



Insights into proton transfer dynamics in histidine tautomers of amyloid- β (1-40)



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Histidine tautomerization within amyloid beta (A β) peptides is crucial in understanding the molecular mechanisms underlying Alzheimer's disease and its potential therapeutic strategies. Despite its significance, the proton transfer dynamics between histidine residues in A β -40 at the protein level remain insufficiently explored due to the complexity of solvent effects and the computational challenges of large-scale simulations. This study conducted fully quantum mechanical molecular dynamics (QM-MD) simulations coupled with metadynamics (MTD) to investigate the tautomerization process between histidine tautomers in A β -40 within an aqueous environment. Using the divide-and-conquer density-functional tight-binding (DC-DFTB) method, a system of ~3000 atoms was modeled to capture the atomic-scale interactions. MTD simulations revealed that water molecules mediate the tautomerization of histidine residues, HIS 13 and HIS 14, stabilizing specific tautomeric forms. The two-dimensional well-tempered MTD (2D WTMTD) results identified a reaction barrier of approximately 3.51 kcal mol⁻¹ for tautomerization. This study represents the first comprehensive QM-MD/MTD investigation of histidine tautomerization in amyloid beta peptides, offering insights into the tautomerization process.

According to statistics from the World Health Organization (WHO), the number of dementia patients worldwide will be estimated to exceed 100 million in 2050¹. Alzheimer's disease (AD), one of the leading causes of dementia, presents significant challenges both medically and financially for families and society². In recent decades, extensive research has been conducted to explore the underlying mechanisms of AD, with various hypotheses which include the cholinergic, metal, oxidative stress, and tautomerism hypotheses³⁻⁹. Chelation therapy has been widely investigated as a means of restoring metal ion balance in the brain, since chelators can sequester and stabilize excess metal ions through the formation of multiple coordination bonds¹⁰. Among the different scaffolds tested, natural and synthetic coumarin derivatives have drawn particular interest^{10,11}. Owing to their versatile biological activity, including inhibition of cholinesterases (ChEs) and monoamine oxidase B (MAO-B), depending on the substitution pattern, coumarins are now considered a privileged framework for the design of multitarget ligands in AD therapy¹².

Parallel to this, growing evidence indicates that soluble A β dimers, rather than mature fibrils, represent the most neurotoxic species in AD^{13,14}. Their formation is governed by specific electrostatic and hydrophobic

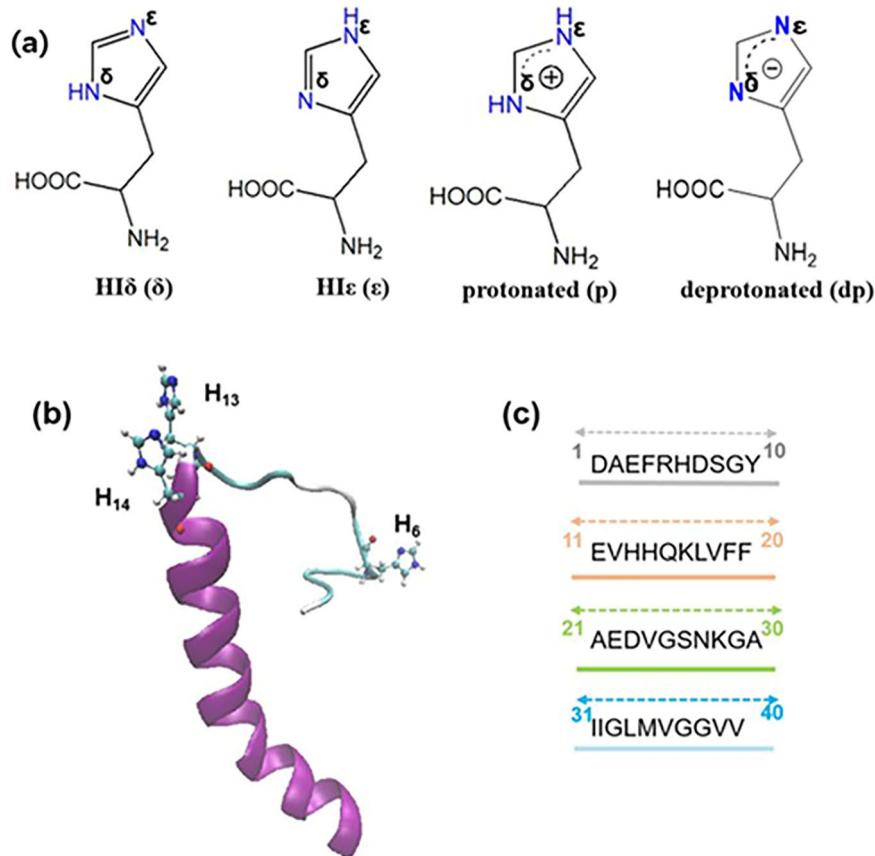
contacts between key residues: for example, Arg5 interacts with negatively charged partners, while Lys28 forms stabilizing salt bridges with Glu22 and Asp23¹². Hydrophobic residues, including Ile31, Leu34, Met35, Val36, and Val40 further enhance β -sheet stacking and aggregation^{15,16}. External modulators such as metal ions (e.g., Cu²⁺, Zn²⁺) can shift these assemblies toward alternative conformations¹⁷. Importantly, the existence of A β dimers has been confirmed in patient brain samples using advanced methods such as single-molecule force microscopy (SMFS) and mass spectrometry, underscoring their contribution to synaptic dysfunction and highlighting them as promising therapeutic targets^{13,18,19}.

Among these, the tautomerism hypothesis has gained significant recognition, suggesting that the aggregation and accumulation of β -amyloid plaques play a key role in both bio-pathological models and clinical AD patients^{3,9}. Researchers have reported that the aggregation of amyloid peptides is affected by temperature, metal ions, pH, and histidine tautomerization etc²⁰⁻²³. However, limited research has focused on understanding the mechanisms behind amyloid aggregation. The tautomer hypothesis has been introduced as a potential explanation^{24,25}, suggesting that the tautomeric state of the imidazole ring in histidine is pivotal to A β misfolding. All

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Fig. 1 | Schematic representation of histidine and A β -40 structures. a The Chemical structures of monoprotonated (δ and ϵ), fully protonated (p), and deprotonated (dp) forms of histidine, **b** the initial structure of A β -40 protein, and **c** the amino acid sequence of A β -40 protein.



the tautomeric forms of histidine are illustrated in Fig. 1. The A β -40 is one of the major amyloid proteins in the accumulation of amyloid peptide plaques, so it garnered significant attention from neuroscience researchers^{26–28}.

To unravel the pathogenesis of Alzheimer's disease and advance therapeutic approaches, Our group employed molecular dynamics simulations to investigate the effects of histidine tautomerism on A β -40 monomers, homodimers, and pentamers^{25–29}. In one of our earlier studies, we explored the synergistic influence of histidine tautomerism and its interactions with Au(111) surfaces, using a combination of molecular dynamics simulations and two-dimensional infrared spectroscopy³⁰. This integrative approach provided valuable insights into how intrinsic tautomeric switching, together with external environmental factors such as metallic surfaces, can modulate amyloid misfolding pathways relevant to Alzheimer's disease. Additionally, quantum mechanical calculations were employed to investigate the role of 3–5 water molecules in facilitating proton transfer during histidine tautomerization, although these studies were limited to the amino acid level, specifically focusing on the δ and ϵ tautomers³¹. A more comprehensive understanding of the tautomer hypothesis requires a deeper investigation into proton transfer dynamics within peptides and water molecules. Understanding the proton transfer mechanism of histidine tautomers in A β -40 protein is important for elucidating the origin of A β aggregation. Several studies have emphasized the critical role of the tautomeric states of histidine residues 6, 13, and 14 in A β -40 in influencing amyloid-peptide aggregation^{26–28,32}. However, the mechanism of the proton transfer in histidine tautomers within the tautomerism hypothesis has been inadequately explored, primarily due to the technical constraints in clinical diagnostics and the difficulty of theoretical studies. Moreover, the modeling systems containing excess protons and solvated protein are not feasible to simulate at the DFT level due to their large number of atoms.

Recently, Nakai et al. employed the divide-and-conquer density-functional tight-binding (DC-DFTB) method to investigate rare events in large biomolecular systems, specifically studying the proton transfer mechanism from the retinal Schiff base to Asp85 in bacteriorhodopsin (BR) using models containing ~3750 atoms³³. Their work demonstrated the remarkable efficiency of DC-DFTB calculations with the D_{CDFTBMD} program, particularly for large-scale systems, facilitating quantum mechanical (QM) simulations^{34–36}. Given the strengths of the D_{CDFTBMD} program in simulating proton transfer within large protein systems^{33,35–37}, we employed molecular dynamics and metadynamics simulations in this study to investigate the tautomerization process of histidine in the A β -40 protein.

Water molecules are well-known to facilitate the tautomerization reactions via proton transfer mechanism in biological systems^{31,38,39}, making it crucial to explore this process within histidine tautomers of A β -40 in aqueous environments. Given the close proximity of residues HIS13 and HIS14 in A β 40, this region is especially conducive to proton transfer. Although the proton transfer barrier typically exceeds thermal fluctuations, preventing full capture of transition states in unbiased molecular dynamics simulations, enhanced sampling techniques like metadynamics and umbrella sampling have proven effective^{40,41}. These methods allow for the precise estimation of proton transfer barriers by reconstructing the free energy surface and statistically analyzing the transition states of these rare events.

In this study, we employed metadynamics simulations at the DC-DFTB level to get insight into the proton transfer phenomena between two histidine tautomers within the A β -40 peptide. We examined the proton transfer dynamics by analyzing the radial distribution function, the constructed free energy surfaces, and Mulliken charges associated with the tautomers. This study offers an insights into the mechanisms that may underpin A β aggregation in Alzheimer's disease and represents a significant advancement in supporting the histidine tautomerism hypothesis in biochemical research.

Results and discussion

Structural evolution from MD simulation

The snapshots of the initial and simulated geometries of all isomers of $\text{A}\beta$ -40 obtained at the end of the four different simulations are displayed in Fig. 2

The simulated structure shows that the $\delta\delta$ tautomer has some β -sheet characteristics, a key element in amyloid aggregation. However, this was initially based on visual inspection of the snapshots. To confirm our observation, we calculated the average α -helix and β -sheet content for all isomers, with the results summarized in Supplementary Table 1.

Supplementary Table 1 indicates that 10% of the $\delta\delta$ tautomer adopts a β -sheet structure. Detailed insights into the secondary structure changes throughout the simulation are provided through the Defined Secondary Structure of Proteins (DSSP) analysis, as shown in Supplementary Fig. 1. Notably, the β -sheet structures in the $\delta\delta$ tautomer are localized at the Arg5-His6 and Gly38-Val39 residues. This β -sheet-rich conformation is known to be highly toxic in amyloid proteins⁴²⁻⁴⁴. Therefore, the $\delta\delta$ tautomer of $\text{A}\beta$ -40 was selected for further calculations and deeper investigation in this study.

The protein backbone's root mean square deviation (RMSD), shown in Supplementary Fig. 2a, confirms that the system is well-equilibrated. Further calculations were performed to investigate the role of water molecules around the imidazole ring, specifically focusing on $\text{N}_{\delta/\epsilon}\text{H}$ (H atom connected to $\text{N}_{\delta/\epsilon}$) and $\text{N}_{\delta/\epsilon}$ atoms. This was done by calculating the pair distribution function between the O/H atoms of water molecules and the $\text{N}_{\delta}\text{H}$ and $\text{N}_{\delta/\epsilon}$ atoms, respectively, as these atoms play a key role in the tautomerization reaction in $\text{A}\beta$ -40 protein. The resulting plot is provided in Supplementary Fig. 2b.

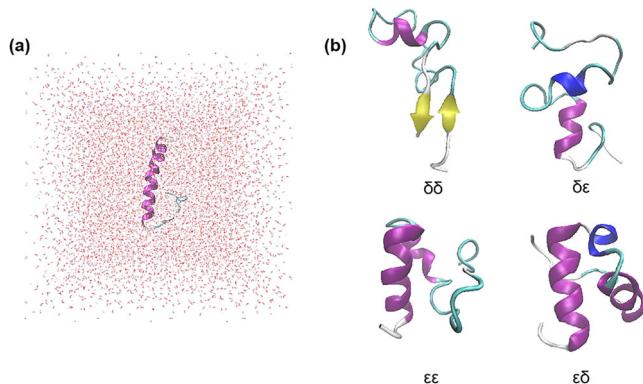


Fig. 2 | Representative structures of $\text{A}\beta$ -40 tautomers from MD simulation. **a** The Schematic representation of the initial snapshot from the MD simulation, **b** the structures of $\text{A}\beta$ -40 isomers after 200 ns simulations. Purple and yellow colors denote α -helix and β -sheets, respectively.

As shown in Supplementary Fig. 2b, the RDFs of $\text{N}_{\delta}\text{H}$ in HIS13 and HIS14 residues to water O atoms display a sharp peak around 1.90 Å, indicating water molecules are close to the $\text{N}_{\delta}\text{H}$ atom. The second solvation shell for HIS13 appears at 3.45-3.85 Å, while for HIS 14, it extends to 4.80 Å. Additionally, the RDF of H (from water molecule) and the N_{ϵ} atom of HIS 13 show a sharp peak at 2.30 Å and a broader second peak at 3.50-4.80 Å. These findings suggest that water molecules surrounding the HIS 13 and 14 residues at varying distances could facilitate water-mediated histidine tautomerization. In further studies, we have explained the tautomerism mechanism by adopting various techniques like DCDFTB-MD/MTD simulation, 1D/2D WTMTD, and RDF analyses.

DC-DFTB molecular dynamics

The simulated system was reduced to ~2998 atoms to optimize computational resources, as shown in Supplementary Fig. 3a. The simulated and initial coordinates of this system are provided in supplementary Data 1 and 2, respectively. The parameters for the DC method were determined through a systematic evaluation of energy dependence on grid size and buffer radius. These parameters were refined based on preliminary single-point energy calculations of the reduced system, as detailed in Supplementary Fig. 3 and further discussed in Supplementary method of the Supplementary Information. The system was equilibrated for 100 ps using DCDFTB-MD simulations, and the stability was confirmed through the energy convergence plot (see Supplementary Fig. 3c, d). To analyze the distribution of water molecules around HIS13 and HIS14, RDFs were computed between the O atoms of water molecules and the $\text{N}_{\delta}\text{H}$ atom of HIS13/HIS14 residues, as well as for the H atoms of water molecules and the N_{ϵ} atom of these residues. The corresponding RDFs are presented in Fig. 3.

As depicted in Fig. 3a, the RDF for the H atoms of water molecules and the N_{ϵ} atom of the HIS13 residues displays the first peak at 2.14 Å, which is similar to the RDF for the O atom in water molecules to the $\text{N}_{\delta}\text{H}$ atom of the HIS13. However, the HIS14 residue shows a pronounced peak at 1.02 Å, indicating the proximity of a water molecule to the N_{ϵ} atom. This suggests that the N_{ϵ} atom in the HIS14 residue could readily abstract a proton, leading to its protonated form (p). Additional peaks at 2.22 Å and 3.17 Å correspond to the first and second solvation shells of the N_{ϵ} atom, respectively. Similarly, the RDF for the $\text{N}_{\delta}\text{H}$ atom in the HIS14 residue follows a comparable pattern. These findings indicate that water molecules preferentially associate with the N_{ϵ} atom of histidine residues, particularly around the HIS14 residue.

To further investigate proton transfer in the histidine tautomers of $\text{A}\beta$ -40, we analyzed the DCDFTB-MD simulation trajectory (Fig. 4). Supplementary Fig. 4 shows more detailed snapshots. The system was equilibrated for 100 ps of the proton transfer pathway. Within 100 ps of equilibration, a proton transfer phenomenon was observed between the HIS14 residue and a water molecule. Figure 4a shows the close-up structures of HIS14 and the

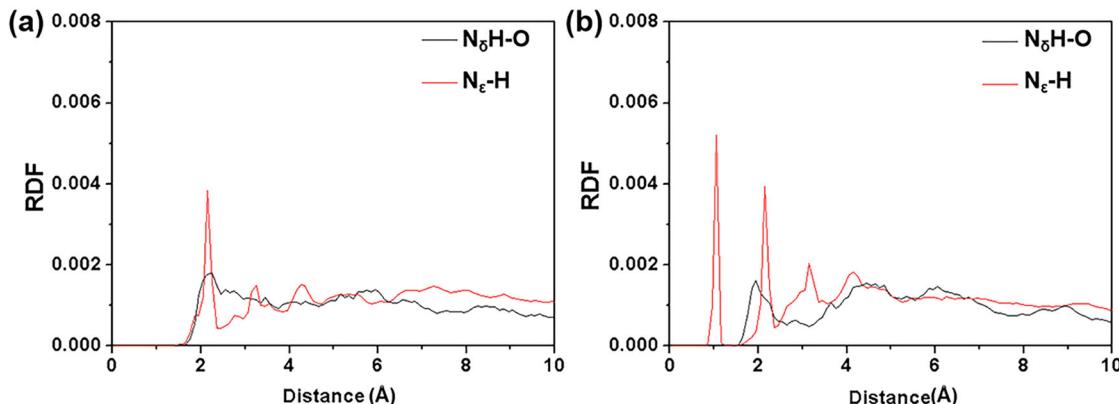


Fig. 3 | RDFs of solvent around histidine residues. **a** RDFs of O atoms in water molecules around the $\text{N}_{\delta}\text{H}$ atom in histidine residue and H atoms in water molecules around the N_{ϵ} atom in HIS13 and **b** HIS14 residues obtained from the 100 ps DC-DFTB-MD simulation, respectively.

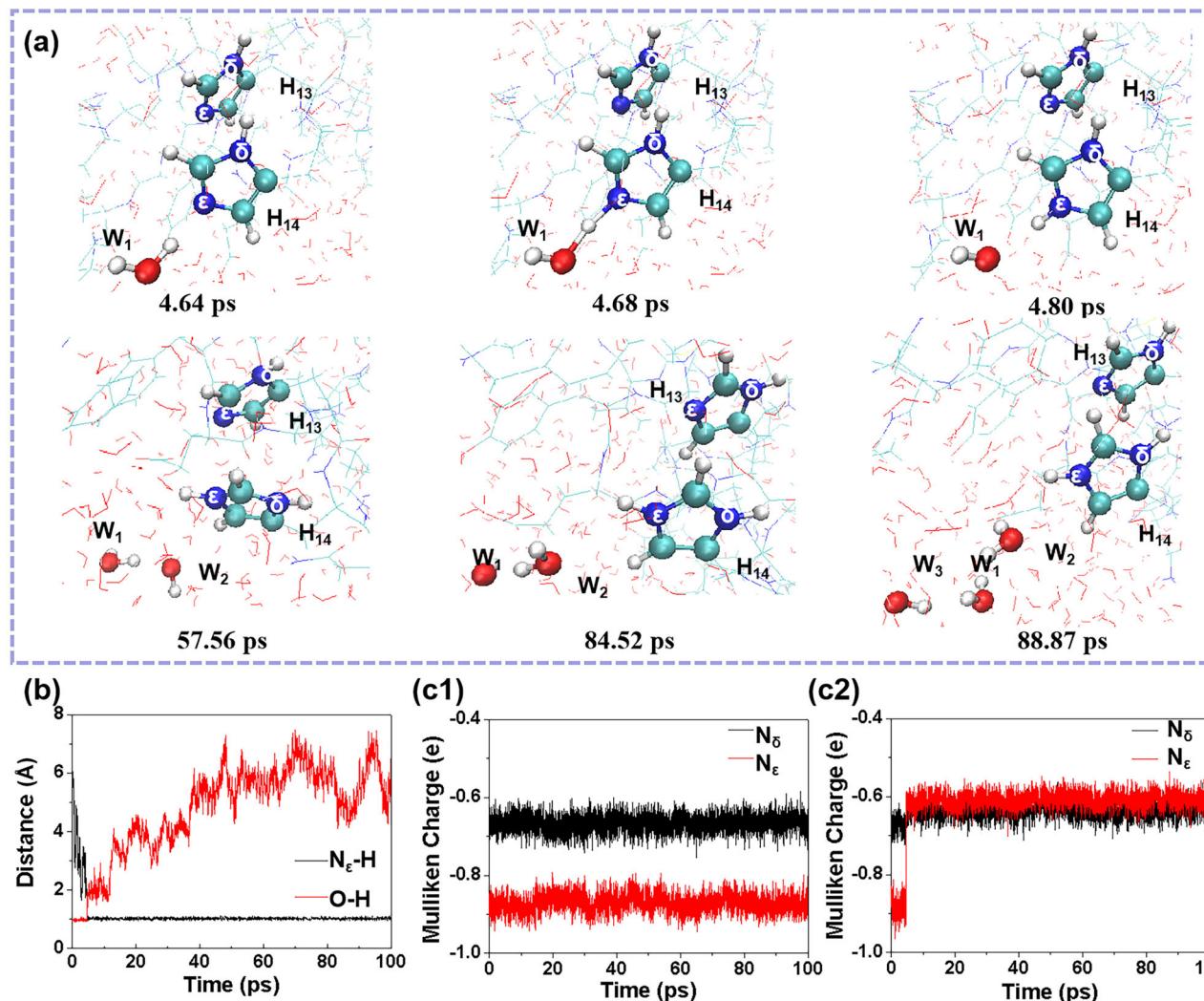


Fig. 4 | A β -40 tautomerization process in 100 ps DC-DFTB-MD equilibration. **a** The key close-up snapshots of the active site of HIS13 and HIS14 residues during the tautomerization obtained from 100 ps DC-DFTB-MD equilibration (H₁₃ and H₁₄ are used instead of HIS13 and HIS14, respectively, inside the figure). **b** Time evolution of the distances between the N_ε atom of the HIS14 residue and the H atom

of the water molecule (W₁), as well as between the H atom and the O atom of the water molecule, highlighting proton transfer events. Time-dependent variations in the Mulliken charges of the N_ε and N_δ atoms in the **c1** HIS13 residue and **c2** in the HIS14 residue, which refer to a change in the electronic structure associated with the tautomerization process.

interacting water molecule during the reaction. In contrast, Fig. 4b depicts the time evolution of distances between the N_ε atom of HIS14 and the water molecule's H and O atoms. Initially, the N_ε-H (H atom is from the W₁ molecule) distance was 6.04 Å, with the O-H (in the W₁ molecule) bond at 0.95 Å. At 4.68 ps, the O-H bond lengthened to 1.61 Å, and the H atom approached the N_ε atom with 1.08 Å. By 4.80 ps, the proton was transferred, forming a 1.01 Å N_ε-H bond and turning the water molecule into a hydroxide ion. After that, the proton transfer process was observed in other water molecules, which is also explained by the reason that the distance of N_ε-H increases as the simulation time progresses.

Mulliken charge analysis (Fig. 4c) revealed that the charges of the N_δ and N_ε atoms in HIS13 remained unchanged, suggesting HIS13 stayed in the δ state. And, a significant change in the charge of the N_ε atom of HIS14 from -0.9 e to -0.6 |e| around 4.80 ps, indicating its protonated form. These findings confirm that after 100 ps of equilibration, A β -40 undergoes a tautomerization shift from the (δ , δ) form to the (δ , p) state.

Proton transfer dynamics from metadynamics (MTD) simulation

To obtain the free energy profiles for proton transfer in the A β -40 tautomers, we have carried out DC-DFTB-MD/MTD simulations. Considering the two-dimensional (2D) collective variable (CV) sampling can enhance

the accuracy of free energy, where two CVs are simultaneously employed in the metadynamics process, allowing for more efficient capture of transition states^{45–49}. Thus, to further improve the precision of the estimated activation free energy, 2D metadynamics simulations were performed. In this approach, the H coordination numbers of HIS13 and HIS14 were selected as CV1 and CV2 for free energy sampling.

The two-dimensional free energy surface (FES) based on a 100 ps 2D WTMD trajectory for HIS13 and HIS14 residues of A β -40 is shown in Fig. 5a, while the corresponding coordinates of the tautomeric A β -40 in an aqueous environment are provided in supplementary Data 3–5. The H-coordination numbers indicate the protonation states: 2 for protonated histidine, 1 for the δ or ϵ form, and 0 for the deprotonated form. The minimum energy (0.00 kcal mol⁻¹) occurs at (CV1, CV2) \approx (1.9, 2.0), representing the most stable (p , p) tautomer. Another local minimum appears at (1.9, 1.4) with 2.30 ± 0.20 kcal mol⁻¹, where HIS14 could be in the δ or ϵ form. Therefore, we need to analyze the Mulliken charge values and the snapshot along the simulation to confirm the specific protonated state. A saddle point at (1.9, 1.6) with 5.81 ± 0.50 kcal mol⁻¹ suggests a proton transfer barrier of 3.51 kcal mol⁻¹. The estimated free energy barrier differs from MTD results due to more frequent transition state capture in 2D WTMD simulations. Additionally, we performed a repeatability 100 ps

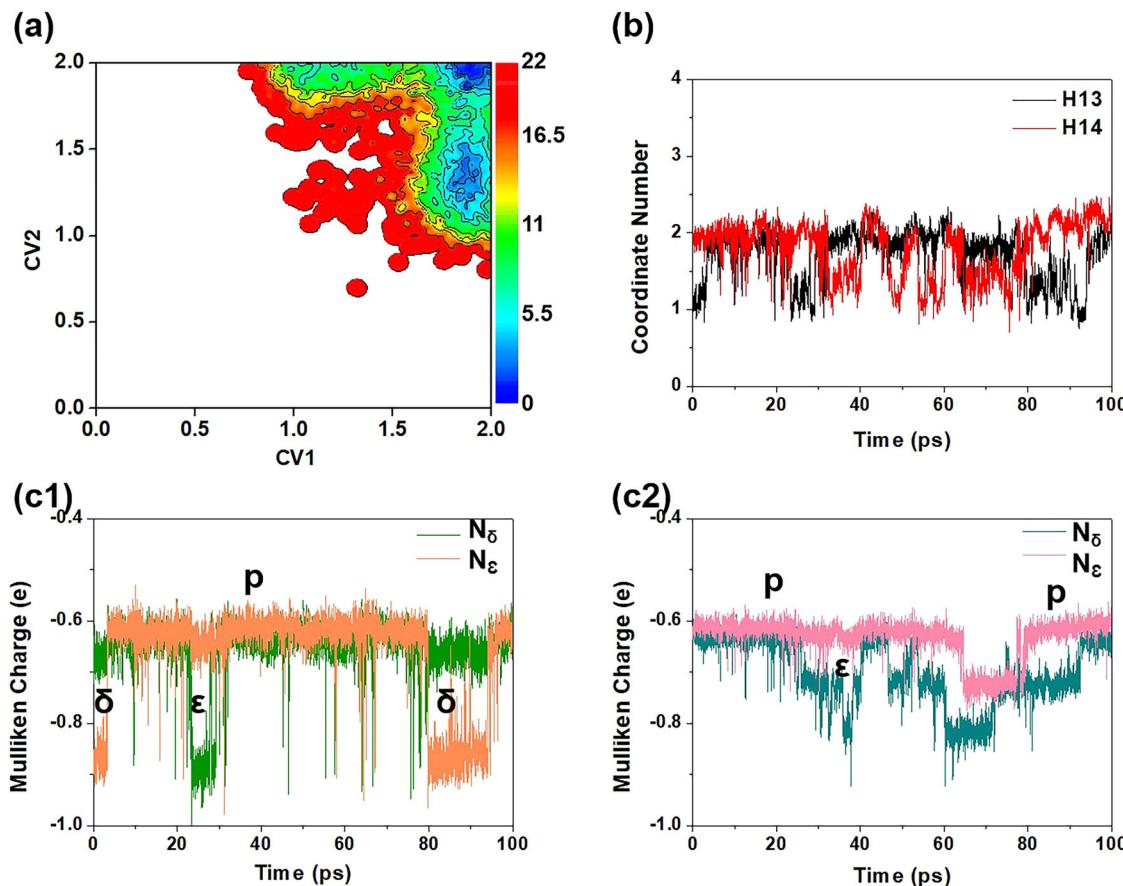


Fig. 5 | FES and electronic evolution of A β -40 tautomerization in 2D-WTMTD simulation. **a**, 2D FES in kcal mol^{-1} of the proton transfer process along the CV for the tautomerism between HIS13 and HIS14 of A β -40 in the water environment.

b The H coordination number as a function of 100 ps 2D-WTMTD simulation time. **c1** Functions of Mulliken charge changes of N_δ and N_ϵ atom on HIS13 and **c2** HIS14 residues as a function with the 100 ps 2D-WTMTD simulation times.

2D-WTMTD simulation as shown in Supplementary Fig. 5. The results in Supplementary Fig. 5 are highly consistent with the findings above, with a proton transfer barrier of $\sim 3.67 \text{ kcal mol}^{-1}$. It further validates the reliability of our results.

To further clarify the specific histidine isomeric form of A β -40 within the 15 ps 2D WTMTD simulation, we analyzed the H-coordination numbers of the N atom sites in HIS13 and HIS14, along with the corresponding Mulliken charge variations over time, as shown in Figs. 5b and 4(c1-c2). Snapshots of the proton transfer pathway during the 2D-WTMTD simulation are displayed in Fig. 6, more detailed snapshots are shown in Supplementary Fig. 6, and corresponding Mulliken charge values are presented in Table 1.

As shown in Fig. 6, the initial structure of A β -40 and the water molecules retain the (p, δ) form and an OH^- ion. Subsequently, the N_ϵ atom in HIS13 tends to accept a proton from the adjacent water molecules W_1 and W_2 , forming the (p) form at the HIS13 residue at 3.81 ps. At 23.58 ps, a hydrogen atom is lost from the N_ϵ site of the HIS13 residue and transferred to the W_7 atom, forming the (ϵ, p) isomer. Subsequently, the N_ϵ atom in HIS13 recaptures the H atom from W_7 , and the hydrogen atom on the N_δ of HIS14 transfers to W_{11} , forming an H_3O^+ . This results in the (p, ϵ) configuration at 32.46 ps. At 40.26 ps, the N_δ atom of HIS14 recaptures the hydrogen atom from the water molecule, forming the (p, p) configuration. Subsequently, the N_δ atom of HIS14 repeatedly loses and recaptures the hydrogen atom, alternating between the (p, ϵ) and (p, p) states until 60.70 ps. At 79.80 ps, the hydrogen atom at the N_ϵ site of HIS13 donates to W_{10} to form H_3O^+ , placing HIS13 in the δ state; HIS14 stabilizes in the (p) state, resulting in a (δ, p) state. However, at 95.12 ps, HIS13 acquires a hydrogen atom from W_{19} , forming a stable (p, p) state. It should be noted that many

activities of water molecules were not individually described in this process, as they were mutually transferring protons without affecting the interconversion mechanism of HIS13 and HIS14.

Overall, it has been found from the snapshots that HIS13 mainly remains protonated, with a small fraction in the δ states, while HIS14 fluctuates between the p and ϵ states. This suggests that the most stable configuration of A β -40 in the 2D FES is the (p, p) tautomer, followed by the (p, ϵ) form, rather than the (p, δ) tautomeric form. This indicates that the N_ϵ atoms of HIS13 and HIS14 have a stronger affinity for accepting protons from the surrounding water molecules than for breaking the N_δ -H bond, resulting in both N atoms on the histidine imidazole ring remaining protonated. Additionally, since the stronger bonding strength of the N_ϵ -H bond compared to the N_δ -H bond, the (p, p) tautomer is the preferred and more stable structure relative to the initial (δ, δ) conformation. Previous studies by Nam et al.⁴² reported that the β -content in the protonated A β -40 monomer is higher than in the δ and ϵ conformers, and Chatterjee et al.⁵⁰ also demonstrated that the β -content in the protonated A β -40 homodimer exceeds that of the δ and ϵ forms. These findings align well with our results, which explain the conformational changes observed between the (δ, δ) and (p, p) states of A β -40.

Conclusions

We have successfully explored the proton transfer mechanism in A β -40 tautomers, mediated by water molecules, using a combination of MD and DC-DFTB/MTD simulations. We calculated the proton transfer barrier during the tautomerization process of A β -40 tautomers. Our findings, supported by radial distribution functions, free energy surface profiles, H-coordination numbers, and Mulliken charge changes, provide a detailed

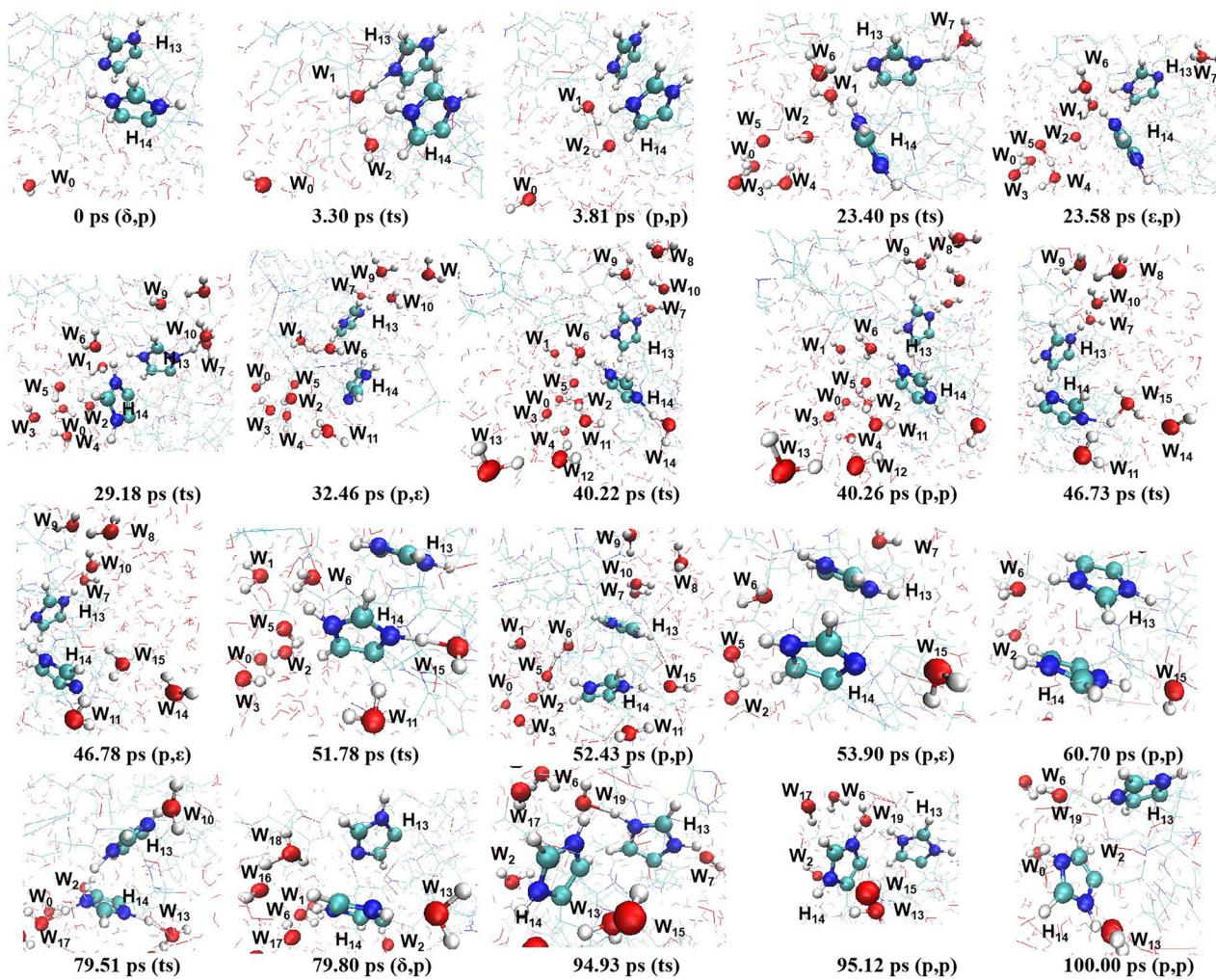


Fig. 6 | Close-up snapshots of the proton transfer pathway from 2D-WTMTD simulation. The snapshots of close-up structures of the proton transfer pathway in 100 ps 2D-WTMTD. The W_n ($n = 0-19$) was numbered water molecules according

to the order of participation in the proton transfer process. (H_{13} and H_{14} are used instead of HIS13 and HIS14, respectively, inside the figure).

understanding of the dynamic proton transfer in $\text{A}\beta$ -40 tautomerization. Our MD simulations revealed that the (δ, δ) form of $\text{A}\beta$ -40 has the highest β -sheet content among the isomers examined, which plays a crucial role in its structural stability. The DC-DFTB-MD simulations captured a key proton transfer event at the N_e atom of the HIS13 residue. Moreover, we utilized 2D well-tempered metadynamics and provided a relatively accurate barrier estimate of the proton transfer transition barrier in $\text{A}\beta$ -40, ~ 3.51 kcal mol $^{-1}$. This work represents a significant advancement in understanding histidine tautomerization in $\text{A}\beta$ -40 proteins and establishes a solid theoretical foundation for future studies of Alzheimer's disease pathogenesis. By illuminating the proton transfer dynamics in $\text{A}\beta$ -40, our findings offer critical insights into the molecular mechanisms underlying Alzheimer's disease, with the potential to inform future therapeutic strategies targeting $\text{A}\beta$ protein. Our study extends beyond earlier computational works that examined His13/His14 tautomerism mainly in the context of secondary-structure stability, dimerization, or metal/ligand interactions. While previous studies showed that these residues influence β -sheet formation and coordinate biometals such as Cu^{2+} and Zn^{2+} , we specifically reveal the proton transfer barrier and mechanism of tautomerization within full $\text{A}\beta$ -40 peptides. By quantifying the tautomerization energy landscape, our results complement existing models of dimerization and metal chelation, providing a more comprehensive understanding of the role of His13/His14 in Alzheimer's disease.

Methods

Classical MD simulation

Atomistic Molecular dynamics (MD) simulations were carried out for the aqueous solution of the $\text{A}\beta$ 40 monomer. The crystal structure (PDB: 1BA4) was obtained from the Protein Data Bank. The four tautomeric isomers, i.e., $\delta\delta$, $\delta\epsilon$, $\epsilon\epsilon$, and $\epsilon\delta$ tautomers, are prepared by residual substitution with $N_{\delta}-\text{H}$ or $N_e-\text{H}$ at the 13 and 14 histidine residues of $\text{A}\beta$ 40, and the HIS 6 residue keeps the ϵ state as the most abundant conformation. The N and C termini were capped with the ACE and NME. MD simulations are performed using the Amber99SB-ILDN force field for protein and the Water molecules were modeled using TIP3P, a model compatible with the Amber99SB-ILDN force field^{51,52}. The initial structures in a cubic box are solvated with $\sim 10,000$ water molecules ($\sim 30,000$ atoms) to ensure the natural water density of 0.997 g/cm 3 . To eliminate the initial stress, energy minimization was performed before equilibration. The systems were then equilibrated for 2 ns, first in the NVT and subsequently in the NPT ensemble. During the simulation, the temperature was maintained at 300 K using a v-rescale method⁵³ thermostat with a coupling constant of 1.0 ps $^{-1}$. The pressure was controlled using the Berendsen barostat with a 2 ps isotropic coupling constant to ensure system stability. Long-range electrostatic interactions were calculated using the particle mesh Ewald (PME) method. Finally, a 200 ns production run was conducted under NPT conditions, ensuring stable trajectories were generated for further analysis. Classical MD

Table 1 | The Mulliken charge of N_δ/N_ϵ atom of HIS13 and HIS14 residues (unit in e)

Simulation Time (ps)	HIS13		HIS14	
	N_δ	N_ϵ	N_δ	N_ϵ
0	-0.65	-0.87	-0.61	-0.63
3.30	-0.66	-0.84	-0.62	-0.62
3.81	-0.63	-0.63	-0.65	-0.62
23.40	-0.64	-0.67	-0.62	-0.61
23.58	-0.92	-0.62	-0.64	-0.63
29.18	-0.70	-0.64	-0.68	-0.62
32.46	-0.62	-0.59	-0.91	-0.61
40.22	-0.64	-0.61	-0.68	-0.62
40.26	-0.61	-0.62	-0.64	-0.64
46.73	-0.64	-0.66	-0.90	-0.64
46.78	-0.68	-0.59	-0.94	-0.62
51.78	-0.63	-0.60	-0.69	-0.60
52.43	-0.64	-0.59	-0.70	-0.55
53.90	-0.66	-0.59	-0.95	-0.62
60.70	-0.65	-0.59	-0.65	-0.58
79.51	-0.64	-0.67	-0.66	-0.67
79.80	-0.68	-0.90	-0.66	-0.66
94.93	-0.65	-0.64	-0.67	-0.56
95.12	-0.63	-0.62	-0.67	-0.60
100.00	-0.64	-0.63	-0.61	-0.64

simulations were performed independently for each of the four histidine tautomeric isomers ($\delta\delta$, $\delta\epsilon$, $\epsilon\delta$, and $\epsilon\epsilon$) to comprehensively sample their conformational behavior. The MD simulations were performed using the Gromacs 2020 package⁵⁴⁻⁵⁶. Among the four tautomeric states examined, the $\delta\delta$ isomer was selected as the starting conformation for QM-MD because it exhibited characteristic β -sheet motifs and has been shown to aggregate more frequently than the other configurations, making it a more toxic and biologically relevant state. Representative low-energy snapshots of this $\delta\delta$ isomer were then extracted for subsequent QM-MD simulations. To enhance computational efficiency in the subsequent calculations, the simulated structures of the folding protein system were reduced to 2998 atoms, which were then used as the starting configurations for the following DC-DFTB-MD simulations. For these QM-MD/MTD simulations, we employed the DC-DFTB-MD method, in which the electronic structure is described within the density-functional tight-binding framework, an approximation to Kohn-Sham DFT that reduces computational cost. The divide-and-conquer scheme partitions the system into overlapping subsystems, enabling linear scaling with system size while retaining accuracy in local interactions. This approach is particularly well-suited for biomolecular systems, as it captures essential rare events with quantum mechanical detail while maintaining computational efficiency.

DC-DFTB-MD simulation

The DC-DFTB-MD simulations were performed using the $D_{CDFTBMD}$ program^{34,57}. The divide-and-conquer DFTB (DC-DFTB) method was proposed by Yang and co-workers in the 2000s, and is a framework for approximating quantum mechanics (QM) in linear-scaling⁵⁸⁻⁶⁴. It reduces the computational cost of large-scale DFTB calculations by constructing total density matrix with those of piecewise fragments, followed by computing properties of the whole system from the obtained density matrix. Regarding this specific computational model, Nakai's group designed a program named DC-DFTB-MD, which we applied in this work. It can achieve massive parallelism on scalable supercomputing platforms, and bridging the gap in the scale of QM-based and classical MD simulations. To

reduce the boundary errors caused by fragmentation, the DC method introduces a buffer zone containing neighboring atoms for each subsystem when solving the electronic structure, thereby constructing its localized region and maintaining accuracy. All quantum mechanical-based MD simulations were performed at third-order density-functional tight-binding (DFTB3) level. The general 3OB-3-1⁶⁵ parameter set for organic and biomolecules, was used for describing the electronic and repulsive parts of the DFTB Hamiltonian. The non-covalent interactions were and characterized by applying Grimme's DFT-D3 dispersion correction with the Becke-Johnson damping scheme⁶⁵⁻⁶⁹. The subsystems for the DC scheme were created automatically by defining $3 \times 3 \times 3 \text{ \AA}^3$ cubic grids that slice the overall system. By using this cubic grid, ~1100 subsystems were generated. To compensate for the errors of missing orbital overlaps and atomic interactions, the buffer radius of 6.0 \AA was set. The aforementioned DC scheme was initially evaluated by examining the effects of varying the buffer radius and cubic grids on the DFTB total energy. The adopted DC scheme greatly reduces the computational costs and thus enables us to perform large-scale MD simulations. Lagrange interpolation of the Mulliken charge was used to refine the self-consistent charge convergence⁷⁰. The criterion of the self-consistent charge (SCC) convergence was set to 10^{-9} and 10^{-6} au, for the total energy and Mulliken charge, respectively. The soft boundary condition was imposed on the system to avoid water evaporation in long simulations to approach the experiment results. The modified Broyden method was employed as the charge mixing algorithm, with the mixing parameters of 0.3. The structure is equilibrated for 100 ps under the canonical (NVT) ensemble. The temperature was maintained at 300 K on the Andersen thermostat. The integrator time step of 0.5 fs was used during the simulations to capture the fast proton transfer event⁷¹.

DC-DFTB-MD/MTD simulation

To investigate the proton transfer process between the HIS13 and HIS14 residues in the $\text{A}\beta$ -40 system and to obtain the free energy profiles of histidine tautomerization, DC-DFTB-metadynamics simulations were performed using both a standard scheme and a two-dimensional well-tempered (2D-WT) scheme⁷². In the present work, the two-dimensional well-tempered (2D-WT) was employed to improve the sampling accuracy of the estimated proton transfer barrier, as the standard scheme can potentially lead to oversampling of the deprotonated state, resulting in a hyper stable protonated state. The primary goal of the standard scheme was to verify the observability of the proton transfer using the specified bias potential. The 100 ps standard metadynamics simulation (SMTD) and 15 ps two-dimension well-tempered simulations (2D WTMTD) are performed using the constant value. The collective variables (CVs) were defined as the rational coordination number as shown in Eq. 1

$$\sum_{A \in \text{group1}} \sum_{B \in \text{group2}} \frac{1 - \left(\frac{r_{AB}}{r_0}\right)^6}{1 - \left(\frac{r_{AB}}{r_0}\right)^{12}} \quad (1)$$

Group 1 in Eq.2 consists of four N atoms on the imidazole ring of HIS13 and HIS14 residues, whereas group 2 consists of all H atoms in water molecules and two H atoms in the N_ϵ -H group of HIS13 and HIS14 residues. The cutoff distance r_0 is 1.4 \AA , which was specified to identify the O-H bond cleavage and formation during the metadynamics sampling. The initial Gaussian function for the bias potential was configured to 1.88 kcal mol⁻¹, and the width of the Gauss function is set to $\sigma = 0.02$. The bias factor of 2D WTMTD was set to 14.5, corresponding to the bias temperature of 6600 K. The first and second collective variables (CVs, i.e., CV1 and CV2) are defined as the rational coordination numbers of hydrogen and nitrogen atoms on the imidazole ring of the HIS13 and HIS14 residues. Different random seed numbers of the Andersen thermostat were applied during two rounds of 2D-WTMTD simulations to verify the trends observed in this study. The results of second around 2D-WTMTD simulations are shown in

Supplementary Fig. 5. All structural changes are visualized by using the visual molecular dynamics (VMD) package⁷³.

Data availability

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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Competing interests

The authors declare no competing interests.

Additional information

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