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# Strontium doped bioglass incorporated hydrogel-based scaffold for amplified bone tissue regeneration

Hamed Manoochehri<sup>1,2</sup>, Masoud Ghorbani<sup>3</sup>✉, Mehrdad Moosazadeh<sup>1</sup>, Moghaddam<sup>3</sup>, Mohammad Reza Nourani<sup>3</sup>, Pooyan Makvandi<sup>4</sup> & Esmaeel Sharifi<sup>2,5</sup>✉

Repairing of large bone injuries is an important problem in bone regeneration field. Thus, developing new therapeutic approaches such as tissue engineering using 3D scaffolds is necessary. Incorporation of some bioactive materials and trace elements can improve scaffold properties. We made chitosan/alginate/strontium-doped bioglass composite scaffolds with optimized properties for bone tissue engineering. Bioglass (BG) and Sr-doped bioglasses (Sr-BG) were synthesized using Sol-Gel method. Alginate-Chitosan (Alg/Cs) scaffold and scaffolds containing different ratio (10%, 20% and 30%) of BG (Alg/Cs/BG10, 20, 30) or Sr-BG (Alg/Cs/Sr-BG10, 20, 30) were fabricated using freeze drying method. Characterization of bioglasses/scaffolds was done using zeta sizer, FTIR, XRD, (FE) SEM and EDS. Also, mechanical strength, antibacterial effect degradation and swelling profile of scaffolds were evaluated. Bone differentiation efficiency and viability of MSCs on scaffolds were determined by Alizarin Red, ALP and MTT methods. Cell toxicity and antibacterial effect of bioglasses were determined using MTT, MIC and MBC methods. Incorporation of BG into Alg/Cs scaffolds amplified biomineratization and mechanical properties along with improved swelling ratio, degradation profile and cell differentiation. Mechanical strength and cell differentiation efficiency of Alg/Cs/BG20 scaffold was considerably higher than scaffolds with lower or higher BG concentrations. Alg/Cs/Sr-BG scaffolds had higher mechanical stability and more differentiation efficiency in comparison with Alg/Cs and Alg/Cs/BG scaffolds. Also, Mechanical strength and cell differentiation efficiency of Alg/Cs/Sr-BG20 scaffold was considerably higher than scaffolds with various Sr-BG concentrations. Biomineratization of Alg/Cs/BG scaffolds slightly was lower than Alg/Cs/Sr-BG scaffolds. Overall, we concluded that Alg/Cs/Sr-BG20 scaffolds are more suitable for repairing bone major injuries.

Bone is a multifunctional tissue consisting of organic phase and a mineral phase. The organic phase makes about 30% of bone composition and mainly consisting of type I collagen matrix, while the mineralized phase is 70% of bone composition and mostly includes hydroxyapatite<sup>1</sup>. Bone has a dynamic nature, in a way there is a balance between bone resorption and formation and it can renew itself through remodeling. Minor bone injuries often repair naturally with minimal intervention without the need for any intervention in healthy people. However, critical-sized or large bone injuries arising from infections, malignancies, trauma and explosions are outside the normal bone repair capacity and requires surgical interventions to restore initial function<sup>2,3</sup>. Implant placement and tissue grafting are two main approaches for regeneration of large bone injuries. These methods have many limitations and disadvantages including the donor's unavailability, possibility of disease transmission and/or transplant rejection and need for revision surgery (in case of implant) and the high cost.

Therefore, there is a demand to make artificial bone graft alternatives (scaffolds) with optimized properties<sup>4</sup> in terms of mechanical stability, biocompatibility, biodegradability, osteoinductivity and osteoconductivity. It should support cell adhesion, growth, migration and differentiation as well as early mineralization and formation

<sup>1</sup>Student Research Committee, Baqiyatallah University of Medical Sciences, Tehran, Iran. <sup>2</sup>Research Center for Molecular Medicine, Hamadan University of Medical Sciences, Hamadan, Iran. <sup>3</sup>Applied Biotechnology Research Center, Baqiyatallah University of Medical Sciences, Tehran, Iran. <sup>4</sup>Center for Materials Interfaces, Istituto Italiano di Tecnologia, 56025 Pontedera, Pisa, Italy. <sup>5</sup>Department of Tissue Engineering and Biomaterials, School of Advanced Medical Sciences and Technologies, Hamadan University of Medical Sciences, Hamadan, Iran. ✉email: Dr.ghorbani62@yahoo.com; Esmaeel.sharifi@gmail.com

of new bone and vessels. A scaffold with a bone-like material that has a large surface and an interconnected porous structure with suitable size may be appropriate for this purpose<sup>5</sup>. Also, a suitable scaffold must be cost effective for large-scale production<sup>6</sup>.

Chitosan as a natural, biocompatible, non-toxic, biodegradable and non-immunogen polymer is prepared from deacetylated chitin<sup>7,8</sup> and extensively has been used for fabrication of porous scaffolds. Its large hydrophilic surface induces cell attachment, proliferation, differentiation and migration<sup>9</sup>. However, low mechanical stability of chitosan<sup>10</sup> is not enough for bone engineering purposes mainly due to its swelling rate and in a result is unable to maintain its default shape for grafting. So, its mechanical properties should be improved for use in bone engineering approaches. Alginate also is a low-cost hydrophile anionic polymer with excellent properties in terms of biocompatibility, biodegradability and mechanical strength that is derived from a certain species of brown algae<sup>11</sup>. Calcium ions binding with its carboxyl groups promote production of hydrogel<sup>12</sup>. It is suggested that chitosan and alginate be combined to fabrication of a hybrid (composite) scaffold with improved mechanical characteristics due to covalent bonding between chitosan amine and alginate carboxyl group<sup>13</sup>. In addition, to more improvement in bio-mineralization and mechanical stability of alginate-chitosan scaffold, doping of bioglasses (bioactive glasses) has been proposed<sup>13,14</sup>.

Bioglasses are very similar to mineral phase of bone, because of that are interesting in the fabrication of bone substitute scaffolds<sup>15</sup>. Bioglasses are capable of establishing strong bonds with bone by making hydroxyapatite layer on bone surface along with releasing Na, Ca, Si, and P ions to exert their biological effects<sup>1</sup>. It has been reported that incorporation of bioglass to biopolymers amplifies the bone specific markers like osteocalcin, osteopontin and alkaline phosphatase<sup>16</sup>. Besides, bioactivity of these glasses can be altered by addition of various ions such as zinc (Zn), magnesium (Mg), strontium (Sr) and etc<sup>1</sup>. These trace elements can enhance the interactions between cells and composite<sup>18</sup>. Currently, strontium carbonate is administered to treat osteoporosis because of its anti-resorptive and anabolic effects<sup>19</sup>. However, doping some cations such as Sr<sup>2+</sup> may decrease formation of hydroxyapatite like crystals<sup>20</sup>. This is due to substituting Ca<sup>2+</sup> with SrO in bioactive glass which leads to reducing the calcium content in the composition<sup>21</sup>. In this study, calcium chloride (CaCl<sub>2</sub>) was employed for crosslinking of scaffolds and, thus, the reduced calcium content can be compensated to some extent. Consequently, the fabricated composite is more flexible and also stronger. Besides, the lack of Ca ions is compensated in the bioglass formulation<sup>22</sup>.

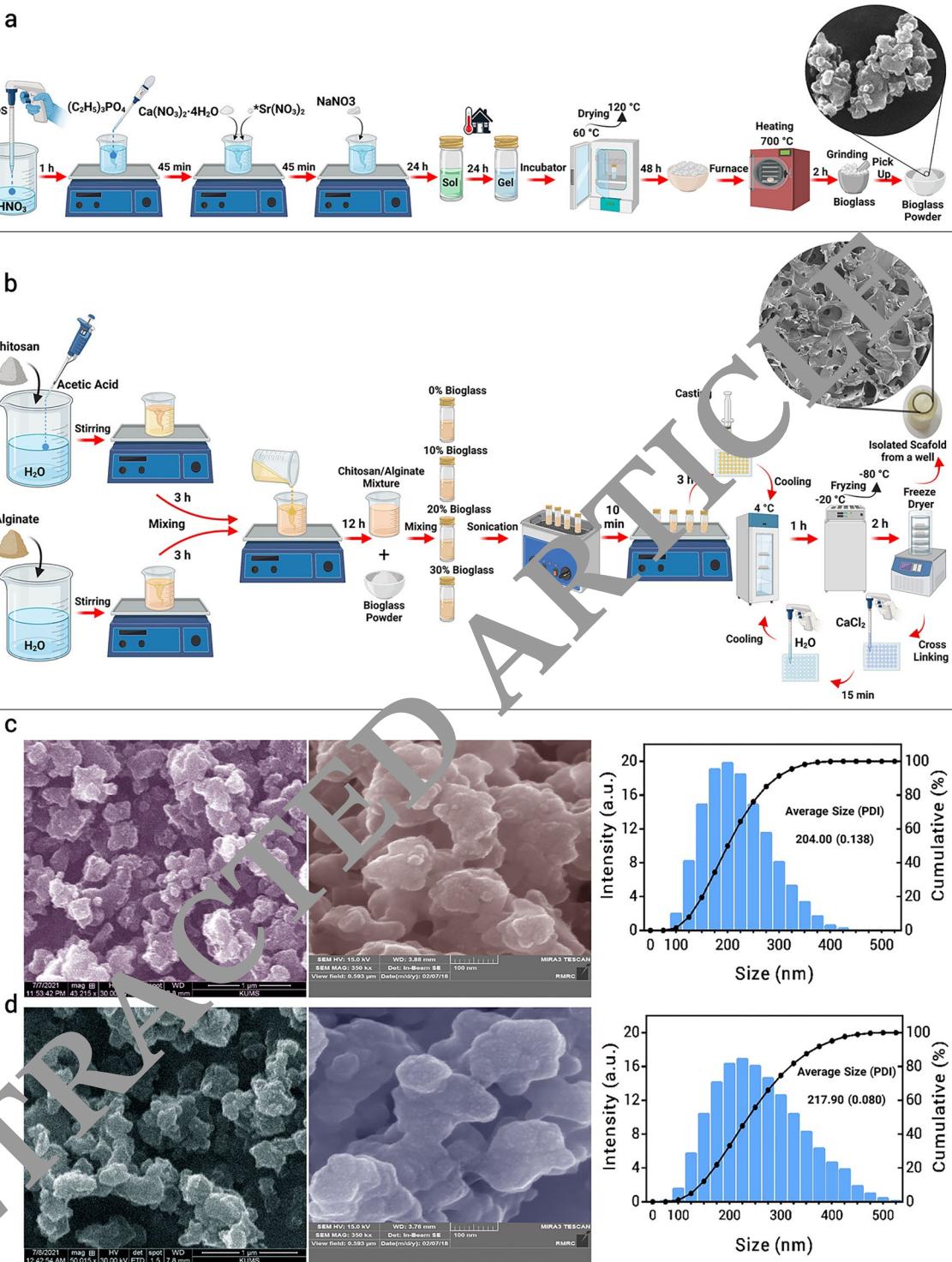
Herein, we synthesized Sr containing bioactive glasses. Subsequently, Sr-doped bioglasses were incorporated in composite scaffold based on chitosan and alginate to improve the mechanical strength and biological behavior of these scaffolds. Physicochemical characterization (e.g. chemical groups assessment, elemental analysis, crystal structure analysis, porosity, compression test, swelling ratio and degradation percentage) of the bioglass and composite scaffolds were carried out. Subsequently, the antibacterial tests and cellular tests including viability, alkaline phosphatase activity and calcium deposition assay were performed.

## Materials and methods

**Materials.** All reagents and chemicals were highly pure and obtained from Sigma Aldrich (Darmstadt, Germany), unless mentioned. All cell culture media and materials were obtained from Gibco, Life Technologies (Paisley, UK). All tubes, tips and falcons were purchased from Biologix (USA). Plates, flasks and pipets were obtained from JeBioPil (China).

**Synthesis and characterization of strontium doped bioglass.** Sol-Gel process was applied to synthesize bioglass (BG) nano (sub-micron) particles<sup>23,24</sup>. First, 33.5 ml of Si(O<sub>2</sub>H<sub>5</sub>)<sub>4</sub>(H<sub>2</sub>O:TEOS molar ratio = 18) was added to 10 ml HNO<sub>3</sub> (1 M), and allowed to be hydrolyzed by nitric acid with mild stirring at room temperature. After 1 h, (C<sub>2</sub>H<sub>5</sub>)<sub>3</sub>PO<sub>4</sub> (9 ml), Ca(NO<sub>3</sub>)<sub>2</sub>·4 H<sub>2</sub>O (20.13 g) and NaNO<sub>3</sub> (13.52 g) were added separately to the reaction at 45 min intervals with continues stirring, in the order as mentioned. In order to make strontium containing bioglass (Sr-BG), Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O (19.74 g) and Sr(NO<sub>3</sub>)<sub>2</sub> (0.71 g) were added to the reaction. The mixture was placed on a magnet stirrer for 24 h at 25 °C. The resulting sol was again incubated for 24 h 25 °C with stirring to gel formation. The obtained gel was incubated at 60 °C for 24 h and thereafter at 120 °C for 24 h to remove all water content. Final stabilization phase was performed by heating of resulting powder at 700 °C (rate of 3 °C/min) in an electrical furnace for 2 h. Afterward, the powder was manually grinding and sieving to get homogeneous bioglass powder (Fig. 1a). The hydrodynamic diameter (Size) and zeta potential (surface charge) of BG and Sr-BG samples were determined using a dynamic light scattering instrument (DLS, Malvern Panalytical, Worcestershire, UK). The chemical bonds and crystal structure of samples were evaluated using Fourier transform infrared (FTIR) spectroscopy (Shimadzu, Japan) and X-ray diffraction (XRD, Bruker, Germany) method, respectively. The shape and size of the samples were evaluated by scanning electron microscopy (SEM, FEI, USA) and field emission scanning electron microscopy (FESEM, TESCAN MIRA3, Czech). Elemental analysis was conducted using energy dispersive spectroscopy (EDS, FEI, USA), respectively.

**Fabrication and characterization of composite scaffolds.** A solution of chitosan was made by mixing required amount of chitosan powder (5% w/v, low molecular weight, deacetylation degree of 75–85%) in deionized water containing 5.8% (v/v) acetic acid. A solution of 5% (w/v) of alginate was prepared by dissolving the required amount of alginic acid sodium salt in deionized water. Then, each solution was stirred for 2–3 h in order to gain a uniform and clear mixture. Afterward, equal volume of chitosan and alginate solutions (50–50%) were mixed by 12 h stirring at room temperature. In the next step, required amount of BG or Sr-BG powders were added to the chitosan-alginate solution to obtain samples containing 10%, 20% and 30% of bioglasses (Alg/Cs/BG10, 20, 30) or Sr-BG (Alg/Cs/Sr-BG10, 20, 30). The control samples (Alg/Cs) did not contain any BG or Sr-BG. Subsequently, solutions were homogenized by 10 min sonication (Shenzhen Codyson, China) and 2–3 h



**Figure 1.** Fabrication scheme of bioglass/scaffolds and morphology and size distribution of synthesized bioglasses. **(a)** Bioglasses synthesis steps, **(b)** Scaffolds fabrication steps. **(c)** BG morphology and size distribution, **(d)** Sr-BG morphology and size distribution. The average size of synthesized bioglasses is in the nanometer range.

stirring at room temperature. The final suspension was casted into 48-well plates and kept at  $4^\circ\text{C}$  for 1 h followed by freezing at  $-20^\circ\text{C}$ . Afterward, plates were incubated at  $-80^\circ\text{C}$  for 2 h and immediately lyophilized in a freeze dryer (Christ, Germany) for 48 h to completely be dried. The fabricated scaffolds were immersed in 1% (w/v) calcium chloride for 15 min in order to cross-linking followed by and washing in deionized water. Subsequently, samples were frozen again at  $-20^\circ\text{C}$  after one hour incubation at  $4^\circ\text{C}$ . Finally, samples were lyophilized

again in freezer dryer for 48 h (Fig. 1b). The Zeta potential (surface charge), chemical groups, surface morphology and elemental analysis of scaffolds were performed by DLS, FTIR, SEM, EDS and methods, respectively.

**Antibacterial activity of bioglasses and scaffolds.** The antibacterial of BG and Sr-BG powders was evaluated by determining of minimum inhibitory (MIC) and bactericidal (MBC) concentrations against standard *Staphylococcus aureus* (*S. aureus*) ATCC 25923 and *Escherichia coli* (*E. coli*) ATCC 25922. First, bacteria were cultured in Mueller Hinton broth at 37 °C, overnight. Different concentrations of BG and Sr-BG powders (100–1000 µg/ml) was poured into different well of a microplate. After adding Mueller Hinton broth, a bacterial concentration equivalent of 0.5 McFarland was added to microplate wells. Negative control well contained the Mueller Hinton broth and BG or Sr-BG powders without bacteria. After 24 h incubation at 37 °C, presence of bacteria in wells was examined by culturing of samples on Mueller Hinton agar. MBC and MIC concentrations were considered as lowest concentration of BG or Sr-BG powders which kills all test microorganisms and prevents visible growth, respectively. This test done in triplicate (n = 3). The antimicrobial effect of scaffolds was evaluated by agar well diffusion assay. The microbial culture medium (Mueller Hinton agar) was prepared, poured into bacterial culture plates and wells with 7 mm diameter was created in plate. A uniform culture of bacteria was prepared using cotton swabs from the 0.5 McFarland bacteria suspension prepared on plate surface. Physiological serum (100 µl) containing 200 mg/ml of scaffolds was added to the plate wells and incubated at 37 °C for 24 h, and finally inhibition zone around the scaffolds were measured and compared with standard antibiotics controls (Vancomycin for *S. aureus* and Ciprofloxacin for *E. coli*).

**Scaffolds porosity and pore size measurement.** Porosity, average pore size and pore size distribution of scaffolds was determined by Image J analysis on electron microscopy images. The porosity was calculated by dividing surface area of pores by total area of the image. First, SEM information in the lower part of the images was removed. Then, true scales were introduced to software and SEM images type changed into 16-bit. For Binarization, image threshold was adjusted until all pores completely covered but other area was not selected (just the pores should be colorful). After proper thresholding, porosity measurement was done in the analyze menu. Porosity was determined in two SEM image for each scaffold sample. Also, the pore size was measured in scaffolds pores (n ≈ 100) of SEM images and mean pore size and pore size distribution was reported.

**Scaffolds in vitro bioactivity.** In vitro bioactivity test was performed by immersing the scaffolds specimens in simulated body fluid (SBF). First, scaffolds sections were obtained with similar dimensions (thickness: 2 mm diameter: 10 mm). The required volume of SBF for immersion of scaffolds was calculated by  $V = \frac{S}{10}$  formula, which V is required volume in ml and S is scaffolds surface area in mm<sup>2</sup>. Scaffolds sections were soaked in calculated SBF volume for 7 and 14 days at 37 °C and then washed in deionized water and lyophilized. Subsequently, dried specimens (three section per sample) were evaluated using SEM<sup>25</sup>.

**Scaffolds mechanical test.** The compression testing as a valuable test to determine scaffolds mechanical behavior was performed in a manner previously described<sup>26</sup>. Three cylindrical specimens (Height: 10 mm, Diameter: 10 mm) for each scaffold were undergone compression testing via universal mechanical tester (SANTAM, STM-20). All tests were done in vertical direction with speed of 2 mm per minutes at 25 °C. The specimens were compressed to about  $\frac{1}{5}$  of their primary height and stress strain curve was obtained and also mechanical strength was determined. The elastic modulus of each scaffold was obtained from its compressive stress strain curve. The mechanical test was repeated three times for each sample.

**Scaffold degradation test.** The initial weight of scaffolds specimens (Thickness: 10 mm, Diameter: 10 mm) was measured using a high precision analytical balance. In vitro degradation test was done by soaking scaffolds in PBS (pH 7.4, 37 °C) for 3, 7, 14 and 21 days. Two thirds of PBS solution was replaced with fresh solution once every three days. At mentioned times, the specimens were withdrawn from PBS, and lyophilized after washing in deionized water and soaking in ice cold ethanol for 2 h. The scaffold degradation percentage was calculated using following formula: Degradation(%) =  $\frac{W_0 - W_f}{W_0} \times 100$ , which  $W_0$  and  $W_f$  are initial weight and final weight, respectively. This test was repeated three times for each sample.

**Scaffold swelling test.** The scaffolds were cut into sections with about 10 mm thickness and 10 mm diameter. The dry weight of specimens was measured by a high precision analytical balance (Mettler Toledo, Germany). Then, specimens were immersed in buffered phosphate solution (PBS) and incubated at 37 °C. The wet weight and dimensions of the specimens was measured at different time intervals for 24 h. Before weighing, the surface water of the specimens was removed by a filter paper. The scaffold swelling percentage was calculated using following formula: Swelling(%) =  $\frac{W_w - W_d}{W_d} \times 100$ , which  $W_w$  and  $W_d$  are wet weight and dry weight, respectively. All tests were performed in triplicate and the mean values were reported.

**Isolation and characterization of mesenchymal stem cells (MSCs).** MSCs were extracted from bone marrow of 14-weeks old male Wistar rats. All animal procedures were performed according to ethical guidelines of working with laboratory animals approved in ethical committee of Baqiyatallah University of Medical Sciences (IR.BMSU.REC.1399.498). In this study, animals that were killed for educational purposes were used for MSCs isolation. Briefly, Animals were scarified under deep anesthesia (75 mg ketamine, 5 mg xylazine per kg). Both femur and tibia of rats was harvested and peripheral tissues was removed. Afterward, harvested bones were soaked in 70% ethanol for a few seconds and then washed with PBS containing 2% penicillin (pen)/

streptomycin (strep). Both ends of the bones were excised and the bone marrow was flushed out using DMEM culture medium (low glucose) containing 1.5% pen-strep and 10% fetal bovine serum (FBS). The gained suspension was filtered by a 200-mesh sieve and centrifuged at 2000 rpm for 10 min. The supernatant was discarded and pellet was resuspended in DMEM medium containing 10% FBS and 1.5% pen-strep and transferred into T25 flasks containing same media. Flasks were incubated at 37 °C, 5% CO<sub>2</sub> and high relative humidity. The medium was replaced after 2 days with DMEM medium containing 10% FBS and 1% pen-strep in order to remove non adherent cells. Cells were passaged when reached 90% confluence using 0.25% Trypsin/EDTA. After three passages, cells were harvested for bone differentiation, cell toxicity assay and characterizing using flowcytometry for cell expressing cell surface markers including CD44, CD90, CD29, CD34, and CD45.

**Cell attachment on scaffolds.** Cell attachment on scaffolds was evaluated using fluorescence and SEM. Briefly, 2 days after cell seeding on scaffolds, medium was withdrawn and cell containing scaffolds were rinsed twice with cold PBS and fixed by 15 min in 4% formaldehyde at 25 °C. Afterward, cell staining was done by 20 min incubation in 2 μM propidium iodide solution at 25 °C and cell containing scaffolds were photographed under a fluorescence microscope (Olympus, Japan). For SEM imaging, cell containing scaffolds were fixed and then dehydrated by submerging them in ascending ethanol concentrations (30, 50, 70, 80, ..., and 100%) at 37 °C for 5 min each. Finally, images were obtained using SEM.

**Cellular toxicity.** Cell toxicity of synthesized bioglasses and fabricated scaffolds was evaluated using MTT (3-[4,5-dimethylthiazol-2-yl]-2,5 diphenyl tetrazolium bromide) assay. Bioglasses were sterilized by soaking in 70% ethanol and UV light irradiation for 1 h. Scaffolds were cut into sections with about 1 mm thickness and 6 mm diameter and sterilized by exposing them to UV light for 1 h. Prepared and sterilized scaffold sections was inserted in 96-well culture plates (one scaffold per well) and the number of 4000 cell per well was seeded on each scaffold section. Also, 4000 cells were seeded in scaffold free plate wells. Sterilized bioglasses were added to plate wells with final concentrations of 0.5 mg/ml 24 h after cell seeding. Cell toxicity of scaffolds were evaluated at the times of 3 and 7 days after seeding. Cell toxicity of bioglasses were evaluated at the times of 1, 3 and 5 days after adding them to cells cultured in the plates. At the above-mentioned times, MTT solution was added to plate wells (0.5 mg/ml) and plates maintained in incubator (37 °C, 5% CO<sub>2</sub>) for 3 h. Afterward, culture medium of plates was withdrawn and replaced by 100 μl Dimethyl sulfoxide (DMSO) for dissolving of formazan crystals. Finally, plates were incubated at room temperature for 10–15 min with gentle shaking and absorbance of plates were measured by an ELISA plate reader (Tecan Sunrise, Austria) at 570 nm wavelength<sup>27</sup>. In the MTT assay, there were four replicates for each sample.

**Osteogenic differentiation protocol.** Scaffold sections (Thickness: 1 mm, Diameter: 10 mm) were sterilized by UV light for 1 h and placed in 24-well culture plates (one scaffold per well). Before cell seeding, 200 μl complete medium (low glucose DMEM with 10% FBS and 1% Pen-Strep) was poured on top of the scaffolds and plate was maintained in incubator (37 °C, 5% CO<sub>2</sub>) for 1 h. Then, bone marrow derived MSCs with a density of 10<sup>4</sup> per well (suspended in low medium volume ~ 200 μl) were seeded onto scaffolds in dropwise manner. The plate was again maintained in incubator (37 °C, 5% CO<sub>2</sub>) for 10 min and immediately volume of medium in wells was increased to 1 ml with complete medium. One day after seeding, the culture media was withdrawn and osteogenic media was added (low glucose DMEM, 1% Pen-Strep, 10% FBS, 10 nM dexamethasone, 10 mM β-glycerol phosphate, 50 μM ascorbic acid). Thereafter, half of osteogenic medium of wells was changed every day for 21 days. In the time points of 3, 7, 14 and 21 differentiation process were monitored by measuring calcium deposition amount and alkaline phosphatase enzyme activity.

**Alizarin red staining.** Amount of calcium deposition onto scaffolds during differentiation process was measured by alizarin red staining assay. Briefly, plate media was withdrawn and scaffolds were rinsed two times with PBS. The samples were fixed by 20 min incubation in 10% formaldehyde followed by washing in PBS. Then, 200 μl of alizarin red solution 1%, adjusted to pH 4.5 with ammonia solution, was dropped on the scaffolds and incubated at 25 °C for 2–3 min. After that, scaffolds were rinsed using acidic PBS (pH 4.2) many times to remove any excess dye and photographed under a light microscope (Motic, China). For quantitative analysis, samples were treated with acetic acid 10% for 30 min at 25 °C under mild shaking. Finally, dissolved dyes were transferred into a 96-well plate and its absorbance reading was done at 550 nm wavelength. Alizarin red standard curves was obtained by measuring optical absorption of its various concentrations at 550 nm wavelength. Calcium content was determined given that a molecule alizarin red binds with two molecules of calcium<sup>28</sup>. In this test, there were three replicates for each sample.

**Alkaline phosphatase assay.** The ALP activity was determined by p-nitrophenyl phosphate (pNPP) method using a commercial kit (Pars Azmoon, Iran). First, the media was withdrawn, scaffolds were rinsed with PBS two times and cell lysis were done using NP40 lysis buffer. Then, well contents were moved into a 2 ml microtube, centrifuged at 4000 rpm for 5 min and supernatant was transferred into a 96-well plate. After that ALP substrate (pNPP) was added to every well and incubated at 37 °C for 30 min. Finally, reaction was stopped and plate absorbance was read by an ELISA plate reader at 405 nm wavelength. The ALP activity of samples was expressed as Unit/L. In this test, there were three replicates for each sample.

**Statistical analysis.** Quantitative and qualitative data are expressed as mean (standard deviation) and frequency (percent), respectively. Data analysis was done using one-way ANOVA test followed by tukey post hoc

test.  $P < 0.05$  was considered significant in all statistical tests. SPSS version V. 22 and Graph Pad Prism V. 6 were used for statistical analysis.

**Ethics code.** IR.BMSU.REC.1399.498.

## Results

**Characterization of bioglasses.** The synthesis steps of bioglass are shown in Fig. 1a. The size and morphology of bioglasses were investigated using SEM and DLS. As shown in Fig. 1c,d, BG and Sr-BG are irregular in shape and their average size is about 200 nm. The high potential zeta increases stability of these particles and prevents their aggregation. The EDS profiles (Fig. 2a,b) indicates the presence of bioglass-specific elements such as sodium, calcium, phosphorus and silicon in the particles structure. The presence of strontium in Sr-BG is obvious. The XRD patterns of BG and Sr-BG are shown in Fig. 2c. Three peaks of combeït' ( $\text{Na}_2\text{Ca}_2\text{Si}_3\text{O}_9$ ), calcium carbonate ( $\text{CaCO}_3$ ) and clinophosinate ( $\text{Ca}_2\text{Na}_6\text{O}_{14}\text{P}_2\text{Si}_2$ ) are observed in XRD pattern of both bioglass and Sr-BG particles. Emergence of new peaks in strontium doped bioglasses are related to disodium strontium phyllo-disilicate ( $\text{Na}_2\text{SrSi}_2\text{O}_6$ ) and calcium strontium silicate ( $\text{Ca}_3\text{O}_8\text{SiSr}$ ) crystal system. The FTIR spectra of BG and Sr-BG samples are brought in Fig. 2d. The bands ranges of  $1070\text{ cm}^{-1}$ ,  $630\text{ cm}^{-1}$ , and  $480\text{ cm}^{-1}$  are related to Si-O-Si, Si-O and  $\text{PO}_4^{3-}$  groups, respectively, while the peaks at range of  $940\text{ cm}^{-1}$  is correlated with Sr-O bonding. The zeta potential of BG and Sr-BG was  $-24.6 (\pm 5.02)$  and  $-18.1 (\pm 1.91)$ , respectively (Fig. 2e).

**Antibacterial activity of bioglasses.** The antibacterial effect of BG and Sr-BG powders against gram-positive and gram-negative bacteria was evaluated by determining MBC and MIC concentrations (Fig. 2f). MBC and MIC of BG was  $300\text{ }\mu\text{g/ml}$  and  $200\text{ }\mu\text{g/ml}$  for *S. aureus* and  $400\text{ }\mu\text{g/ml}$  and  $300\text{ }\mu\text{g/ml}$  for *E. coli*, respectively. MBC and MIC of Sr-BG was  $200\text{ }\mu\text{g/ml}$  and  $100\text{ }\mu\text{g/ml}$  for *S. aureus* and  $200\text{ }\mu\text{g/ml}$  and  $300\text{ }\mu\text{g/ml}$  for *E. coli*.

**Characterization of scaffolds.** The fabrication steps of scaffolds are shown in Fig. 1b. The surface charge of fabricated scaffolds was measured using DLS (Fig. 2e). A high positive charge of scaffolds leads to good cell-to-scaffold interaction and improved cell attachment. As shown in the Fig. 2e, the positive charge of the scaffolds surface is reduced by increasing the concentration of bioglass. Surface morphology was evaluated of scaffolds using SEM (Fig. 3a–g). The microscopic and submicron surface roughness and porous structure of the scaffolds with their interconnected pores is excellent for cell attachment and three-dimensional cell growth. The incorporation of BG (presence of Si, Na, Ca and P elements) and Sr-BG (presence of Si, Na, Ca, P and Sr elements) is shown in EDS elemental mapping and profiles (Figs. 4a, S1). The presence of carbon and nitrogen element are attributed to chitosan/alginate in scaffolds. Also, incorporation of BG and Sr-BG particles into scaffolds was confirmed using FTIR (Fig. 2d). The peaks range of  $3400\text{--}3500\text{ cm}^{-1}$ ,  $1600\text{ cm}^{-1}$ , and  $1460\text{ cm}^{-1}$  are attributed to O-H, N-H, C=O and COO bonds, respectively. The Si-O-Si and  $\text{PO}_4^{3-}$  bonds can be observed in FTIR spectra of Alg/Cs/BG30 and Alg/Cs/Sr-BG30 scaffolds. However, Sr-O bonding only can be seen in FTIR spectra of Alg/Cs/Sr-BG30 scaffold.

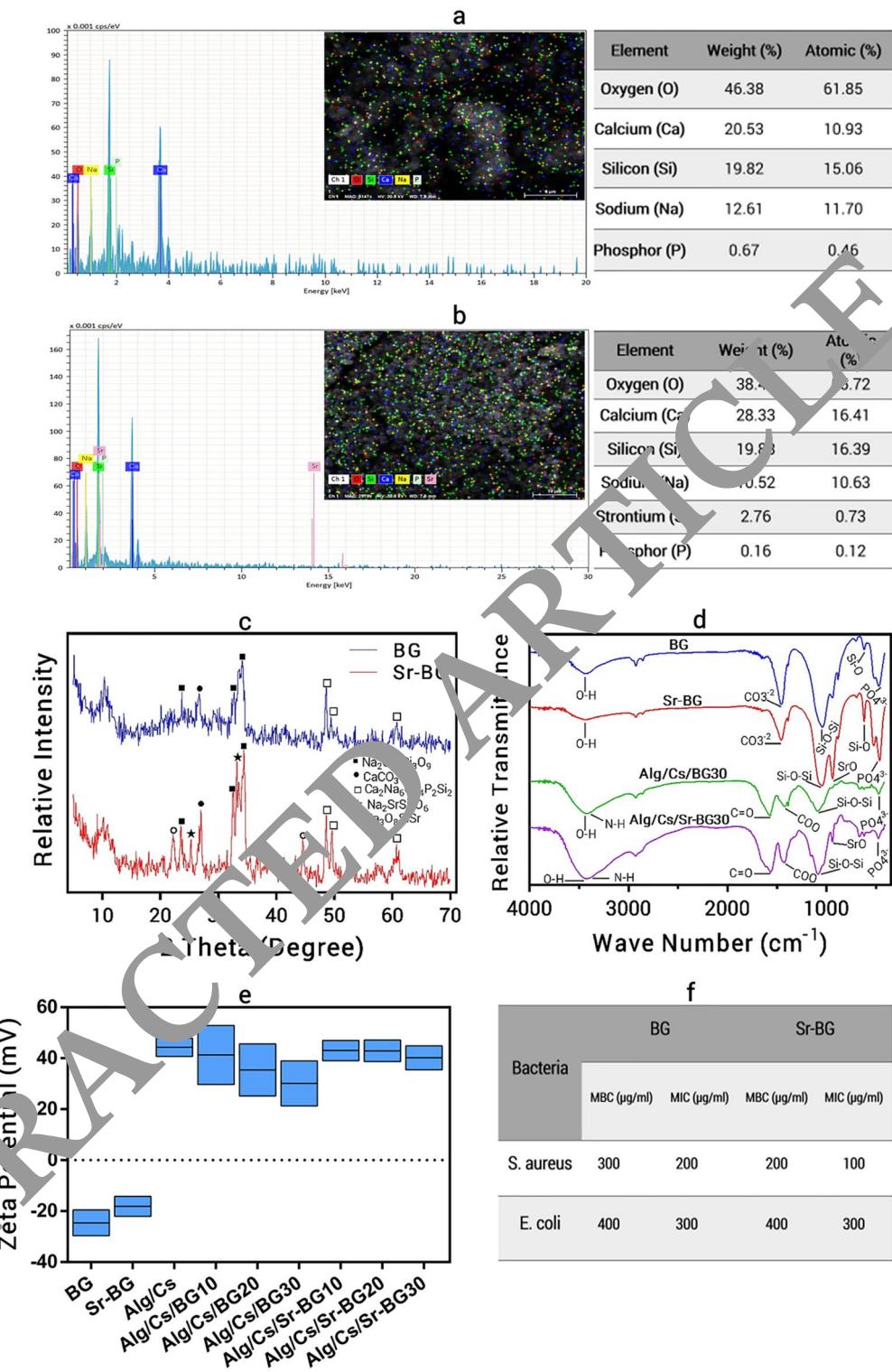
**Scaffolds porosity and pore size.** The porosity percent of Alg/Cs, Alg/Cs/BG10, Alg/Cs/BG20, Alg/Cs/BG30, Alg/Cs/Sr-BG10, Alg/Cs/Sr-BG20 and Alg/Cs/Sr-BG30 scaffolds was  $72.64 (\pm 5.26)$ ,  $71.31 (\pm 4.94)$ ,  $65.71 (\pm 3.99)$ ,  $64.70 (\pm 3.80)$ ,  $61.61 (\pm 3.40)$ ,  $66.36 (\pm 3.30)$  and  $64.09 (\pm 3.20)$ , respectively (Figs. 4b, S2a–g). The pore size of fabricated scaffolds was varied from less than  $50\text{ }\mu\text{m}$  to  $500\text{ }\mu\text{m}$ . The average pore size of Alg/Cs, Alg/Cs/BG10, Alg/Cs/BG20, Alg/Cs/BG30, Alg/Cs/Sr-BG10, Alg/Cs/Sr-BG20 and Alg/Cs/Sr-BG30 scaffolds was  $172.02 (\pm 94.58)$ ,  $171.90 (\pm 104.26)$ ,  $113.48 (\pm 57.12)$ ,  $117.86 (\pm 60.25)$ ,  $147.98 (\pm 88.56)$ ,  $131.31 (\pm 93.73)$  and  $113.32 (\pm 65.10)\text{ }\mu\text{m}$ , respectively (Fig. 3a–g).

**Antibacterial activity of scaffolds.** Alg/Cs/BG20, 30 and Alg/Cs/Sr-BG10, 20, 30 scaffolds showed significant antibacterial activity against *S. aureus*. Alg/Cs/BG30 and Alg/Cs/Sr-BG20, 30 scaffolds exhibited significant antibacterial effect against *E. coli*. Addition of strontium into scaffolds increased antibacterial effects of scaffolds against *S. aureus* more considerably than *E. coli* (Figs. 4c, S3a).

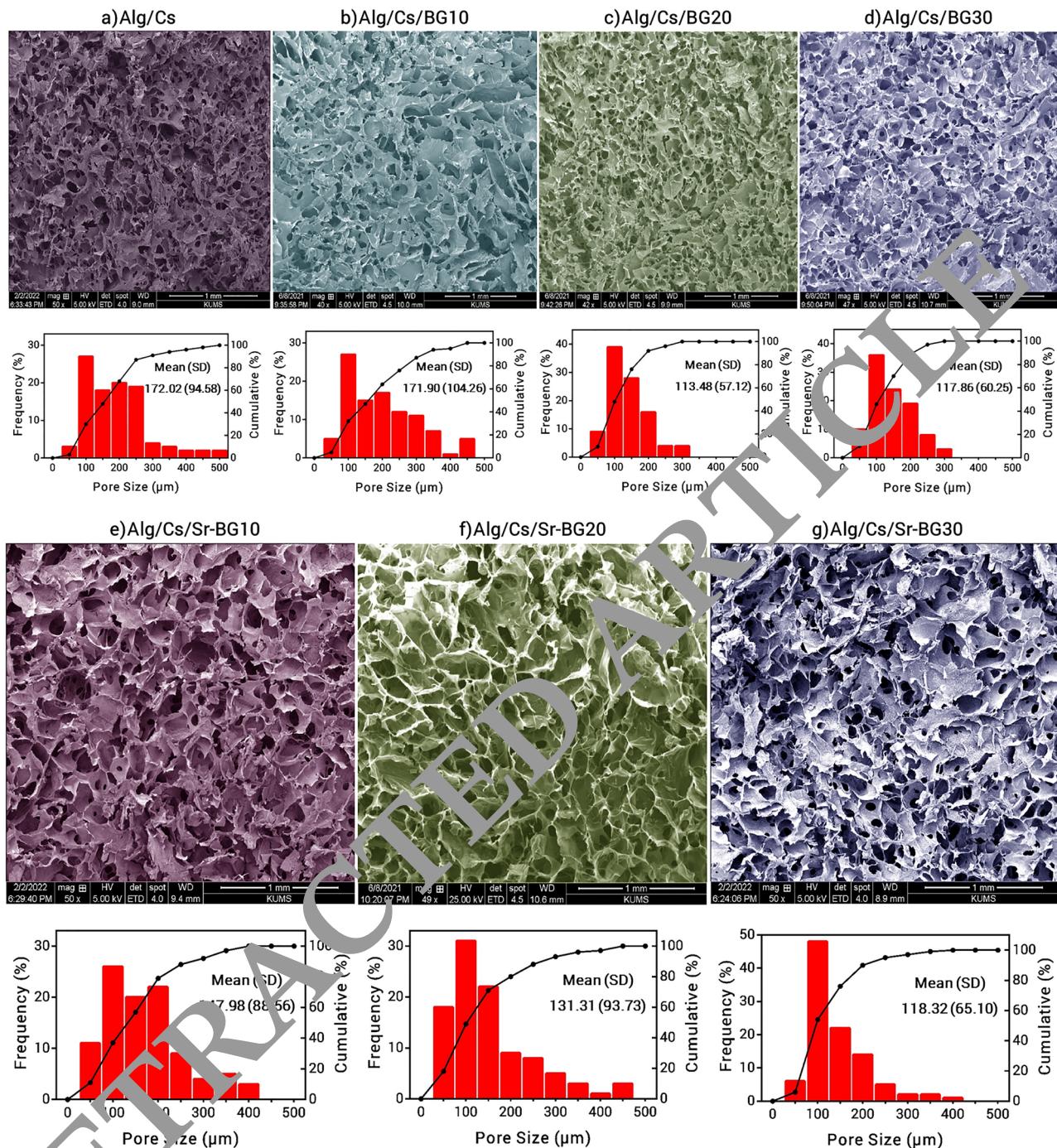
**Scaffolds in vitro bioactivity.** Following 7 and 14-days immersion in SBF at  $37\text{ }^\circ\text{C}$ , scaffolds samples were harvested and analyzed in order observing hydroxyapatite like phase deposition on the scaffolds surface. Before and After 7 and 14-days immersion, SEM images were taken (Fig. 5I–V). Almost no deposits were observed on Alg/Cs scaffold after 7 days incubations, however some depositions were formed following 14 days incubation. It seems, amount of deposition of crystals in Alg/Cs/BG30 scaffold is relatively higher than Alg/Cs/Sr-BG30 scaffold at 7 and 14 days of incubation.

**Scaffolds mechanical test.** The compressive strength and also elastic modulus of different scaffolds was measured using a mechanical test machine. The highest mechanical strength was related to Alg/Cs/Sr-BG20 scaffold followed by Alg/Cs/BG20 scaffold. The Alg/Cs, Alg/Cs/BG10 and Alg/Cs/Sr-BG10 scaffolds had similar mechanical properties. The Alg/Cs/BG30 and Alg/Cs/Sr-BG30 scaffolds had intermediate mechanical strength; higher than that of Alg/Cs, Alg/Cs/BG10 and Alg/Cs/Sr-BG10 scaffolds and lower than that of Alg/Cs/Sr-BG20 and Alg/Cs/BG20 scaffolds (Fig. 6a–c).

**Scaffolds degradation rate.** Degradation percentage of different scaffolds were examined following 21 days soaking in PBS. In the first 12 days, the highest degradation percentage was related to the Alg/Cs/



**Figure 2.** EDS profile and XRD pattern of bopglasses, FTIR spectra and zeta potential of bioglasses/scaffolds and antimicrobial activity of bioglasses. **(a)** BG EDS profile, **(b)** Sr-BG EDS profile, **(c)** XRD pattern of BG and Sr-BG, **(d)** FTIR spectra of BG, Sr-BG, Alg/Cs/BG30 and Alg/Cs/Sr-BG30, **(e)** Zeta potential of bioglasses/scaffolds, **(f)** Antimicrobial activity of bioglasses.



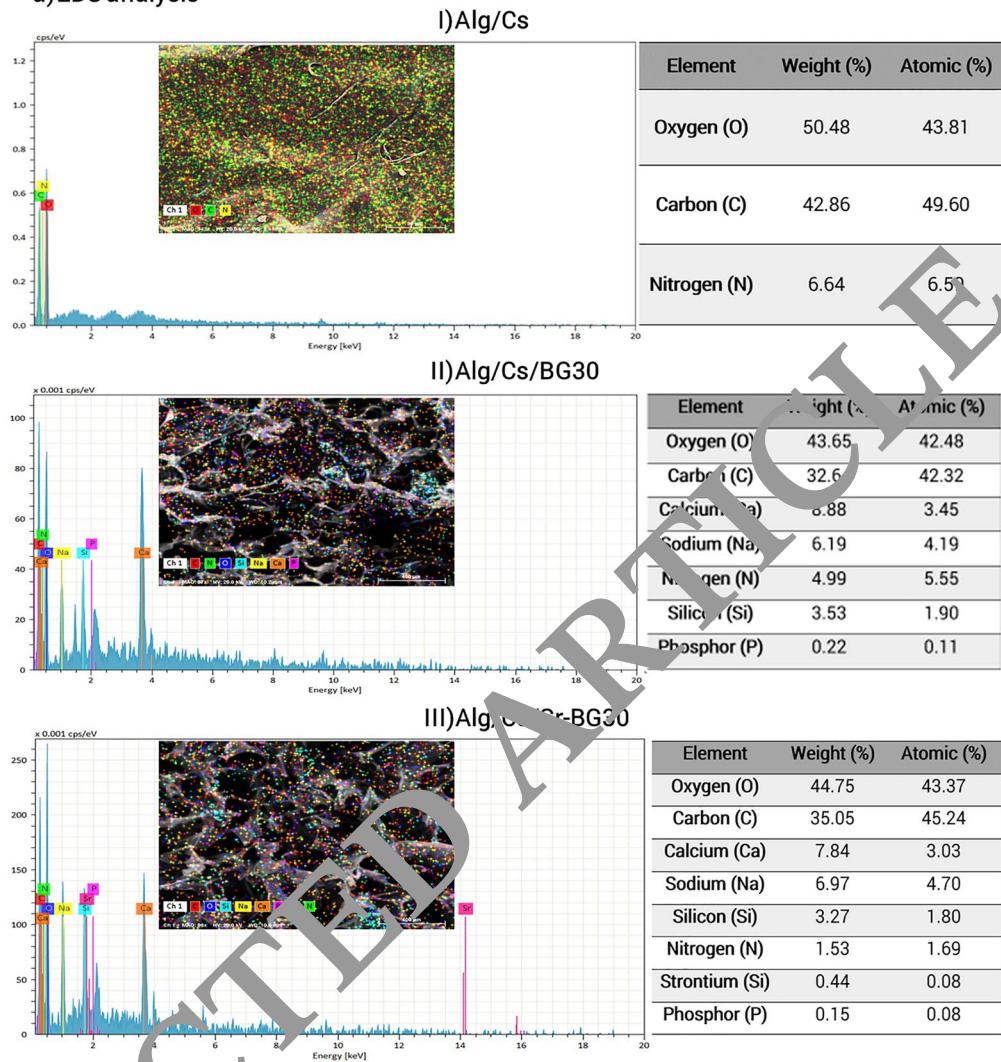
**Figure 3.** SEM image and pore size distribution of scaffolds. (a) Alg/Cs, (b) Alg/Cs/BG10, (c) Alg/Cs/BG20, (d) Alg/Cs/BG30, (e) Alg/Cs/Sr-BG10, (f) Alg/Cs/Sr-BG20, (g) Alg/Cs/Sr-BG30.

Sr-BG30 followed by Alg/Cs/BG30. In this time period, degradation ratio was gradually decreased by decreasing bioglass concentration. After 12th day, the degradation rate of bioglass containing scaffolds decreased, so that highest amount of observed degradation was related to Alg/Cs Scaffold followed by Alg/Cs/Sr-BG10 and Alg/Cs/BG10 scaffolds (Fig. 6d).

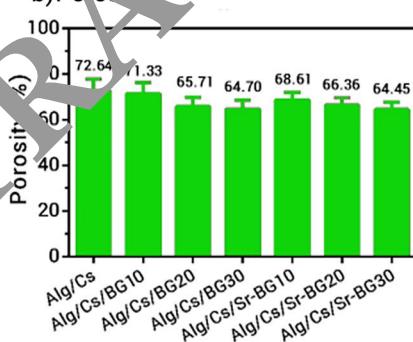
### Scaffolds swelling profile

Alg/Cs scaffold showed highest swelling rate compared to Alg/Cs/BG or Alg/Cs/Sr-BG Scaffolds. Incorporation of BG or Sr-BG particles into scaffolds has been reduced the water uptake capacity of related scaffolds. Also, scaffolds water uptake ability was decreased gradually with increasing the concentration of BG or Sr-BG in their structure. However, it seems that doping of strontium in BG has no impact on the swelling behavior of

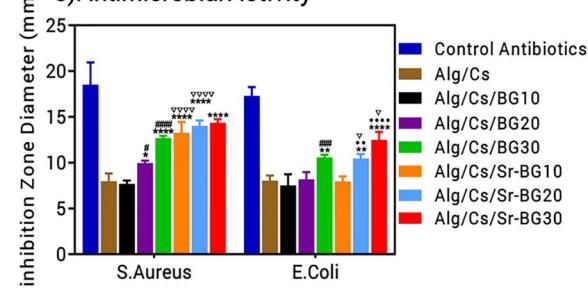
### a) EDS analysis



b)  $P_{0.5}$



### c) Antimicrobial Activity

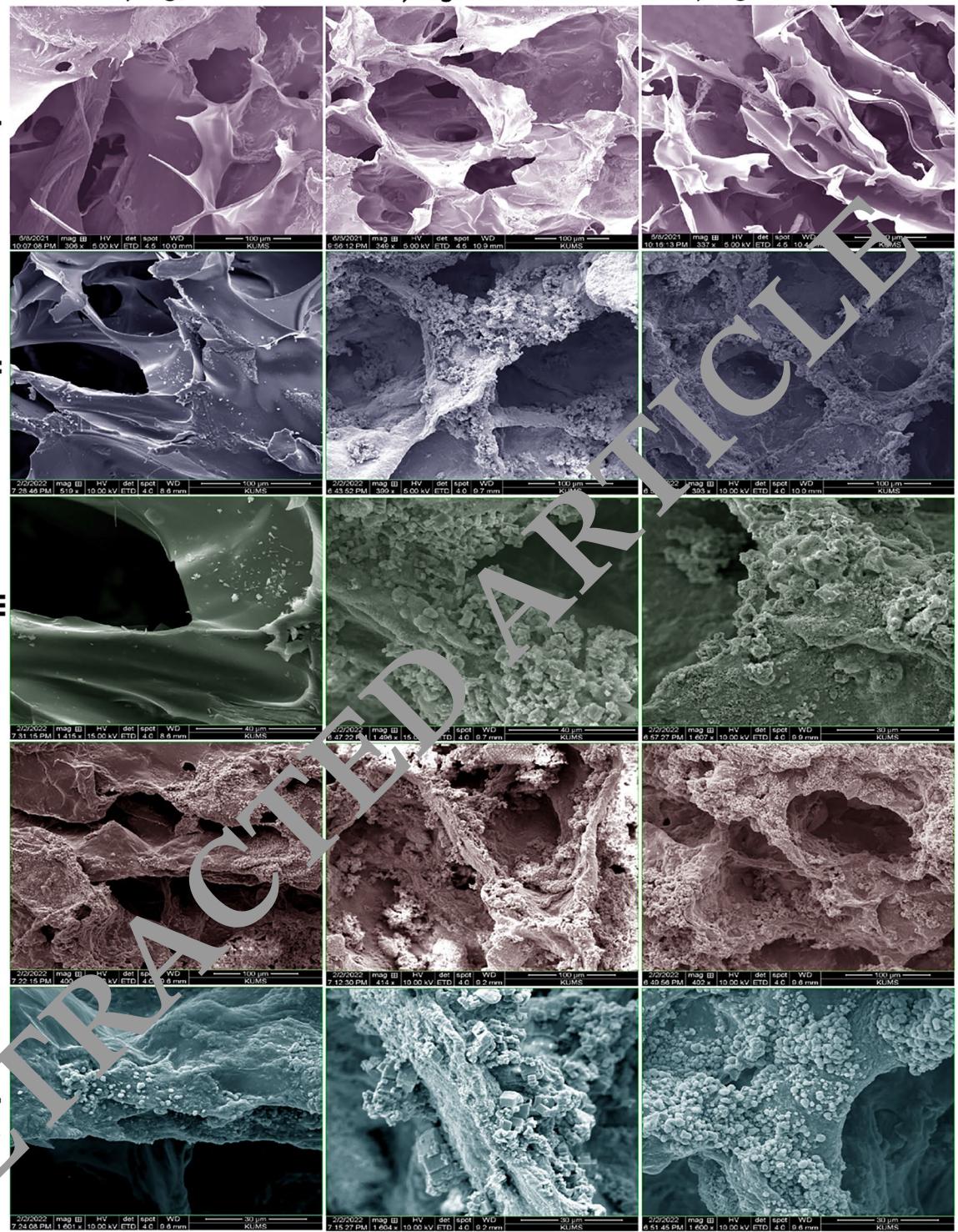


**Figure 4.** EDS analysis, Porosity and Antimicrobial activity of scaffolds. (a) EDS analysis: (I) Alg/Cs, (II) Alg/Cs/BG30 and (III) Alg/Cs/Sr-BG30. (b) Porosity, (c) Antibacterial activity. Significant difference with Alg/Cs group at  $p < 0.05$  (\*),  $p < 0.01$  (\*\*),  $p < 0.0001$  (\*\*\*). Significant difference with Alg/Cs/BG10 group at  $p < 0.05$  (#),  $p < 0.001$  (##),  $p < 0.0001$  (###). Significant difference with Alg/Cs/Sr-BG10 group at  $p < 0.01$  (‘),  $p < 0.0001$  (‘‘). Significant difference between Alg/Cs/BG and Alg/Cs/Sr-BG groups at  $p < 0.05$  (V),  $p < 0.05$  (VVVVV).

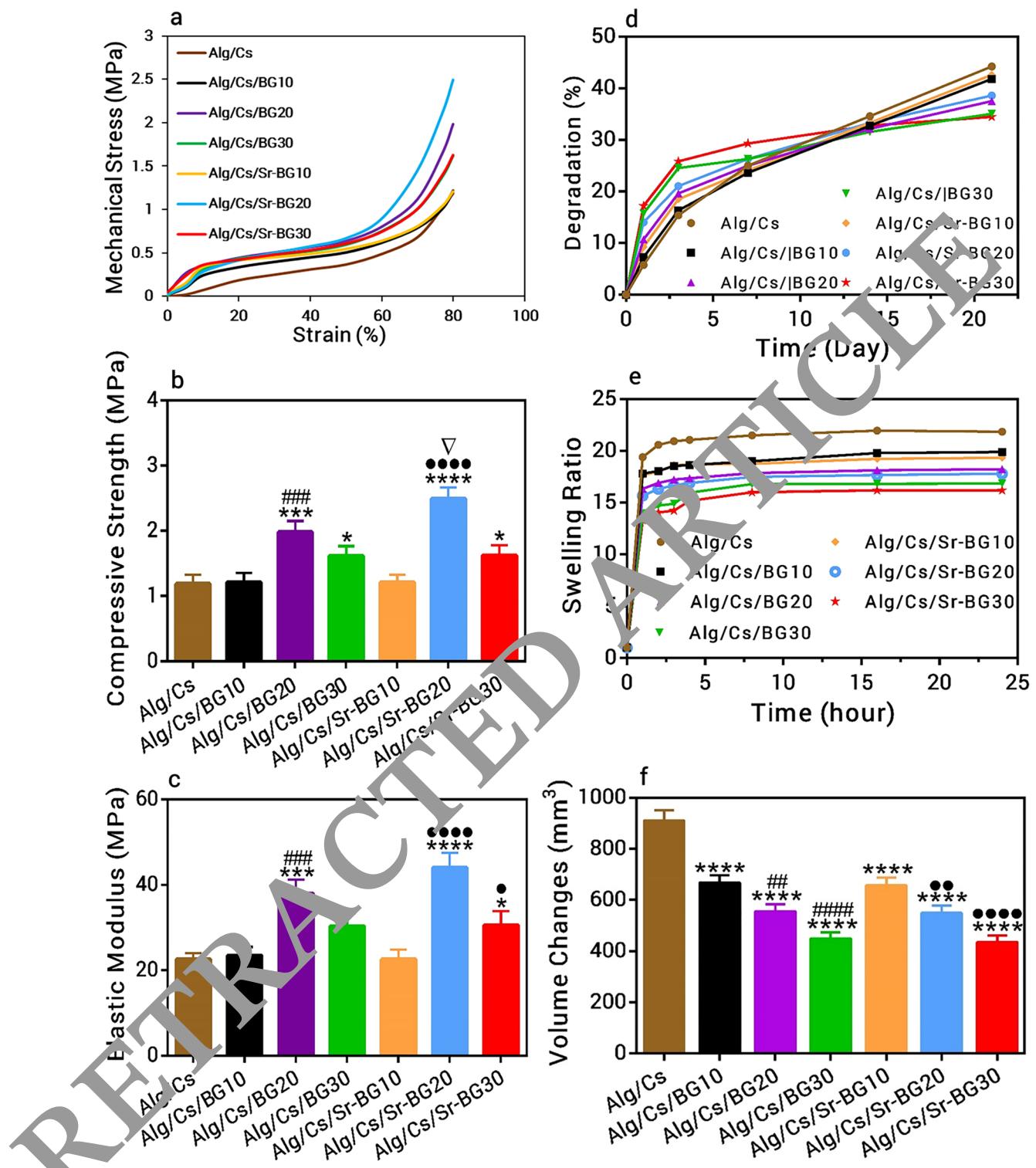
a)Alg/Cs

b)Alg/Cs/BG30

c)Alg/Cs/Sr-BG30



**Figure 5.** SEM images of scaffolds surface for evaluating biomineratization. (a) Alg/Cs, (b) Alg/Cs/BG30 and (c) Alg/Cs/Sr-BG30 scaffolds, (I) before submerging, (II) after 7 days submerging (100  $\mu$ m scale), (III) after 7 days submerging (30  $\mu$ m scale), (IV) after 14 days submerging (100  $\mu$ m scale), (V) after 14 days submerging (30  $\mu$ m scale).



**Figure 6.** Mechanical test, degradation and swelling profile of scaffolds. (a) Stress-strain curve, (b) Compressive strength, (c) Elastic Modules, (d) Degradation profile, (e) Swelling profile and (f) Volume changes during swelling. Significant difference with Alg/Cs group at  $p < 0.05$  (\*),  $p < 0.001$  (\*\*),  $p < 0.0001$  (\*\*\*)<sup>†</sup>. Significant difference with Alg/Cs/BG10 group at  $p < 0.01$  (\*\*),  $p < 0.001$  (\*\*#),  $p < 0.0001$  (\*\*##). Significant difference with Alg/Cs/Sr-BG10 group at  $p < 0.05$  (†),  $p < 0.01$  (†),  $p < 0.0001$  (††). Significant difference between Alg/Cs/BG and Alg/Cs/Sr-BG groups at  $p < 0.05$  (▽).

BG-containing scaffolds (Fig. 6e). Dimensional changes of scaffolds following swelling was in accordance with their swelling changes (Fig. 6f).

**MSCs characterization.** Isolated MSCs were characterized morphologically (Fig. S3b) and also by measuring of expressing level of some surface markers using flowcytometry (Fig. S3c). High level of expression of positive surface markers (CD44, CD90 and CD29) and low expression level of negative surface markers (CD34 and CD45) indicates the high purity of isolated MSCs.

**Cell attachment, viability and differentiation.** Potential clinical application of fabricated scaffold is shown in Fig. 7a. Major bone defects can be filled by fabricated scaffolds for accelerating bone healing procedure. As shown, released ions from scaffold can provoke different cellular responses. These bone substitute scaffolds could induce stem cell proliferation and differentiation as well as vascularization into porous structure of scaffolds. Strontium-doped bioglass in scaffolds increase bone formation and prevents bone reabsorption.

Fluorescence and SEM images showed excellent cell-scaffold interaction (Fig. 7b). The MTT assay was used for evaluating bioglass toxicity and also measuring viability of cells on different scaffolds. As shown in Fig. 7c,d, there were no significant difference among different groups in terms of cell viability ( $p > 0.05$ ). Chondrogenic differentiation process of MSCs on different scaffolds was evaluated using alizarin red assay (qualitative and quantitative) and alkaline phosphatase assay (Fig. 7e,f,g). Qualitative alizarin red test showed that calcium deposition in Alg/Cs/Sr-BG20 sample followed by Alg/Cs/BG20, Alg/Cs/Sr-BG30 and Alg/Cs/Sr-BG10 samples higher than Alg/Cs/Sr-BG10, Alg/Cs/BG10 and Alg/Cs samples (Fig. 7e). Quantitative alizarin red test (Fig. 7f, calcium content) findings were in accordance with qualitative alizarin red test. However, Alkaline phosphatase activity was increased gradually by increasing BG or Sr-BG concentrations in scaffolds (Fig. 7g). Also, higher Alkaline phosphatase activity was observed in Alg/Cs/Sr-BG samples than Alg/Cs/BG samples. Alkaline phosphatase activity together with calcium deposition were increased in different samples over time. But there was an exception for the 21st day that alkaline phosphatase activity decreased compared to the 14th day.

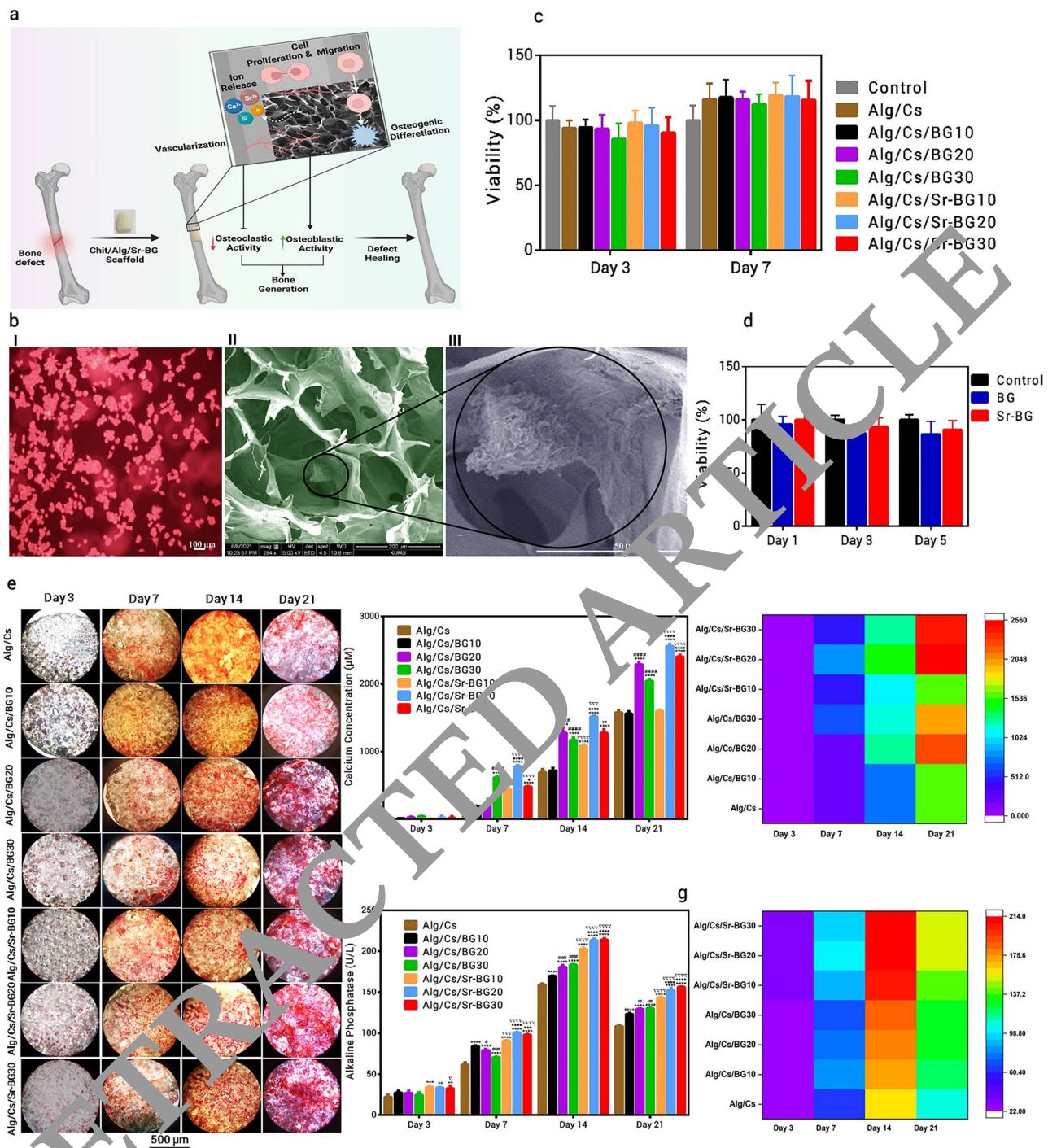
## Discussion

Given the high incidence of large bone defects raise the need for different injuries and obstacles in current therapies such as bone grafting, major advances are needed in bone regeneration techniques. Thus, researchers have proposed new treatment approaches such as bone repairing using 3D scaffolds<sup>29</sup>. Scaffolds fabricated from natural materials are most hopeful because of their excellent features including biocompatibility and biodegradability<sup>24</sup>. Incorporation of bioactive glasses into natural polymers can enhance mechanical and biological properties of scaffolds. Bioglasses act as mineralizing agent<sup>30</sup> and have osteoconductive properties that can improve bone formation and bonding to the adjacent hard (bone) and soft tissues<sup>23</sup>. Also, trace elements have been extensively used as regenerative supplies for bone defect healing. Strontium is a metal ion that is broadly found in the bone and its promoting effects for bone renewal has been revealed<sup>29</sup>. In present study, we made chitosan/alginate/strontium doped bioglass composite scaffolds with optimized features for bone tissue engineering.

First, nanosized ( $< 200$  nm) bioglasses were synthesized using sol-gel method. This nano (sub-micron) particles provide high surface area of bioactive glass and in a result more binding sites for cell adhesion and bone formation<sup>3</sup>. The size of nanoparticles has direct effect on their biological activity<sup>30</sup>. Panda et al., reported that nano-scale environment is favorable for stem cell attachment, propagation and differentiation through an increase in reciprocal interaction between extracellular matrix and cells<sup>31</sup>. SEM and FESEM images of bioglasses showed irregular shape and homogenous size. The size of the bioglasses in the SEM and FESEM images appeared to be smaller than size measured by the DLS. The difference in size gained by these methods may be due that (FE) SEM measures the real size, whereas the DLS measures the hydrodynamic radius, which includes the hydration layer and is larger than the real size<sup>32</sup>. In consistent with previous studies, our synthesized nanoparticles have negative zeta potential<sup>33</sup>. The zeta potential shows the degree of repulsion between suspension particles. A high negative or positive zeta potential ( $\pm 25$  mV or higher) will confer particle stability and prevent their aggregation<sup>33</sup>.

The weak peaks in XRD patterns of bioglasses indicates the presence of an amorphous compound or substance with semi-crystalline form. These peaks were fitted to combeite ( $\text{Na}_2\text{Ca}_2\text{Si}_3\text{O}_9$ ), calcium carbonate ( $\text{CaCO}_3$ ) and clinophosinate ( $\text{Ca}_2\text{Na}_6\text{O}_14\text{P}_2\text{Si}_2$ )<sup>34</sup>. After strontium incorporation, disodium strontium phyllo-disilicate ( $\text{Na}_2\text{SrSi}_2\text{O}_6$ ) and calcium strontium silicate ( $\text{Ca}_3\text{O}_8\text{SiSr}$ ) peaks were emerged<sup>34,35</sup>. Chen et al., found that development of combeite phase is more promising because it gives the scaffolds higher mechanical stability and converts into bioactive and biodegradable crystalline phase of calcium phosphate after placement *in vivo*<sup>36</sup>. In previous published works, growth of small crystals on amorphous glasses in result of sintering have been reported<sup>35</sup>. The amorphous or semicrystalline form of the bioglass will support easy reaction with body fluid and its conversion to hydroxyapatite<sup>37</sup>. The presence of Sr trace element in bioglass structure was further confirmed by EDS elemental composition analysis. In accordance with previously published works the main elements in bioglass and Sr doped bioglass were calcium, phosphor, sodium and silicon<sup>38</sup>. Release of these soluble ions from the bioglasses can direct cellular phenomena and trigger biological responses, including angiogenesis<sup>39</sup>. The main FTIR peaks in bioglass and Sr doped bioglass were including  $\sim 1070\text{ cm}^{-1}$ ,  $\sim 630\text{ cm}^{-1}$ , and  $\sim 480\text{ cm}^{-1}$  that were related to  $\text{Si}-\text{O}-\text{Si}$ ,  $\text{Si}-\text{O}$  and  $\text{PO}_4^{3-}$  groups, respectively<sup>40,41</sup>. But, the peak at  $940\text{ cm}^{-1}$  was only observed in Sr-doped bioglass and was related to  $\text{Sr}-\text{O}$  bonding<sup>34</sup>.  $\text{Si}-\text{O}-\text{Si}$  and  $\text{PO}_4^{3-}$  bonds also can be observed in FTIR spectra of scaffolds, while  $\text{Sr}-\text{O}$  bond was only observed in Alg/Cs/Sr-BG30 scaffold. The peaks range of  $3400\text{--}3500\text{ cm}^{-1}$ ,  $1600\text{ cm}^{-1}$ , and  $1460\text{ cm}^{-1}$  in scaffolds were attributed to  $\text{O}-\text{H}$ ,  $\text{N}-\text{H}$ ,  $\text{C}=\text{O}$  and  $\text{COO}$  bonds of alginate/chitosan<sup>25</sup>.

EDS elemental analysis revealed the uniform distribution of BG or Sr-BG specific elements in throughout the scaffolds' structure. These bioactive materials have the supportive surface properties for cellular adhesion



**Figure 7.** Potential clinical application and cellular studies results. **(a)** Potential clinical application, **(b)** Scaffold cell adhesion: (I) Fluorescence image, (II) SEM image and (III) Magnified SEM image, **(c)** Toxicity of scaffolds, **(d)** Bioglass toxicity, **(e)** Alizarin red staining of scaffolds, **(f)** Calcium content of scaffolds, **(g)** Alkaline phosphatase activity of scaffolds. Significant difference with Alg/Cs group at  $p < 0.01$  (\*\*),  $p < 0.001$  (\*\*\*),  $p < 0.0001$  (\*\*\*\*). Significant difference with Alg/Cs/BG10 group at  $p < 0.05$  (\*),  $p < 0.01$  (\*\*),  $p < 0.001$  (\*\*),  $p < 0.0001$  (\*\*\*\*). Significant difference with Alg/Cs/Sr-BG10 group at  $p < 0.05$  (\*),  $p < 0.01$  (\*\*),  $p < 0.001$  (\*\*),  $p < 0.0001$  (\*\*\*\*). Significant difference between Alg/Cs/BG and Alg/Cs/Sr-BG groups at  $p < 0.05$  (V),  $p < 0.001$  (VVVV),  $p < 0.0001$  (VVVVV).

and multiplication and inducing new bone formation. In addition to bioactive factors, cell adhesion ability can also be affected by surface charge of scaffolds. In our study, fabricated scaffolds had a positive surface charge that gradually decreased by increasing the concentration of bioglasses. Numerous researches have shown that cells more efficiently adhere to surfaces with positive charge rather than neutral or negatively charged surfaces<sup>42,43</sup>.

Other important factor affecting cell adhesion on polymers surfaces irrespective of the bioactive materials, cell type and surface charge is surface roughness of substrate. Microscopic and submicron roughness, similar to what existed in our fabricated scaffolds, has positive effects on cell adhesion as well as cell growth<sup>44</sup>.

The SEM images illustrated the highly porous nature of all fabricated scaffolds. The size of these interconnected pores was varied from less than 50  $\mu\text{m}$  to 500  $\mu\text{m}$ . The mean of pore size was ranged between 113.48 and 172.02  $\mu\text{m}$ . The porous structure of scaffolds with variable pore sizes is essential for cell migration, neovascularization, nutrient/waste product diffusion and formation of new bone tissues<sup>45</sup>. The minimal and maximal acceptable pore size for tissue engineering purposes is 75  $\mu\text{m}$  and 900  $\mu\text{m}$ , respectively. The pore sizes far from this range, it is either very small for adequate material exchange/cell migration, or too large that reduces the area/volume ratio and in a result slows new bone tissue formation. The porosity of our fabricated scaffolds was ranged between 64 and 72%. In Karimi et al., study porosity of chitosan/alginate composite scaffold was ranged between 66 to 72 percent<sup>25</sup>. However, in Zamani et al. study, porosity of scaffolds was over 80%<sup>26</sup>. The natural cancellous (spongy) bone is composed from trabecular bone with a porosity of about 50 to 90 percent, and cortical or compact bone generally has 10–20% porosity. An increase in bone porosity led to reduced bone density and increased chance of bone fracture<sup>46</sup>.

In some researches it has stated that a porosity of 90% or higher is optimal for bone tissue engineering purposes<sup>47,48</sup>. However, as mentioned, higher porosity led to a reduction in mechanical stability of bone/scaffolds. So, determining the balance between porosity and mechanical strength is an essential challenge to make bone substitute scaffolds<sup>25</sup>. In this regard, most researches, including our study, have used scaffolds with lower porosity from 55 to 74% in order to maintain mechanical strength<sup>49</sup>. The porosity of scaffolds was decreased slightly by increasing the bioglass concentration. Also, the average pore size of Alg/Cs/BG20 and Alg/Cs/BG30 scaffolds and Alg/Cs/Sr-BG20 and Alg/Cs/Sr-BG30 scaffolds were lower than Alg/Cs, Alg/Cs/BG10 and Alg/Cs/Sr-BG10 scaffolds, respectively. It seems that presence of bioglass increases the thickness of the pore wall and thus reduces their size. So, reducing the size of the pores eventually leads to a reduction in porosity. Another probable reason is that the ice crystals size produced during freeze drying maybe affected mainly due to the interaction between bioglass particles with water molecules<sup>50</sup>.

Biomineralization results showed highest hydroxyapatite first phase formation on the surface of BG containing Sr-BG than Srbioglass containing scaffolds. Pure Alg/Cs scaffolds had lowest deposits among all scaffolds, because calcium and phosphorus are two main ions for formation of hydroxyapatite<sup>51</sup>. Since the scaffolds were cross linked by calcium chloride, so some formed deposits in Alg/Cs scaffolds maybe related to small size calcium crystals. Lower deposits amount in Sr-BG containing scaffolds than BG containing one may be due to substituting of calcium by strontium, in a result their lower calcium content and lower deposits formation<sup>21</sup>. Hydroxyapatite can establish robust bonds with collagen produced by osteoblasts<sup>26</sup>. As discussed, the formation of hydroxyapatite is mainly due to the degradation of bioglass content in the scaffolds. First phase in bioactive glass degradation is replacing the released ions from bioglass with proton (H<sup>+</sup>) from the surrounding media. Thus, higher concentration of cations in solution can accelerate the onset of bioglass degradation<sup>52</sup>. Consequently, ion release from bioactive glasses occurs significantly quicker at acidic environment, leading to higher concentration of calcium and phosphate ions in the solutions. This results in considerably faster formation and more precipitation of apatite in acidic solutions<sup>53</sup>. It was shown that ion release (e.g., calcium and phosphate) from bioglass is much faster at acidic pH than physiological one<sup>54</sup>. In another study, faster ion release and apatite formation was reported at low pH owing to higher concentration of protons being available in environment for ion exchange with modifier cations<sup>55</sup>.

Swelling and water uptake ability of scaffolds is necessary for diffusion of<sup>56</sup>. Also, early swelling provokes cellular attachment and proliferation<sup>57</sup>. In present study, water uptake ability of scaffolds was reduced by increasing bioglass concentration, which may due to decline in average pore size and porosity. Another possible reason is the reduction of polymer content of scaffolds, because scaffold swelling ability mainly is due to the bonding of polymer chains with H<sub>2</sub>O molecules<sup>58</sup>. Degradation ratio of scaffolds was proportional to their swelling ratio. Consequently, lower degradation ratio during 21 days was related to Alg/Cs/BG30 and Alg/Cs/Sr-BG30 scaffolds and higher degradation ratio during 21 days was related to Alg/Cs, Alg/Cs/BG10 and Alg/Cs/Sr-BG10 scaffolds. Therefore, adding bioglass into Alg/Cs scaffold prevents its rapid degradation and making it suitable for long term performance. It seems that bioglass reduces scaffold hydrophilicity and also dissolution of bioglass particles can buffers the solution at the surface of scaffold, as a result slow down its degradation. Also, some dissolved ions including calcium released from bioglass can cross link the chitosan-alginate matrix and retard scaffold degradation. In this study, incorporation of strontium in bioglass had no effect on the degradation and swelling profile of BG containing scaffolds. As a rule, water uptake ability, degradation ratio and porosity of scaffolds could also affect their mechanical strength<sup>26,59,60</sup>.

The bone substitutes scaffolds must have enough mechanical stability to tolerate the external forces suitably and preserve their integrity so long as new bone is formed. Mechanical properties of scaffolds were evaluated by plotting stress-strain curve and measuring the elastic modulus. We showed that adding bioglass to Alg/Cs scaffold improves its mechanical stability. This finding is in line with the composite theories<sup>51</sup>. It is possible that addition of bioactive glass into scaffold content stabilize polymer bonds. Also, Mechanical properties of bioglass containing scaffolds was enhanced in presence of Sr. It has been shown that replacement of CaO by SrO with higher ionic radius, increases the number of interactions in bioglass bonding network<sup>62</sup>. Nevertheless, mechanical strength was decreased with more increasing in the bioglass concentration. Higher mechanical strength and elastic modulus in Alg/Cs/BG20 or Sr-BG20 than Alg/Cs/BG30 or Sr-BG30 may be due to the instability of the polymer bonds at higher concentrations of bioglass. On other that, in higher bioglass concentrations the possibility of accumulation and inconsistent dispersion of this particles increased and can cause bioglass/polymer interface defects<sup>26</sup>. So, optimum bioglass percentage for higher mechanical strength was 20%. In general, with

considering mechanical strength of cortical (90–209 MPa) and cancellous (1.5–45 MPa) bone<sup>63</sup>, our fabricated scaffolds can be appropriate for bone repairing of cancellous bones.

Our synthesized bioglasses and Sr doped bioglasses slightly reduced cell survival in applied concentration (0.5 mg/ml) but not significantly in comparison with control group. However, viability of cell treated with Sr-BG was more similar to control group and higher than those treated with bioglass, which is in agreement with previous works on other Sr-doped bioceramics<sup>64</sup>. However, BG and Sr-BG had significant antibacterial effect in lower concentrations (< 400 µg/ml). Sr-BG showed higher antibacterial effect against *S. aureus* (MBC = 200 µg/ml) compared to BG (300 µg/ml), but in the case of *E. coli*, there was no difference between the BG and Sr-BG. Baheiraei et al., reported that strontium substitution enhances antibacterial effect of BG against *S. aureus* more than *E. coli*<sup>65</sup>. According to previous studies, BG, even without any addition, can inhibit growth many bacteria mainly due to increased pH generated by Na ion release<sup>66</sup>. Also, increasing osmotic pressure cause<sup>1</sup> by dissolution of other ions including Sr, Si, Ca and P is unfavorable for bacterial growth<sup>65</sup>. Therefore, more antibacterial effect of Sr-BG than BG can be in a result of the higher concentration of the released ions. Sr has larger ionic radius than Ca and significantly increase the bioglass solubility and ionic release rate<sup>67</sup>. Antibacterial activity is an important and determining property for nanocomposites<sup>68</sup>. We observed a weak antibacterial effect of Alg/Cs scaffold only against *S. aureus* that also has been reported in other studies<sup>69</sup>, while addition of high concentration BG or Sr-BG increased antibacterial effects of scaffolds against both *S. aureus* and *E. coli*. Strontium addition into scaffolds increased antibacterial effects against *S. aureus* more than *E. coli*. These finding show that antibacterial effects of fabricated scaffolds are mainly due to the presence of BG or Sr-BG.

Shoaib et al., revealed that different concentration of bioactive glass samples (0–100 µg/ml) have no significant cytotoxic effect on NHFB and MG-63 cell lines<sup>70</sup>. Zheng et al., reported that 100 µg/ml concentration of bioglass nanoparticles had no significant toxicity towards human MSCs<sup>71</sup>. Rismanchian et al., indicated that bioactive glasses have no significant inhibitory effect on fibroblastic cells growth at different concentrations up to 1.5 mg/ml<sup>72</sup>. Amudha et al., showed that proliferation rate of NIH3T3 cells after treatment with Sr-doped bioglass samples resembles the control group and is higher than those treated with Sr-free bioglass<sup>73</sup>. In Zhu et al., study substitution of calcium with Sr in mesoporous  $\text{Ca}_2\text{SiO}_5$  materials increased proliferation of MC3T3-E1 cells compared to control and mesoporous Sr-free  $\text{CaSiO}_3$ . Also, we indicated that there is no significant difference among different scaffolds and also between them with control group regarding cell growth at day 3 and 7. It is noteworthy that cell viability on scaffolds was slightly lower and higher than control group at day 3 and 7, respectively. In addition, viability of cells on Alg/Cs/Sr-BG scaffolds were slightly higher than Alg/Cs/BG Scaffolds at all times. Highest cell viability was related to Alg/Cs/Sr-BG10 followed by Alg/Cs/BG10 scaffolds and decreased negligibility with increase in bioglass concentration, likely due to high amount of released ions<sup>75</sup>. In Zhao et al., study cell proliferation ALP was higher in 5Sr-BG scaffolds than BG scaffolds and control group at all time, but reduced in 10Sr-BG scaffolds<sup>76</sup>. Also, our scaffolds especially Alg/Cs/BG20 and Alg/Cs/Sr-BG20,30 scaffolds were as good as popular scaffolds such as PCL based one regarding viability results<sup>77</sup>.

Differentiation process was evaluate<sup>1</sup> using qualitative/quantitative alizarin red assay and alkaline phosphatase test. Alizarin red test showed that calcium deposition in Alg/Cs/Sr-BG20 sample followed by Alg/Cs/BG20, Alg/Cs/Sr-BG30 and Alg/Cs/BG30 samples is higher than Alg/Cs/Sr-BG10, Alg/Cs/BG10 and Alg/Cs samples. Thus, moderate concentration of bioglass promotes more bone formation than lower or higher concentrations. Bone formation amount was higher in Alg/Cs/Sr-BG scaffolds than Alg/Cs/BG Scaffolds. Some reduction in calcium deposition in scaffolds containing 30% BG or Sr-BG may be due to a slight reduction in cell proliferation in result of accumulation of high level of released ions<sup>75</sup>. Released ions from bioactive glasses are identified to elicit osteogenic markers like alkaline phosphatase and improve osteogenesis by regulation of genes that induce cell differentiation towards mature osteoblasts<sup>29,78–81</sup>. Also, bioglasses provides an appropriate substrate for the cell attachment and expansion<sup>82</sup>. It has been reported that doping of strontium in bioglass promotes more bone formation and prevents bone reabsorption<sup>83</sup>. Strontium accelerates osteogenic differentiation by inducing several pathways such as Ras/MAPK, Ca sensing receptor and Wnt/β-Catenin signaling and prevents osteoclastogenesis by inhibiting interaction of Rank ligand with regarding receptor<sup>84</sup>. Zhao et al., reported that Sr containing mesoporous bioactive glass scaffolds have enhanced vascularization and osteogenesis properties than non-Sr samples<sup>85</sup>. ALP results were in accordance with alizarin red results with the difference that there was no considerable difference between Alg/Cs/Sr-BG20 and Alg/Cs/Sr-BG30 scaffolds or between Alg/Cs/BG20 and Alg/Cs/BG30 scaffolds regarding ALP activity especially in day 14 and 21. This inconsistency can originate from the fact that ALP activity is normalized by cell number, therefore its result cannot be affected by change in cell proliferation rate<sup>86</sup>. Alkaline phosphatase activity was increased along with calcium deposition in different samples over time. But there was an exception for the 21st day that alkaline phosphatase activity decreased compared to the 14th day. Previous studies have mentioned that alkaline phosphatase activity is a primary (early-stage) marker of osteogenic differentiation<sup>87</sup>, i.e., its highest activity in mature osteoblasts which declining in differentiated osteoblasts into osteocytes<sup>88</sup>. Ahmadi et al., reported similar results<sup>89</sup>. Also, this finding of our study is consistent with Nanda et al., study<sup>90,91</sup>. When we compare our Alg/Cs/BG20 and Alg/Cs/Sr-BG20,30 scaffolds with well-known scaffolds such as PCL on new bone generation (calcium deposition and ALP), they have similar clinical potential to them<sup>92,93</sup>.

## Conclusion

We made chitosan alginate scaffolds containing different concentrations of bioglass or Sr doped bioglass. These scaffolds had optimal and desirable characteristics regarding porosity, mechanical strength, degradation and swelling profile, biomaterialization, antibacterial activity, cell proliferation and differentiation. Adding bioglass into Alg/Cs matrix improved some scaffold characteristics such as mechanical stability, degradation and swelling profile, biomaterialization, antibacterial effects, and cell differentiation. Also, incorporation of Sr into bioglass

containing Alg/Cs scaffold led to reinforcement of mechanical strength and more efficient cell differentiation and antibacterial activity when compared with pure Alg/Cs scaffold or Sr-free bioglass containing scaffolds. However, some features such as mechanical stability and cell differentiation showed better enhancement in optimal concentration of BG or Sr-BG 20% compared to lower or high concentrations. It should be noted, biominerization was relatively higher in BG containing scaffolds than Sr-BG containing scaffolds, anywhere this difference was not considerable. Therefore, it can be said that Alg/Cs/Sr-BG20 scaffold (because of excellent mechanical and biological features) are more suitable for repairing large bone injuries. In order to more biological investigation of fabricated scaffolds, we will design animal studies in the future works.

## Data availability

Data are available on reasonable request from the corresponding author.

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## Author contributions

H.M.: Investigation; methodology; data acquisition; formal analysis; writing—original draft. M.G.: Investigation; project administration; supervision. M.M.M.: Methodology, validation, writing—review and editing. M.R.N.: Investigation, methodology, validation. P.M.: Formal analysis; writing—review and editing; validation. E.S.: Investigation; methodology; project administration; supervision.

## Competing interests

The authors declare no competing interests.

## Additional information

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**Correspondence** and requests for materials should be addressed to M.G. or E.S.

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