



OPEN

## Residue-specific binding of Ni(II) ions influences the structure and aggregation of amyloid beta (A $\beta$ ) peptides

Elina Berntsson<sup>1,2</sup>✉, Faraz Vosough<sup>1</sup>, Teodor Svantesson<sup>1</sup>, Jonathan Pansieri<sup>3</sup>,  
Igor A. Iashchishyn<sup>3</sup>, Lucija Ostožić<sup>3</sup>, Xiaolin Dong<sup>1</sup>, Suman Paul<sup>1</sup>, Jüri Jarvet<sup>1,4</sup>,  
Per M. Roos<sup>5,6</sup>, Andreas Barth<sup>1</sup>, Ludmilla A. Morozova-Roche<sup>3</sup>, Astrid Gräslund<sup>1</sup> &  
Sebastian K. T. S. Wärmländer<sup>7</sup>✉

Alzheimer's disease (AD) is the most common cause of dementia worldwide. AD brains display deposits of insoluble amyloid plaques consisting mainly of aggregated amyloid- $\beta$  (A $\beta$ ) peptides, and A $\beta$  oligomers are likely a toxic species in AD pathology. AD patients display altered metal homeostasis, and AD plaques show elevated concentrations of metals such as Cu, Fe, and Zn. Yet, the metal chemistry in AD pathology remains unclear. Ni(II) ions are known to interact with A $\beta$  peptides, but the nature and effects of such interactions are unknown. Here, we use numerous biophysical methods—mainly spectroscopy and imaging techniques—to characterize A $\beta$ /Ni(II) interactions *in vitro*, for different A $\beta$  variants: A $\beta$ (1–40), A $\beta$ (1–40)(H6A, H13A, H14A), A $\beta$ (4–40), and A $\beta$ (1–42). We show for the first time that Ni(II) ions display specific binding to the N-terminal segment of full-length A $\beta$  monomers. Equimolar amounts of Ni(II) ions retard A $\beta$  aggregation and direct it towards non-structured aggregates. The His6, His13, and His14 residues are implicated as binding ligands, and the Ni(II)-A $\beta$  binding affinity is in the low  $\mu$ M range. The redox-active Ni(II) ions induce formation of dityrosine cross-links via redox chemistry, thereby creating covalent A $\beta$  dimers. In aqueous buffer Ni(II) ions promote formation of beta sheet structure in A $\beta$  monomers, while in a membrane-mimicking environment (SDS micelles) coil–coil helix interactions appear to be induced. For SDS-stabilized A $\beta$  oligomers, Ni(II) ions direct the oligomers towards larger sizes and more diverse (heterogeneous) populations. All of these structural rearrangements may be relevant for the A $\beta$  aggregation processes that are involved in AD brain pathology.

Alzheimer's disease (AD), the leading cause of dementia worldwide, is a progressive, irreversible, and currently incurable chronic neurodegenerative disorder<sup>1–3</sup>, primarily manifesting as short-term memory loss. Pathological hallmarks of AD include brain atrophy, with extensive brain deposits of amyloid plaques and neurofibrillary Tau tangles occurring years before symptom manifestation<sup>3–5</sup>. The plaques, which consist mainly of amyloid- $\beta$  (A $\beta$ ) peptides aggregated into insoluble fibrils<sup>6</sup>, display a characteristic cross- $\beta$  structure at the core of their constituent fibrils<sup>7,8</sup>. The plaques are the end-product of an aggregation process involving formation of extra- and intracellular intermediates such as neurotoxic A $\beta$  oligomers<sup>9–14</sup>. The oligomeric aggregates may spread from neuron to neuron via exosomes<sup>15,16</sup>. However, the relationship between A $\beta$  aggregation, neurodegenerative mechanisms, cognitive decline, the proposed amyloid cascade hypothesis, and disease progression is not fully understood<sup>2,13,14,17</sup>.

The 36–43 residues long A $\beta$  peptides found in the plaques are produced by enzymatic cleavage of the membrane-binding amyloid- $\beta$  precursor protein, APP<sup>18</sup>. In monomeric form, the A $\beta$  peptides are intrinsically disordered and soluble in water. The central and C-terminal segments are hydrophobic and may interact with

<sup>1</sup>Department of Biochemistry and Biophysics, Arrhenius Laboratories, Stockholm University, 106 91 Stockholm, Sweden. <sup>2</sup>Department of Chemistry and Biotechnology, Tallinn University of Technology, Tallinn, Estonia. <sup>3</sup>Department of Medical Biochemistry and Biophysics, Umeå University, 901 87 Umeå, Sweden. <sup>4</sup>The National Institute of Chemical Physics and Biophysics, Tallinn, Estonia. <sup>5</sup>Institute of Environmental Medicine, Karolinska Institutet, Nobels Väg 13, 171 77 Stockholm, Sweden. <sup>6</sup>Department of Clinical Physiology, Capio St. Görans Hospital, St. Göransplan 1, 112 19 Stockholm, Sweden. <sup>7</sup>Chemistry Section, Arrhenius Laboratories, Stockholm University, 106 91, Stockholm, Sweden. ✉email: elina.berntsson@dbb.su.se; seb@student.su.se

membranes or fold into a hairpin conformation that likely is required for aggregation<sup>19</sup>. The negatively charged N-terminal segment is hydrophilic and readily interacts with metal ions and other cationic molecules<sup>20–23</sup>.

AD brains typically display altered metal homeostasis<sup>17,24,25</sup>, and AD plaques accumulate metals such as calcium (Ca), copper (Cu), iron (Fe), and zinc (Zn)<sup>26–28</sup>. Thus, dysregulated metal chemistry might be part of the AD pathology process<sup>29–32</sup>. The precursor protein APP is known to bind Cu and Zn ions<sup>33</sup>, and a possible physiological role of APP (and perhaps its fragments) might be to regulate the Cu(II) and Zn(II) concentrations in the neuronal synaptic clefts, where these ions are released in their free form<sup>34</sup> and where A $\beta$  aggregation may be initiated<sup>35</sup>. Metal ions such as Cu(II), Fe(II), Mn(II), Pb(IV) and Zn(II) have previously been shown to bind to specific A $\beta$  residues and modulate the A $\beta$  aggregation pathways<sup>20,29,36–40</sup>. Binding of metal ions, and also of other cationic molecules such as polyamines, has furthermore been reported to modulate and sometimes inhibit A $\beta$  toxicity<sup>21,22,41</sup>. However, it is unclear which possible metal interactions may be relevant for AD pathology, and which exogenous or endogenous metal ions may participate in such interactions<sup>30–32</sup>.

Nickel (Ni) is a common metal in the industrialized world, where it is used in e.g. stainless steel alloys, Ni–Cd batteries, coins, and jewelry. As a result of low-level exposure, between 10 and 20% of all people have developed some degree of contact allergy towards Ni<sup>42,43</sup>. It is therefore important to clarify the health effects of long-term Ni exposure, including potential effects on neurodegenerative diseases<sup>44</sup>. Some studies have demonstrated specific binding between Ni(II) ions and N-terminal A $\beta$  fragments, with possible effects on A $\beta$  structure and toxicity<sup>41,45–47</sup>. Yet, the interactions between pathologically relevant (i.e., full-length) A $\beta$  peptides and Ni ions are poorly explored.

In this study, we use a range of biophysical spectroscopy and imaging techniques to investigate in vitro interactions between Ni(II) ions and A $\beta$  peptides, with a focus on characterizing binding properties and effects on A $\beta$  structure and aggregation. The different A $\beta$  peptides studied include the pathologically relevant A $\beta$ (1–40), A $\beta$ (4–40), and A $\beta$ (1–42) variants, together with the A $\beta$ (1–40)(H6A, H13A, H14A) mutant. Because the A $\beta$  peptides interact with membranes<sup>48</sup>, and as membrane-disruption is a possible toxicity mechanism for A $\beta$  oligomers<sup>30</sup>, the measurements have been carried out in aqueous solution as well as in a membrane-mimetic model consisting of micelles of the SDS (sodium dodecyl sulfate) detergent<sup>49</sup>. The results are compared to previous studies of the effects of both different chemical environments and metal ion interactions on A $\beta$  peptides<sup>37,38,40,48–53</sup>.

**Biological relevance of Ni and sources of exposure.** Even though Ni function is limited in human biology<sup>54</sup>, it has been suggested as an essential element in humans<sup>55</sup>, just as it is for many human-associated bacteria<sup>56</sup> and possibly all higher plants<sup>57</sup>. Elevated Ni concentrations are however toxic to plants<sup>58</sup>. In animals, inadequate Ni amounts have shown adverse effects on nutrient absorption and metabolism<sup>59,60</sup>. Due to the abundance of Ni in many plant-based foods<sup>58,61</sup>, Ni deficiency is unlikely to occur in humans, even though only some 10% of ingested Ni is absorbed<sup>62</sup>. Ni concentrations in potable water vary between 2 and 13 mg/L with a WHO limit of 70 mg/L, which is exceeded in Ni mining regions, where Ni concentrations of 200 mg/L have been found<sup>63</sup>. Respiratory Ni exposure is related to Ni industries and fossil fuel combustion, which overall are the main global sources of Ni emissions<sup>58,62</sup>, and to cigarette smoking including e-cigarettes<sup>38,64</sup>. In addition to Ni–Cd batteries, the main industrial uses of Ni is as a whitening agent in Cu alloys for e.g. coins and jewellery, which may cause allergic contact dermatitis<sup>58</sup>, and as a provider of corrosion resistance in steel alloys for e.g. surgical tools, biomedical implants, and body piercings. One study of Ni-containing hip prosthetic devices found that Ni blood concentration rose about twofold after metal-on-metal hip arthroplasty<sup>65</sup>. Ni is also present in some formulations for dental amalgam fillings<sup>66</sup>.

The human health risks of Ni exposure are well-known and widespread, as Ni use and exposure has gradually grown from human prehistory<sup>67</sup> to modern times<sup>68</sup>. Ni is known to be haematotoxic, immunotoxic, neurotoxic, genotoxic, reproductive toxic, pulmonary toxic, nephrotoxic, hepatotoxic and carcinogenic<sup>58,69</sup>. Other pathological effects of Ni exposure in the occupational settings are rhinitis, asthma, nasal septum perforation, nasal sinus cancer, and respiratory cancer<sup>70</sup>. Ni can pass the placental barriers and accumulate in the fetus<sup>71</sup>. It can also pass the blood–brain barrier, and brain accumulation can result from high levels of exposure<sup>54</sup>. Yet, most people experience low exposure levels<sup>66</sup>, and the most common health effect is allergic reactions<sup>42,43</sup>.

The neurotoxic properties of Ni are well documented, but data on Ni in neurodegenerative disorders are scarce<sup>44</sup>. A case report of skin tissue Ni concentrations in a patient recovering from ALS after metal chelation described a Ni concentration of 850  $\mu$ g/kg<sup>72</sup>. A 44 year old ALS patient died after 9 years of heavy metal exposure in a nickel–cadmium battery factory<sup>73</sup>. Increased blood Ni concentrations have been detected in multiple sclerosis (MS) patients<sup>74</sup>, and soil Ni was found to be elevated in a Canadian MS cluster<sup>75</sup>. Recent data also indicate a possible contribution from Ni in the causation of neurodevelopmental dysfunctional states such as autism<sup>76</sup>.

As a component of tobacco, cigarette smoke, and air pollution, Ni may contribute to environmental risk factors for AD. Mice exposed to a Ni nanoparticle model of air pollution showed doubled brain levels of A $\beta$ <sub>40</sub> and A $\beta$ <sub>42</sub> within 24 h, even at a permissible limit of nickel hydroxide exposure according to occupational safety and health standards<sup>77</sup>. Another study reported higher yet not statistically significantly elevated Ni concentrations in post-mortem brain and ventricular fluid of AD patients (n = 14), compared to healthy controls (n = 15)<sup>25</sup>. A recent study reported that Ni(II) ions interfered with aggregation of the Tau protein<sup>78</sup>.

## Materials and methods

**Samples and preparations.** Ni(II) acetate and 2-(N-Morpholino)ethanesulfonic acid hydrate (MES) buffer were purchased from Sigma (Sigma/Merck KGaA, Darmstadt, Germany). The SDS detergent was bought from ICN Biomedicals Inc (USA). Sodium chloride and sodium hydroxide were purchased from Sigma-Aldrich (St. Louis, MO, USA).

Wild-type (wt)  $\text{A}\beta(1-42)$  peptides, abbreviated as  $\text{A}\beta_{42}$ , with the primary sequence DAEFR<sub>5</sub>HDSGY<sub>10</sub>EVHQ<sub>15</sub>KLVFF<sub>20</sub>AEDVG<sub>25</sub>SNKGA<sub>30</sub>IIGLM<sub>35</sub>VGGVV<sub>40</sub>IA, were purchased synthetically manufactured from JPT Peptide Technologies (Germany), while recombinantly produced  $\text{A}\beta_{42}$  peptides were purchased from rPeptide LLC (USA). Recombinantly produced wild-type (wt)  $\text{A}\beta(1-40)$  peptides, abbreviated as  $\text{A}\beta_{40}$ , as well as N-terminal truncated  $\text{A}\beta(4-40)$  peptides, were purchased as lyophilized powder from AlexoTech AB (Umeå, Sweden). The  $\text{A}\beta_{40}$  peptides were either unlabeled, uniformly <sup>15</sup>N-labeled, or uniformly <sup>13</sup>C, <sup>15</sup>N-labeled. A recombinantly produced mutant version of  $\text{A}\beta_{40}$ , where the three histidine residues H6, H13, and H14 have been replaced with alanines, i.e.  $\text{A}\beta(1-40)(\text{H6A}, \text{H13A}, \text{H14A})$  was also purchased from AlexoTech AB. This mutant is here abbreviated as  $\text{A}\beta_{40}(\text{NoHis})$ . All  $\text{A}\beta$  variants were stored at  $-80^\circ\text{C}$  until use, when they were dissolved to monomeric form before the measurements. The  $\text{A}\beta_{40}$  and  $\text{A}\beta(4-40)$  peptides were then dissolved in 10 mM NaOH to 100  $\mu\text{M}$  concentration, and sonicated for 5 min in an ice-bath to dissolve possible pre-formed aggregates. Finally, buffer was added to the peptide solutions. All preparation steps were performed on ice, and the peptide concentrations were determined by weighing the dry powder and/or by NanoDrop measurements of dissolved material.

**Preparation of  $\text{A}\beta_{42}$  oligomers.** Monomeric solutions of  $\text{A}\beta_{42}$  peptides were prepared via size exclusion chromatography, according to the following procedure. First, lyophilized  $\text{A}\beta_{42}$  powder (1 mg) was dissolved in pure dimethyl sulfoxide (DMSO; 250  $\mu\text{L}$ ). A solution of 5 mM NaOH (pH = 12.3) was used to equilibrate a Sephadex G-250 HiTrap desalting column (GE Healthcare, Uppsala), which was then washed with 10–15 mL of 5 mM NaOD (pD = 12.7)<sup>79</sup>. The  $\text{A}\beta_{42}$  solution in DMSO was added to the column, followed by 5 mM NaOD (1.25 mL). Peptide fractions in 5 mM NaOD were then collected on ice at a flow rate of 1 mg/mL. Ten fractions of 1 mL were collected in 1.5 mL low-binding reaction tubes. The  $\text{A}\beta_{42}$  concentration in each fraction was measured with a NanoDrop instrument (Eppendorf, Germany) at 280 nm, using a molar extinction coefficient of 1280  $\text{M}^{-1} \text{cm}^{-1}$  for the single tyrosine residue in the peptide<sup>80</sup>. Liquid nitrogen was used to flash-freeze the fractions, which then were topped with argon gas, and stored at  $-80^\circ\text{C}$  until use. Two well-defined sizes of SDS-stabilized  $\text{A}\beta_{42}$  oligomers—named according to the SDS concentration used:  $\text{A}\beta\text{O}_{0.05\%}\text{SDS}$  (approximately dodecamers) and  $\text{A}\beta\text{O}_{0.2\%}\text{SDS}$  (approximately tetramers)—were prepared using an established protocol<sup>81</sup> with the following modifications: the preparations were carried out in  $\text{D}_2\text{O}$  without the original dilution step, and at a fourfold lower peptide concentration<sup>82</sup>. The reaction mixtures, consisting of 100  $\mu\text{M}$   $\text{A}\beta_{42}$  peptide in phosphate buffered saline (PBS) buffer containing either 0.05% SDS or 0.2% SDS, which corresponds to 1.7 mM and 6.9 mM SDS, respectively, were incubated at  $37^\circ\text{C}$  for 24 h together with 0–500  $\mu\text{M}$  of Ni(II) acetate. Liquid nitrogen was used to flash-freeze the prepared oligomer solutions, which then were stored at  $-20^\circ\text{C}$  until further use. When thawed at room temperature for experimental analyses, the oligomers were stable for several days.

**NMR spectroscopy measurements of  $\text{A}\beta_{40}$  binding to Ni(II) ions.** 1D and 2D nuclear magnetic resonance (NMR) spectra were recorded on Bruker Avance 500 and 700 MHz spectrometers equipped with cryoprobes. First 42  $\mu\text{M}$  and then 84  $\mu\text{M}$  of Ni(II) acetate was added to 84  $\mu\text{M}$  of monomeric  $\text{A}\beta_{40}$  peptides, either <sup>13</sup>C, <sup>15</sup>N-double-labelled or <sup>15</sup>N-mono-labelled, in 20 mM sodium phosphate buffer at pH 7.3 or pH 5.6 (90/10  $\text{H}_2\text{O}/\text{D}_2\text{O}$ ). During the titrations, 2D <sup>1</sup>H, <sup>15</sup>N-HSQC and 2D <sup>1</sup>H, <sup>13</sup>C-HSQC spectra were recorded at  $5^\circ\text{C}$ . Measurements were also conducted in the presence of 50 mM SDS detergent, at  $25^\circ\text{C}$ . As the critical micelle concentration for SDS is 8.2 mM in water at  $25^\circ\text{C}$ <sup>83</sup>, micelles have clearly formed under these conditions. SDS micelles are simple membrane models suitable for NMR spectroscopy due to their small size, i.e. on average 62 molecules per micelle<sup>49</sup>. Thus, there is approximately 0.8 mM of SDS micelles in the sample, i.e., around 10 $\times$  more micelles than  $\text{A}\beta_{40}$  peptides, which means that no micelle should harbour multiple  $\text{A}\beta$  peptides. All NMR data were processed and evaluated using the Topspin software (v. 3.2), employing already published HSQC crosspeak assignments for  $\text{A}\beta_{40}$  in buffer<sup>84–86</sup> and in the presence of SDS micelles<sup>51</sup>.

**CD spectroscopy measurements of Ni(II)-induced changes in  $\text{A}\beta$  secondary structure.** Circular dichroism (CD) was carried out in a Chirascan CD spectrometer (Applied Photophysics Ltd., U.K.) using a 2 mm quartz cuvette containing 600  $\mu\text{L}$  of  $\text{A}\beta$  peptide in 20 mM phosphate buffer, pH 7.3. The studied  $\text{A}\beta$  variants were  $\text{A}\beta_{40}$  (10  $\mu\text{M}$ ),  $\text{A}\beta_{40}(\text{NoHis})$  (10  $\mu\text{M}$ ), and  $\text{A}\beta(4-40)$  (5  $\mu\text{M}$ ).

Measurements were conducted either in buffer only or with added SDS micelles. CD spectra were recorded at  $25^\circ\text{C}$  between 190 and 260 nm, using steps of 0.5 nm. After the first recorded spectrum, 50 mM SDS detergent was added to some of the samples. Then, small volumes of Ni(II) acetate (2 mM and 10 mM stock solutions) were titrated to each sample, in steps of 2  $\mu\text{M}$ , 4  $\mu\text{M}$ , 16  $\mu\text{M}$ , 56  $\mu\text{M}$ , 156  $\mu\text{M}$ , 256  $\mu\text{M}$ , and finally 512  $\mu\text{M}$ . All data was processed with an eight points smoothing filter (Savitsky-Golay) using the Chirascan Pro-Data v.4.4.1 software (Applied Photophysics Ltd., U.K.).

**Binding affinity of Ni(II)- $\text{A}\beta$  complexes.** Binding affinities for Ni(II)- $\text{A}\beta$  complexes were estimated by fitting NMR and CD titration data, respectively, to Eq. (1) (the Morrison equation<sup>87</sup>):

$$I = I_0 + \frac{I_\infty - I_0}{2 * [\text{A}\beta]} * \left( (K_D + [\text{Ni}] + [\text{A}\beta]) - \sqrt{(K_D + [\text{Ni}] + [\text{A}\beta])^2 - 4 * [\text{Ni}] * [\text{A}\beta]} \right) \quad (1)$$

This equation assumes a single metal binding site, where  $[\text{A}\beta]$  is the peptide concentration,  $[\text{Ni}]$  is the concentration of the titrated Ni(II) ions,  $I_0$  is the initial signal intensity,  $I_\infty$  is the steady-state (saturated) signal intensity at the end of the titration series, and  $K_D$  is the dissociation constant for the Ni(II)- $\text{A}\beta$  complex. As no corrections for buffer conditions are done, the computed dissociation constants should be considered as apparent ( $K_D^{\text{APP}}$ ).

For the CD data, a binding curve was generated by plotting the CD intensity at 208 nm vs the Ni(II) concentration. For the NMR data, binding curves were generated by plotting HSQC crosspeak intensities versus Ni(II) concentration. The measured crosspeak intensities were normalized to the intensity of the V40 crosspeak for each step of added Ni(II) ions.

**A $\beta$ <sub>40</sub> aggregation kinetics monitored via ThT fluorescence measurements.** The kinetics of amyloid aggregation over time for A $\beta$ <sub>40</sub> peptides together with Ni(II) ions was monitored via measurements with a 96-well plate reader (FLUOstar Omega) of the fluorescence signal of the dye Thioflavin T (ThT), a molecular probe that displays strong fluorescence intensity when bound to amyloid material<sup>88,89</sup>. The samples contained 10  $\mu$ M A $\beta$ <sub>40</sub> peptide, 10 mM sodium phosphate buffer, pH 7.4, 40  $\mu$ M ThT dye, and 0, 1, 2.5, 5, 7.5, 10, 20, or 50  $\mu$ M of Ni(II) acetate. The peptide concentration was determined using a NanoDrop microvolume spectrophotometer. Measurements were recorded at three-minute intervals for 24 h at 37 °C, with five replicate samples per condition and excitation and emission wavelengths of 440 and 480 nm, respectively. The samples were continuously shaken (orbital mode) between the measurements. To determine the maximum growth rate and the half-time of A $\beta$  aggregation, the resulting ThT fluorescence data were fitted to a sigmoidal curve using Eq. (2)<sup>90</sup>:

$$F(t) = F_0 + \frac{A}{1 + \exp[-r_{\max}(t - t_{1/2})]} \quad (2)$$

where  $F_0$  is the baseline fluorescence intensity,  $A$  is the total increase in fluorescence intensity,  $r_{\max}$  is the maximum growth rate, and  $t_{1/2}$  is the time when half of the A $\beta$  monomers have aggregated.

**Atomic force microscopy images of A $\beta$ <sub>40</sub> aggregates.** Images of A $\beta$ <sub>40</sub> aggregates were recorded with a BioScope Catalyst (Bruker Corp., USA) atomic force microscope (AFM), operating in peak force mode in air and using MSLN and SLN cantilevers (Bruker Corp., USA). The scan rate was 0.51 Hz, with a resolution of 512 Å ~ 512 pixels. Samples of 10  $\mu$ M A $\beta$ <sub>40</sub> peptide were incubated for 24 h with either 0, 1, 10, or 50  $\mu$ M Ni(II) acetate, using the same conditions as in the ThT experiments described above. At the end of the procedure, 30  $\mu$ L samples were diluted in 30  $\mu$ L Milli-Q water and then applied on freshly prepared mica substrates. After 20 min, the mica substrates were washed three times with Milli-Q water and left to air-dry.

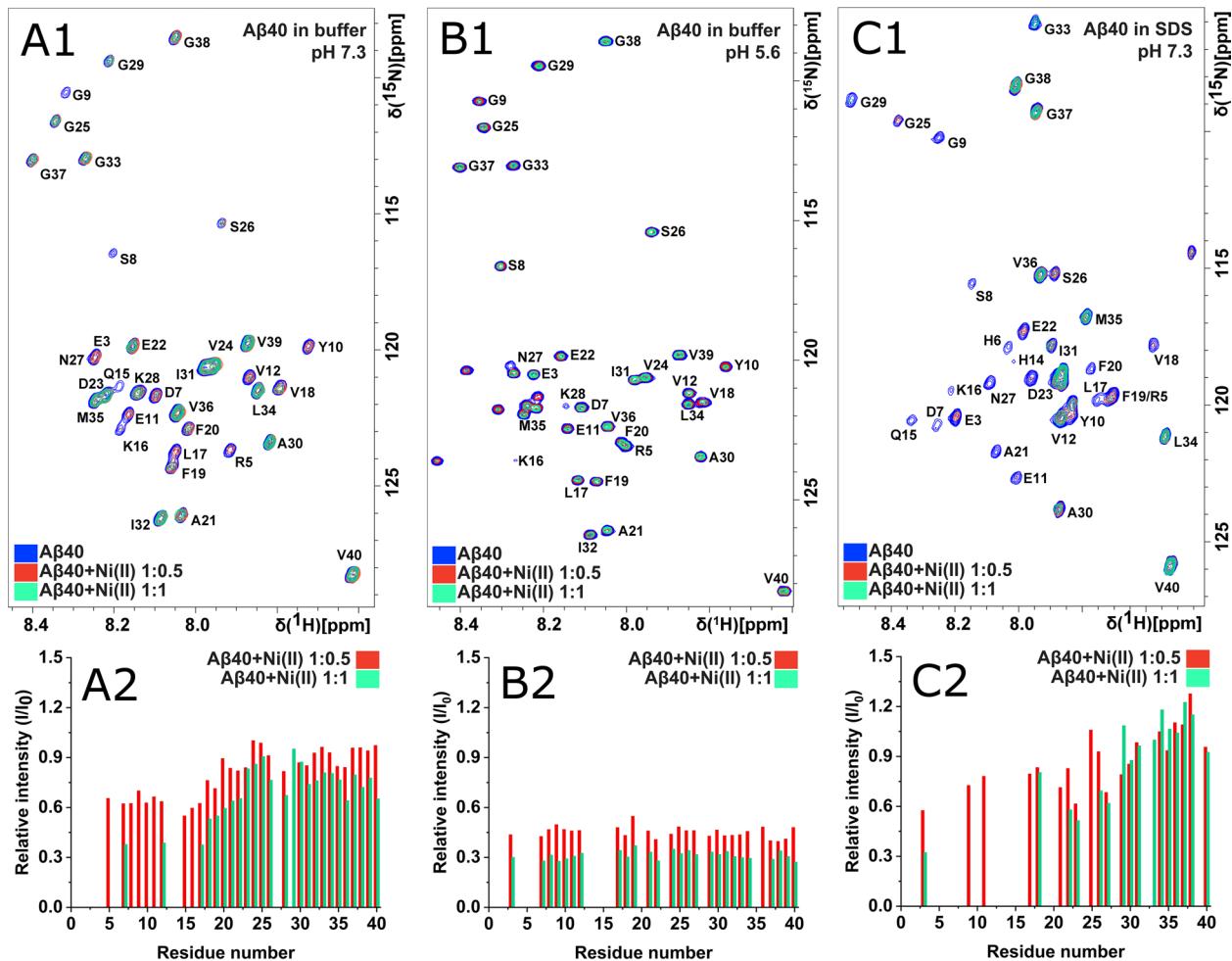
**Blue native polyacrylamide gel electrophoresis of A $\beta$ <sub>42</sub> oligomers.** The A $\beta$ <sub>42</sub> oligomer samples prepared with 0–500  $\mu$ M Ni(II) acetate, as described in the materials section, were analyzed with blue native polyacrylamide gel electrophoresis (BN-PAGE) using the Invitrogen electrophoresis system. First, 4–16% Bis-Tris Novex gels (ThermoFisher Scientific, USA) were loaded with A $\beta$ <sub>42</sub> oligomer samples (10  $\mu$ L) in addition to the Amersham High Molecular Weight Calibration Kit for native electrophoresis (GE Healthcare, USA). The gels were run at 4 °C according to the Invitrogen instructions (ThermoFisher Scientific, USA). Staining was done with the Pierce Silver Staining Kit (ThermoFisher Scientific, USA).

**Infrared spectroscopy.** Fourier-transformed infrared (FTIR) spectra of the A $\beta$ <sub>42</sub> oligomers prepared with 0–500  $\mu$ M Ni(II) acetate, as described in the materials section, were recorded on a Tensor 37 FTIR spectrometer (Bruker Optics, Germany) operating in transmission mode at room temperature and equipped with a liquid nitrogen-cooled MeCdTe detector and a sample shutter. During the measurements, the instrument was continuously purged with dry air. 8–10  $\mu$ L of the 80  $\mu$ M A $\beta$ <sub>42</sub> oligomer samples were placed between two flat CaF<sub>2</sub> discs, which were separated by a 50  $\mu$ m plastic spacer that had been covered with vacuum grease at the periphery. The mounted IR cuvette was put in a holder inside the sample chamber, and was then allowed to sit for at least 20 min after the chamber lid was closed, to remove H<sub>2</sub>O vapor. FTIR spectra were recorded between 1900 and 800  $\text{cm}^{-1}$ , at a resolution of 2  $\text{cm}^{-1}$  and with 6 mm aperture. The IR intensity above 2200  $\text{cm}^{-1}$  was blocked with a germanium filter, and that below 1500  $\text{cm}^{-1}$  with a cellulose membrane, to increase the light intensity in the relevant spectral range<sup>91</sup>. The OPUS 5.5 software was used for analysis and plotting of the spectra. Second derivatives were computed with a smoothing factor of 17.

**Fluorescence measurements of Ni(II)-induced formation of dityrosine in A $\beta$ <sub>40</sub>.** A Jobin Yvon Horiba Fluorolog 3 fluorescence spectrometer (Longjumeau, France) was used to record fluorescence emission spectra between 330 and 500 nm (excitation at 315 nm) at room temperature of 10  $\mu$ M A $\beta$ <sub>40</sub> peptide dissolved in 20 mM MES buffer, pH 7.3. The samples were put in a quartz cuvette with 4 mm path length (volume 1 mL). To investigate the effect of Ni(II) ions on dityrosine formation, one sample contained 100  $\mu$ M Ni(II) acetate. The control sample contained 50  $\mu$ M of the chelator EDTA, to remove possible free metal ions. Spectra were recorded after 0 and 6 h of incubation, where the sample was kept at room temperature without agitation or other treatment. All experiments were conducted in triplicate, and before the final measurement, 300  $\mu$ M of EDTA was added to the sample to remove metal ions.

## Results

**NMR spectroscopy: molecular details of Ni(II) binding to the A $\beta$ <sub>40</sub> monomer.** High-resolution NMR experiments were conducted to investigate possible residue-specific molecular interactions between Ni(II) ions and monomeric A $\beta$ <sub>40</sub> peptides. Figures 1 and 2 show 2D <sup>1</sup>H, <sup>15</sup>N-HSQC spectra for the amide crosspeak region for 84  $\mu$ M <sup>13</sup>C, <sup>15</sup>N-labeled A $\beta$ <sub>40</sub> peptides at either pH 7.3 or pH 5.6, recorded before and after addition of first 42  $\mu$ M and then 84  $\mu$ M Ni(II) acetate, i.e. Ni(II):A $\beta$ <sub>40</sub> ratios of respectively 1:2 and 1:1. Similar measure-



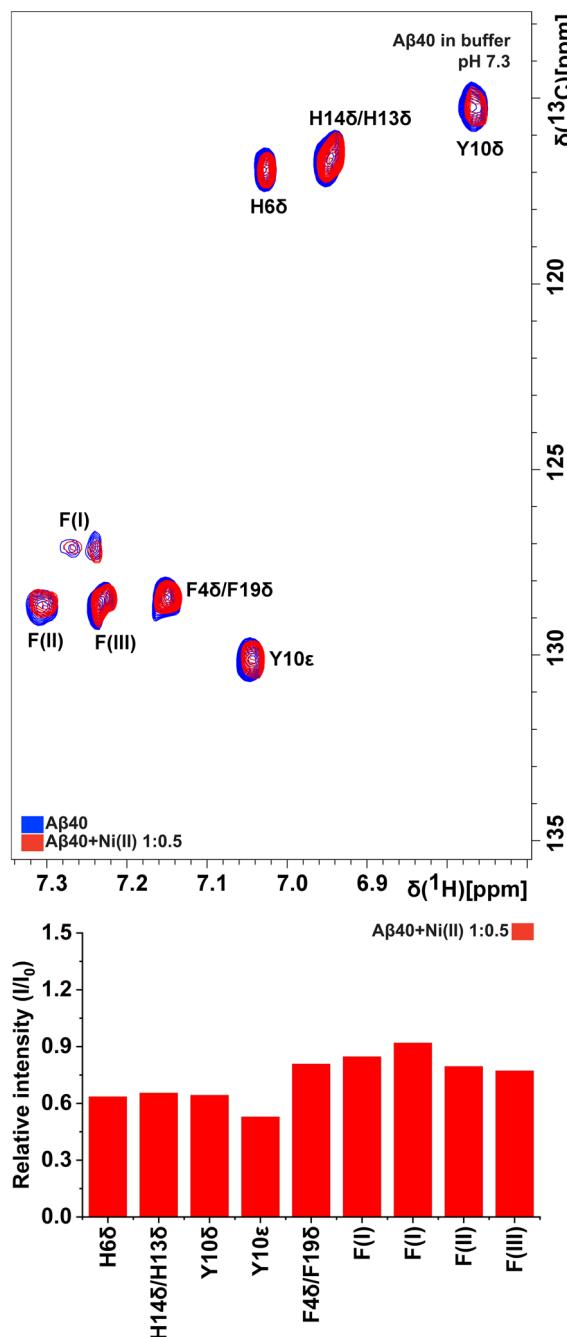
**Figure 1.** NMR 2D  $^1\text{H}$ , $^{15}\text{N}$ -HSQC-spectra of 84  $\mu\text{M}$   $^{15}\text{N}$ -labeled A $\beta$ <sub>40</sub> peptides before (blue peaks) and after addition of first 42  $\mu\text{M}$  (red peaks) and then 84  $\mu\text{M}$  (teal peaks) Ni(II) acetate. Spectra were recorded at 5 °C in 20 mM sodium phosphate buffer at pH 7.3 (A), at pH 5.6 (B), and at pH 7.3 together with 50 mM SDS detergent (C). The peak intensity in the bar charts is given as the ratio between the crosspeak intensity with added Ni(II) ions relative to the intensity before addition of Ni(II) ions, i.e.  $I/I_0$ .

ments were conducted also for A $\beta$ <sub>40</sub> peptides together with SDS micelles (50 mM SDS detergent concentration) at pH 7.3 (Fig. 1C).

For A $\beta$ <sub>40</sub> in aqueous pH 7.3 buffer, addition of Ni(II) ions induces a concentration-dependent loss of amide crosspeak intensity, especially in the N-terminal region (Fig. 1A). This indicates specific binding of Ni(II) ions to N-terminal A $\beta$ <sub>40</sub> residues. The specific loss of N-terminal crosspeak intensity is likely caused by intermediate or even slow (on the NMR time-scale) chemical exchange between a free and a bound state of the A $\beta$ <sub>40</sub> peptides, similar to the effect induced by Cu(II) and Zn(II) ions<sup>40,92</sup>, probably together with paramagnetic quenching effects of the Ni(II) ions<sup>93</sup>. When the Ni(II) ions are added to the sample, no new crosspeaks corresponding to Ni(II)-bound A $\beta$ <sub>40</sub> peptides are observed (Fig. 1A). This suggests that no single well-defined Ni(II)-A $\beta$ <sub>40</sub> complex exists. Instead, a range of Ni(II)-bound states of the A $\beta$ <sub>40</sub> peptides are likely present, probably at different stages of aggregation and oligomerization. Each state is then too weakly populated to create distinct NMR crosspeaks. This is in line with earlier NMR studies reporting that A $\beta$ <sub>40</sub> peptides are in a dynamic exchange between NMR-observable monomers and heterogeneous NMR-invisible oligomers (a “dark state”)<sup>92,94</sup>.

There is also a general loss of crosspeak intensity for all A $\beta$ <sub>40</sub> residues, including the central and C-terminal amino acids, upon addition of Ni(II) acetate. This effect is likely caused by a combination of non-specific Ni(II) binding interactions, on an intermediate or slow NMR time-scale, and by the Ni(II) ions promoting aggregation of the A $\beta$ <sub>40</sub> peptides into complexes that are too large to be observed with HSQC NMR, or they may simply precipitate out of the solution.

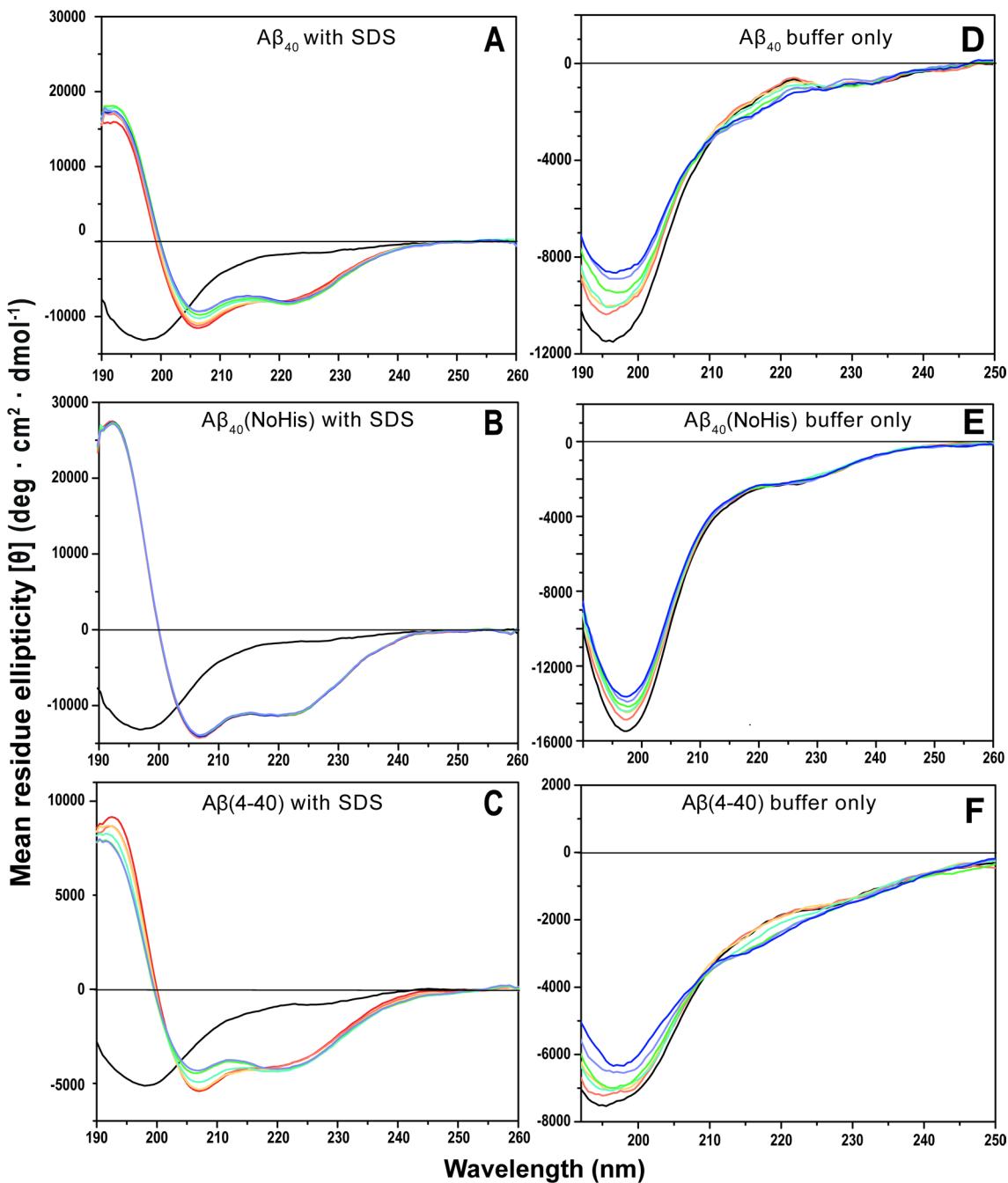
At pH 5.6, the loss of crosspeak intensity after added Ni(II) ions is very uniform, i.e., there is no residue-specific binding (Fig. 1B). The main difference at this lower pH is that histidine residues are protonated, as they have pKa values around 6.8 in short peptides<sup>95</sup>. Naturally, protonated His residues are less prone to bind cationic metal ions. The loss of residue-specific Ni(II) ion binding at pH 5.6 therefore strongly indicates that histidines are involved in the observed residue-specific Ni(II) ion binding at neutral pH. This is supported by the NMR results at pH 7.3 for the A $\beta$ <sub>40</sub> aromatic side chains, where the aromatic rings of the N-terminal residues His6, His13,



**Figure 2.** NMR 2D  $^1\text{H},^{13}\text{C}$ -HSQC spectra of 84  $\mu\text{M}$   $^{13}\text{C},^{15}\text{N}$ -labeled  $\text{A}\beta_{40}$  peptides in 20 mM phosphate buffer, pH 7.3, before (blue) and after (red) addition of 42  $\mu\text{M}$  Ni(II) acetate. Some Phe crosspeaks could not be assigned to individual residues, and are instead listed as F(I), F(II), and F(III).

and His14, together with Tyr10, display a somewhat larger loss of crosspeak signal intensity than the aromatic rings of the Phe4, Phe19, and Phe20 residues (Fig. 2).

Specific loss of crosspeak intensity for N-terminal residues, upon addition of Ni(II) acetate, is observed also for  $\text{A}\beta_{40}$  peptides positioned in SDS micelles (Fig. 1C), which constitute a simple model for bio-membranes<sup>48,49</sup>. The central and C-terminal  $\text{A}\beta$  regions are known to insert themselves as  $\alpha$ -helices into SDS micelles<sup>48,51</sup>, and thus, the  $^1\text{H},^{15}\text{N}$ -HSQC spectrum for  $\text{A}\beta_{40}$  in SDS micelles corresponds to an  $\alpha$ -helical conformation of the  $\text{A}\beta$  peptide. The N-terminal segment is known to remain unstructured outside the micelle surface, where it is available for interactions with e.g. metal ions<sup>96</sup>. The C-terminal residues are unaffected by the added Ni(II) ions (Fig. 1C), which shows that they are neither affected by direct Ni(II)-binding, nor by Ni(II)-induced aggregation—most likely  $\text{A}\beta$  peptides cannot aggregate when bound to SDS micelles, at least when there is on average



**Figure 3.** CD spectra of Ni(II) acetate titrated to A $\beta$  peptides in 20 mM phosphate buffer, pH 7.3, at 25 °C. The titrations were conducted either in the presence of SDS micelles (A–C) or in aqueous buffer only (D–F), for three different peptide variants, i.e. 10  $\mu$ M A $\beta$ <sub>40</sub> (A,D), 10  $\mu$ M A $\beta$ <sub>40</sub>(NoHis) (B,E), and 5  $\mu$ M A $\beta$ (4–40) (C,F). The black spectra show A $\beta$  peptides in buffer only. For samples A–C, 50 mM SDS was then added (red spectra). Next, for all samples, Ni(II) acetate was titrated in steps of 2  $\mu$ M (orange), 4  $\mu$ M (yellow), 16  $\mu$ M (turquoise), 56  $\mu$ M (green), 156  $\mu$ M (purple), and finally 256  $\mu$ M (blue spectra).

less than one peptide per micelle. Thus, also in the presence of SDS micelles (Fig. 1C), the NMR spectrum reflects Ni(II) ion binding to monomeric A $\beta$ <sub>40</sub> peptides.

**CD spectroscopy measurements of A $\beta$  secondary structure.** CD spectroscopy was used to investigate possible changes in A $\beta$  secondary structure upon addition of Ni(II) ions, both in aqueous buffer and in a membrane-mimetic environment (i.e., SDS micelles). The three peptide variants A $\beta$ <sub>40</sub>, A $\beta$ <sub>40</sub>(NoHis) mutant, and A $\beta$ (4–40) were investigated. In aqueous buffer, the CD spectra for monomers of all three variants display typical random coil signals with minima around 196–198 nm (Fig. 3).

Addition of Ni(II) ions to A $\beta$  peptides in aqueous buffer induces concentration-dependent changes in the CD spectra for the monomers of all three peptide variants (Fig. 3D–F). For the A $\beta$ <sub>40</sub>(NoHis) peptide, these changes

	Wavelength (nm)	0 $\mu$ M Ni(II)	2 $\mu$ M Ni(II)	4 $\mu$ M Ni(II)	16 $\mu$ M Ni(II)	56 $\mu$ M Ni(II)	156 $\mu$ M Ni(II)	256 $\mu$ M Ni(II)
$\text{A}\beta_{40}$	208	–11,131	–10,808	–10,557	–9928	–9515	–9064	–9025
	222	–7793	–7925	–8074	–8241	–8339	–8012	–8114
	222/208	0.700	0.733	0.765	0.830	0.8764	0.884	0.899
$\text{A}\beta_{40}(\text{NoHis})$	208	–14,062.7	–13,979	–14,112.3	–13,919.9	–13,962.9	19,802.9	13,725.2
	222	–11,184.4	–11,100.6	–11,249.3	–11,138.9	–11,172.6	–11,149.8	–11,039.3
	222/208	0.7953	0.7941	0.7971	0.8002	0.8002	0.8078	0.8043
$\text{A}\beta(4-40)$	208	–5335.7	–5265.9	–5258.7	–4876.8	–4338.2	–4235.2	–4150.7
	222	–3978.0	–3989.9	–4193.3	–4302.0	–4205.2	–4176.1	4268.9
	222/208	0.746	0.758	0.797	0.882	0.969	0.986	1.028

**Table 1.** CD signal intensities at 208 nm and 222 nm for the three  $\text{A}\beta$  variants  $\text{A}\beta_{40}$ ,  $\text{A}\beta_{40}(\text{NoHis})$ , and  $\text{A}\beta(4-40)$ , as a function of added Ni(II) acetate.

correspond to a decrease in intensity, without changing the shape of the spectrum (Fig. 3). This likely means that the Ni(II) ions induce peptide aggregation and precipitation, thereby reducing the effective  $\text{A}\beta$  concentration in the solution.

For the  $\text{A}\beta_{40}$  and  $\text{A}\beta(4-40)$  variants, addition of Ni(II) ions induces structural transitions between two distinct conformations, as evidenced by the isodichroic points around 210 nm (Fig. 3D,F).  $\text{A}\beta$  peptides in solution are known to contain some polyproline II (PPII) helix structure, especially at low temperatures<sup>50</sup>. The loss of signal intensity around 196–198 nm, and the isodichroic points around 210 nm, might be compatible with a conversion of PPII helix into random coil structure<sup>50,97,98</sup>. However, the difference spectra created by subtracting the CD spectra with no added Ni(II) acetate from those with 256  $\mu$ M Ni(II) acetate, shown in Supp. Fig. S1, clearly correspond to  $\beta$ -sheet secondary structure<sup>99</sup>. Formation of  $\beta$ -sheets upon addition of Ni(II) ions is supported also by the IR spectra shown in Supp. Fig. S2. We therefore conclude that Ni(II) ions induce  $\beta$ -sheet structure in  $\text{A}\beta_{40}$  and  $\text{A}\beta(4-40)$  peptides, in aqueous solution at neutral pH.

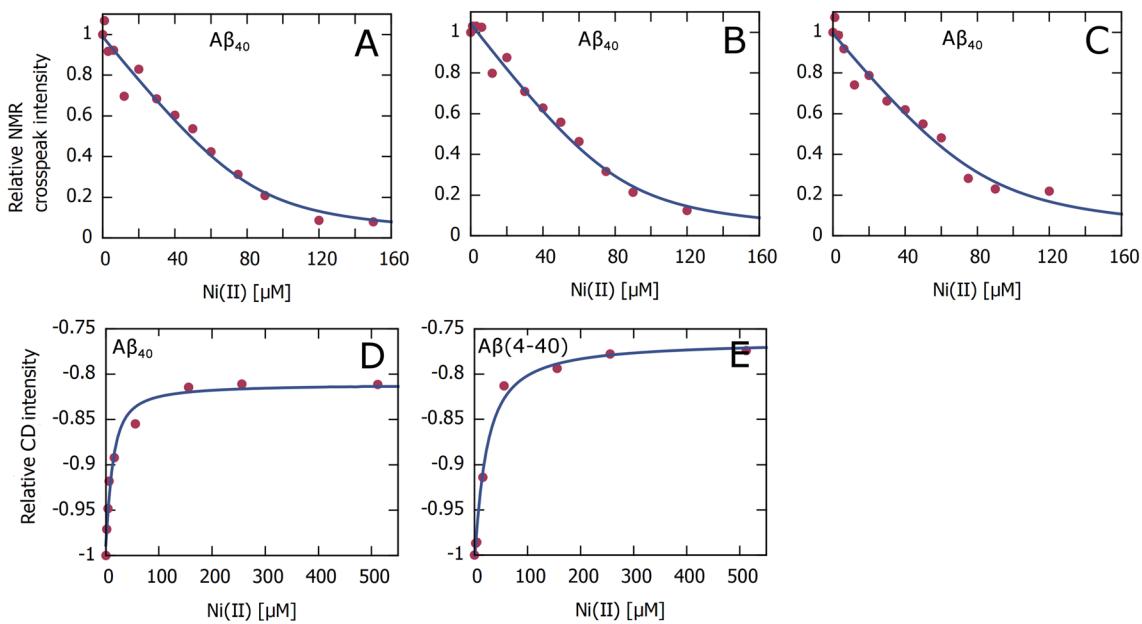
When SDS micelles were added to the three peptide variants, all of them adopted  $\alpha$ -helical secondary structures, producing CD signals with characteristic minima around 208 and 222 nm (Fig. 3A–C). This is consistent with previous studies reporting that  $\text{A}\beta$  peptides adopt  $\alpha$ -helical conformations in membrane-like environments, at least when there is on average less than one peptide per micelle<sup>48,49,51,96,100</sup>. The  $\text{A}\beta_{40}(\text{NoHis})$  variant, where the three His residues have been replaced with alanines, displays the strongest  $\alpha$ -helical CD signal after addition of SDS, compared to the intensity of the  $\text{A}\beta_{40}(\text{NoHis})$  random coil signal before adding SDS (Fig. 3). This is reasonable given the strong propensity of alanines to form  $\alpha$ -helices<sup>101</sup>. The  $\text{A}\beta(4-40)$  peptide also shows a relatively strong  $\alpha$ -helical CD signal, compared to the  $\text{A}\beta(4-40)$  random coil intensity before added SDS. This might be related to a lack of  $\alpha$ -helical structure<sup>51</sup> in the first three residues of  $\text{A}\beta_{40}$ , which are missing in the  $\text{A}\beta(4-40)$  variant.

Addition of Ni(II) ions induces a concentration-dependent loss of CD signal around 208 nm, but not around 222 nm, for the  $\text{A}\beta_{40}$  and the  $\text{A}\beta(4-40)$  peptides, although not for the  $\text{A}\beta_{40}(\text{NoHis})$  mutant (Fig. 3). As the 222 nm signal intensity remains approximately constant, the observed spectral changes do not correspond to a general loss of  $\alpha$ -helicity but may rather be due to a change in helix supercoiling, i.e. when two or more  $\alpha$ -helices form coiled coils via hydrophobic interactions<sup>102–104</sup>. The degree of helix supercoiling is known to be reflected by the  $[\theta_{222}]/[\theta_{208}]$  ratio, where ratios close to 1 reflect large amounts of superhelicity<sup>105</sup>. During the titrations with Ni(II) acetate the  $[\theta_{222}]/[\theta_{208}]$  ratio increases from 0.70 to 0.89 for  $\text{A}\beta_{40}$ , and from 0.75 to 1.03 for the  $\text{A}\beta(4-40)$  variant (Table 1). In both cases this would correspond to a significant increase in superhelicity. Such metal-induced changes of  $\text{A}\beta$  superhelicity, in a membrane environment, has previously been reported to be induced by Cu(II) ions<sup>96</sup>. The lack of any Ni(II)-induced structural effects in the  $\text{A}\beta_{40}(\text{NoHis})$  mutant (Fig. 3; Table 1) appears to support Ni(II) binding to  $\text{A}\beta$  via the His residues. But it is also possible that the His residues are necessary for forming a coiled-coil  $\text{A}\beta$  structure.

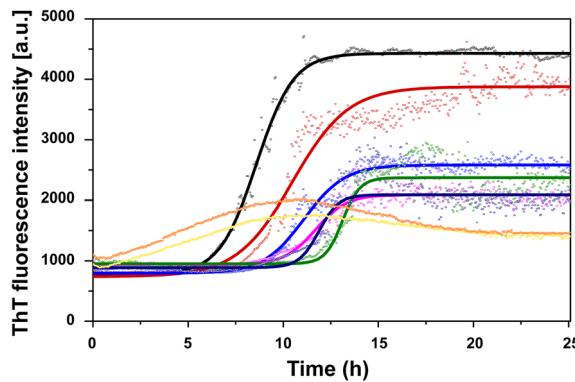
**Estimates of  $\text{A}\beta$ -Ni(II) binding affinity.** Ni(II)- $\text{A}\beta$  binding curves were generated by plotting crosspeak intensities from the NMR titrations (Fig. 1A) and 208 nm intensities from the CD titrations (Table 1) versus Ni(II) concentration (Fig. 4). Fitting Eq. (1) to these curves yields apparent dissociation constants ( $K_D$ ) for the Ni(II)- $\text{A}\beta$  complexes.

For the CD data (Fig. 4D,E), the signal intensities have been normalized to the first value in each titration series, i.e. the signal intensity without added Ni(II) ions. The derived  $K_D$  values are 7.8  $\mu$ M for binding to  $\text{A}\beta_{40}$ , and 17.2  $\mu$ M for binding to the  $\text{A}\beta(4-40)$  variant. These  $K_D$  values should however only be considered as approximations, as there may not be a direct correlation between Ni(II) binding and the structural changes observed in the CD spectra (Fig. 3). Our NMR measurements (Fig. 1C) confirm earlier studies showing that the N-terminal  $\text{A}\beta$  segment is free to interact with metal ions also when the central and C-terminal  $\text{A}\beta$  segments are inserted into SDS micelles<sup>48,51,96</sup>. Yet, earlier studies with Cu(II) ions have shown that the binding affinity for metal ions is reduced when the central  $\text{A}\beta$  segment is bound to some other entity<sup>106</sup>, although this effect appears to be minor for SDS micelles<sup>96</sup>.

For the NMR data, each crosspeak in Fig. 1A generates one binding curve. However, the Ni(II)-induced loss of crosspeak intensity is not only related to concentration-dependent chemical exchange, on an intermediate NMR



**Figure 4.** Binding curves for  $\text{Ni(II)}\text{-A}\beta$  complexes, derived from the NMR data in Fig. 1A and the CD data in Fig. 3A,C, respectively. The NMR and CD signal intensities are given as the ratio between the intensity with added  $\text{Ni(II)}$  ions relative to the intensity before addition of  $\text{Ni(II)}$  ions, i.e.  $\text{I}/\text{I}_0$ . Apparent binding affinities were obtained by fitting Eq. (1) to the curves. (A–C) NMR crosspeak intensity vs  $\text{Ni(II)}$  concentration for three of the crosspeaks/residues in Fig. 1A, i.e. for  $84 \mu\text{M} \text{A}\beta_{40}$  in  $20 \text{ mM}$  sodium phosphate buffer, pH 7.3 at  $5^\circ\text{C}$ . (D,E) CD intensity at  $208 \text{ nm}$  vs  $\text{Ni(II)}$  concentration for the CD data in Fig. 3A,C, i.e. for  $10 \mu\text{M} \text{A}\beta_{40}$  (D) and  $5 \mu\text{M} \text{A}\beta(4-40)$  (E) in  $20 \text{ mM}$  phosphate buffer, pH 7.3 at  $25^\circ\text{C}$ .



**Figure 5.** ThT kinetic time curves for aggregation of  $10 \mu\text{M} \text{A}\beta_{40}$ , in  $10 \text{ mM}$  sodium phosphate buffer, pH 7.4, together with different concentrations of  $\text{Ni(II)}$  acetate:  $0 \mu\text{M}$  (black),  $1 \mu\text{M}$  (red),  $2.5 \mu\text{M}$  (blue),  $5 \mu\text{M}$  (magenta),  $7.5 \mu\text{M}$  (green),  $10 \mu\text{M}$  (navy blue),  $20 \mu\text{M}$  (yellow), and  $50 \mu\text{M}$  (orange). The solid lines show curves fitted with Eq. (2) to the ThT data sets.

time-scale, but also to  $\text{Ni(II)}$ -induced peptide aggregation and paramagnetic quenching of the NMR signal. Even though these effects are somewhat mitigated by normalizing the crosspeak intensity values to the  $\text{V}40$  crosspeak intensity, for each titration step (thereby obtaining the relative intensity scale used in Fig. 4A–C), the derived  $K_D$  values should only be considered as rough approximations. The binding curves shown in Fig. 4A–C correspond to the three  $\text{A}\beta_{40}$  crosspeaks that display the strongest apparent binding, with  $K_D$  values of respectively  $5.3 \mu\text{M}$ ,  $6.7 \mu\text{M}$ , and  $7.0 \mu\text{M}$ . These values are very similar to the apparent  $K_D$  value of  $7.8 \mu\text{M}$  derived for  $\text{A}\beta_{40}$  from the CD measurements (Fig. 4D), but they should still only be regarded as lower limits for the true  $K_D$  value. Thus, we conclude that the binding affinity for the  $\text{A}\beta_{40}\text{-Ni(II)}$  complex is in the low  $\mu\text{M}$  range.

**Effects of  $\text{Ni(II)}$  ions on  $\text{A}\beta_{40}$  aggregation kinetics.** To investigate the influence of  $\text{Ni(II)}$  ions on  $\text{A}\beta_{40}$  aggregation, samples of  $10 \mu\text{M} \text{A}\beta_{40}$  were incubated for  $24 \text{ h}$  in the absence or presence of increasing concentrations of  $\text{Ni(II)}$  acetate. The resulting ThT curves are shown in Fig. 5, and the  $r_{\text{max}}$ ,  $t_{1/2}$ , and  $A$  parameters obtained from fitting the curves to Eq. (2) are shown in Table 2. For sub-stoichiometric  $\text{Ni(II)}\text{:A}\beta_{40}$  ratios, the  $\text{Ni(II)}$  ions

Ni(II)	0 $\mu$ M	1 $\mu$ M	2.5 $\mu$ M	5 $\mu$ M	7.5 $\mu$ M	10 $\mu$ M	20 $\mu$ M	50 $\mu$ M
$r_{\max}$ [ $\text{h}^{-1}$ ]	0.96 $\pm$ 0.22	1.08 $\pm$ 0.36	0.88 $\pm$ 0.34	1.0 $\pm$ 0.45	1.02 $\pm$ 0.85	0.96 $\pm$ 0.58	n/a	n/a
$t_{1/2}$ [h]	8.3 $\pm$ 1.5	10.2 $\pm$ 0.3	11.8 $\pm$ 1.2	11.2 $\pm$ 0.7	12.5 $\pm$ 0.5	13.5 $\pm$ 1.4	n/a	n/a
A	4115 $\pm$ 436	2967 $\pm$ 238	2085 $\pm$ 575	1449 $\pm$ 480	1511 $\pm$ 132	1803 $\pm$ 442	n/a	n/a

**Table 2.** Parameters  $r_{\max}$ ,  $t_{1/2}$ , and A for aggregation of 10  $\mu\text{M}$   $\text{A}\beta_{40}$  in the presence of different concentrations of Ni(II) acetate. The parameters were obtained from sigmoidal curve-fitting (Eq. 2) to the ThT curves shown in Fig. 5.

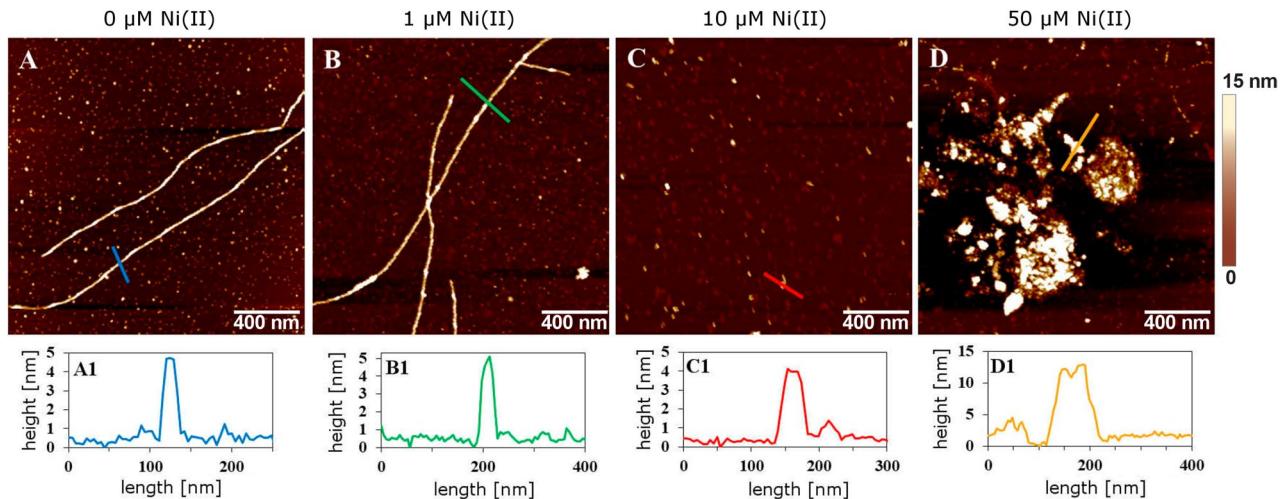
slow down the  $\text{A}\beta_{40}$  aggregation kinetics in a concentration-dependent manner. The aggregation half-time ( $t_{1/2}$ ) increases with increasing Ni(II) concentrations, i.e. from around 8 h without Ni(II) ions to over 13 h with 10  $\mu\text{M}$  Ni(II) ions. The maximum aggregation rate  $r_{\max}$  shows no systematic change with increasing Ni(II) concentration, instead it fluctuates around 0.9  $\text{h}^{-1}$  to 1  $\text{h}^{-1}$  (Table 2). The end-point ThT fluorescence intensities (parameter “A” in Eq. 2) generally decrease with increasing Ni(II) concentrations (Fig. 5), suggesting that less amyloid material (ThT-binding aggregates) is formed when Ni(II) ions are present. Other explanations are however possible, such as binding competition between ThT molecules and Ni(II) ions, or formation of very large  $\text{A}\beta$  aggregates that may block the transmitted light, or simply precipitate out of the solution. For the samples with high Ni(II) concentrations, i.e. 20  $\mu\text{M}$  and 50  $\mu\text{M}$ , above the stoichiometric Ni(II): $\text{A}\beta_{40}$  ratio, the ThT curves first increase but then decrease back towards the starting value (Fig. 5). Our best explanation for this unusual behaviour is formation of large samples that precipitate, thereby effectively reducing the  $\text{A}\beta_{40}$  concentration in the sample. It was not possible to fit Eq. (2) to these data curves.

**AFM imaging: effects of Ni(II) ions on the morphology of  $\text{A}\beta_{40}$  aggregates.** To further characterize the influence of Ni(II) ions on  $\text{A}\beta_{40}$  fibril morphology, AFM images were recorded on  $\text{A}\beta_{40}$  aggregates formed after 24 h incubation in the presence and the absence of Ni(II) (Fig. 6). Without Ni(II) acetate, 10  $\mu\text{M}$   $\text{A}\beta_{40}$  formed typical amyloid fibrils with an apparent height around 4–5 nm (Fig. 2A), which is in line with previously published work on  $\text{A}\beta$  fibrils formed in vitro<sup>107–109</sup>. A similar apparent height was observed in the presence of 1  $\mu\text{M}$  Ni(II) ions (Fig. 6B). The presence of 10  $\mu\text{M}$  Ni(II) ions, i.e. a 1:1 Ni(II): $\text{A}\beta_{40}$  ratio, significantly reduces fibril formation: only occasional very short  $\text{A}\beta_{40}$  fibril fragments were observed, which display the same height as the fibrils formed by  $\text{A}\beta_{40}$  alone (Fig. 6C). In the presence of 50  $\mu\text{M}$  Ni(II) ions no fibrils were present, but instead amorphous clumps of  $\text{A}\beta_{40}$  aggregates with variable heights around 13 nm (Fig. 6D). These results are consistent with the concentration-dependent effects of Ni(II) acetate on the  $\text{A}\beta_{40}$  aggregation process observed with the ThT measurements (Fig. 5).

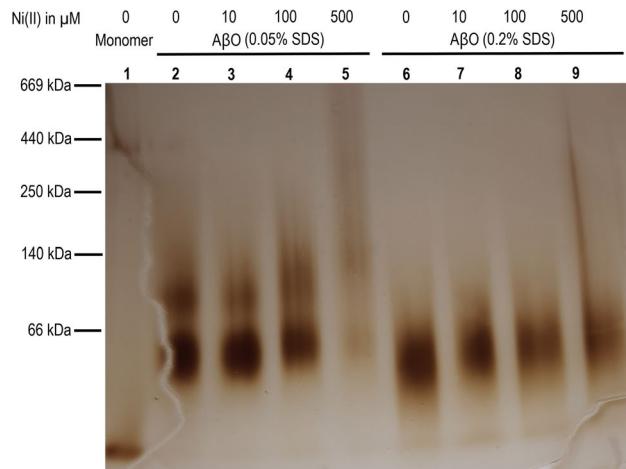
**Influence of Ni(II) ions on  $\text{A}\beta_{42}$  oligomer formation.** PAGE analysis was used to investigate the effect of Ni(II) ions on the formation of  $\text{A}\beta_{42}$  oligomers, using a previously published protocol for formation of stable and homogeneous  $\text{A}\beta_{42}$  oligomers together with SDS detergent<sup>81,82</sup>. While most of the current study investigates variants of the  $\text{A}\beta_{40}$  peptide, oligomers of  $\text{A}\beta_{40}$  are not stable and therefore not suitable model systems. Thus, SEC-purified monomeric solutions of synthetic  $\text{A}\beta_{42}$  peptides were mixed with low concentrations of SDS, i.e., below the critical micelle concentration. Incubation of  $\text{A}\beta_{42}$  with 0.2% SDS (6.9 mM) leads to formation of mostly tetrameric oligomers ( $\text{A}\beta\text{O}_{0.2\%SDS}$ ), while incubation with 0.05% SDS (1.7 mM) produces larger oligomers—predominantly dodecamers ( $\text{A}\beta\text{O}_{0.05\%SDS}$ )<sup>81</sup> (Fig. 7, lanes 2 and 6). Figure 7 also shows the effect of different Ni(II) concentrations on oligomer formation. In the absence of Ni(II) ions, the  $\text{A}\beta\text{O}_{0.05\%SDS}$  (Lane 2) and  $\text{A}\beta\text{O}_{0.2\%SDS}$  (Lane 6) oligomers are the dominating species in their respective lanes. With increasing Ni(II) concentration, the band intensity for the major oligomeric structure declines in both cases, while smears towards higher molecular weights appear (Fig. 7, Lanes 3–5 and 7–9). Formation of  $\text{A}\beta\text{O}_{0.05\%SDS}$  is largely disrupted when Ni(II) ions are present at 500  $\mu\text{M}$  concentration ( $\text{A}\beta_{42}:\text{Ni(II)}$  molar ratio of 1:5), while the smear extends over almost the entire length of the lane (Fig. 7, Lane 5). A similar, but less drastic effect is observed for the smaller  $\text{A}\beta\text{O}_{0.05\%SDS}$  (Fig. 7, Lane 9). For both types of SDS-stabilized oligomers, Ni(II) ion concentrations above  $\sim$  100  $\mu\text{M}$  disrupt oligomer formation and more heterogeneous  $\text{A}\beta_{42}$  oligomeric solutions containing larger oligomers are produced. A similar smearing effect of Ni(II) ions on the formation of SDS-stabilized  $\text{A}\beta_{42}$  oligomers was observed also by SDS-PAGE experiments. These results are shown and discussed in the supplementary information (Fig. S3).

**FTIR spectroscopy of  $\text{A}\beta_{42}$  oligomers formed in the presence of Ni(II) ions.** FTIR spectroscopy is a powerful technique for studying the secondary structure of proteins<sup>110–116</sup>, and can be used to characterize the backbone conformation for different aggregation states of amyloid proteins, including  $\text{A}\beta$  peptides<sup>117–119</sup>. Here, the effects of Ni(II) ions on the secondary structures of both  $\text{A}\beta\text{O}_{0.05\%SDS}$  and  $\text{A}\beta\text{O}_{0.2\%SDS}$  oligomers were studied with transmission mode FTIR spectroscopy, using a  $\text{D}_2\text{O}$ -based buffer. The results are presented in Fig. 8 as second derivatives of IR absorption spectra, where negative bands indicate the component bands of the absorption spectra. The respective absorbance spectra are shown in Fig. S4 of the Supplementary Information.

For both types of  $\text{A}\beta_{42}$  oligomers, two bands are resolved in the amide I region (i.e., 1700–1600  $\text{cm}^{-1}$ ): a high intensity, low wavenumber band around 1630  $\text{cm}^{-1}$  (the main band for  $\beta$ -sheet structure), and a low intensity, high wavenumber band at 1685  $\text{cm}^{-1}$ . This pattern with a split double-band in the amide I region is routinely



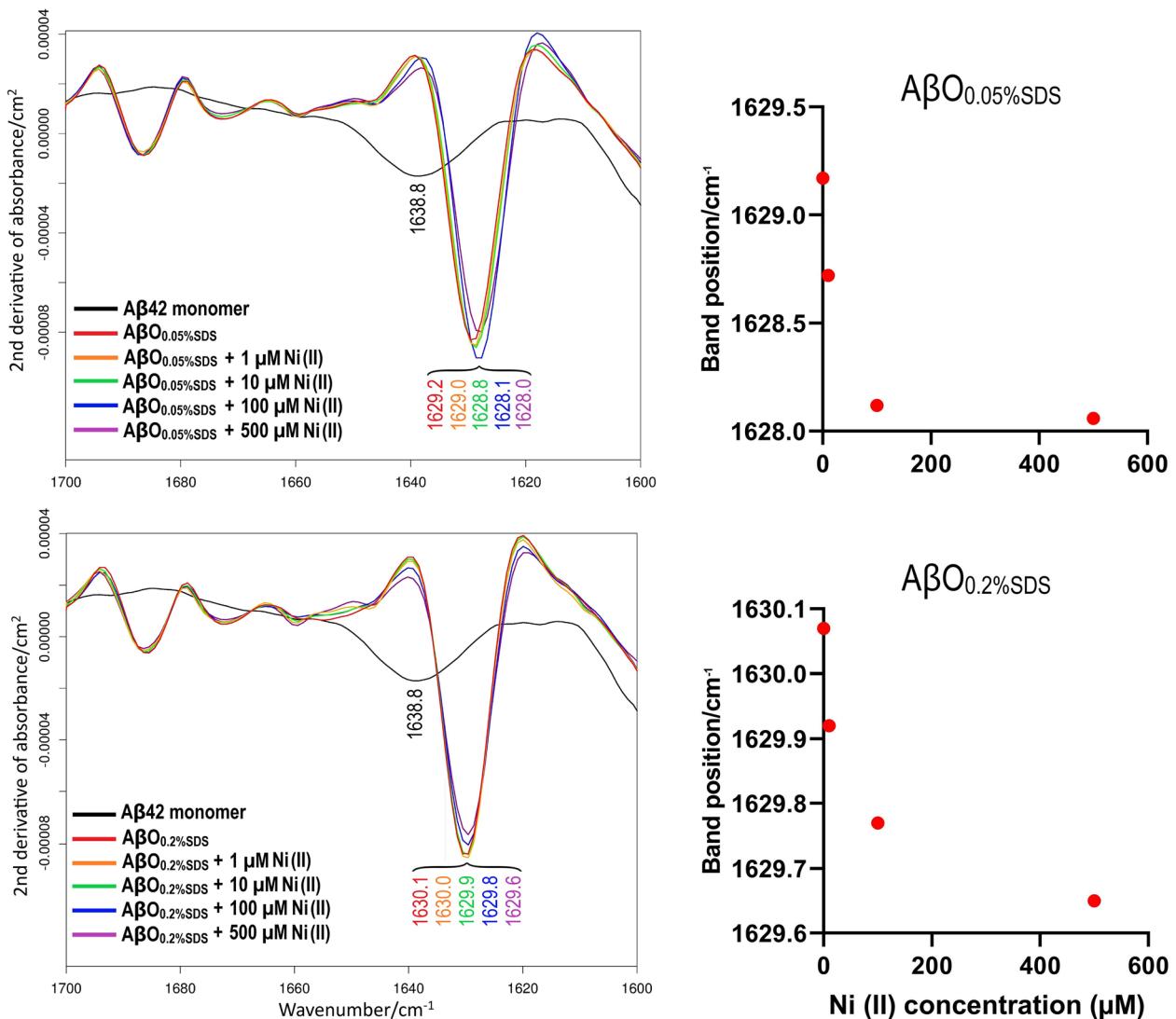
**Figure 6.** Top row: AFM images of the aggregation products obtained after incubation of 10  $\mu\text{M}$   $\text{A}\beta_{40}$  peptides for 24 h together with either 0, 1, 10, or 50  $\mu\text{M}$  Ni(II) acetate. Bottom row: Representative AFM cross-sections of respectively  $\text{A}\beta_{40}$  amyloid fibrils (A,B) and  $\text{A}\beta_{40}$  unstructured aggregates (C,D), corresponding to the colored lines shown in the AFM images.



**Figure 7.** Effects of Ni(II) ions on formation of SDS-stabilized  $\text{A}\beta_{42}$  oligomers ( $\text{A}\beta\text{O}_{0.05\%}\text{SDS}$  and  $\text{A}\beta\text{O}_{0.2\%}\text{SDS}$ ) studied by BN-PAGE. Lane 1: Monomers; Lanes 2–5:  $\text{A}\beta\text{O}_{0.05\%}\text{SDS}$  oligomers with respectively 0, 10, 100, and 500  $\mu\text{M}$  Ni(II) ions; Lanes 6–9:  $\text{A}\beta\text{O}_{0.2\%}\text{SDS}$  oligomers with respectively 0, 10, 100, and 500  $\mu\text{M}$  Ni(II) ions.

considered as indicative of the anti-parallel  $\beta$ -sheet structure<sup>117,118,120</sup>. When Ni(II) acetate is introduced during the  $\text{A}\beta_{42}$  oligomer formation reactions, the main band is slightly down-shifted: for  $\text{A}\beta\text{O}_{0.05\%}\text{SDS}$  (Fig. 8, upper row) from 1629.2  $\text{cm}^{-1}$  in the absence of Ni(II) acetate to 1628.0  $\text{cm}^{-1}$  at 500  $\mu\text{M}$  of Ni(II) acetate (the highest concentration), and for  $\text{A}\beta\text{O}_{0.2\%}\text{SDS}$  (Fig. 8, lower row) from 1630.1 to 1629.6  $\text{cm}^{-1}$  upon addition of Ni(II) acetate up to 500  $\mu\text{M}$ . The downshift is smaller for the oligomers prepared at the higher SDS concentration, indicating that they are less sensitive to Ni(II)-induced effects on the oligomer conformation. The spectral changes observed with Ni(II) are in interesting contrast to the absence of spectral effects upon addition of Li(I) ions<sup>121</sup>. The downshift is mainly observed in the presence of Ni(II) concentrations between 10 and 100  $\mu\text{M}$ , which agrees with the binding affinities estimated from the CD and NMR results. Detailed analysis of the spectra in Fig. 8 shows that the shifts in band position are associated with a widening of the main  $\beta$ -sheet band on its low wavenumber side, indicating a higher abundance of larger oligomers<sup>82</sup>. Most of this widening occurs between 10 and 100  $\mu\text{M}$  Ni(II). It further increases between 100 and 500  $\mu\text{M}$  Ni(II), which correlates with the appearance of a high molecular weight smear on the BN-PAGE gel (Fig. 7).

Our previous study on the IR characterization of  $\text{A}\beta_{42}$  oligomers has revealed a relationship between oligomer size and position of the main band in the amide I region<sup>82</sup>. According to these findings, the downshift of the main IR band is associated with an increase in average oligomer size and a concomitant extension of their  $\beta$ -sheet structure. However, the Ni(II)-induced size change is rather modest. The band position of  $\text{A}\beta\text{O}_{0.2\%}\text{SDS}$  at the highest Ni(II) ion concentration is still higher than the  $\text{A}\beta\text{O}_{0.05\%}\text{SDS}$  band position in the absence of Ni(II) ions, indicating that the oligomers contain less than twelve peptides. Also, the band position of  $\text{A}\beta\text{O}_{0.05\%}\text{SDS}$  at 500  $\mu\text{M}$  Ni(II) concentration is considerably higher than that of oligomers formed in the absence of SDS (1623.1  $\text{cm}^{-1}$ ),



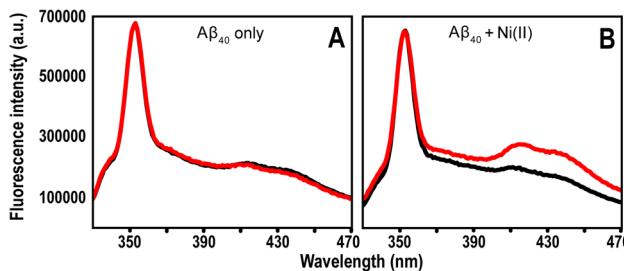
**Figure 8.** Transmission FTIR data for synthetic A $\beta$ O $_{0.05\%}$ SDS (upper row) and synthetic A $\beta$ O $_{0.2\%}$ SDS (lower row) formed in the presence of different concentrations of Ni(II) ions. The spectra show raw data without normalization. Left: Second derivatives of IR absorbance spectra in the amide I range ( $1700\text{--}1600\text{ cm}^{-1}$ ) at zero Ni(II) (red); 1  $\mu\text{M}$  Ni(II) (orange); 10  $\mu\text{M}$  Ni(II)—(green); 100  $\mu\text{M}$  Ni(II) (blue); 500  $\mu\text{M}$  Ni(II) (violet). The black spectrum is for A $\beta$ <sub>42</sub> monomers. Right: Dependence on Ni(II) ion concentration for the position (in  $\text{cm}^{-1}$ ) of the main amide I band. For a more clear presentation, the data point at 1  $\mu\text{M}$  was omitted.

which had an average molecular weight of  $\sim$  100 kDa according to Western blotting<sup>82</sup>. Thus, the dominant  $\beta$ -sheet containing oligomer species of A $\beta$ O $_{0.05\%}$ SDS seem to be smaller than  $\sim$  100 kDa.

The interpretation of the current IR results is in good agreement with the results from the gel electrophoresis experiments, particularly with the BN-PAGE data (Fig. 7). Both IR and PAGE results indicate that addition of Ni(II) ions appears to interfere with the SDS-induced conversion of A $\beta$ <sub>42</sub> monomers into homogeneous and stable oligomeric structures, instead favoring formation of larger and more diverse (heterogeneous) oligomer populations.

**Ni(II)-induced dityrosine formation.** Fluorescence measurements were carried out to investigate if binding of Ni(II) ions could induce formation of covalent dityrosine crosslinks in A $\beta$  peptides, similar to what has been observed for Cu(II) ions<sup>122–125</sup>. Fluorescence emission spectra for A $\beta$ <sub>40</sub> peptides incubated over time with or without Ni(II) acetate are shown in Fig. 9.

The control sample without added Ni(II) ions, which contained 50  $\mu\text{M}$  EDTA to ensure no free metal ions were present, displayed virtually identical spectra before and after 6 h of incubation (Fig. 9A). This is in stark contrast to the sample with 100  $\mu\text{M}$  Ni(II) ions added, where two large new peaks around 410 nm and 435 nm formed during the incubation time (Fig. 9B). The peak around 410 nm is from dityrosine<sup>126</sup>, while the peak around 435 nm likely is from a different but related system, such as excimers<sup>127</sup>. These results are not surprising, as nickel is known to be very redox-active. Both the Ni(I)/Ni(II) and Ni(II)/Ni(III) redox pairs could be



**Figure 9.** Fluorescence spectra of 10  $\mu\text{M}$   $\text{A}\beta_{40}$  in 20 mM MES buffer, pH 7.3, incubated together with 50  $\mu\text{M}$  EDTA (A) or with 100  $\mu\text{M}$  Ni(II) acetate (B). Black line—0 h; red line—6 h.

involved in generating the oxygen radicals required for dityrosine formation<sup>128</sup>. It should be noted that weak peaks around 410 nm and 435 nm are present in both samples already at time zero (Fig. 9). This shows that some dityrosine cross-links have been generated even before the experiment was initiated, which is consistent with previous reports stating that  $\text{A}\beta$  peptides can induce oxidative stress on their own, especially in somewhat aggregated states<sup>129,130</sup>.

## Discussion

Nickel is a well-known neurotoxicant, but its role in neurodegenerative diseases remains unclear<sup>44</sup>. Several studies have investigated the possible effects of transition metals such as Cu and Zn in AD neuropathology, with an emphasis on interactions with the amyloid-forming  $\text{A}\beta$  peptides<sup>29–32</sup>. We therefore interpret our current results on  $\text{A}\beta$  interactions with Ni(II) ions mainly in the light of earlier work on  $\text{A}\beta$  binding to Cu(II) and Zn(II) ions.

**Residue-specific binding of Ni(II) ions to  $\text{A}\beta$  peptides.** Our NMR results show that equimolar amounts of Ni(II) ions display residue-specific binding to the N-terminal segment of the  $\text{A}\beta_{40}$  peptide (Fig. 1). This is in line with earlier studies showing that Ni(II) ions can bind N-terminal  $\text{A}\beta$  fragments<sup>45–47</sup>. The 2D  $^1\text{H}$ - $^{13}\text{C}$ -HSQC NMR data (Fig. 2) suggest that the three histidine residues His6, His13, and His14 are involved as binding ligands, possibly together with the Tyr10 residue. Previous work has established the metal-binding capacity of the Tyr phenol ring<sup>131</sup>, and in  $\text{A}\beta$  peptides the Tyr10 residue seems to be involved in binding to Pb(IV) ions<sup>38</sup>. The weaker Ni(II)/ $\text{A}\beta_{40}$  interactions observed at low pH (Fig. 1) further support the histidines being binding ligands, as these residues become protonated at low pH and therefore less prone to interact with cations<sup>92,106,132</sup>. The CD spectroscopy measurements also support the histidines being involved as binding ligands: addition of Ni(II) ions induces structural changes in  $\text{A}\beta_{40}$  peptides, but not in  $\text{A}\beta_{40}$ (NoHis) mutant peptides (Fig. 3). This indicates that Ni(II) ions do not bind  $\text{A}\beta$  peptides when the His residues are absent, which is not surprising, given that Ni(II) ions are known to bind His residues such as those in protein His-tags<sup>133</sup>. Thus, Ni(II) ions seem to belong to a family of metal ions that coordinate to the  $\text{A}\beta$  N-terminal segment mainly by the His residues, just like Ag(I), Cu(II), Fe(II), Hg(II), Mn(II), Zn(II), and possibly Pb(IV) ions<sup>20,37,38,40,47,52,53,92,134,135</sup>. The exact binding coordination could not be determined from our measurements, and it is possible that multiple alternating binding conformations exist, as has been shown for Cu(II) ions<sup>136</sup>.

According to the Irving-Williams series<sup>137</sup>, the binding affinities of certain divalent metal ions to peptides and proteins should follow the order  $\text{Mn(II)} < \text{Fe(II)} < \text{Co(II)} < \text{Ni(II)} < \text{Cu(II)} > \text{Zn(II)}$ . Metal binding affinities are however notoriously difficult to quantify, as they tend to vary both with the experimental conditions (buffer, temperature) and the employed measurement technique<sup>138</sup>. For example, binding affinities varying by several orders of magnitude have previously been reported for the  $\text{A}\beta$ -Cu(II) complex, with a consensus value in the low nM region for buffer-corrected affinity<sup>138</sup>. In our earlier studies, we have reported apparent (not buffer-corrected)  $K_D$  values around 50–100  $\mu\text{M}$  for Mn(II) ions in phosphate buffer, pH 7.35<sup>37</sup>, around 1–10  $\mu\text{M}$  for Zn(II) ions in phosphate or Hepes buffer, pH 7.2<sup>40</sup>, and around 0.5 – 2.5  $\mu\text{M}$  for Cu(II) ions in phosphate or Hepes buffer, pH 7.2–pH 7.35<sup>40,96,106</sup>.

Both the CD and the NMR measurements suggest an affinity in the low  $\mu\text{M}$  range for Ni(II) binding to  $\text{A}\beta$  peptides (Fig. 4), i.e. weaker than Cu(II) ions, stronger than Mn(II) ions, and perhaps somewhat similar to Zn(II) binding affinity, which would be consistent with the Irving-Williams series. As the Ni(II) ions bind to the N-terminal  $\text{A}\beta$  segment, the binding affinity should be rather the same for  $\text{A}\beta_{40}$  and  $\text{A}\beta_{42}$  peptides, and also for shorter  $\text{A}\beta$  versions such as  $\text{A}\beta(1–28)$  and  $\text{A}\beta(1–16)$ . The CD measurements indicate that the Ni(II) binding affinity to the truncated  $\text{A}\beta(4–40)$  peptide is similar to, or even somewhat weaker than, the affinity to the full-length  $\text{A}\beta_{40}$  peptide (Figs. 3 and 4). This is unexpected, as the  $\text{A}\beta(4–40)$  peptide has been reported to contain an N-terminal binding motif that supposedly provides very strong binding to Cu(II) and Ni(II) ions<sup>139</sup>, i.e. possibly fM affinity for Cu(II) ions<sup>140</sup>. Binding of metal ions to truncated  $\text{A}\beta$  variants is biologically relevant as such variants, and especially  $\text{A}\beta(4–42)$ , are abundant in amyloid plaques from both healthy and AD brain tissues<sup>141–144</sup>.

**Effects of Ni(II) ions on  $\text{A}\beta$  structure and aggregation.** Similar to e.g. Ag(I), Cu(II), Hg(II), and Zn(II) ions<sup>39,40,52,53</sup>, Ni(II) ions retard  $\text{A}\beta_{40}$  amyloid formation in a concentration-dependent manner by directing the aggregation pathways towards non-fibrillar amorphous aggregates as demonstrated both by ThT fluorescence and AFM imaging (Figs. 5 and 6). Already at a 1:1 Ni(II)/ $\text{A}\beta$  ratio,  $\text{A}\beta_{40}$  fibrillation appears to be com-

pletely inhibited. This supports earlier studies reporting that Ni(II) ions can influence protein aggregation<sup>145</sup>. We have previously shown that low Zn(II) concentrations induce a Zn(II)-bound structure that prevents the A $\beta$  peptides from forming the  $\beta$ -hairpin required for fibrillation<sup>19,40</sup>. At higher Zn(II) concentrations  $\beta$ -sheet structure was induced<sup>92</sup>, similar to our current observations with CD spectroscopy that Ni(II) ions induce  $\beta$ -sheet structure in A $\beta$ <sub>40</sub> and A $\beta$ (4–40) peptides (Fig. 3D,F). A $\beta$  aggregation is promoted by the direct electrostatic effect of binding cations to the anionic A $\beta$  peptides, thereby reducing repulsion between the A $\beta$  peptides<sup>40</sup>. Given that Ni(II) and Zn(II) ions have similar charge and binding ligands, they likely affect A $\beta$  aggregation and fibrillation via similar mechanisms.

Although A $\beta$  fibrils, such as those shown in Fig. 6A,B, are the end products of A $\beta$  aggregation, intermediate aggregates known as soluble oligomers are now generally considered to be the main toxic species in AD pathology<sup>146,147</sup>. The toxic mechanisms are unclear, but may involve membrane disruption<sup>30</sup>, as some studies have reported that A $\beta$  oligomers can form membrane-spanning “pores” that can induce leakage of e.g. Ca(II) ions<sup>148</sup>. Interestingly, other studies have reported that this harmful Ca(II) leakage can be inhibited by histidine-associating compounds, such as imidazole, Zn(II), and Ni(II) ions<sup>41,149</sup>. Because Cu(II), Zn(II), and other divalent ions have been shown to affect the structure, stability, and/or toxicity of A $\beta$  oligomers<sup>149–152</sup>, it is worth noting that both our FTIR (Figs. 8 and S2) and CD results (Figs. 3 and S1) show that Ni(II) ions induce structural changes in both A $\beta$  oligomers and A $\beta$  monomers. This is in line with earlier studies showing that both SDS-stabilized A $\beta$ <sub>42</sub> oligomers<sup>81,153,154</sup>, and SDS micelle-bound A $\beta$  monomers<sup>51,96</sup> contain surface-exposed N-termini which makes it possible for the N-terminal H6, H13, and H14 residues to interact with metal ions. We speculate that Ni(II) ions affect A $\beta$  oligomer structure in similar ways as Cu(II) and Zn(II) ions do, even though the exact mechanisms are not fully understood<sup>30</sup>. Addition of Ni(II) ions reduces the intensity of the NMR crosspeaks for monomeric A $\beta$ <sub>40</sub> peptides in random coil structure (Fig. 1), showing that this conformation becomes less populated. But no new NMR crosspeaks appear (Fig. 1), which shows that the Ni(II) ions do not bind to form a single well-defined Ni(II)-A $\beta$  complex. Instead, a range of heterogeneous  $\beta$ -sheet-containing structures are induced, which most likely exist in different stages of aggregation. They can be observed in CD and FTIR spectra, but not in NMR spectra<sup>92,94</sup>.

**Effects of Ni(II) ions on A $\beta$  dityrosine formation.** Ni(II) ions may affect the A $\beta$  aggregation processes also via formation of reactive oxygen species (ROS). Nickel is well known as a redox-active metal that can adopt a wide range of oxidation states, i.e., from  $-1$  to  $+4$ <sup>155</sup>. While this can be usefully employed in engineering contexts such as in Ni–Cd batteries, in biological systems it means that Ni can induce oxidative stress, and this may be one of the main mechanisms of Ni toxicity<sup>69</sup>. Our experiments show that addition of Ni(II) ions initiates formation of A $\beta$ <sub>40</sub> dityrosine cross-links (Fig. 9), which is a common ROS effect. Earlier studies have shown that bound redox-active Cu ions can initiate dityrosine formation, both in A $\beta$  and other peptides and proteins<sup>96,122–125,152,156,157</sup>. It is therefore not surprising that a similar effect is observed for Ni(II) ions, especially as the NMR results indicate that Tyr10 is one of the Ni(II) binding ligands (Fig. 2). As wt A $\beta$  peptides only contain one Tyr residue, i.e. Tyr10, dityrosine formation must involve two A $\beta$  peptides, which then combine into a covalently linked dimer. Such dityrosine-linked A $\beta$  dimers are of biological significance, as they have been found in amyloid plaques in AD brains<sup>158</sup>. As these plaques contain elevated levels of bound redox-active Cu and Fe ions<sup>26,27</sup>, it is likely that the A $\beta$  dityrosine links observed in AD patients are generated by metal-induced ROS. Because dimerization is the first step towards peptide aggregation, dityrosine formation in A $\beta$  peptides is clearly a process that influences aggregation. In vitro studies have shown that dityrosine-linked A $\beta$  dimers undergo rapid aggregation into oligomers that are stable, soluble, and neurotoxic<sup>159</sup>.

## Conclusions

We here show for the first time that Ni(II) ions bind to the N-terminal segment of biologically relevant (i.e., full-length) A $\beta$  peptides. The Ni(II) binding affinity is in the low  $\mu$ M range, with the three N-terminal His residues and possibly Tyr10 involved as binding ligands. At equimolar amounts, Ni(II) ions impede A $\beta$  fibrillation by directing the aggregation towards amorphous aggregates. The redox-active Ni(II) ions induce dityrosine cross-links via redox chemistry, thereby creating covalent A $\beta$  dimers. Ni(II) ions induce structural alterations in A $\beta$  monomers, both in aqueous buffer (formation of beta sheets) and in membrane-mimicking SDS micelles (likely formation of coil-coil helix), and affect also A $\beta$  oligomerization. Although Ni(II) binding to A $\beta$  is somewhat weaker than Cu(II) binding, the two metal ions induce similar effects on A $\beta$  structure and aggregation. Exposure to stoichiometric amounts of Ni(II) ions induces formation of heterogeneous A $\beta$  oligomers, which can be observed with CD and IR but not NMR spectroscopy. These oligomers, which are in a dynamic equilibrium with A $\beta$  monomers, may be important contributors to AD brain pathology.

## Data availability

All data generated or analysed during this study are included in this published article (and its supplementary information files). The raw data for the spectroscopy measurements are available from the corresponding author on reasonable request.

Received: 13 September 2022; Accepted: 13 February 2023

Published online: 27 February 2023

## References

1. Prince, M. *et al.* World Alzheimer Report 2015—The Global Impact of Dementia (Alzheimer’s Disease International (ADI), London, UK, 2015).

2. Alzheimer's-Association. 2017 Alzheimer's disease facts and figures. *Alzheimer's Dementia* **13**, 325–373 (2017).
3. Fan, L. *et al.* New insights into the pathogenesis of Alzheimer's disease. *Front. Neurol* **10**, 1312. <https://doi.org/10.3389/fneur.2019.01312> (2019).
4. Masters, C. L. *et al.* Alzheimer's disease. *Nat. Rev. Dis. Primers* **1**, 15056. <https://doi.org/10.1038/nrdp.2015.56> (2015).
5. Irvine, G. B., El-Agnaf, O. M., Shankar, G. M. & Walsh, D. M. Protein aggregation in the brain: The molecular basis for Alzheimer's and Parkinson's diseases. *Mol. Med.* **14**, 451–464. <https://doi.org/10.2119/2007-00100.Irvine> (2008).
6. Glenner, G. G. & Wong, C. W. Alzheimer's disease: Initial report of the purification and characterization of a novel cerebrovascular amyloid protein. *Biochem. Biophys. Res. Commun.* **120**, 885–890 (1984).
7. Sunde, M. & Blake, C. C. From the globular to the fibrous state: Protein structure and structural conversion in amyloid formation. *Q. Rev. Biophys.* **31**, 1–39 (1998).
8. Eisenberg, D. & Jucker, M. The amyloid state of proteins in human diseases. *Cell* **148**, 1188–1203. <https://doi.org/10.1016/j.cell.2012.02.022> (2012).
9. Haass, C. & Selkoe, D. J. Soluble protein oligomers in neurodegeneration: Lessons from the Alzheimer's amyloid  $\beta$ -peptide. *Nat. Rev. Mol. Cell Biol.* **8**, 101–112. <https://doi.org/10.1038/nrm2101> (2007).
10. Walsh, D. M. & Selkoe, D. J.  $\text{A}\beta$  oligomers—A decade of discovery. *J. Neurochem.* **101**, 1172–1184. <https://doi.org/10.1111/j.1471-4159.2006.04426.x> (2007).
11. Glabe, C. G. Structural classification of toxic amyloid oligomers. *J. Biol. Chem.* **283**, 29639–29643. <https://doi.org/10.1074/jbc.R800016200> (2008).
12. Sandberg, A. *et al.* Stabilization of neurotoxic Alzheimer amyloid- $\beta$  oligomers by protein engineering. *Proc. Natl. Acad. Sci. USA* **107**, 15595–15600. <https://doi.org/10.1073/pnas.1001740107> (2010).
13. Luo, J., Wärmländer, S. K., Gräslund, A. & Abrahams, J. P. Cross-interactions between the Alzheimer disease amyloid- $\beta$  peptide and other amyloid proteins: A further aspect of the amyloid cascade hypothesis. *J. Biol. Chem.* **291**, 16485–16493. <https://doi.org/10.1074/jbc.R116.714576> (2016).
14. Selkoe, D. J. & Hardy, J. The amyloid hypothesis of Alzheimer's disease at 25 years. *EMBO Mol. Med.* **8**, 595–608. <https://doi.org/10.15252/emmm.201606210> (2016).
15. Nath, S. *et al.* Spreading of neurodegenerative pathology via neuron-to-neuron transmission of  $\beta$ -amyloid. *J. Neurosci.* **32**, 8767–8777. <https://doi.org/10.1523/JNEUROSCI.0615-12.2012> (2012).
16. Sardar, Sinha, M. *et al.* Alzheimer's disease pathology propagation by exosomes containing toxic amyloid- $\beta$  oligomers. *Acta Neuropathol.* **136**, 41–56. <https://doi.org/10.1007/s00401-018-1868-1> (2018).
17. Aaseth, J. *et al.* Copper, iron, selenium and lipo-glycemic dysmetabolism in Alzheimer's disease. *Int. J. Mol. Sci.* <https://doi.org/10.3390/ijms22179461> (2021).
18. Owen, M. C. *et al.* Effects of in vivo conditions on amyloid aggregation. *Chem. Soc. Rev.* <https://doi.org/10.1039/c8cs00034d> (2019).
19. Abelein, A. *et al.* The hairpin conformation of the amyloid  $\beta$  peptide is an important structural motif along the aggregation pathway. *J. Biol. Inorg. Chem.* **19**, 623–634. <https://doi.org/10.1007/s00775-014-1131-8> (2014).
20. Wärmländer, S. *et al.* Biophysical studies of the amyloid  $\beta$ -peptide: Interactions with metal ions and small molecules. *ChemBioChem* **14**, 1692–1704. <https://doi.org/10.1002/cbic.201300262> (2013).
21. Luo, J. *et al.* Endogenous polyamines reduce the toxicity of soluble  $\text{A}\beta$  peptide aggregates associated with Alzheimer's disease. *Biomacromol* **15**, 1985–1991. <https://doi.org/10.1021/bm401874j> (2014).
22. Luo, J. *et al.* Cellular polyamines promote amyloid-beta ( $\text{A}\beta$ ) peptide fibrillation and modulate the aggregation pathways. *ACS Chem. Neurosci.* **4**, 454–462. <https://doi.org/10.1021/cn300170x> (2013).
23. Wallin, C., Luo, J., Jarvet, J., Wärmländer, S. & Gräslund, A. The Amyloid- $\beta$  peptide in amyloid formation processes: Interactions with blood proteins and naturally occurring metal ions. *Isr. J. Chem.* **57**, 674–685. <https://doi.org/10.1002/ijch.201600105> (2017).
24. Duce, J. A., Bush, A. I. & Adlard, P. A. Role of amyloid- $\beta$ -metal interactions in Alzheimer's disease. *Future Neurol.* **6**, 641–659 (2011).
25. Szabo, S. T., Harry, G. J., Hayden, K. M., Szabo, D. T. & Birnbaum, L. Comparison of metal levels between postmortem brain and ventricular fluid in Alzheimer's disease and nondemented elderly controls. *Toxicol. Sci.* **150**, 292–300. <https://doi.org/10.1093/toxsci/kfv325> (2016).
26. Lovell, M. A., Robertson, J. D., Teesdale, W. J., Campbell, J. L. & Markesberry, W. R. Copper, iron and zinc in Alzheimer's disease senile plaques. *J. Neurol. Sci.* **158**, 47–52 (1998).
27. Miller, L. M. *et al.* Synchrotron-based infrared and X-ray imaging shows focalized accumulation of Cu and Zn co-localized with  $\beta$ -amyloid deposits in Alzheimer's disease. *J. Struct. Biol.* **155**, 30–37. <https://doi.org/10.1016/j.jsb.2005.09.004> (2006).
28. Beauchemin, D. & Kisilevsky, R. A method based on ICP-MS for the analysis of Alzheimer's amyloid plaques. *Anal. Chem.* **70**, 1026–1029 (1998).
29. Tiiman, A., Palumaa, P. & Tougu, V. The missing link in the amyloid cascade of Alzheimer's disease–metal ions. *Neurochem. Int.* **62**, 367–378. <https://doi.org/10.1016/j.neuint.2013.01.023> (2013).
30. Wärmländer, S. K. T. S. *et al.* Metal binding to the amyloid- $\beta$  peptides in the presence of biomembranes: Potential mechanisms of cell toxicity. *J. Biol. Inorganic Chem.* **24**, 1189–1196. <https://doi.org/10.1007/s00775-019-01723-9> (2019).
31. Huat, T. J. *et al.* Metal toxicity links to Alzheimer's disease and neuroinflammation. *J. Mol. Biol.* **431**, 1843–1868. <https://doi.org/10.1016/j.jmb.2019.01.018> (2019).
32. Kim, A. C., Lim, S. & Kim, Y. K. Metal ion effects on  $\text{A}\beta$  and Tau aggregation. *Int. J. Mol. Sci.* <https://doi.org/10.3390/ijms19010128> (2018).
33. Wild, K., August, A., Pietrzik, C. U. & Kins, S. Structure and synaptic function of metal binding to the amyloid precursor protein and its proteolytic fragments. *Front. Mol. Neurosci.* **10**, 21. <https://doi.org/10.3389/fnmol.2017.00021> (2017).
34. Ayton, S., Lei, P. & Bush, A. I. Metallostasis in Alzheimer's disease. *Free Radic. Biol. Med.* **62**, 76–89. <https://doi.org/10.1016/j.freeradbiomed.2012.10.558> (2013).
35. Branch, T., Barahona, M., Dodson, C. A. & Ying, L. Kinetic analysis reveals the identity of  $\text{A}\beta$ -metal complex responsible for the initial aggregation of  $\text{A}\beta$  in the synapse. *ACS Chem. Neurosci.* **8**, 1970–1979. <https://doi.org/10.1021/acscchemneuro.7b00121> (2017).
36. Miller, Y., Ma, B. & Nussinov, R. Metal binding sites in amyloid oligomers: Complexes and mechanisms. *Coord. Chem. Rev.* **256**, 2245–2252 (2012).
37. Wallin, C. *et al.* Characterization of Mn(II) ion binding to the amyloid- $\beta$  peptide in Alzheimer's disease. *J. Trace Elem. Med. Biol.* **38**, 183–193. <https://doi.org/10.1016/j.jtemb.2016.03.009> (2016).
38. Wallin, C. *et al.* Alzheimer's disease and cigarette smoke components: Effects of nicotine, PAHs, and Cd(II), Cr(III), Pb(II), Pb(IV) ions on amyloid- $\beta$  peptide aggregation. *Sci. Rep.* **7**, 14423. <https://doi.org/10.1038/s41598-017-13759-5> (2017).
39. Faller, P., Hureau, C. & Berthoumieu, O. Role of metal ions in the self-assembly of the Alzheimer's amyloid- $\beta$  peptide. *Inorg. Chem.* **52**, 12193–12206. <https://doi.org/10.1021/ic4003059> (2013).
40. Danielsson, J., Pierattelli, R., Banci, L. & Gräslund, A. High-resolution NMR studies of the zinc-binding site of the Alzheimer's amyloid  $\beta$ -peptide. *FEBS J.* **274**, 46–59. <https://doi.org/10.1111/j.1742-4658.2006.05563.x> (2007).
41. Arispe, N., Diaz, J. C. & Flora, M. Efficiency of histidine-associating compounds for blocking the Alzheimer's  $\text{A}\beta$  channel activity and cytotoxicity. *Biophys. J.* **95**, 4879–4889. <https://doi.org/10.1529/biophysj.108.135517> (2008).

42. ATSDR. *Agency for Toxic Substances and Disease Registry: Toxicological Profile for Nickel* (2005).
43. Uter, W., Pfahlberg, A., Gefeller, O., Geier, J. & Schnuch, A. Risk factors for contact allergy to nickel—Results of a multifactorial analysis. *Contact Dermatitis* **48**, 33–38. [https://doi.org/10.1034/j.1600-0536.46.s4.29\\_102.x](https://doi.org/10.1034/j.1600-0536.46.s4.29_102.x) (2003).
44. Ijomone, O. M. *Advances in Neurotoxicology* (ed Ashner, M.) 263–284 (Academic Press, 2021).
45. Józsa, E. *et al.* Nickel(II) and mixed metal complexes of amyloid- $\beta$  N-terminus. *Dalton Trans.* **39**, 7046–7053. <https://doi.org/10.1039/c0dt00189a> (2010).
46. Grenács, A. & Sóvágó, I. Copper(II), nickel(II) and zinc(II) complexes of the N-terminal nonapeptide fragment of amyloid- $\beta$  and its derivatives. *J. Inorg. Biochem.* **139**, 49–56. <https://doi.org/10.1016/j.jinorgbio.2014.06.001> (2014).
47. Lermite, F. *et al.* Metal ion binding to the amyloid  $\beta$  monomer studied by native top-down FTICR mass spectrometry. *J. Am. Soc. Mass Spectrom.* <https://doi.org/10.1007/s13361-019-02283-7> (2019).
48. Österlund, N. *et al.* Amyloid- $\beta$  peptide interactions with amphiphilic surfactants: Electrostatic and hydrophobic effects. *ACS Chem. Neurosci.* **9**, 1680–1692. <https://doi.org/10.1021/acscchemneuro.8b00065> (2018).
49. Österlund, N., Luo, J., Wärmländer, S. K. T. S. & Gräslund, A. Membrane-mimetic systems for biophysical studies of the amyloid- $\beta$  peptide. *Biochim. Biophys. Acta Proteins Proteom.* **492–501**, 2019. <https://doi.org/10.1016/j.bbaprote.2018.11.005> (1867).
50. Danielsson, J., Jarvet, J., Damberg, P. & Gräslund, A. The Alzheimer  $\beta$ -peptide shows temperature-dependent transitions between left-handed 3-helix,  $\beta$ -strand and random coil secondary structures. *FEBS J.* **272**, 3938–3949. <https://doi.org/10.1111/j.1742-4658.2005.04812.x> (2005).
51. Jarvet, J., Danielsson, J., Damberg, P., Oleszczuk, M. & Gräslund, A. Positioning of the Alzheimer A $\beta$ (1–40) peptide in SDS micelles using NMR and paramagnetic probes. *J. Biomol. NMR* **39**, 63–72. <https://doi.org/10.1007/s10858-007-9176-4> (2007).
52. Wallin, C. *et al.* Mercury and Alzheimer's disease: Hg(II) ions display specific binding to the amyloid- $\beta$  peptide and hinder its fibrillization. *Biomolecules* <https://doi.org/10.3390/biom10010044> (2019).
53. Wallin, C. *et al.* Metal ion coordination delays amyloid- $\beta$  peptide self-assembly by forming an aggregation-inert complex. *J. Biol. Chem.* **295**, 7224–7234. <https://doi.org/10.1074/jbc.RA120.012738> (2020).
54. Klein, C. & Costa, M. *Handbook on the Toxicology of Metals*, 4th ed. *Volume II: Specific Metals* (eds Nordberg, G. F. *et al.*) (Elsevier, 2015).
55. Anke, M., Groppel, B., Kronemann, H. & Grun, M. *Nickel—An essential element* 339–365 (IARC Sci Publ, 1984).
56. Fischer, F. *et al.* Characterization in *Helicobacter pylori* of a nickel transporter essential for colonization that was acquired during evolution by gastric *Helicobacter* species. *PLoS Pathog.* **12**, e1006018. <https://doi.org/10.1371/journal.ppat.1006018> (2016).
57. Eskew, D. L., Welch, R. M. & Cary, E. E. Nickel: An essential micronutrient for legumes and possibly all higher plants. *Science* **222**, 621–623. <https://doi.org/10.1126/science.222.4624.621> (1983).
58. Genchi, G., Carocci, A., Lauria, G., Sincicropi, M. S. & Catalano, A. Nickel: Human health and environmental toxicology. *Int. J. Environ. Res. Public Health* <https://doi.org/10.3390/ijerph17030679> (2020).
59. Nielsen, F. H., Ollerich, D. A., Fosmire, G. J. & Sandstead, H. H. Nickel deficiency in chicks and rats: Effects on liver morphology, function and polysomal integrity. *Adv. Exp. Med. Biol.* **48**, 389–403. [https://doi.org/10.1007/978-1-4684-0943-7\\_18](https://doi.org/10.1007/978-1-4684-0943-7_18) (1974).
60. Stangl, G. I. & Kirchgessner, M. Nickel deficiency alters liver lipid metabolism in rats. *J. Nutr.* **126**, 2466–2473. <https://doi.org/10.1093/jn/126.10.2466> (1996).
61. Mania, M., Rebeniak, M. & Postupolski, J. Exposure assessment of the population in Poland to the toxic effects of nickel from vegetable and their products. *Roczn. Panstw. Zakl. Hig.* **70**, 401–406. <https://doi.org/10.32394/rphz.2019.0095> (2019).
62. World Health, O. Air quality guidelines for Europe. *WHO Reg Publ Eur Ser*, V-X, 1–273 (2000).
63. Chain, E. P. o. C. i. t. F. *et al.* Update of the risk assessment of nickel in food and drinking water. *EFSA J.* **18**, e06268. <https://doi.org/10.2903/j.efsa.2020.6268> (2020).
64. Bernhard, D., Rossmann, A. & Wick, G. Metals in cigarette smoke. *IUBMB Life* **57**, 805–809. <https://doi.org/10.1080/15216540500459667> (2005).
65. Dahlstrand, H., Stark, A., Anissian, L. & Hailer, N. P. Elevated serum concentrations of cobalt, chromium, nickel, and manganese after metal-on-metal alloarthroplasty of the hip: A prospective randomized study. *J. Arthroplasty* **24**, 837–845. <https://doi.org/10.1016/j.arth.2008.07.019> (2009).
66. Setcos, J. C., Babaei-Mahani, A., Silvio, L. D., Mjor, I. A. & Wilson, N. H. The safety of nickel containing dental alloys. *Dent. Mater.* **22**, 1163–1168. <https://doi.org/10.1016/j.dental.2005.11.033> (2006).
67. Cheng, C. F. & Schwitter, C. M. Nickel in ancient bronzes. *Am. J. Archaeol.* **61**, 351–365 (1957).
68. Rauch, J. N. & Pacyna, J. M. Earth's global Ag, Al, Cr, Cu, Fe, Ni, Pb, and Zn cycles. *Glob. Biogeochem. Cycles* **23**, GB2001. <https://doi.org/10.1029/2008GB003376> (2009).
69. Das, K. K., Das, S. N. & Dhundasi, S. A. Nickel, its adverse health effects & oxidative stress. *Indian J. Med. Res.* **128**, 412–425 (2008).
70. Nordberg, G. & Costa, M. *Handbook on the Toxicology of Metals* 5th edn. (Academic Press, 2022).
71. Hou, Y. P. *et al.* The characteristics of placental transfer and tissue concentrations of nickel in late gestational rats and fetuses. *Placenta* **32**, 277–282. <https://doi.org/10.1016/j.placenta.2010.12.021> (2011).
72. Mangelsdorf, I., Walach, H. & Mutter, J. Healing of amyotrophic lateral sclerosis: A case report. *Complement. Med. Res.* **24**, 175–181. <https://doi.org/10.1159/000477397> (2017).
73. Bar-Sela, S., Reingold, S. & Richter, E. D. Amyotrophic lateral sclerosis in a battery-factory worker exposed to cadmium. *Int. J. Occup. Environ. Health* **7**, 109–112. <https://doi.org/10.1179/107735201800339470> (2001).
74. Forte, G. *et al.* Quantification of chemical elements in blood of patients affected by multiple sclerosis. *Ann. Ist. Super. Sanita* **41**, 213–216 (2005).
75. Irvine, D. G., Schiefer, H. B. & Hader, W. J. Geotoxicology of multiple sclerosis: The Henribrebourg, Saskatchewan, cluster focus. II. The soil. *Sci. Total Environ.* **77**, 175–188. [https://doi.org/10.1016/0048-9697\(88\)90054-x](https://doi.org/10.1016/0048-9697(88)90054-x) (1988).
76. Frye, R. E. *et al.* Early life metal exposure dysregulates cellular bioenergetics in children with regressive autism spectrum disorder. *Transl. Psychiatry* **10**, 223. <https://doi.org/10.1038/s41398-020-00905-3> (2020).
77. Kim, S. H. *et al.* Rapid doubling of Alzheimer's amyloid- $\beta$ 40 and 42 levels in brains of mice exposed to a nickel nanoparticle model of air pollution. *F1000Res* **1**, 70. <https://doi.org/10.12688/f1000research.1-70.v1> (2012).
78. Gorantla, N. V., Das, R., Balaraman, E. & Chinnathambi, S. Transition metal nickel prevents Tau aggregation in Alzheimer's disease. *Int. J. Biol. Macromol.* **156**, 1359–1365. <https://doi.org/10.1016/j.ijbiomac.2019.11.176> (2020).
79. Glasoe, P. K. & Long, F. A. Use of glass electrodes to measure acidities in deuterium oxide. *J. Phys. Chem.* **64**, 88–90 (1960).
80. Edelhoch, H. Spectroscopic determination of tryptophan and tyrosine in proteins. *Biochemistry* **6**, 1948–1954 (1967).
81. Barghorn, S. *et al.* Globular amyloid  $\beta$ -peptide1-42 oligomer—A homogenous and stable neuropathological protein in Alzheimer's disease. *J. Neurochem.* **95**, 834–847 (2005).
82. Vosough, F. & Barth, A. Characterization of homogeneous and heterogeneous amyloid- $\beta$ 42 oligomer preparations with biochemical methods and infrared spectroscopy reveals a correlation between infrared spectrum and oligomer size. *ACS Chem. Neurosci.* **12**, 473–488. <https://doi.org/10.1021/acschemneuro.0c00642> (2021).
83. Dominguez, A., Fernandez, A., Gonzalez, N., Iglesias, E. & Motenego, E. Determination of critical micelle concentration of some surfactants by three techniques. *J. Chem. Educ.* **74**, 1227–1231 (1997).
84. Danielsson, J., Andersson, A., Jarvet, J. & Gräslund, A. 15N relaxation study of the amyloid  $\beta$ -peptide: Structural propensities and persistence length. *Magn. Reson. Chem.* **44**, S114–S121. <https://doi.org/10.1002/mrc.1814> (2006).

85. Roche, J., Shen, Y., Lee, J. H., Ying, J. & Bax, A. Monomeric A $\beta$ (1–40) and A $\beta$  (1–42) peptides in solution adopt very similar Ramachandran map distributions that closely resemble random coil. *Biochemistry* **55**, 762–775. <https://doi.org/10.1021/acs.biochem.5b01259> (2016).
86. Yamaguchi, T., Matsuzaki, K. & Hoshino, M. Transient formation of intermediate conformational states of amyloid- $\beta$  peptide revealed by heteronuclear magnetic resonance spectroscopy. *FEBS Lett.* **585**, 1097–1102. <https://doi.org/10.1016/j.febslet.2011.03.014> (2011).
87. Kuzmic, P. *History, variants and usage of the "Morrison equation" in enzyme inhibition kinetics*, BioKin Technical Note TN-2015-01 <http://www.biokin.com/TN/2015/01> (2015).
88. Biancalana, M. & Koide, S. Molecular mechanism of Thioflavin-T binding to amyloid fibrils. *Biochem. Biophys. Acta.* **1405**–**1412**, 2010. <https://doi.org/10.1016/j.bbapap.2010.04.001> (1804).
89. Gade Malmos, K. *et al.* ThT 101: A primer on the use of thioflavin T to investigate amyloid formation. *Amyloid* **24**, 1–16. <https://doi.org/10.1080/13506129.2017.1304905> (2017).
90. Hellstrand, E., Boland, B., Walsh, D. M. & Linse, S. Amyloid  $\beta$ -protein aggregation produces highly reproducible kinetic data and occurs by a two-phase process. *ACS Chem Neurosci* **1**, 13–18. <https://doi.org/10.1021/cn900015v> (2010).
91. Baldassarre, M. & Barth, A. Pushing the detection limit of infrared spectroscopy for structural analysis of dilute protein samples. *Analyst* **139**, 5393–5399. <https://doi.org/10.1039/c4an00918e> (2014).
92. Ghalebani, L., Wahlström, A., Danielsson, J., Wärmländer, S. K. & Gräslund, A. pH-dependence of the specific binding of Cu(II) and Zn(II) ions to the amyloid- $\beta$  peptide. *Biochem. Biophys. Res. Commun.* **421**, 554–560. <https://doi.org/10.1016/j.bbrc.2012.04.043> (2012).
93. Barnhart, J. L. & Berk, R. N. Influence of paramagnetic ions and pH on proton NMR relaxation of biologic fluids. *Investig. Radiol.* **21**, 132–136. <https://doi.org/10.1097/00004424-198602000-00009> (1986).
94. Fawzi, N. L., Ying, J., Torchia, D. A. & Clore, G. M. Kinetics of amyloid  $\beta$  monomer-to-oligomer exchange by NMR relaxation. *J. Am. Chem. Soc.* **132**, 9948–9951. <https://doi.org/10.1021/ja1048253> (2010).
95. Pogostin, B. H., Malmendal, A., Londergan, C. H. & Akerfeldt, K. S. pKa determination of a histidine residue in a short peptide using Raman spectroscopy. *Molecules* <https://doi.org/10.3390/molecules24030405> (2019).
96. Tiiman, A. *et al.* Specific binding of Cu(II) ions to amyloid- $\beta$  peptides bound to aggregation-inhibiting molecules or SDS micelles creates complexes that generate radical oxygen species. *J. Alzheimers Dis.* **54**, 971–982. <https://doi.org/10.3233/JAD-160427> (2016).
97. Gielnik, M. *et al.* The prion protein octarepeat domain forms transient  $\beta$ -sheet structures upon residue-specific Cu(II) and Zn(II) binding. *bioRxiv* <https://doi.org/10.1101/2021.12.12.472308> (2021).
98. Kjaergaard, M. *et al.* Temperature-dependent structural changes in intrinsically disordered proteins: Formation of alpha-helices or loss of polyproline II?. *Protein Sci.* **19**, 1555–1564. <https://doi.org/10.1002/pro.435> (2010).
99. Greenfield, N. & Fasman, G. D. Computed circular dichroism spectra for the evaluation of protein conformation. *Biochemistry* **8**, 4108–4116. <https://doi.org/10.1021/bi00838a031> (1969).
100. Usachev, K. S., Filippov, A. V., Khairutdinov, B. I., Antzutkin, O. N. & Klochkov, V. V. NMR structure of the Arctic mutation of the Alzheimer's A $\beta$ (1–40) peptide docked to SDS micelles. *J. Mol. Struct.* **1076**, 518–523 (2014).
101. Lopez-Llano, J., Campos, L. A. & Sancho, J. Alpha-helix stabilization by alanine relative to glycine: Roles of polar and apolar solvent exposures and of backbone entropy. *Proteins* **64**, 769–778. <https://doi.org/10.1002/prot.21041> (2006).
102. Lau, S. Y., Taneja, A. K. & Hodges, R. S. Synthesis of a model protein of defined secondary and quaternary structure. Effect of chain length on the stabilization and formation of two-stranded alpha-helical coiled-coils. *J. Biol. Chem.* **259**, 13253–13261 (1984).
103. Zhou, N. E., Kay, C. M. & Hodges, R. S. Synthetic model proteins: The relative contribution of leucine residues at the non-equivalent positions of the 3–4 hydrophobic repeat to the stability of the two-stranded alpha-helical coiled-coil. *Biochemistry* **31**, 5739–5746. <https://doi.org/10.1021/bi00140a008> (1992).
104. Zhou, N. E., Kay, C. M. & Hodges, R. S. Synthetic model proteins. Positional effects of interchain hydrophobic interactions on stability of two-stranded alpha-helical coiled-coils. *J. Biol. Chem.* **267**, 2664–2670 (1992).
105. Barbar, E. & Nyarko, A. NMR characterization of self-association domains promoted by interactions with LC8 hub protein. *Comput. Struct. Biotechnol. J.* **9**, e201402003. <https://doi.org/10.5936/csbj.201402003> (2014).
106. Lindgren, J. *et al.* Engineered non-fluorescent Affibody molecules facilitate studies of the amyloid-beta (A $\beta$ ) peptide in monomeric form: Low pH was found to reduce A $\beta$ /Cu(II) binding affinity. *J. Inorg. Biochem.* **120**, 18–23. <https://doi.org/10.1016/j.jinorgbio.2012.11.005> (2013).
107. Luo, J. *et al.* Inhibiting and reversing amyloid- $\beta$  peptide (1–40) fibril formation with gramicidin S and engineered analogues. *Chemistry* **19**, 17338–17348. <https://doi.org/10.1002/chem.201301535> (2013).
108. Luo, J., Wärmländer, S. K., Gräslund, A. & Abrahams, J. P. Human lysozyme inhibits the in vitro aggregation of A $\beta$  peptides, which in vivo are associated with Alzheimer's disease. *Chem. Commun.* **49**, 6507–6509. <https://doi.org/10.1039/c3cc42325e> (2013).
109. Luo, J., Wärmländer, S. K., Gräslund, A. & Abrahams, J. P. Reciprocal molecular interactions between the A $\beta$  peptide linked to Alzheimer's disease and insulin linked to diabetes mellitus type II. *ACS Chem. Neurosci.* **7**, 269–274. <https://doi.org/10.1021/acscchemneuro.5b00325> (2016).
110. Barth, A. Infrared spectroscopy of proteins. *Biochem. Biophys. Acta.* **1767**, 1073–1101. <https://doi.org/10.1016/j.bbabi.2007.06.004> (2007).
111. Barth, A. & Zscherp, C. What vibrations tell us about proteins. *Q. Rev. Biophys.* **35**, 369–430. <https://doi.org/10.1017/s0033583502003815> (2002).
112. Yang, H., Yang, S., Kong, J., Dong, A. & Yu, S. Obtaining information about protein secondary structures in aqueous solution using Fourier transform IR spectroscopy. *Nat. Protoc.* **10**, 382–396. <https://doi.org/10.1038/nprot.2015.024> (2015).
113. Goormaghtigh, E., Cabiiaux, V. & Ruyschaert, J. M. Determination of soluble and membrane protein structure by Fourier transform infrared spectroscopy. III. Secondary structures. *Subcell Biochem.* **23**, 405–450. [https://doi.org/10.1007/978-1-4615-1863-1\\_10](https://doi.org/10.1007/978-1-4615-1863-1_10) (1994).
114. Jackson, M. & Mantsch, H. H. The use and misuse of FTIR spectroscopy in the determination of protein structure. *Crit. Rev. Biochem. Mol. Biol.* **30**, 95–120. <https://doi.org/10.3109/10409239509085140> (1995).
115. Arrondo, J. L., Muga, A., Castresana, J. & Goni, F. M. Quantitative studies of the structure of proteins in solution by Fourier-transform infrared spectroscopy. *Prog. Biophys. Mol. Biol.* **59**, 23–56. [https://doi.org/10.1016/0079-6107\(93\)90006-6](https://doi.org/10.1016/0079-6107(93)90006-6) (1993).
116. Fabian, H. & Mäntele, W. *Handbook of Vibrational Spectroscopy* (eds Chalmers, J. M. & Griffiths, P) 3399–3426 (Wiley, 2002).
117. Sarroukh, R., Goormaghtigh, E., Ruyschaert, J. M. & Raussens, V. ATR-FTIR: A “rejuvenated” tool to investigate amyloid proteins. *Biochem. Biophys. Acta.* **2328**–**2338**, 2013. <https://doi.org/10.1016/j.bbamem.2013.04.012> (1828).
118. Li, H., Lantz, R. & Du, D. Vibrational approach to the dynamics and structure of protein amyloids. *Molecules* <https://doi.org/10.3390/molecules24010186> (2019).
119. Moran, S. D. & Zanni, M. T. How to get insight into amyloid structure and formation from infrared spectroscopy. *J. Phys. Chem. Lett.* **5**, 1984–1993. <https://doi.org/10.1021/jz500794d> (2014).
120. Cerf, E. *et al.* Antiparallel  $\beta$ -sheet: A signature structure of the oligomeric amyloid  $\beta$ -peptide. *Biochem. J.* **421**, 415–423. <https://doi.org/10.1042/BJ20090379> (2009).

121. Berntsson, E. *et al.* Lithium ions display weak interaction with amyloid-beta (A $\beta$ ) peptides and have minor effects on their aggregation. *Acta Biochim. Pol.* **68**, 169–179. [https://doi.org/10.18388/abp.2020\\_5493](https://doi.org/10.18388/abp.2020_5493) (2021).
122. Atwood, C. S. *et al.* Copper mediates dityrosine cross-linking of Alzheimer's amyloid- $\beta$ . *Biochemistry* **43**, 560–568. <https://doi.org/10.1021/bi0358824> (2004).
123. Dong, X. *et al.* Copper ions induce dityrosine-linked dimers in human but not in murine islet amyloid polypeptide (IAPP/amylin). *Biochem. Biophys. Res. Commun.* **510**, 520–524. <https://doi.org/10.1016/j.bbrc.2019.01.120> (2019).
124. Gu, M., Bode, D. C. & Viles, J. H. Copper redox cycling inhibits A $\beta$  fibre formation and promotes fibre fragmentation, while generating a dityrosine A $\beta$  dimer. *Sci. Rep.* **8**, 16190. <https://doi.org/10.1038/s41598-018-33935-5> (2018).
125. Vazquez, G. *et al.* Copper, dityrosine cross-links and amyloid- $\beta$  aggregation. *J. Biol. Inorg. Chem.* **24**, 1217–1229. <https://doi.org/10.1007/s00775-019-01734-6> (2019).
126. Huggins, T. G., Wells-Knecht, M. C., Detorie, N. A., Baynes, J. W. & Thorpe, S. R. Formation of o-tyrosine and dityrosine in proteins during radiolytic and metal-catalyzed oxidation. *J. Biol. Chem.* **268**, 12341–12347 (1993).
127. Keleti, T. The excimer fluorescence of tryptophan, tyrosine and D-glyceraldehyde-3-phosphate dehydrogenase. *FEBS Lett.* **7**, 280–282. [https://doi.org/10.1016/0014-5793\(70\)80181-8](https://doi.org/10.1016/0014-5793(70)80181-8) (1970).
128. Zilberman, I., Maimon, E., Cohen, H. & Meyerstein, D. Redox chemistry of nickel complexes in aqueous solutions. *Chem. Rev.* **105**, 2609–2625. <https://doi.org/10.1021/cr030717f> (2005).
129. Harris, M. E., Hensley, K., Butterfield, D. A., Leedle, R. A. & Carney, J. M. Direct evidence of oxidative injury produced by the Alzheimer's  $\beta$ -amyloid peptide (1–40) in cultured hippocampal neurons. *Exp. Neurol.* **131**, 193–202. [https://doi.org/10.1016/0014-4886\(95\)90041-1](https://doi.org/10.1016/0014-4886(95)90041-1) (1995).
130. Cenini, G. *et al.* Generation of reactive oxygen species by  $\beta$  amyloid fibrils and oligomers involves different intra/extracellular pathways. *Amino Acids* **38**, 1101–1106. <https://doi.org/10.1007/s00726-009-0319-7> (2010).
131. Shimazaki, Y., Yajima, T. & Yamauchi, O. Properties of the indole ring in metal complexes. A comparison with the phenol ring. *J. Inorg. Biochem.* **148**, 105–115. <https://doi.org/10.1016/j.jinorgbio.2015.03.001> (2015).
132. Zhang, S., Casey, N. & Lee, J. P. Residual structure in the Alzheimer's disease peptide: Probing the origin of a central hydrophobic cluster. *Fold. Des.* **3**, 413–422. [https://doi.org/10.1016/S1359-0278\(98\)00054-6](https://doi.org/10.1016/S1359-0278(98)00054-6) (1998).
133. Knecht, S., Ricklin, D., Eberle, A. N. & Ernst, B. Oligohis-tags: Mechanisms of binding to Ni<sup>2+</sup>-NTA surfaces. *J. Mol. Recognit.* **22**, 270–279. <https://doi.org/10.1002/jmr.941> (2009).
134. Bousejra-ElGarah, F., Bijani, C., Coppel, Y., Faller, P. & Hureau, C. Iron(II) binding to amyloid- $\beta$ , the Alzheimer's peptide. *Inorg. Chem.* **50**, 9024–9030. <https://doi.org/10.1021/ic201233b> (2011).
135. Faller, P. & Hureau, C. Bioinorganic chemistry of copper and zinc ions coordinated to amyloid- $\beta$  peptide. *Dalton Trans.* <https://doi.org/10.1039/b813398k> (2009).
136. Faller, P. Copper and zinc binding to amyloid- $\beta$ : Coordination, dynamics, aggregation, reactivity and metal-ion transfer. *Chem-BioChem* **10**, 2837–2845. <https://doi.org/10.1002/cbic.200900321> (2009).
137. Irving, H. M. N. H. & Williams, R. J. P. The stability of transition-metal complexes. *J. Chem. Soc.* 3192–3210 (1953).
138. Alies, B. *et al.* Cu(II) affinity for the Alzheimer's peptide: Tyrosine fluorescence studies revisited. *Anal. Chem.* **85**, 1501–1508. <https://doi.org/10.1021/ac302629u> (2013).
139. Bar-Or, D., Curtis, G., Rao, N., Bampas, N. & Lau, E. Characterization of the Co(2+) and Ni(2+) binding amino-acid residues of the N-terminus of human albumin. An insight into the mechanism of a new assay for myocardial ischemia. *Eur. J. Biochem.* **268**, 42–47. <https://doi.org/10.1046/j.1432-1327.2001.01846.x> (2001).
140. Mital, M. *et al.* A functional role for A $\beta$  in metal homeostasis? N-truncation and high-affinity copper binding. *Angew. Chem. Int. Ed. Engl.* **54**, 10460–10464. <https://doi.org/10.1002/anie.201502644> (2015).
141. Masters, C. L. *et al.* Amyloid plaque core protein in Alzheimer disease and Down syndrome. *Proc. Natl. Acad. Sci. USA* **82**, 4245–4249. <https://doi.org/10.1073/pnas.82.12.4245> (1985).
142. Masters, C. L. *et al.* Neuronal origin of a cerebral amyloid: Neurofibrillary tangles of Alzheimer's disease contain the same protein as the amyloid of plaque cores and blood vessels. *EMBO J.* **4**, 2757–2763. <https://doi.org/10.1002/j.1460-2075.1985.tb04000.x> (1985).
143. Lewis, H. *et al.* Quantification of Alzheimer pathology in ageing and dementia: Age-related accumulation of amyloid- $\beta$ (42) peptide in vascular dementia. *Neuropathol. Appl. Neurobiol.* **32**, 103–118. <https://doi.org/10.1111/j.1365-2990.2006.00696.x> (2006).
144. Portelius, E. *et al.* Mass spectrometric characterization of brain amyloid  $\beta$  isoform signatures in familial and sporadic Alzheimer's disease. *Acta Neuropathol.* **120**, 185–193. <https://doi.org/10.1007/s00401-010-0690-1> (2010).
145. Hedberg, Y. S. *et al.* Synergistic effects of metal-induced aggregation of human serum albumin. *Colloids Surf. B Biointerfaces* **173**, 751–758. <https://doi.org/10.1016/j.colsurfb.2018.10.061> (2019).
146. Lee, S. J., Nam, E., Lee, H. J., Savelieff, M. G. & Lim, M. H. Towards an understanding of amyloid- $\beta$  oligomers: Characterization, toxicity mechanisms, and inhibitors. *Chem. Soc. Rev.* **46**, 310–323. <https://doi.org/10.1039/c6cs00731g> (2017).
147. Sengupta, U., Nilson, A. N. & Kayed, R. The role of amyloid- $\beta$  oligomers in toxicity, propagation, and immunotherapy. *EBio-Medicine* **6**, 42–49. <https://doi.org/10.1016/j.ebiom.2016.03.035> (2016).
148. Bode, D. C., Baker, M. D. & Viles, J. H. Ion channel formation by amyloid- $\beta$ 42 oligomers but not amyloid- $\beta$ 40 in cellular membranes. *J. Biol. Chem.* **292**, 1404–1413. <https://doi.org/10.1074/jbc.M116.762526> (2017).
149. Kim, M., Son, J. & Kim, Y. NMR studies of the ion channel-forming human amyloid- $\beta$  with zinc ion concentrations. *Membranes* <https://doi.org/10.3390/membranes1110799> (2021).
150. Lee, M. C. *et al.* Zinc ion rapidly induces toxic, off-pathway amyloid- $\beta$  oligomers distinct from amyloid- $\beta$  derived diffusible ligands in Alzheimer's disease. *Sci. Rep.* **8**, 4772. <https://doi.org/10.1038/s41598-018-23122-x> (2018).
151. Garai, K., Sengupta, P., Sahoo, B. & Maiti, S. Selective destabilization of soluble amyloid  $\beta$  oligomers by divalent metal ions. *Biochem. Biophys. Res. Commun.* **345**, 210–215. <https://doi.org/10.1016/j.bbrc.2006.04.056> (2006).
152. Williams, T. L., Serpell, L. C. & Urbanc, B. Stabilization of native amyloid  $\beta$ -protein oligomers by copper and hydrogen peroxide induced cross-linking of unmodified proteins (CHICUP). *Biochem. Biophys. Acta.* **249**–259, 2016. <https://doi.org/10.1016/j.bbapap.2015.12.001> (1864).
153. Yu, L. *et al.* Structural characterization of a soluble amyloid  $\beta$ -peptide oligomer. *Biochemistry* **48**, 1870–1877. <https://doi.org/10.1021/Bi0802046n> (2009).
154. Gu, L., Liu, C. & Guo, Z. Structural insights into A $\beta$ 42 oligomers using site-directed spin labeling. *J. Biol. Chem.* **288**, 18673–18683. <https://doi.org/10.1074/jbc.M113.457739> (2013).
155. Nag, K. & Chakravorty, A. Monovalent, trivalent and tetravalent nickel. *Coord. Chem. Rev.* **33**, 87–147 (1980).
156. Smith, D. P. *et al.* Concentration dependent Cu<sup>2+</sup> induced aggregation and dityrosine formation of the Alzheimer's disease amyloid- $\beta$  peptide. *Biochemistry* **46**, 2881–2891. <https://doi.org/10.1021/bi0620961> (2007).
157. Wang, J. *et al.* Peptide backbone-copper ring structure: A molecular insight into copper-induced amyloid toxicity. *Chin. Phys. B.* **31**(10), 108702. <https://doi.org/10.1088/1674-1056/ac8920> (2022).
158. Al-Hilaly, Y. K. *et al.* A central role for dityrosine crosslinking of Amyloid- $\beta$  in Alzheimer's disease. *Acta Neuropathol. Commun.* **1**, 83. <https://doi.org/10.1186/2051-5960-1-83> (2013).
159. Kok, W. M. *et al.* Synthetic dityrosine-linked  $\beta$ -amyloid dimers form stable, soluble, neurotoxic oligomers. *Chem. Sci.* **4**, 4449–4454 (2013).

## Acknowledgements

This work was supported by grants from the Swedish Research Council and the Brain Foundation to AG, from the Magnus Bergvall Foundation to SW, AB, and PR, from the Kamprad Research Foundation, the Ulla-Carin Lindquist Foundation for ALS Research, and the Karolinska Institutet IMM strategic grants to PR, from the Swedish Research Council and Umeå University to LMR, and from the Olle Engkvist Foundation and Region Stockholm to AB. We thank Monica Nordberg and Sabrina Sholts for helpful discussions, and Rui Wang and Jing Chi at the office of undergraduate education, Jilin University, for their support to XD.

## Author contributions

A.G., E.B., P.R., S.W., and T.S. designed the study. F.V. and A.B carried out and evaluated the IR and PAGE studies. E.B., S.P., and S.W. carried out and evaluated the NMR studies. I.I., J.P., L.A.M.-R., and L.O. carried out and evaluated the AFM studies. E.B., J.J., S.W., T.S., and X.D. carried out and evaluated the CD and fluorescence studies. All authors helped with preparing the manuscript.

## Funding

Open access funding provided by Stockholm University.

## Competing interests

The authors declare no competing interests.

## Additional information

**Supplementary Information** The online version contains supplementary material available at <https://doi.org/10.1038/s41598-023-29901-5>.

**Correspondence** and requests for materials should be addressed to E.B. or S.K.T.S.W.

**Reprints and permissions information** is available at [www.nature.com/reprints](http://www.nature.com/reprints).

**Publisher's note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by/4.0/>.

© The Author(s) 2023