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## Silver nanoparticles synthesized using aerial part of *Achillea fragrantissima* and evaluation of their bioactivities

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*Achillea fragrantissima* (*A. fragrantissima*), a desert plant, is used internally in Arabian traditional medicine to treat inflammatory, spasmotic gastrointestinal disorders, and hepatobiliary diseases. The study focuses on the environmentally friendly production of silver nanoparticles (AgNPs) from the water-based aerial parts of the *A. fragrantissima* plant and their ability to kill bacteria and cells. Ultraviolet-visible (UV-Vis) spectroscopy, scanning electron microscopy (SEM) with energy dispersive X-ray (EDX) analysis, transmission electron microscopy (TEM), and Fourier transform infrared spectroscopy (FTIR) were used to describe the AgNPs. They were then tested for their ability to fight cancer and bacteria. A change in colour from yellow to brown and a surface plasmon resonance peak at 440 nm, seen with UV-Vis spectroscopy, showed that AgNPs had formed. In a Gas Chromatography-Mass Spectrometry (GC-MS) test of the aerial parts of *A. fragrantissima*, twenty bioactive components were found. These included isolongifolol and 3E,10Z-Oxacyclotrideca-3,10-diene-2,7-dione, methylbuta-1,3-dienyl)-7-oxabicyclo [4.1.0] heptan-3-ol. The extract exhibited high phenolic and flavonoid content ( $77.52 \pm 1.46$  mg GAE/g dry weight and  $59 \pm 2.17$  mg QE/g dry weight, respectively). According to the  $IC_{50}$  values of  $17.2 \pm 1.18$  and  $14 \pm 2.43$   $\mu$ g/mL, the AgNPs had a lot of power to kill cancer cells from the MCF-7 and HepG2 lines. Some genes that cause cell death (*caspase-3, 8, 9*, and *Bax*) were turned on more in the treated cells compared to the control cells that had not been treated. These genes were *Bcl-xL* and *Bcl-2*. Additionally, substantial activity against both Gram-positive bacteria and Gram-negative bacteria was found by antibacterial screening. Overall, this study underscores *A. fragrantissima*'s diverse biological activity and its potential in drug discovery and nanomedicine, promoting the development of natural antibacterial and anticancer therapies.

**Keywords** Medicinal plants, AgNPs, Antibacterial activity, Cytotoxicity, Apoptosis

Plants produce a variety of secondary metabolites that, with the help of modern analytical tools, allow for the scientific examination of these plants, uncovering compounds beneficial for treating various illnesses<sup>1</sup>. These metabolites display numerous biological effects, such as antibacterial, antioxidant, and anticancer properties, making them highly beneficial for human health and well-being<sup>2</sup>.

The diverse flora of Saudi Arabia represents a valuable genetic resource for agricultural and medicinal plants in the Arabian Peninsula<sup>3</sup>. Due to its unique phytogeographical features, Saudi Arabia possesses a rich array of medicinal and aromatic plants, with approximately 30% being rare<sup>4</sup>. Traditional medicine remains prevalent in many regions of Saudi Arabia, employing different plant components to treat common diseases<sup>5</sup>.

The *Achillea* L. genus, which is a member of the *Asteraceae* family, comprises approximately 100 species of wild plants that are utilized as medicinal plants worldwide. These plants have been used for thousands of years to cure a broad range of illnesses<sup>6</sup>. The *Achillea* plant is extensively found in Saudi Arabia's northern areas, namely in the provinces of Tabuk and Arar<sup>7</sup>.

In plants of *A. fragrantissima*, phenolic acids (protocatechuic, vanilic, chlorogenic, ferulic and quinic acid), flavonoids (apigenin, apigenin-glucoside, apigenin-rutinoside and apigenin-neohesperidoside, luteolin, vitexin

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and vitexin-rhamnoside, cirsiliol, diosmetin, chrysoplenetin, chrysophanol D), lignans (sesamin), terpenic lactones (achillolid A) and alkamides (pellitorin, 8,9-Z-dehydropellitorin, anacyclin) have been found as mainly bioactive compounds [17–20]. Many essential oils of *Achillea* were used to describe several bioactive metabolites, including phenolic acids, flavonoids, lignans, terpenes, and alkamide. Several biological properties are shown by *Achillea* species, including angiogenic<sup>8</sup>, antifungal<sup>9</sup>, antibacterial<sup>10</sup>, antioxidant<sup>11</sup>, and antimicrobial<sup>12</sup> activity.

*A. fragrantissima* is one of the most often used and important medicinal herbs in Arabic traditional medicine, used to make medicinal teas meant to prevent and treat a broad range of health concerns<sup>11</sup>. The following conditions have been treated with these plants: diabetes, dysmenorrhea (painful menstruation), smallpox, eye infections, fever, headache, and exhaustion. Among the plants used in traditional therapeutic methods is *A. fragrantissima*, which is well known for its medicinal qualities. Furthermore, *A. fragrantissima* is a physiologically active plant that has antibacterial, anti-inflammatory, and antioxidant properties<sup>13–16</sup>. *A. fragrantissima* essential oil has antibacterial capabilities that may affect Gram-negative *Escherichia coli* and Gram-positive bacteria such as *Staphylococcus aureus*, *S. epidermidis*, and *Bacillus subtilis*. Gram-negative bacteria were often less sensitive to *A. fragrantissima*'s essential oil than Gram-positive bacteria<sup>13,17,18</sup>. The main bioactive substances found in *A. fragrantissima* plants are phenolic acids (protocatechuic, vanilic, chlorogenic, ferulic, and quinic acid), flavonoids (luteolin, vitexin, and vitexin-rhamnoside, cirsiliol, diosmetin, chrysoplenetin, chrysophanol D), lignans (sesamin), terpenic lactones (achillolid A), and alkamides (pellitorin, 8,9-Z-dehydropellitorin, anacyclin)<sup>11,19</sup>.

Concerning the *Achillea* genus, uncommon species are used to synthesize NPs, including *A. biedertaeini*<sup>20</sup>, *A. wilhelmsii* CKoch (Aw)<sup>21</sup>, and *A. millefolium*<sup>22</sup>. Interestingly, the cytotoxic and bactericidal qualities of *A. millefolium* extracts have only partially been understood by a small number of experimental studies in the field of *A. millefolium* research. The aerial parts of the *A. fragrantissima* extract that were collected from the Tabuk and Arar regions exhibited antibacterial and antioxidant properties<sup>7</sup>. Our study fills a substantial gap in the field despite the abundance of material available on *A. fragrantissima* extracts since not much scientific research has been conducted regarding this plant despite its well-known traditional medicinal benefits. Gas Chromatography-Mass Spectrometry (GC-MS) is a cutting-edge method for comprehensive chemical analysis that reveals a distinct and complex chemical makeup. This study quantifies the amounts of total phenolic content (TPC) and total flavonoid content (TFC) and offers compelling evidence of the extract's potent anticancer and antibacterial effects. These findings provide new light on the potential therapeutic applications of *A. fragrantissima*, especially in connection to the extract's potent antibacterial activity against various strains and capacity to cause apoptosis in cancer cell lines. Moreover, the current research is focused on the environmentally friendly synthesis of AgNPs from *A. fragrantissima*. In this work, we aimed to identify the most prominent bioactive components in the aerial part of the *A. fragrantissima* plant using GC-MS analysis. Additionally, it seeks to assess the potential effects of synthetic AgNPs against MCF-7 breast cancer cells and hepatocellular carcinoma (HepG2) cells in comparison to the aqueous extract of *A. fragrantissima*. Furthermore, it seeks to elucidate the underlying mechanism by utilizing the reverse transcription polymerase chain reaction (RT-PCR) based mRNA expression profile of specific pro- and anti-apoptosis marker genes. Additionally, the minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) techniques were used to assess the antibacterial efficacy of the synthesized AgNPs and *A. fragrantissima* aqueous extract against both Gram-positive and Gram-negative bacteria.

## Results

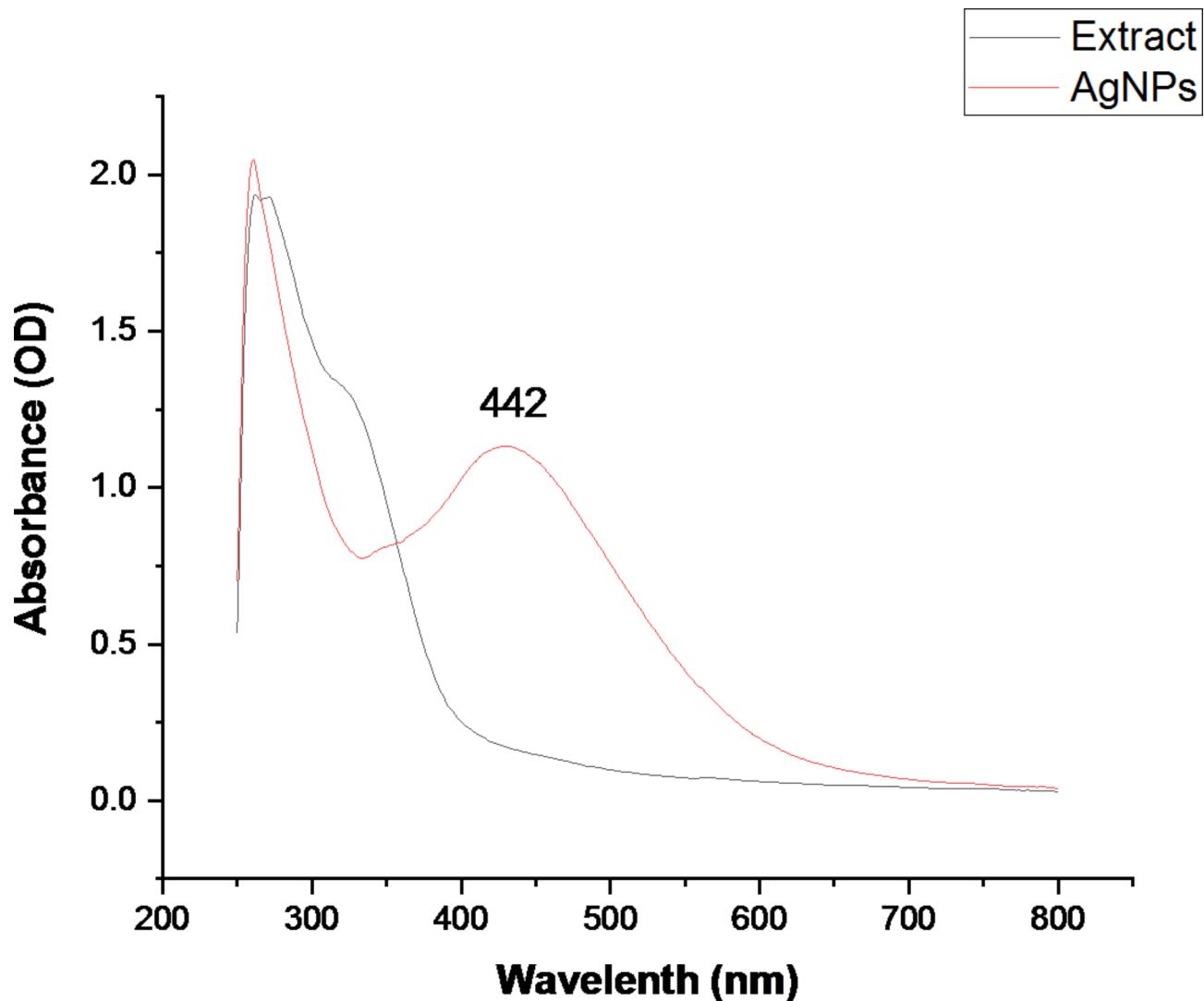
### The biogenic attributes of AgNPs synthesized from aqueous *A. fragrantissima* aerial part extract

The synthesized AgNPs were evaluated using UV-Vis spectroscopy, and the results showed a strong peak at 442 nm, which is suggestive of the AgNPs-associated surface plasmon resonance (SPR) band. In comparison to AgNPs, the UV spectra of the crude extract had the lowest absorption (300 nm), which indicated the formation of AgNPs from *A. fragrantissima* aerial part extract (Fig. 1). As shown in Fig. 1, the synthesized AgNPs occurred through the reduction of Ag<sup>+</sup> to Ag<sup>0</sup>, resulting in a noticeable change in the color of the mixture from light yellow to dark brown.

Data from a Nicolet 6700 Fourier transform infrared spectroscopy (FTIR) scanning was collected between 4000 and 400 cm<sup>-1</sup>. As shown in (Fig. 2; Table 1), the synthesis AgNP spectra revealed absorbance peaks at 3440, 2098, 1650, 794, and 442.7 cm<sup>-1</sup>. FTIR studies revealed four functional groups in *A. fragrantissima* aerial component extract: three functional groups at 3442, 750, and 490 cm<sup>-1</sup> were identical to those reported in the synthesis of AgNPs for alcohol, 1,2-disubstituted, and Halo compounds, and another unique functional group was detected at 1734 cm<sup>-1</sup> for cyclopentanone compounds.

The produced AgNPs were inspected using a JEM-1011 scanning electron microscopy (SEM) and a variety of spectroscopic tests including UV-Vis spectroscopy and an energy-dispersive X-ray (EDX). The qualitative and quantitative state of each ingredient involved in the synthetic process was evaluated using EDX analysis and SEM imaging. The morphological features of the synthesized AgNPs were visible in the SEM images shown in (Fig. 3A). The EDX spectra indicated main peaks of 2.983 Kev in the silver region, accounting for 9.23% of the mass (Fig. 3B). SPR peak in the absorption spectra shows a red shift due to the agglomeration of AgNPs. Notably, there were extremely faint signals at 0.227 and 0.525 Kev, respectively, for the two peaks corresponding to the carbon and oxygen atoms.

The TEM imaging and particle size distribution analysis were used to confirm the UV-Vis results to quantify the particle size range and surface shape of the synthesized AgNPs obtained from *A. fragrantissima* aerial parts. The findings showed that AgNPs are prone to aggregation and were mostly spherical. The sizes on average varied between 16 and 22 nm (Fig. 4).



**Fig. 1.** UV-Vis spectroscopy of the synthesized *A. fragrantissima* AgNPs compared to the crude extract.

#### GC-MS analysis of aqueous *A. fragrantissima* aerial part extract

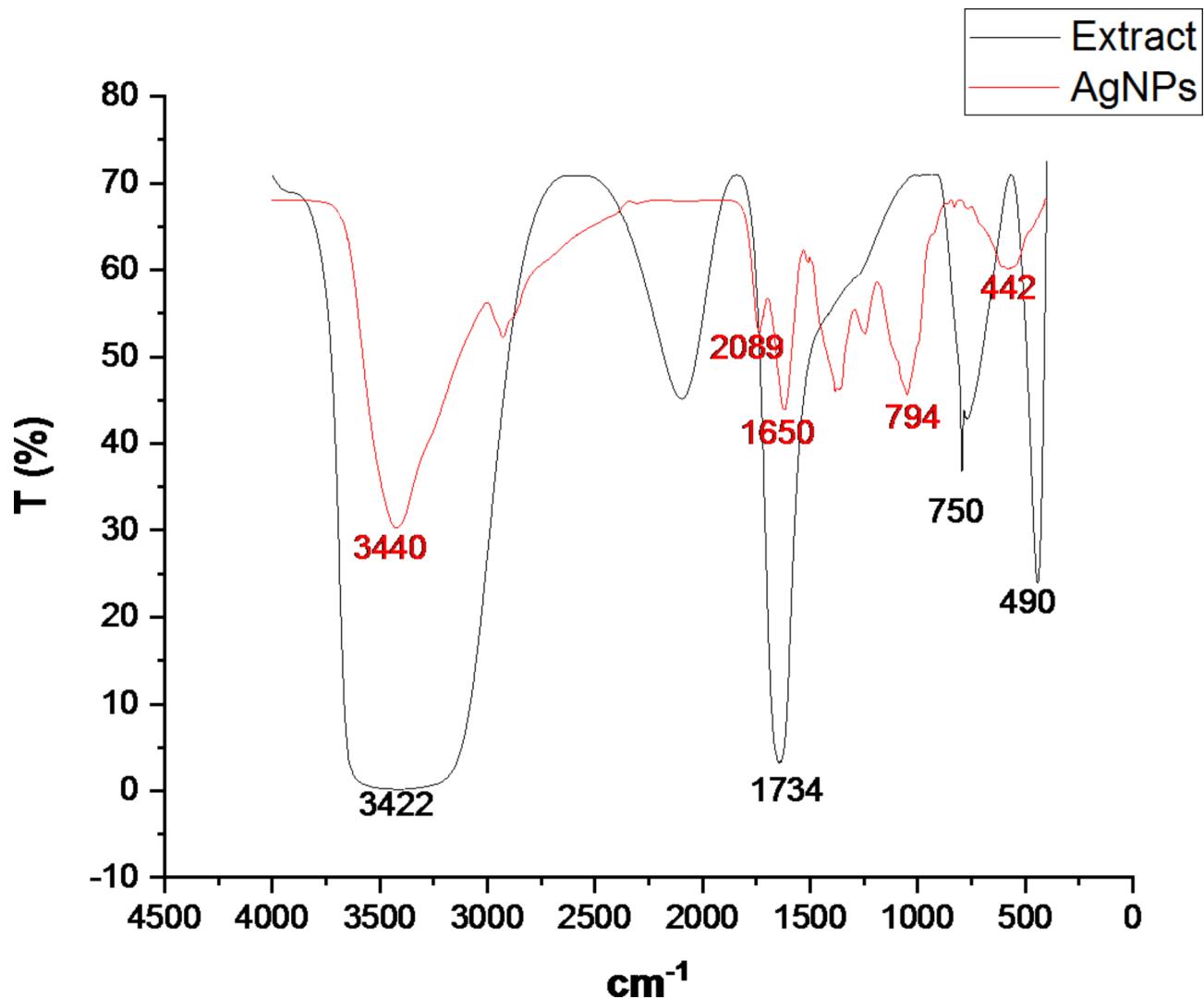
In a GC-MS analysis, the composition of bioactive components extracted from the aqueous extract of *A. fragrantissima* was determined. The molecular formula (MF), concentration (peak area percentage), retention time (RT), and concentration of the active principles are shown in (Table 2; Fig. 5). Twenty different bioactive substances were identified. The main bioactive component in the aqueous extract was found to be (3E,10Z)-Oxacyclotrideca-3,10-diene-2,7-dione (16.97%), followed by (methylbuta-1,3-dienyl)-7-oxabicyclo [4.1.0] heptan-3-ol (4.77%) and isolongifolol (4.48%).

#### TPC and TFC in aqueous extract analysis

*A. fragrantissima*'s aqueous extract's TPC and TFC were determined calorimetrically. Using the Folin–Ciocalteu technique, the aqueous extract had the greatest TPC ( $77.52 \pm 1.46$  mg GAE/g dry weight of the dry extract;  $R^2 = 0.989$ ) (Fig. 6A), whereas the aluminum chloride ( $AlCl_3$ ) assay yielded TFC of  $59 \pm 2.17$  mg QE/g dry weight of the dry extract ( $R^2 = 0.992$ ) (Fig. 6B).

#### Cell cytotoxicity

The cytotoxic potential of the *A. fragrantissima* extract and synthesized AgNPs on human cancer cells was investigated using the MCF-7 (Fig. 7A) and HepG2 (Fig. 7B) cell lines. The MTT test was used to measure the cytotoxic effects after exposing the cells to different concentrations (0–400  $\mu$ g/mL) of the synthesized AgNPs and the extract from the aerial part of *A. fragrantissima* for 24 h. The results of the MTT experiment showed that both the synthesized AgNPs and the aerial part of the *A. fragrantissima* extract decreased cell viability in a dose- and time-dependent manner. It's important to note that the cytotoxic activity reduced when 100  $\mu$ g/mL of synthesized AgNPs were added to the culture medium. Cell viability is reduced with increasing extract concentration. The synthesized AgNPs significantly reduced the viability of MCF-7 cells to about  $25.27 \pm 2.49\%$ .



**Fig. 2.** FTIR spectra synthesis AgNPs from the extract of aerial parts of *A. fragrantissima*.

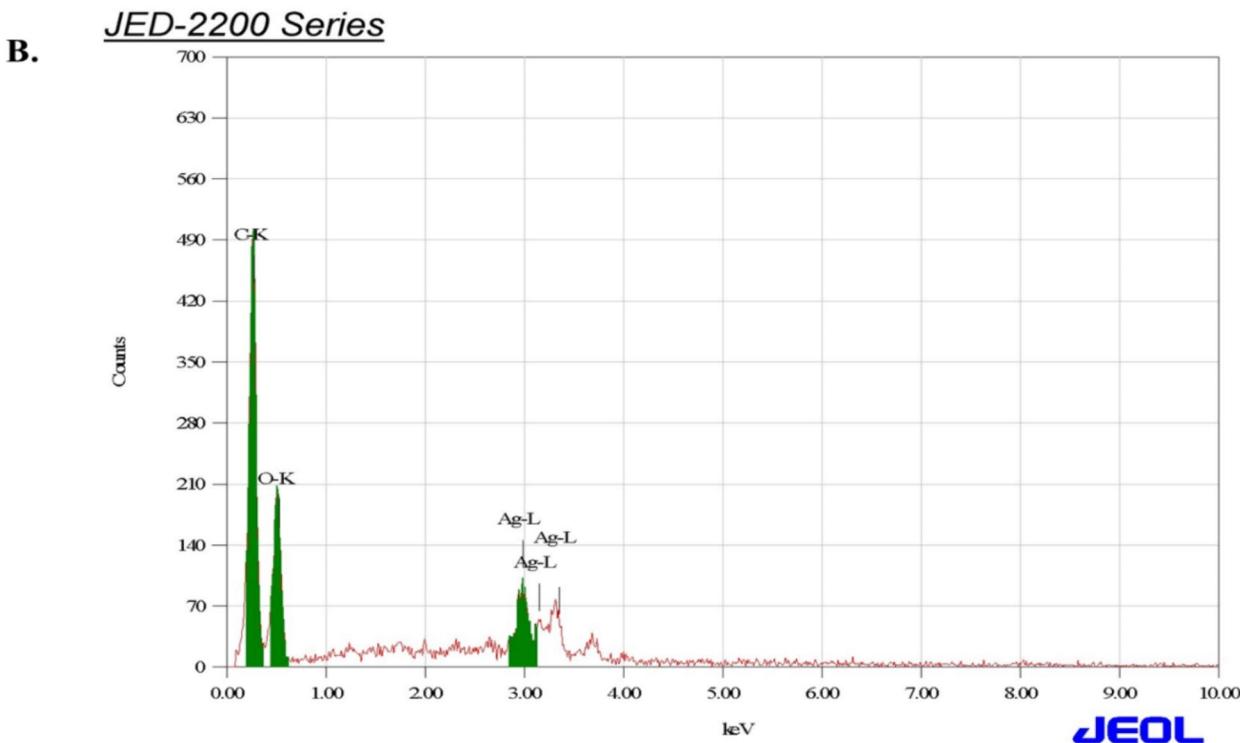
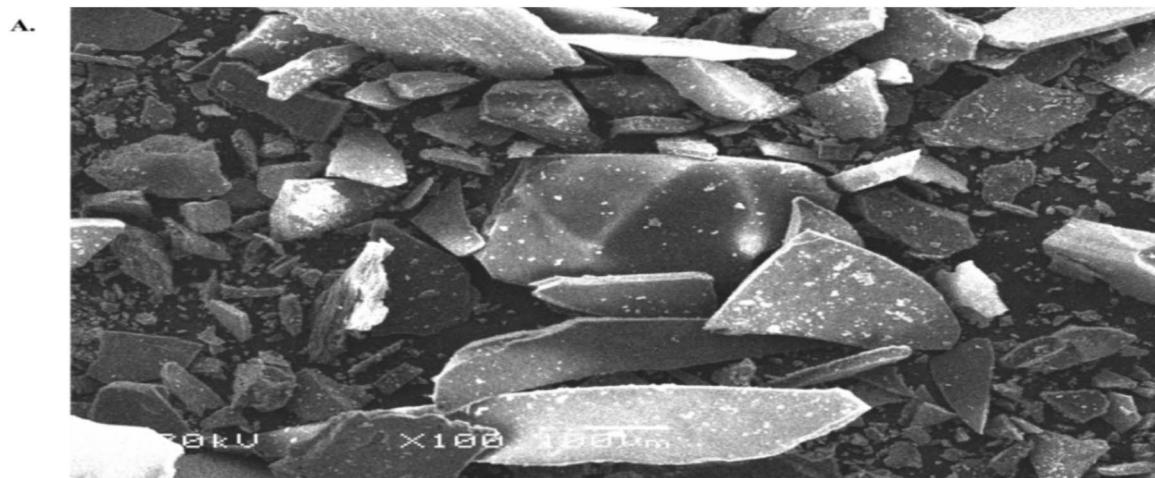
Treatment	Spectra	Functional group	Compound class	Shape and strength
AgNPs	3440	O-H stretching	Alcohol	Strong, broad
	2089	N=C=S stretching	Iothiocyanate	strong, broad
	1650	N-H bending	Amine	Medium, broad
	794	C-H bending	halo compound	Strong, sharp
	442	C-Cl stretching	Halo compound	Medium, sharp
<i>A. fragrantissima</i> aerial part extract	3442	O-H stretching	Alcohol	Strong, broad
	1734	C=O stretching	Cyclopentanone	Strong, broad
	750	C-H bending	1,2-disubstituted	Strong, sharp
	490	C-Cl stretching	Halo compound	Medium, sharp

**Table 1.** Functional groups produced by FTIR analysis.

and  $18.07 \pm 1.19\%$  at  $400 \mu\text{g}/\text{mL}$ , with  $\text{IC}_{50}$  values of  $17.2 \pm 1.18 \mu\text{g}/\text{mL}$  for MCF-7 and  $14 \pm 2.43 \mu\text{g}/\text{mL}$  for HepG2, compared to the untreated cells ( $P < 0.05$ ). However, the  $\text{IC}_{50}$  values for the aqueous aerial part of the *A. fragrantissima* extract were  $36.2 \pm 2.19 \mu\text{g}/\text{mL}$  for HepG2 and  $24.5 \pm 1.16 \mu\text{g}/\text{mL}$  for MCF-7.

#### Apoptotic analysis

The level of apoptosis induced by *A. fragrantissima*'s aqueous extract and AgNP-treated MCF-7 and HepG2 cells was compared to untreated control cells. This comparison further confirmed the presence of apoptosis. The



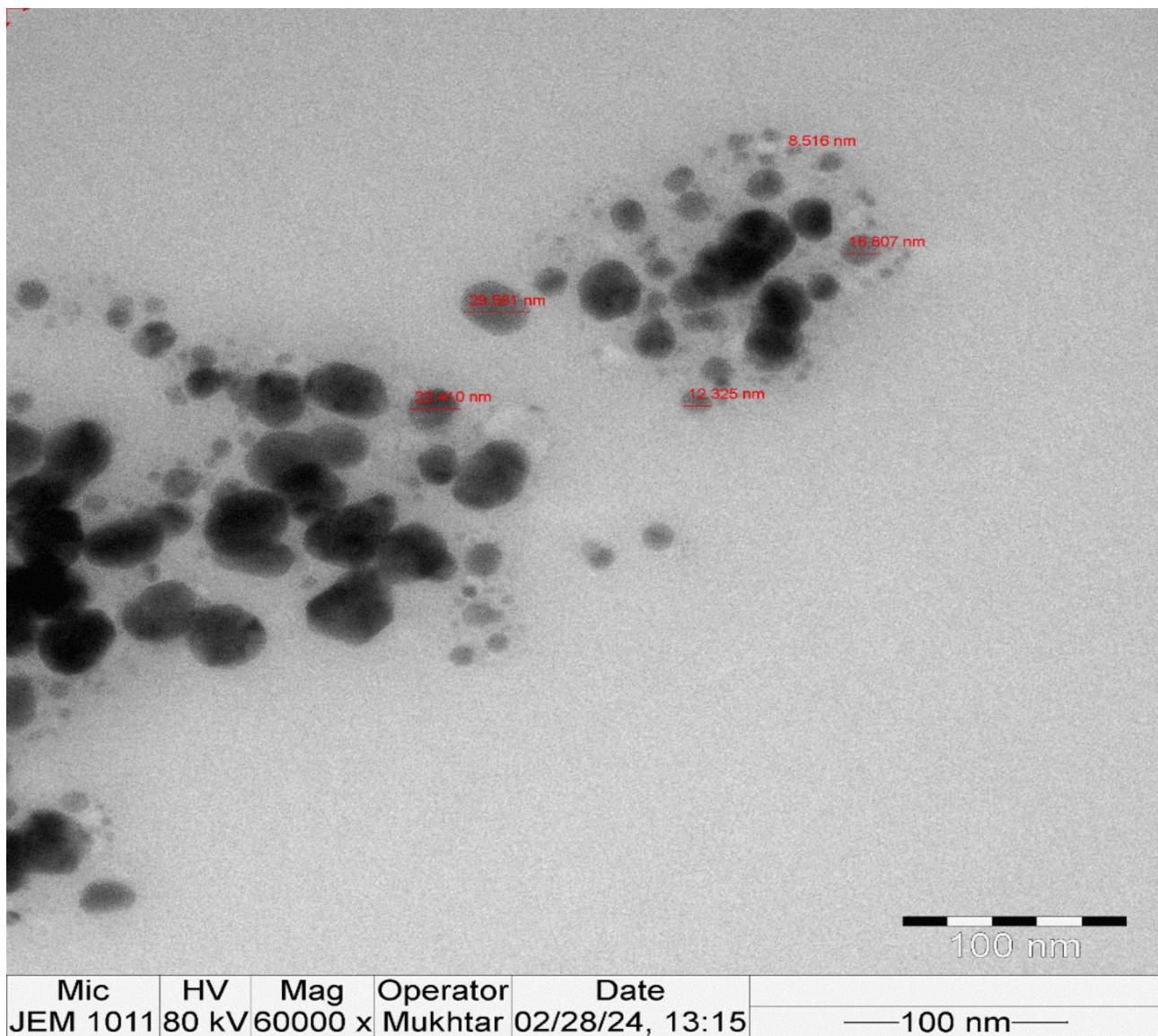
Element (keV)	mass%	Error%	At%	Compound	mass%	Cation	K
C K 0.277	48.93	0.19	60.14			53.1435	
O K 0.525	41.84	0.16	38.60			31.7133	
Ag L 2.983	9.23	0.88	1.26			15.1432	
Total	100.00		100.00				

**Fig. 3.** SEM image (A) and EDX (B) analysis of the synthesized AgNPs obtained from *A. fragrantissima* aerial parts.

expression of anti-apoptotic genes (*Bcl-xL* and *Bcl-2*) was lower than that of the untreated control ( $P < 0.05$ ), while the activities of caspase 3, 8, and 9 were four times higher in cells exposed to synthesized AgNPs compared to the control (untreated cells) (Refer to Fig. 8A and B).

#### Cells morphologically change

The aqueous extract of *A. fragrantissima* and the MCF-7 and HepG2 cell lines to observe the morphemic changes of the synthetic AgNPs. Following treatment with an aqueous extract of *A. fragrantissima* and synthetic AgNPs, MCF-7 and HepG2 cells were cultured in a humid environment incubator (37 °C, 5% CO<sub>2</sub>, 95% air). After 48 h of treatment, Mock, MCF-7, and HepG2 cells treated with an aqueous extract of *A. fragrantissima* and synthetic



**Fig. 4.** TEM of the synthesized AgNPs obtained from *A. fragrantissima* aerial part.

AgNPs showed morphological alterations including rounding of the cells, the development of tiny aggregates, and the progressive detachment of the AgNPs (Fig. 9C and F). On the other hand, little morphological alterations appeared in MCF-7 and HepG2 cells that were exposed to aerial parts of *A. fragrantissima* extract (Fig. 9B and E) as compared to untreated cells (Fig. 9A and D).

#### Antibacterial effects of bioactive compounds

The study examined the antibacterial activity of *A. fragrantissima* extract's aerial parts and synthesized AgNPs against both Gram-positive and Gram-negative bacteria, including *S. aureus*, *S. epidermidis*, and *E. faecalis*, as well as *E. coli*, *K. pneumoniae*, and *P. aeruginosa*. The findings demonstrated that, when tested against the tested bacteria, disc diffusion synthesized AgNPs exhibited more antibacterial activity (Table 3; Fig. 10) than the aqueous extract of *A. fragrantissima* (Table 4; Fig. 11). The minimum inhibitory concentration (MIC) values for the Aqueous Extract of *A. fragrantissima* ranged from  $12.5 \pm 0.00$  to  $50 \pm 0.00$   $\mu\text{g/mL}$ , while the range of MIC values for synthesized AgNPs was  $2.34 \pm 0.00$  to  $9.37 \pm 4.41$   $\mu\text{g/mL}$ . When tested against *P. aeruginosa* (MTCC 27853), the lowest MIC value for the synthetic AgNPs was  $2.34 \pm 0.00$   $\mu\text{g/mL}$ . When tested against *S. aureus* (MTCC 29213), the highest MIC value for the synthetic AgNPs was  $9.37 \pm 4.41$   $\mu\text{g/mL}$ . Therefore, the present results suggest that the synthesized AgNPs are more highly sensitive against Gram-negative bacteria particularly *P. aeruginosa* than Gram-positive bacteria.

#### Discussion

Nanotechnologies have revolutionized various fields of science, including medical and pharmaceutical technology, physics, engineering, and chemistry. NPs typically measuring between one and one hundred nanometers, can

Peak	Rt	Area	Area %	Start time	End time	Name	MF
1	15.44	931,610	3.69	15.09	15.69	Propanenitrile, 3-(5-diethylamino-1-methyl-3-pentynyl)-	C <sub>13</sub> H <sub>22</sub> N <sub>2</sub> O
2	16.154	753,422	2.99	15.71	16.334	1 H-imidazole-2-methanol, 1-decyl-	C <sub>14</sub> H <sub>26</sub> N <sub>2</sub> O
3	16.527	6,728,503	26.7	16.38	16.85	Z, Z-2,5-Pentadecadien-1-ol	C <sub>15</sub> H <sub>28</sub> O
4	17.33	741,079	2.94	17.13	17.46	11,13-Dimethyl-12-tetradecen-1-ol acetate	C <sub>18</sub> H <sub>34</sub> O <sub>2</sub>
5	18.04	986,455	3.91	17.87	18.32	Acetamide, N-(6-acetylaminobenzothiazol-2-yl)-2-(adamantan-1-yl)-	C <sub>21</sub> H <sub>25</sub> N <sub>3</sub> O <sub>2</sub> S
6	18.609	4,277,176	16.97	18.32	19.22	(3E,10Z)-Oxacyclotrideca-3,10-diene-2,7-dione	C <sub>12</sub> H <sub>16</sub> O <sub>3</sub>
7	24.461	665,399	2.64	24.39	24.59	(2R,3R,4aR,5S,8aS)-2-Hydroxy-4a,5-dimethyl-3-(prop-1-en-2-yl)octahydronaphthalen-1(2 H)-one	C15H24O2
8	24.834	1,130,670	4.48	24.74	24.94	Isolongifolol	C <sub>15</sub> H <sub>26</sub> O
9	24.987	801,544	3.18	24.94	25.22	Acetamide, N-methyl-N-[4-(3-hydroxypyrrolidinyl)-2-butynyl]-	C <sub>11</sub> H <sub>18</sub> N <sub>2</sub> O <sub>2</sub>
10	26.903	1,052,508	4.17	26.84	26.96	Acetic acid, 6-hydroxymethyl-cyclodecyl ester	C <sub>13</sub> H <sub>24</sub> O <sub>3</sub>
11	26.998	538,377	2.13	26.96	27.11	2-Myristoyl-glycynamide	C <sub>16</sub> H <sub>28</sub> N <sub>2</sub> O <sub>2</sub>
12	27.719	488,807	1.93	27.58	27.85	2 H-3,9a-Methano-1-benzoxepin, octahydro-2,2,5a,9-tetramethyl-, [3R-(3a,5aa,9a,9aa)]-	C <sub>15</sub> H <sub>26</sub> O
13	28.409	841,450	3.33	28.32	28.62	Aminoacetamide, N-methyl-N-[4-(1-pyrrolidinyl)-2-butynyl]-	C <sub>11</sub> H <sub>19</sub> N <sub>3</sub> O
14	28.83	837,998	3.32	28.71	29.03	i-Propyl 9-tetradecenoate	C <sub>17</sub> H <sub>32</sub> O <sub>2</sub>
15	29.298	659,265	2.61	29.19	29.42	4-Hydroxy- $\beta$ -ionone	C <sub>13</sub> H <sub>20</sub> O <sub>2</sub>
16	30.558	752,230	2.98	30.49	30.70	4-(3-Hydroxy-2,6,6-trimethylcyclohex-1-enyl)pent-3-en-2-one	C <sub>14</sub> H <sub>22</sub> O <sub>2</sub>
17	30.865	836,095	3.31	30.70	31.01	2,6-Di-t-butylloctahydroazulene-3a,8-diol	C <sub>18</sub> H <sub>34</sub> O <sub>2</sub>
18	33.81	339,570	1.34	33.71	33.91	2-Methyl-E, E-3,13-octadecadien-1-ol	C <sub>19</sub> H <sub>36</sub> O
19	34.238	1,203,719	4.77	34.09	34.44	: 2,2,6-Trimethyl-1-(3-methylbuta-1,3-dienyl)-7-oxabicyclo[4.1.0]heptan-3-ol	C <sub>14</sub> H <sub>22</sub> O <sub>2</sub>
20	35.9	631,736	2.51	35.81	36.18	1,3-Benzenedicarboxylic acid, 5-(1,1-dimethylethyl)-	C <sub>12</sub> H <sub>14</sub> O <sub>4</sub>

**Table 2.** GC-MS analysis of bioactive compounds identified from the extract *A. fragrantissima* aerial parts.

interact with a wide range of biomolecules, including proteins and nucleic acids, due to their small size. This allows NPs to either evade immune system detection or flow past cells. Metal NPs have been used extensively in biology and medicine in recent years<sup>23</sup>. Green synthesis techniques are environmentally friendly methods for synthesizing nanomaterials. Recently, a variety of biological substrates have been used to create metal and metal oxide-based nanomaterials, including plant extracts, fungi, and bacteria<sup>24</sup>. Based on the widespread interest in metallic NPs, this study aimed to characterize and investigate the cytotoxic and antibacterial effects of AgNPs synthesized using *A. fragrantissima* aerial parts extract.

The size and shape of NPs in aqueous solutions are often examined using UV-Vis spectroscopy<sup>25</sup>. AgNPs-containing solutions are also known to exhibit a distinctive absorption peak in the 420–480 nm region<sup>26</sup>. The synthesized of AgNPs using an aqueous extract from the aerial part of the *A. fragrantissima* extract exhibited an effective reduction of silver ions to NPs, evidenced by a color shift and confirmed through spectroscopic and microscopic methods. The activation of the SPR, action, and the decrease of AgNO<sub>3</sub> may be the cause of the emergence of the dark brown color<sup>27</sup>.

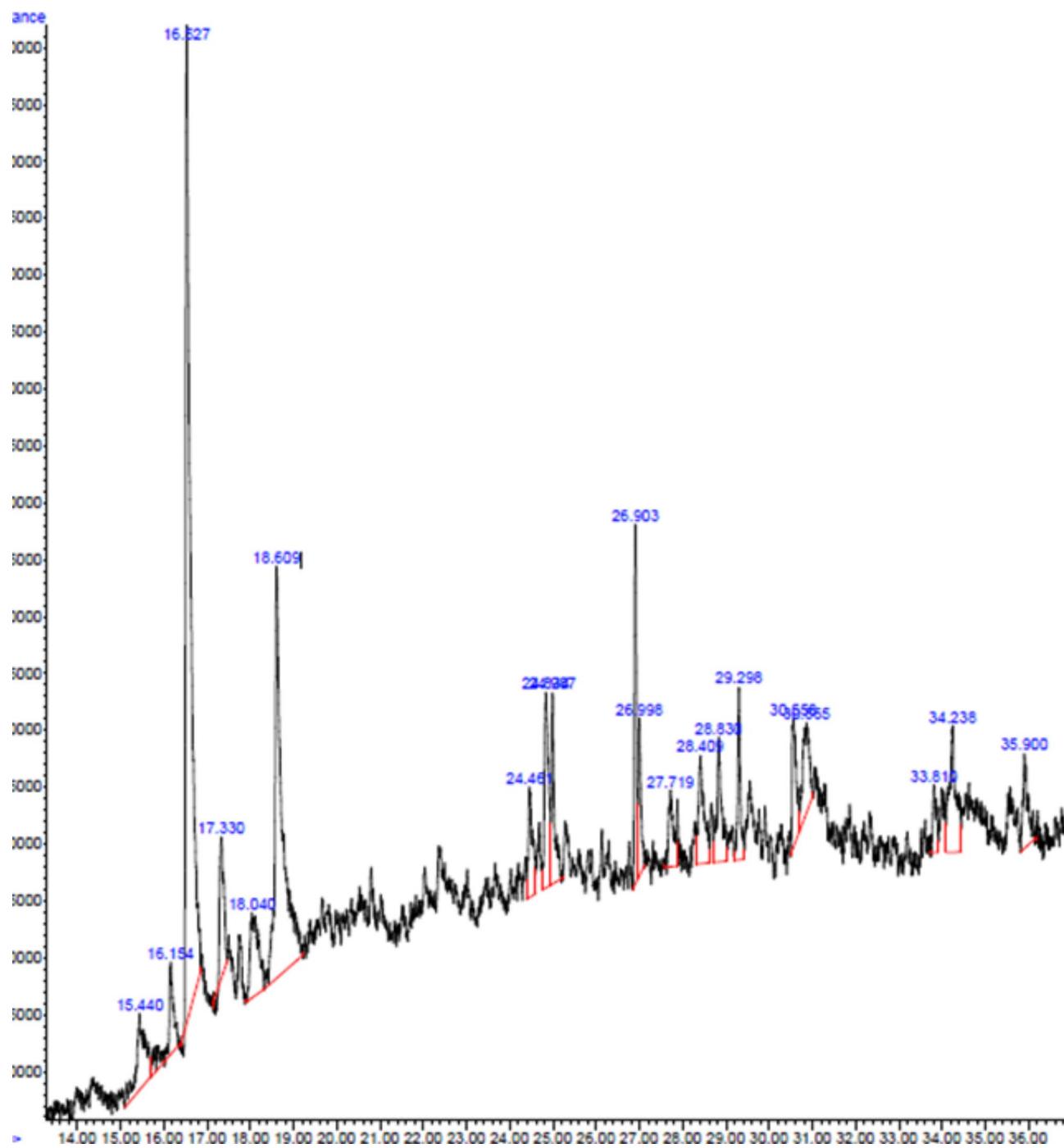
There were two peaks in the UV-Vis spectra of the *A. fragrantissima* extract and synthesized AgNPs, appearing at 300 and 442 nm (Fig. 1). The first peak showed at 300 nm due to the autochrome and chromophore substituent n  $\rightarrow$   $\pi^*$  transitions localized inside the ring of the cinnamoyl and benzoyl system. Generally, this transition, which related to double bounds, was specific to flavone nuclei of extract compounds<sup>28–30</sup>. The second peak showed at 442 nm by a prominent absorption peak in the UV-Vis absorption spectra, which is suggestive of the AgNPs-associated SPR band (Fig. 1). This absorption is close to the absorbance peaks reported by<sup>31</sup> and<sup>32</sup> to synthesize AgNPs using green methods.

Important details regarding the chemical composition and biophysical characteristics of this natural extract, as well as its possible uses in nanotechnology and medicine, are revealed by the combined analysis of FTIR spectroscopy and biogenic synthesis of AgNPs using *A. fragrantissima* aerial part extract.

Five main functional groups were identified from synthesis AgNPs by FTIR analysis: hydroxyl (O-H) stretching at 3440 cm<sup>-1</sup>, N=C=S stretching at 2089 cm<sup>-1</sup>, N-H bending at 1650 cm<sup>-1</sup>, C-H bending at 794 cm<sup>-1</sup> and C-Cl stretching at 442 cm<sup>-1</sup>. These functional groups indicate the existence of alcohols, alkene compounds, amines, and halogen compounds, respectively. For *A. fragrantissima* aerial part extract, FTIR studies identified four functional groups. Three functional groups at 3442, 750, and 490 cm<sup>-1</sup> were identical to those in synthetic AgNPs for alcohol, 1,2-disubstituted, and halo compounds. Another distinct functional group was found at 1734 cm<sup>-1</sup> for cyclopentanone molecules.

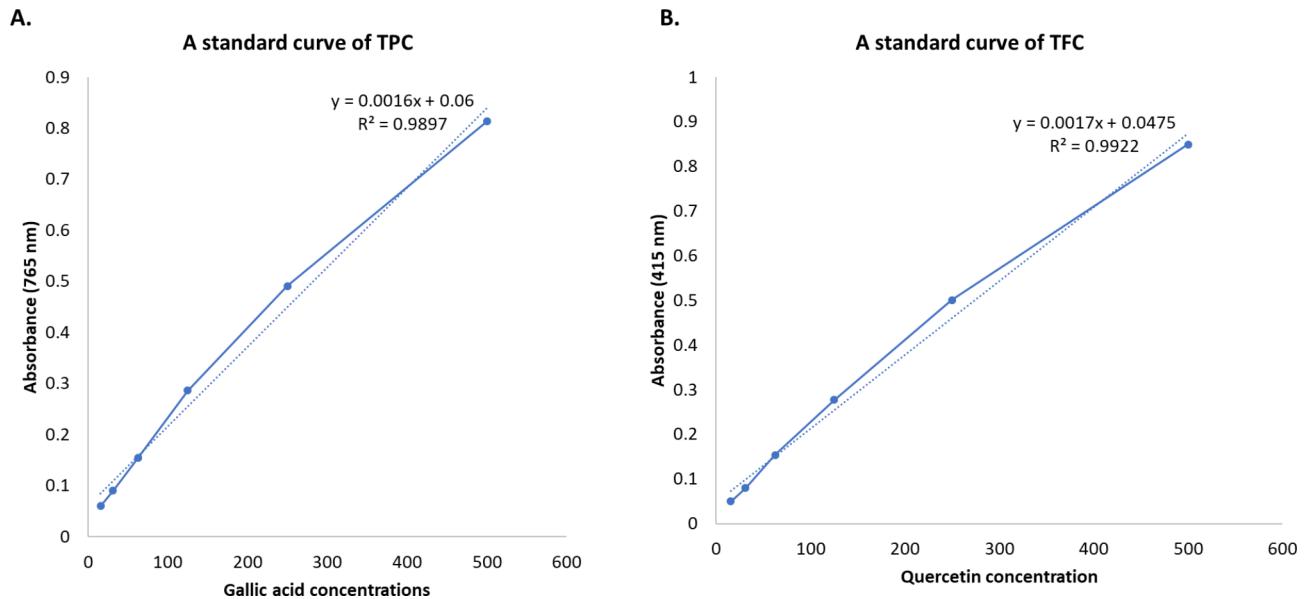
The strong and wide absorption band at 3441 cm<sup>-1</sup>, indicates the presence of numerous hydroxyl groups, possibly related to phenolic chemicals in the aerial part extract. By identifying these functional groups, the chemical composition of the aerial component extract of *A. fragrantissima* is revealed, providing valuable information that may direct future investigations into the plant's biological activity and potential therapeutic applications.

In the study conducted by Eid et al. (2020), the FTIR analysis of root samples of *A. fragrantissima* extract revealed strong absorption for the functional groups of N-H aliphatic primary amine, carboxylic acid (OH) stretch, C-H asymmetric stretching vibration for aliphatic groups, and C-N stretching vibrations for aromatic and aliphatic amines<sup>33</sup>.

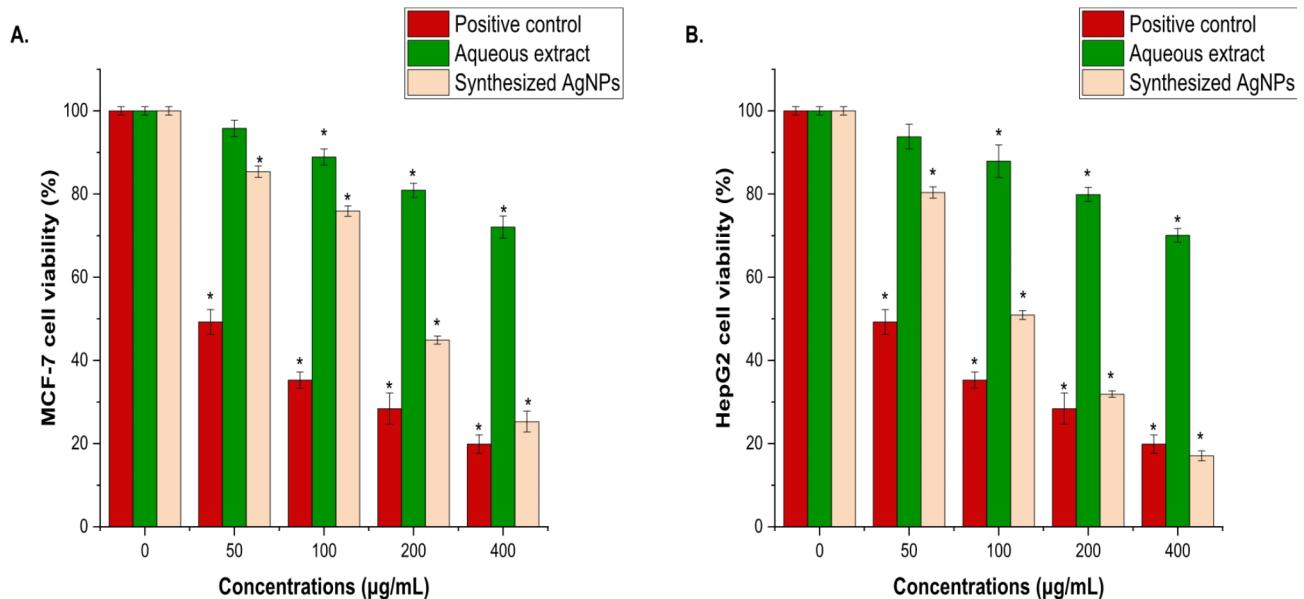


**Fig. 5.** GC-MS spectrum of the aqueous extract of *A. fragrantissima*. The GC-MS apparatus was set for 73 min, and an aqueous extract was used for the study. Every detected peak in the spectrum designates a recognized chemical, and the existence of a sizable peak denotes the extract's major component.

SEM imaging revealed the morphological features of the AgNPs, and EDX analysis confirmed that silver was the major element present, with a distinctive peak at 2.983 keV, compatible with the absorption peak observed in the UV-visible spectrophotometer. The low contamination from the biomolecules in the aerial component extract employed for the synthesis is further shown by the weak signals corresponding to carbon and oxygen atoms, underscoring the purity of the generated AgNPs. This study's TEM images demonstrated the production of spherical AgNPs with an average particle size of 16 to 22 nm. It has been reported that the AgNPs using aqueous extracts of *A. maritima* and *A. millefolium* had average diameters of around 21 nm and 22.4 nm, respectively<sup>22,34</sup>. These findings demonstrate that the type of plant extract and the experimental setup have an impact on the size of silver NPs<sup>31</sup>.

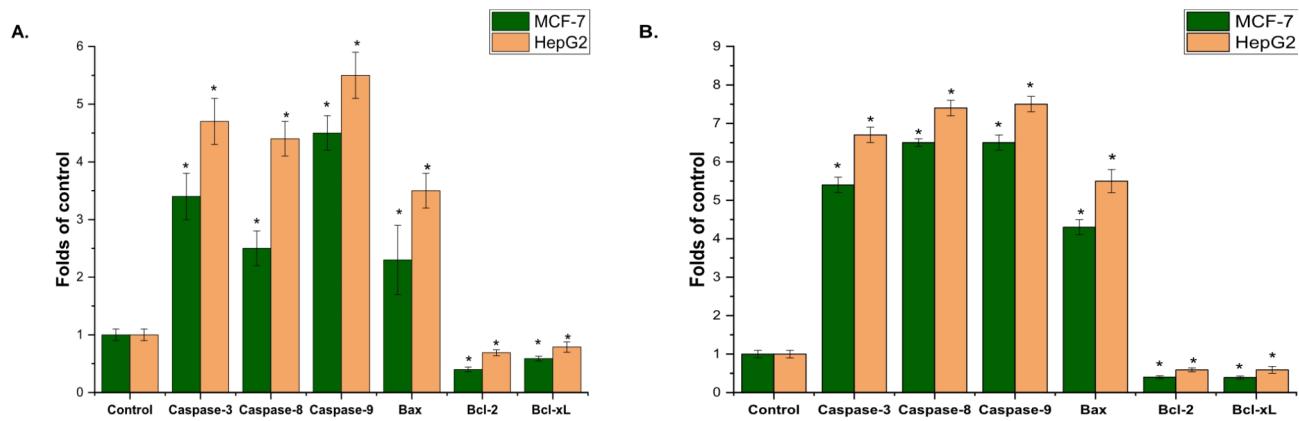


**Fig. 6.** A standard curve of TPC (A), and TFC (B) were determined calorimetrically.

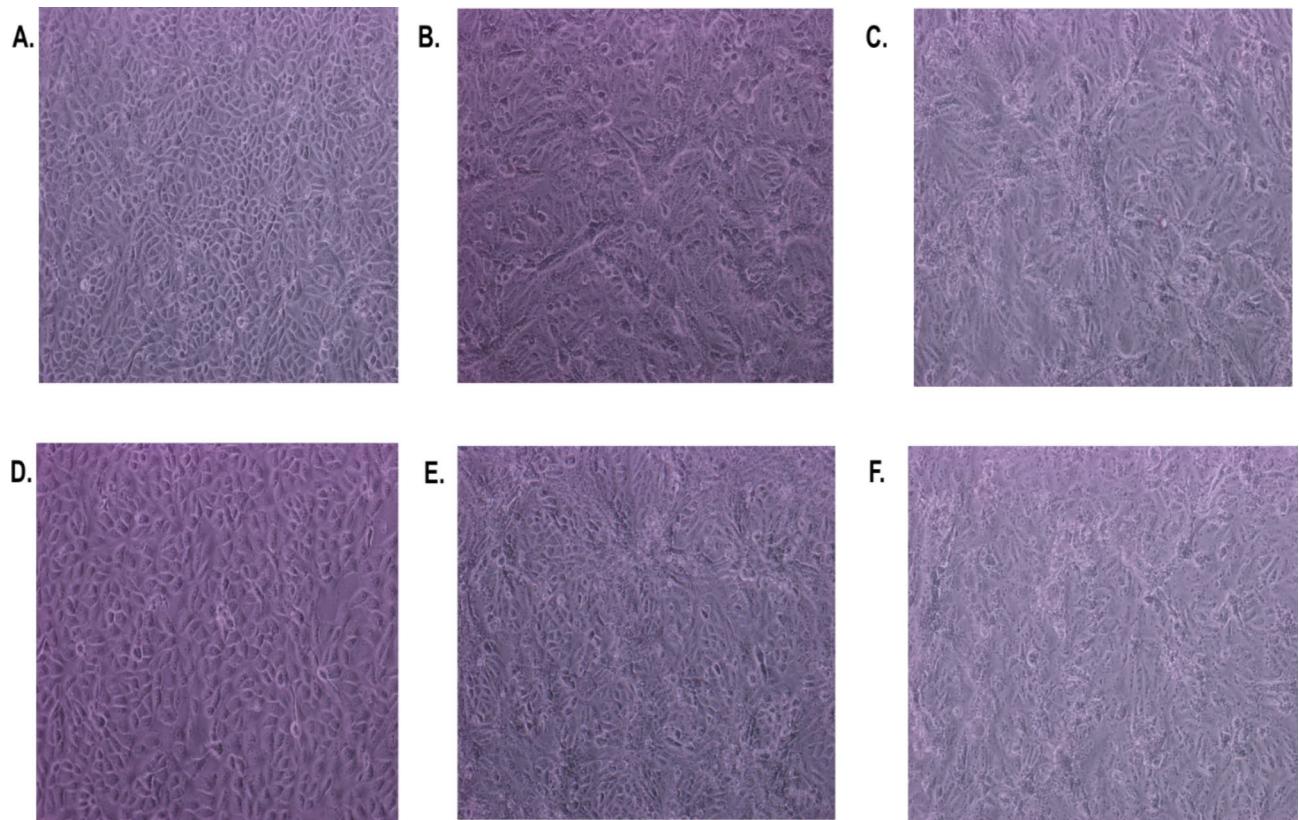


**Fig. 7.** The effect of the aqueous extract of *A. fragrantissima* and synthesized AgNPs on the viability of MCF-7 (A), and HepG2 cells, (B), was examined using the MTT assay. Cells were treated with aqueous extract of *A. fragrantissima* and synthesized AgNPs (0–400 μg/mL) for 24 h. Mean  $\pm$  SD is presented from three independent experiments, ( $*$  =  $P < 0.05$  compared to non-treated cells (control)).

The GC-MS analysis of *A. fragrantissima* aerial part extract revealed a diverse array of bioactive components, encompassing twenty compounds including 3E,10Z-Oxacyclotrideca-3,10-diene-2,7-dione, methylbuta-1,3-dienyl)-7-oxabicyclo [4.1.0] heptan-3-ol, and isolongifolol which are shown in Fig. 5; Table 2. The biological effects of several of these compounds have been previously researched, indicating interesting areas for further study. This could be due to the compound's chemical structure containing ester and phenol groups<sup>35</sup>. Hirasawa et al. (2016) concluded that certain macrolide antibiotics have significant lethal effects on head and neck squamous carcinoma cell lines when exposed to nutrient-deprived conditions<sup>36</sup>. These compounds' presence in



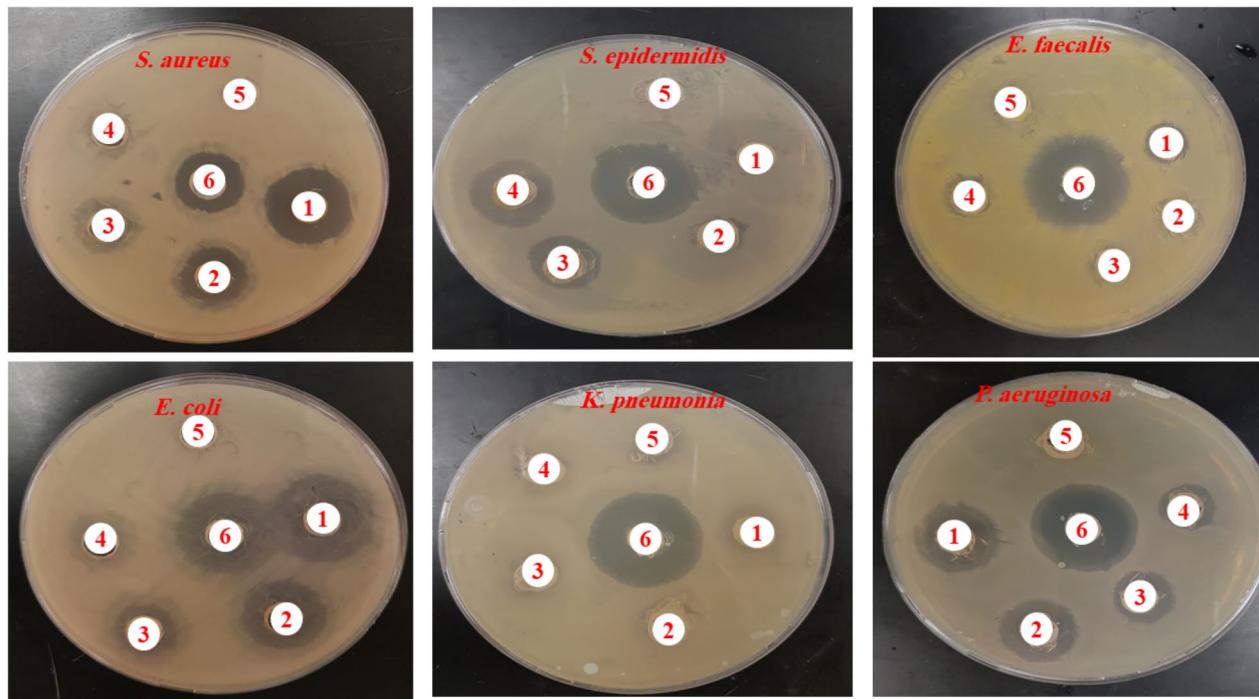
**Fig. 8.** Effect of aqueous extract of *A. fragrantissima* (50 µg/mL), (A), and synthesized AgNPs (15 µg/mL), (B) on MCF-7 and HepG2 cell lines. Synthesized AgNPs treated MCF-7 and HepG2 cells showed an increased percentage of the apoptotic population (*caspase-3, 8, 9*, and *Bax*) after 24 h incubation. The results are represented as the mean  $\pm$  SD of three independent experiments, (\* =  $P < 0.05$  compared to non-treated cells (control)).



**Fig. 9.** The effect of aqueous extract of *A. fragrantissima* and synthesized AgNPs on the MCF-7 and HepG2 cells morphology, cells treated with 50 µg/mL, and 15 µg/mL, respectively for 48 h (A) represents MCF-7 non-treated cells, (B) = represents MCF-7-treated cells with aqueous extract, (C) represents MCF-7 -treated cells with synthesized AgNPs, (D) = represents HepG2 non-treated cells, (E) represents HepG2 treated cells with aqueous extract, (F) = represents HepG2 treated cells with synthesized AgNPs.

Bacterium/Dilution	Positive control	400 $\mu\text{g/mL}$	200 $\mu\text{g/mL}$	100 $\mu\text{g/mL}$	50 $\mu\text{g/mL}$	MIC ( $\mu\text{g/mL}$ )	MBC ( $\mu\text{g/mL}$ )
<i>S. aureus</i> (MTCC 29213)	HS	S	MS	MS	LS	25 $\pm$ 0.00	50 $\pm$ 0.00
<i>S. epidermidis</i> (MTCC 12228)	HS	S	MS	MS	MS	12.5 $\pm$ 0.00	25 $\pm$ 0.00
<i>E. faecalis</i> (ATCC-29212)	HS	MS	LS	LS	LS	25 $\pm$ 0.00	50 $\pm$ 0.00
<i>E. coli</i> (ATCC 25922)	HS	S	MS	MS	LS	25 $\pm$ 0.00	50 $\pm$ 0.00
<i>K. pneumoniae</i> (MTCC 13883)	HS	MS	LS	LS	LS	50 $\pm$ 0.00	100 $\pm$ 0.00
<i>P. aeruginosa</i> (MTCC 27853)	HS	S	MS	MS	LS	25 $\pm$ 0.00	50 $\pm$ 0.00

**Table 3.** The inhibitory zone, MIC, and minimum bactericidal concentration (MBC) of the aerial part of the *A. fragrantissima* extract. LS = low sensitivity, MS = moderate sensitivity, S = sensitivity, HS = high sensitivity.

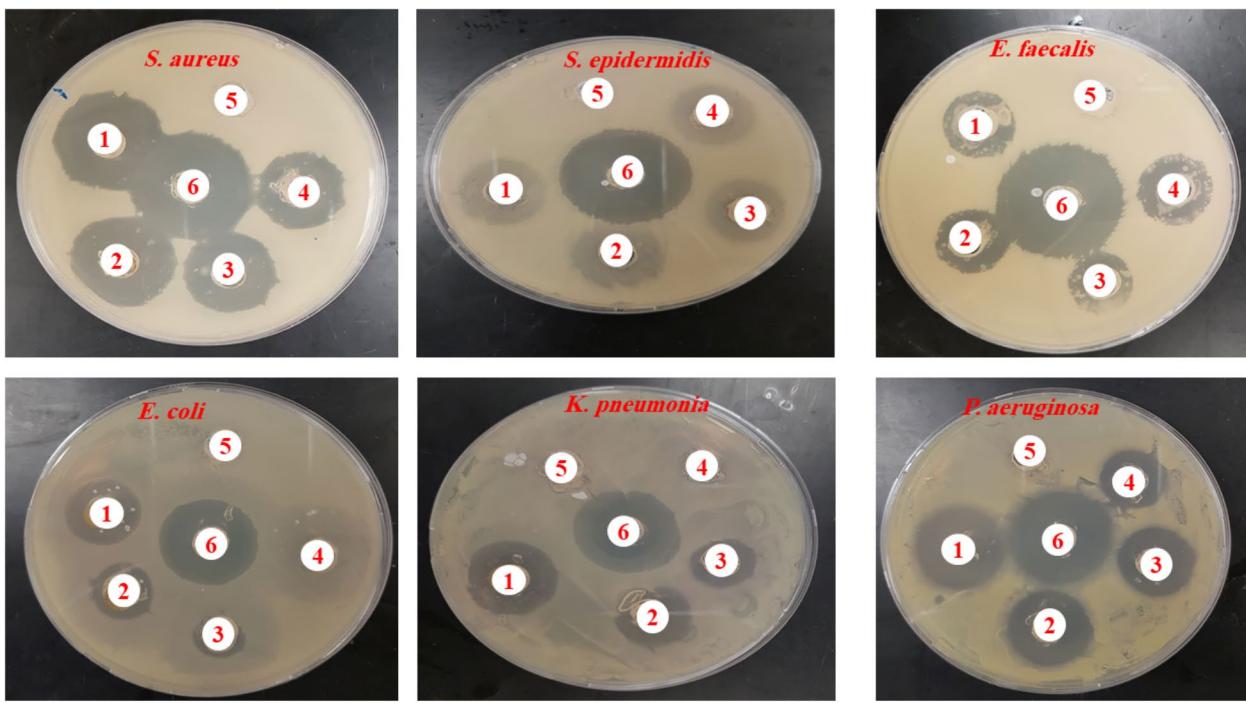


**Fig. 10.** Antibiogram demonstrating the antibacterial activity of aqueous extract of *A. fragrantissima* against selected bacteria strains. (1) denotes 400  $\mu\text{g/mL}$ ; (2) denotes 200  $\mu\text{g/mL}$ ; (3) denotes 100  $\mu\text{g/mL}$ ; (4) denotes 50  $\mu\text{g/mL}$ ; (5) denotes the negative control; (6) denotes the ciprofloxacin (positive control).

Bacterium/Dilution	Positive control	400 $\mu\text{g/mL}$	200 $\mu\text{g/mL}$	100 $\mu\text{g/mL}$	50 $\mu\text{g/mL}$	MIC ( $\mu\text{g/mL}$ )	MBC ( $\mu\text{g/mL}$ )
<i>S. aureus</i> (MTCC 29213)	HS	HS	S	S	MS	9.37 $\pm$ 4.41	12.25 $\pm$ 0.00
<i>S. epidermidis</i> (MTCC 12228)	HS	HS	S	S	MS	4.68 $\pm$ 2.21	6.25 $\pm$ 0.00
<i>E. faecalis</i> (ATCC-29212)	HS	S	MS	MS	LS	4.68 $\pm$ 2.21	6.25 $\pm$ 0.00
<i>E. coli</i> (ATCC 25922)	HS	HS	S	S	S	4.68 $\pm$ 2.21	6.25 $\pm$ 0.00
<i>K. pneumoniae</i> (MTCC 13883)	HS	HS	S	S	S	3.12 $\pm$ 0.00	6.25 $\pm$ 0.00
<i>P. aeruginosa</i> (MTCC 27853)	HS	HS	HS	S	S	2.34 $\pm$ 0.00	3.12 $\pm$ 0.00

**Table 4.** The inhibitory zone, MIC, and MBC of the synthesized AgNPs. LS = low sensitivity, MS = moderate sensitivity, S = sensitivity, HS = high sensitivity.

*A. fragrantissima* aerial part extract indicates that the plant has potential as a natural antibacterial and anticancer agent. Understanding the modes of action and possible therapeutic applications of these medications, both alone and in combination, requires further study. Awad et al. isolated piceol, eupatulin 7-methyl ether, chrysosplenol D, cirsiliol, and cirsimarin from *A. fragrantissima* leaves methanolic extract and tested on MCF-7, HepG2, A549, HeLa (cervix adenocarcinoma), and PC3 (prostatic adenocarcinoma) cell lines, with  $\text{IC}_{50}$  values ranging from 3.2 to 28.3  $\mu\text{g/mL}$ <sup>37</sup>. Additionally, a recent study revealed that the main components of the aerial parts of *A.*



**Fig. 11.** Antibiogram demonstrating the antibacterial activity of synthesized AgNPs against selected bacteria strains. (1) denotes 400  $\mu\text{g}/\text{mL}$ ; (2) denotes 200  $\mu\text{g}/\text{mL}$ ; (3) denotes 100  $\mu\text{g}/\text{mL}$ ; (4) denotes 50  $\mu\text{g}/\text{mL}$ ; (5) denotes the negative control; (6) denotes the ciprofloxacin (positive control).

*fragrantissima* essential oils were  $\alpha$ -thujone, myrcenyl acetate, artemisia ketone,  $\beta$ -thujone, lavandulol, santolina alcohol, and 3-thujanone. These were collected from Wadi Hagool, Suez, Egypt, and Wadi Harqan, Alqareenah, Riyadh Region, Saudi Arabia<sup>38</sup>.

Flavonoids are phenolic compounds isolated from a wide range of plants. They have various pharmacological roles, including cardiovascular protection, anti-inflammatory, anticancer, antioxidant, antimicrobial, feeding repellent, and light screening properties<sup>39</sup>. In our investigation, we discovered that the TFC of the dry extract was measured to be  $59 \pm 2.17$  mg of quercetin equivalents per gram of dry weight of the extract, and the TPC was determined to be  $77.52 \pm 1.46$  mg per gram of dry weight of the extract. These phenolic compounds are essential for protecting cells and tissues from damage caused by oxidative stress and for scavenging free radicals<sup>40</sup>.

The cytotoxicity of the aqueous aerial parts of the *A. fragrantissima* extract and synthesized AgNPs was evaluated on human cancer cell lines MCF-7 and HepG2. The MTT test findings showed a dose- and time-dependent reduction in cell viability compared to untreated cells. The  $\text{IC}_{50}$  values were  $17.2 \pm 1.18$   $\mu\text{g}/\text{mL}$  and  $36.2 \pm 2.19$   $\mu\text{g}/\text{mL}$  in MCF-7 and  $14 \pm 2.43$   $\mu\text{g}/\text{mL}$  and  $24.5 \pm 1.16$   $\mu\text{g}/\text{mL}$  in HepG2 caused by synthesized AgNPs and the crude extract. The apoptosis analysis confirmed these findings. Caspase 3, 8, and 9 activity was significantly higher in cells treated with *A. fragrantissima* aerial parts or synthesized AgNPs compared to the control group. Additionally, treated cells showed lower expression of anti-apoptotic genes Bcl-xL and Bcl-2 than untreated controls. This indicates that both treatments induce apoptosis in cancer cells, leading to their harmful effects. Only a few researches have revealed the anticancer effects of *A. fragrantissima* crude extracts in cancer cell lines. Previous research tested *A. fragrantissima* leaves methanolic extract against K562 (myeloid leukemia), Jurkat (T-cell leukemia), and HepG2 (hepatocarcinoma) cells and showed dramatic morphological alterations and loss of viability in K562 cells<sup>41</sup>. Break et al. (2021) treated HepG2, A549 (lung carcinoma), HCT-116 (colorectal carcinoma), and MCF-7 (hormone-dependent breast cancer) cells with methanolic extract of *A. fragrantissima* leaves and reported cytotoxic bioactivity of the extract against A549 cells with induction of apoptosis, including caspase-3 activation, increased p53 and Bax expression, and down-regulation of Bcl-2 expression<sup>42</sup>. A recent study indicated that the dichloromethane extract of *A. fragrantissima* flower was proven to be the strongest agent leading to MDA-MB-231 cell proliferation with  $\text{IC}_{50}$  values of  $32.43 \pm 3.41$   $\mu\text{g}/\text{mL}$ , followed by leaf-derived extracts with values of  $36.67 \pm 3.94$   $\mu\text{g}/\text{mL}$ <sup>43</sup>. Previous investigation has shown the strong anticancer potential of AgNPs utilizing *A. biebersteinii* flower extract with an  $\text{IC}_{50}$  value of 20  $\mu\text{g}/\text{mL}$  by inhibiting particular cell cycle genes and simulating programmed cell death genes of MCF-7 cell line<sup>20</sup>. Recently, the synthesized AgNPs exhibited higher cytotoxicity (793.3% and 77.2% at 250  $\mu\text{g}/\text{mL}$ ) against MCF-7 and Hep-G2 cancer cells, respectively, in comparison to the leaf extract of *Lallemandia royleana*<sup>44</sup>. AgNPs synthesized from *Rothea serrata* (L.) Steane & Mabb. Flower bud extract exhibited strong anticancer effectiveness against the pancreatic ductal adenocarcinoma cell line with an  $\text{IC}_{50}$  value of 36.01  $\mu\text{g}/\text{mL}$ <sup>45</sup>.

Our research offers an approach for treating cancer that depends on the production of genes that trigger apoptosis. This research used MCF-7 and HepG2 cancer cells as models to demonstrate the apoptotic capabilities

of *A. fragrantissima*. In fact, after treating *A. fragrantissima*, we looked for the expressions of apoptotic regulators. Moving further, the first screening confirms and signals that rising *A. fragrantissima* concentrations cause cell cytotoxicity and activated apoptotic network genes (*Caspase-3*, *Caspase-8*, *Caspase-9*, and *Bax*) in MCF-7 and HepG2 cells. Consequently, the viability nature of the cell decreases<sup>37,46</sup>. Our findings match with the results reported by Alasmari, A. (2024)<sup>16</sup>. Our research and these studies' results indicated that *A. fragrantissima* could treat cancer cells in cancer cells by dose-dependent cytotoxicity and apoptosis analysis.

In the present study, the antibacterial efficacy of aerial parts of the *A. fragrantissima* extract and synthesized AgNPs against bacterial strains was studied against Gram-positive bacteria (*S. aureus*, *S. epidermidis*, and *E. faecalis*) and Gram-negative bacteria (*E. coli*, *K. pneumoniae*, and *P. aeruginosa*). The MIC values for aerial parts of the (*A*) *fragrantissima* extract varied from  $12.5 \pm 0.00$  to  $50 \pm 0.00$   $\mu\text{g}/\text{mL}$ . The MIC values for synthesized AgNPs ranged from  $2.34 \pm 0.00$  to  $9.37 \pm 4.41$   $\mu\text{g}/\text{mL}$ . *P. aeruginosa* was more susceptible to synthetic AgNPs (MIC value =  $2.34 \pm 0.00$   $\mu\text{g}/\text{mL}$ ). Likewise, *P. aeruginosa* was more susceptible to the C-AgNPs obtained from the extract of *Cardamine hirsuta* L. leaf<sup>47</sup>. Whereas, (*B*) *subtilis* showed greater susceptibility to the synthesis of AgNPs using the leaf extract of *Ixora brachypoda* DC. among the microbial pathogens tested<sup>48</sup>. Based on our data, it is generally known that most AgNPs have more antibacterial activity against Gram-negative bacteria than Gram-positive bacteria. These results match a previous work in which the synthesis of AgNPs from the root extract of *Astragalus tribuloides* was demonstrated to have better inhibitory effects against strains of Gram-positive bacteria (*B. cereus* and *S. aureus*) than against strains of Gram-negative bacteria (*E. coli* and *Shigella flexneri*)<sup>49</sup>. A similar trend was observed by the AgNPs synthesized from *Otostegia persica* (Burm.) Boiss. Leaf extract exhibited significant antimicrobial efficacy against the Gram-negative bacteria (*E. coli*, *P. aeruginosa*, and *Salmonella typhi*) as compared with the Gram-positive bacteria strains (*S. aureus*, *B. subtilis*, and *Streptococcus pyogenes*)<sup>50</sup>. In contrast, a previous study showed that AgCl-NPs synthesized from a *Pulicaria vulgaris* Gaertn. The aerial part extract had more inhibitory activity against the Gram-positive *S. aureus* strain compared to the Gram-negative *E. coli* strain<sup>51</sup>. These findings may be explained by Gram-positive bacteria's thick peptidoglycan layer, which restricts AgNP penetration into cells. These results might be explained by the cellular wall's strong peptidoglycan layer of Gram-positive bacteria, which limits the possibilities of AgNP penetration into cells<sup>40</sup>. On the other hand, previous research indicated that the change of Gram-negative bacteria lipopolysaccharides (LPS) with AgNPs, due to the negative charge of LPS, promotes NPs adhesion<sup>52</sup>. Many researchers emphasize the basic mechanism of action of NPs, which includes electrostatic interaction between the negative charge of the microbial cell membrane and the positive or smaller charge of AgNPs<sup>52,53</sup>. Elsharkawy et al. (2021) found that flowering aerial parts of (*A*) *fragmentissimaa* had good antibacterial activity against Gram-positive bacteria, including (*S. epidermidis*, (*B*) *cereus*, and *S. aureus* clinical isolate), antibacterial activity ranging between high to no activity (between  $14.5 \pm 0.5$ – $6.0 \pm 0.0$  mm zone of inhibition)<sup>7</sup>. Furthermore, *A. fragrantissima* essential oil inhibited bacterial growth in both Gram-positive and Gram-negative bacteria, particularly *E. coli* and *S. epidermidis*<sup>38</sup>. AgNPs synthesized from *A. maritima* exhibited antibacterial activity against *E. coli* and *S. typhi*, with 15.8 and 14.5 mm zone inhibition diameters, respectively<sup>52</sup>. Overall, our findings support the use of the aerial part of the *A. fragrantissima* and synthetic AgNPs as effective antibacterial agents.

We acknowledge the shortcomings and limitations in terms of the methodology we used in our present study. Polar and non-polar volatile compounds need the study of dual-capillary polar and polar columns. To confirm the newly identified compounds, retention indices of the constituents must be computed by linear interpolation in connection to the retention times of two standard mixes of n-alkanes ( $\text{C}_8$ – $\text{C}_{20}$  and  $\text{C}_{21}$ – $\text{C}_{40}$ ). One limitation of the study is the absence of in-vivo investigations. In vivo research is crucial for complementing in vitro data, especially when evaluating the potential biological effects of plant extracts against pathogenic bacteria/fungi and their anti-proliferative activity against cell lines. The in vivo environment is significantly more complex in terms of target organ delivery, effectiveness, and potential side effects. Future research should prioritize in-vivo investigations to establish the efficacy and safety of these compounds.

In conclusion, *A. fragrantissima* aerial part extract contains several bioactive chemicals with significant antioxidant, anticancer, and antibacterial properties. Unlike previous reports, this study is unique in demonstrating that the synthesized AgNPs showed potential anticancer effects at lower doses, indicating increased caspase activity and decreased anti-apoptotic gene expression in treated cells, confirming apoptosis and antimicrobial activities against Gram-positive and Gram-negative species, particularly *P. aeruginosa*. These findings provide a solid foundation for future study into its therapeutic applications and possibilities for the development of natural pharmaceutical products. Future research should concentrate on in-vivo studies to assess the effectiveness and safety of these substances.

## Methods

### Preparation of aqueous plant extract

The aerial parts of *A. fragrantissima*, which include the stems, leaves, petioles, flowers, fruit, and seeds, were purchased at the Riyadh market in Saudi Arabia in September of 2023. *A. fragrantissima* is a little plant that grows forever. White, woolly plants have upright, up to one-meter-tall stems that are heavily branched from the base; the many, herbaceous, terete, and stiff blooming branches form part of the plant. The leaves exhibit characteristics of being white to greyish-green in colour, tiny, thick, sessile, ovate, oblong, or oblong-lanceolate, with a rounded apex and gently undulating edges that are shallowly dentate and short mucronate. The plant is hairy and has a pleasant scent; the flower heads are terminal discoid and made up of many tubular florets; the ray florets are yellow and extremely short. Flowering period: from June to September. The plant was identified by Professor Dr. Mohammed Fasil of King Saud University's Department of Botany and Microbiology in Riyadh, Saudi Arabia. The voucher specimen was deposited at the Herbarium of the Department of Botany and Microbiology (KSU NO-18811).

The aerial parts of the *A. fragrantissima* were thoroughly cleaned using distilled water after being washed several times with tap water to remove dust. After air drying at room temperature for a week, the plants were ground into a fine powder using a grinder. Twenty grams of powdered aerial parts were suspended in 100 ml of distilled water in a beaker and left to stand at room temperature for 24 h. The extract was filtered in a conical flask using Whatman Grade 1 Filter Paper and refrigerated at 4 °C. This solution was used to synthesize AgNPs.

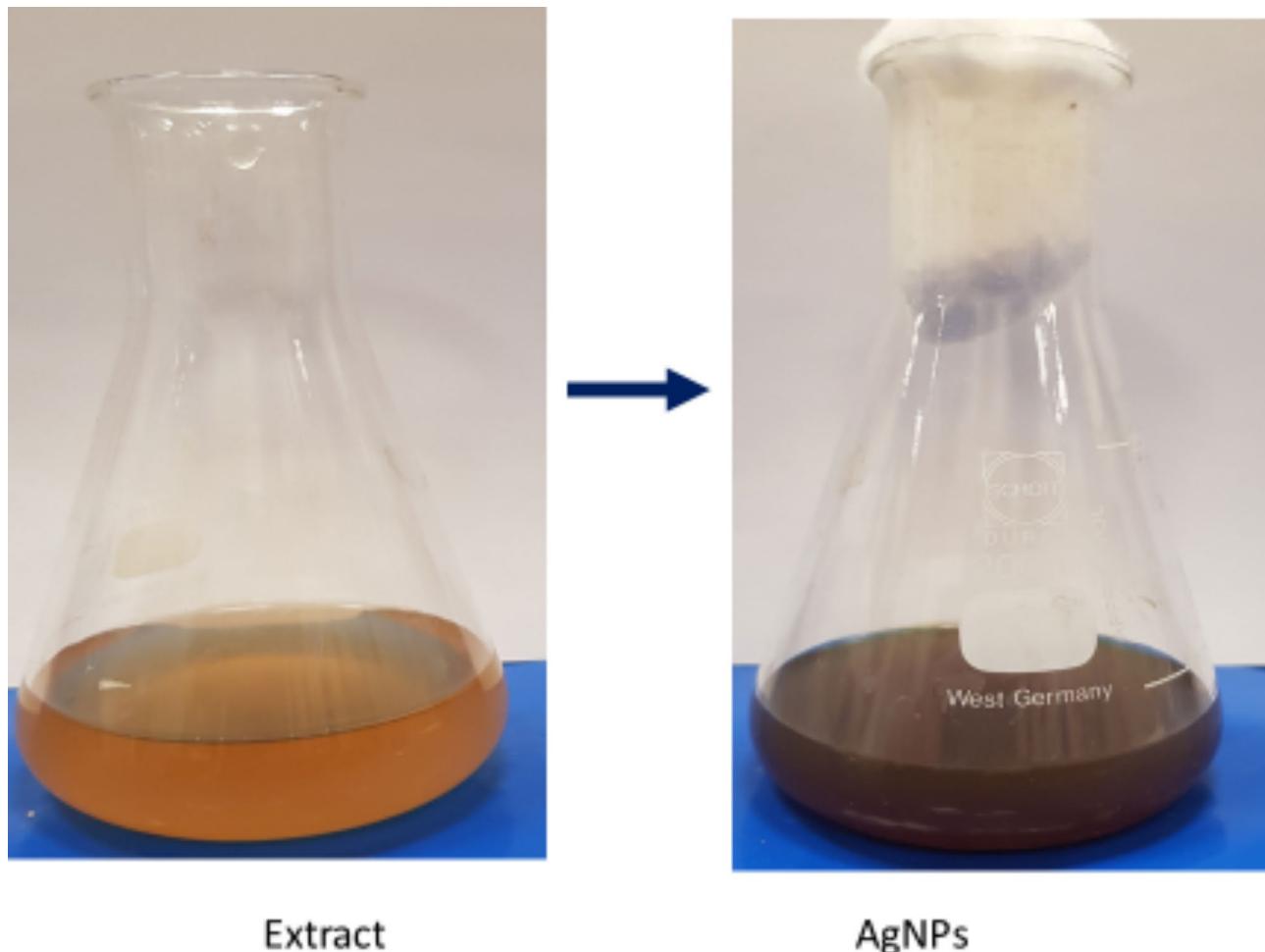
#### Green Synthesis of AgNPs from the Extract

Following the method outlined by<sup>52</sup>, with slight modifications, the synthesis of AgNPs was carried out by adding 2 ml of the *A. fragrantissima* aerial parts to 100 ml of AgNO<sub>3</sub> (2 mM). The mixture was heated to 70 °C and stirred with a magnetic stirrer on a hotplate until the solution's color changed from light yellow to dark brown, as shown in (Fig. 12). The synthesized AgNPs were then recovered by centrifugation at 5,000 rpm and 4 °C for 30 min. After several rounds of centrifugation under the same conditions, the resulting pellet was purified using sterile Milli-Q water. The dried AgNPs were kept at 4 °C until use.

#### Characterization of AgNPs

Different techniques have been used to characterize the synthesized AgNPs. Initially, AgNPs were confirmed with a UV-Vis spectroscopy (Shimadzu UV-1800, Kyoto, Japan) in the 300–800 nm range with a plot interval of 1.0 nm, following the manufacturer's instructions and previous research findings<sup>54</sup>. The experiment was conducted in triplicate.

The elemental analysis and chemical composition of the AgNPs were determined using an SEM integrated with EDX analysis. Briefly, 5 µL of the pure AgNPs solution at a concentration of 0.1 mg/ml was coated onto carbon tape. The samples were allowed to air dry at room temperature for fifteen minutes. SEM imaging was carried out using a JSM-6380 LA SEM (JEOL LTD., Tokyo, Japan) following the manufacturer's instructions, and previous research (Singh and Mijakovic, 2022). The Smile Shot™ software provided optimal operating settings and seamless changeover between SEM and EDX. The JSM-6380 has a configurable GUI interface that makes the instrument easy to use.



**Fig. 12.** Color change during the synthesis of the *A. fragrantissima* AgNPs.

The crystalline structure of the AgNPs was examined using a TEM (JEOL Ltd. Inc., Tokyo, Japan). Slide preparation and processing were conducted according to the manufacturer's instructions, as documented in previous research<sup>55</sup>.

To confirm the potential impact of the various bioactive found in *A. fragrantissima*, an FTIR (Thermo Fisher Scientific, MS, USA) equipped with Omnic software was used to analyze the surface modification of the synthesized AgNPs. Following the manufacturer's instructions, measurements were taken over a range of 500–4000 cm<sup>-1</sup>. The obtained wavelengths were analyzed using the FTIR Functional Group Database InstaNANO to identify potential functional groups based on peak height and shape (<https://instanano.com/all/characterization/ftir/ftir-functional-group-search/>, accessed May 12, 2024).

### Determination of bioactive components of extract

Using the autosampler injection system, 0.9 μL of the *A. fragrantissima* aqueous extract diluted with acetone at a 1: 9 volume ratio, was injected for analysis using the (GC-MS) technique from Agilent Technologies Inc. (Santa Clara, CA, USA). The compounds were identified using a connecting database program. The disintegration of the material into its parts using gas chromatography and a mass selective detector GC-MS. A DB-5 MS capillary column from Agilent Technologies (30 m in length, 0.25 mm internal diameter, and 0.25 μm phase thickness) was used to separate the target chemicals.

The oven temperature ranged from 50 to 250 °C and a total analysis duration of 73 min. Helium was used as the carrier gas at a flow rate of 1 mL/min with an inlet temperature of 250 °C. The MS detector was configured with an acquisition scan type, scanning masses between 40 and 500 g/mol, a scan speed of 1.56, a solvent delay of two minutes, and an MS source temperature of 230 °C. The basis for the component identification method was provided by Willey and the National Institute of Standards and Technology (NIST) Libraries. Comparing the components with those found in the computer libraries (Willey and NIST) connected to the GC-MS instrument allowed for the identification of those with a matching factor of more than 90%.

### TPC and TFC in aqueous extracts

The TPC in the aqueous extract was determined using a modified Folin–Ciocalteu method as described by<sup>56</sup>. The extracts were diluted to the appropriate concentration, and 0.25 mL volumes of the Folin–Ciocalteu reagent (diluted ten times with distilled water) and 7.5% NaHCO<sub>3</sub> were mixed. The mixture was incubated for 15 min at 45 °C, and the absorbance was measured at 765 nm using (U2001 UV–Vis Spectrophotometer, Hitachi, Japan). A standard curve was created using gallic acid concentrations between 20 and 200 μg/mL. The results were expressed in gallic acid equivalents (mg GAE/g per gram of extract).

The TFC in the aqueous extract was measured using the AlCl<sub>3</sub> colorimetric method, based on the formation of a flavonoid-aluminum complex with maximum absorption at 415 nm as described by<sup>57</sup>. In brief, 0.5 mL of the aqueous extract was mixed with 1.5 mL of methanol. The samples were then mixed with 0.1 mL of 10% AlCl<sub>3</sub> and 0.1 mL of 1.0 M sodium acetate. After incubating at room temperature in the dark for one hour, the absorption was measured at  $\lambda_{\text{max}}$  415 nm using a U2001 UV–Vis Spectrophotometer (Hitachi, Japan). Vitamin C was used as the positive control. The same process was used to create a calibration curve for the quercetin solution. The results were expressed as the mean ( $\pm$  SD) amount of QE per gram of extract, based on three independent readings.

### Cytotoxicity and apoptosis assay

The human hepatoma HepG2 (ATCC HB-8065) cell lines were selected for this study as functional in vitro model systems to test the cytotoxic effects of different plant extracts<sup>58,59</sup>. The cells were cultured in Dulbecco's Modified Eagle's Medium supplemented with 10% fetal bovine serum, 2 mM glutamine, and a 1% antibiotic solution with 100 U/mL of penicillin and 100 μg/mL of streptomycin. The cells were then kept at 37 °C in an atmosphere with 5% CO<sub>2</sub> and 95% air.

MCF-7 cells and HepG2 were seeded onto a 96-well plate and incubated overnight at 95% humidity, and 5% CO<sub>2</sub> at 37 °C. After 24 h, to ensure cell adhesion and confluence in the wells, the medium was replaced with a fresh medium containing different concentrations of AgNPs (1–100 μg/mL) with cisplatin (30 μg/mL) as the positive control for 48 h. The effects of aqueous extract and AgNPs on MCF-7 and HepG2 cell viability were assessed using (MTT) assay (Life Technologies, Eugene, Oregon, USA). Briefly, cells were seeded in a 96-well plate (Corning Costar, Lowell, NY, USA) at a density of  $1 \times 10^4$  cells per well and treated with different concentrations of the aqueous extract (0–500 μg/mL) at 37 °C for 48 h at 80–90% confluence.

Each well then received 10 μL of MTT solution (5 mg/mL phosphate buffer saline), and the plate was incubated for two hours in the dark. Subsequently, 100 μL dimethyl sulfoxide (DMSO) was added to solubilize the MTT. The absorbance of each well was measured at 570 nm using a microplate spectrophotometer (BioTek Laboratories, LL, Shoreline, WA, USA). Untreated cells served as the negative control, with all cells in the negative control group remaining viable. The IC<sub>50</sub> values, representing the concentration of the extract that killed 50% of the cells, were calculated, and the percentage of mitochondrial activities in treated cells was compared to that in untreated cells<sup>60</sup>. The cytotoxic effects of the synthesized AgNPs were also studied following the previous research<sup>61</sup>.

The changes in the expression of apoptosis genes (*caspase-3, -8, -9*, and *Bax*) and anti-apoptotic genes (*Bcl-xL* and *Bcl-2*) were analyzed using RT-PCR. Cells were cultured in DMEM with 10% FBS. Each extract was administered to the cells in 50 μL amounts based on its IC<sub>50</sub> value and incubated at 37 °C for 48 h. The morphological changes were observed by the Inverted microscope (Eclipse TS100, Nikon, Japan). The wells were treated with 0.25% trypsin and centrifuged at 12,000 rpm for 8 min. Total RNA was extracted from the resultant pellet using the RNeasy kit (Qiagen, Germany) according to the manufacturer's instructions and subjected to RT-PCR as reported in our previous research<sup>62</sup>.

## Screening for antibacterial activity

### Disc diffusion method

The antibacterial efficacy of the aqueous extract of *A. fragrantissima* and synthesized AgNPs against Gram-positive and Gram-negative pathogens was assessed using the disc-diffusion susceptibility technique, following previously reported protocols<sup>63</sup> with slight modifications. The bacteria tested included Gram-positive strains *S. aureus* (ATCC-29213); *Staphylococcus epidermidis* (MTCC 12228), and *Enterococcus faecalis* (ATCC-29212), and Gram-negative strains *E. coli* (ATCC-25922), *Klebsiella pneumoniae* (MTCC-13883), and *Pseudomonas aeruginosa* (MTCC-27853). The bacterial cultures (0.1 mL,  $1 \times 10^6$  CFU/mL) were swabbed onto Mueller Hinton Agar (MHA) medium and incubated at 37 °C for 24 h. Sterile paper discs were impregnated with 30 µL of the aqueous extract of *A. fragrantissima* and synthesized AgNPs at concentrations of 500, 1000, and 1500 µg/mL, and incubated for 24 h at 37 °C. For the positive control, 25 µg/mL of ciprofloxacin was used. The extract's ability to inhibit bacteria has been evaluated by measuring the width of the clear zone of inhibition around it in millimeters (mm)<sup>64</sup>. Results were expressed as follows: an inhibition zone diameter  $\leq$  10 mm for low sensitivity (LS), 10–14 mm for moderate sensitivity (MS), 14–19 mm for sensitivity (S), and  $\geq$  19 mm for high sensitivity (HS)<sup>65</sup>.

## Analysis of MIC and MBC

The conventional broth microdilution technique, as published by Basri and Sandra (2016)<sup>66</sup>, was used to evaluate the antibacterial characteristics of the aqueous extract of *A. fragrantissima* and the produced AgNPs, with minor adjustments made utilizing the 2,3,5-triphenyl tetrazolium chloride (TTC). TTC staining is a method that uses color changes to distinguish between various cell types' mitochondrial activity. It is a tetrazolium salt that is often used in MIC determination. More specifically, under decreasing circumstances, colorless TTC becomes red. This test quantifies the activity of the cellular mitochondria, more precisely the part played by electron transport system enzymes in the reduction of TTC. The production of a red color signifies the vitality of cells. The indicator's ability to differentiate between metabolically active cells and those that have no metabolism is based on the enzymatic conversion of colorless 2,3,5-triphenyl tetrazolium to reddish-colored 1,3,5-triphenyl formazan in live cells<sup>67,68</sup>. Briefly, Various concentrations of the compounds (1.95 to 800 µg/mL) were prepared in Mueller Hinton broth and dispensed into a 96-well plate well was inoculated with  $5 \times 10^6$  CFU/mL bacterial suspension. Ciprofloxacin at a concentration of 25 µg/mL was a positive control, while 0.1% DMSO with Mueller Hinton broth served as a negative control. After 24 h of incubation at 37 °C, the plates were visually assessed for signs of bacterial growth. Following treatment, each well received a working solution containing 2 mg/ml of TTC in PBS and was then incubated at 37 °C for 20 min. Colorless solutions indicate no growth, while pink wells, similar to the positive control indicate bacterial growth. Following a visual assessment of the bacterial growth, the MIC in triplicates was shown to be the minimal concentration that inhibited growth, while the MBC was identified as the lowest concentration at which no growth was observed on an agar subculture<sup>69</sup>.

## Statistical analysis

Statistical analysis was performed using ANOVA, with results presented as mean  $\pm$  SD. A *P* value  $< 0.05$  was considered statistically significant.

## Data availability

All data generated or analysed during this study are included in this published article.

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## Author contributions

M.F.A, H.A.A and I.M.A. wrote the main manuscript text. I.M.A, M.F.A, F.A., and N.A.A. Mainly responsible for providing data. R.M.A., S.M.A., and H.R. are responsible for charting. All authors reviewed the manuscript.

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## Declarations

### Competing interests

The authors declare no competing interests.

### Ethical approval

Not applicable.

### Additional information

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