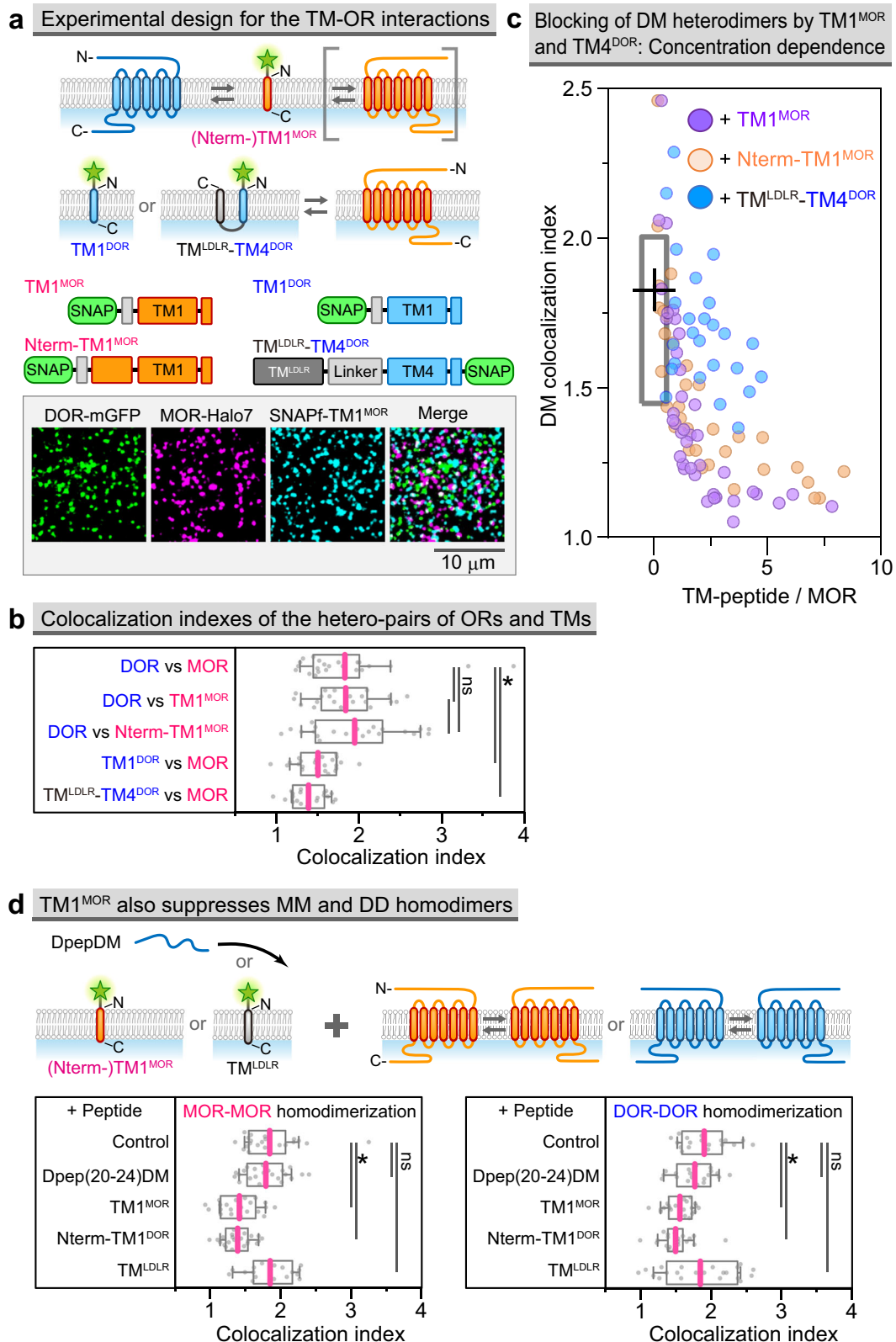
$M^{*mor}$  exhibited almost the same colocalization index with DOR as non-ligated MOR, although the  $DM^{*mor}$  heterodimer lifetime was shorter (Fig. 6a–c). Dpep(20-42)DM suppressed DM heterodimerization to a similar level for both  $M^{*mor}$  and non-ligated MOR (Fig. 6a, b). In contrast,  $M^{*DAMGO}$  exhibited a greater colocalization index with DOR ( $DM^{*DAMGO}$  heterodimers) with a prolonged heterodimer lifetime, compared to MOR in the basal state (Fig. 6a–c). The presence of Dpep(20-42)DM in the medium markedly reduced both the colocalization index and lifetime of the  $DM^{*DAMGO}$  heterodimers. We were unable to evaluate the effects of the DOR agonist SNC-80 (0.5  $\mu$ M) on DM heterodimerization,

due to rapid internalization of both MOR and DOR following ligand application, as detailed in subsequent sections.

### Summary of $K_D$ , $k_{off}$ , and $k_{on}$ values and expected percentages of OR protomers existing as homo- and hetero-dimers at various expression levels

The equilibrium constants  $K_D$ s were deduced by fitting the experimental PCCF histograms for DM and DK heterodimers with theoretical models (Fig. 6a), using hetero- $K_D$  and  $\sigma$  as fitting parameters<sup>1</sup>. The derived  $K_D$ ,  $k_{off}$ , and  $k_{on}$  values for KK, MM, and DD homodimers as well as DM and DK heterodimers, with or without M-agonists and Dpep(20-42)DM, are summarized in Fig. 6d and Supplementary Tables 1 and 2 (for the influence of expression levels on the evaluated  $K_D$  values with actual curve fitting results, see Supplementary Fig. 5; all statistical data are summarized in Supplementary Data 2).

Based on the  $K_D$  values obtained here, the percentages of OR protomers existing as monomers, DD and MM homodimers, and DM and DK heterodimers in the presence and absence of morphine and DAMGO, at various number densities of ORs expressed in the PM, are calculated and shown in Fig. 7 and Supplementary Tables 2-3 for the cases where DOR and MOR expression levels are equalized. In particular, Supplementary Table 3 presents the fractions of MOR or DOR protomers existing as monomers, homodimers, and heterodimers. For the cases where expression levels are freely varied, see Fig. 7. Without knowing the  $K_D$  values for both homo- and hetero-dimerizations, such evaluations would have been impossible.



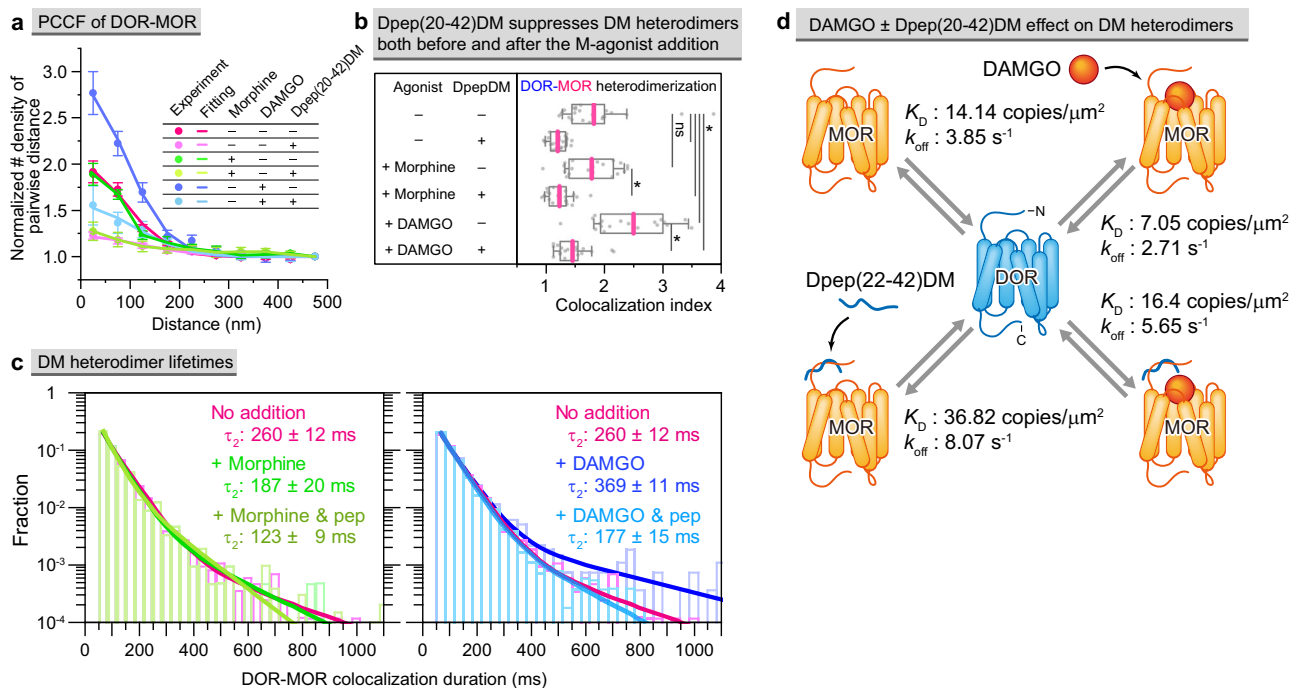
**Evaluation of the numbers of homo- and hetero-dimers in the presence of all three ORs and the numbers of MMD and DDM hetero-trimers at various expression levels of MOR and DOR**

In some neurons, three ORs might be simultaneously expressed and/or their expression levels might be quite high. In these situations, five types of dimers (KK-, MM-, DD-, DM-, and DK-dimers) and three monomers (K, M, and D) would coexist and oligomers greater than

dimers would appear. The KK, MM, and DD homodimers are likely to co-exist because their respective major dimerization sites are distinct, although they are all located in the cytoplasmic C-terminal domains. The major binding sites for DM heterodimers are in their N-terminal domains and those for DK heterodimers are in their EL3 domains, which are extracellular, and thus steric hindrance to exclude each other might occur to certain extents. Meanwhile, interference between

**Fig. 5 | TMI<sup>MOR</sup> interacts with DOR and blocks DM heterodimers, and additionally inhibits MM and DD homodimers, whereas Dpep(20-42)DM only blocks DM heterodimer formation.** **a** Experimental design for examining the interactions of TMI<sup>MOR</sup>, Nterm-TMI<sup>MOR</sup>, and TM4<sup>DOR</sup> (Fig. 2b) with WT-ORs (top). For the correct orientation of TM4<sup>DOR</sup> in the PM, it was linked to the transmembrane domain of LDL receptor (TM<sup>LDLR</sup>). Representative (among 20 replicates) single-molecule images of DOR-mGFP (green), MOR-Halo (magenta), and SNAPF-TMI<sup>MOR</sup> (cyan) co-expressed at similar levels of 0.5-1.0 fluorescent spots/ $\mu\text{m}^2$  (bottom). **b** TMI<sup>MOR</sup> and Nterm-TMI<sup>MOR</sup> form dimers with WT-DOR as efficiently as WT-MOR does. TMI<sup>DOR</sup> and TM4<sup>DOR</sup> form dimers with WT-MOR to lesser extents. Expression levels of all molecules were adjusted to 0.5-1.0 fluorescent spots/ $\mu\text{m}^2$  individually. **c** Reduction of the DM colocalization index with an increase in the number densities of the TM peptides (TMI<sup>MOR</sup>, Nterm-TMI<sup>MOR</sup>, and TM4<sup>DOR</sup>) relative to that of MOR, expressed in the PM. DOR and MOR were both expressed at levels of 0.5-1.0

fluorescent spots/ $\mu\text{m}^2$ . The effects of TMI<sup>MOR</sup> and Nterm-TMI<sup>MOR</sup> are stronger than that of TM4<sup>DOR</sup>. The rectangular box without the peptides ( $x = 0$ ) indicates the result of the box plot without datapoints (to avoid excessive complexity in the plot), where the cross indicates the mean value and the box indicates the interquartile range (25–75%). **d** TMI<sup>MOR</sup> and Nterm-TMI<sup>MOR</sup> reduce MM and DD homodimers (in addition to DM heterodimers), but 1  $\mu\text{M}$  Dpep(20-42)DM does not. TMI<sup>MOR</sup> and Nterm-TMI<sup>MOR</sup> expression levels were  $\approx 10\times$  of MOR and DOR, following the results shown in panel c. TMI<sup>LDLR</sup> is a negative control, representing non-interacting TM domains. In the box plots (**b**, **d**), horizontal bars, boxes, and whiskers indicate mean values, interquartile ranges (25–75%), and 10-90% ranges, respectively. \* and ns represent significant ( $p < 0.05$ ) and non-significant ( $p \geq 0.05$ ) differences, respectively (Tukey's multiple comparison test). All of the statistical parameters and analysis results including sample size  $n$  and  $p$  values are provided in Supplementary Data 2. Source data are provided as a Source Data file.



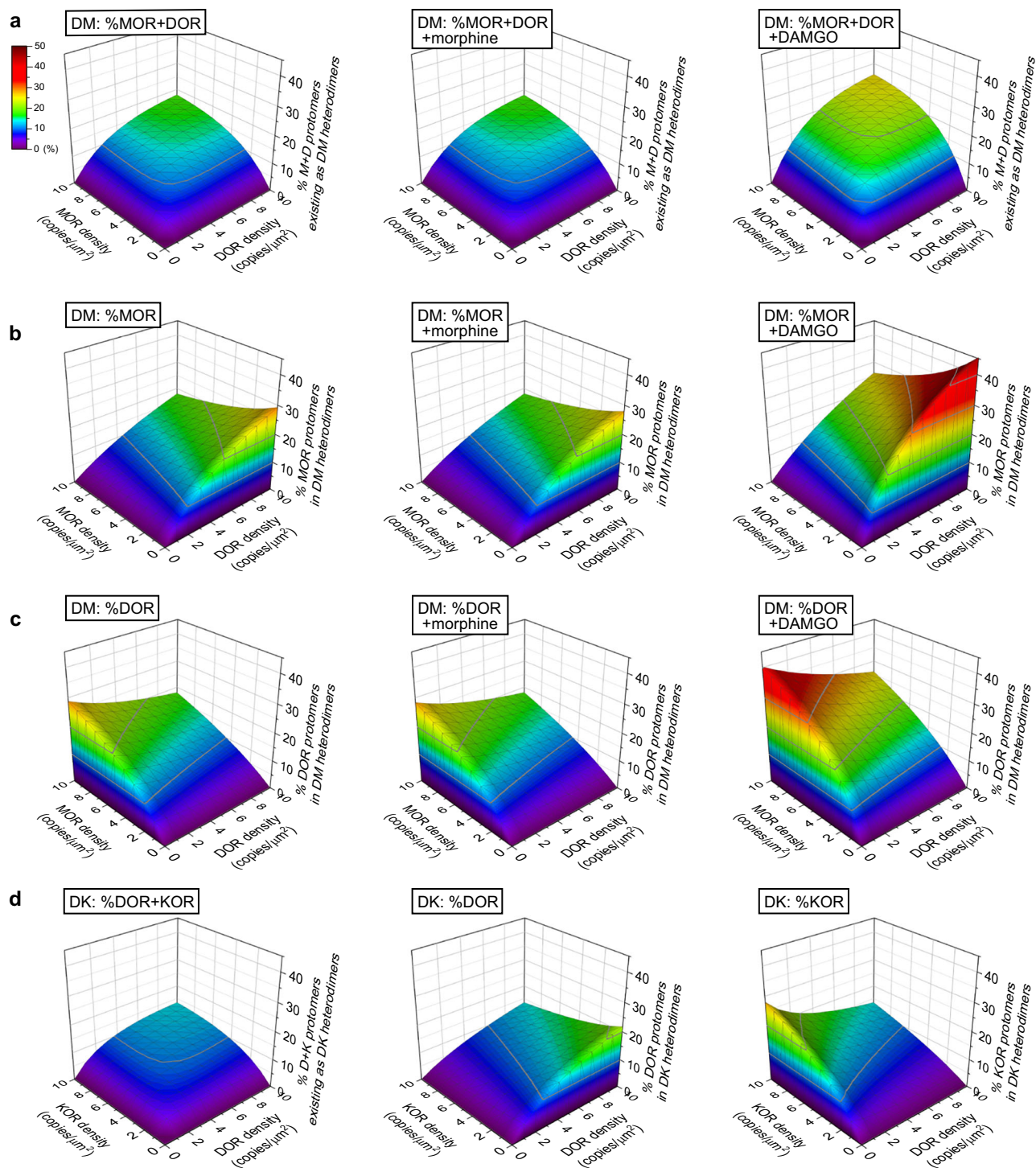
**Fig. 6 | Effects of M-agonists, morphine and DAMGO, on DM heterodimerization, and of Dpep(20-42)DM on DM heterodimerization, in the presence of M-agonists.** **a** Experimental PCCFs for DM heterodimerization in the presence and absence of 0.5  $\mu\text{M}$  M-agonists and 1  $\mu\text{M}$  Dpep(20-42)DM (mean  $\pm$  SEM;  $n = 20$  replicates) and their fitting curves using  $K_D$  for DM heterodimerization and  $\sigma$  (precisions of single-molecule localizations for the two probes and spatial precision for overlaying two-color images) as fitting parameters. MD-cells expressing both DOR and MOR at 0.5-1.0 fluorescent spots/ $\mu\text{m}^2$  were employed. **b** Colocalization indexes obtained from the PCCFs shown in **a**. Together with the results shown in **a**, the results indicate that morphine hardly affects DM heterodimerization whereas DAMGO enhances it. The Dpep(20-42)DM addition significantly reduces DM

heterodimers under all conditions examined here. In the box plots, horizontal bars, boxes, and whiskers indicate mean values, interquartile ranges (25–75%), and 10-90% ranges, respectively. \* and ns represent significant ( $p < 0.05$ ) and non-significant ( $p \geq 0.05$ ) differences, respectively (Tukey's multiple comparison test). All of the statistical parameters and analysis results including sample size  $n$  and  $p$  values are provided in Supplementary Data 2. **c** Morphine shortens and DAMGO prolongs DM heterodimer lifetimes, whereas the further addition of Dpep(20-42)DM reduces the lifetimes, making them shorter than those for DM heterodimers without any treatment. **d** Schematic summary of  $K_D$  and  $k_{off}$  values for DM heterodimers in the presence and absence of DAMGO and DpepDM(20-42)DM. Source data are provided as a Source Data file.

the heterodimerization sites in the extracellular domain and the homodimerization sites in the cytoplasmic domain would be limited. All ORs might interact with each other via TM domain interactions, but the interactions are likely to be weaker and less specific, although they might act cooperatively to induce greater oligomers. G-proteins might bind to ORs both before and after stimulation, but this effect is included in the measurements of  $K_D$ ,  $k_{off}$ , and  $k_{on}$  in the case of the CHO-K1 cells used in this study.

Here, although considerations are required for complications by the secondary binding sites as explained in the previous paragraph, by assuming that the five binding sites are distinct and independent (KK,

MM, DD, DM, and DK), we obtained a snapshot view of how the three ORs expressed in the same PM distribute among monomers and various dimers in the PM by calculating the fractions of various particle species and creating their distributions by Monte Carlo simulations (Supplementary Note 1), using the kinetic constants evaluated here (Fig. 8a). The results before and after the DAMGO addition are shown in Fig. 8b with the fractional percentages of monomers and five types of dimers, giving a useful schematic view of their (random) distributions in the two-dimensional PM space. As described, DAMGO binding enhances MM dimers when MOR alone is expressed, and it enhances DM dimers when only DOR and MOR are co-expressed, but in the

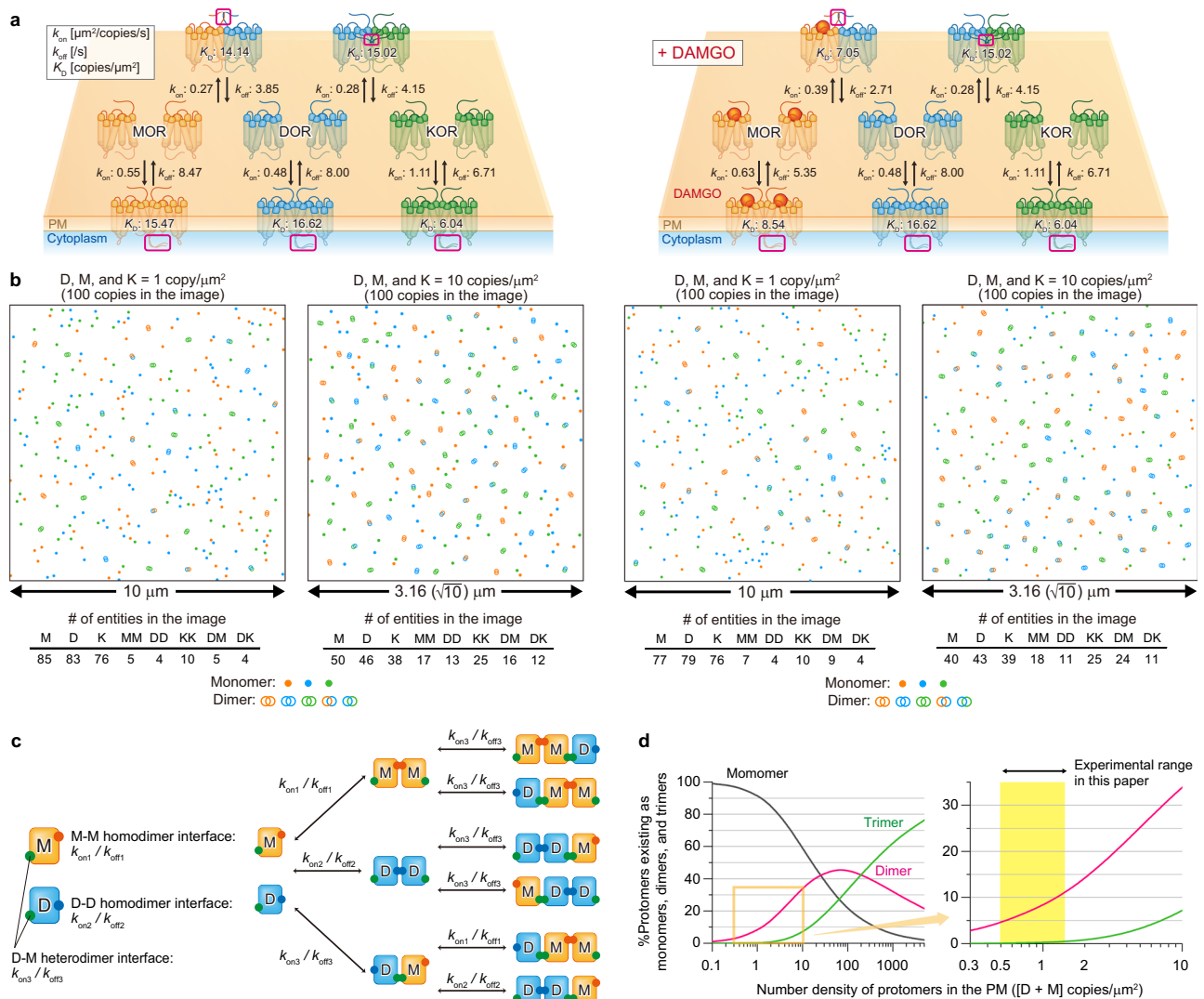


**Fig. 7 | The percentages of OR protomers existing as OR heterodimers at various expression levels (z-axis), predicted from the  $K_D$  values for homo- and hetero-dimer dissociation equilibrium. In a-c, from left to right, no addition, + morphine, and + DAMGO. a Overall percentages of MOR and DOR protomers existing as DM heterodimers. b Percentages of MOR protomers existing as DM**

**heterodimers. c Percentages of DOR protomers existing as DM heterodimers. d Overall percentages of DOR and KOR protomers existing as DK heterodimers (left), percentages of DOR protomers existing as DK heterodimers (middle), and percentages of KOR protomers existing as DK heterodimers (right).**

presence of three OR species, the fractional increase of MM is minimal and that of DM is only about a factor of 1.5–2 under these low expression conditions (1–10 copies/ $\mu\text{m}^2$ ). Due to the five-way interactions (excluding the MK interaction), the co-existence of three ORs acts like a buffer system, moderating the effects of DAMGO and other agonists on various coexisting species in a quite stable manner.

Furthermore, we calculated how the number of oligomers greater than dimers increases with an increase in expression levels. We examined the case where only MOR and DOR are expressed at the same levels and homo- and hetero-interactions occur independently without the contributions from other secondary interaction sites, like the case for the results shown in Fig. 8a, b. The fractions of MOR and



**Fig. 8 | Evaluation of OR dimer and MOR-DOR hetero-trimer formation across expression levels.** Snapshot of OR distributions as monomers, homodimers, and heterodimers at selected low physiological concentrations (number densities) in the PM expressing KOR, MOR, and DOR at a 1:1:1 ratio by simulation (**a**, **b**), and estimation of the number of heterotrimers (2 DOR and 1 MOR or 1 DOR and 2 MOR molecules) in cells co-expressing various concentrations of DOR and MOR at a 1:1 ratio calculated by using  $k_{off}$  and  $k_{on}$  evaluated in these studies (**c**, **d**). **a** Schematic figure showing the kinetic parameters obtained in this work at the steady state (left) and after DAMGO stimulation (right). **b** Simulated distributions of ORs expressed at 1 (left) and 10 (right) copies/ $\mu\text{m}^2$ . Note that the area sizes are different (100 and

10  $\mu\text{m}^2$  for 1 and 10 copies/ $\mu\text{m}^2$ , respectively) to match the total copy number to 100 in each box. For the detailed mathematical model, see Supplementary Note 1.

**c** Schematic diagram of trimer formation for MOR and DOR under conditions with the absence of interference between the homodimer and heterodimer formation sites, using the kinetic parameters of homo- and hetero-interactions of MOR and DOR obtained in these studies. For the details of conditions and calculations, see Supplementary Note 1. **d** Estimated fractions of monomers (M + D), dimers (MM + DD + DM), and trimers (DMM + DDM) in terms of the total numbers of protomers.

DOR protomers existing as MMD and DDM trimers, as well as dimers (DD, MM, and DM) and monomers, were calculated based on the kinetic constants ( $k_{on}$  and  $k_{off}$  values) evaluated here (Fig. 8c, d; Supplementary Table 2). The results show that at the expression levels employed in this study (2–3 copies/ $\mu\text{m}^2$  by combining data from the homo- and hetero-dimer papers), trimers will scarcely exist, which is consistent with our experimental observations. At a quite high local number densities of 10 copies/ $\mu\text{m}^2$ , approximately one-third of OR (DOR + MOR) molecules will exist as dimers and approximately 7% of OR (DOR + MOR) molecules will exist as trimers.

### Virtually all OR molecules alternate between existing as homo- and hetero-dimers and monomers during short periods on order of 1–10 s

Cautious interpretations are required for the small percentages of OR protomers, 3.8–20.8%, existing as homo- and hetero-dimers at any

moment at low expression conditions (1 copy/ $\mu\text{m}^2$  for each OR; see columns of expression levels of 1 copy/ $\mu\text{m}^2$  and 1+1 copies/ $\mu\text{m}^2$  in Supplementary Tables 1 and 2, respectively; including the presence of morphine and DAMGO, but not peptide dimer blockers). Based on these values, one might consider the functional influence of dimers to be small, but this would be incorrect. Note that the dimer lifetimes are in the range of 118–369 ms, indicating that these dimers fall apart quickly, but then the monomers will again form dimers with different (and sometimes the same) partner molecules<sup>1</sup>. This process is continually repeated. Therefore, although at any time the percentages of protomers existing as dimers are limited, virtually all OR molecules rapidly interconvert among homodimer-, monomer-, and heterodimer-states and monomers during short periods on order of 1–10 s, even at low expression levels of  $\approx 1$  copy/ $\mu\text{m}^2$  for both molecules (Supplementary Tables 1 and 2).

This indicates that ORs would perform their functions while undergoing rapid monomer-dimer interconversions. If the

functionalities of monomers and dimers are different, this raises the possibility to fine-tune the OR functions by modulating monomer-dimer interconversions by natural agonists and synthetic drugs.

### Lack of morphine-induced internalization of MOR and DOR even in MD cells

Transient DM heterodimerization might affect agonist-induced intracellular signaling and internalizations of MOR and DOR, thereby affecting both the analgesic efficacy and the tolerance development. To assess how transient DOR–MOR (DM) heterodimerization affects receptor internalization (Fig. 9a), we analyzed agonist-induced responses using three CHO-K1-derived cell lines: (1) M-cells (SNAPF-MOR), (2) D-cells (SNAPF-DOR), and (3) MD-cells co-expressing both MOR and DOR (tagged with SNAPF and Halo7; see Methods). The total expression levels of the receptors are  $1.5 \pm 0.5$  fluorescent spots/ $\mu\text{m}^2$ . Receptors were labeled for TIRF-based internalization assays, with Dpep(20–42)DM (1  $\mu\text{M}$ ) used to disrupt DM heterodimers.

The time courses of OR internalizations were monitored for 55 min by measuring the OR molecules remaining in the PM. The OR amounts in the PM were measured by TIRF microscopy, by evaluating the signal intensities of the OR molecules in the TIRF illumination range (in PM plus cytoplasm within  $\approx 100$  nm from the PM) before and after the addition of a membrane-impermeable fluorescence quencher, Mn(III) meso-tetra(4-sulfonatophenyl)porphine (Mn<sup>3+</sup>-TSP) (i.e., the intensity of the fluorescence signal from the cytoplasm in the TIRF illumination range), and then subtracting the latter from the former (see Methods)<sup>1</sup>. Each time course obtained under various conditions could be fitted with a single exponential function plus a constant. The constant provided the OR fraction whose internalization is undetectable within 55 min, and the exponential decay constant provided the residency lifetime in the PM for the OR's internalized fraction observed during 55 min (Fig. 9b and Supplementary Figs. 6 and 7; for summaries and statistical test results see Supplementary Table 4 and Supplementary Data 2).

MOR internalization before and after morphine addition was hardly detectable in either M- or MD-cells and was unaffected by Dpep(20–42)DM (Fig. 9b, Left column, Top and middle; Supplementary Fig. 6, Top-fourth rows), indicating that morphine-bound MOR (M<sup>\*mor</sup>), whether as monomer, homodimer, or heterodimer, is internalized inefficiently.

However, these observations require cautious interpretations due to the low fractions of M and M<sup>\*mor</sup> existing as DM and DM<sup>\*mor</sup> heterodimers, respectively, under the employed expression levels ( $\approx 5\%$  as shown in Supplementary Table 2; see the column of  $1 + 1$  copies/ $\mu\text{m}^2$ ; i.e., the case approximating experimental observation conditions of 0.5–1.0 fluorescent spots/ $\mu\text{m}^2$  for both MOR and DOR), although, as described in the previous subsection, virtually all OR molecules would experience dimer periods within 1–10 s. In certain PM domains in some neurons, the MOR and/or DOR concentrations may far exceed those used in this study (e.g., MOR in primary cilia)<sup>54</sup>, and the morphine effect on the MM and/or DM dimer internalizations could be more pronounced.

### Highly-enhanced M<sup>\*DAMGO</sup> internalization during transient binding to DOR

In contrast to morphine, DAMGO strongly induced DAMGO-bound MOR (M<sup>\*DAMGO</sup>) internalization in both M- and MD-cells (Fig. 9b, Supplementary Fig. 6, and Supplementary Table 4). Internalization was greater in MD-cells (48%) than M-cells (30%), despite only  $\sim 9\%$  of M<sup>\*DAMGO</sup> existing as DM<sup>\*DAMGO</sup> heterodimers. Blocking DM dimerization with Dpep(20–42)DM reduced internalization to 26%. Although the co-internalization of MOR and DOR following DAMGO exposure has been documented previously<sup>13,55–58</sup>, the critical insight obtained here is that DM<sup>\*DAMGO</sup> heterodimers, despite their very low fraction (9.0%) and short lifetime ( $369 \pm 11$  ms; Fig. 6c, d) even at a low expression level of 1

copy/ $\mu\text{m}^2$  for each molecular species, contribute to a significant proportion of M<sup>\*DAMGO</sup> internalization.

These observations suggest an unanticipated regulatory mechanism for M<sup>\*DAMGO</sup> internalization. Namely, at the moment of DM<sup>\*DAMGO</sup> heterodimer formation, its ability to bind to cellular internalization machineries, such as GRKs and  $\beta$ -arrestin 2<sup>59</sup>, might suddenly rise dramatically, and then the binding affinity would rapidly decline due to DM<sup>\*DAMGO</sup> heterodimer dissociation, which would occur within a fraction of a second ( $1/k_{\text{off}} = 0.37$  s; Supplementary Table 2). Hence, the cycle of DM<sup>\*DAMGO</sup> heterodimerization and dissociation (which occurs every few seconds or so) would function analogously to a car driver adjusting the speed by frequently and briefly pushing on and releasing the gas pedal, to regulate the M<sup>\*DAMGO</sup> internalization rate (Fig. 9c). Although the enhancement of internalization might occur only during the brief periods when DM<sup>\*DAMGO</sup> heterodimers are formed (Fig. 9c), the total frequency of heterodimerization across the PM ensures that the overall internalization of M<sup>\*DAMGO</sup> as DM<sup>\*DAMGO</sup> heterodimers is significant. This correlates with the area under the curve consisting of many short pulses, depicted in Fig. 9c<sup>60–62</sup>. Thus, the overall internalization rate of M<sup>\*DAMGO</sup> could be modulated by the frequencies and durations of transient DM<sup>\*DAMGO</sup> heterodimerization events.

M<sup>\*DAMGO</sup> monomer/homodimer internalization would occur much less efficiently at the level of individual molecules, but since larger fractions of M<sup>\*DAMGO</sup> exist as monomers at any moment, the overall contributions of M<sup>\*DAMGO</sup> monomers/homodimers to M<sup>\*DAMGO</sup> internalization are quite significant (Fig. 9c). If the expression levels of MOR and DOR are elevated in certain cell types, then M<sup>\*DAMGO</sup> internalization would predominantly occur through DM<sup>\*DAMGO</sup> heterodimers.

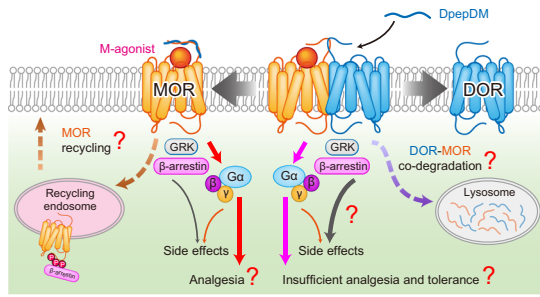
We also examined the effects of the DOR-specific agonist SNC-80 on receptor internalization<sup>63</sup>. The treatment led to extensive internalization of SNC-80-bound DOR (D<sup>\*SNC</sup>) in both D- and MD-cells, with similar extents and rates (Supplementary Fig. 7, middle and right columns; Supplementary Table 4), indicating that DOR<sup>\*SNC</sup> is internalized without the influence of heterodimerization with MOR. Meanwhile, SNC-80 induced significant MOR internalization in MD-cells, which was reduced by the further addition of Dpep(20–42)DM (Supplementary Fig. 7, left column; Supplementary Table 4), indicating that MOR is internalized when it forms heterodimers with D<sup>\*SNC</sup> in MD-cells.

### Transient DM<sup>\*Ago</sup> heterodimers produce strong short pulse-like signals

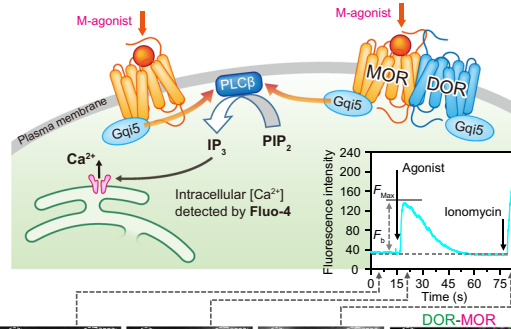
We examined the cytoplasmic signals triggered by M-agonists, morphine and DAMGO, by monitoring the intracellular Ca<sup>2+</sup> mobilization in cells stably expressing Gqi5 and MOR, which were further transiently transfected to express DOR or KOR (called M-, MD-, and MK-cells in this subsection; Fig. 9d; cf Supplementary Fig. 1a and Methods)<sup>1</sup>. All ORs were expressed at the same low expression levels employed for single-molecule detection of dimers (0.5–1.0 fluorescent spots/ $\mu\text{m}^2$  for each OR).

In M-cells, both morphine and DAMGO induced comparable Ca<sup>2+</sup> signals, unaffected by Dpep(20–42)DM. No response was evident in D-cells or K-cells. In contrast, MD-cells exhibited enhanced Ca<sup>2+</sup> responses to both agonists (Ca<sup>2+</sup> signal increase was greater with DAMGO than morphine) compared to M-cells under the same conditions. This heterodimer-dependent enhancement was mitigated by Dpep(20–42)DM, but not by a peptide with a scrambled sequence derived from Dpep(20–42)DM, indicating that DM heterodimerization amplifies M<sup>\*Ago</sup> signaling (M<sup>\*Ago</sup> denotes agonist-bound MOR, collectively indicating M<sup>\*mor</sup> and M<sup>\*DAMGO</sup>). To further validate this observation of Ca<sup>2+</sup> mobilization via Gqi5, we examined cAMP reduction via Gi proteins using a cAMPinGi-based cAMP assay<sup>64–69</sup>. Unlike the Ca<sup>2+</sup> mobilization assay, both MOR and DOR were expressed at levels of 5–10 fluorescent spots/ $\mu\text{m}^2$  (5–10 times higher than for Ca<sup>2+</sup> assays and single-molecule observations). Consistent with the Ca<sup>2+</sup> mobilization

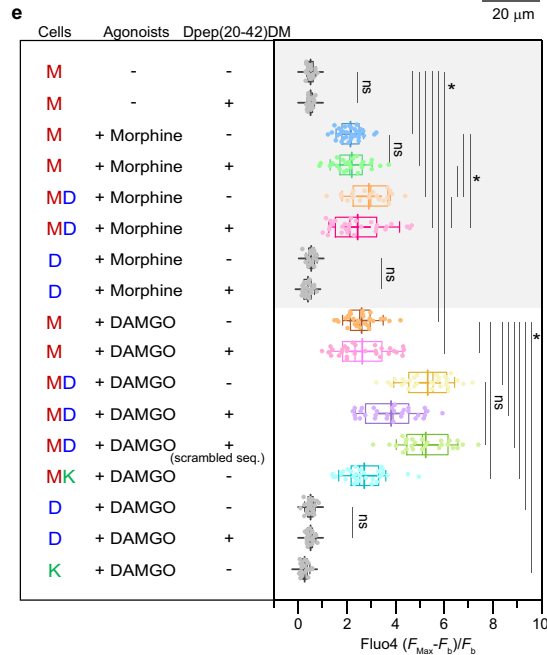
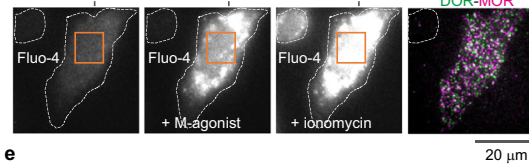
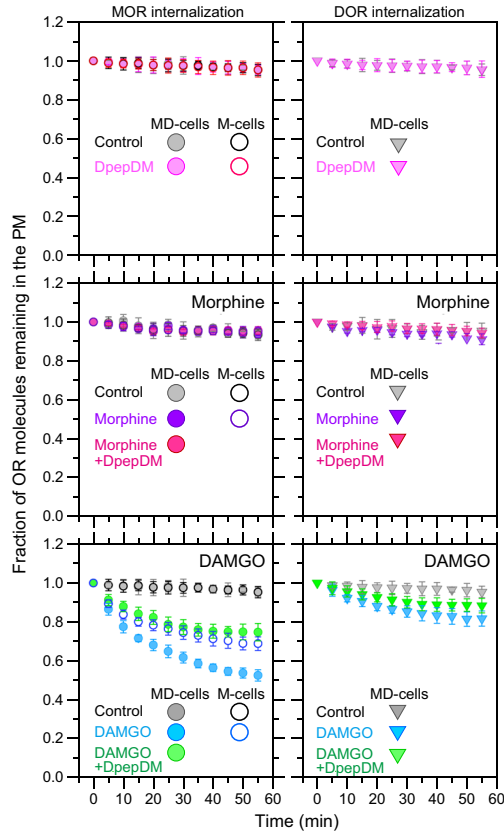
**a** Effect of DM heterodimer blocker Dpep(20-42)DM on agonist-induced MOR signaling and trafficking



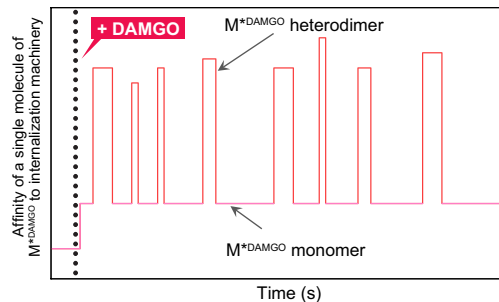
**d** Dpep(20-42)DM lowers the DOR-enhanced MOR signals after the M-agonist addition



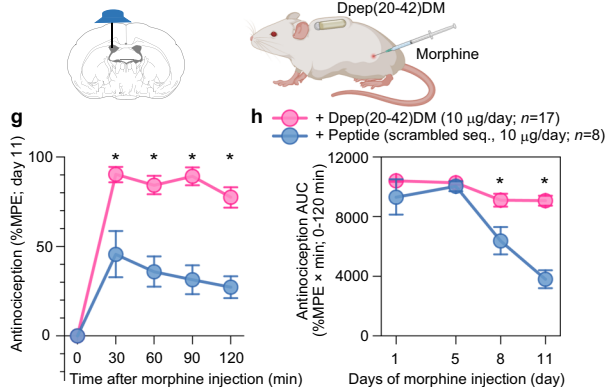
**b** Dpep(20-42)DM suppresses the DM co-internalization induced by DAMGO



**c** Affinity of a single molecule of M<sup>DAMGO</sup> to internalization machinery



**f** Dpep(20-42)DM suppresses the development of morphine tolerance



data, the DAMGO-induced cAMP concentration decrease via Gi was greater when DOR was co-expressed, and this enhancement was suppressed by Dpep(20-42)DM (Supplementary Fig. 8). These results are consistent with a previous report indicating that morphine and DAMGO activate MOR with greater efficacy when DOR is co-expressed over MOR alone, but without explicitly estimating the percentages of MOR existing as DM heterodimers<sup>53</sup>.

We found very small fractions of M<sup>AGO</sup> molecules existing as DM<sup>AGO</sup> heterodimers (4.9% for DM<sup>MOR</sup> and 9.1% for DM<sup>DAMGO</sup> at low experimental expression levels of  $\approx 1 + 1$  copies/ $\mu\text{m}^2$  in Supplementary Table 2) for very brief durations ( $369 \pm 11$  ms for DM<sup>DAMGO</sup> and  $187 \pm 20$  ms for DM<sup>MOR</sup>; Fig. 6c). The M<sup>DAMGO</sup> monomer and homodimer generated similar Ca<sup>2+</sup> signals, suggesting that each M<sup>AGO</sup> molecule in a DM<sup>AGO</sup> heterodimer exhibits a markedly higher signaling rate

**Fig. 9 | Dpep(20-42)DM dissects the DM heterodimer and MOR monomer functions after M-agonist applications in cells, maintains morphine analgesia and reduces tolerance development in mice.** **a** Schematic figure showing that Dpep(20-42)DM reduces DM heterodimers, helping to dissect the DM heterodimer and MOR monomer functions, including signaling and internalization, upon M-agonist addition. **b** Time courses of MOR and DOR internalization before and after the addition of 0.5  $\mu\text{M}$  morphine or DAMGO in the presence and absence of 1  $\mu\text{M}$  DpepDM (mean  $\pm$  SEM; 10 cells for each data point). MOR internalization was examined in MD-cells and M-cells, whereas DOR internalization was observed only in MD-cells **c** Schematic illustration showing immensely enhanced efficiencies of binding to internalization machineries such as GRKs and  $\beta$ -arrestins and of DM<sup>DAMGO</sup> heterodimer internalization. **d** (Top) Experimental design for observing Ca<sup>2+</sup> mobilization after M-agonist addition. Ca<sup>2+</sup> mobilization was monitored by Fluo-4 fluorescence intensity in M-, D-, and MD-cells. (Bottom) Typical (among 20 cells) Fluo-4 images and single-molecule images of DOR and MOR. **e** Ca<sup>2+</sup> mobilization parametrized by using  $[F_{\text{Max}}-F_b]/F_b$  for Fluo-4 signals before and after the

addition of morphine and DAMGO, in the presence and absence of Dpep(20-42)DM. Horizontal bars, crosses, boxes, and whiskers indicate median values, mean values, interquartile ranges (25–75%), and 10–90% ranges, respectively. \* and ns represent significant ( $p < 0.05$ ) and non-significant ( $p \geq 0.05$ ) differences, respectively (Tukey's multiple comparison test). **f** Schematic illustration showing the osmotic pump implantation for intracerebroventricular injection of Dpep(20-42)DM and subcutaneous morphine injection in a mouse [Created in BioRender. Aladag, A. (2025) <https://BioRender.com/0tevzb7>]. **g** Tail flick test results on day 11, showing that morphine-induced analgesia was maintained by the continuous administration of Dpep(20-42)DM (10  $\mu\text{g}/\text{day}$ ). The analgesia effect lasted for at least 120 min. **h** Dpep(20-42) reduces morphine tolerance in mice. For **g** and **h**, \* represents significant ( $p < 0.05$ ) difference (two-way ANOVA test; the data show mean  $\pm$  SEM;  $n = 17$  DpepDM group,  $n = 8$  control peptide group). All of the statistical parameters and analysis results including sample size  $n$  and  $p$  values are provided in Supplementary Data 2. Source data are provided as a Source Data file.

compared to monomeric or homodimeric M<sup>Ago</sup> molecules. This enhancement may arise from conformational changes in M<sup>Ago</sup> upon DOR binding and/or those in DOR upon M<sup>Ago</sup> binding, potentially allowing non-ligated DOR to participate in signaling. The strong signals from a small population of short-lived DM<sup>Ago</sup> heterodimers (369 ms) suggest a fundamentally important signaling mechanism, similar to the enhanced internalization with DM<sup>DAMGO</sup> heterodimers (previous subsection).

Namely, at the moment of DM<sup>Ago</sup> heterodimer formation, the probability that the M<sup>Ago</sup> molecule and possibly the M<sup>Ago</sup>-bound DOR molecule bind to and activate Gq15 or G $\alpha$ i, consequently triggering downstream signaling cascades, might rise steeply, but this activation is short-lived because the DM<sup>Ago</sup> heterodimer dissociates quickly within fractions of a second ( $1/k_{\text{off}} = 0.19$  s and 0.37 s for DM<sup>mor</sup> and DM<sup>DAMGO</sup>, respectively; Supplementary Table 3). Hence, a DM<sup>Ago</sup> heterodimer will create brief, pulse-like signals, and thus the signal in the entire cell is produced as the sum of the brief, stronger pulse-like signals from individual DM<sup>Ago</sup> heterodimers plus the weaker signals from M<sup>Ago</sup> monomers (Fig. 9c)<sup>60–62</sup>. As we proposed previously<sup>60–62</sup>, the regulation of the signal time courses of an entire cell is more readily achieved when signaling entities (individual signaling molecules and molecular complexes) emit short pulse-like signals as opposed to prolonged ones: only simple summation (aggregation) of brief signals suffices to generate the overall cellular signal response, while if individual signals are prolonged, complex integration rather than simple summation must be performed to produce the required cellular signal time courses<sup>60</sup>. In short, the cellular signal intensities might be regulated by adjusting the frequencies of the short pulse-like formation of DM<sup>Ago</sup> heterodimers. In addition, in cells or PM domains with elevated but still physiological OR molecular densities, the signals emanating from DM<sup>Ago</sup> heterodimers could be quite substantial, governing the cellular signal.

### Dpep(20-42) reduces morphine tolerance in mice

As described previously, Dpep(20-42)DM moderately reduces M<sup>Ago</sup>-induced signaling, suggesting potential impacts not only at the cellular level but also in nervous tissues and systemic functions. To explore this, we tested whether the soluble DM heterodimer blocker peptide Dpep(20-42)DM could modulate morphine-mediated analgesia in murine models.

The peptide, dissolved in artificial cerebrospinal fluid (aCSF), was administered directly into the cerebral ventricles at a dose of 10  $\mu\text{g}/\text{day}$  continuously for two days prior to the commencement of daily subcutaneous morphine injections (10 mg/kg/injection; one injection/day) (Fig. 9f). As a control, we used the peptide derived from the scrambled sequence of Dpep(20-42)DM. We utilized the tail-flick test to evaluate the analgesic efficacy of morphine and track the progression of antinociceptive tolerance.

Our results revealed that the analgesic potency of morphine was enhanced by Dpep(20-42)DM, which was especially evident between 60 and 120 minutes after morphine application over the course of the study (days 1, 5, 8, and 11; Supplementary Fig. 9). Notably, on day 11, the analgesic effect in the Dpep(20-42)DM group was approximately 3.5-fold greater than that in the control group (Fig. 9g).

The administration of Dpep(20-42)DM reduced morphine tolerance development, with effects becoming evident from day 8 after treatment initiation. Dpep(20-42)DM-treated mice retained >87% of their initial analgesic efficacy through days 8–11, whereas the control group retained only  $\approx$ 27% (Fig. 9h). Mice receiving half the peptide concentration exhibited intermediate tolerance levels (Supplementary Fig. 9). These results suggest that inhibiting DM<sup>Ago</sup> heterodimerization by Dpep(20-42)DM diminishes morphine tolerance, implicating MOR–DOR co-expressing neurons, consistent with previous studies<sup>10,13,14,17</sup>. Suppression of DM<sup>Ago</sup> heterodimers by Dpep(20-42)DM also diminished the signal levels in cells in vitro (Fig. 9e). Accordingly, maintaining proper signal levels in cells might be important for sustained morphine analgesia, which will be discussed further.

## Discussion

The significance of OR heterodimerization in pain therapy and neuropsychiatric disorders is garnering increasing attention<sup>34,35,70</sup>. Although there is controversy in the OR research field as to whether different ORs co-exist in the same neuron, the coexistence of MOR and DOR, which has been most extensively investigated, is becoming clear in several domains or neuronal circuits in the brain and peripheral nervous system under various physiological, pathological, and pharmacological conditions<sup>16,20–23</sup>. The heterodimerization of three classical ORs introduces a new dimension to receptor interactions with G proteins, GRKs, and arrestins, providing additional opportunities for modulating OR functions<sup>13,58,71–73</sup>. This modulation could be clinically utilized for managing chronic pain and treating neuropsychiatric disorders<sup>2,34,35,70</sup>.

However, our understanding of OR heterodimers and their clinical implications is limited due to the paucity of fundamental knowledge on heterodimer formation dynamics and mechanisms and the lack of specific blockers. Using our advanced single-molecule imaging and analysis methods<sup>1</sup>, we obtained the fundamental parameters  $K_D$ ,  $k_{\text{off}}$ , and  $k_{\text{on}}$ , describing OR homo- and hetero-dimerizations. Crucially, these parameters are independent of OR expression levels, and thus we firmly established the formation of transient DM and DK heterodimers, alongside KK, MM, and DD homodimers, in the PM of cells expressing these molecules. These parameters were determined in the presence and absence of M-agonists and Dpep(20-42)DM (Supplementary Tables 1 and 2), and the percentages of protomers existing as DM and DK heterodimers at various expression levels were calculated from the  $K_D$  values (Supplementary Tables 2–3 and Fig. 7), which will be

useful for future studies to reveal the biological and pharmacological consequences of OR homo- and hetero-dimers. We hardly detected transient OR trimers and tetramers, indicating that at low physiological expression levels, the percentage of OR protomers existing as oligomers greater than dimers would be limited (Fig. 8).

We did not detect MK dimers at expression levels of  $1.5 \pm 0.5$  total fluorescent spots (for two OR molecules) employed here. However, since MK heterodimers have been proposed to exist in female spinal cords<sup>24</sup>, it is possible that the MOR and KOR expression levels may be much higher and MK heterodimers may form there.

This study first documented the transient nature of OR heterodimers, revealing lifetimes of DM and DK heterodimers of approximately 250 ms, roughly twice as long as those of homodimers (120 ms for DD and MM and 180 ms for KK). Previous single-molecule imaging studies likely missed the OR dimers due to their scarce presence at the low expression levels typically employed in these studies ( $\approx 1$  copy/ $\mu\text{m}^2$ ) and their brief lifetimes<sup>74–76</sup>. Indeed, experiments performed at higher protein densities using bioluminescence resonance energy transfer (BRET), fluorescence resonance energy transfer (FRET), and biochemical assays detected the dimers, although these methods could not elucidate the dynamic nature of OR dimerization<sup>44,75,77–79</sup>. Interestingly, pull-down assays, which require minute-order procedures, detected homo- and hetero-dimers despite their 100-ms-order lifetimes<sup>10,80</sup>, probably due to the rapid reassociation kinetics.

In a separate study using a Gs-coupled GPCR,  $\beta$ 2-adrenergic receptor ( $\beta$ 2AR), our group found that it also undergoes intermittent, frequent, transient dimerizations in similar time scales, and interestingly, Gs proteins are recruited to both  $\beta$ 2AR homodimers and monomers with binding lifetimes shorter than 50 ms<sup>81</sup>. This time scale is shorter than the receptor dimer lifetimes, suggesting that these short-lived dimers formed frequently can affect Gs-downstream signals and might be important for regulating GPCR downstream signals.

The interaction domains critical for heterodimerization have been identified as both the N-terminal domains for DM and both the EL3 domains for DK heterodimers (Figs. 2–4). While  $\text{TM1}^{\text{MOR}}$  is involved in DM heterodimerization by binding to  $\text{TM1}^{\text{DOR}}$ ,  $\text{TM4}^{\text{DOR}}$ , and other TMs of DOR (Fig. 5b–d), it is also involved in MM homodimerization by binding to another MOR (perhaps mainly the TM1 domain). Therefore, although  $\text{TM1}^{\text{MOR}}$  contributes to dimerization, its contribution is less specific and would primarily be to augment overall affinity. The nature of lower-specificity TM interactions is also found in the literature. The involvement of TM domains in DM heterodimerization<sup>13,48</sup> and DK heterodimerization was previously proposed<sup>28</sup>, whereas the same TM domains such as  $\text{TM4}^{\text{DOR}}$  and  $\text{TM1}^{\text{MOR}}$  were also proposed to be involved in DD<sup>82</sup> and MM<sup>50,83</sup> homodimerizations. The TM interactions with lower specificities were previously proposed as the rolling dimer interface model, in which multiple TM interaction sites co-exist and interconvert<sup>44</sup>. In line with these observations, while MOR homodimerization was previously found to depend on the interaction between  $\text{TM5}$  and  $\text{TM6}^{\text{84}}$ , in the presence of galanin  $\text{Gal}_1$  receptor, another GPCR, the homodimerization site shifts to the  $\text{TM4}/\text{TM5}$  interface and MOR- $\text{Gal}_1$  receptor heterotetramer is formed via  $\text{TM5}/\text{TM6}$  interface<sup>84</sup>.

Since the addition of either Dpep(20-42)DM (also Mpep(32-61)MD) or  $\text{TM1}^{\text{MOR}}$  alone reduced the colocalization index for DM heterodimers to near-baseline levels (1.2–1.3) (Figs. 4a, b, and 5c), we suggest that DM heterodimerization might also involve cooperative allosteric conformational changes between the N-terminal domains and TM domains in DOR and MOR, which might affect their functions<sup>85</sup>. In addition, although the binding of nucleotide-free G $\alpha$  to GPCR was proposed to affect GPCR conformations<sup>86</sup>, we could not include investigations to clarify the effect of G-proteins on GPCR dimerization in the present research. Examination of this effect will be a very important next step for further advancing our understanding of OR dimerization and its functions. The possible involvement of these

processes suggests the complexity of OR dimerization, which we have simplified using first-order kinetics to aid our understanding at this stage of research.

Soluble peptides with sequences mirroring the extracellular heterodimer formation domains ( $\text{EL3}^{\text{DOR}}$  and  $\text{EL3}^{\text{KOR}}$ ) peptides for DK heterodimers and DpepDM and MpepMD for DM heterodimers can specifically reduce DM and DK heterodimers (Figs. 2d, 4, and 5d). In particular, we extensively utilized the Dpep(20-42)DM peptide to dissect the functions of  $\text{M}^{\text{Ago}}$  monomers/homodimers and  $\text{DM}^{\text{Ago}}$  heterodimers after the application of M-agonists, morphine and DAMGO (where  $\text{M}^{\text{Ago}}$  collectively denotes agonist-bound MOR).  $\text{DM}^{\text{Ago}}$  dimerization was enhanced by DAMGO but not morphine, and reduced by Dpep(20-42)DM (Fig. 6). Morphine failed to induce the internalization of  $\text{M}^{\text{MOR}}$  or DOR even in MD-cells, where  $\text{DM}^{\text{MOR}}$  heterodimerization is induced.  $\text{M}^{\text{DAMGO}}$  monomers and  $\text{M}^{\text{DAMGO}}\text{M}^{\text{DAMGO}}$  homodimers are internalized in similar manners<sup>1</sup>, and  $\text{DM}^{\text{DAMGO}}$  heterodimerization further enhanced  $\text{M}^{\text{DAMGO}}$  internalization (Fig. 9b, c).  $\text{DM}^{\text{Ago}}$  heterodimerization also enhanced the downstream  $\text{Ca}^{2+}$  signal (Fig. 9e). Monomers of a prototypical GPCR, the  $\beta$ 2-adrenergic receptor, were previously found to efficiently activate a stimulatory heterotrimeric G protein, Gs<sup>87</sup>, but our results indicate that certain GPCRs, including MOR, might acquire enhanced activities upon heterodimer formation.

In our study, conducted under the low receptor expression levels ( $\approx 1 + 1$  copies/ $\mu\text{m}^2$ ), only small fractions ( $\leq 9.1\%$ ) of  $\text{M}^{\text{Ago}}$  will exist as  $\text{DM}^{\text{Ago}}$  heterodimers at any moment (Supplementary Table 3). Combining this with the short 369-ms lifetime of  $\text{DM}^{\text{Ago}}$  heterodimers, we advanced an argument that each  $\text{DM}^{\text{Ago}}$  heterodimer will create a brief, intense pulse-like signal, contrasted with the weaker signals from  $\text{M}^{\text{Ago}}$  monomers, and the overall cellular signal is produced as the sum of these signals (Fig. 9c, e)<sup>60–62</sup>. Note that all  $\text{M}^{\text{Ago}}$  molecules form  $\text{DM}^{\text{Ago}}$  heterodimers every 1–10 s even under low expression levels (Supplementary Table 2). Enhanced internalization of  $\text{M}^{\text{DAMGO}}$  might also follow a similar enhancement pattern. These results were observed under expression levels far lower than those typically used in bulk optical and biochemical assays (by factors of 10–1000)<sup>77–79</sup>, suggesting a unique signaling mechanism in native physiological conditions.

In specific neural tissue domains or certain cell types where OR expression levels are higher<sup>54</sup>,  $\text{DM}^{\text{Ago}}$  heterodimers could play a more dominant role in cellular responses, dictated by the frequency of their transient active phases. Building upon this hypothesis, and recognizing the possibility that small quantities of  $\text{DM}^{\text{Ago}}$  heterodimers might induce critical signals in key neurons, we explored the in vivo effects of Dpep(20-42)DM administered into murine cerebral ventricles to assess its impact on morphine tolerance, unlike a previous study using systemically applied Nterm- $\text{TM1}^{\text{MOR}}$ -TAT<sup>13</sup>, which would non-specifically block multiple dimer forms (Fig. 5). We found that cerebral ventricle-administered Dpep(20-42)DM significantly curtails the development of long-term tolerance (Fig. 9f–h). However, directly comparing the effectiveness of Dpep(20-42)DM to Nterm- $\text{TM1}^{\text{MOR}}$ -TAT is challenging due to differing administration methods and the inherent specificity of Dpep(20-42)DM, which likely contributes to its reduced side effects.

Our in vivo findings align with previous findings that a genetic or pharmacological blockade of DOR can enhance MOR-agonist induced analgesia, highlighting the role of DM heterodimers in regulating MOR-mediated pain pathways<sup>10,14,17,72,88–90</sup>. The newly identified specific extramembrane domains for DM heterodimer-blocking present targets for modulating OR function, offering strategic avenues for the development of opioid therapies with reduced tolerance and dependence.

These in vivo results should be compared with our findings in cultured cells, where Dpep(20-42)DM, facilitating  $\text{DM}^{\text{MOR}}$  dissociation into monomers, reduces the  $\text{Ca}^{2+}$  signal from Gqi5 (Fig. 9e). These apparently contrasting findings made in vivo and in vitro suggest that

finely tuning cellular signals upon morphine application is crucial for preventing long-term tolerance in mice. Agents that modulate the levels of DM<sup>mOR</sup> heterodimers in the PM, like Dpep(20-42)DM, could offer more precise control over drug effects than simply varying morphine dosage.

In a recent study, small molecules that can specifically interfere with the TM5/TM6 interface of the cannabinoid CB1 receptor-serotonin 5-HT2A receptor heteromer have been developed<sup>91</sup> based on the TM5/TM6 interface found by the TM peptide blockers<sup>92</sup>. In light of the therapeutic potential of short peptides and small molecules for clinical use, development of chemical compounds that mimic Dpep(20-42)DM and the TM peptides engaging dimer-specific interfaces and are capable of crossing the blood–brain barrier would represent a promising strategy for advancing opioid therapies with reduced tolerance and dependence.

## Methods

### cDNA construction

All of the newly generated cDNA constructs and other constructs obtained from outside sources, including gifts and constructs from commercial sources, were sequenced to examine their exact DNA sequences. The cDNA encoding rat MOR tagged with GFP was a gift from Dr. R. Schülz of the University of Munich, Germany<sup>93</sup>. The cDNA encoding rat KOR and DOR was a gift from Dr. Hiroshi Takeshima of the Kyoto University<sup>94</sup>. The mCherry was a gift from Prof. R. Y. Tsien of the University of California San Diego<sup>95</sup>. The cDNA encoding CD47 was a gift from Eric C. Brown of Genentech<sup>96</sup>. The cDNA encoding CD28 was a gift from Simon J. Davis of University of Oxford<sup>97</sup>. The cDNAs encoding SNAPf and mGFP (A206K) were obtained from New England Biolabs and Clontech, respectively. To generate plasmids for expressing SNAPf-ORs and ORs-Halo7 in CHO-K1 cells, the tag protein SNAPf or Halo7 was attached to the N-/C-terminus of the ORs, an additional signal sequence of interleukin 6 was attached to the N-/C-terminus of the tag protein, and a 21 amino-acid linker (SGGSGG × 3) was inserted between the ORs and the tag protein. The deletion and point mutants of ORs were generated using a Q5<sup>®</sup> Site-Directed Mutagenesis Kit (NEB, Cat. #E0554). The detailed cDNA information is provided in the DNA sequence file (Supplementary Data 1).

### Mice

Male C57BL/6 N mice (30–40 g;  $n = 25$ ) were purchased from CLEA Japan, Inc. and maintained on a 12-h light/dark cycle with rodent chow and water available ad libitum. They were housed in groups of four until testing. Animal studies were performed according to protocols approved by the Nagasaki University Animal Care and Use Committee (Approved number: 2002181596).

### Cell culture, transfection, and microscope observations

CHO-K1 cells (Dainippon Pharma) were confirmed free of mycoplasma contamination by MycoAlert (Lonza)<sup>98</sup>. CHO-K1 cells were routinely cultured in Ham's Nutrient Mixture F12 (Sigma-Aldrich) supplemented with 10% (v/v) fetal bovine serum (FBS, Life Technologies), 100 units/mL penicillin (Sigma-Aldrich), and 0.1 mg/mL streptomycin at 37 °C under a 5% CO<sub>2</sub> atmosphere. For cDNA transfections for single-molecule tracking studies of ORs (exhibiting 0.5–1 fluorescent spots/ $\mu\text{m}^2$ ), approximately  $5 \times 10^6$  cells were mixed with 200 ng OR cDNA plasmids in 100  $\mu\text{L}$  transfection buffer, and electroporation was performed according to the manufacturer's instructions (4D-Nucleofector, Lonza; SF Cell Line solution and program for CHO-K1 and T24 cells). For cDNA transfections for Ca<sup>2+</sup> mobilization and cAMP assays with Gqi5 and cAMPinG1, approximately  $2 \times 10^5$  cells were mixed with 1  $\mu\text{g}$  cDNA plasmids encoding Gqi5 and cAMPinG1 in 100  $\mu\text{L}$  transfection buffer. The transfected cells were seeded in glass-base dishes (35-mm in diameter with a 12-mm diameter glass window, 0.15-mm-thick glass; Iwaki, Tokyo;  $2 \times 10^5$  cells/dish) and cultured for 24–48 h before

fluorescence microscopy observations. All microscope observations were performed at 37 °C by placing the entire microscope, except for the far ends of the excitation arms and the detection arms, in a home-built microscope environment chamber made with thermo- and electric-field-insulating plastic sheets and equipped with four heating circulators (SKHO-112-OT, Kokensya, Tokyo, Japan). The Ham's F12 medium used for microscope observations was free of sodium bicarbonate and phenol red, and buffered with 2 mM N-[tris(hydroxymethyl)methyl]-2-aminoethanesulfonic acid (TES, Sigma-Aldrich) at pH 7.4 (called Ham's F12 observation medium).

### Fluorescence labeling of ORs

The SNAPf-tagged wild-type and mutant ORs expressed in the PM (SNAPf tag located at the extracellular N-terminus) were covalently conjugated by simultaneously incubating the cells with two fluorescent SNAP ligands, SNAP-Surface 549 (New England Biolabs) and SNAP-CF660R (Shinsei Kagaku), both at 300 nM, in the growth medium at 37 °C in the CO<sub>2</sub> incubator for 30 min. The cells were washed three times with fresh medium (5-min incubation each time), and then the Ham's F12 observation medium was added. The Halo7-tag protein fused to the intracellular C-terminus of the OR (Supplementary Fig. 1a) was covalently conjugated with SaraFluor650T-Halo-ligand (Goryo Kayaku), by incubating the cells with 100 nM Halo ligand. The SNAPf-OR and OR-Halo7 proteins were simultaneously labeled in the growth medium, at 37 °C in the CO<sub>2</sub> incubator for 30 min. The cells were washed three times with fresh medium (5-min incubation each time), and then the Ham's F12 observation medium was added. Determination of the labeling efficiencies of the SNAPf-tag protein attached to the extracellular N-termini and Halo7-tag protein attached to the cytoplasmic C-termini of various proteins under monomeric conditions. CD47, TM<sup>LDLR</sup>, and MOR's 1-70 aa sequence linked to the N-terminus of TM<sup>LDLR</sup> expressed at a fluorescent spot number density of  $\approx 1$  spot/ $\mu\text{m}^2$  and MOR and MOR's  $\Delta 358$ -382 mutant (monomeric mutant developed in this study) expressed at a spot number density of  $< 0.1$  spot/ $\mu\text{m}^2$ . For determining the Halo7-tag labeling efficiency, these proteins are linked to the monomeric StagyGold (mSG)-tag at their N-termini<sup>99</sup>. Results showed that the labeling efficiencies are very similar among the five proteins employed here, providing efficiencies of  $0.6631 \pm 0.0107$  for SNAP-Surface 549 at a SNAP-dye concentration of 300 nM and  $0.8585 \pm 0.0046$  for SaraFluor650T (mean  $\pm$  SEM of five proteins) at a Halo-dye concentration of 100 nM. These results suggest that the labeling efficiencies of Halo-SaraFluor650T in terms of binding to the Halo7-tag protein would generally not be affected much by the domains of the proteins of interest conjugated to the SNAP-tag protein, like the case where SNAP-Surface 549 and SNAP-CF660R binding to the SNAPf-tag protein would generally not be affected much by the domains of the proteins of interest conjugated to the SNAP-tag protein. We suspect that the somewhat long 12-amino acid linker we employed for conjugating the Halo7-tag protein to the protein of interest (SGSG × 3) might help to provide similar labeling efficiencies for different proteins. By controlling the expression levels and using these labeling conditions, the spot numbers of SNAPf-OR and OR-Halo7 proteins were approximately equalized ( $0.75 \pm 0.25$  spots/ $\mu\text{m}^2$  for each color; i.e., a total spot number density of  $1.5 \pm 0.5$  spots/ $\mu\text{m}^2$ ).

### Single molecule fluorescence imaging

Fluorescently labeled ORs expressed in the bottom PM (the PM facing the coverslip) at fluorescent-spot number densities of  $0.75 \pm 0.25$  spots/ $\mu\text{m}^2$  for each color (a total spot number density of  $1.5 \pm 0.5$  spots/ $\mu\text{m}^2$ ) were observed at the level of single molecules at 37 °C, using a home-built objective lens-type TIRF microscope constructed on an inverted microscope (Olympus IX-83) with a 100x, 1.49 numerical aperture (NA) objective lens, optimized for the present research based on the instrument used previously<sup>100,101</sup>. ORs tagged with fluorescent probes were excited with TIR illumination using the

following power densities: SNAP-Surface 549 at 561 nm (Coherent OBIS 561-100 LS) at  $0.35 \mu\text{W}/\mu\text{m}^2$ ; and SaraFluor650T at 642 nm (Omicron LuxXPlus 640-140) at  $0.50 \mu\text{W}/\mu\text{m}^2$ . The dual-color images were separated by a dichroic mirror ZT640rdc-UF3 (Chroma) and projected into two detection arms with band-pass filters of 575–625 nm (ET600/50 m; Chroma) for the SNAP-Surface 549 dye and 662.5–737.5 nm (ET700/75 m; Chroma) for the SaraFluor650T dye. The fluorescence signal in each channel was first detected and amplified by a two-stage micro-channel-plate image intensifier (C9016-02MLP24; Hamamatsu Photonics), and the intensified image was projected onto the scientific CMOS camera (C11440-22CU; Hamamatsu Photonics), operated at 30 Hz, which was synchronized with the same intensifier-camera set(s) placed on another detection arm. The image sequences in each channel were superimposed after correction for spatial distortions, as described previously. The positions ( $x$  and  $y$  coordinates) of all of the observed single fluorescent molecules were determined by an in-house computer program<sup>102</sup>.

### Evaluating colocalization durations

The colocalization of two fluorescent molecules was defined as the event where two fluorescent spots, representing these molecules, become localized within 200 nm of each other, as described previously<sup>100,103</sup>. Each time we found a green-magenta pair located within 200 nm (colocalization), we measured the duration in which their distances remained within 200 nm (colocalized duration) (for the results obtained by using two dye molecular species with different excitation/emission wavelengths, we call them green and magenta probes/movies for convenience in this report). After obtaining the colocalization durations for all of the colocalization events, we generated a histogram (distribution) of colocalization durations. The distribution of incidental colocalization durations was obtained by superimposing the magenta image sequences with the 180-degree rotated (doubly flipped) green image sequences<sup>1</sup>. For the precise analysis of these histograms, we first produced cumulative histograms and fitted them with a single exponential function ( $C_0 - C_1 \exp[-t/\tau_1]$ ) or the sum of two exponential functions ( $C_0 - C_1 \exp[-t/\tau_1] - C_2 \exp[-t/\tau_2]$ ). The choice of the number of exponentials (including the cases of the sum of three exponential functions) was made based on Akaike's and Bayesian information criteria (they always agreed). Based on these functions, the functions describing the original histograms were derived and overlaid on the histograms.

First, we found that the distribution of incidental colocalization durations could be fitted by a single exponential function, with a time constant representing the incidental colocalization lifetime  $\tau_{\text{inci}}$ . Second, the distribution of colocalization durations was obtained for correctly superimposed magenta and green image sequences. This distribution could be fitted by the sum of two exponential decay functions ( $\tau_1$  and  $\tau_2$ ;  $\tau_1 < \tau_2$ ). These results are consistent with the theory developed here that predicts the distribution of colocalization durations based on the diffusion equation<sup>1</sup>. Since  $\tau_1$  was almost the same as  $\tau_{\text{inci}}$ ,  $\tau_2$  provided the homodimer lifetime (this value has to be corrected for the trackable duration lifetimes of the two fluorescent probes, to obtain  $k_{\text{off}}$ ). The trackable duration lifetime ( $\tau_{\text{track}}$ ) for SNAP-Surface 549 bound to SNAPf-MOR was  $16.3 \pm 1.2$  s ( $n = 500$ ); the same as those described in the companion paper) and that for SaraFluor650T-Halo-ligand bound to MOR-Halo was  $12.5 \pm 0.8$  s ( $n = 500$ ) (expressed in CHO-K1 cells) (Supplementary Fig. 1f). The photobleaching lifetimes for these fluorescent dye molecules adsorbed on the cover glass of the glass-base dish were  $36.6 \pm 1.0$  s ( $n = 567$ ) for SNAP-Surface 549 and  $20.1 \pm 0.10$  s ( $n = 598$ ) for SaraFluor650T.

### Evaluating the colocalization index

For the quantitative evaluation of the extent of colocalization (representing both the frequency and lifetime of colocalization events) in simultaneous two-color single-molecule imaging movies, we defined a

parameter called the colocalization index<sup>104</sup>. This analysis method is essentially based on a pair cross-correlation analysis<sup>1</sup>.

### Monte Carlo simulations

The colocalization index depends on the number density of fluorescent spots in the PM. In the present experimental observations, we selected the cells exhibiting fluorescent spot number densities in the PM of  $0.75 \pm 0.25$  spots/ $\mu\text{m}^2$  for each color (SNAP-Surface 549 and SaraFluor650; total spot number densities of  $1.5 \pm 0.5$  spots/ $\mu\text{m}^2$ ; for conciseness, we describe the number densities as  $\approx 1.5$  spot/ $\mu\text{m}^2$  throughout this report). These densities were found to be reasonable by the Monte-Carlo simulation results. We developed the theory to evaluate the dimer-monomer dissociation equilibrium constant  $K_D$  from the PCCF and the total number of spots in the image, refer to Supplementary Note 1 of this paper and Supplementary Note 2 of companion paper<sup>1</sup>.

### Cell treatments with agonists and peptides

M-agonists, DAMGO (Sigma-Aldrich) and morphine (Takeda), and D-agonist SNC-80 (Sigma-Aldrich) were applied to the cells as described in the companion paper. The DpepDM and MpepMD peptides, as well as the peptides with scrambled sequences derived from DpepDM and MpepMD: (1) PSSSSGSTPAGFADPAARFNASS, (2) CVPRCQSGNGQHDGGTSSGNPDDNLLSLTL, custom-synthesized by Cosmo-Bio, are soluble peptides, and were dissolved in the observation medium and added to the cells in the observation medium at a selected final peptide concentration at 37 °C. Since their target sites are located on the cell surface, the complex procedures employed for incorporating the FAM-Xpep-TATs inside the cells, as described in the companion paper, were unnecessary<sup>1</sup>.

### Peptide stability test

Peptide solutions (1 mM in 10% DMSO, 90% H<sub>2</sub>O) were mixed with mouse serum (Sigma-Aldrich, USA) or the CHO-K1 cell culture medium at 1:1 (v/v), and incubated at 37 °C with gentle shaking. At different timepoints, 120- $\mu\text{L}$  aliquots were taken, and the protease activity was stopped with 20  $\mu\text{L}$  of 10% (v/v) trichloroacetic acid. After 30 min at 4 °C, samples were centrifuged at 13,000 g for 10 min to remove serum proteins, and the supernatants were analyzed by HPLC-UV (Shimadzu HPLC Nexera LC30-AD, equipped with an SPD-M20A (PDA), CTO-20AC (column oven), SIL-30AC (Auto Sampler), and AscenticsExpress ODS 150 x ID 2.1 mm, 2.7  $\mu\text{m}$  column. Flow: 0.3 mL/min; Inj: 5  $\mu\text{L}$ ; Column Oven: 40 °C; Detection:  $\lambda$  215 nm (Cell Temp. 40 °C).

### OR internalizations

We examined the effects of DM heterodimerization on downstream signals after M-agonist stimulation and the internalization of MOR and DOR before and after M- and D-agonist stimulation (0.5  $\mu\text{M}$ ), using three cell lines produced here: (1) M-cells, CHO-K1 cells stably expressing SNAPf-MOR at 0.5–1.0 fluorescent spots/ $\mu\text{m}^2$  after labeling with SNAP-Surface 549; (2) D-cells, CHO-K1 cells stably expressing SNAPf-DOR at 0.5–1.0 fluorescent spots/ $\mu\text{m}^2$  after labeling with SNAP-Surface 549; (3) MD-cells based on M-cells (or D-cells), transiently transfected with the cDNA encoding DOR-Halo7 (or MOR-Halo7), which was labeled with SaraFluor 650 T (cells exhibiting 0.5–1.0 fluorescent spots/ $\mu\text{m}^2$  were selected for observations). The two types of MD-cells (based on M-cells or D-cells) are biologically the same (thus, in the following, we simply call them MD-cells), apart from the experimental details (i.e., for the assay of MOR and DOR internalizations, SNAPf-MOR and SNAPf-DOR must be used, respectively, because our assay depends on the quenching of fluorescence signal from these molecules located on the cell surface using the membrane impermeable quencher; see below). Dpep(20-42)DM (1  $\mu\text{M}$ ) was extensively used to dissect the functions of DM heterodimers from those of D/M monomers and DD/MM homodimers.

### Ca<sup>2+</sup> mobilization assay

Ca<sup>2+</sup> mobilization was parameterized by using  $[F_{\text{Max}} - F_b]/F_b$ , where  $F_{\text{Max}}$  is the Fluo-4 peak signal intensity within 75 s after the addition of the stimulants and  $F_b$  is the baseline signal intensity<sup>1</sup>. When we observed Ca<sup>2+</sup> responses using the cells expressing SNAPf-MOR, we employed the CHO-K1 cells stably expressing both Gqi5 and SNAPf-MOR (at number densities of  $0.75 \pm 0.25$  spots/ $\mu\text{m}^2$  when labeled with SNAP-Surface 549). To observe the effect of DOR-Halo and KOR-Halo co-expression, the cells stably expressing Gqi5 and SNAPf-MOR were transiently transfected with the cDNAs encoding these proteins. The cells exhibiting spot densities of DOR-Halo or KOR-Halo at  $0.75 \pm 0.25$  spots/ $\mu\text{m}^2$  (after labeling with Halo-SaraFluor650T) were selected for observations. Therefore, the Ca<sup>2+</sup> mobilization assay was performed at about the same low expression levels of ORs as those employed for single fluorescent-molecule imaging experiments. For the comparison of the functions of the SNAPf-ORs with those of the non-tagged ORs, we hoped to compare the cells expressing the SNAPf-ORs and ORs-Halo7 at the levels of  $\approx 1$  spot/ $\mu\text{m}^2$  in the basal PM with the cells expressing the non-tagged ORs at levels comparable to or higher than those of SNAPf-ORs or ORs-Halo7, because the cells expressing the non-tagged ORs should serve as the positive controls. For this purpose, the expression levels of non-tagged ORs were monitored by using cells transfected with the cDNA linking the non-tagged OR sequence to the mCherry sequence via the self-cleavable 2A linker sequence (mCherry-2A-OR). This way, mCherry is released from the OR into the cytoplasm at the ER, and the non-tagged OR is then transported to the PM. The expression of non-tagged OR was detected by the presence of mCherry in the cytoplasm using the epi-illumination at 561 nm (sensitivities much lower than single-molecule imaging, showing the presence of rather high concentrations of mCherry). Therefore, the expression of the non-tagged OR used in this study is considered higher than that of SNAPf-ORs or ORs-Halo7.

### cAMPinG1 cAMP assay

CHO-K1 cells stably expressing SNAPf-DOR were transfected with the cDNAs encoding cAMPinG1<sup>69</sup>. Approximately  $2 \times 10^5$  cells were mixed with  $\approx 1$   $\mu\text{g}$  cAMPinG1 plasmids in 100  $\mu\text{L}$  transfection buffer, and electroporation was carried out with a 4D-Nucleofector electroporation apparatus, according to the manufacturer's instructions (4D-Nucleofector, Lonza; SF Cell Line solution and program for CHO-K1 cells). The transfected cells were seeded in glass-base dishes and cultured for 24–48 h before fluorescence microscopy observations. All microscope observations were performed at 37 °C.

For the cAMP inhibition assay, cells expressing SNAPf-DOR and MOR-Halo7, labeled with SNAP-Surface 549 and SaraFluor650T, respectively, on the basal PM were selected using TIRF microscopy with 561-nm and 642-nm excitations. Time-lapse imaging of cAMPinG1 was performed every 30 s with 100-ms 405-nm and 488-nm laser illuminations (sequential 100 ms  $\times$  2). After 5 min of baseline imaging, forskolin (Sigma-Aldrich) was added to a final concentration of 7  $\mu\text{M}$ . Following 10 min of further imaging, DAMGO was added to a final concentration of 50 nM, and imaging continued for an additional 10 min. Image sequences were analyzed as previously described<sup>69</sup>.

### Quantifying the internalization of SNAPf-ORs

We examined OR internalization, which was monitored by using the membrane-impermeable fluorescence quencher, Mn(III) meso-tetra(4-sulfonatophenyl)porphyrin (Mn<sup>3+</sup>-TSP). This quencher only suppresses fluorescence emission from the SNAP-Surface 549 dye on the SNAPf-OR on the cell surface, but not that in the cytoplasm<sup>105</sup>. Accordingly, by subtracting the signal intensity after the quencher addition from that before the addition, we evaluated the percentages of OR molecules remaining in the PM. The time courses of the decrease in the numbers of ORs remaining in the PM during 55 min (due to their internalization)

were examined in both the presence and absence of 0.5  $\mu\text{M}$  agonists and  $\approx 1$   $\mu\text{M}$  Dpep(20-42)DM in the cytoplasm.

### Systemic morphine administration to mice and examination of its antinociceptive effect

Morphine hydrochloride (Takeda Pharmaceutical) was dissolved in saline and subcutaneously administered to mice once each day (10 mg/kg) for 11 days. Antinociception was measured by the tail-flick test on days 1, 5, 8, and 11 from 0 to 120 min after morphine administration (details will be described later). Body weight was measured before each morphine injection. The control group received saline without morphine. All animal experiments were randomized and performed by a blinded researcher, who was then unblinded before statistical analysis.

### Intracerebroventricular administration of the Dpep(20-42)DM peptide in mice

The Dpep(20-42)DM peptide was dissolved in freshly prepared aCSF (127 mM NaCl, 1.5 mM KCl, 1.24 mM KH<sub>2</sub>PO<sub>4</sub>, 1.4 mM MgSO<sub>4</sub>, 26 mM NaHCO<sub>3</sub>, 2.4 mM CaCl<sub>2</sub>, 10 mM D-glucose). For continuous intracerebroventricular administration, an osmotic minipump (Alzet model 2002) filled with the peptide solution was implanted according to the manufacturer's protocol and as described previously<sup>106</sup>. In order to stabilize the pump flow rate, the pumps were primed by placing them in sterile saline at room temperature overnight. The osmotic minipumps were filled with 200  $\mu\text{L}$  of aCSF with or without the peptide solution (0.83 mg/mL in aCSF). The minipump was connected to a 2.5-mm-long cannula (Alzet Brain Infusion Kit 3) via a 1.5-cm-long polyvinylchloride tube. Before surgery, the mice were anesthetized with a combination anesthetic (0.75 mg/kg of medetomidine, 4.0 mg/kg of midazolam, and 5.0 mg/kg of butorphanol). The scalp was shaved, Povidone-Iodine (Isodine, Mundipharma K.K.) was applied, and an incision was made along the midline of the scalp; hemostats were then used to make a pocket under the skin between the shoulder blades. The skull was scraped clean of periosteum so that the cannula can properly adhere to the skull. A microdrill (Tamiya, Inc.) was used to create a hole approximately 1.1 mm lateral and 0.5 mm caudal to the bregma. The minipump was placed in the pocket under the skin between the shoulder blades, the cannula was inserted through the drilled hole into the lateral ventricle, and the cannula pedestal was affixed to the skull with cyanoacrylate glue and resin cement. The incision was closed with soft silk sutures and antibacterial ointment was applied to the wound. The animals were allowed to rest on a disposable heating pad until they were recovered by using 0.75 mg/kg of atipamezole and then returned to their home cages in the animal facility for 1–2 days until the measurement. Cannula placement into the lateral ventricle was verified with trypan blue (4%, 10  $\mu\text{L}$ ).

### Morphine-induced antinociception assay

Morphine-induced antinociception was evaluated by using the tail-flick test<sup>15</sup>. Using a tail-flick apparatus (IITC Life Science), the intensity of the heat source was set at 10, which resulted in a basal tail-flick latency of 2–3 s for most of the animals. The tail-flick latency was recorded before (0 min, baseline latency) and every 30 min after morphine injection (30, 60, 90, and 120 min). The results are presented as a percentage of the maximal possible effect, %MPE, which was calculated for each mouse at each time point according to the following formula: %MPE = [(latency after drug – baseline latency)/(10 – baseline latency)]  $\times$  100. Cutoff latency was selected at 10 s to minimize tissue damage. The area under the %MPE vs. time curve (AUC) for each treatment condition was also used to evaluate antinociception (Fig. 9h). Normal distribution of the data was verified before performing the parametric statistical analysis. Wherever appropriate, data were analyzed using two-way ANOVA, followed by Tukey's post hoc tests or a multiple unpaired *t*-

test with significance set at  $P < 0.05$ . All calculations were performed using the GraphPad Prism 9 software (GraphPad Software).

### Software and statistical analysis

The microscope station that combined a single-molecule imaging system and a super-resolution confocal microscope was controlled by in-house LabVIEW2018-based software, and the single-molecule movie acquisitions were performed using the MCR software (Hamamatsu Photonics) for Windows. All statistical analyses for in vitro experiments were performed with Tukey's multiple comparison test except for the analysis of the colocalization lifetime data, which was performed with the Brunner-Munzel test, using RStudio 1.2.1335 for Windows.  $P$  values less than 0.05 were considered statistically significant. The confocal images were processed and analyzed using ImageJ for Windows. Curve fitting was performed by OriginPro 2019b for Windows. The simulation study was performed using the in-house software based on MATLAB 2019a for Windows. Statistical parameters, including the numbers of movies, cells, and independent replicates as well as  $p$  values, are provided in Supplementary Data 2. We used the Chai Discovery web <https://lab.chaidiscovery.com/> interface to predict the homodimer structures for the C-terminal cytoplasmic domains. The resulting highest-ranked model was visualized as cartoons highlighted with the stick-models, using PyMol 3.1 by Schrödinger. Figures and videos were edited using Photoshop CC 2021, Illustrator CC 2021 (Adobe).

### Reporting summary

Further information on research design is available in the Nature Portfolio Reporting Summary linked to this article.

### Data availability

Source data are provided with this paper. All data necessary to support the conclusions of this study are provided in the main text, main figures, Supplementary Information, and Source data file. Raw movies and images used for quantification are available from the corresponding authors upon request. Source data are provided with this paper.

### Code availability

Custom-written computer codes for data collection and analysis are available at Zenodo with entry number [17160485](https://zenodo.org/record/17160485)<sup>07</sup>.

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### Author contributions

P.Z., R.S.K., and A.K. conceived and formulated the project. A.K., T.A.T., T.K.F., and P.Z. developed the simultaneous dual-color single-molecule tracking station. P.Z. and A.K. designed biological experiments, and P.Z., with help from T.A.T., performed virtually all of the microscopic experiments. T.K.F., T.A.T., and A.K. developed and improved the in-house image analysis software and instrument control software, and discussed single-molecule imaging data. S.P. developed the theory for evaluating the dimer lifetimes from the single-molecule experimental data and assisted with its application to experimental results. T.A.T. and P.Z. analyzed the PCCF histograms and obtained dimer dissociation constants. W.F. and H.N., with help from H.U., performed mouse experiments. P.Z., with help from M.S., T.Y., and T.A.T. conducted a cAMPinG1-based cAMP assay. P.Z., A.K., and T.A.T. wrote the manuscript, and all authors discussed the results and participated in the manuscript revisions.

### Competing interests

P.Z. and A.K. are inventors on a patent application (patent pending) for DpepDMs, MpepDMs and peptides from EL3 domains of ORs described in this study. The remaining authors declare no competing interest.

### Additional information

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