



Rapid, scalable assessment of SARS-CoV-2 cellular immunity by whole-blood PCR

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Fast, high-throughput methods for measuring the level and duration of protective immune responses to SARS-CoV-2 are needed to anticipate the risk of breakthrough infections. Here we report the development of two quantitative PCR assays for SARS-CoV-2-specific T cell activation. The assays are rapid, internally normalized and probe-based: qTACT requires RNA extraction and dqTACT avoids sample preparation steps. Both assays rely on the quantification of CXCL10 messenger RNA, a chemokine whose expression is strongly correlated with activation of antigen-specific T cells. On restimulation of whole-blood cells with SARS-CoV-2 viral antigens, viral-specific T cells secrete IFN- γ , which stimulates monocytes to produce CXCL10. CXCL10 mRNA can thus serve as a proxy to quantify cellular immunity. Our assays may allow large-scale monitoring of the magnitude and duration of functional T cell immunity to SARS-CoV-2, thus helping to prioritize revaccination strategies in vulnerable populations.

Infection with the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), the etiological agent of COVID-19, leads to a broad range of clinical symptoms, ranging from asymptomatic infection to severe pneumonia and acute respiratory distress syndrome (ARDS)^{1,2}. As the deployment of vaccines attenuates the pandemic³, vaccine effectiveness and the duration of protective

immunity will need to be systematically assessed and monitored at a global level. Long-term protection from viral infection is mediated by both humoral (antibodies) and cellular immunity⁴. Quantification of SARS-CoV-2-specific IgG and neutralizing antibodies is often used as a marker of immune protection⁵, but measurement of T cell responses is rarely performed because of the

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associated technical challenges. Many recent studies point to the importance of determining T cell function in convalescent and vaccinated individuals for the management of vaccination campaigns. Data from animal models and human patients show that T cells protect against severe COVID-19 disease and reduce viral spread^{6–8}. Because of the heterogeneity of individual immune responses, humoral immune measurements do not always correlate with the magnitude of the T cell response^{9–11}, as seen in nonseroconverters or low-neutralizer patients¹². SARS-CoV-2-specific T cells may be present in the absence of antibodies^{13,14}, and antibody and T cell responses are independent in magnitude and in persistence during the memory phase of the immune response^{9,15}.

Several groups, including ours, have been quantifying SARS-CoV-2-specific T cells using synthetic peptides (15-mers long) to activate T cells in vitro following overnight incubation with whole blood. These peptides are either presented directly by HLA-class II or processed by proteases present in the blood and presented by HLA-class I. We and others have previously demonstrated that these peptides activate SARS-CoV-2-specific CD4 and CD8 T cells^{16–19}. More recently, we demonstrated that the same peptides used in the present study activate SARS-CoV-2 T cells in peripheral blood mononuclear cells (PBMCs) and in whole blood¹⁴. In ref. ¹⁴, we demonstrated that the quantity of cytokines (IL-2 and IFN- γ) measured by enzyme-linked immunosorbent assay in the whole blood after overnight stimulation correlates with the number of SARS-CoV-2-specific T cells quantified with ELISpot, which was further confirmed by intracellular cytokine staining. These data collectively confirm that the addition of peptides to whole blood allows precise quantification of SARS-CoV-2-specific T cells^{11,14,20,21}.

Despite the recognized need to quantify the levels of cellular immunity, the complexity and lack of scalability of these traditional methods (that is, ELISpot and flow cytometry), has so far prevented large-scale studies of the cellular immune response to COVID-19 in recovered and vaccinated individuals. Thus, most studies using ELISpot or flow cytometry assess only 10–40 participants, with larger clinical trials assessing around 200 (refs. ^{22–27}). Furthermore, the process of freezing/thawing PBMCs, often used for testing T cell response, can introduce high variability in the results^{28,29}, which can be bypassed by using whole blood.

Results

CXCL10 mRNA levels can be measured as a proxy for T cell activation. To address these problems, we have implemented a probe-based quantitative PCR (qPCR) rapid T cell activation (qTACT) assay (Fig. 1a), based on ex vivo stimulation of whole-blood samples with a pool of viral peptides covering spike [S] or other SARS-CoV-2 viral proteins (that is, nucleoprotein)^{14,30}, followed by direct amplification of IFNG (directly produced by SARS-CoV-2 antigen-specific T cells) or CXCL10, a molecule expressed by monocytes^{31,32} in response to T cell activation (Fig. 2a). A further technical implementation of the assay allows quantification of T cell immunity directly from blood, bypassing the need for red blood cell lysis and RNA purification, thus reducing labor time and minimizing operator-induced errors. To this end, following overnight incubation with a dimethylsulfoxide (DMSO) control, or SARS-CoV-2 peptide pools, 50 μ l of blood are diluted (1:4) to avoid PCR inhibition by anticoagulants (that is, heparin) and 2 μ l are directly loaded onto a qPCR instrument (dqTACT). We call this latter assay direct qPCR-based rapid T cell activation (dqTACT) (Fig. 1a).

To select genes whose induction would correlate with the presence and activation of antigen-specific T cells, we first evaluated the transcriptional profile of whole blood after overnight stimulation with SARS-CoV-2 peptide pools by RNA-sequencing (TACTseq, Fig. 1a). This initial cohort consisted of 11 naïve, eight participants who had recovered from COVID-19 and 16 vaccinated participants

(13 collected at 2–3 months and five collected at 5–8 months after the second BNT162b2 dose) (Supplementary Table 1).

Briefly, whole blood was incubated overnight with either DMSO or Spike-Gold (SpG) peptides. The latter is a refined set of peptides covering immunodominant spike peptides (previously described and validated in ref. ¹⁴). RNA was extracted from the cell pellet and subjected to Illumina single-end sequencing³³. We identified genes activated by viral peptides by performing a differential expression analysis between peptide-stimulated samples and untreated controls, across all participants (Fig. 1b and Supplementary Table 1). Treatment with SpG robustly induced a largely overlapping set of genes (121 genes, FDR < 0.05, log₂ fold change (FC) > 1) in both SARS-CoV-2 convalescent and vaccinated participants (Fig. 1d). Genes associated with the ‘cellular response to interferon gamma signaling’ pathway are significantly enriched among these upregulated genes, consistent with antigen-specific T cell activation in convalescent or vaccinated participants (Fig. 1e). To narrow down a shortlist of candidates for further investigation by qPCR, we selected a panel of the top six genes that were significantly upregulated following SpG stimulation and that correlated with *IFNG* expression, as a proxy for antigen-specific T cell activation (Fig. 1c, Extended Data Fig. 1a,b and Supplementary Table 1). Of note, correlation between *IFNG* mRNA levels and IFN- γ protein (detected by the ELLA automated assay system), were high, supporting our initial screen (Extended Data Fig. 1c and Supplementary Table 2).

We validated transcriptional induction of shortlisted genes by qPCR in 13 COVID-19 convalescent and 16 naïve participants (Supplementary Table 3), and included stimulation with a refined sets of peptides covering immunodominant SARS-CoV-2 nucleoprotein peptides (NP2), in addition to the SpG pool^{14,30}. The former was used as an additional control to differentiate between naïve and convalescent participants. For each gene, the same participant was run between two and ten times to determine how results varied with multiple replicates. Out of all genes tested (Extended Data Fig. 1d and Supplementary Table 3), *CXCL10* displayed the lowest variance (Extended Data Fig. 1e and Supplementary Table 3), and is thus the most reproducible and reliable biomarker for our PCR-based assay.

***CXCL10* is upregulated in monocytes in response to IFN- γ released by SARS-CoV-2 antigen-specific T cells.** Our working hypothesis (Fig. 2a) is that *CXCL10* mRNA is a reliable proxy for IFN- γ secreted by antigen-specific T cells. *CXCL10*/IP-10 protein is less so²⁰, as it is abundantly stored by neutrophils and monocytes before IFN- γ stimulation. To formally prove this, we have performed the following analysis: first, we showed which immune cell subsets produce *CXCL10*/IP-10 in response to stimulation with IFN- γ and TNF- α in the presence of brefeldin/monensin (BFA/Mon) to inhibit protein secretion. Monocytes and neutrophils are the main immune cells that increase their *CXCL10*/IP-10 production in response to IFN- γ and TNF- α stimulation. Monocytes and, in particular, neutrophils, have elevated *CXCL10*/IP-10 levels at baseline (before stimulation) (Fig. 2b, Extended Data Fig. 2a and Supplementary Table 4).

Next, we determined whether monocytes and neutrophils produce *CXCL10*/IP-10 on stimulation with SARS-CoV-2-specific spike peptides. For this purpose, we set up three conditions: (1) BFA/Mon was not added, allowing cytokine release from immune cells and (2) a negative control in which BFA/Mon was added from the beginning blocking IFN- γ production and *CXCL10* mRNA induction in neighboring cells (Fig. 2c and Supplementary Table 4); (3) BFA/Mon was added in the last 4 hours of an overnight incubation (delayed BFA/Mon), which prevents *CXCL10*/IP-10 secretion in the cell culture media, but should not prevent *CXCL10* mRNA induction (Fig. 2d, Extended Data Fig. 2b and Supplementary Table 5). Our flow cytometric results indicated an accumulation of *CXCL10*/IP-10 in monocytes and not in neutrophils on stimulation

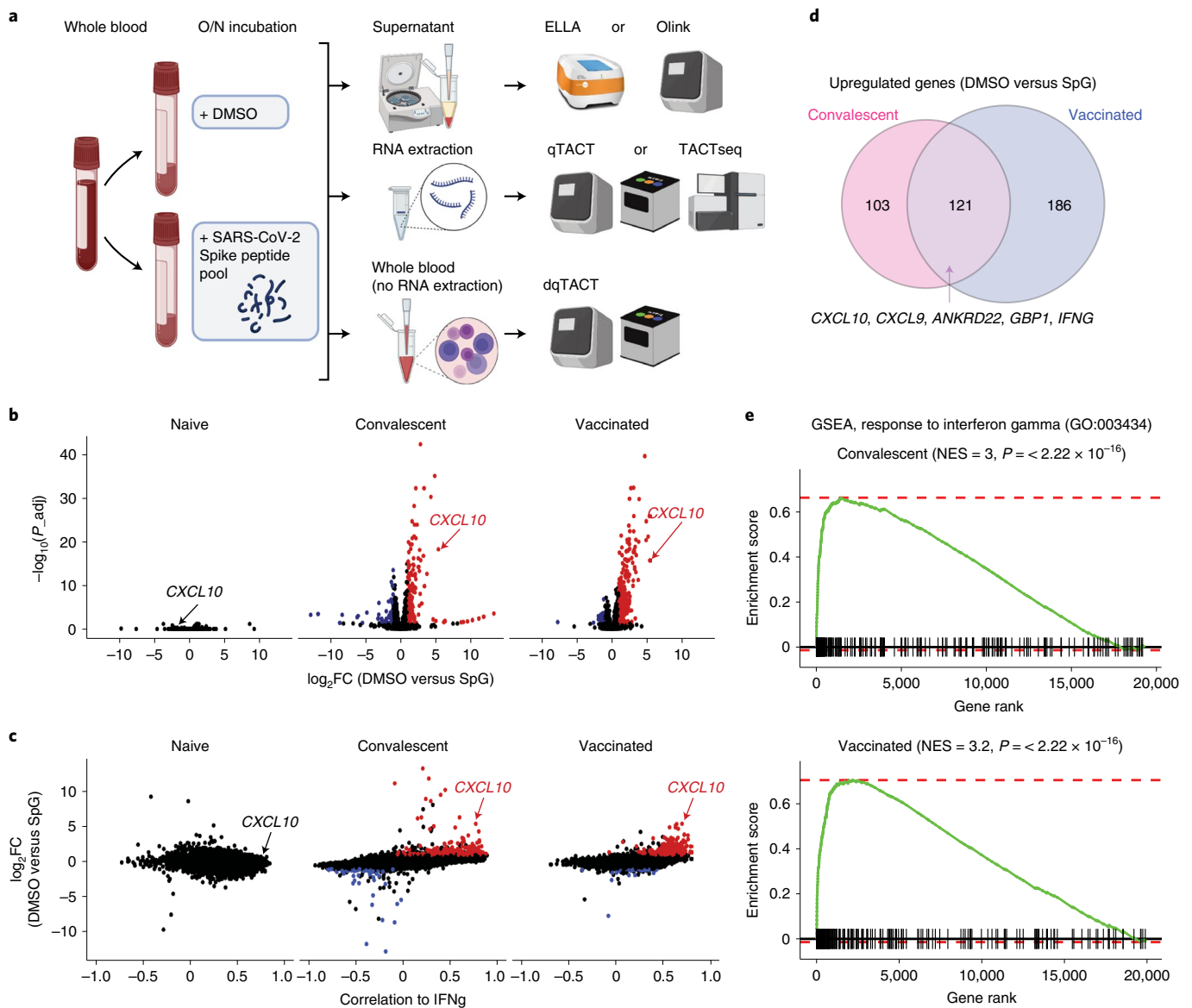


Fig. 1 | CXCL10 mRNA levels can be measured as a proxy for T cell activation. **a**, Schematic of workflow for the T cell activation assays. All assays begin with whole-blood collection followed by overnight stimulation with DMSO, nucleocapsid (NP) or SpG peptide pools. Next, supernatants are collected for ELLA or Olink; RNA is extracted and used for probe-based qPCR (qTACT) or next-generation sequencing (TACTseq) or whole blood is diluted and used directly for qPCR (dqTACT). Figure created with Biorender.com. **b**, *CXCL10* is upregulated in response to spike peptide pool activation of whole blood. Volcano plot displaying differentially expressed genes stimulated by the spike peptide pool versus DMSO, grouped by the participant's COVID-19 or vaccination status, displayed as red (upregulated) or blue (downregulated). Significantly differentially expressed genes were defined as having an adjusted P value < 0.05 and $|\log_2FC| > 1$. P values were calculated using DESeq2 (two-sided) and adjusted using the Benjamini-Hochberg method. **c**, *CXCL10* and *IFNG* mRNA induction correlate. Scatter plot displaying each gene's correlation to *IFNG* expression across samples (x axis), and the corresponding \log_2FC (calculated by DESeq2) for the spike peptide pool versus DMSO, grouped by COVID-19 or vaccination status. Correlation calculated using Spearman's index. **d**, Venn diagram displaying overlap in significantly upregulated genes in convalescent and vaccinated participants for spike peptide-stimulated samples compared to DMSO control samples. Significantly upregulated genes were defined as having $P < 0.05$ and $\log_2FC > 1$. **e**, GSEA plot displaying significantly positive enrichment for IFN- γ response genes among the upregulated genes in spike peptide stimulate samples compared to DMSO control samples in COVID-19 convalescent and vaccinated cohorts.

with spike peptides (Fig. 2c,d). Last, we sorted cells in the BFA/Mon delayed condition. mRNA was extracted and *CXCL10* levels were quantified by qTACT (Fig. 2e and Supplementary Table 5), confirming a significant induction only in monocytes.

We conclude that monocytes can produce *CXCL10* in a tightly regulated manner and in response to the IFN- γ secreted by antigen-specific T cells, and thus serves as a proxy of T cell activation on spike peptide stimulation of whole blood (Fig. 2a).

TACT assays are concordant with gold standard ELLA and ELISpot assays. We next performed a series of validation experiments in a larger cohort of naïve participants, who were COVID-19 convalescent and SARS-CoV-2 vaccinated, to assess the correlation between *CXCL10* mRNA expression and IFN- γ level. First, *CXCL10* measured by both qTACT and dqTACT is in robust concordance with both IFN- γ protein quantification by ELLA (Fig. 3a,b and Supplementary Tables 6 and 7) and ELISpot

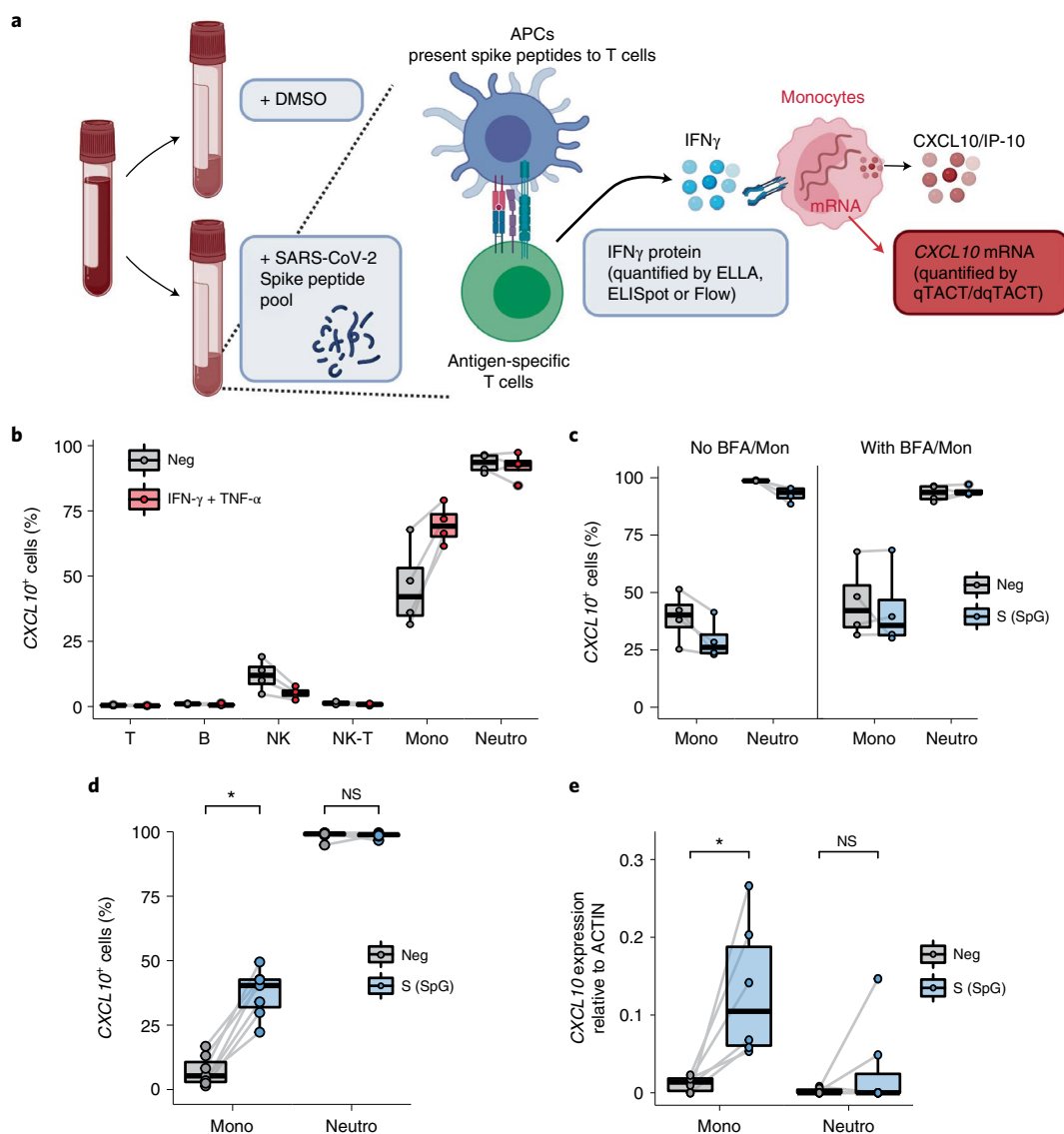


Fig. 2 | CXCL10 is upregulated by monocytes in response to IFN- γ released by antigen-specific T cells. **a**, Schematic of proposed mechanism of CXCL10 transcript upregulation. On spike stimulation of whole blood, antigen presenting cells (APCs) present spike peptides to antigen-specific T cells that subsequently release IFN- γ . IFN- γ release can be quantified by ELLA, ELISpot or flow cytometry. Next, IFN- γ stimulates monocytes, which, in turn, upregulate CXCL10 mRNA, which can be detected by the qTACT/dqTACT assays. Figure created with Biorender.com. **b**, Only monocytes upregulate CXCL10 in response to IFN- γ and TNF- α . Whole blood was stimulated with DMSO (Neg) or IFN- γ + TNF- α in the presence of brefeldin/Monensin (BFA/Mon). CXCL10/IP-10 positive T cells (T), B cells (B), natural killer cells (NK), natural killer T cells (NK-T), monocytes (Mono) and neutrophils (Neuro) were quantified using flow cytometry. *P* values were calculated using a two-sided Wilcoxon matched-pairs signed rank test. *n* = 4 biologically independent samples. **c**, Both monocytes and neutrophils release CXCL10/IP-10 on SpG stimulation. Whole blood was stimulated with DMSO (Neg) or a spike peptide pool (SpG) in the absence (left panel) or presence (right panel) of BFA/Mon. CXCL10 positive T, B, NK, NK-T, Mono and Neuro were quantified using flow cytometry. *P* values were calculated using a two-sided Wilcoxon matched-pairs signed rank test. *n* = 4 biologically independent samples. **d**, Monocytes, and not neutrophils, upregulate CXCL10/IP-10 in response to SpG. Whole blood was simulated with DMSO (Neg) or a spike peptide pool (SpG) overnight with BFA/Mon added for the last 4 h. CXCL10 positive Monocytes and Neutrophils were quantified using flow cytometry. *P* values were calculated using a two-sided Wilcoxon matched-pairs signed rank test (*P* = 0.015625). *n* = 7 biologically independent samples. **e**, CXCL10 mRNA is upregulated in monocytes on stimulation with spike peptides. Monocytes and neutrophils were sorted from whole blood after overnight stimulation with spike peptides or DMSO control. RNA was extracted from the cells and the relative CXCL10 mRNA expression was determined using the qTACT assay. *P* values were calculated using a two-sided Wilcoxon matched-pairs signed rank test (*P* = 0.03125). *n* = 7 biologically independent samples. For **b–e**, the box bounds represent the first quartile (bottom), median (center) and the third quartile (top). The whiskers represent the range of samples up to 1.5 times the interquartile range. Beyond this point, samples are shown as outliers.

(Fig. 3c,d and Supplementary Tables 8 and 9). We additionally show a robust correlation between TACTseq and either ELLA or ELISpot (Extended Data Fig. 3a,b and Supplementary Tables 10 and 11). In addition to TACTseq, we used an independent and complementary approach to assess the cytokines/chemokines induced by both

lymphoid and myeloid cells in whole blood. Following stimulation with SARS-CoV-2 peptide pools, the supernatant from naïve (*n* = 7) and BNT162b2 vaccinated (*n* = 19) participants was collected and analyzed using the Olink multiplex assay (Olink Bioscience). This technology can accurately quantify secretion of a panel of 45

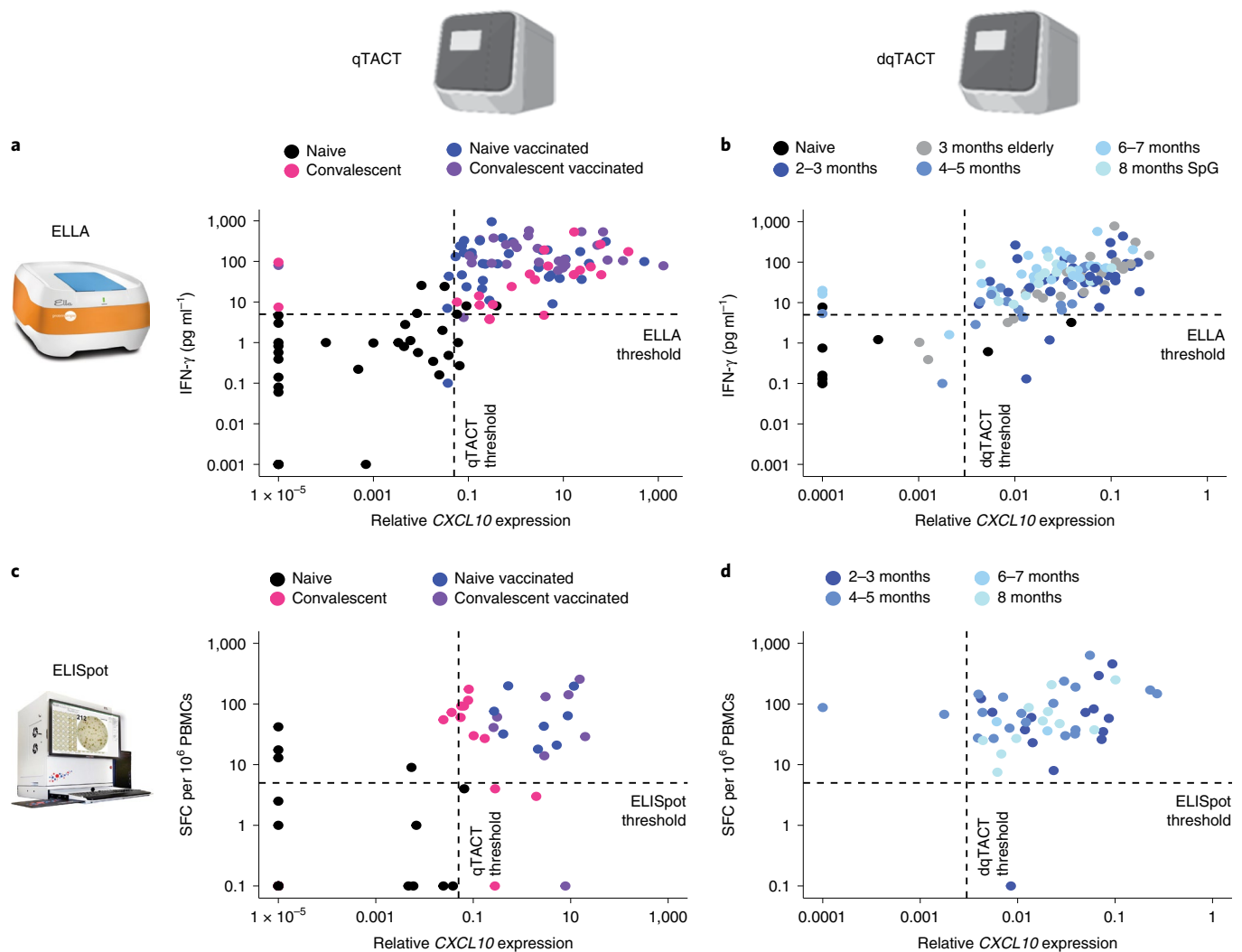


Fig. 3 | TACT assays are concordant with gold standard ELLA and ELISpot assays. a–d, Concordance between assays to quantify cellular immunity. The quantification shown is with the DMSO control subtracted from the spike peptide-stimulated sample. Each dot represents a unique participant color coded based on their COVID-19 and vaccination statuses (legend). The dashed line represents thresholds for each assay. **a,** Concordance between ELLA and qTACT assays. For 117 participants, IFN- γ protein secretion was quantified by ELLA (y axis) and CXCL10 mRNA by qTACT (x axis). **b,** Concordance between ELLA and dqTACT assays. For 133 participants, IFN- γ protein secretion was quantified by ELLA (y axis) and CXCL10 mRNA by dqTACT (x axis). **c,** Concordance between ELISpot and qTACT assays. For 50 participants, IFN- γ producing cells were quantified by ELISpot (y axis) and CXCL10 mRNA by qTACT (x axis). **d,** Concordance between ELISpot and dqTACT assays. For 46 participants, IFN- γ producing cells were quantified by ELISpot (y axis) and CXCL10 mRNA by dqTACT (x axis).

inflammatory cytokines/chemokines. In addition to IFN- γ and IL-2, stimulation with spike (SpG), but not NP2 peptides nor DMSO, induced CXCL10/IP-10, CCL2, CCL4, CCL8, CXCL8 and CXCL9 in vaccinated participants (Extended Data Fig. 4a,b and Supplementary Table 12). qTACT CXCL10 quantification correlates well with Olink IFN- γ and IL-2 levels, and less so with CXCL10/IP-10, consistent with the fact that CXCL10 mRNA but not protein is the best proxy for T cell activation (Extended Data Fig. 4c–e and Supplementary Table 12). This discrepancy is most likely due to the prestimulation reservoir of CXCL10/IP-10 in neutrophils (Fig. 2c and Supplementary Table 4), which are highly abundant in whole blood³⁴. Finally, we confirmed previously published results by demonstrating a high degree of correlation between ELLA and ELISpot quantified IFN- γ (Extended Data Fig. 3c and Supplementary Table 13).

Analytical validation and comparison of available T cell assays. Second, each method has a different dynamic range, but we were able to use our large set of data to establish robust thresholds to

call true positives and true negatives, and to assess specificity, sensitivity and accuracy of the different assays. We also performed standard receiver operating characteristic (ROC) curve analysis to calculate the area under the curve (AUC)³⁵. Overall, all assays have high accuracy and AUC > 0.90 (Fig. 4a,b and Supplementary Tables 6–13). We computed two-sided Fisher's exact tests for each assay, reporting the associated *P* values and odds ratios (with corresponding 95% CIs) in Supplementary Table 14. These additional metrics confirm the high standards of the qTACT and dqTACT tests, which are comparable to the gold standard ELLA and ELISpot assays. These assays will be useful for the evaluation of cellular immunity toward future vaccines and variants, each with their advantages and limitations. Traditional flow cytometry and ELISpot have the highest specificity and sensitivity, but are difficult to scale given the intense labor time needed to isolate PBMCs. Whole-blood-based assays are very comparable in terms of specificity, sensitivity and accuracy. The strongest downside of ELLA, which directly quantifies IFN- γ secretion, is the price per sample,

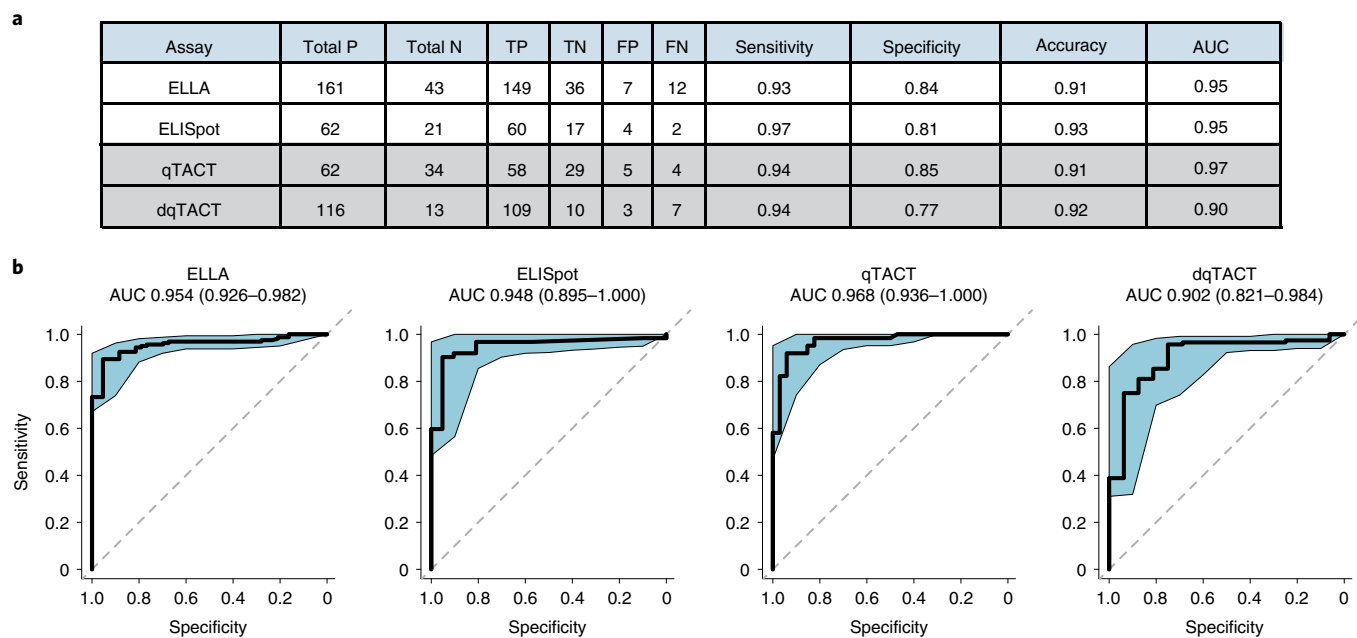


Fig. 4 | Analytical validation and comparison of available T cell assays. **a**, Comparison of the various assays used to determine T cell response to spike peptides. Total P/N = total positives/negatives (that is, above or below threshold, respectively). TP/TN = true positives/negatives (that is, correctly above or below threshold, respectively, according to the participant's COVID-19/vaccination status). FP/FN = false positives/negatives. Sensitivity = true positives/(true positives + false negatives). Specificity = true negatives/(true negatives + false positives). Diagnostic accuracy = (true positives + true negatives)/all samples). **b**, ROC curves, AUC values and associated 95% confidence intervals for each assay.

with the additional requirement of specialized equipment and/or plates. Finally, both qTACT and dqTACT were optimized on multiple qPCR machines, including the 7500 Fast System (Applied Biosystems), CFX96 (BioRad), CFX384 (BioRad) and bCUBE 2.0 (Hyris), with comparable results (Extended Data Fig. 3d,e and Supplementary Tables 15 and 16), thus allowing a wide application of these studies across multiple diagnostic laboratories worldwide. The Hyris bCUBE is a portable, two-channel qPCR machine that is able to quantify up to 36 samples at a time. Unlike BioRad's CFX machines, the bCUBE uses a patented detection technology based on a solid-state complementary metal-oxide-semiconductor sensor with a peculiar optical stack to capture and quantify fluorescence, coupled with a disposable cartridge specifically designed for this setup. It features a reaction chamber design with reagents lying directly on the optical window, in conjunction with the efficient heat transfer given by an aluminum plate integrated in the cartridge. As opposed to the BioRad or AB machines, this is a portable, cheap and easy to use instrument that might enable point of care implementation of the assay.

Using qTACT and dqTACT assays to monitor cellular immunity in large cohorts. Finally, we used our scalable qTACT and dqTACT tests, in parallel with ELLA and ELISpot, across multiple cohorts of participants. First, we used a cohort of 91 participants (45 naïve and 46 COVID-19 convalescent, Supplementary Tables 17–19), for which we have previously published the corresponding ELLA results¹⁹. For this validation cohort, we chose to quantify *IFNG* mRNA, despite its inferiority relative to *CXCL10*, to include a gene that is expressed by antigen-specific T cells and to directly correlate mRNA expression (qTACT) with IFN- γ protein secretion (ELLA). The cohort was recruited before vaccination and followed at days 10 and 20 after the first and second dose of the BNT162b2 vaccine and the data on IFN- γ and IL-2 cytokine secretion have been described in a separate paper¹⁹. Consistent with our previously published data, compared to naïve participants, COVID-19 recovered

individuals had a higher median expression of *CXCL10* before vaccination (Fig. 5a and Supplementary Table 17). A similar trend was observed for *IFNG* levels, but the difference was not statistically significant (Fig. 5b, Extended Data Fig. 5a and Supplementary Table 17). Notably, quantification of the Spike-specific T cell response by both *CXCL10* and *IFNG* qPCR (qTACT) 10 and 20 days after the first and second dose, confirmed similar findings obtained by more traditional ELLA (Fig. 5c and Supplementary Table 18) and ELISpot (Fig. 5d and Supplementary Table 19) assays, with the clear advantage of cost effectiveness and scalability. The technical advantage of our test over ELLA or ELISpot is the ease of use of qPCR and the internal normalization standard (that is, *ACTIN* levels), which is absent in other more laborious methods of quantifying cellular immunity.

We next used the dqTACT assay to quantify the levels of *CXCL10*, as a proxy for cellular immunity in vaccinated participants at different time points after the second dose. We observed a consistent detection of T cells above threshold by dqTACT (Fig. 6a and Supplementary Table 20), ELLA (Fig. 6b and Supplementary Table 21) and ELISpot (Fig. 6c and Supplementary Table 22), up to 8 months postvaccination.

Finally, we used the dqTACT assay to assess cellular immunity in: (1) a population of elderly individuals at 3 months after the second dose. We did not observe any appreciable difference compared to a younger population, and results were consistent with data obtained by ELLA (Fig. 6h,i and Supplementary Tables 23 and 24); (2) a larger cohort from a randomized, adaptive, phase 2 trial (CombiVacS)¹⁶ (Extended Data Fig. 5b,c and Supplementary Tables 25 and 26). The trial sought to determine the reactogenicity and immunogenicity of a second dose of BNT162b2 (Comirnaty, BioNTech) in individuals who had received a first dose of ChAdOx1s (Vaxzevria, Astra Zeneca). Our assay reliably detected *CXCL10* expression in 141 vaccinated individuals enrolled in this study. In line with previously published data from the CombiVacS trial where upregulation of IFN- γ was observed after heterologous vaccination¹⁶, we also

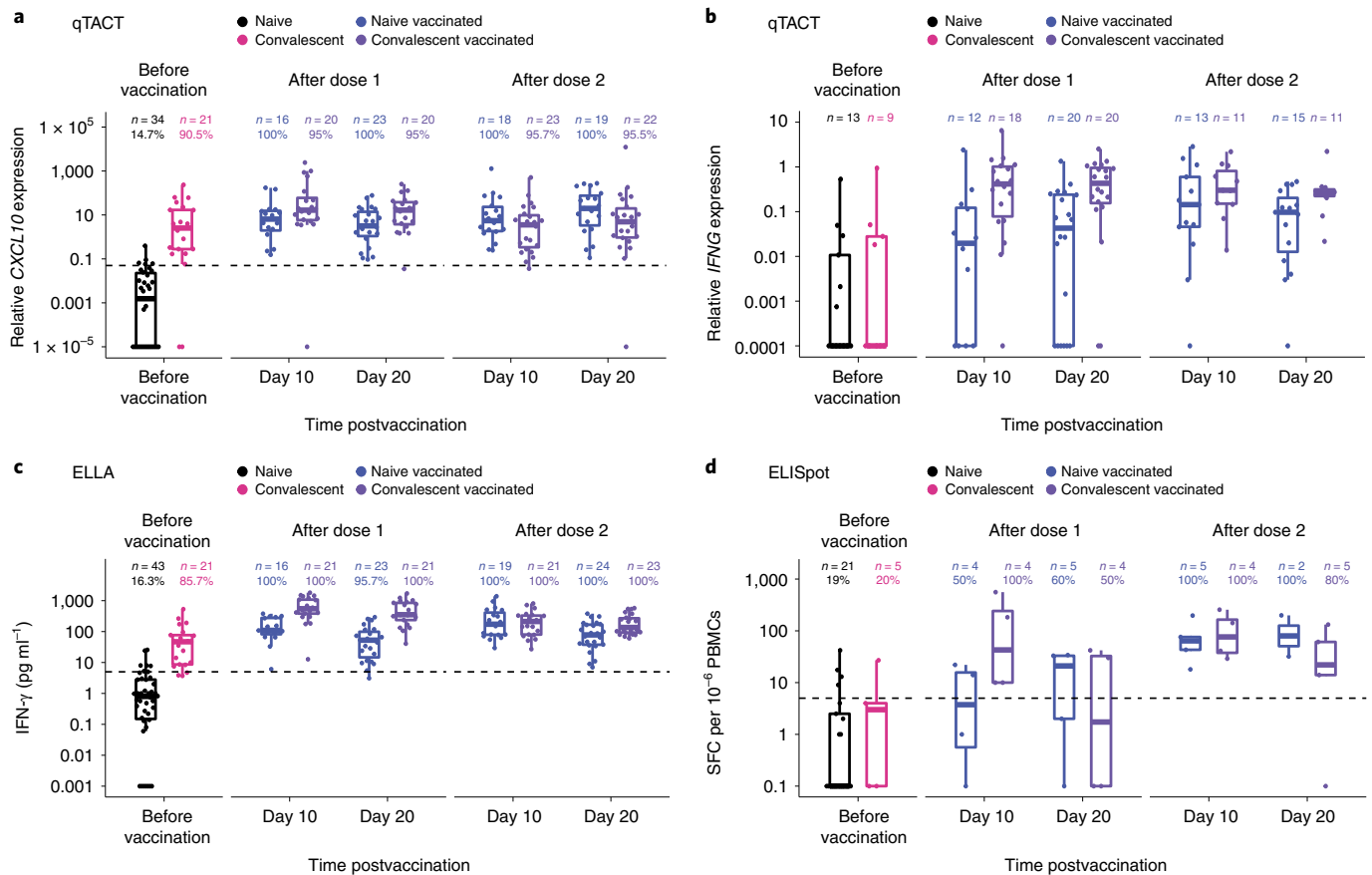


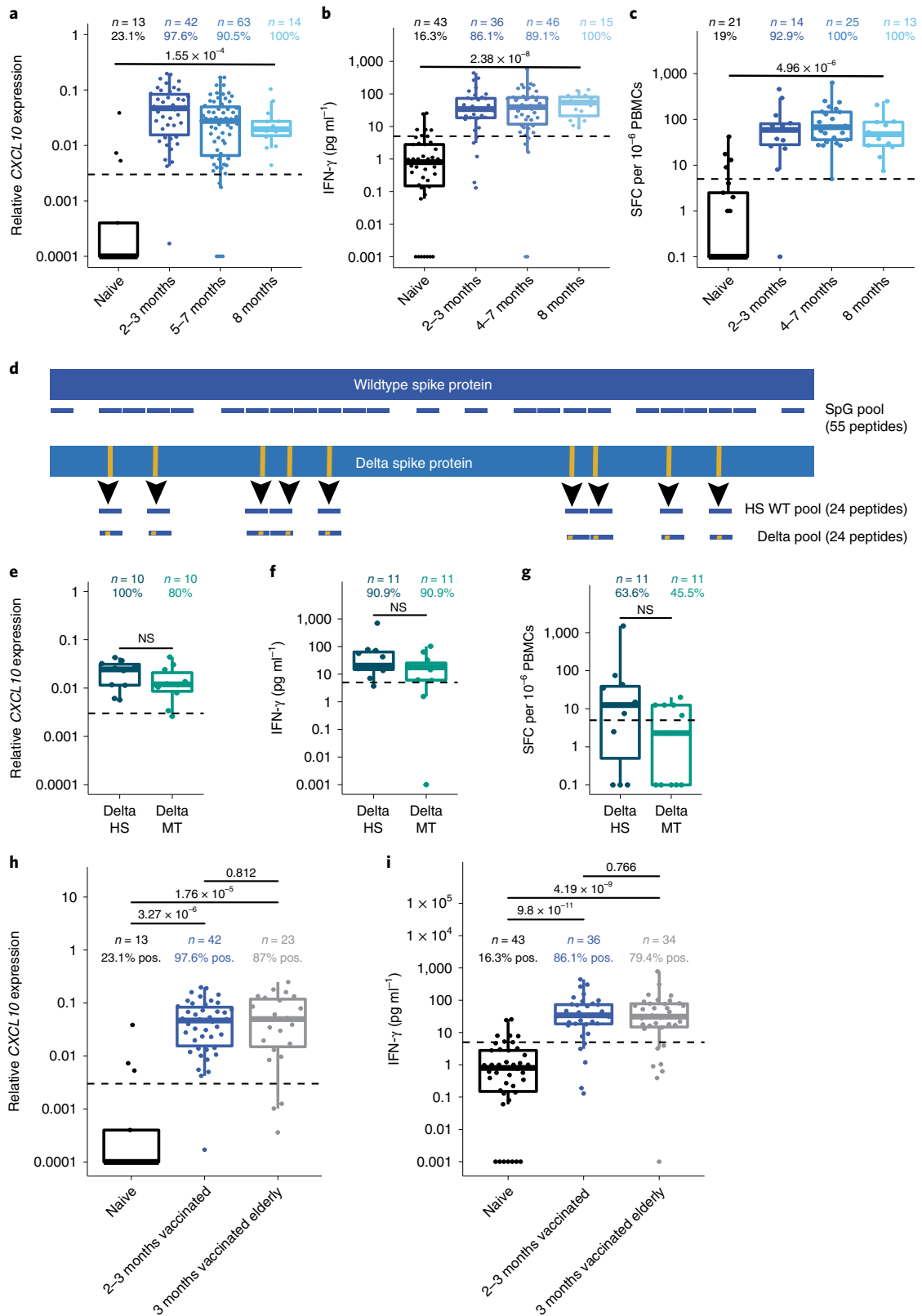
Fig. 5 | Using qTACT to monitor cellular immunity in vaccinated participants. **a**, Quantification of *CXCL10* mRNA (qTACT) prevaccination and at 10 and 20 days after the first and second dose of an mRNA-based vaccine. Time points are indicated on the x axis and relative *CXCL10* expression (minus DMSO control) on the y axis. The dashed line represents the qTACT threshold (0.05). The number of participants for each time point is indicated above the box plots along with the percentage of participants who fall above the threshold. Colors represent the participant's COVID-19/vaccination status (legend). **b**, Quantification of *IFNG* mRNA (qTACT) prevaccination and at 10 and 20 days after the first and second dose of an mRNA-based vaccine. Time points are indicated on the x axis and relative *IFNG* expression (minus DMSO control) on the y axis. The number of participants for each time point is indicated above the box plots. Colors represent the participant's COVID-19/vaccination status (legend). **c**, Quantification of IFN- γ protein secretion (ELLA) prevaccination and at 10 and 20 days post the first and second dose of an mRNA-based vaccine. Time points are indicated on the x axis and IFN- γ protein secretion (minus DMSO control) on the y axis. The dashed line represents the ELLA threshold (5). The number of participants for each time point is indicated above the box plots along with the percentage of participants who fall above the threshold. Colors represent the participants' COVID-19/vaccination statuses (legend). **d**, Quantification of IFN- γ producing cells (ELISpot) prevaccination and at 10 and 20 days after the first and second dose of an mRNA-based vaccine. Time points are indicated on the x axis and number of IFN- γ producing cells (minus DMSO control) on the y axis. The dashed line represents the ELISpot threshold (5). The number of participants for each time point is indicated above the box plots along with the percentage of participants who fall above the threshold. Colors represent the participants' COVID-19/vaccination statuses (legend). For a–d, the box bounds represent the first quartile (bottom), median (center) and the third quartile (top). The whiskers represent the range of samples up to 1.5 times the interquartile range. Beyond this point, samples are shown as outliers.

observed a significant increase in *CXCL10* expression in individuals who received a second dose (of BNT162b2) compared to those that received the placebo (only a first dose of ChAdOx1s, but no second dose) (Extended Data Fig. 5b,c) and (3) a small population of vaccinated participants stimulated with either a small subset of peptides covering the hotspots in the wildtype (Wuhan) or the delta variant (Fig. 6d and Supplementary Table 27). The latter experiment was performed to assess whether our dqTACT assay could be rapidly deployed to assess the protection of individual T cell repertoires to emerging variants. These data demonstrate a slight, but not statistically significant decrease of T cell activation toward delta in participants vaccinated with the wildtype (hotspot pool) strain consistently across the different platforms dqTACT (Fig. 6e), ELLA (Fig. 6f) and ELISpot (Fig. 6g). This is consistent with the substantial preservation of Spike-specific T cells response against mutated Spike protein present in different variants of concern (VOC) observed in most vaccinated and convalescent individuals^{36,37}.

Discussion

A lack of rapid, user-friendly, accessible, scalable and accurate diagnostic methods to quantify cellular immunity prevents large population studies, affecting long-term vaccination strategies and public health responses to global pandemics, such as the one being caused by SARS-CoV-2. Considering that diagnostic centers around the world have ramped up the setup of qPCR with reverse transcription (RT–qPCR)-based facilities, we developed a qPCR-based dqTACT assay, which is amenable to periodic and repeated testing of patient samples, as it requires only 1 ml of blood and a 24-hour turnaround time. Clinical validation of this assay in response to recent draft guidance from the US Food and Drug Administration and European Medicines Agency is ongoing in a Clinical Laboratory Improvement Amendments (CLIA)-certified microbiology laboratory.

We here describe three approaches, with different advantages and limitations, to detect SARS-CoV-2-specific cellular immunity following overnight incubation of whole blood with viral peptides.



First, we implemented a next-generation sequencing approach (TACTseq). The advantage of this approach, which could be further implemented by a targeted amplification panel of 15–20 genes, is the possibility of capturing the variability of the response and measuring cytokines produced by both T cells and other myeloid cells in the blood. The limitations are a longer turnaround time, high cost and the need for skilled technical personnel.

Second, we developed a qPCR-based method (qTACT assay) on a 96- or 384-well platform (BioRad CFX). The advantages of this approach are the accuracy and sensitivity of qPCR probes, the opportunity to combine more than two fluorophores to measure the expression of 2–4 genes and the scalability and potential automation of the process. The limitations include a relatively longer processing time (roughly 24 h per 200 samples), the need to purify RNA

Fig. 6 | Using dqTACT to monitor the persistence of cellular immunity and cross reactivity with spike epitopes from VOC in vaccinated participants. **a–c.** Detection of *CXCL10* mRNA (dqTACT **(a)**), IFN- γ protein secretion (ELLA **(b)**) or IFN- γ producing cells (ELISpot **(c)**) in vaccinated participants over time. Time points (postvaccination) are indicated on the x axis and relative *CXCL10* expression **(a)**, IFN- γ protein secretion **(b)** or IFN- γ producing cells **(c)** on the y axis (all values minus DMSO). The dashed lines represent the dqTACT (0.003), ELLA (5) or ELISpot (5) thresholds. **d.** Schematic to show how T cell responses against the VOC can be evaluated using the delta variant as an example. Orange regions refer to amino acid mutations present in the delta variant compared to the wildtype (WT) SARS-CoV-2 strain. Pool HS (hotspot) contains peptides covering the nonconserved Spike-Wuhan regions affected by mutations present in the delta variant (24 peptides). Pool delta MT contains peptides from Pool HS with the amino acid mutations present in the Spike protein of the delta variant. **e–g.** Quantification of *CXCL10* mRNA (dqTACT **(e)**), IFN- γ protein secretion (ELLA **(f)**) or IFN- γ producing cells (ELISpot **(g)**) in vaccinated participants stimulated with spike peptides covering the hotspot wildtype (HS WT) or delta variant region. The peptide pool used for stimulation, either the wildtype (HS) or delta (delt) sequence, is indicated on the x axis and relative *CXCL10* expression **(e)**, IFN- γ protein secretion **(f)** or IFN- γ producing cells **(g)** on the y axis (all values minus DMSO). The dashed lines represent the dqTACT (0.003), ELLA (5) or ELISpot (5) thresholds. *P* values were calculated using a two-sided Wilcoxon rank sum test. **h, i.** Quantification of relative *CXCL10* mRNA expression using dqTACT **(h)** or IFN- γ protein section using ELLA **(i)** in an elderly cohort. For **a–c** and **e–i**, the box bounds represent the first quartile (bottom), median (center) and the third quartile (top). The whiskers represent the range of samples up to 1.5 times the interquartile range. Beyond this point, the samples are shown as outliers. The number of participants for each time point is indicated above the box plots along with the percentage of participants who fall above the threshold.

(by standard RNA-purification kits/columns), a moderate price and a medium level of technical skill.

Third, we optimized a direct qPCR-based method (dqTACT assay) on multiple RT-qPCR platforms. The advantages of this approach are the accuracy of qPCR probes and the reduced processing time, cost and/or skill required. Overall, this is an easy-to-implement protocol that requires minimal training of the operator, thus reducing technical errors.

In qTACT and dqTACT assays, we use *CXCL10* mRNA levels, after antigen-specific activation with peptide pools as a proxy for IFN- γ secreted by antigen-specific T cells, in vitro. *CXCL10* protein levels have been recently proposed as a biomarker of impaired T cell responses in elderly people suffering from severe COVID-19 (ref. ³⁸). However, these data are not related to an antigen-specific analysis. Serum *CXCL10* levels are higher because these patients have inflammation, not because the production of *CXCL10* was induced after an antigen-specific T cell activation done in vitro, such as in the qTACT and dqTACT assays. The latter are designed to test T cells of vaccinated or convalescent participants when they are in a state of 'memory', not during a generic activation.

We conclude that the derived profile of SARS-CoV-2-specific T cell activation by qTACT and dqTACT assays in different cohorts of naïve, COVID-19 recovered and vaccinated individuals, provides robust information about their level of SARS-CoV-2-specific cellular immunity. A diagnostic method that can be easily adapted to detect the degree of cellular immunity is an urgently needed complement to the currently available tests measuring viral presence or antibody titers, and design future vaccination strategies according to the levels of immune protection in the population. A recent publication describing an alternative test, which uses T cell receptor next-generation sequencing to determine cellular immunity to SARS-CoV-2, shows that there is interest in such a test in the wider scientific community³⁹.

In conclusion, the assays presented here are based on the ability of SARS-CoV-2 T cells to respond to different peptides covering different proteins of the virus. With the possibility to use different peptide pools, our approach represents a flexible strategy that can be easily used to detect the presence of T cells responding to (1) different viral proteins (that is nucleoprotein, polymerase and so on), that have an important role in protection^{8,40}, and (2) emerging mutant strains, thus immediately gauging the impact that viral mutations might have on cellular immunity^{36,37}. This could be relevant for immunocompromised populations^{41,42}, and to evaluate vaccine effectiveness in a time-sensitive manner.

Online content

Any methods, additional references, Nature Research reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of

author contributions and competing interests; and statements of data and code availability are available at <https://doi.org/10.1038/s41587-022-01347-6>.

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Methods

SARS-CoV-2 peptide pools. The spike protein (1,276 amino acids long) requires a total of 253 15-mer peptides overlapping by 10 amino acids to cover the entire protein. We refined the pool (SpG) encompassing 40.5% of the spike protein (55 peptides)¹⁴. SpG encompasses most of the SARS-CoV2 spike epitope published so far. Pool hotspot (HS) contains peptides covering the nonconserved Spike-Wuhan regions affected by mutations present in the delta variant (24 peptides). Pool delta MT contains peptides from pool delta hotspot with the amino acid mutations present in the Spike protein of the delta variant. A similar strategy (15-mer peptides) was also used to cover nucleoprotein (NP2) as previously described^{14,17}.

Whole-blood culture with SARS-CoV-2 peptide pools. Here, 320 μ l of whole blood drawn on the same day were mixed with 80 μ l of Roswell Park Memorial Institute medium and stimulated with pools of SARS-CoV-2 peptides (S or nucleoprotein, 2 μ g ml⁻¹) or DMSO control at 37 °C. After 15–17 h of stimulation, the supernatant (plasma) was collected and stored at –80 °C until quantification of cytokines.

RNA-seq. Whole blood was treated with ACK lysis buffer for 15 min at room temperature to remove red blood cells. Cells were resuspended in Trizol (300 μ l) and RNA was extracted using Zymo's Direct-zol extraction kit as per the manufacturer's instructions. Sequencing libraries were prepared from the eluted RNA using the Ovation Ultralow V2 DNA-seq Library Preparation Kit following the manufacturer's instruction (NuGEN) at the Mount Sinai Oncological Sciences Sequencing Facility. Sequencing was performed on an Illumina NextSeq 500 instrument to produce 75-bp single-end reads. Demultiplexed FASTQ files were subsequently returned for analysis.

RNA-seq data analysis. Transcript expression was quantified from RNA-seq data using Salmon (v.1.2.1) (ref. ⁴³) against an index built from the Ensembl⁴⁴ GRCh38 v.99 transcriptome model with default parameters. Pseudocounts were imported into an R v.4.0.3 environment⁴⁵ and summarized to the gene level using tximeta v.1.8.2. Differential expression analysis was conducted separately for naïve and convalescent individuals using DESeq2 (v.1.3.0) (ref. ⁴⁶) with default parameters. Only protein-coding genes with at least ten total counts were included for each analysis, and donor information was included in the design. *P* values were corrected using the Benjamini–Hochberg method (two-sided). Significantly upregulated genes were defined as those with an adjusted $P \leq 0.05$ and $\log_2FC > 1$. Gene set enrichment analysis (GSEA) was performed using fgsea (v.1.16.0) on differential gene expression signatures generated using DESeq2 and ranked according to the resulting test statistic ('stat' column). Gene sets were obtained from msigdb (v.7.2.1). The results were further validated using gprofiler2 (v.0.2.0) using default parameters⁴⁷.

qTACT assay. Samples used for RNA extraction were diluted 1:1 with RNA/DNA shield (Zymo) and incubated at room temperature with proteinase K at a 1:100 dilution (20 mg ml⁻¹ stock). Samples were then frozen at –80 °C until RNA extraction could be performed. Samples stored in RNA/DNA shield were thawed at room temperature before RNA extraction. Samples were vortexed and mixed with Trizol reagent (Life Technologies) at a 1:1 dilution. After vortexing, samples were processed using Zymo's Direct-zol 96-well extraction kit as per the manufacturer's instructions. Eluted RNA was diluted in TE buffer, aliquoted and stored at –80 °C or used immediately for qPCR analysis. Real-time quantification was performed on a BioRad CFX96/CFX384 or Hyris bCUBE v.2.0. Then 5 μ l of diluted RNA was used with the TaqPath 1-Step Multiplex MasterMix (Applied Biosystems) and primers/probes targeting *ACTIN* (internal control) and other target genes, as described (sequences available in Supplementary Table 29).

dqTACT assay. Samples used for direct amplification from whole blood were diluted 1:4 and stored at –80 °C or used immediately for qPCR analysis. Then 2 μ l of diluted whole blood was mixed with SCRIPT Direct RT-qPCR ProbesMaster (Jena Bioscience) and primers/probes targeting *ACTIN* (internal control) and other target genes, as described. Quantification was performed using the Hyris bCUBE 2.0 (data acquired using bAPP (v.1.5.6) online software from Hyris), CFX96, CFX384 as specified. Sequences of primers and probes used are available in Supplementary Table 29.

Cytokine quantification and analysis. Cytokine concentrations in the plasma were quantified using ELLA with microfluidic multiplex cartridges measuring IFN- γ and IL-2 following the manufacturer's instructions (ProteinSimple). The level of cytokines present in the plasma of DMSO controls was subtracted from the corresponding peptide pool stimulated samples.

Spike-specific IgG quantification. The ACCESS SARS-CoV-2 CLIA (Beckman Coulter Inc.) was used for semiquantitative detection of IgG directed against S protein receptor-binding domain using serum obtained from venipuncture blood. Samples were tested on a UniCel DxI 800 high-performance analyzer.

Olink immunoassay. Cytokine concentrations in the plasma were analyzed using Olink multiplex assay platform with inflammatory panel (Olink Bioscience),

according to the manufacturer's instructions. The inflammatory panel includes 92 proteins associated with human inflammatory conditions. Briefly, an incubation master mix containing pairs of oligonucleotide-labeled antibodies to each protein was added to the samples and incubated for 16 h at 4 °C. Each protein was targeted with two different epitope-specific antibodies increasing the specificity of the assay. Presence of the target protein in the sample brought the partner probes in close proximity, allowing the formation of a double strand oligonucleotide PCR target. On the following day, the extension master mix in the sample initiated the specific target sequences to be detected and generated amplicons using PCR in 96-well plates. For the detection of the specific protein, Dynamic array integrated fluidic circuit 48 \times 48 chip was primed, loaded with 45 protein specific primers and mixed with sample amplicons including three inter-plate controls and three negative controls. Real-time microfluidic qPCR was performed in Biomark (Fluidigm) for the target protein quantification.

Data were analyzed using real-time PCR analysis software via $\Delta\Delta Ct$ method and normalized protein expression manager. Data were normalized using internal controls in every single sample, inter-plate control and negative controls and correction factor and expressed as log₂ scale, which is proportional to the protein concentration. One normalized protein expression difference equals to the doubling of the protein concentration.

ELISpot. Enzyme-linked immunospot (ELISpot) flat-bottomed, 96-well nitrocellulose plates (MAHA S4510, Millipore) were coated with IFN- γ mAb (2 μ g ml⁻¹, 1-D1K; MABTECH) and incubated for 2 h at 37 °C. After washing with PBS, plates were blocked with 10% human AB serum for 2 h at 37 °C. Cells were washed, concentrated, plated into each well titrating down in twofold serial dilutions starting from 400,000 PBMCs, in the presence of peptides, negative control (DMSO) and positive control (phorbol 12-myristate 13-acetate and ionomycin) (PMA/ionomycin). Plates were incubated for 24 h in a CO₂ incubator. After incubation, the plates were semi-automatically washed with PBS and then IFN- γ mAb (0.2 μ g ml⁻¹, 7-B6-1-biotin; MABTECH) was added to each well. After incubation for 2 h at 37 °C, plates were washed and incubated with streptavidin-alkaline phosphatase (1 μ g ml⁻¹, Roche) for 1 h at room temperature. After washing unbound streptavidin-alkaline phosphatase, substrate (5-bromo-4-chloro-3-indolyl phosphate/NBT; Sigma-Aldrich) was added and incubated for 12–15 min for spots to develop. After incubation, plates were washed to remove substrate and dark-violet spots were evaluated using the CTL Immunospot analyzer and software (Cellular Technology Limited) as routinely performed in the laboratory³⁸.

Flow cytometry. Flow cytometry analyses were carried out in whole-blood samples labeled for viability (Blue Live/dead fixable dye, BioLegend), washed, and stained for extracellular markers for 45 min at 4 °C. For intracellular staining, samples were fixed in 4% paraformaldehyde (Electron Microscopy Services) and treated with permeabilization buffer (eBioscience) before staining with labeled antibodies to detect intracellular cytokines, CD154 and CXCL10. The list of antibodies used for surface and cytoplasmic staining are shown in the Supplementary Table 28. Cells were subsequently acquired on a five-laser Cytek Aurora device (Cytek Biosciences) and data analyzed on Cytobank (<https://cytobank.org/>). For sorting experiments, whole-blood samples were exclusively stained for the surface markers CD16, CD3, HLA-DR, CD66b, CD15, CD8, CD4 and CD14. Four different populations (neutrophils, monocytes, CD4⁺ and CD8⁺ T cells) were sorted with purities >96% by using a fluorescence-activated cell sorting Aria II Cell Sorter device (BD Biosciences).

Statistical analysis. All illustrations were prepared using ggplot2 and ggpubr in an R v.4.0.3. Statistical significance in figures is reported as follows: * $P \leq 0.05$, ** $P \leq 0.01$, *** $P \leq 0.001$, **** $P \leq 0.0001$. For RNA-seq data (Fig. 1b and Extended Data Fig. 1), displayed *P* values were generated using DESeq2 as described in the RNA-seq data analysis section. For all plots, displayed *P* values were generated using a two-sided Wilcoxon rank sum test in R and corrected using the Benjamini–Hochberg method. ROC curves and associated 95% CIs for each assay were computed in R using the pROC package (v.1.18.0)⁴⁸. Fisher exact tests and associated odds ratios were computed in R using the fisher.test function using a two-sided approach.

Ethics statement. The trial complies with the principles of the Declaration of Helsinki and Good Clinical Practice. This study was approved by the Spanish Agency of Medicines and Healthcare Products and by the Ethics Committee at University Hospital La Paz (CombiVacS data). The study protocols for the collection of clinical specimens from individuals with and without SARS-CoV-2 infection were reviewed and approved by Hospital La Paz, Hospital 12 de Octubre, Hospital Gregorio Marañón, IIS-Fundación Jiménez Díaz, Hospital Universitario Marqués de Valdecilla-IDIVAL and Hospital Puerta de Hierro Clinical Research Ethics Committee (CEIm), the SingHealth Centralised Institutional Review Board (reference CIRB/F/2018/2387) and Mount Sinai Hospital Institutional Review Board (no. 11-00866). All study participants provided their written informed consent for the collection of samples and their subsequent analysis.

Reporting summary. Further information on research design is available in the Nature Research Reporting Summary linked to this article.

Data availability

All data generated during this study are included in this published article (and its supplementary information files). RNA-seq source data are available as gene counts on the Gene Expression Omnibus at accession [GSE178757](https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE178757).

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Author contributions

Overall design of the project was done by E.G., A.B. and J.O. Acquisition of experimental data was led by M.S. with help from all coauthors. Computational and statistical analyses were performed by D.T. Generation of reagents and scientific inputs was done by all coauthors. E.G., D.T., M.S., D.-L.O., J.O. and A.B. wrote the manuscript with input from A.T., T.T., S.M., R.S.-T., N.L.B., J.M.E.L., S.H., K.T., C.C., E.L.-G., E.P.-A., R.C.-R., A.O., M.L.-H., J.P., I.C., M.G.-P., I.B.-M., P.C., J.O.I., A.M.B., A.J.C., J.F., C.B.-I., J.S.Y.H., K.N., S.H., K.M., W.M.M., J.M.C., A.C.D., C.B., G.N., I.D.N., L.C., C.L., G.S., M.F., K.N., M.P., V.B., S.G., J.H., R.S., M.M., F.K., S.K.-S. and I.M.

Competing interests

A.B., A.T. and N.L.B. declare the filing of a patent application relating to the use of peptide pools in whole blood for detection of SARS-CoV-2 T cells (pending). E.G., J.O., M.S., D.T. and D.L.O. declare the filing of a patent application relating to the qTACT and dqTACT assays (pending). S.G. reports consultancy and/or advisory roles for Merck and OncoMed, and research funding from Bristol-Myers Squibb, Celgene, Genentech, Immune Design, Janssen R&D, Pfizer, Regeneron and Takeda. G.N., I.D.N. and L.C. are employees of Hyris Ltd, manufacturer of the bCUBE machine described in this article. C.L., G.S. and M.F. are employees of Synlab Italy. The other authors declare no competing interests.

Additional information

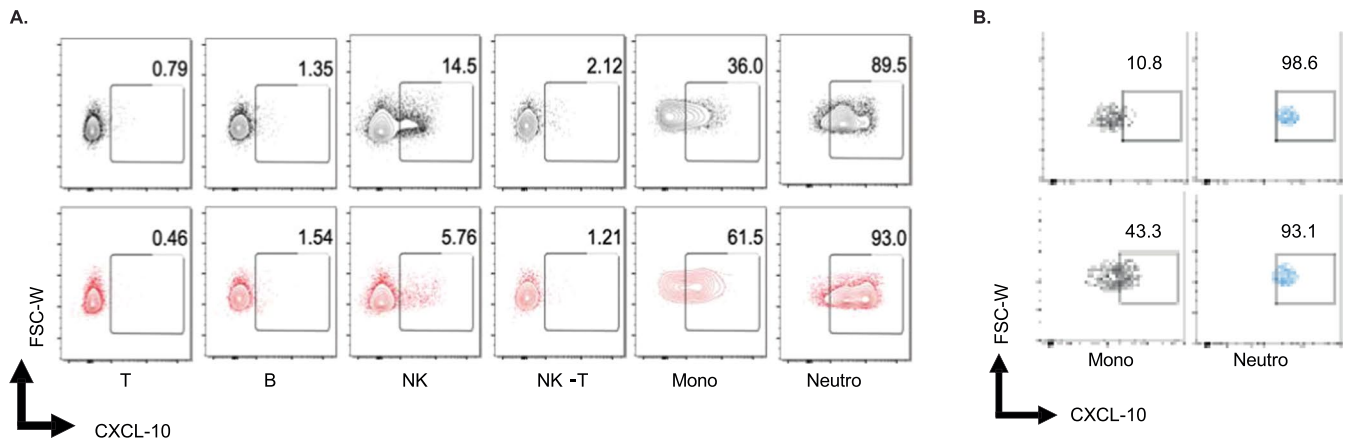
Extended data are available for this paper at <https://doi.org/10.1038/s41587-022-01347-6>.

Supplementary information The online version contains supplementary material available at <https://doi.org/10.1038/s41587-022-01347-6>.

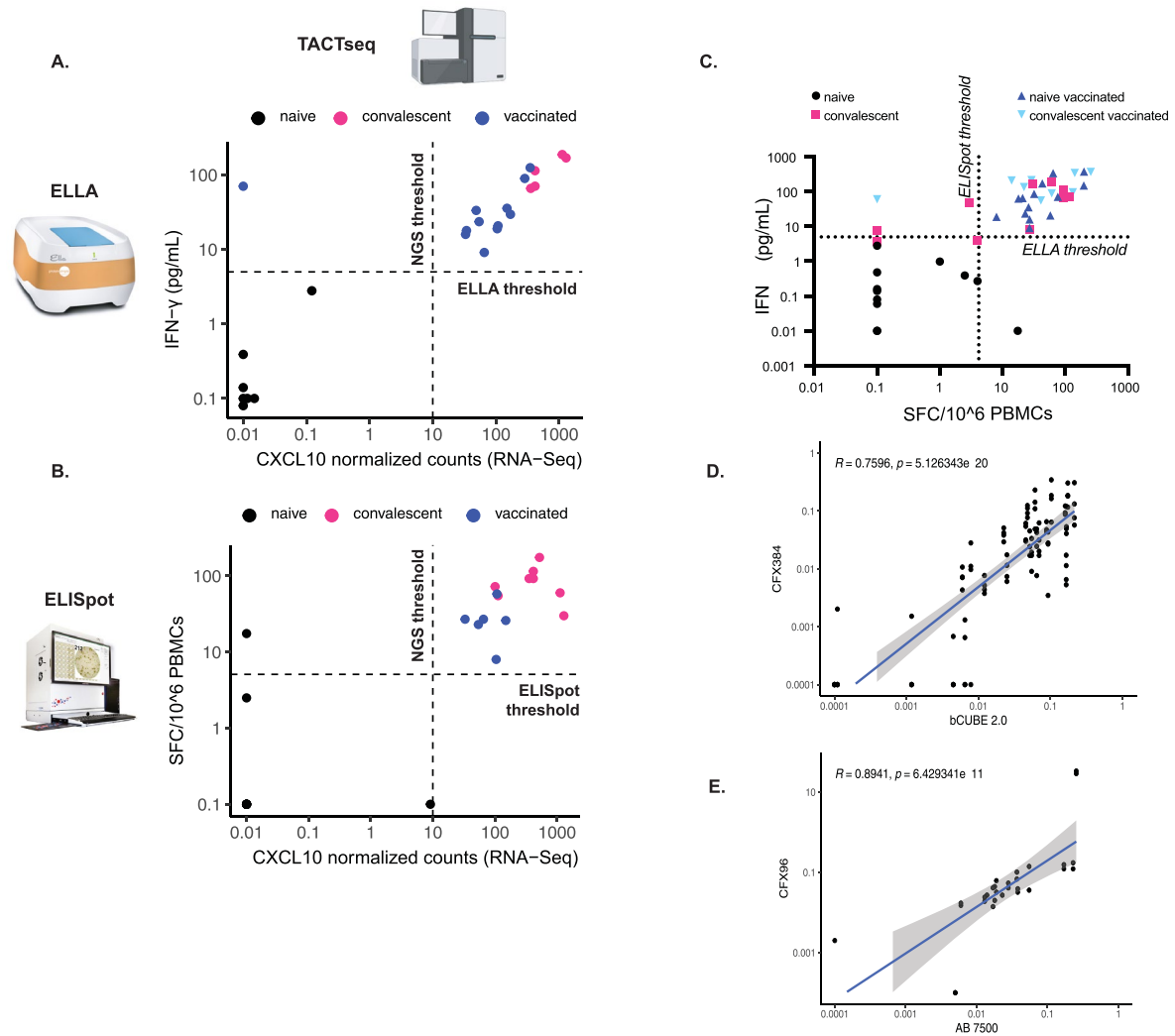
Correspondence and requests for materials should be addressed to Antonio Bertoletti, Jordi Ochando or Ernesto Guccione.

Peer review information *Nature Biotechnology* thanks Yu Chen and the other, anonymous, reviewer(s) for their contribution to the peer review of this work.

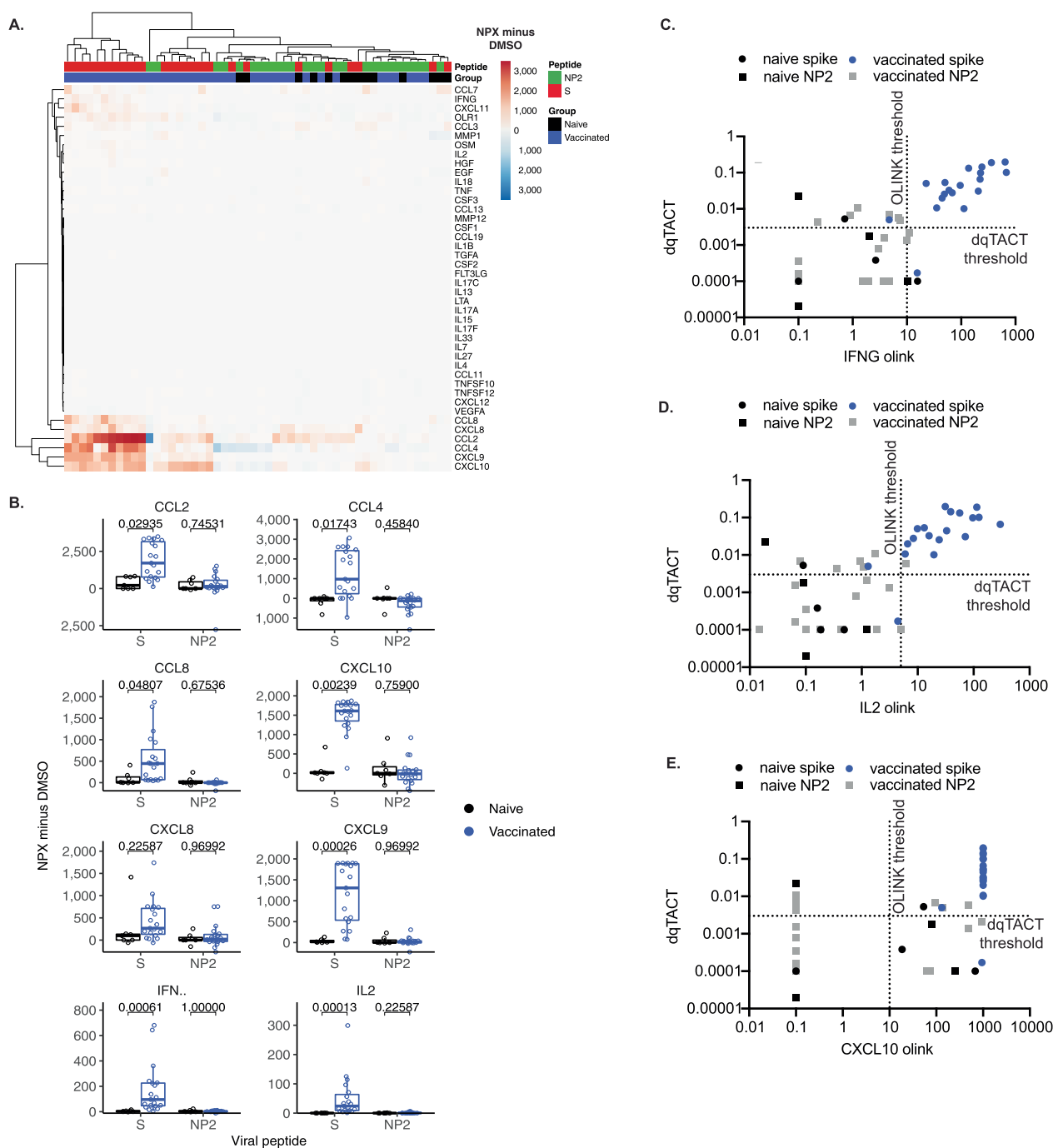
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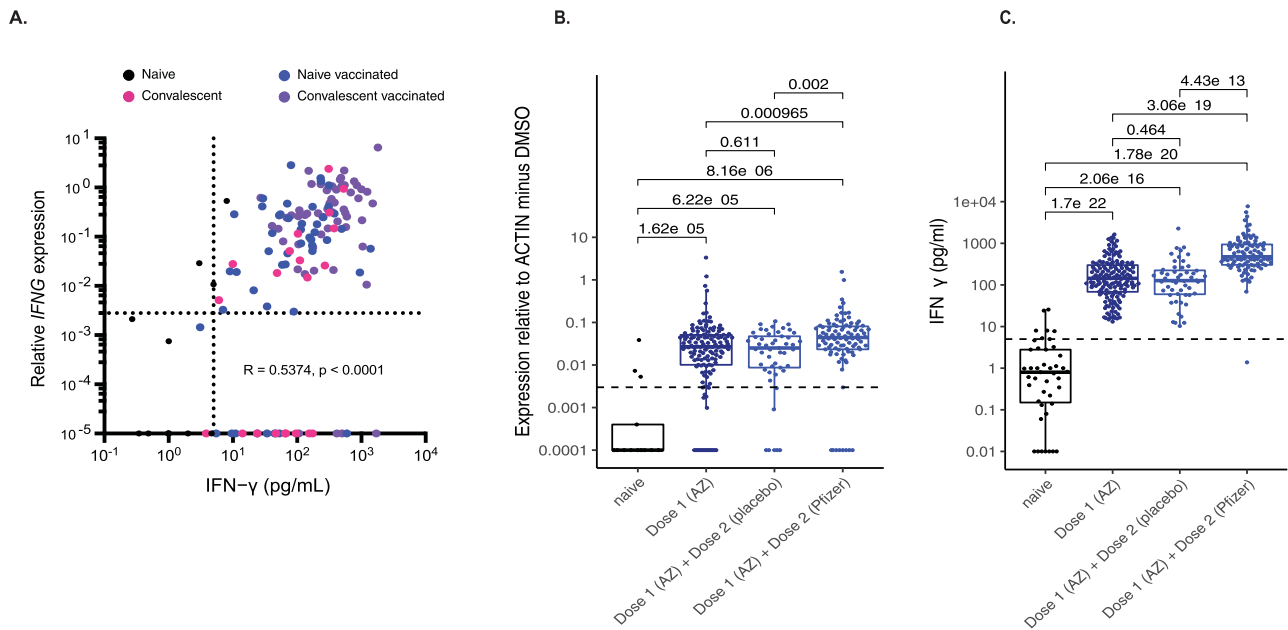
Extended Data Fig. 2 | Gating strategies for flow cytometry experiments. a. Gating strategy for main Fig. 2 panel B. **b.** Gating strategy for main Fig. 2 panel D.



Extended Data Fig. 3 | Comparing TACTseq assay to other T cell assays and dqTACT on different PCR machines. A. Concordance between ELLA and TACTseq assays. For 24 subjects, IFN- γ secretion was quantified by ELLA (y-axis) and CXCL10 mRNA by TACTseq (x-axis). The quantification shown is with the DMSO control subtracted from the spike peptide stimulated sample. Each dot represents a unique subject color coded based on their COVID-19 and vaccination statuses. The dashed line represents thresholds for each assay. **B.** Concordance between ELISpot and TACTseq assays. For 24 subjects, IFN- γ producing cells were quantified by ELISpot (y-axis) and CXCL10 mRNA by TACTseq (x-axis). The quantification shown is with the DMSO control subtracted from the spike peptide stimulated sample. Each dot represents a unique subject color coded based on their COVID-19 and vaccination statuses. The dashed line represents thresholds for each assay. **C.** Concordance between ELISpot and ELLA assays. For 85 samples, IFN- γ protein secretion was quantified by ELLA (y-axis) and IFN- γ producing cells were quantified by ELISpot (y-axis). The quantification shown is with the DMSO control subtracted from the spike peptide stimulated sample. Each dot represents a unique subject color coded based on their COVID-19 and vaccination statuses. The dashed line represents thresholds for each assay. **D.** Nonparametric Spearman's correlation between dqTACT samples run on Bio-Rad CFX384 (y-axis) and Hyris bCUBE 2.0 (x-axis). Bands represent 95% confidence interval. **E.** Nonparametric Spearman's correlation between dqTACT samples run on Bio-Rad CFX96 (y-axis) and Applied Biosystems AB 7500 (x-axis). Bands represent 95% confidence interval.



Extended Data Fig. 4 | Comparing dqTACT and Olink assays. **A.** Heatmap displaying normalized protein expression (NPX) values minus DMSO across 42 peptides measured by Olink. **B.** Boxplot displaying normalized protein expression (NPX) values minus DMSO. Comparisons show significance for the Wilcoxon Rank Sum two-sided test, corrected using the Benjamini-Hochberg method. Naive, N = 7; vaccinated, N = 19 biologically independent samples. The box bounds represent the first quartile (bottom), median (center), and the third quartile (top). The whiskers represent the range of samples up to 1.5 times the interquartile range. Beyond this point, samples are shown as outliers. **C-E.** Concordance between Olink and dqTACT assays. For 23 samples, IFN-γ (C), IL2 (D), and CXCL10 (E) protein secretion was quantified by O-link (x-axis) and CXCL10 mRNA by qTACT (y-axis). The quantification shown is with the DMSO control subtracted from the spike peptide stimulated sample. Each dot represents a unique subject color coded based on their COVID-19 and vaccination statuses. The dashed line represents thresholds for each assay.



Extended Data Fig. 5 | Using the dqTACT assay for a large clinical trial cohort (CombiVacS). **A.** Concordance between ELLA and qTACT assays for IFN- γ /IFNG. For $n = 91$ subjects, IFN- γ secretion was quantified by ELLA (x-axis) and IFNG mRNA by qTACT (y-axis). Colors on their COVID-19 and vaccination statuses (see legend). The dashed lines represent thresholds for each assay. **B-C.** Quantification CXCL10 mRNA using dqTACT (B) or IFN- γ protein section using ELLA (C) in subjects enrolled in the CombiVacS trial. All subjects received a first dose of ChAdOx1s from AstraZeneca (Dose 1 (AZ)). The patients were then divided into two groups and received either a second placebo dose (Dose 1 (AZ) + Dose 2 (placebo)) or a second dose of BNT162b2 from Pfizer (Dose 1 (AZ) + Dose 2 (Pfizer)). The dqTACT assay was completed as shown in Fig. 1A (bottom). Comparisons show significance for the Wilcoxon rank sum two-sided test. For (B), naive, $N = 13$; dose 1 (AZ), $N = 142$, dose 1 (AZ) + dose 2 (placebo), $N = 49$; dose 1 (AZ) + dose 2 (Pfizer), $N = 92$ biologically independent samples. For (C), naive, $N = 43$; dose 1 (AZ), $N = 155$, dose 1 (AZ) + dose 2 (placebo), $N = 52$; dose 1 (AZ) + dose 2 (Pfizer), $N = 99$ biologically independent samples.

Reporting Summary

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For all statistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.

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- The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement
- A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
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Our web collection on [statistics for biologists](#) contains articles on many of the points above.

Software and code

Policy information about [availability of computer code](#)

Data collection

After stimulation and dilution, mRNA from whole blood was run on the Hyris bcUBE 2.0, BioRad CFX96/384, or AB 7500 and data was acquired using their online software, bAPP (v1.5.6) or analyzed using standard methods. Flow cytometry data were collected with SpectroFlo® Software v2.2.0 (Cytex Biosciences, New York, NY).

Data analysis

Statistical analyses were performed using R 4.0.3. All illustrations were prepared using ggplot2 and ggpubr in an R 4.0.3. ROC curves and associated 95% CIs for each assay were computed in R using the pROC package (v1.18.0). Fisher exact tests and associated odds ratios were computed in R using the fisher.test function using a two-sided approach. Transcript expression was quantified from RNA-Seq data using Salmon 1.2.1 against an index built from the Ensembl GRCh38 v99 transcriptome model with default parameters. Pseudocounts were imported into an R 4.0.3 environment and summarized to the gene level using tximeta 1.8.2. Differential expression analysis was conducted separately for naïve and convalescent individuals using DESeq2 1.3.0 with default parameters. Gene set enrichment analysis was performed using gprofiler2 0.2.0 using default parameters. Flow cytometry data were analyzed on Cytobank (<https://cytobank.org/>).

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Data

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All manuscripts must include a [data availability statement](#). This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A list of figures that have associated raw data
- A description of any restrictions on data availability

All data generated during this study are included in this published article (and its supplementary information files). RNA-seq source data is available as gene counts on GEO at accession GSE17875. Raw sequencing data is available upon request.

Field-specific reporting

Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.

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Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

Sample size	No sample-size predetermination was performed. Sample sizes were chosen based on the number of volunteers/patients recruited for each cohort. As many patients were recruited as possible, which was constrained by the number of willing and available participants. It was particularly challenging to recruit naive (not previously infected/vaccinated) participants after vaccine roll out began because we were primarily recruiting healthcare workers, who were among the first to be vaccinated.
Data exclusions	No data were excluded, except low quality mRNA as determined by ACTIN CT values >32.
Replication	Samples were collected and processed independently as blood was collected. A subset of qTACT samples (n between 19 and 49 depending on what gene was being tested) was run between 2-10 times depending on the sample and the gene being analyzed. The associated variance is reported in Supplementary Figure 1G. Results for CXCL10 were reproducible. A subset (n=25) of dqTACT samples was run in 4 technical replicates and the data were reproducible. Our qTACT and dqTACT protocols were independently and successfully replicated in 7 hospitals in Spain, an independent commercial research lab, and an academic lab in Singapore. ELLA and ELISPOT assays were not reproduced because of limited sample material.
Randomization	The CombiVacS cohort was randomized as described in the original manuscript (Borobia et al 2021, The Lancet). Participants were allocated into groups based on previous exposure to SARS-CoV-2 (convalescent group or healthy control) and vaccination status (vaccinated or not vaccinated). To control for covariates as best as possible, we attempted to recruit an equal number of men and women of approximately the same ages. None of the enrolled participants were hospitalized and no minors were recruited.
Blinding	All the experiments were performed in a single blinded fashion.

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Materials & experimental systems

n/a	Involved in the study
<input type="checkbox"/>	<input checked="" type="checkbox"/> Antibodies
<input checked="" type="checkbox"/>	<input type="checkbox"/> Eukaryotic cell lines
<input checked="" type="checkbox"/>	<input type="checkbox"/> Palaeontology and archaeology
<input checked="" type="checkbox"/>	<input type="checkbox"/> Animals and other organisms
<input type="checkbox"/>	<input checked="" type="checkbox"/> Human research participants
<input checked="" type="checkbox"/>	<input type="checkbox"/> Clinical data
<input checked="" type="checkbox"/>	<input type="checkbox"/> Dual use research of concern

Methods

n/a	Involved in the study
<input checked="" type="checkbox"/>	<input type="checkbox"/> ChIP-seq
<input type="checkbox"/>	<input checked="" type="checkbox"/> Flow cytometry
<input checked="" type="checkbox"/>	<input type="checkbox"/> MRI-based neuroimaging

Antibodies

Antibodies used	BV421 anti-human IL2 (clone MQ1-17H12) BioLegend (Cat. # 500328; Lot # B260383) 1:50 Pacific blue anti-human CD11b (clone ICRF44) BioLegend (Cat. # 301315; Lot #B168397) 1:75
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BV510 anti-human CD15 (clone W6D3) BioLegend (Cat. # 323028; Lot #B324663) 1:50
 BV570 anti-human CD45RA (clone HI100) BioLegend (Cat. # 304132; Lot # B319894) 1:100
 BV605 anti-human CD8 (clone SK1) BioLegend (Cat. # 344742; Lot # B239987) 1:100
 BV650 anti-human CD123 (clone 6H6) BioLegend (Cat. # 306020; Lot # B280145) 1:40
 BV711 anti-human CD11c (clone 3.9) BioLegend (Cat. # 301630; Lot # B346633) 1:40
 BV750 anti-human CD3 (clone SK7) BioLegend (Cat. # 344846; Lot # B303395) 1:150
 BV785 anti-human CCR7 (clone G043H7) BioLegend (Cat. # 353230; Lot # B320537) 1:50
 FITC anti-human CD154 (clone 24-31) Invitrogen (Cat. # 11-1548-42; Lot # 2373744) 1:50
 AF532 anti-human CD4 (clone RPA-T4) Invitrogen (Cat. # 58-0049-42; Lot # 2211021) 1:150
 PercP anti-human HLA-DR (clone L243) BioLegend (Cat. # 307628; Lot # B347814) 1:75
 PercP-Cy5.5 anti-human CD66b (clone G10F5) BioLegend (Cat. # 305108; Lot #B285530) 1:40
 PercP-eFluor710 anti-human CXCL10 (clone 4NY8UN) Invitrogen (Cat. # 46-9744-42; Lot # 2347342) 1:50
 PE-eFluor610 anti-human CXCR3 (clone CEW33D) Invitrogen (Cat. # 61-1839-42; Lot # 1965643) 1:100
 PE-Cy7 anti-human CD137 (clone 4B4-1) BioLegend (Cat. # 309818; Lot # 2197972) 1:50
 BUV395 anti-human CD27 (clone G18-145) BD Biosciences (Cat. # 751677; Lot #2241255) 1:75
 APC anti-human CD16 (clone 3G8) BioLegend (Cat. # 302012; Lot # 2093556) 1:75
 AF647 anti-human CXCR5 (clone RF8B2) BD Pharmingen (Cat. # 558113; Lot # 0044415) 1:50
 AF700 anti-human IFN-gamma (clone B27) BD Pharmingen (Cat. # 557995; Lot #5156630) 1:100
 APC-fire750 anti-human CD14 (clone M5E2) BioLegend (Cat. # 301854; Lot # B257669) 1:75
 APC-Fire810 anti-human CD19 (clone H1B19) BioLegend (Cat. # 302272; Lot #B315080) 1:100

Validation

All antibodies used in this work are commercially available and they have been validated by the manufacturers for their use in flow cytometry on human samples. Information available in the reproducibility/validation sections of the respective commercial supplier. They were titrated in house in a total volume of 100 μ L on 1 million peripheral mononuclear cells obtained for healthy donors for their optimal use in spectral flow cytometry (dilution used included in supplementary table 28).

Human research participants

Policy information about [studies involving human research participants](#)

Population characteristics

Described in Supplementary tables 1-13 and 15-27.

Recruitment

Health care workers were randomly recruited across seven different primary care hospitals, six in Spain, one in Singapore, and one USA, who provided samples of naive, COVID-19 recovered, and vaccinated individuals as participating centers. Our recruitment is biased towards individuals working in the healthcare industry, however, we do not expect this to impact our results.

Ethics oversight

The trial complies with the principles of the Declaration of Helsinki and Good Clinical Practice. This study was approved by the Spanish Agency of Medicines and Healthcare Products (AEMPS) and by the Ethics Committee at University Hospital La Paz (CombiVacS data). The study protocols for the collection of clinical specimens from individuals with and without SARS-CoV-2 infection were reviewed and approved by Hospital La Paz, Hospital 12 de Octubre, Hospital Gregorio Marañón, IIS-Fundación Jiménez Díaz, Hospital Universitario Marqués de Valdecilla-IDIVAL and Hospital Puerta de Hierro Clinical Research Ethics Committee (CEIm), the SingHealth Centralised Institutional Review Board (reference CIRB/F/2018/2387) and Mount Sinai Hospital Institutional Review Board (IRB# 11-00866). All study participants provided their written informed consent for the collection of samples and their subsequent analysis.

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Flow Cytometry

Plots

Confirm that:

- The axis labels state the marker and fluorochrome used (e.g. CD4-FITC).
- The axis scales are clearly visible. Include numbers along axes only for bottom left plot of group (a 'group' is an analysis of identical markers).
- All plots are contour plots with outliers or pseudocolor plots.
- A numerical value for number of cells or percentage (with statistics) is provided.

Methodology

Sample preparation

Peripheral blood mononuclear cells (PBMCs) were isolated by means of density centrifugation with Ficoll-Paque Plus (GE Healthcare, Pittsburgh, PA) and cultured in AIM-V medium (Gibco, Grand Island, NY) with 2.5% AB human serum (Gemini Bio-Products, Inc., West Sacramento, CA). PBMCs were unstimulated (DMSO) or stimulated with SARS-CoV-2 nucleoprotein (N) and spike (S) peptide pools (5 mg/mL) in presence of GolgiPlug (BD Biosciences, San Jose, CA) for 6 hours. Harvested PBMCs were stained for viability (Live/Dead Fixable, Invitrogen, Carlsbad, CA), washed and stained for surface markers, fixed in 4% paraformaldehyde (Electron Microscopy Services, Hatfield, PA), and treated with permeabilization buffer (eBioscience, San Diego, CA) before staining with labeled antibodies to detect intracellular CD154 and cytokines. Antibody panels used for surface and cytoplasmic staining are shown in the "antibodies" section of this reporting summary.

Instrument	Stained cells were subsequently acquired on a 4-laser Cytex™ Aurora device (Cytex Biosciences, New York, NY).
Software	Flow data were collected with SpectroFlo® Software (Cytex Biosciences, New York, NY).
Cell population abundance	Data are expressed as frequency of the selected population.
Gating strategy	Lymphocytes were defined by size and granularity in SSC-A vs. FSC-A plots. Duplets were excluded in FSC-H vs FSC-A plots and dead cells were excluded by means of fixable viability dye positivity (Zombie NIR™ Fixable Viability Kit, ref. 423106, BioLegend). T cell subsets were gated as CD4+ and CD8+ cells within CD3+ alive T cells. Boundaries between positive and negative cells for a given marker were defined by the use of fluorescence minus one (FMO) controls. Expression of extra- and intra-cellular markers was determined by calculating the median or mean fluorescence intensity. Gating strategies are shown in the supplementary figures.

Tick this box to confirm that a figure exemplifying the gating strategy is provided in the Supplementary Information.