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# Dynamic processes determine precipitation variability in Eastern Central Europe since the Last Glacial Maximum



Sophie F. Warken<sup>1,2</sup>✉, Dana F. C. Riechelmann<sup>3</sup>, Jens Fohlmeister<sup>4</sup>, Andrea Schröder-Ritzrau<sup>1,2</sup>, Norbert Frank<sup>2</sup>, Denis Scholz<sup>1,3</sup>, Klaus P. Jochum<sup>5</sup>, Ionuț-Cornel Mirea<sup>6</sup>, Silviu Constantin<sup>6,7</sup> & Christoph Spötl<sup>1,8</sup>

The response of European precipitation variability to climate change is still poorly understood. Here we present a high-resolution speleothem record of Eastern Central European (ECE) autumn/winter precipitation to study decadal to centennial hydroclimatic variations in the European-Atlantic sector since the Last Glacial Maximum. The Closani Cave  $\delta^{18}\text{O}$  record shows that the reorganization of the North Atlantic jet following the demise of the Northern Hemispheric ice sheets lasted until c. 6000 to 5000 years before present. Trace element-derived semi-quantitative autumn/winter precipitation amount reveals that the late Glacial and the early to mid-Holocene experienced about 20–30% higher precipitation than present. During the deglaciation, we detect an increased decadal to centennial precipitation variability decoupled from millennial-scale North Atlantic temperature changes. The findings suggest that dynamic (rather than thermodynamic) processes determine regional precipitation variability and the probability of extreme precipitation events in ECE, highlighting the importance of understanding such dynamics for future predictions.

The North Atlantic jet stream (NAJ) is a relatively narrow belt of strong westerly air flow crossing the North Atlantic in a southwest-to-northeast direction, where extratropical cyclones are statistically most common<sup>1,2</sup>. In the European mid-latitudes, the NAJ plays a mediating role between large-scale patterns of atmospheric variability, synoptic weather regimes, and regional precipitation patterns and climates<sup>3</sup>. In particular during the cool season, the winter NAJ (NAJ<sub>w</sub>) is the dominant driver of precipitation patterns in Eastern Central Europe (ECE), where hydroclimate is influenced by moisture from both the North Atlantic and the Mediterranean Sea<sup>4–6</sup>. In addition, the occurrence of extreme precipitation events in ECE has been linked to NAJ variability in particular during the autumn/winter season, which modulates the occurrence of distal outbursts of cold and dry Siberian air and the intrusion of moisture by Mediterranean cyclones<sup>7,8</sup>. Both thermodynamic processes and large-scale atmospheric dynamics exert a major influence on the strength and trajectory of the NAJ<sup>9,10</sup>. In the European-Atlantic sector (EAS), the latitudinal temperature gradient (LTG) between the equator and the pole is a dominant driver of the strength of the NAJ and extratropical cyclones<sup>9,11</sup>. Arctic warming weakens the LTG and reduces the

zonal mid-latitude westerly winds<sup>11,12</sup>. However, dynamic processes related to climate change could play at least an equally important role, which makes future projections difficult<sup>9,10,13–15</sup>. The limited understanding of the response of NAJ and precipitation variability to climate change is partially hampered by relatively short observational records<sup>3,13</sup>. Recent studies, such as a 2500-yr-long reconstruction of NAJ<sub>w</sub> strength using ECE stalagmite  $\delta^{18}\text{O}$  records, suggest that the modern NAJ<sub>w</sub><sup>4</sup> and the associated atmospheric and precipitation patterns<sup>7</sup> may have already deviated from their natural variability range under anthropogenic warming. Since the current global warming has a strong effect on LTG due to Arctic amplification, reconstructions of past precipitation and atmospheric dynamics can thus inform on future hydroclimate changes in Central Europe.

Paleoclimate records have shown that the large-scale atmospheric circulation over the EAS modulated regional hydroclimate over the last thousands of years in response to changes in insolation, LTG, sea-ice cover, or the extent of the Laurentide and Fennoscandian ice sheets (e.g., refs. 5,11,15–20). For example, during the Last Glacial Maximum (LGM, c. 25–18 ka BP), the Northern Hemispheric ice sheets induced a

<sup>1</sup>Institute of Earth Sciences, Ruprecht Karls University, Heidelberg, Germany. <sup>2</sup>Institute of Environmental Physics, Ruprecht Karls University, Heidelberg, Germany. <sup>3</sup>Institute for Geosciences, Johannes Gutenberg University, Mainz, Germany. <sup>4</sup>German Federal Office for Radiation Protection (BfS), Berlin, Germany. <sup>5</sup>Climate Geochemistry Department, Max Planck Institute for Chemistry, Mainz, Germany. <sup>6</sup>Institute of Speleology Emil Racovita, Bucuresti, Romania. <sup>7</sup>Centro Nacional de Investigacion sobre la Evolucion Humana, CENIEH, Burgos, Spain. <sup>8</sup>Institute of Geology, University of Innsbruck, Innsbruck, Austria.

✉ e-mail: [swarken@iup.uni-heidelberg.de](mailto:swarken@iup.uni-heidelberg.de)

southward shift of the NAJ and the polar front, affecting hydroclimate regimes in Central and Southern Europe<sup>18,19,21,22</sup>. For ECE, however, the available paleoclimate information beyond the Holocene is limited (e.g., refs. 23–25), and relies on a few studies and records of mostly low resolution<sup>25–27</sup>. A number of speleothem and other paleoenvironmental records has informed about the Holocene evolution of ECE hydroclimate<sup>5,25,28–31</sup>. For example, the results of Cleary, et al.<sup>31</sup> from a guano-derived  $\delta^{15}\text{N}$  record in Măgurici Cave, NW Romania, advocate for a long-term North Atlantic influence on ECE winter precipitation. Persoiu, et al.<sup>5</sup> reconstructed cold season temperature and moisture source changes in ECE for the Holocene, based on a stable oxygen isotopic record of Scărișoara cave ice. They interpreted their results in terms that the NAJ<sub>w</sub> was weaker during the early Holocene, and increased in strength in the late Holocene.

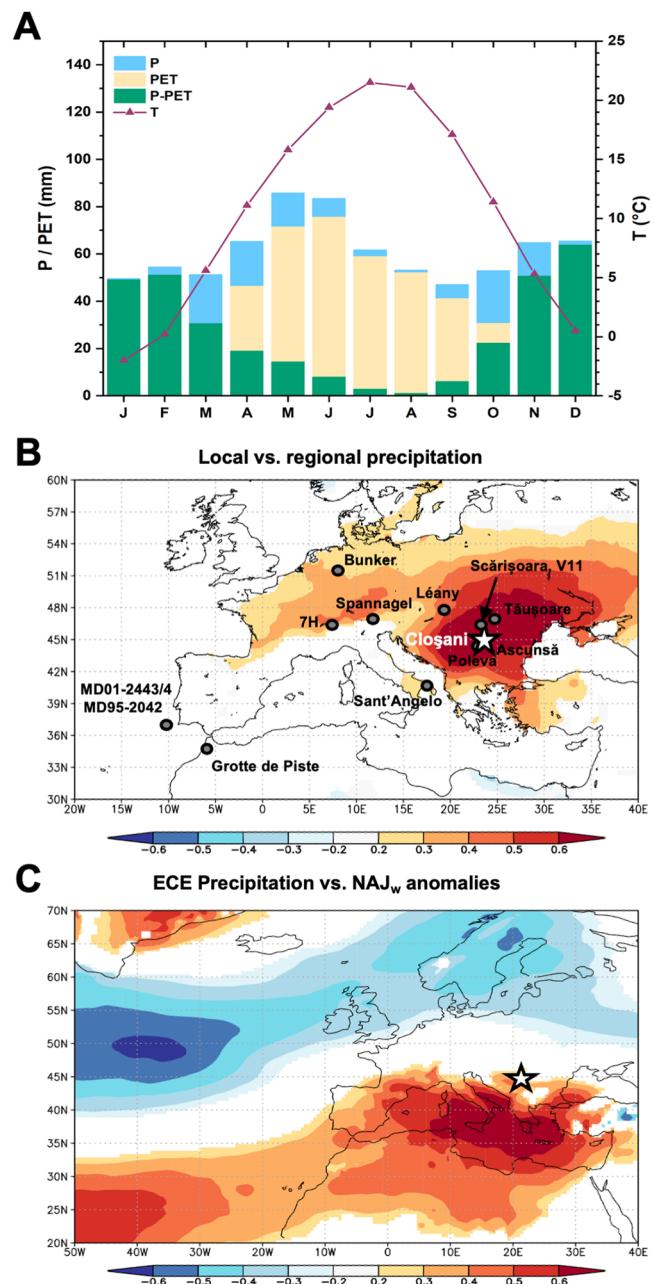
While some studies suggested that the North Atlantic sea-level pressure (SLP) centres of action, and as a consequence, the NAJ<sub>w</sub> experienced substantial reorganization in response to Northern Hemispheric climate change<sup>16</sup>, little is known about the actual response of regional ECE precipitation amount and variability to these or similar changes.

Here we present trace element and stable isotope records of several stalagmites from Cloșani Cave, Romania, which extend the ECE hydroclimate record back to c. 20 ka BP, i.e., into the LGM. Cloșani Cave is located in southwestern Romania at 45.1°N and 22.8°E (Fig. 1). The seasons are characterized by strong temperature and infiltration contrasts, i.e., warm summers with low amount of infiltration, and cold and wet winters (Fig. 1A). Therefore, infiltration (or effective rainfall) at the site is dominated by autumn/winter precipitation amount, since nearly all precipitation is lost by potential evapotranspiration during the summer months (Fig. 1A). Autumn/winter precipitation amount at the site is representative for ECE as indicated by the correlation between local vs. regional precipitation (Fig. 1B). Spatial correlation with zonal 850 hPa wind speed anomalies from reanalysis data illustrates that wetter conditions in ECE correspond to a more southerly (and weaker) NAJ<sub>w</sub> and vice versa (Fig. 1C). As a consequence, due to the characteristic isotopic fingerprint of the dominant moisture sources associated with these two dominant NAJ<sub>w</sub> modes (the North Atlantic and the Mediterranean), ECE stalagmite  $\delta^{18}\text{O}$  values can be regarded as proxies for past NAJ<sub>w</sub> strength<sup>4</sup>. During years when the NAJ<sub>w</sub> is strong, the NAJ<sub>w</sub> extends eastward and the relative contribution of moisture from the North Atlantic increases, resulting in lower precipitation (and speleothem)  $\delta^{18}\text{O}$  values, and vice versa<sup>4,5</sup>. In addition, speleothem Mg/Ca ratios from Cloșani Cave are a measure for infiltration which is determined by autumn/winter precipitation amount<sup>30</sup>. This combination of proxies makes Cloșani Cave an ideal location to study precipitation variability in the region and its links to the large-scale atmospheric circulation, i.e., NAJ<sub>w</sub> strength, on decadal to millennial timescales.

## Results

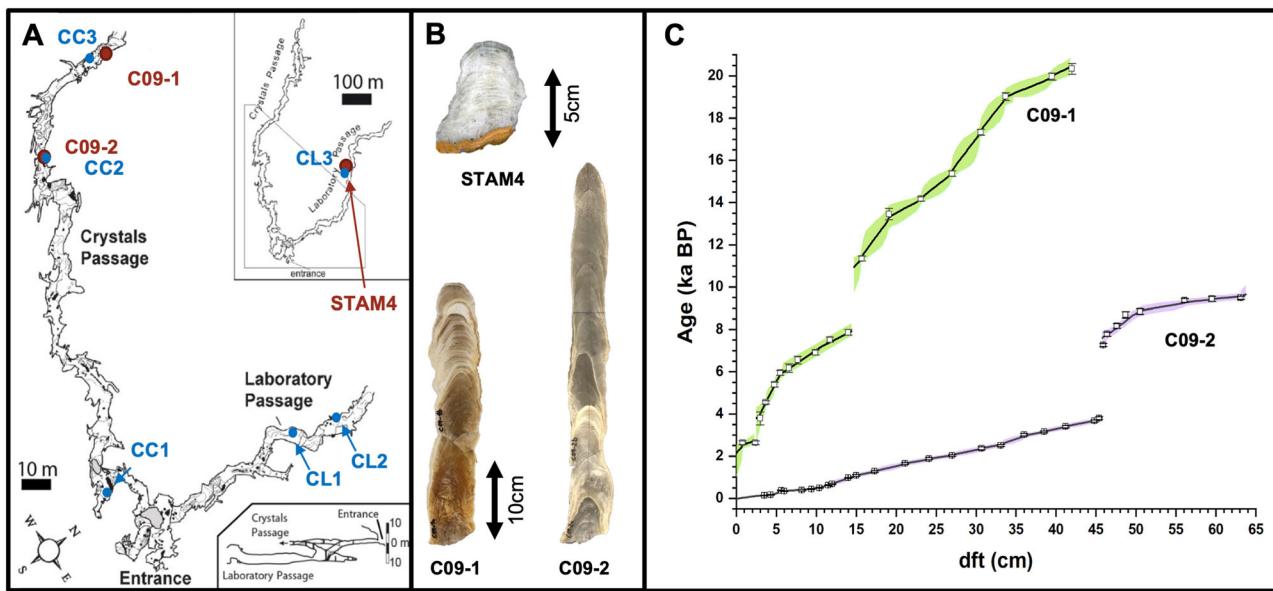
### Chronology of Cloșani cave speleothems

We studied three stalagmites STAM4, C09-1 and C09-2 from different locations in Cloșani Cave, with STAM4 and C09-2 collected beneath active drip sites (Fig. 2A, B).  $^{230}\text{Th}/\text{U}$  dating yielded growth between  $20.45 \pm 0.39$  and  $2.14 \pm 0.39$  ka BP for C09-1 (where BP refers to the year 1950) (Fig. 2C). Two major hiatuses were identified at 14.5 and 2.4 cm distance from top (dft), spanning from  $10.94 \pm 0.47$  to  $7.92 \pm 0.36$  ka BP and from  $3.78 \pm 0.53$  to  $2.72 \pm 0.34$  ka BP, respectively. Stalagmite C09-2 covers  $9.65 \pm 0.43$  ka to modern, with one 3.8 ka long lasting hiatus at 47.6 cm dft between  $7.60 \pm 0.30$  and  $3.81 \pm 0.13$  ka BP. Overlapping sections of C09-1 and C09-2 are between  $7.92 \pm 0.36$  and  $7.60 \pm 0.30$  ka BP, and  $2.72 \pm 0.34$  to  $2.14 \pm 0.39$  ka BP. Typical U concentrations are in the range between 30 and 90 ng/g. Initial Th contamination is moderate and leads only to minor corrections for ages with  $(^{230}\text{Th}/^{232}\text{Th})$  activity ratios  $<100$  (Tables S1 and S2). The average annual growth rate of stalagmite C09-1 ranges between 10 and 100  $\mu\text{m}/\text{a}$ , and between 50 and  $>300$   $\mu\text{m}/\text{a}$  for C09-2. Combined layer counting and radiocarbon



**Fig. 1 | Locations and present-day regional climatology.** A Monthly climate data in SW Romania from meteorological stations Târgu Jiu (TJ) and Drobeta/Turnu Severin (DTS) averaged for the period 1961–1990 CE. B Location of Cloșani Cave (white star) as well as other sites discussed in this study (grey symbols). Background shows the spatial correlation of averaged Oct–Mar precipitation from five GHCN stations near Cloșani Cave with averaged Oct–Mar CRU TS4.07 precipitation data for the years 1901–2018 CE. C Same as background in B but compared to NAJ<sub>w</sub> strength represented by 850 hPa zonal wind anomalies (relative to 1991–2020 CE) obtained from the ERA5 reanalysis dataset. Spatial correlation maps were created with KNMI Climate Explorer<sup>38</sup>. Maps in B, C show only significant correlation patterns ( $p < 0.1$ ).

measurements attest to a growth period for stalagmite STAM4 from 1910 to 2010 CE<sup>32</sup>. STAM4 has an average growth rate of 510  $\mu\text{m}/\text{a}$ , as deduced from counting of trace element cycles. The layer counting chronology of the two 20<sup>th</sup> century speleothem records of C09-2 and STAM4 has uncertainties of  $\pm 3$  yr for C09-2<sup>30</sup> and  $\pm 6$  yr for STAM4<sup>32</sup>. Overall, the three speleothems cover the past 20.45 ka within total only a c. 1300 yr-long gap between 10.94 and 9.65 ka BP (Fig. 2C).



**Fig. 2 | Cave setting and speleothem samples.** **A** Map of Cloșani Cave with locations of stalagmites C09-1, C09-2 and STAM4, as well as the locations of the drip sites CC1-3 in the Crystals Passage and CL1-3 in the Laboratory Passage. **B** Scans of

stalagmites STAM4, C09-1 and C09-2. **C** Age-depth models of stalagmites C09-1 and C09-2 constructed with 'Bchron'<sup>78</sup> using the  $^{230}\text{Th}/\text{U}$  ages reported in Tables S1 and S2.

### Speleothem trace elements as semi-quantitative predictor of ECE autumn/winter precipitation

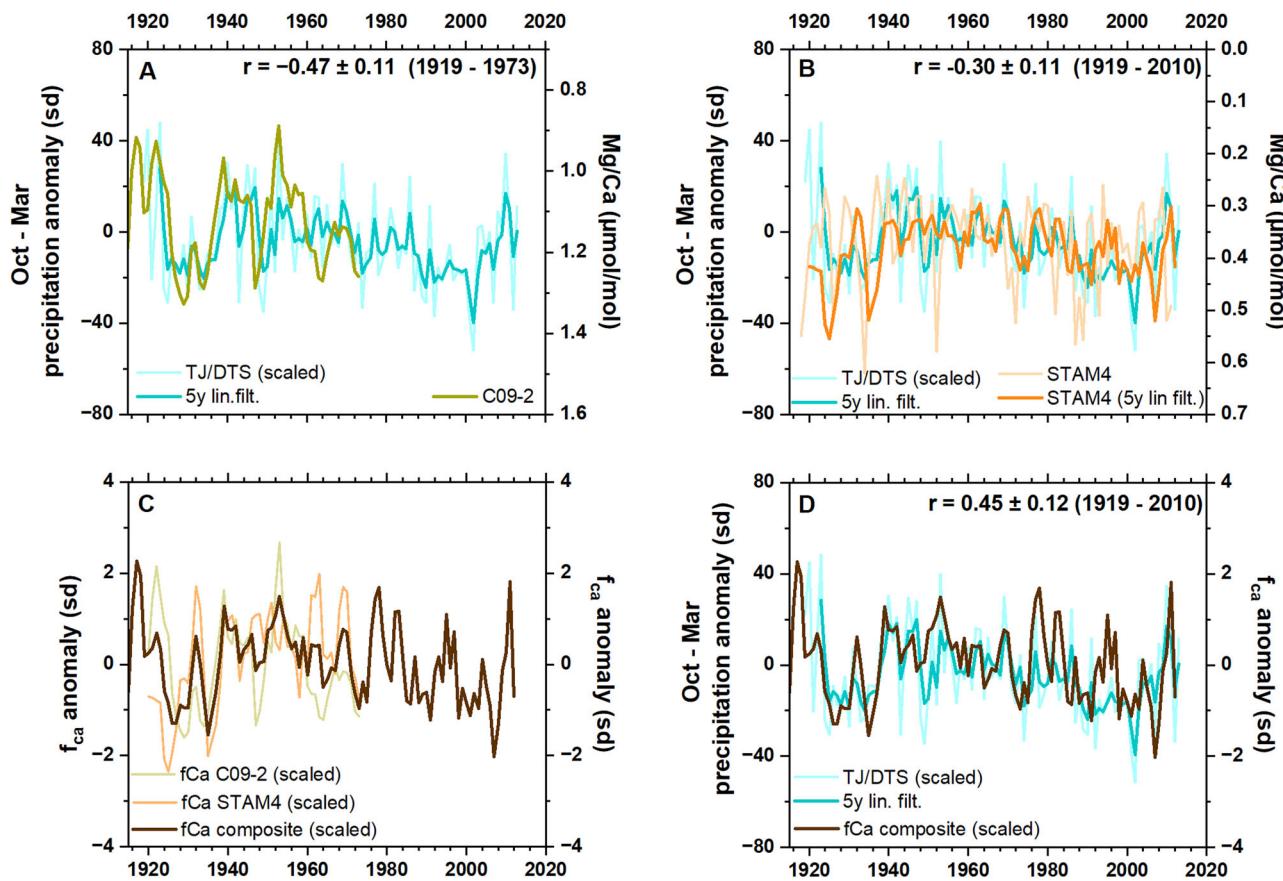
The composite of the Cloșani speleothem records provides a coherent picture of the transition from the end of the last glacial period until modern times with an annual resolution for trace elements and a sub-decadal to decadal resolution for  $\delta^{13}\text{C}$  and  $\delta^{18}\text{O}$  values (see Supplementary Fig. S1). For the modern Mg/Ca ratios in speleothem C09-2, a significant anti-correlation with autumn/winter precipitation amount on multi-annual to decadal scale has been previously demonstrated and attributed mainly to prior calcite precipitation (PCP)<sup>30</sup>. PCP occurs when  $\text{CO}_2$  degasses from seepage water prior to the stalagmite top in cavities in the host rock and/or on the cave ceiling, leading to a supersaturated solution and subsequent calcite precipitation. Since  $\text{Ca}^{2+}$  is preferentially removed during calcite precipitation compared to  $\text{Mg}^{2+}$ , this process results in an increase in the Mg/Ca ratio of the remaining solution. Once the drip water reaches the top of the stalagmite, the elevated Mg/Ca ratio is captured by the growing speleothem. Thus, more PCP leads to higher Mg/Ca ratios. In addition, incongruent calcite dissolution (ICD) of the host rock, i.e., the enhanced dissolution of Mg from the limestone during longer water residence times, can additionally raise the initial Mg/Ca ratio of the solution<sup>33</sup>. PCP and ICD are related to the amount of water infiltrating through the soil and karst zone, and have thus been linked to precipitation amount above the cave<sup>34</sup>.

The interpretation of speleothem Mg/Ca ratios as a precipitation proxy was based on a single speleothem record, C09-2, and the characteristics of its drip site<sup>30</sup>. In this study, the relationship is substantiated by additional evidence, which allows to extend our interpretation to speleothem records from the same cave that did not have an active drip when collected. The trends observed in drip water data from a total of six drip sites in both cave passages, the Crystals and the Laboratory Passages (Supplementary Fig. S2), fall in the range of observed and simulated slopes of  $\ln(\text{Mg/Ca})$  vs.  $\ln(\text{Sr/Ca})$  for the presence of PCP and ICD<sup>35,36</sup>. In addition, an overall positive correlation of Mg/Ca ratios with  $\delta^{13}\text{C}$  values in both stalagmites C09-1 ( $r = 0.48$ ,  $p < 0.01$ ) and C09-2 ( $r = 0.41$ ,  $p < 0.01$ ), provides further evidence that PCP has been a persistent process driving Cloșani Cave Mg/Ca ratios (see Supplementary Fig. S3). Additional precipitation-sensitive trace element data such as P/Ca or Y/Ca provide further support for the interpretation of Mg/Ca ratios in terms of wet vs. dry conditions (more details in supplementary text S1).

Selective precipitation/dissolution processes such as PCP and ICD are often non-linearly related to infiltration and can be modelled by a Rayleigh process<sup>33,35</sup>. As a result, the remaining Ca concentration of the drip solution,  $f_{\text{Ca}}$ , is a measure of the degree of PCP and ICD and can thus be regarded as first order linearly related to the water availability in the karst<sup>34</sup>. Here we use the speleothem Mg/Ca ratios to calculate  $f_{\text{Ca}}$  via a Rayleigh fractionation model using a similar approach as Stoll et al.<sup>37</sup> (a detailed description of the Rayleigh model is given in Supplementary text S2). This is an improvement of the initial transfer function proposed by Warken, et al.<sup>30</sup>, who used a linear regression model to infer precipitation amount directly from Mg/Ca ratios. The improved approach used here also assumes that the relative changes in precipitation amount (precipitation anomalies) above the cave during coeval growth phases induce the same relative changes in  $f_{\text{Ca}}$  for different stalagmites (see Supplementary text S2).

Warken, et al.<sup>30</sup> showed that infiltration at Cloșani Cave is dominated by precipitation during autumn and winter, when evapotranspiration is negligible (Fig. 1A). As a consequence, the anti-correlation with speleothem C09-2 Mg/Ca ratios is highest ( $r = -0.61$ ,  $p < 0.05$ , 1919–1973 CE) when autumn/winter precipitation amount is detrended and smoothed with a 5-yr linearly-weighted running mean, which accounts for mixing of the infiltrating water in the karst aquifer (details in ref. 30). Taking into account the age-model uncertainties in the calibration period (see section 'Materials and methods'), the mean value of  $r = -0.47 \pm 0.11$  is still significant to an autocorrelation-adjusted  $p$ -value of  $<0.1$  (Fig. 3A). The STAM4 Mg/Ca ratios, which extend the period of overlap between Cloșani Cave speleothems and the meteorological data until 2010 CE (Fig. 3B), also show a link to the linearly filtered autumn/winter precipitation time series, with an age-model and autocorrelation-adjusted mean value of  $r = -0.30 \pm 0.11$  ( $p < 0.1$ , 1919–2010 CE). The Mg/Ca ratios from both stalagmites were then used to calculate  $f_{\text{Ca}}$  as a measure of precipitation amount. The resulting  $f_{\text{Ca}}$  anomalies from both stalagmites agree very well, which validates the assumption that relative changes in  $f_{\text{Ca}}$  are coherent within coeval stalagmites from Cloșani Cave (Fig. 3C). As a consequence, both records were combined to a composite  $f_{\text{Ca}}$  record (Supplementary text S3) for which the mean correlation to instrumental autumn/winter precipitation amount is still moderately high ( $r = 0.45 \pm 0.12$ ,  $p < 0.1$ , 1919–2010 CE, Fig. 3D).

Considering the typically high spatial heterogeneity of precipitation data, we regard this correlation as sufficiently high to support the interpretation of relative changes in Cloșani Cave speleothem  $f_{\text{Ca}}$  as a measure for



**Fig. 3 | Cloșani Cave speleothem proxy calibration.** **A** Oct–Mar precipitation anomalies from meteorological stations TJ and DTS compared to speleothem C09-2 Mg/Ca ratios (axis inverted); **B** same as in **A** but compared to speleothem STAM4 Mg/Ca ratios (axis inverted); **C** Initial Ca concentration ( $f_{\text{Ca}}$ ) reconstructed from

speleothem C09-2 and STAM4 Mg/Ca ratios, respectively, compared to the composite  $f_{\text{Ca}}$  record. **D** Oct–Mar precipitation anomalies from TJ/DTS compared to the composite  $f_{\text{Ca}}$  record. All correlation coefficients are significant to a  $p$ -value of  $<0.01$  (adjusted for autocorrelation). More details in supplementary text S2.

precipitation anomalies (Supplementary text S3). However, long-term changes in vegetation or seasonality could influence the infiltration season. Simulations of LGM climate<sup>20,38</sup> support our assumption that the major part of infiltration occurs during autumn/winter. Overall, the analysis justifies the use of  $f_{\text{Ca}}$  as a proxy of past autumn/winter precipitation amount during the past about 20 ka. As a consequence, the composite Mg/Ca ratios of stalagmites C09-1 and C09-2 are used to calculate a scaled composite  $f_{\text{Ca}}$  record (see Supplementary Fig. S4) as a predictor of autumn/winter precipitation (details about the construction are given in Supplementary text S3). Changes of  $\pm 1$  standard deviation (sd) in  $f_{\text{Ca}}$  correspond to  $\pm 15\text{--}20\%$  change in autumn/winter precipitation amount during the instrumental period (Fig. 3D). However, note that due to remaining uncertainties, we focus on the interpretation of the most prominent and robust variability patterns of this semi-quantitative autumn/winter precipitation reconstruction.

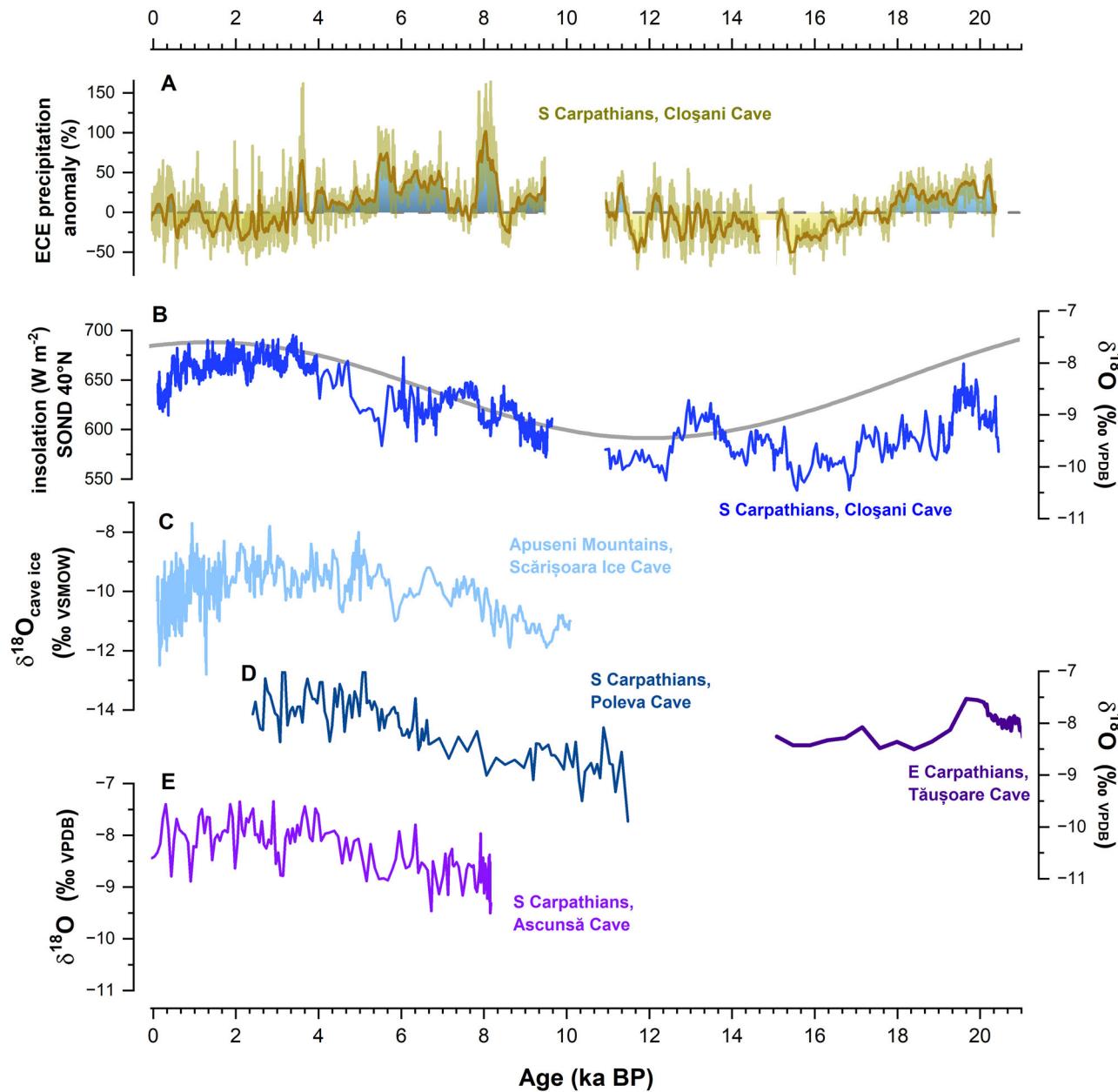
#### **$\delta^{18}\text{O}$ values as tracer of regional hydroclimate and atmospheric circulation**

At Cloșani Cave, the  $\delta^{18}\text{O}$  values of speleothem calcite reflect the  $\delta^{18}\text{O}$  values of the drip water, while temperature and disequilibrium effects inside the cave are of minor importance<sup>30</sup>. The absence of a seasonal isotope pattern in the drip water suggests a mixing of the reservoir over several months to a year or more. Hence, the drip water  $\delta^{18}\text{O}$  values reflect the annual infiltration-weighted mean of  $\delta^{18}\text{O}$  values in precipitation<sup>30</sup>. This is in line with the common, pan-regional observation of the dominant influence of cold season precipitation  $\delta^{18}\text{O}$  values on cave drip waters in ECE and the mid-latitudes<sup>5,6,20,23</sup>. Building on previous work, we therefore argue that changes in stalagmite  $\delta^{18}\text{O}$  values in the study area reflect mainly the relative

contribution of water vapour between the North Atlantic and the Mediterranean during the autumn/winter season (e.g., refs. 4,23,28).

The  $\delta^{18}\text{O}$  signature of the surface waters of the North Atlantic is more negative than in the Mediterranean<sup>39</sup>, and the rain-out process during the long transit of moisture from the North Atlantic leads to further  $\delta^{18}\text{O}$  reduction. During periods of a strong NAJ<sub>w</sub>, the NAJ<sub>w</sub> extends north-eastward and the relative contribution of moisture from the North Atlantic increases (Fig. 1C), resulting in lower precipitation  $\delta^{18}\text{O}$  values, and vice versa<sup>4</sup>. Previous work showed that the  $\delta^{18}\text{O}$ -NAJ<sub>w</sub> strength link dominated over the effects of temperature and rainfall amount at least over the last 2500 years<sup>4,6,23</sup>.

A regional comparison reveals that the evolution of speleothem  $\delta^{18}\text{O}$  values from ECE is very coherent (Fig. 4). The Cloșani Cave  $\delta^{18}\text{O}$  values (Fig. 4B) are very similar to other  $\delta^{18}\text{O}$  cave records, such as the stable oxygen isotope record of Scărișoara Ice Cave from the Apuseni Mountains (NW Romania) covering the last 10.5 ka<sup>5</sup> (Fig. 4C). In addition, speleothem  $\delta^{18}\text{O}$  records from sites in the southern Carpathians close to Cloșani, such as Ascună<sup>28</sup>, Poleva Cave<sup>26</sup>, or Tăușoare Cave in the Eastern Carpathians<sup>27</sup> agree with the long-term trend of the Cloșani Cave composite  $\delta^{18}\text{O}$  record (Fig. 4D, E). This long-term regional consistency supports the use of speleothem  $\delta^{18}\text{O}$  values as proxy of the strength of the NAJ<sub>w</sub><sup>5,23,28</sup>. However, temperature effects cannot be excluded to partly contribute to the temporal evolution of the stable oxygen isotope records, since temperature-dependent oxygen isotope fractionation effects from the source of the precipitation to the cave carbonate have a modulating influence on ECE  $\delta^{18}\text{O}$  values<sup>20,23,28</sup>. This is both due to sea-surface temperatures (SST) changes at the moisture source as well as Rayleigh distillation along the moisture trajectory. As a result, cooler temperatures lead to lower  $\delta^{18}\text{O}$  values in precipitation (and



**Fig. 4 | Composite Cloșani Cave proxy records compared to orbital forcing and regional cave records.** From top to bottom: A Composite Cloșani Cave  $f_{Ca}$  derived precipitation anomalies (relative to the average of the period 1873 CE to modern, more details in supplementary text). The dark yellow line shows a 100 yr running

mean. B Cloșani Cave composite  $\delta^{18}\text{O}$  record (blue), and September to December insolation at 40°N. C Cave ice  $\delta^{18}\text{O}$  record of Scărișoara Ice Cave<sup>5</sup>. D Speleothem  $\delta^{18}\text{O}$  records from Poleva Cave<sup>26</sup> and Tăușoare Cave<sup>27</sup>. E Speleothem  $\delta^{18}\text{O}$  record from Ascunsă Cave<sup>28</sup>.

speleothem calcite) in ECE<sup>23</sup>. The Cloșani Cave precipitation reconstruction in combination with the coherent  $\delta^{18}\text{O}$  signal thus allows to explore the link between regional precipitation amount and large-scale atmospheric circulation patterns as well as northern hemispheric climate back to 20 ka BP.

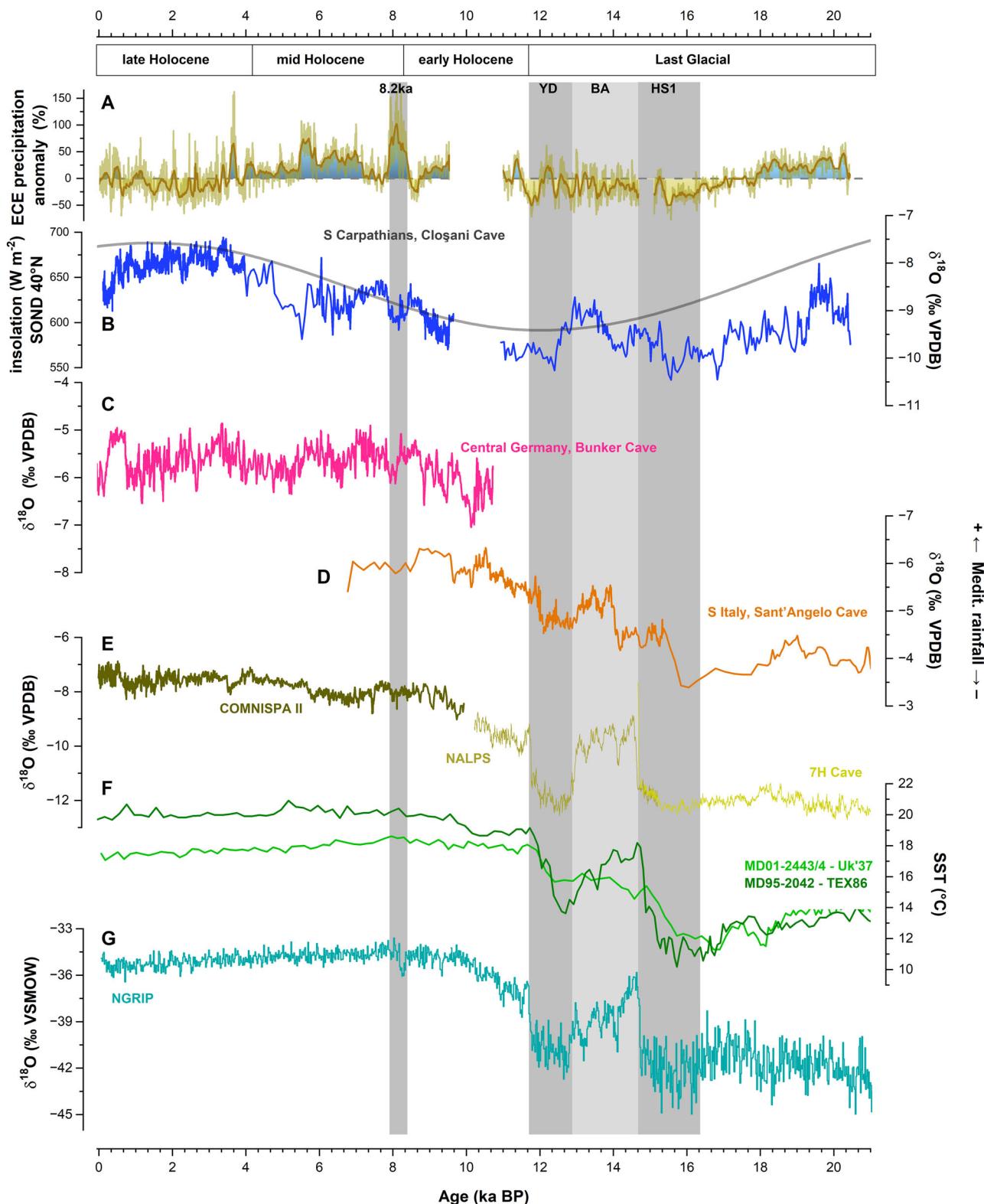
## Discussion

### ECE precipitation and NA climate during the past 20 ka

The low  $\delta^{18}\text{O}$  values of the Cloșani Cave record between c. 20 and 16 ka BP, i.e. the late LGM and the beginning of the deglaciation (Fig. 5B), reflect relatively cool SST in the evaporation regions of the North Atlantic, and potentially also a stronger moisture loss along the trajectories of the air masses than during the Holocene. From 20–18 ka BP, the precipitation reconstruction suggests that the LGM climate was on average about 20–30% wetter than today (Fig. 5A). Previously, the lack of speleothem growth in other Romanian caves has been suggested to reflect

strong regional drying during the LGM<sup>26</sup>. Our result is however consistent with other regional proxy reconstructions<sup>18,19,22</sup> as well as model simulations of European LGM hydroclimate<sup>21,38,40</sup> suggesting that a strong and southward displaced NAJ<sub>w</sub> during the LGM was associated with enhanced cyclogenesis and wetter conditions in particular in the greater Mediterranean and Alpine region. We thus attribute the more humid conditions under a colder climate to a southward displacement of the NAJ<sub>w</sub> (see also below).

Towards the end of the Pleistocene, the Cloșani Cave  $\delta^{18}\text{O}$  record attests a response to prominent Northern Hemispheric millennial-scale climate oscillations largely synchronous with North Atlantic SSTs<sup>41,42</sup>. This demonstrates a strong influence of temperature and changes of the moisture source on speleothem  $\delta^{18}\text{O}$  values on the millennial timescales over this period. For example, during Heinrich Stadial 1 (HS1, 16.3–14.7 ka BP), speleothem  $\delta^{18}\text{O}$  values reach the lowest values of the record between 16.8



**Fig. 5 | Eastern Central Europe hydroclimate and atmospheric circulation during the past 20 ka.** The figure shows A Composite Cloșani Cave  $f_{Ca}$  derived precipitation anomalies relative to the period 1873–2010 CE. The dark yellow line shows a 100 yr running mean. B Cloșani Cave composite  $\delta^{18}\text{O}$  record (blue), and September to December insolation at 40°N. Both records are compared to European climate records from top to bottom: C Bunker Cave composite  $\delta^{18}\text{O}$  record W Germany<sup>47</sup>,

D stalagmite SA-1  $\delta^{18}\text{O}$  data from southern Italy<sup>18</sup>. Note that y-axis is inverted as compared to Central European speleothem records since data is interpreted as Mediterranean rainfall proxy; E alpine speleothem  $\delta^{18}\text{O}$  records from 7H Cave<sup>19</sup>, the extended NALPS record<sup>89</sup>, as well as the COMNISPA II stack<sup>90</sup>; F SST reconstructions from the Iberian margin<sup>41,42</sup>; as well as G NGRIP ice core  $\delta^{18}\text{O}$  data on the GICC05 timescale<sup>91</sup>.

and 15.6 ka BP (about  $-10.4\text{\textperthousand}$ ). This phase was accompanied by a drying trend until 15.5 ka BP, when our data suggest a minimum with about 50% less precipitation (Fig. 5A, B). A widespread drying in the Northern Hemisphere during HS1 has been interpreted as the expression of freshwater forcing and increased sea ice extent in the North Atlantic reducing SSTs and evaporation as well as the strength of the Atlantic Meridional Overturning Circulation (AMOC)<sup>43,44</sup>. During the subsequent Bølling/Allerød (B/A) warm period (14.7–12.9 ka BP) and the following Younger Dryas (YD) cold period (c. 12.9–11.8 ka BP), the mean autumn/winter precipitation was only slightly lower than today, averaging  $-10\%$ , but showed twice as large, centennial-scale variability of  $\pm 30\text{--}60\%$ . The evolution of  $\delta^{18}\text{O}$  values is relatively smooth, increasing to peak values at 13 ka BP and subsequently declining again (Fig. 5B). The increase of Cloşani Cave  $\delta^{18}\text{O}$  values into the B/A warming occurred from 13.9 to 13.7 ka BP, which is later than recorded in Greenland Ice cores (NGRIP) or in alpine speleothems (NALPS), but roughly synchronous with an increase of Central Mediterranean rainfall indicated by the record from Sant' Angelo Cave<sup>18</sup>. The initiation of the YD cold phase starts again in phase with NGRIP and the NALPS record at 12.9 ka BP, even though full stadial conditions with values of  $-10.3\text{\textperthousand}$  were not reached until 12.4 ka BP (Fig. 5B).

Subsequently,  $\delta^{18}\text{O}$  values remained comparably low (c.  $-10\text{\textperthousand}$ ) with only a weak increasing trend until the hiatus at 10.9 ka BP.  $\delta^{18}\text{O}$  values during HS1 and the YD are thus about 0.5–1% lower than during the late LGM. Distinct minima by c. 1% in seawater  $\delta^{18}\text{O}$  values during HS1 and the YD have been observed in the North Atlantic, which correspond to cooler SSTs, peaks in ice-raftered debris and periods of reduced AMOC indicating the presence of meltwater in this region<sup>45</sup>. Through the following warm climate period of the early to mid-Holocene (9.5–4 ka) considerably wetter conditions with an average of about 30% higher precipitation in ECE compared to modern day are suggested (Fig. 5A). Sporadically, average autumn/winter precipitation increased by  $+50\%$  or more (corresponding to c. 550 mm of autumn/winter precipitation), such as at c. 8.2 ka BP (+80%), 7–6 ka (+50%), 5.6 ka (+60%), or c. 3.5 ka (+50%) (Fig. 5A). Similar to the Cloşani Cave record, speleothem records from German caves but also from the Iberian Peninsula show a progressive increase in precipitation from the early Holocene until c. 8–7 ka BP<sup>46–48</sup>, suggesting a continent-wide trend. One of the wettest periods in ECE was the time around 8.2 ka BP, which corresponds to lower  $\delta^{18}\text{O}$  values in eastern and central Europe, and colder conditions in Greenland (Fig. 5). Likewise, enhanced winter/spring precipitation has been observed during the 8.2 ka cold event in the southern Carpathians<sup>49</sup>. The most recent two precipitation maxima are also reflected in the flood frequency recorded in lake Ammersee<sup>50</sup>. In addition, the minimum of flood frequency at lake Ammersee coincides with the minimum in precipitation some 2.2 ka ago (Fig. S5A). Finally, the precipitation history suggests that after c. 3.5 ka, autumn/winter precipitation was comparable to present day in terms of variability (Fig. 5A), even though the period between c. 3 and 1.5 ka BP was on average slightly drier by c.  $-20\%$ . Overall, while the ECE hydroclimatic history generally follows the major long-term and millennial climate transitions of the Northern Hemisphere of the last 20 ka, the regional precipitation variability appears to strongly differ from these changes in background climate conditions, i.e. temperature and moisture sources. Thus, we infer a major role of the atmospheric moisture transport associated to the NAJ<sub>w</sub> as a dominant driving force of changes in mean precipitation and its first-order variance.

### Precipitation vs. steering of the NAJ<sub>w</sub> over the past 20 ka

During the late LGM and the following deglaciation, the Laurentide and Fennoscandian ice sheets had a major effect on the atmospheric circulation in the Northern Hemisphere, forcing a southerly moisture trajectory of the NAJ<sub>w</sub> from the NA through the Mediterranean Sea<sup>19,21,22</sup>. For example, reconstructions of paleo-glacier-derived precipitation anomalies suggest a southerly and more zonally directed NAJ<sub>w</sub> also during the YD<sup>17</sup>. Especially over the central and eastern Mediterranean, more southerly and zonal storm tracks have been associated with enhanced cyclogenesis and positive precipitation anomalies<sup>17,18,21,38</sup>. For example, enhanced winter/spring

precipitation from Mediterranean sources has been also suggested to explain wetter conditions in the Southern Carpathians during the 8.2 ka cold event<sup>28,49</sup>. Hence, our data advocate, that this atmospheric pattern also caused the enhanced precipitation in ECE during the LGM.

During the subsequent deglaciation, the comparably smooth transitions, lagging onsets, and muted amplitudes of HS1, the B/A, and the YD in the Cloşani Cave  $\delta^{18}\text{O}$  record attest to superimposing effects of changes at the moisture sources, NAJ<sub>w</sub> strength, as well as temperature. For example, the intermittent intrusion of Mediterranean moisture in ECE with higher  $\delta^{18}\text{O}$  values could have at least partially outcompeted the effect of temperature changes in the region<sup>26</sup>. While the speleothem  $\delta^{18}\text{O}$  values are likely the result of different processes over the late last Glacial and the deglaciation, the observed changes in precipitation amount show a significantly different pattern largely unrelated to the millennial-scale variations in the Cloşani Cave  $\delta^{18}\text{O}$  values. This indicates a decoupling of regional precipitation and changes at the location of the dominant moisture source in the NA. This feature is most pronounced during the deglaciation between c. 15 ka to 11 ka BP, a time periods which also stands out in an analysis of transient model simulations as a time of high variance of precipitation and surface temperature, especially on decadal and longer timescales<sup>51</sup>.

During the early to mid-Holocene, Cloşani Cave  $\delta^{18}\text{O}$  values indicate that the transitional phase in ECE hydroclimate and atmospheric circulation patterns continues. The progressively increasing Cloşani Cave  $\delta^{18}\text{O}$  values generally reflect the warming of the Northern hemisphere following autumn/winter insolation and the demise of the Northern Hemispheric ice sheets (Fig. 4). Until c. 5–4 ka BP, the ECE stable isotope values are still relatively low as compared to the late Holocene, and indicate a relatively cool moisture source, weaker NA pressure systems, and, consequently, a weaker NAJ<sub>w</sub><sup>5</sup>. This is the result of atmospheric and oceanic reorganizations in response to a progressive reduction in meltwater fluxes to the Nordic Seas and Mediterranean. This picture is overall consistent with excess moisture transport over a southerly trajectory of the NAJ<sub>w</sub>, higher precipitation amounts in ECE, and provides quantitative support for proxy-based hydroclimate reconstructions for the early to mid-Holocene e.g., refs. 5,24,29. In fact, our record implies an increase in precipitation of up to 80%. This also reveals an inverse response of ECE precipitation to a weaker latitudinal temperature gradient (warming of the Arctic with respect to the Equator) as compared to the global mean for mid-latitudes, where a substantial decrease in net precipitation is observed<sup>11</sup>. In general, PMIP4 simulations have revealed substantial difficulties to capture precipitation changes over Europe, in particular during the mid-Holocene, where models show a large inter-model spread as well as general precipitation patterns over Europe that are inconsistent with proxy evidence. Imperfect simulation of the extra-tropical atmospheric circulation is suggested as the underlying cause of this mismatch<sup>24,52,53</sup>.

### Hydroclimate change and potential relationships to EAS tele-connection patterns

During modern times, the variability in latitude and speed of the NAJ<sub>w</sub> in the EAS has been described by a combination of the North Atlantic Oscillation (NAO) and the East-Atlantic pattern (EA)<sup>3</sup>. The NAO, a leading mode of atmospheric variability in the EAS, is characterized by a meridional SLP dipole in the North Atlantic between the Icelandic Low and the Azores High. Positive phases of the NAO are associated with a hydroclimatic dipole characterized by warm and wet conditions in central and northern Europe as well as precipitation deficits in southern Europe, and vice versa<sup>54</sup>. The location of the main centre of action of the EA pattern is along the nodal line of the NAO and a strong EA often implies a southward shift of the NAO pattern with the corresponding North Atlantic storm tracks and jet stream also steered towards lower latitudes<sup>1,3,55</sup>.

Previous work interpreted the observed hydroclimate pattern during the early to mid-Holocene to reflect a predominant negative NAO condition, i.e., a weaker NAJ<sub>w</sub><sup>5,29</sup>. Wassenburg, et al.<sup>16</sup> interpreted a shift from correlation to anti-correlation of speleothem  $\delta^{18}\text{O}$  values from Bunker Cave (Germany) vs. Grotte de Piste (Morocco) such that the configuration of the

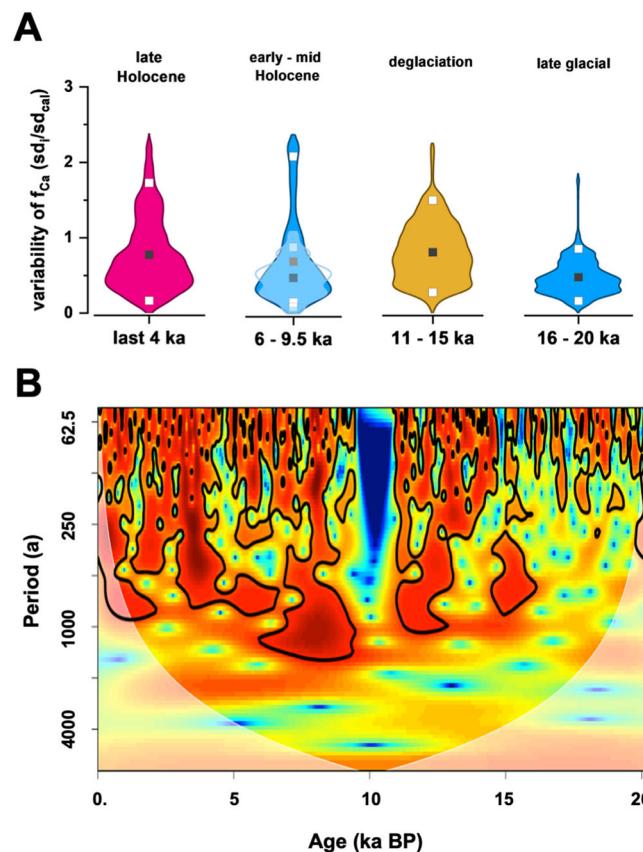
North Atlantic SLP systems and associated NAJ<sub>w</sub> trajectory resembled the modern NAO pattern after 8 ka BP<sup>16</sup>. Our new precipitation record argues for a more complex temporal evolution. Wavelet coherence analysis shows that  $\delta^{18}\text{O}$  records of Cloşani and Bunker Cave in western Germany<sup>47</sup> were coherent and in-phase on centennial to millennial timescales, suggesting that the NAJ<sub>w</sub> influenced both locations coherently at least until 6–5 ka BP (Fig. S6). This observation is inconsistent with the typically observed hydroclimate patterns associated with the modern NAO, where precipitation patterns in northwestern Europe and ECE would be anticorrelated. Our analysis thus suggests that the modern position and strength of the NA pressure systems, and consequently, the strength and direction of the NAJ<sub>w</sub> were not reached until 6–5 ka BP. We thus argue that the modern NAO configuration is not an appropriate analogue for the structure of the NAJ<sub>w</sub> in the EAS until the mid-Holocene.

### Dynamic response of ECE precipitation variability to NA reorganization

The Cloşani Cave multi-proxy record reveals distinct phases with apparently different hydroclimatic conditions over the past 20 ka. Most prominent is the phase between 18 and 10.9 ka BP, when regional precipitation amount shows pronounced centennial-scale variability decoupled from the prominent Northern Hemispheric millennial-scale climate variations during the deglaciation (Fig. 5). A similar pattern has been recognized during the late Holocene since c. 3.5–4 ka BP, when precipitation amount also appears to be intermittently decoupled from NA centers of action<sup>30</sup>. In contrast, during the late Glacial and the early to mid-Holocene, the higher coherence between  $\delta^{18}\text{O}$  values and autumn/winter precipitation amount argues for a closer link between regional precipitation amount and changes at the source of the precipitation as well as the strength of the NAJ<sub>w</sub>. One exception may be the time around the cool 8.2 ka event, when reconstructed autumn/winter precipitation anomalies were particularly high. Overall, our record however, clearly advocates against a persistent thermodynamic component of both changes in the mean ECE precipitation amount, but also in terms of its variability.

We assess the observed differences in precipitation variability by calculating the standard deviation  $sd_i$  of a moving 100 year-long time window. To make this measure comparable, we express  $sd_i$  relative to the standard deviation of the reference period (1873–2010 CE),  $sd_{\text{cal}}$ . Figure 6A shows the distribution of the ratio  $sd_i/sd_{\text{cal}}$  for the different periods of interest. This shows, that the mean precipitation variability during the deglaciation and the late Holocene is on average about  $\pm 1 sd_{\text{cal}}$ , i.e., similar to the instrumental period, but also about twice as much as compared to the late Glacial (Fig. 6A). The distribution of the latter period is also comparably narrow, and also the range of the extreme values beyond the 95% percentile is relatively small, corresponding to maximal a maximum of  $1.5 sd_i/sd_{\text{cal}}$ . In contrast, the  $sd_i/sd_{\text{cal}}$  distributions for the late Holocene and deglaciation are comparably wide, suggesting that precipitation varied about twice as much as in the instrumental period (Fig. 6A). The extreme values beyond the 95% percentile even suggest a range of  $>2 sd_i/sd_{\text{cal}}$ . Hence, the precipitation amount during the late Holocene and the deglaciation was not only more variable than during the late Glacial, but also the frequency and intensity of extreme precipitation events was higher during these periods. The reconstruction of the early to mid-Holocene shows a more heterogeneous pattern. When the same period was analysed without the time between c. 8.4–7.9 ka BP, the distribution resembled the late glacial, with comparably reduced variability. Conversely, the high variability anomalies of about  $\pm 2 sd_i/sd_{\text{cal}}$  are clearly attributable to the 8.2 ka event.

Wavelet coherence analyses of the Cloşani Cave  $f_{\text{Ca}}$  record show a similar picture suggesting that the dominant frequencies in the precipitation reconstruction changed over the duration of the record. While the higher frequencies, i.e. decadal to multidecadal periods, are abundant throughout the record, centennial-scale variations are most dominant during the deglaciation as well as the late Holocene (Fig. 6B). This significant change in variability is observed in both stalagmites, and is independent of growth rate, which excludes resolution issues or aliasing effects.



**Fig. 6 | Precipitation variability in ECE.** A Violin plots show the distribution of the ratio  $sd_i/sd_{\text{cal}}$  between the standard deviation  $sd_i$  of a moving 100-year-long window of  $f_{\text{Ca}}$  precipitation record vs. the standard deviation  $sd_{\text{cal}}$  of the reference period (1873–2010 CE). The distributions are shown for four distinct periods of nearly equal duration, i.e. the late Holocene (last 4 ka), the early to mid-Holocene (9.5–6 ka BP), the deglaciation (15–11 ka BP), as well as the late glacial (20–16 ka BP). The open violin plot for the early to mid-Holocene is the distribution without the section 8.4–7.9 ka BP, i.e. without the 8.2 ka event. B Continuous wavelet transform spectrum analyses of the composite Cloşani Cave  $f_{\text{Ca}}$  derived precipitation reconstruction down-sampled to 25 yrs equidistant time series. Red (blue) colours correspond to high (low) values of the transform coefficients (power). Contour lines indicate the 90% significance levels calculated using an AR(1) spectrum with autocorrelation coefficients  $\rho = 0.97$  as derived with REDFIT. The white shading indicates the cone of influence where edge effects are not negligible. Note that the period between c. 11 and 9.5 ka BP is a hiatus in the proxy record.

Hence, this pattern can be interpreted as characteristic of the regional hydroclimate. On the one hand, the early to mid-Holocene and the late Glacial are characterized by a relatively stable regime, with attenuated hydroclimate variability in particular on centennial timescales, while the late Holocene, the 8.2 ka event, and the deglaciation can be described as relatively unstable. Since all these phases are characterized either by different background climate states or transitional phases in between, this apparent (in)stability reveals a (non-) stationary, i.e., a dynamic response of ECE precipitation to changes in the northern hemispheric background climate and associated atmospheric circulation patterns.

### Potential drivers of precipitation variability in ECE

We claim that the observed multidecadal-to-centennial precipitation variability in ECE is the expression of intrinsic North Atlantic SLP and SST variability modes such as the North Atlantic Oscillation (NAO) or the Atlantic Multidecadal Oscillation (AMO). Model studies and proxy reconstructions, mainly from the Holocene, have shown that multidecadal-to centennial variability is an intrinsic characteristic of the North Atlantic SLP and SST patterns, the strength of the NAJ<sub>w</sub> and EAS climate e.g.,

refs. 4,14,54,56,57. Current hypotheses regarding the potential drivers of this variability involve external radiative forcing linked to solar variability as well as internal oscillations of the climate system tied to the AMOC<sup>54,57-59</sup>. While the detection of these modes in ECE precipitation variability is thus not surprising, it does not explain the observed changes in the frequency and intensity of extreme precipitation events, in particular during the deglaciation and the late Holocene.

We here propose that this could be a consequence of variable blocking activity in the East Atlantic or Scandinavian/Siberian sectors. Atmospheric blocking configurations similar to the modern East Atlantic (EA) or the Scandinavian (SCAND) patterns intermittently interrupt west-to-east atmospheric flow in the EAS, which affects European precipitation patterns<sup>3,15,60,61</sup>. This includes frequently occurring dry conditions due to polar air outbreaks, but also the intrusion of Mediterranean cyclones, which may lead to higher precipitation amounts in the region<sup>60,62,63</sup>. In particular, atmospheric blocking has been demonstrated to influence the occurrence of climatological extremes in ECE<sup>8,9,60,62</sup>. On the other hand, recent work suggested that the probability of the occurrence of blocking events in the EAS is modulated by the NAO and the AMO<sup>64</sup>. Hence, we regard a modulation of the probability of more frequent and more intense precipitation in ECE by atmospheric blocking activity also on the multidecadal to centennial timescales a plausible explanation for our observation.

Enhanced blocking activity has been considered by paleo-reconstructions across Northern and Eastern Europe as a potential driver of the occurrence of stronger polar air outbreaks across Eastern Europe<sup>65</sup>, as well as the cause of a reinforcement of NA atmospheric circulation variability<sup>66</sup> and heterogeneous precipitation patterns across Northern and Eastern Europe<sup>67</sup>. A flood frequency record from Svalbard over the past two millennia by Lapointe, et al.<sup>15</sup> demonstrated the strong link of rainfall extremes to atmospheric blocking. The coherent pattern of this record with the Cloșani Cave  $\delta^{18}\text{O}$  record underscores the influence of blocking patterns on the NAJ<sub>w</sub> trajectory over Central Europe (Supplementary Fig. S5B). A palaeoglacier-derived reconstruction of YD precipitation across Europe demonstrated that the atmospheric configuration in Central Europe was dominated by a blocking high pressure system over Scandinavia, which forced the NAJ<sub>w</sub> south and east<sup>17</sup>. This period coincides with the phase of very high precipitation variability in ECE (Fig. 6). All in all, these comparisons support that this interpretation can be also transferred to other phases of the record.

## Implications for precipitation projections

Our results have implications for predictions of future changes in large-scale modes of North Atlantic SLP and SST patterns and the associated precipitation variability. In particular the multi-decadal modes appear to be a continuous feature of precipitation variability and are thus expected to persist also in future climates. In the case of the precipitation anomalies in ECE, the dynamic component, i.e., changes in the mean atmospheric circulation, clearly dominates over changes in atmospheric moisture content. The dynamic component depends on a number of mechanisms, that cannot be simply linked to temperature<sup>38</sup> and are thus difficult to infer from past climates such as the LGM or the early- to mid-Holocene, which differ significantly from future projections. This makes predictions of future changes in regional precipitation much more challenging, in particular because models still have difficulties in adequately representing the extratropical atmospheric circulation<sup>24,52,53,68</sup>. Despite the large inter-model range, a strengthening (weakening) of the NAJ<sub>w</sub> and associated storm tracks over central (southern) Europe under future scenarios is expected, which would lead to drier autumn/winter conditions in the Mediterranean region<sup>38,69</sup>, and, according to our results, potentially also in ECE. In addition, the potential reorganization of SLP patterns in response to anthropogenic climate change includes augmented blocking activity in the North European regions<sup>15,68</sup>. Combined with the projected and comparably abrupt declines in sea ice, increases in SSTs and moisture availability, ECE may experience more frequent and more intense precipitation extremes. This already appears to be reflected

in observed trends in the frequency and intensity of droughts and extratropical cyclones during the late 20th century<sup>8,70</sup>.

The Cloșani Cave record thus demonstrates that quantitative precipitation reconstruction on decadal scales is feasible using speleothems. Its regional nature reveals the dynamic contribution via modulated changes in the North Atlantic SLP and SST centers of action that seem to be most relevant for precipitation variability and the probability of extreme precipitation events. This also implies that processes related to the thermodynamics of the system (i.e., 'wet gets wetter', 'dry gets drier') oversimplify the intricate dynamics of precipitation and precipitation variability implied by our observations.

## Materials and methods

### Sample description

Cloșani Cave (45.1°N, 22.8°E) is located at the southern slope of the Carpathians in SW Romania at 433 m above sea level (m asl). The cave is developed in massive Upper Jurassic-Lower Cretaceous limestone mainly consisting of calcium carbonate with minor occurrence of dolomite. The cave consists of two main passages with a total length of 1458 m and a vertical range of 15 m (Fig. 2). The host rock overburden is c. 80–100 m (Crystals Passage) and c. 30 m (Laboratory Passage). The area is overlain by an up to 1.5 m thick brown acid soil mixed with lithosols and densely covered by vegetation consisting of grasses, shrubs and local tree stands. Stalagmites C09-1 and C09-2 were collected in 2009 in the deeper part of the Crystals Passage, while STAM4, a 6 cm high modern stalagmite, was collected in 2010 CE from an active drip site in the Laboratory Passage (Fig. 2). C09-2 has a total length of 72 cm, whereby the upper 46 cm were studied by Warken, et al.<sup>30</sup> in terms of dating and stable isotopes as well as trace elements. In this study we analyzed the part between 46 and 64 cm dft of stalagmite C09-2. C09-1 has a total length of 42 cm. C09-1 and C09-2 are composed of clean, translucent calcite, formed mainly by proper columnar fabric. Only a small section of C09-1 between c. 3.5 and 5 cm distance from top (dft) is characterized by dendritic fabric. STAM4 has seasonal layers consisting of compact, partly translucent winter layers and milky-white porous summer layers.

### $^{230}\text{Th}/\text{U}$ -dating

$^{230}\text{Th}/\text{U}$ -dating was performed using a Neptune Plus multi-collector inductively coupled plasma mass spectrometer (MC-ICPMS) (Thermo Scientific, Bremen, Germany) at the Institute of Environmental Physics, Heidelberg University, Germany. Speleothem samples were cut with a band-saw close to the growth axis. The methods of sample preparation, mass spectrometric protocols and corrections are described in refs. 30,71, as well as references therein. Ages were calculated using the half-lives of Cheng, et al.<sup>72</sup>. Correction for detrital contamination assumes a  $^{232}\text{Th}/^{238}\text{U}$  weight ratio of  $3.8 \pm 1.9$  and  $^{230}\text{Th}$ ,  $^{234}\text{U}$  and  $^{238}\text{U}$  in secular equilibrium. Age uncertainties are quoted at the  $2\sigma$ -level and do not include half-life uncertainties.

### Carbonate stable isotopes

Stable carbon and oxygen isotope preparation and analysis were performed at Institute of Geology, Innsbruck University, Austria. The samples were micro-milled at a spatial resolution of 300  $\mu\text{m}$  for stalagmite C09-2, and 1 mm for C09-1 with a MicroMill (New Wave Research, Portland, USA). The carbonate powder was prepared and measured using an on-line, automated carbonate preparation system (Gasbench II) linked to a triple collector gas source ThermoFisher Delta<sup>plus</sup>XL mass spectrometer (Thermo Scientific, Bremen, Germany). Raw data were calibrated against NBS19, and  $\delta$ -values are reported relative to Vienna Pee Dee Belemnite (VPDB) standard. Long-term precision of the  $\delta^{13}\text{C}$  and  $\delta^{18}\text{O}$  values, estimated as the  $1\sigma$ -standard deviation of replicate analyses, is 0.06 and 0.08‰, respectively<sup>73,74</sup>.

### Trace element analyses

Trace element-to-Calcium ratios of the entire stalagmite C09-1 and the lower part of C09-2 between 46 and 64 cm dft were determined with an

Element2 ICPMS (Thermo Scientific, Bremen, Germany) equipped with a high-energy Nd:YAG UP213 laser ablation system (wavelength = 213 nm; New Wave, Fremont, USA) at the Max Planck Institute for Chemistry, Mainz. The line scans were performed along the growth axis of the stalagmites with a laser beam spot size of 110  $\mu\text{m}$  for C09-1 and 100  $\mu\text{m}$  for C09-2. The laser repetition rate was 10 Hz and the scan speed was 10  $\mu\text{m}/\text{s}$  for both stalagmites. The measured isotopes were  $^{25}\text{Mg}$ ,  $^{27}\text{Al}$ ,  $^{31}\text{P}$ ,  $^{88}\text{Sr}$ ,  $^{89}\text{Y}$ ,  $^{137}\text{Ba}$  (C09-2),  $^{138}\text{Ba}$  (C09-1),  $^{232}\text{Th}$ ,  $^{238}\text{U}$ , which were normalized to  $^{43}\text{Ca}$  as an internal standard. The reference material used for calibration was the NIST SRM 612 a synthetic glass with a high trace element content<sup>75</sup>. For quality control the USGS MACS-3, a pressed carbonate powder, was measured<sup>76</sup>. The reproducibility based on the analyses of the homogeneous NIST SRM 612 was 5.2% for Mg, 4.8% for Al, 5.5% for P, 3.0% for Sr, 6.9% for Y, 4.3% for Ba, 6.3% for Th, and 4.8% for U (1 RSD).

The element concentrations of stalagmite STAM4 were determined with an Agilent 7500ce quadrupole ICPMS (Agilent Technologies, Santa Clara, USA) equipped with a NWR193 ArF excimer laser ablation system with a wavelength of 193 nm (ESI, Omaha, USA) and a TV2 sample cell at the Institute for Geosciences, Johannes Gutenberg University Mainz. The laser beam spot size was 110  $\mu\text{m}$  and the measurement was performed in line scan mode along the growth axis. The scan speed was 10  $\mu\text{m}/\text{s}$  and the laser repetition rate was 10 Hz. The measured isotope used for this study is  $^{25}\text{Mg}$  which was normalised to  $^{43}\text{Ca}$ , the internal standard. Also, here the NIST SRM 612 was used for calibration as well as the USGS MACS-3 was measured for quality control. The reproducibility of Mg based on the analyses of the homogeneous NIST SRM 612 is 0.9% (1 RSD). All samples were pre-ablated to prevent contamination of the analyses. For details of the method, see refs. 76,77. All data are given as molar ratios.

### Monitoring and drip water analyses

For detailed description of the methods applied in the monitoring of Cloşani Cave we refer to the supplement of Warken, et al.<sup>30</sup>. In this study, we present additional data that has been obtained from six drip sites from the Crystals (CC1 to 3) and Laboratory Passages (CL1 to 3) at 2–3 monthly intervals. The concentrations of drip water cations ( $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ ,  $\text{Sr}^{2+}$ ) were measured at the Institute of Earth Sciences, Heidelberg University, Germany, using an Agilent ICP-OES 720 (Agilent Technologies, Santa Clara, USA). The internal  $1\sigma$ -standard deviation for the analyses is <1% for  $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$  and  $\text{Sr}^{2+}$ . SPS SW2 is used as a standard, and the long-term  $1\sigma$ -reproducibility is 2.0% for  $\text{Ca}^{2+}$ , 3.3% for  $\text{Mg}^{2+}$  and 3.4% for  $\text{Sr}^{2+}$ .

### Composite record and age-depth-model

Preliminary age-depth-models for stable isotope and trace element records of C09-1 and C09-2 were constructed using the R-package ‘Bchron’<sup>78</sup>. The composite Cloşani Cave record for the overlapping sections in the Holocene was composed using the Matlab<sup>®</sup> tool ISCAM<sup>79</sup>. For the  $\delta^{13}\text{C}$  and  $\delta^{18}\text{O}$  records, ISCAM was run with 100 AR1 simulations and 1000 MC runs for each AR1 simulation. The records were smoothed over 50 years prior to the correlation procedure.

Before constructing the composite Mg/Ca record, the respective LA-ICPMS data were down-sampled to a spatial resolution corresponding to annual mean values according to their preliminary Bchron age-depth-model to reduce potential artefacts from seasonal variability or sampling resolution. The composite Mg/Ca record was constructed using normalized Mg/Ca ratios, by scaling the mean value and standard deviation of C09-1 Mg/Ca ratios to the mean and standard deviation of the C09-2 record (detailed description in the Supplementary text S3). The resulting normalized composite Mg/Ca record is then re-scaled to  $\mu\text{mol/mol}$  units using the mean and standard deviation of the period 1919–1973 CE, which corresponds to the maximum overlap of stalagmite C09-2 with instrumental data of the calibration period (more details in the supplementary text S3). The comparison of the composite with the original, single records is shown in Fig. S4 (Mg/Ca ratios) and Fig. S7 ( $\delta^{18}\text{O}$  and  $\delta^{13}\text{C}$  values).

### Time Series and correlation analyses

Correlation analysis was performed with a test statistic based on Pearson's product moment correlation coefficient  $r(x, y)$  following a t-distribution with  $\text{length}(x) - 2$  degrees of freedom and corresponding  $p$ -values were adjusted for autocorrelation following Zwiers and von Storch<sup>80</sup>. Reported correlation coefficients are all significant at the 0.05 level, if not stated differently. Age model uncertainties were taken into account by following the Monte Carlo routine of Warken et al.<sup>30</sup>. Here a random shift of the age scales within the individual uncertainties of C09-2 ( $\pm 3$  years) and STAM4 ( $\pm 6$  years) is simulated, and the corresponding correlation coefficient  $r_{\text{Mg/Pw},i}$  is calculated for the shifted time series  $\text{Mg/Ca}_{\text{shifted}}$ . This routine simulates 10,000 cross-correlations  $r_{\text{Mg/Pw},i}$  and an overall mean correlation coefficient  $r_{\text{Mg/Pw}}$  and a corresponding standard deviation. The calculation of the means of the simulated correlation coefficients is based on Fisher's Z transform.

For the calculation of the correlation coefficients between proxies, element to Ca ratios ( $\text{El/Ca}$ ) were down-sampled to the lower resolution of the stable isotope records. Spectral analysis was conducted using the algorithm ‘REDFIT’<sup>81</sup>, as implemented in the open source software R package ‘dplR’<sup>82</sup>. REDFIT fits a first-order autoregressive (AR1) process directly to unevenly spaced time series. Wavelet analyses were performed using the R package ‘Biwavelet’<sup>83</sup>. R was run using RStudio and R version 4.2.1.

### Complementary data

Instrumental data were obtained from the meteorological stations Târgu Jiu (TJ) and Drobeta-Turnu Severin (DTS), located about 50 km east and south-west, respectively, from Cloşani Cave. TJ provides monthly precipitation sums ( $P$ , 1919–2000 CE) and monthly mean temperature ( $T$ , 1900–1993 CE), whereas DTS covers  $P$  from 1925–2015 CE and  $T$  from 2006–2015 CE<sup>84</sup>. Additional data were obtained from the Global Historical Climatology Network monthly (GHCNm) dataset<sup>85</sup>. We chose the five closest stations to Cloşani Cave in this dataset, namely Semenic (ROM, 45.20°N, 22.00°E, 1432 m asl, 1961–1990 CE), Sibiu (ROM, 45.80°N, 24.20°E, 444 m asl, 1851–2018 CE), Timisoara (ROM, 45.80°N, 21.30°E, 88 m asl, 1873–2018 CE), Lom (BUL, 43.80°N, 23.20°E, 33 m asl, 1961–1999 CE), and Caracal (ROM, 44.10°N, 24.30°E, 112 m asl, 1961–1990 CE). The six months averaged GHCNm precipitation data are systematically correlated with the data from stations DTS and TJ, with  $r = 0.63$  and  $r = 0.71$ , respectively. Furthermore, we used the Climatic Research Unit gridded Time Series (CRU TS v4.07) which is a widely used climate dataset on a 0.5° latitude by 0.5° longitude grid over all land domains of the world except Antarctica<sup>86</sup>. It is derived by interpolation of monthly climate anomalies from extensive networks of meteorological station observations spanning 1925–2014 CE. Lastly, we used the ERA5 reanalysis dataset (0.25° grid) developed and maintained by the European Union's Copernicus Climate Change Service (C3S), hosted at the European Centre for Medium-Range Weather Forecasts (ECMWF)<sup>87</sup>.

### Data availability

Data are available either in the supplementary materials or at the open data repository PANGAEA under the link <https://doi.org/10.1594/PANGAEA.971689> (Trace element and stable isotope records of speleothems C09-1 and C09-2).

### Code availability

Not applicable

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## Author contributions

Conceptualization: S.F.W., D.F.C.R., J.F., N.F., A.S.R. Methodology: S.F.W., C.S., K.P.J., N.F., A.S.R. Investigation: S.F.W., D.F.C.R., J.F., A.S.R., C.S., K.P.J., I.C.M. Visualization: S.F.W. Supervision: N.F., D.S. Writing—original

draft: S.F.W. Writing—review & editing: D.F.C.R., J.F., C.S., D.S., I.C.M., S.C., N.F., A.S.R.

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**Correspondence** and requests for materials should be addressed to Sophie F. Warken.

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